

# Torrential rains damage local roads and bridges



Cilley Hill Road & Route 15 Underhill. Courtesy of Chris Marcus



Cilley Hill Road, Jericho. Courtesy of Clarissa Davis



Osgood Hill, Westford. Courtesy of Amanda Barnier



Page Road, Underhill. Courtesy of Brad Holden



Doon Road, Underhill. Courtesy of Brad Holden



Gert's Knob, Underhill. Courtesy of Brad Holden



Meadows Lane, Underhill. Courtesy of Brad Holden



North Station Road, Underhill. Courtesy of Brad Holden



Williamson Road, Jeffersonville. Courtesy of Jake Lehouiller

## Storm damages local roads and bridges

By Brenda Boutin  
Mountain Gazette Staff

Vermonters were busy making plans for their Memorial Day weekend when the nature of things came crashing down on Jericho, Underhill, Cambridge and Westford. The weather report warned of flash flooding and with 4-inches or more of rain falling; it was inevitable.

Flooding, wind storms, washed out roads and culverts are not new to these towns. In the time the *Mountain Gazette* has been publishing these areas have endured four devastating acts of nature.

Ted Tedford reported in the *Mountain Gazette* in a November 2005 issue that Underhill sustained heavy storm damage and trees were down on almost every road in town. Within two days all roads were clear except Poker Hill and Irish Settlement.

The following May of 2006 flood water from the Brewster and Lamoille Rivers spilled on the Bell-Gates property in Jeffersonville.

Wednesday December 1, 2010 brought Mother Nature's forces to play in the Jericho, Underhill, Cambridge and the

surrounding area. Mount Mansfield experienced wind gusts of up to 100 plus mph while Cambridge had gust of 90 mph. More damage was experienced in Jericho than most of the other towns in the *Mountain Gazette's* coverage area. (*Mountain Gazette*, December 16, 2010).

The *Mountain Gazette* reported in their May 5, 2011 publication that once more the towns of Jericho, Underhill and Cambridge have been hard hit by storms. Torrential rain and wind pounded the area on Tuesday April 26. Lightning struck a man in Richmond.

The Lamoille, Browns Rivers, Winooski and every small stream exploded from their banks causing flooding not seen by most folks in a generation. Flooding and washouts had been reported throughout Underhill according to the then Interim Town Administrator Faith Brown.

Jericho town administrator Todd Odit recently reported that his estimate for emergency repairs (the storm damage) from

the May 30, 2013 storm is between \$50 to \$75-thousand dollars. "I haven't received any invoices as of yet," he said.

The state formally asked the Federal Emergency Management Agency to send a preliminary damage assessment team to determine if parts of the state might qualify for federal disaster aid. If approved, a FEMA team could be in Vermont soon.

"We had a FEMA team here on Wednesday for a preliminary assessment," Odit said.

The damage in Jericho was minimal compared to Underhill. "We had a large washout on Cilley Hill Road and two minor culverts on Hanley Lane." He said. "The road crew had just about everything restore on Friday except the Cilley Hill Bridge." There were fifteen-closed roads and minor shoulder washouts on Alpine Drive and Lawrence Heights.

As soon as all the assessments are completed, Odit will look into available funding. "There are Hazard Mitigation Grants," Odit said. "A town has to have three documented impacts to qualify."

"We are locked in," Tammy Davis a resident of Cilley Hill Road said. "We have guest. So I'll go to the kitchen and bake."

Neighbors stepped up and helped each other, a nurse who was needed at the Rawson farm on Cilley Hill Road, was picked up by Gary Davis and gotten across a washout to another neighbor who transported her to the Rawson farm.

Flooding continued on page 2

**POLICE REPORT**

On Wednesday May 29, 2013 State Police responded to a burglary of a residence on Upper English Settlement Rd., at the home of Paul Jankowski, in the town of Underhill. The incident occurred during the daytime hours. Electronics and a firearm were taken. Anyone seeing suspicious persons or vehicles in the area is asked to contact State Police at 878-7111. CASE#: 13A102025

On Saturday May 11, 2013 at approximately 5:35 PM, Trooper Dan Kerin observed a green 1998 VW Passat station wagon operated by **Timothy Wesson**, 18, was traveling eastbound on Packard Road in the town of Jericho, VT, without a front registration plate displayed. When Tpr. Kerin pulled out from Steeplebush Road onto Packard Road to stop Wesson's vehicle he observed Wesson's vehicle accelerate. Tpr. Kerin pursued Wesson's vehicle with his cruiser's blue lights and siren activated from Packard Road to Browns Trace Road and onto Lee River Road where Wesson stopped his vehicle ending the pursuit. During the brief pursuit Wesson passed multiple vehicles at speeds ranging up to approximately 60 mph. Wesson was processed and issued criminal citations for attempting to elude and operating a vehicle with a criminally suspended license. He was also issued civil traffic complaint tickets for operating an unregistered vehicle, misuse of a vehicle registration plate not properly assigned, operating without insurance, failing to stop at a stop sign, and improperly passing vehicles on the left. Cited for Attempting to Elude Police, Driving License Suspended. Wesson will appear in Chittenden County Superior Criminal District Court on June 11, 2013. CASE#: 13A101790

On Tuesday May 7, 2013 at approximately 11:10 PM, State Police stopped a vehicle for a motor vehicle violation on Route 25 in Essex. It was discovered that the operator, **Christina Hunt**, 24, Jericho, VT, is criminally suspended. Hunt was released with a citation to appear at Burlington District Court on June 11, 2013. CASE#:13A101717

**Come to Deborah LaRiviere retirement party June 28**

The Bolton community will be hosting an open house honoring Deborah LaRiviere who is retiring after 25 years of service and commitment, as Bolton's Town Clerk and Treasurer. The pleasure of your company is requested on Friday June 28, 2013 at Smilie Memorial School, from 4:00-6:00 PM. The community is invited to bring along a hors d'oeuvre or dessert item to share. Please join us for a brief presentation at 5:30 PM, when those who wish may offer their thoughts, fond memories and best wishes for Deb. Please contact Brenda McKeown with any questions at [westbolton@hotmail.com](mailto:westbolton@hotmail.com).

**United Way Chittenden County seeks nominations for annual Building Block Awards**

The United Way of Chittenden County invites nominations for the 2013 Live United Building Block Awards. These awards honor outstanding volunteers who are making a difference in one of the Building Blocks for a Better Life: Education – helping children and youth achieve their potential; Income – meeting basic needs and promoting financial stability, or Health – improving people's health and well-being. Community members, nonprofit organization staff, and businesses are encouraged to nominate outstanding community individual, group or business volunteers whose service takes place in Chittenden County.

The deadline for submission is Wednesday June 12. Nomination forms can be found on the United Way website at [www.unitedwaycc.org](http://www.unitedwaycc.org) or obtained by contacting United Way at 860-1677 or [volctr@unitedwaycc.org](mailto:volctr@unitedwaycc.org).

**Browns River Film Festival Winners**



**1st place: Quinn Hopwood; 2nd place: Lily Porth and Julia Sleamaker; 3rd place: Matt and Macey Wisell.**

PHOTO CONTRIBUTED

**Rice High Honor Roll**

Rev. Msgr. Bernard W. Bourgeois, principal of Rice Memorial High School proudly announces the following Jeffersonville, Jericho, Jericho Center and Underhill students who achieved Honor Roll status for the 3rd quarter of the 2012-2013 school year:

- Jeffersonville: Second Honors: Laura Dunn;
- Jericho: First Honors: Colleen Haupt and Sarah Sem; Second Honors: Patrick Asselin, Matthew Sem and Molly Walko;
- Honorable Mention: Kyle O'Grady and Anna Rossi
- Underhill: First Honors: Alexandra Mangan

**COMMUNITY COLUMNS**

**My Grandson**

By Suzanne Kusserow  
Senior Guest Columnist

He walks ahead of me...through the dappled sun mellowing the red pines I planted 40 years ago. He walks with the ease and abandon that goes with a slim supple frame and a natural rhythm. All his young life he has been this way; his body moves with the grace and unconscious purity of an animal made for running.

He has on his red baseball shirt. "How did you get that number, Will?" "Oh, they gave them out and I got number 10." No need to go deeper; it is a fine and complete answer for a ten-year old.

His dog walks behind him. She likes that spot...trotting along obedient and habitual. It is where she belongs, this yellow lab, pudgy from figuring out the pattern of house-tripping and lying that gets her fed at both places. She has a lab's ability to look pathetically starved, with diamonds in her eyes for those people who will eventually give in to her little drama. Sometimes she sidetracks into the piney woods, scruffling among the dead branches and brown needles, after creatures that only she can smell.

The boy sings to himself, a song he learned at school. "It's from an opera, Gram. Funiculi, Funicula. That means singing with a lot of joy." He finds a dead branch and swats the trees along the path.

One shoelace is dragging its way after the flopping shoe. "Will, why don't you tie your shoe or you'll trip." He doesn't tie it; it's my worry, not his. A spot of unfiltered sunlight has enticed a spindly grey birch, an orphan from the meadow beyond, to spring

into living. He swats that, too, and it sways and sings its own song. His hat is on; it usually is. One seldom sees the long-ish hair underneath. "Do you wear that in school, Will?" "No, they make us take them off." The word 'we' clues me in to a boys' symbol of solidarity against teachers, discipline, girls, homework and all people who do not understand baseball.

We come to the fork in the trail...one branch leads along the ridge created by glacial action many eons ago; the other swings down to my house, through a profusion of young balsam. Age and youth fit well in these woods. He chooses the downward slope and breaks into a run, jumping from side to side as he does when snow-boarding down a mountain softened with the melting snow this time of early spring. His dog is inspired and races along beside him, tail flying high. At the bottom he looks back up the slope to see if I'm coming. Seeing that waiting for me would be a silly waste of a good day, he runs on...the mountain stretches up and beyond us, the greening of spring trees turning the brown to the reds of budding maples, the chartreuse of poplars, the deep blue-green of spruce.

He bounces along. No, actually Will doesn't bounce. He is smooth, easy-jointed, supple as a new sapling exercised by the winds from the mountain. He is at ease, in command of his world, growing up in a wonderland, a never-never land of the sweetness of spring.

At the edge of the lawn, he pretends to be hitting a ball; the swing of the bat hitting cleanly predicts a home run around the flower bed. The sun warms the curls of his hair that escape from his hat; the yellow glow of afternoon wraps his dog in a blanket

of color.

Life is care-less today, with this suspension of time for us both. The world is kind and small and enveloping. The earth will always be firm for him here; the wind will be gentle among the pines and the oaks will take their time...the last trees to bud and burst. The red-jersey kid will look back for me and then will go on, taking a little bit of the spring and me with him. On to the next adventure, where there is a greater chance of awareness and uncertainty. My world will grow smaller as his grows bigger. His world will spin out in ever-widening circles which he will expand with both confidence and naiveté. But for now, we walk the same path, loving the warmth of spring...and each other.

**A sense of duty to your children when a partner is deployed**

By Dr. Lewis First

Chief of Pediatrics at Vermont Children's Hospital

Memorial Day is a time to think about those who have given their lives to defend our country. This year, parents whose partners have been – or will be – deployed for a military assignment have asked me to do my duty and help them help make the separation a little easier for their children.

Well, let me salute this important issue and provide some information.

First, it is important that deployment not be kept secret from anyone in the family. It needs to be discussed in advance with all

Deployed continued on page 3

**Flooding continued from page 1**

Freedom Farm had to make a tough decision as to what to do with the horses there. According to one employee, they were finally turnout in the pasture. This is the second time that the barns have flooded.

Rob Schantz, owner of Creative Landscape and Gardens in Jericho, said that the nursery was spared but there was

substantial damage to his property on Cilley Hill Road. He borders the Browns River.

There is an entirely different damage assessment in the town of Underhill. "I was in a selectboard meeting," Brad Holden chairman of the Underhill selectboard stated, "My cell-phone rang non-stop." He answered it to find the Vermont

State Police on the other end. "I didn't sleep again until Friday night," he said.

Most roads were open in two-days. The road crew from Underhill worked nonstop for four days straight. Holden estimate the damages to be around \$500,000. "I know some news outlets have reported two-million but, in my opinion, that is not accurate." He said.

"I know some folks have reported that a lot of the

damage was due to beaver dams collapsing," Holden said, "But we don't have any substantial evidence of that happening."

Holden reported that Underhill had approximately twelve roads impassable all were back up for traffic by Saturday night except North Underhill Station Road.

"I went to the corner of Cilley Hill Road and Route 15," Holden said."The water was running in the back door of Andrew Fletcher's house and out the front." He also said that the debris from the garage was all over Rt. 15. "This is the worst I've seen in 45 years, in that area."

Route 15 in Underhill was impassable in three places on a five mile stretch: Cloverdale Crossing, Daudelin Road, and Cilley Hill Road.

"Governor Shumlin came to look at the devastation," Holden said. "I wanted to have a chance to speak with him." But Holden was out with the first VTrans crew to come from the north to check out the damage. "I really appreciate him taking the time to come in person. It means a lot."

Holden also reported that there was a lot more damage on private driveways and roads. The Meadow Lane area had a lot of flooded basement.

Bob White, owner of White's Tree Farm in Essex and property in Underhill got a double whammy. "There is a lot to recover from in both places." He said.

"I'd like to thank our Fire Department for an outstanding job, our road crew who worked non-stop and the State Police, Emergency Management out of Waterbury and the crews from VTrans," Holden said. "We had a lot of people working together and everyone had a positive attitude."

The Vermont Division of Emergency Management and Homeland Security says Route 128 between Essex and Westford was reopened after the water subsided from the flash flooding and a temporary bridge was put in place. The division says the only state road still closed after the torrential rain is the Maidstone Highway.

The Lamoille River left its banks and caused flooding throughout Lamoille County. The flooding on RT. 15 was just before the Wrong Way Bridge.

Paul Tamasi, Sr., owner of Angelina's Restaurant in Cambridge, said there was a lot of flooding and damage in his area, but he kept very busy making pizzas for customers at his restaurant, and other visitors. "We fed the Vermont Department of Transportation crews with pizza and subs for two days. They were in my area fixing washed out roads and bridges. It's a nice sunny day today and things are getting back to normal."

The flood affected parts of Chittenden, Franklin, Caledonia and Lamoille counties. Eleven schools were closed in Chittenden County.

And in true Vermont style just wait a few minutes and the weather will change, 38 degrees and snow on Mount Mansfield in May.

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## Sporting Afield – Outdoor Report: A Quick Spring, Family Fishing, Hiking, and Bullwinkle (the moose) Permits

By Kristopher Boushich

I saw spring come to Jericho all in a couple of minutes. While my statement is true, it was with the help of my Bushnell Game Camera. This past Monday I retrieved the memory card from my game camera. There were only about 500 photos on the card, but I was able to see the trees leaf out and the ferns come up right before my eyes. It was pretty neat to see how quickly everything happened over the span of a few days

The first week in June I'll be joining my dad and brothers for a fishing trip on the West Branch of the Ausable River in New York. While we try to get together every year, it seldom works out that way. This is our second year on Ausable, and we hope to have the full complement this year.

We tried, several years ago, to fish a couple of different rivers in Vermont, but the trout seemed to be too intelligent to be caught in any number. Being the opportunists that we are, we figured we'd have better luck out of state where the fish weren't so educated. This year my younger brother was thinking of bringing his son Jack. Jack is almost 11. It would be wonderful to have Jack participate in our fish-trip tradition. That and we can tell him stories, some real about his dad. Unfortunately, Jack has never fly fished and where we are going you can only fish with a single hook, artificial fly – no bait. So...now Jack isn't going because my brother thinks he'll be too bored – which is probably right (and Jack's friend is having a birthday party, which is more attractive than fishing with old guys). How do you get kids interested in family outdoor traditions and keep them from going crazy with boredom?

It seems to me that you first need to get your junior outdoor partner interested in the activity or event. This begins by building up anticipation for what will happen. Talk up past trips and stories. This gets them excited about participating. Involve them in the planning. Ask them what they want to do, within parameters of the trip. If the trip involves certain skills, make sure the child has mastered the basics before you leave. Once they have reached some level of proficiency, consider treating them to a new or upgraded piece of equipment – some new tackle, reel, fishing vest, or fishing boat. OK, start small. No boat.

Encouraging kids to get involved in outdoor activities can take some time and patience, but it can be rewarding for years to come. It is also important to recognize that hunting and fishing isn't for everyone. You don't have to hunt or fish to enjoy the outdoors or to participate in some way in family traditions. Be content if you

## GMBC – June Tours

All riders with the GMBC must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must be accompanied by a parent.

Date: Sunday, June 2, Ride: Hinesburg Hollow - This route travels south through Huntington to Hinesburg Hollow. The short route is 25 miles (M) and returns to Williston via North Road while the long one is 47 miles (M/S) and continues through North Ferrisburgh to the Lake and back through Hinesburg. Meeting Time: 9:15; Meeting Place: Williston Central School; Leader: Tom Kennedy - 735-5359 / [etomkennedy@gmail.com](mailto:etomkennedy@gmail.com), Co-Leader: Brian Howard - 598-3857 / [bjhowd@gmail.com](mailto:bjhowd@gmail.com).

Date: Sunday, June 9, Ride: Grand Isles Flats - One of the flattest rides of the season. The 28 mile ride (E/M) circles Grand Isle and includes some dirt. The pace will be more casual than the long ride. Riders on the 58 mile (M) ride can visit St. Anne's Shrine (bathrooms and picnic tables but no food) and also a fossil bed. Unlike other GMBC rides, this one splits between the short and long at the beginning. Meeting Time: 9:15; Meeting Place: Folsom School, South Street in South Hero - Those coming from the Burlington area may consider carpooling from the Colchester Park and Ride, Exit 17 off I-89, UVM or Dorset Park in South Burlington. Leader: Amy Otten - 878-4070 / [amyotten@netscape.com](mailto:amyotten@netscape.com), Co-Leader: Ralph Kilmoyer - 878-4070

Date: Sunday, June 16, Ride: Jaunt from Jasper Mine - This rolling



can get your child to accompany you fishing, even if she wants to sit on a rock and watch the birds eat the hatch, rather than match the hatch.

So let's get your kids outside. Why not start with participating in National Trails Day? American Hiking Society's National Trails Day® is the country's largest celebration of trails. Mark your 2013 calendar for June 1st to make sure you don't miss out on the thousands of National Trails Day® activities happening all over the country. Events include hikes, biking and horseback rides, paddling trips, bird watching, geocaching, gear demonstrations, stewardship projects and more. There are 11 events planned in Vermont this year, with four just a short drive away. For more information, please see <http://www.americanhiking.org/national-trails-day/>

Time to sign up for your moose permit, Vermont Fish & Wildlife Department has proposed 355 moose hunting permits for the regular

hill ride (60 M/S) passes through Georgia and Milton before heading to St. Albans Bay for a lunch break and over to Swanton. The shorter version (40 M) turns around after the lunch stop. This ride has a short stretch along the shore of the Lamoille River and a longer stretch along Lake Champlain. Meeting Time: 9:15; Meeting Place: Jasper Mine Road, off Route 2 heading towards Grand Isle. Leader: Warren Coolidge - 735-1836 / [wcoolidge@myfairpoint.net](mailto:wcoolidge@myfairpoint.net), Co-Leader: Sal DeFrancesco - 363-0963 - [salnespl@gmail.com](mailto:salnespl@gmail.com).

Date: Sunday, June 23, Ride: Cabot Sampler - 36 (M), 45 (M/S), and 55 (S) mile options from Cabot through Greensboro and Craftsbury. All rides stop at the famous Willy's Store in Greensboro and offer a view of Caspian Lake. The two longer rides go along the shore of Lake Eligo. This fairly hilly ride is high on scenery and low on traffic. Meeting Time: 9:15; Meeting Place: Cabot Town Green, 1/2 mile beyond the Cabot Creamery. For those coming from the Burlington area, we suggest carpooling at the Richmond Park and Ride at Exit 11 off I-89. Leader: Pat Stabler - 225-8951 / [everstab@verizon.net](mailto:everstab@verizon.net), Co-Leader: Amy Otten - 878-4070 / [amyotten@netscape.com](mailto:amyotten@netscape.com).

Date: Sunday, June 30, Ride: Rouse's Point Rouser - The mostly flat 60 mile (M) loop heads up from Grand Isle over the Rouse's Point Bridge and down through scenic, low-traffic lakeside roads in New York and returns via the Grand Isle Ferry. The short ride (50 miles - E/M) circles Isle LaMotte and returns on the Vermont side. Both the leader and co-leader will ride the long loop. Meeting Time: 8:45; Meeting Place: Grand Isle Ferry Parking Lot. Those coming from the Burlington area may consider carpooling from UVM or Dorset Park, South Burlington. Leader: Phyl Newbeck - 899-2908 / [phyl@together.net](mailto:phyl@together.net), Co-Leader: Art Michalek - 716-308-4391 / [artmichalek@yahoo.com](mailto:artmichalek@yahoo.com).

## Deployed continued from page 2

family members old enough to understand.

Listen to your child's questions and answer them as truthfully as possible. Reassure your child and tell them how long a loved one will be away. Often older children whose parents are away may provide good support for younger siblings.

Explain that safety precautions will certainly be taken – but do not make false assurances that no one will ever be hurt. It is okay to say that the person deployed knows their job and will do it well so they can stay safe.

It is important to keep in place normal routines and set limits before, during, and after someone returns, no matter how joyful that latter occasion is. A great idea is to make a calendar with joyous events like birthdays and holidays that a child can keep track of as they count down the days until the parent returns.

Classrooms can make a map or put up a picture of the loved one for all to see, or even study the country where that person is deployed. Classes can also send letters, or email, to keep the deployed parent updated and vice versa.

Let the school and other key people who work with your child know about the deployment so they can watch for signs of stress such as problems in school performance or changes in behavior or mood. If you observe or hear about any worrying changes in your child, talk with your child's doctor to see if counseling or family counseling can help.

Finally, it is important that a parent who remains home with

children find time for themselves to stay refreshed and feel better about helping children through this difficult experience. If you appear visibly stressed about your partner being away for military service, your child may show signs of stress as well.

Hopefully, tips like these will put you at ease when it comes to helping your child – and yourself – cope with the deployment of a loved one.

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Happy days afield. Please visit [www.sportingafield.blogspot.com](http://www.sportingafield.blogspot.com) for more news, musings, and interviews or to leave questions or comments.

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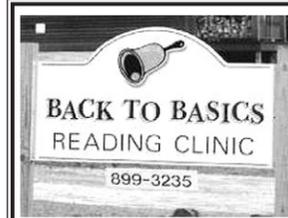


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899-4911; [www.jccvt.org](http://www.jccvt.org)

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Children's Sunday School, 9:00 AM  
Men's breakfast - third Sunday, 7:00 AM  
[jerichoumc@jumvt.org](mailto:jerichoumc@jumvt.org) [www.jumvt.org](http://www.jumvt.org)

### MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP

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We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - June for worship, reflection, growth, and support.  
All are welcome.

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Parish Secretary: Theresa Gingras  
Phone: 802-899-4632, email: [stthomas5@myfairpoint.net](mailto:stthomas5@myfairpoint.net)  
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## The Mountain Gazette

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Letters Policy:

Maximum 450 words; one letter per writer, per calendar month. Must be signed for attribution with writer's address and phone number

COMING EVENTS

**Thursday June 6**  
**Author appearance**, Adrië Kusserow, Aa reading from and discussion of Kusserow's new book of poetry, *Refuge*. Phoenix Books Burlington, 191 Bank Street, Burlington at 7:00 PM. More info: <http://phoenixbooks.biz> or 448-3350. Free.

**Saturdays June 8, 15, 22**  
**Children's Family story time**, Phoenix Books Burlington, 11:00 AM. (Saturday, June 29 at 11:00 AM is a special story time with an author and illustrator visiting! More info TBA.) Free. More info: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

**Saturday June 8**  
**GMWC Carve-In**, Bird Museum of Vermont, Huntington, 10:00 AM - 4:00 PM. The Museum hosts the Green Mountain Woodcarvers June Carve-In and monthly meeting. Not a carver

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**Sunday June 9**  
**Tracking Workshop with Mike Kessler**, Bird Museum of Vermont, Huntington, 7:30-9:00 AM. Search for and learn to read the signs of life in our woods. How much can prints, scratches and claw marks tell us? Find out! Outdoors. \$15 for non-members, \$10 for members, Adults & older children.

**Sundays June 9, 16, 23, 30**  
**Early Birder Morning Walks**, Bird Museum of Vermont, Huntington, 7:00 -9:00 AM. Join us for an early morning ramble in the Birds of Vermont Museum forest and meadows. Walks are led by experienced birders familiar with Vermont birds. Come to several walks to hear the changes in who calls and when! Finish the walk with bird-friendly coffee at the viewing window inside the Museum. Bring binoculars and good walking shoes. Park at 900 Sherman Hollow Road, in the Museum parking lot. Appropriate for: Adults and older children. Free, donations welcome.

**Sundays, June 16, 23, 30**  
**Sundays for Fledglings**, Bird Museum of Vermont, Huntington, 2:00 - 3:00 PM. Outdoor science and play for kids ages 5-10. Are you a Junior Birder? Want to become one? Develop mad skillz in observation, research, and goofing around?

Free with admission • Pre-registering is helpful.  
**Tuesday June 11**  
**Storytime in the Nestlings Nook**, Bird Museum of Vermont, Huntington, 10:30 - 11:15 AM. Join us for stories about birds and more. Got a favorite book about birds? Share it with us! Free with admission; donations welcome. Great for pre-schoolers.

**Wednesday June 12**  
**Author appearance**, Matthew Wolpe, *Reinventing the Chicken Coop*, Phoenix Books Burlington, 191 Bank Street, Burlington, 7:00 PM. Free. More info: <http://phoenixbooks.biz> or 448-3350

**Thursday June 13**  
**Author appearance**, Nancy Means Wright, *Broken Strings*, Phoenix Books Burlington, 191 Bank Street, Burlington at 7:00 PM. Free. More info: <http://phoenixbooks.biz> or 448-3350.

**Saturday June 29**  
**Bird Monitoring Walk**, Bird Museum of Vermont, Huntington, 7:30-9:30 AM. Join experienced birders for monthly bird monitoring. Please bring binoculars. Free, donations encouraged. Adults & older children.

**Friday July 5**  
**51st Annual Auction, Bazaar and Chicken Barbe-cue** to be held at the Shelburne United Methodist Church, 30 Church Street in Shelburne: Bazaar will open at 9:00 AM; the Bazaar features baked goods, toys, books, and many white elephants! Auction begins at 10:00 AM. Items & gift certificates from businesses in Chittenden County. Chicken Barbecue starts at 11:30-adults: \$12, children under 11: \$6. For more information, contact the church office weekdays 9:00 AM - 1:30 PM at 985-3981.

ONGOING EVENTS

**ADULT ACTIVITIES**  
**Chittenden County Postage stamps** and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE Healthcare Building. South Burlington Information email: [Laineyrapp@yahoo.com](mailto:Laineyrapp@yahoo.com) or call me at 802 660-4817

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

**Drop in Watercolor Painting**, Every 3rd Saturday, 9:00 - 11:00 a.m., at the River Arts Center in Morrisville. An opportunity to refine your watercolor skill set or learn new techniques if you're a beginner. Bring your own materials, no registration required, drop in. Suggested donation \$8. Call 888-1261, or visit our website: [www.riverartsvt.org](http://www.riverartsvt.org) for more details. Join us.

**Eagles Auxiliary #3210** holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

**Essex Art League** meets the first Thursday of the month, from 9:00 - 11:00 am, at the Essex Junction Congregational Church on Main Street. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings is published on the League's website: [www.essexartleague.com](http://www.essexartleague.com).

The **Green Mountain Chapter of the Embroiderer's Guild of America** will meet on November 14 at 9:30AM at the Pines Senior

living community, 7 Aspen Dr, South Burlington, VT 05403. First meeting is complimentary. Bring a bag lunch. Contact number 372-4255.

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

**Micah's Men of the United Church of Underhill** meet on the 3rd Saturday of each month at the church at 7:30 AM. For more information call 899-1722.

**Mt. Mansfield Scale Modelers** gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction.

The **Women of the United Church of Underhill** meet on the second Saturday of each month at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

**Smugglers Notch 55+ Club** meets every Wednesday at Smugglers Notch for a social time then break into groups to ski. We start with a brief organizational meeting, coffee and rolls,

and then we head out to the trails in self-selected ability groups, gather informally throughout the summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. For more information call Deborah at 644-5455 or just attend a meeting at the Morse base lodge starting at 9:00 AM every Wednesday.

**HEALTH EVENTS & GROUPS**  
**Alcoholics Anonymous Meeting**, "Wing It" group meets  
**Ongoing**  
 continued on page 8

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CELEBRATIONS / HISTORY

# Underhill ready for '250<sup>th</sup>' party Saturday

By Ted Tedford

Only two days till Party Time. Nearly all the pieces have been put together for Saturday's 250<sup>th</sup> anniversary celebration of Underhill receiving its royal charter June 8, 1763.

A small committee headed by Rick Heh has been working for months to plan the celebration that kicks off with a parade beginning at 10 a.m. at Lower English Settlement Road and ends at Underhill Central School. A series of events, including a 12:30 p.m. barbeque, will follow. A list of events appears later in this article.

Forty hand-painted banners attached to telephone poles on Route 15 in the Flats and north toward Kelley Road, on Park Street and in Underhill Center on Pleasant Valley Road helped announce the festivities.

Underhill artist Mary Hill came up with the idea, an offshoot of her art business, designing and painting banners of all sizes. She arranged for 31 people to work on the canvas banners. A few artists helped design them and they, along with the others, painted them with acrylic and house paint.

Hill said she was grateful for all the support she received getting the banners ready for hanging. "Lots of townspeople came and painted them and they seemed to be enjoying themselves," Hill said. The work was done at her studio on Kelly Road.

Hill said some of the banners will be carried in the parade by those who helped paint them.

Problems plagued the banners a few weeks leading up to the event. Strong rain and windstorms snapped off the hangers on several poles, felling the banners. They were replaced later with stronger hangers and the banners put back in place by Rick Heh and Kurt Johnson who originally mounted the banners on the poles.

**The Day's Events**

During the barbeque in a tent beside the Town Hall in the Center, there will be music, played by local and area musicians. There will be music until 5 p.m. or later.

Sarah Bahr, 17, a Mount Mansfield Union High School junior, who also is home-schooled, was in charge of getting the musicians signed up. All of them have volunteered their time.

Bahr said she first began studying violin when she was six years old and loves to play Irish fiddle. She also plays the piano, guitar and drums and sings. She will be playing with the Fiddleheads, a local group, comprised of musicians from pre-school, elementary school and young adults. Bahr said she eventually wants to teach violin.

Before the parade, River Road will be blocked to traffic from Lower English Settlement Road to the elementary school in the Center. After the parade passes Sand Hill Road, traffic will be diverted up that road to Irish Settlement Road for people driving through town. Once the parade passes Bear Town Road, cones will be placed, blocking traffic for the rest of the afternoon.

The committee planning the event has decided to allow cars carrying handicapped people to pass the coned areas and drop off at the Town Hall.

After the parade, organized by Road Foreman Nate Sullivan, townspeople are urged to gather at about noon in front of the Town Hall for a group picture. Photographer Martin Miles has volunteered to take the picture from Moore Park.

The Underhill-Jericho Fire Department, celebrating its 100<sup>th</sup> birthday, will have a display in Moore Park. On the park green there will be a display of old farming equipment and an antique car. Inside a Vermont Army National Guard tent at the park old tools will be on display.

Other events include games, organized by Jason Crooks, behind the Town Hall for kids of all ages. Kids will have fun at the dunking booth, take part in sack races and enjoy a sawdust/candy pile. Those who don't mind a little grease may try to climb a greased pole, and those not too full from the barbeque may try to win a pie at the pie-eating contest in the barbeque tent near the town hall. That's at 3 p.m.

Upstairs in the Town Hall, there will be a collage of large town maps, with strings leading to pictures of old buildings so townspeople will know where they were located. Cemetery documents, prepared by Ed Moore also will be displayed there, as well as other displays.

People may buy fresh veggies and other locally made products at a farmer's market, moved for that Saturday from Moore Park to next to the Old Schoolhouse at Pleasant Valley and Stevensville Roads.

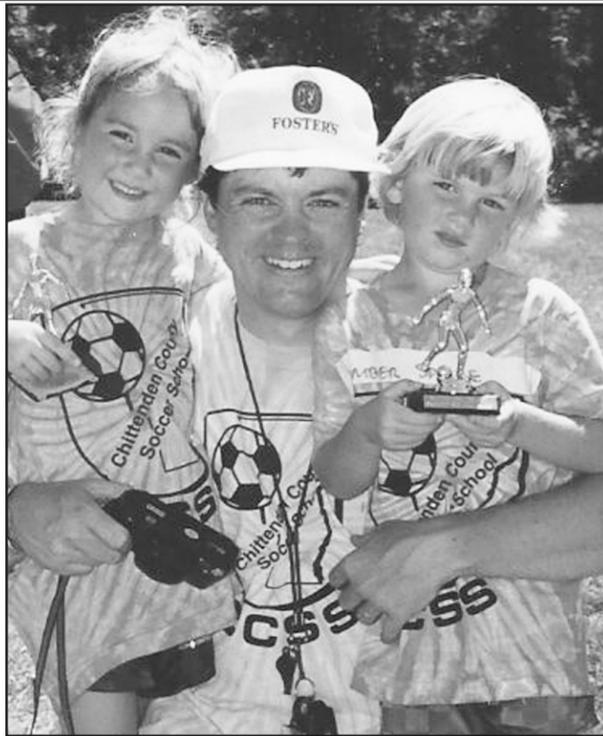
Inside the building, a video made by Gary Irish of Jericho will show old houses and buildings in Underhill, some of which are long gone. There also will be black and white photos of town buildings and the former Underhill Ski Bowl. Students from Mount Mansfield Union High School and Browns River Middle School will do impromptu interviews of townspeople.

The Historical Society will sell commemorative T-shirts all during the day. They also are on sale at the three grocery stores in town. Heh said more than 550 have already been sold and 200 more will be available.

There will be an information booth next to the Town Hall listing all the events and times of the day.

A parade of antique cars will make its way through Underhill Center around probably after 4 p.m.

Making the banners hanging from telephone poles in town were: Mary Hill, Jen Dirkmaat, Mike Smith, Kristin Richland, Anne Linde, Abby Reztloff, Clara Reztloff, Debbie Clemons, Chris Gluck, Carla Hochilds, Sarah Bahr, Nancy Davis, Levi Heh, Abbi Jaffe, Carolyn Gregson, Kathy Ruprite, Christine Staffa, Deidre Goldenbogen, Ellen Eccleston, Meg Beliveau, Julia Lesauskis, Cindy Stotz, Stefan Pilo, Isabella Pilo, Ava Stotz, Ana Kusserow-Lair, Rose Clayton, Julia Wright, Will Erickson, Sophie Lee and Kamli Faour.



Grant Allendorf, daughter Danielle (left) and Cousin Amber Spence (right) PHOTO CONTRIBUTED

## Chittenden County Soccer School



By Betty Moore

The Chittenden County Soccer School was started in Underhill in 1980. It was the inspiration of Grant Allendorf, who conceived of a summer program for young children to teach them the fundamentals of soccer while having a good time in the process.

Grant had highly enjoyed playing soccer at Mount Mansfield Union High School and then at UVM, and he realized the importance of an early introduction to the game. With the help of his former MMU teammates, Peter Alexander and Andrew Volgemann, the program took root as a summer camp for one week in the month of July. The program was held some summers at the Browns River Middle School, some years at MMU. (and fortunately, the weather over the many years mysteriously cooperated.)

The program serves boys and girls ages 5-15 and includes coaching for several levels of skills, beginner to expert. The first year the day camp had 18 students. The next year it doubled to 36 and the third year had 90 players. By the mid '80s the camp was continuing to grow and served the entire Champlain Valley. In the early '90s the camp reached a peak enrollment of over 340. Thereafter, the enrollment somewhat declined as football programs and other activities became available for the younger set. In the past decade the attendance has ranged between 150-175.

In 2012, after 31 years of involvement, Allendorf handed over the management of the camp to popular area coach, Eric Barker, who still runs the program. Some of the coaches besides Eric who have volunteered their time over the years include:

Dick Farrell, Jack Pennypacker, Dave Williamson, Danielle Morin, Anton Kelsey, Duane Dakin, Corey Hevrin, Peter Alexander, Jeff Davis, Paul Pecor. They represent a high level of community involvement. Special coach, Bucky Brandt, served the camp for over 25 years. The camp was also staffed by volunteers who helped with various activities. Susan Allendorf, Patti Jacobs, and Penny Moore helped with registration of the campers on the first day of the program. It is estimated that 7500 area children have attended the Chittenden County Soccer School over the years. As of 2013, the summer camp is thriving and highly anticipated by children and parents.

Source: Grant Allendorf

### Music Schedule for Underhill's 250<sup>th</sup> party

Below is the schedule of musicians, arranged by Sarah Bahr, who will play during Underhill's 250<sup>th</sup> birthday party Saturday in a tent next to the Town Hall. A few time slots have yet to be filled.

- 12:30-1:00 PM, Sarah Hotchkiss, fiddler.
- 1:00-1:30PM, "Owl Right," husband and wife Andrew and Elizabeth Patterson.
- 1:30-2:30PM, "King Me," Sean and Shelby King.
- 2:00-2:30PM, "Mr. Ed," Ed Moore's band.
- 3:00-3:30PM, "The Fiddleheads," Sarah Bahr, Sarah King, Maria Naumann, Mark Sustic and Johanna Taylor.
- 3:30-5:00PM, to be announced.
- 5:00-5:30PM, "The Lesser Gentlemen.

## Where Art meets Science

By Phyl Newbeck  
Special to the Mountain Gazette

From May 30 to June 16, the Emile Gruppe Gallery in Jericho Center will host a show entitled *Confluence: Rivers and Mountains, Art and Science, Workmates and Friends*. The show is collaboration between three scientists, Gretchen Alexander, Sacha Pealer and Ned Swanberg, all of whom work for the Rivers Program of the Vermont Agency of Natural Resources. In addition to their shared work on waterways, the trio has a shared love of art.

The three have very different artistic styles. Alexander's techniques include watercolors, fiber art, and a Japanese print-making technique, Pealer is a pastelist, and Swanberg favors watercolors. Their collaboration began when the three realized they had a shared interest in nature journaling. Swanberg suggested they take turns working on a journal in which they could record both drawings and writings and the other two agreed. The journal has been passed from scientist to scientist over the course of three or four years. It will be on display together with the trio's individual works.

Emilie Alexander, the owner of the Gruppe Gallery and mother to Gretchen, originally proposed the gallery show to her daughter since the length of the exhibit would be shorter than usual gallery showings. Gretchen immediately suggested bringing in her two colleagues. The Gruppe Gallery has done group exhibits before but usually the common feature of the artists is the media they use; this will be the first time the gallery has featured a group showing with different forms of expression. "It's the coming together of friends with similar interests and a variety of ways of expressing it," said Emilie. "What brought the show together is the friendship which developed through their interest in the natural world and their jobs."

Gretchen Alexander admits the decision to invite her colleagues to share the exhibition was somewhat pragmatic. "Having your own show requires a large body of work," she noted. Nevertheless, the three had been collaborating on their journal so she was familiar with their artistic inclinations. "We have these common themes of all being natural scientists," she said. "We're interested in the world from a scientific perspective but we also have a desire to interpret it with an artistic medium." Alexander will be showing 12 different pieces including watercolor landscapes, fabric collages and a form of Japanese printing called Gyotaku. She describes some of her work as "conceptual and somewhat abstract," while other pieces are more accurate depictions of organisms.

Swanberg was the one who came up with the word *Confluence* and the others collaborated on the remaining parts of the title. In the science world, a confluence occurs when two or more bodies of water meet, but a secondary definition is an act or process of merging. "It really is a great metaphor because it has both meanings," said Swanberg. "It has a specific meaning for us in the Rivers Program but it also represents the flowing together of the experiences of each of us in similar, yet distinct ways."

Swanberg is the only one of the three who has shown his work before at community exhibits in Woodstock and a gallery called Artstree in the same town. The show will include roughly a dozen of his small watercolors of the natural landscape with an emphasis on rivers and mountains. "It's not exactly the material in the journal," he said "but it's the pieces that surround it." Swanberg said the journal was a method of shared communication for the three but the exhibit is an opportunity to expand their audience and present their ideas in a way that outsiders might appreciate.

Pealer comes from a family of artists. She started working with pastels in high school but took a break and only started up again over the last few years. Pealer admitted to a degree of hesitancy when the idea of the exhibit was suggested but she is excited at the opportunity. "The Gruppe Gallery is a great spot," she said "and I feel honored to show with Gretchen and Ned." Pealer's ten paintings will cover a range of geographic areas since she went to graduate school in Montana and has done a lot of field work as a botanist and ecologist in other parts of the country, but a number of her pieces also come from her work in Vermont. "I'm interested in landscape forms," she said. "In the West you see things differently than in Vermont."

Swanberg is thrilled to have his work appearing together with his friends. "It's a delight and an honor," he said. "It's a wonderful opportunity to take this shared learning process and invite other people into it. None of us is trying to become rich by selling artwork but we're interested in how other people encounter the world around them. I think this whole experience of sharing the journal and artwork and inviting people into it is part of that engagement."

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## DR. BURNETT RAWSON

## Dr. Burnett Rawson

By Brenda Boutin  
Mountain Gazette Staff

In just a few weeks Dr. Burnett Rawson will turn 100 years old. But if you close your eyes and just listen, you'll hear a man who lives his life filled with caring and concern for others around him. Burnett Rawson began his life on Cilley Hill in Underhill, VT on June 11, 1913. Rawson was one of five children born to Orilla Burnett and Solon Bassett Rawson. Burnett's father had married late in life, at age 41; his wife was a teacher from Williston, VT.

Rawson graduated from Underhill High School in a class of four, two boys and two girls. "I wasn't the valedictorian," Burnett admitted, as hint of a smile crossed his face. "The other guy owned Cities Printing in Burlington," Rawson commented. "Ran it with his son."

Burnett's life changed forever on the day Winnie Bell Learned came to see his mother. "She did a lot for me!" he said as emotion welled up in his voice. "She did a lot for me and others," he repeated, taking a moment to think about this stranger who came along and gave him more in life than he had expected. "I'd probably be dead by now if it hadn't been for Winnie," he said.

Winnie Bell Learned had a hard life herself. Her mother died when she was a baby and her father was an alcoholic. She was born after the Civil War and she took care of her aunt, taught herself to read by candle light, and taught school for many years. In 1911 she retired and came to Vermont. She lived with Aunt Jenny on a farm in Williston, VT.

"Remember that name, Winnie Bell Learned," Rawson repeated. "I was just eighteen when she came and asked my mother if I could come and work for them." Winnie told Mrs. Rawson that they were short of help and would it be agreeable for him to come and live with them at Cherry Hill in Williston. In return Winnie Bell Learned would pay for his further education. Burnett's mother gave her permission.

Winnie decided that Rawson needed a little more preparation before she would try to get him into college and so he attended Burlington High School for one year. "I prepared for college there," he said. "I got good marks."

"Winnie took me to see the president of the University of Vermont," Rawson remembered. "He took a look at the work I'd done and the grades I'd gotten at Burlington High School and accepted me right there."

Burnett was enrolled in a two-year pre-med course; his next step was to apply to the four-year medical program, and he was accepted there as well.

"We had some wonderful teachers," he emphasized. "They did their best to help us."

"You know there wasn't any real medicine then," he pointed out. "No modern medicine, no treatment for serious diseases, limited major surgery. We just had to use ether or chloroform for surgery."

Rawson said there wasn't any program at UVM for hands-on learning and so students went to study with other doctors around the state. Dr. Rawson remembered traveling to Enosburg and Waterbury to the state hospital to get in some practice.

"My brother died of schizophrenia," he said, choking back tears. "There wasn't any real help for that then either. There were no labs, no blood tests, and it took all day to find out a patient's CO2 levels."

Dr. Rawson says he spent his entire first year trying to learn anatomy and still hasn't mastered it. There came a big smile and small chuckle to emphasize his difficulty. In the second year they did autopsies.

"You know, that was a very difficult financial time. It was during the Depression," Rawson said. "UVM was short on funds as well. There were only two girls in my class the whole four years I was in med school, and no blacks at all."

"You know," he went on to say, "There wasn't much for heart treatments then. They'd give you digitalis and a prayer."

Dr. Rawson said, "I look back, not in disrespect of anyone working then – it was just the medicine available at the time. There was only one building at the Mary Fletcher Hospital."

After graduation in 1939, Rawson went on to intern at Waterbury, CT.

Dr. Rawson enlisted in the Army and became a member of the Army Air Corps. He spent two years in India and another two years in the United States. He was promoted to major.

Rawson came back and received a fellowship in a city hospital and specialized in kidney, bladder, and prostate disease. He was confirmed as a Certified Urologist. Rawson practiced medicine in Pearl River, NY, a Manhattan suburb, until he retired.

"I got mixed up with some Jewish girls, friends," Burnett smiled from ear to ear with a twinkle in his eye. "I liked one of them so much, I married her." Rawson described her as a wonderful and brilliant girl; that girl was Jessie Shtob, who came to America from Poland when she was four years old. They were married in 1947. They were blessed with one daughter, Deborah Iris Rawson in 1952.

Dr. Rawson has lost both of the ladies in his life; his beloved daughter, Deborah, died in 1992 to skin cancer and he lost the love of his life, Jessie, in 2004 from respiratory disease.

Today Dr. Rawson lives at the Commons in Essex, VT. He is being taken care of by his special friend, Melody, and his wonderful friends from Silver Leaf In-Home Care.

"I've tried to take care of my body," Rawson says as he pats his poodle, Penny. "I've had a couple of setbacks the last few years." Rawson suffered from a heart ailment and a broken femur.

At one point some caregivers tried to get Rawson moved to a nursing home, believing that he was suffering from Alzheimer's; but he and his friend Melody George worked together to keep this from happening by revealing the truth. Melody has been his closest friend and has been helping him with his needs for the last four years. Needing more help, she contacted the owner of Silver Leaf In-Home Care, Patty Bergeron, and told her how difficult it was going to be for him to trust anyone after what happened. She was told he loved food; so bring him a pot of homemade soup. "I came with a homemade soup," Patty said. "He told me I should give it to someone else who needed it more than he did, he didn't want it." Patty says it took a little convincing but he finally told her his home hadn't had a decent cleaning in five years so she could start there.

His heart condition turned out to be fluid around his heart but with a change in his diet and food prepared by Bergeron the condition has disappeared. When asked what is the secret of his

long life, he said, "I've always taken care of my health. I never drank and I smoked just a little."

Dr. Rawson still exercises, loves learning (though he can no longer read), and enjoys life. His caregivers read to him and he listens to books on tape. Rawson said, "I want to live as long as I can reasonably well."

Rawson is a supporting member of the Deborah Rawson Memorial Library that serves the Jericho and Underhill communities.

Burnett and Jesse Rawson had one beloved daughter, Deborah. She spent much of her time at the family farm in Underhill where she grew to love the area and its people. She pursued her interests at Cornell and Columbia Universities and later shared her insights with others in her career as a journalist. Her book "Without a Farmhouse Near" was about life in the communities of Jericho and Underhill, its difficulties and its beauties.

Sadly, Deborah died of skin cancer in 1992. Burnett and Jesse deeply mourned the death of their only child and wanted to do something to commemorate her. Their gift of 100,000\$ significantly helped with the building of a new library for Jericho and Underhill. After two years of meetings and planning, ground was broken in 1997 and the library became a reality. Jesse and Burnett were pleased to have the building named after their daughter. The Deborah Rawson Memorial Library has served many patrons of the two towns since 1998.

Dr. Rawson is supporting the education of his friend Melody, while she achieves her master's degree.

Dr. Rawson takes great pride in what he learned from Winnie Bell Learned. "I would have no reason to live if I could not give to others," he said.

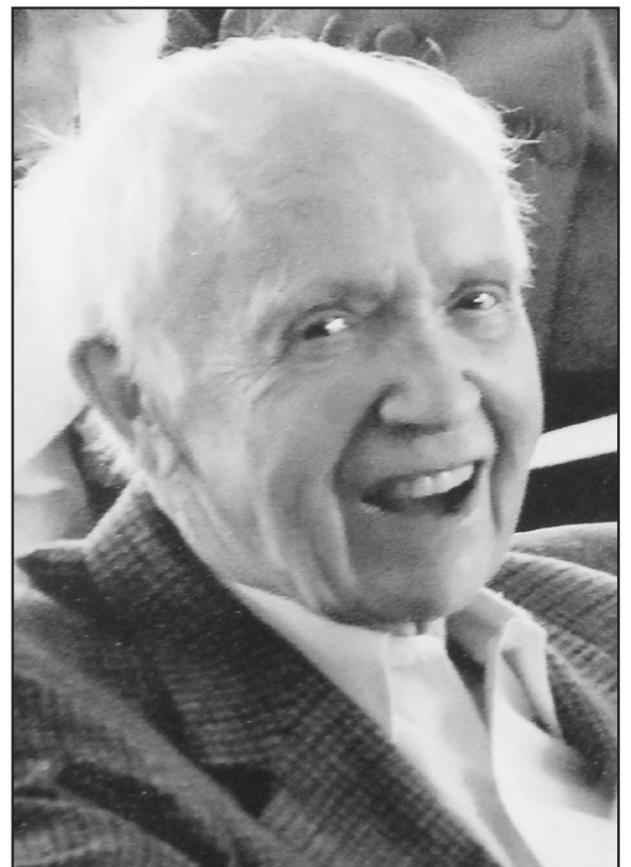
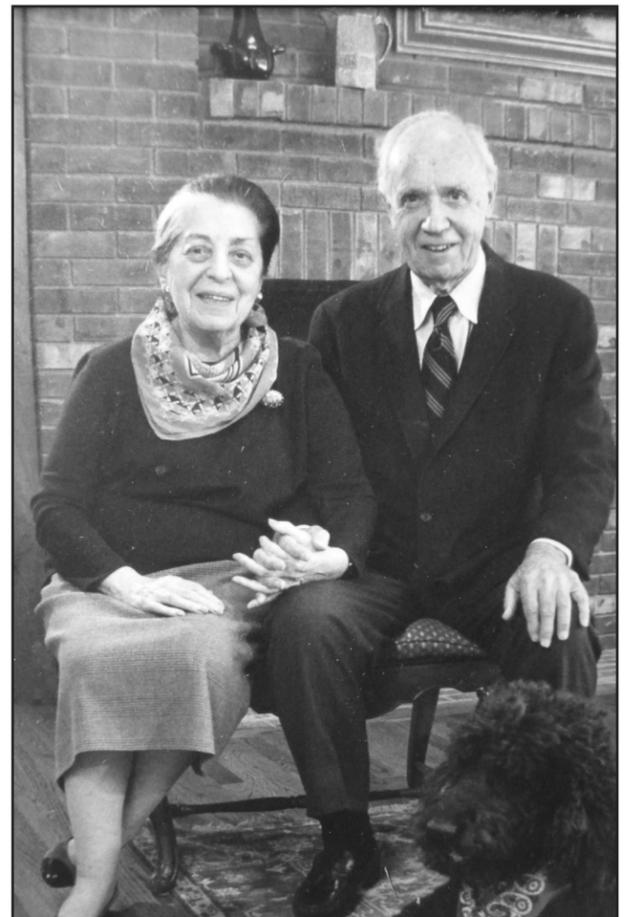


Left: Dr. Burnett Rawson on a wonderful May day still sharp of wit and a genuinely sincere person.

Left and right below: Dr. and Jessie his beloved wife. What a lovely couple they made.

Bottom left: Deborah Rawson, their daughter.

PHOTOS BY  
BRENDA BOUTIN



Dr. Burnett Rawson enjoying a meeting.

I have such a good time interviewing our senior citizens. I want to thank each and everyone who had let me into their life. God bless each and everyone of you and many more years of good health and laughter.

Brenda Boutin, Mountain Gazette Editor/Publisher

WILMA COWIE

Wilma Cowie

By Brenda Boutin  
Mountain Gazette Staff

There is a sunny window in Wilma Cowie's room and that is where the beautiful 94-year-old lady sits with piles of reading material and other projects around her. Wilma smiles and greets visitors in a soft voice. "It's so nice to meet you," she says as she extends her hand in greeting.

Wilma is back at home in St. Albans after many years elsewhere. "I was born in St. Albans at the old St. Albans Hospital," she says. "That building is gone or maybe a part of the medical center now." The date of her birth has slipped her memory but August sounds like the right month.

Wilma is the daughter of Ernest and Hazel Wells. Her mother was from Berkshire. "My father belonged to a band," she remembers. "That's how they met. His relatives were Weeds and they played music at dances."

Wilma had one sister. Mrs. Cowie graduated from BFA St. Albans in 1936; she did not go to college. "I graduated and thought I'd have the entire summer off," Wilma explains. "But that wasn't how it happened." She was walking down the street and was approached by John Sanborn from the People's Trust Bank. He offered her a job.

Wilma remembered her steno and shorthand teacher saying, "If you're good you can expect to earn \$15 a week." She smiles, "Well, that is what I asked for and I got it." Wilma worked at the bank until she married in 1952.

Mrs. Cowie's husband Francis Cowie was a summer resident at Hathaway Point; he was from New Jersey. They wed in St. Albans then settled in Rahway, NJ. "My husband made movies," Wilma recounted. "We stayed there until he retired."

The one thing that has never changed for Wilma, no matter where she went, was her connection to church. She was brought up Universalist. "I went to Sunday school every week," she said. "In fact, I went from attending Sunday school to teaching it. I didn't miss a Sunday in-between." Cowie says, "I've been a church person all of my life. I went to the Baptist Church in New Jersey. I guess I was meant to teach Sunday school because when I went there, they asked me if I would teach Sunday school." And Wilma did, but she remembers hurrying home afterward to cook a big Sunday dinner just like her mother had. After moving to Westford, Wilma attended the United Church on the commons.

Sue Adams is also a member of the United Church in Westford. "I've only been at the church for 13 or 14 years," she said, "but Wilma was there for a while. I was teaching Sunday schools and she purchased a lot of curriculum material, workbooks and other things. She underwrote the Sunday school program for several years. We had a party at the church and Wilma paid for the clown to come."

According to Wilma, she and her husband decided to move back to the country. "I was anxious living in the city," she said. They bought a house in Westford on the eastern outskirts of town. The home was snuggled up to the borders of Cambridge and Underhill on VT Rt. 15.

"The property we bought had a sugarhouse on it," Wilma explained. "It was in pretty good shape." She goes on to tell how her husband rebuilt the roof: "We were approached by a neighbor about using it for sugaring. I remember that we had given away all of the pans and equipment." The Cowies gave their permission for the use of the sugarhouse and the sugarbush. "We didn't charge him anything if I recall it right."

"My wife and I moved up to Underhill," Bob White relates. "We were looking for something more to do." They wandered around and came across the sugarhouse. "It was built in the 1880's and wasn't in too good shape," Bob says. "But we fixed it up." Back then a sugarbush wasn't worth much so the Whites gave the Cowies syrup for the use of the property. "Wilma was in her sixties," White tells, "She helped string tubing. "We still use the ancient evaporator today," He says. Bob also uses a metal milk pail that came from his father's farm. "I relish in the sound of the handle hitting the pail. Bring back memories of my Dad."

White believes the Cowies were looking for someone to enjoy their property with them. "I remember," White said, "I was driving a snowmobile up a hill with Wilma chasing me and Francis was making a film. It was funny."

When the Whites became pregnant, Wilma filled the role of grandparent to their kids. "After her husband passed our children took turns spending nights with her." He said.

Bob tells of a morning when Wilma came walking up their driveway, someone had broken into her house during the night. "We tried to get her to spend the night at our house," he said but she told she'd spend the night at home. "Life never got her down," Bob recalls.

White also believes that Wilma is full of good advice. White goes to see her once a week and tries to coordinate others visits so that they are spread out. "I take for drives out to Hathaway Point," he says, "She has a lot of fond memories of their camp."

"I know Wilma came to Westford about 50 years ago," Marge Hamrell wrote, "and she and her husband (she has no children) settled into a beautiful old 1820 Vermont farm house near the Underhill/ Cambridge line in Westford, VT. They both loved the countryside, the trees and woodlands and birds on their property. With their favorite neighbor, Bob White, they established a first-rate maple sugaring operation which Bob continues to run today."

Marge went on the say, "I first met Wilma when I came to Westford 30 years ago and joined a group of women called "The Friendly Circle" which was an adaptation of the County Home Dem group. She was the 'permanent' treasurer as she was great with math, but known mostly for her wonderful smile and positive attitude about life. She became involved in town affairs whenever they needed a volunteer to help out with voting or Town Meeting. Wilma was ever the voracious reader and a lover of poetry. She represents an example of what we know as an original Vermonter in the best sense. She is extremely frugal with everything in her personal life and extremely generous with people in need and with community organizations."

Wilma was on the Planning Commission in Westford from 1971 to 1980. She was also a justice of the peace. "Folks would ask me to perform weddings," She smiles. "I never did." Instead Wilma would send them down the road to Bill Leach. "I told them he performed the best ceremony." Her smile broadened. "I said he looked the part and would look good in their pictures."

"I never had a job again," she said, "so I volunteered as a driver for Meals on Wheels." She did that for several years, picking up



Wilma Cowie seated on left receiving the plaque from John Doane.



Wilma enjoys living at King's Daughters Home.

the food in Essex and delivering it through part of Underhill, ending at Poker Hill.

Wilma has a keen sense of humor, with a twinkle in her eye as she tells of going to Canada on the sly. "When they asked me if I wanted a beer I said sure," she remembered. "It was the biggest beer I'd ever seen, must have been a quart." She did confess that it is an acquired taste and she grew to like beer a little. "Don't ask me what kind we drank; the only name I can remember is Budweiser." A little mischievous smile crossed her face.

Wilma remembers traveling to Bristol, VT to go to dances. Her friend Purdi had married a Tomasi from there.

Wilma's husband and her sister passed away many years ago.

On May 19, 2013, the United Church of Westford held a recognition luncheon for Wilma Cowie at the Country Pantry Restaurant in Fairfax. Wilma was recognized for over 40 years of unfailing support of the United Church of Westford. She received a bronze plaque with an inscription, which will be placed on permanent display in the UCW, the white church on the Westford common. She is acknowledged for her continued charity and never waning generosity to the Westford and St. Albans communities. Wilma has been best known among Westford citizens for her faithful assistance with voting on Town Meeting day.

Today Wilma lives in St. Albans again. She is being taken care of by the wonderful folks at the King's Daughter Home on Rugg Street. "I been really lucky," Wilma muses. "I have a good life. A little lonely sometimes but I'm well taken care of." Wilma was quite social in her younger days but she became less mobile when she chose to not have hip replacement stating, "I rather have a long full life." She said after a friend passed from complications from the same operation.

Wilma gave up driving as well. According to her friend Bob White, Wilma has a strong connection to the King's Daughters Home, where she was a trustee for many years. Wilma gives the home a generous amount of funds above that paid for her care. "Folks as old as Wilma have lost almost everyone from their past," White said. "Some homes can't afford to keep the good workers this is our way of trying to help." The funds are earmarked for emergency funds for staff and some raises to hold on to people who may decide to go somewhere else for more pay. Wilma has been a resident for six-years or so.

"Wilma's cousin Sterling Weed lived to be 103," White states, "Wilma is 94 with a long term focus."



Sugarhouse in Westford now operated by Bob White.



Wilma remembers her lovely home.



Wilma and Francis Cowie smile with joy as they cut their wedding cake.



Francis and Wilma in their later days.

**Ongoing** continued from page 4

Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

**Alcoholics Anonymous Meeting.** "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

**Alcoholics Anonymous Meeting.** "The Firing Line" group meets Saturdays, 8:00 - 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

**Alzheimer's Support Group** - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

**Brain Injury Support Group** - offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Meets the 4<sup>th</sup> Friday of the month at the YMCA in Winooski from 11:00 AM-noon, the 1<sup>st</sup> Wednesday of the month at Fanny Allen in Colchester from 5:30-7:30 PM, and the 2<sup>nd</sup> Tuesday of the month at the Saint Albans diner in Saint Albans. Call the BIAVT help line at 877.856.1772.

**International Cesarean Awareness Network** supporting mothers and families recovering from or learning about cesareans and vbac's. ICAN support groups next meeting is October 14 at 4:00 PM at Maitri Health Care in Bouth Burlington with special guest Polly Perez. For more information email [ICANvt@gmail.com](mailto:ICANvt@gmail.com) or call Jessilyn at 644-6700.

**Overeaters Anonymous** meets 6:00 - 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville, VT. Weigh-in 5:15- 6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Franklin County Prostate Cancer Support Group**, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

**Tobacco Cessation Classes**, Wednesdays from 5:00-6:00 PM in the Cambridge Regional Health Center Conference Rm. This is a free, 4 sessions, ongoing class. Free Nicotine Replacement is available for participants. For more information or to sign up contact Rorie Dunphey at 644-5114 or Shannon Chauvin at 253-4853 x147

**Alcoholics Anonymous Meeting**, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM and Saturdays, 6:30 - 7:30 PM at the United Church of Underhill, Underhill Flats.

**KIDS**

**Playgroups** are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com).

Mondays: Jericho Community Center, 9:30-11:00 AM

Wednesdays: Richmond Free Library, 8:45-10:15 AM

Thursdays: Bolton's Smilie School, 9:00-11:00 AM the 1st and 3rd Thursdays of the month

Thursdays: Huntington, 11:00 AM-12:30 PM at Huntington Public Library

Fridays: Underhill Central School, 9:30-11:00 AM

**Kids' Yoga**, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

**Early Literacy Storytime**, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age's birth-preschool. Drop-in; no registration needed. We welcome new families. For more info, contact Victoria at 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit our [website](http://www.westford.lib.vt.us) [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

**SENIORS/COMMUNITY MEALS**

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome. Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

**Johnson Community Meal** - Every 2nd & 4th Wednesday, 11:30AM-12:30 PM at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior lunches** - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

**Huntington senior meal site** - The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

**St. Jude's Church**, Hinesburg, senior meals held on second and fourth Wednesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$3.00 per person. For information call Ted Barrette at 453-3087.

**Starksboro First Baptist Church**, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

**"Good Food for All" free dinners**, 2nd Thursday of each month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5:00 - 7:00 PM, and on the last Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5:00 - 7:00 PM. Everyone in the communities is invited.

**SPORTS ACTIVITIES**

**Ongoing Pilate classes** at Dakini Studio in Underhill. Mon. and Thurs. at 6:00 PM call 899-4191 to register. Find more information and other scheduled classes at [dakinistudio.wordpress.com](http://dakinistudio.wordpress.com).

**Qi Gong**, the ancient Chinese art of movement, classes are as follows: Saturdays 9-10AM--562 VT Rt. 15, Johnson; Saturdays 11AM-12PM--River Arts, Morrisville; Sundays 11:15AM-12:15PM--Artful Cup, Jeffersonville.

**Zumba**, Fairfax - Tuesdays 7:00-8:00 PM and Saturdays 9:00-10:00 AM. Contact Pam Adams 370-4437 or [pamaj68@aol.com](mailto:pamaj68@aol.com).

**Zumba Fitness**, Monday evenings only, 5:30 - 6:30 PM, at the River Arts Center in Morrisville. Zumba Fitness with certified instructor, Karen Machia. No registration required, drop in. Call 888-1261, or visit our website: [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

**SUPPORT GROUPS**

**CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome**, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website [www.vtcfids.org](http://www.vtcfids.org) or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

**Alzheimer's support group**, third Wednesday, 9:30 - 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Approach Autism With Advocacy, Recovery & Education (AAWARE)** in the Lamoielle Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Veterans Job Networking**, Wednesdays, 9:30 - 11:00 AM, VFW Post, Essex Jct.; 1:00 - 2:30 PM, American Legion Post, St. Albans.

**Eating Disorders Parental Support Group**, third Wednesday, 7:00 - 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**TOWN GOVERNMENT & ORGANIZATIONS**

**Cambridge Area Rotary** meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM. For information, call Anita Lotto, 793- 0856, or Chuck Hogan, 644-8134.

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, [jquinninv@aol.com](mailto:jquinninv@aol.com)

**Jericho-Underhill Water District** meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

**Jericho Historical Society**, second Thursday, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

**Jericho Energy Task Force** meets the second Thursday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

**Jericho Board of Water Commissioners** of the Village of Jericho, Inc. will hold their monthly meeting on: Tuesday, May 21, 2013 at 7:00 PM. This meeting will be held at the Old Red Mill on 4B Red Mill Drive in Jericho. The Commissioners would appreciate your announcement of this meeting.

**THRIFT SHOPS & FOOD SHELVES**

The **Heavenly Cents Thrift Shop** located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

**Westford Food Shelf**, open third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

**ART/MUSIC/THEATER****ART/PHOTOGRAPHY**

First Friday Art Walk, Burlington, Citywide, June 7, 5:00-8:00 PM. June means Art in the Windows along Church Street. and anywhere else you care to look in Burlington. Pick up your copy of Art Map Burlington, First Friday Art Walk's official publication, and your guide to art in Burlington or check out [www.artmapburlington.com](http://www.artmapburlington.com) to see a list of participating venues. Got questions? Call 802-264-4839 or send email to [info@artmapburlington.com](mailto:info@artmapburlington.com).

The Milton Artists' Guild presents "Visions of a Hometown", a traveling exhibition commemorating the 250<sup>th</sup> anniversary of Milton's founding and the Guild's 25<sup>th</sup> anniversary. It begins at the Milton Municipal Building for the month of June, with an opening reception on Friday May 31, from 5:00 - 7:00 PM, and travels to four other towns across the state through October. For more info, visit [www.miltonartistsguild.org](http://www.miltonartistsguild.org).

**Shelburne Vineyard** art exhibit featuring the work of artist, Susan Abbot. The show now through August 31. During the reception Abbot will be present to share her perspectives and meet the guests. Light refreshments will be available and wine will be for sale by the glass. For more information link to [www.shelburnevineyard.com](http://www.shelburnevineyard.com) or visit Shelburne Vineyard on Facebook.

**Bryan Memorial Gallery** presents ALDEN BRYAN - Travels with Alden, now through September 2, 2013. Bryan Memorial Gallery celebrates the 100<sup>th</sup> birthday of its founder, Alden Bryan, with an exhibition of his paintings, painted in 26 countries over a span of 60 years (early 1940's until his death in 2001.) The opening reception is Sunday May 5 from 2:00 - 4:00 PM. Artists Roundtable, discussing the work and world of Alden Bryan, will precede the reception at 1 PM.

Bryan Memorial Gallery is at 180 Main Street, Jeffersonville, VT., 802-644-5100. A preview of the exhibit can be seen at [www.bryangallery.org](http://www.bryangallery.org). Gallery hours are May 3 - July 1: Thursday - Sunday, 11 - 4, July 2 - September 2: Open daily, 11 - 5.

**Essex Art League** meets the first Thursday of the month, from 9:00 - 11:00 AM, at the Essex Junction Congregational Church on Main Street. The meeting agenda includes a business and social time, and features a guest artist presentation. The upcoming meeting on May 2 will feature: Mike Strauss, UVM Professor - Scientist and Artist, a detailed calendar of meetings is published

**MUSIC/DANCE**

Queen City Contras will hold its regular dance on Friday June 14, at 8:00 PM at Edmunds School Gymnasium, 299 Main Street, Burlington VT. Music will be provided by Randy Miller, David Cantini, and Roger Kahle. Calling by Kim Robertson. All are welcome, all dances taught, no partner or experience necessary. Beginners' session at 7:45 PM. Admission is \$8.00 adults. Under 12 free. Please bring clean, soft-soled shoes for dancing. Dance Info: 802-371-9492 or 802-343-7165.

**LIBRARY NEWS****DEBORAH RAWSON LIBRARY, UNDERHILL**

Library hours: Tuesday 12:00 - 8:00 PM, Wednesday 10:00 AM - 6:00 PM, Thursday 12:00 - 8:00 PM, Friday 10:00 AM - 6:00 PM, Saturday 10:00 AM - 2:00 PM, Sunday 1:00 - 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

**ESSEX FREE LIBRARY, ESSEX**

For information or directions, please call the library at 879-0313 or check our web site at [www.essex.org](http://www.essex.org).

**FAIRFAX COMMUNITY LIBRARY**

Thursday June 6, 6:30-7:30 PM: PJ Story Time with Success by Six; Toddlers bundle up in their favorite pajamas for a PJ story time and craft activity at the library. Ages 0-6. Free.

Saturday June 8, 9:30 AM-12:00 PM: DIY Repurposed Books. Give new life to old books in this creative crafting session with local crafter Nicole Vance. All supplies are provided, though you are welcome to bring along some old books that you like to use! Limit of 8 adults (ages 16+); preregister soon with the library. Cost is \$5.

Wednesday June 19, 4:00-5:00 PM: READ to a Dog. Kids can read a book of their choice to a fuzzy, friendly dog. To sign-up for a time slot, call (849-2420) or stop by the library.

Saturday June 22, 9:00 AM-4:00 PM: Red Cross Babysitting Training. Become a certified Red Cross babysitter! Learn the basics of babysitting with the Red Cross. For ages 11-15. You must bring a bag lunch. Preregister with the library; limit of 12 participants. Free.

Monday June 24, 2:00-4:00 PM: Young Producers Workshop. A hands-on introduction into the world of television! Children ages 8 and 9 will have fun learning about the equipment used to make television programming, and will complete a short library themed project. The project produced in this workshop will be provided to the children and the library on DVD, as well as run on LCATV and stream from the LCATV website.

Please Note: There will be 3 separate workshops throughout the summer and each one will feature a different activity. Kids can sign up for one or all three workshops. Length of time: 2 hours, number of children: Min. 4, Max. 10, Age range: 8 and 9 years old. Sign-up: Required. Permission slip: Required.

Tuesday June 25, 5:30-6:15 PM: Herbal Bug Spray with Debbie. Create all-natural bug spray with Debbie Laudauer, our town librarian. It's fun, quick, and effective—just in time for summer. Free, all are welcome! Preregistration appreciated.

Wednesday June 26, 4:00-5:00 PM: READ to a Dog. Kids can read a book of their choice to a fuzzy, friendly dog. To sign-up for a time slot, call (849-2420) or stop by the library.

Tuesday June 27, 6:00-7:30 PM: Opening Summer Reading Program: Dig into Reading Puppet Performance and Puppet-making Craft. An audience of all ages is welcomed to attend a puppet performance of *The Carrot Seed*, *The Giant Turnip*, *Anansi and the Talking Melon*, and *Over in the Meadow* with Hands-ON Puppets. Follow the stories; kids can make their own puppets! Free.

EVERY TUESDAY: Fairfax Community Library Story Hour. Join us for stories, crafts, and activities from 9:30-10:30 am! For ages 0-6.

June 4: Gardens, Flowers, and Music with Christy

June 11: Teddy Bear Picnic

Summer Story Hours:

June 25: I Dig Big Machines

Fairfax Community Library: 75 Hunt St., Fairfax, Vermont, 05454; Phone: 849-2420 Program Planner: Karyn Norwood at [knorwood@fwsu.org](mailto:knorwood@fwsu.org); Library News: <http://www.bfairfax.com/>

Libraries continued on page 9

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2013-ECL01

OBITUARIES



**Richard Michael Irwin**, 54, of Jericho, VT, finished his fight in the early hours of Monday May 6, 2013, while in the arms of his family and those who loved him, following a 13 year battle with rectal cancer and after defying all the odds. "He has fought the good fight, has finished the race and kept the faith." Visiting hours were held on Friday May 17, 2013, from 5:00 to 8:00 PM at A. W. Rich Funeral Home - Essex Chapel, 57 Main St., Essex Junction, VT 05452. A Mass of Christian Burial was celebrated on

Saturday May 18, 2013, at 10:00 AM at St. Pius X, Essex Center, with Reverend Richard Tinney officiating. The family invited you to view further information and share your memories by visiting [www.awrfh.com](http://www.awrfh.com).



**Howard S. Riggs**, Hinesburg, VT, passed away on Friday May 17, 2013, in Fletcher Allen Health Care with his family and companion by his side. He was born on March 24, 1934, in Burlington, the son of the late Herbert and Hazel Riggs. He graduated from Hinesburg High School. On July 16, 1954, Howard married his classmate and high school sweetheart, Norma Jean Lyman. Together they worked and raised their children on the family farm. After retiring from farming, he worked for the Town of

Shelburne. Howard was a 40 year member of the Hinesburg Fire Department, and served on the Hinesburg Selectboard for six years. He was an avid New York Yankees fan. For many years, he enjoyed playing softball with the Hart & Mead softball team. He produced maple syrup, which has been a long family tradition. In recent years, he especially enjoyed his time at the mall visiting with his friends. Howard is survived by his special friend, Mae Higbee of Williston; his children and their spouses, Andrew and Gail Riggs, Timothy and Kathy Riggs, all of Hinesburg, VT and Sandra and Jack Milbank of Shelburne, VT; grandchildren, Erin Walker and husband, Chris, Gretchen Riggs, Emily and John Milbank, and MacKenna Riggs; great-grandchildren, Ryan, Kyle and Amayah Walker, and D'Marcus Brockington; sisters, Betty Lantman and husband, Doug, of Hinesburg, and Nancy Lane and husband, Ted, of Kuna, Idaho; sister-in-law, Virginia Riggs of Hinesburg, VT; and many nieces and nephews. He was predeceased by his wife, Norma Jean Riggs; brothers, Leonard and Lawrence Riggs; and sisters, Dorothy Smith and Joyce Bird. A memorial service was held at the United Church of Hinesburg on May 22, 2013, at 11:00 AM. Gifford Funeral Home and Cremation Service, 22 Depot St., Richmond, in care of arrangements. In lieu of flowers, contributions may be made to the Hinesburg Fire Department, PO Box 12, Hinesburg, VT 05461; United Church of Hinesburg, PO Box 39, Hinesburg, VT 05461; or the Bissonette Family Recreation Area, c/o Melissa Ross, Office of the Town Clerk & Treasurer, Town of Hinesburg, 10632 Rt. #116, Hinesburg, VT 05461.

**Josephine Mary "Josie" (Wood) Moultroupe**, 62, Richmond, VT, passed away after a long battle with cancer on Wednesday May 29, 2013, in FAHC in Burlington. She was born on her grandfather's farm in Burke, VT, on November 29, 1950, daughter of the late George and Eva (John) Wood. Josie enjoyed cooking and knitting. She loved giving away her knitting projects to anyone she thought would enjoy them. She always looked forward to spending time with her grandchildren. Her faith in Jehovah was very important to her. Josie is survived by her loving husband of 30 years, Bruce Moultroupe of Richmond, VT; six children, Maryann and husband, Harold Tricou, of New Haven, VT; Daniel and wife, Jackie Benedict, of Franklin, NH; Amy and husband, Donnie Duncan, of Dawson Springs, Ky.; Andrew Benedict and partner, Shannah

Murray, of Westford, VT; Matthew and wife, Heather Moultroupe, of Richmond, Vt and Adam Moultroupe and life partner, Harsh Shah, of Jonesville, VT; six siblings, Nancy and husband, Bill McSweeney, of Canoga Park, Calif., Paul and wife, Wanda Wood, of Aberdeen, Wash., Candy and husband, John Casey, of Essex Jct., VT; Francis and wife, Anne Wood, of Bennington, VT; Betty and husband, Ron Hurlburt, of Essex Jct., VT and Sara and husband, Tom Tompkins, of Shelburne, VT; numerous grandchildren, nieces and nephews. There will be no public visiting hours held. A memorial service was held on Sunday, June 2, 2013, at 7:00 PM at Jehovah Witness Kingdom Hall in Colchester, VT. Inurnment will be private and at the convenience of the family. Memorial contributions in Josie's memory may be made to Vermont Cancer Society. Direct Cremation Services and Josie's family invite you to share your memories and condolences by visiting [www.awrfh.com](http://www.awrfh.com).



**Rolon "Skip" Eli Smith**, of Starksboro and formerly of Huntington, VT, passed away quickly and unexpectedly on Friday May 3, 2013. Skip was born in Burlington on February 28, 1947, the son of Rolon Earl and Hazel (Knight) Smith. Skip was an avid outdoorsman.

He enjoyed spending time cooking his catch for his family and friends. He loved many games, where he was #1 at them all, from his bowling era with good friend, "Salt," to taking over the pits at any horseshoe game, and most always the leader of the cribbage board. Skip loved all the seasons from turkey, trout and the elusive

whitetail deer; but most of all it was NASCAR and football all the way. He was also proud of his native heritage. Skip received his G.E.D. before enlisting in the USMC in 1964. There he fought for our country in Vietnam, until 1968, shortly after he stepped down an honorable Lance Cpl. on December 1, 1970. He then married our mother, Linda K. Carey on September 9, 1967. Skip was a very active and smart businessman. In 1982, he owned and operated A-1 Electric and A-1 Plumbing and Heating, where he had several well liked employees. He later worked for Sherman Electrical and Peck Electric, and moved on and was actively employed by the IBEW Local 300 for several years. Skip is survived by his daughters, Rolinda and her fiancé, Alexander, and Regina and her fiancé, James, all of Huntington, VT; their half brother, Chuck and his wife, Lindsay, of Essex, VT; eight grandchildren, Samantha and her husband, John, Meghan and her fiancé, Shane, Cheyna, Nathan, Jacob, Kolbi, Katie, and Cameron; three great-granddaughters, Skye, Aiyana, and Mikiaya; sisters, Rise "Skeet" Berard of Winooski, VT and Dawn and her husband, Shawn, of Brandon, VT; along with a large extended family of aunts, uncles, cousins, nieces, nephews and many close and dear friends. Skip was predeceased by his parents, Rolon and Hazel; brother, Rikki; and his wife of 25 years, Linda; along with many extra special aunts and uncles. The funeral service will be held on June 8, 2013, at 11:00 AM at the Huntington Baptist Church in Huntington Center, with burial immediately following at the Maplewood Cemetery in the lower village and a reception in the church annex.

A celebration of the life of **Edith Taylor**, of Underhill, VT, who died on April 8, 2013, will be held on Saturday, June 8, 2013, between 3 and 6 p.m. at the Jericho Community Center on Browns Trace Road. All family, friends and co-workers are invited.

HEALTH

Allergies and Asthma

By Mary H. Kintner, D.C., R.N.

Many people suffer from chronic respiratory complaints such as allergies and/or asthma. In fact, the incidence of these problems seems to be increasing. While allergies and asthma are *not* the same thing, they are related problems. Asthma can be triggered by allergies. Prevention of asthmatic attacks is facilitated in a similar fashion to that of allergies: good, clean living! Also, avoid pollution.

Allergies are the immune system's overreaction to something that is not normally a problem. The immune system is designed to seek and destroy potentially harmful invaders. Sometimes, the immune system incorrectly identifies a nontoxic substance as something to attack and mounts a defense. This is an allergy. Allergic symptoms include itchy, watery red eyes, "runny" and congested noses, fatigue, coughing, wheezing, headaches and skin reactions such as rashes or hives.

Causes of allergy are diverse and vary from person to person. Things that cause allergies are called *allergens*. Common allergens include pollen, dust, animal dander and molds. Molds are found almost everywhere, especially in dark damp cool places such as basements, refrigerators, bathrooms and organic sites such as soil and dry leaves. Penicillin is mold; molds are also found in cheese and yeasted products. Molds are common and easily spread. Pollens are most common in spring and fall.

Foods can also cause allergic responses. The most common food allergies include wheat, dairy, chocolate, eggs, shellfish, nuts (including peanuts) and strawberries. Food allergies and food sensitivities are different problems altogether. Food sensitivities can become allergies. Food sensitivities are the inability to digest specific foods. An extreme example is celiac sprue, a genetic inability to digest gluten. Foods containing gluten include wheat, rye, barley and possibly oats; they create digestive problems such as cramping, gas, diarrhea and generalized inflammation. While celiac sprue is a severe response, current research is beginning to show that many people are sensitive to

gluten with a lesser reaction. It appears that bottle-fed babies are more likely to suffer from food sensitivities.

Lifestyle (as always!) is very important. Minimize stress, because it affects and exhausts the adrenal glands. Adrenal insufficiency—due to chronic stress—is one trigger for allergies. Decreasing stress not only includes reducing emotional stress, it includes eating a balanced, nutritious diet and getting adequate rest. Check your diet for food sensitivities by taking your pulse prior to eating and again 15-20 minutes after eating. If your pulse rate increases more than ten beats/minute, you are sensitive to something you have eaten. Once you have identified a sensitivity, remove the food from your diet for a month, then reintroduce it and retest for sensitivity.

In addition to living well, specific supplementation can help.

Allergies continued on page 10

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Libraries continued from page 8

[pages/communitylibrarynews.html](http://pages/communitylibrarynews.html). Facebook page: <http://www.facebook.com/home.php?#/pages/Fairfax-Community-Library>. School Year Library Hours: Monday, Wednesday 8:00 AM - 5:30 PM; Tuesday and Thursday 8:00 AM - 8:00 PM; Friday 8:00 AM - 3:15 PM; Saturday 9:00 AM - 1:00 PM.

JERICHO CENTER, LIBRARY

Library hours are Monday 1:00 PM - 5:00 PM, Wednesday 10:00 AM - 12:00 PM and 2:00 PM - 6:00 PM, Friday 1:00 PM - 5:00 PM, and Saturday 10:00 AM - 1:00 PM. For more information, call the library at 899-4686, email [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com), or visit the library website at [www.jerichotownlibrary.org](http://www.jerichotownlibrary.org).

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Hours: Mondays and Tuesdays 12:00 to 7:00 PM, Wednesdays and Fridays 3:00 to 7:00PM, Thursdays 9:00 AM to 7:00 PM, Saturdays 9:00 AM to 12:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD

\*\*New Friday Hours starting June 7 - Fridays 1:00-7:00 PM\*\*

Early Literacy Story Time meets every Thursday at 11:00AM; join us in fostering the imagination of readers of all ages, followed by themed craft time.

Wednesday June 12, 6:00-7:00 PM, Book Discussion Group - Unbroken by: Laura Hillenbrand

Friday June 14, 6:00-7:00 PM, Local Photos: Art Opening. Join us for refreshments and viewing of our latest in the Local Artists Showcase at the Library

\*\*June 19 - SUMMER READING PROGRAM begins! \*\* Visit our website for a download-able copy of the brochure and much more information on all the great activities and prizes.

The library is open Wednesday 1:00-7:00 PM, Thursday 10:00-6:00 PM, Friday noon-7:00 PM, and Saturday 10:00 AM-2:00 PM. We can be reached at 878-5639, Email: [westfordpubliclibrary@gmail.com](mailto:westfordpubliclibrary@gmail.com) and [www.westfordpubliclibrary.org](http://www.westfordpubliclibrary.org).

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## Fields Restaurant

By Brenda Boutin  
Mountain Gazette staff

Vermont is noted for the changes in the seasons, the commuters along Route 15 in Jericho have seen the changing of the sign from Village Cup and to The Village Cup and Caroline's. The restaurant owned by Steve Burke has been recreated and bears the name Fields. The sign lends a grace to the property, created with stylize grass – Fields – indicative of Vermont.

The exterior of the restaurant sports the same beautiful look. The wrap-around porch still offers a restful place to eat and enjoy the view. But when you open the door you are transported into another world. What was the breakfast and lunch area has been transformed into a space to wait for seating in the restaurant, you can still enjoy coffee and the pastries presented by the expanded bakery here.

Evening finds patrons seated on the black leather sofas enjoying their favorite libation from the fully stocked bar while they are waiting to be seated in the newly designed and refreshed dining-room. The bar was built by Tom Moore from solid maple and cherry. Patrons can enjoy finger foods with their drinks.

"The Village Cup has always done well," Burke said. "But Caroline's didn't do as well as I had hoped." Burke decided to make the restaurant less formal, repainted everything, realigned the kitchen and pumped up the bakery. "We took the bakery back to its roots," Burke stated. "The changes in the kitchen will allow us to get the food out faster."

The restaurant features two menus – seven day brunch and seven day menu. "We want to have a place where the locals can come and eat but we wanted to attract patrons from outside the area as well."

"We had two weekends of Test Kitchen evenings," Chef John Gilman said. "We tried out dishes and had customers give their



opinion of the dishes on comment cards." The comments on the opinion cards helped them to formulate the menu.

Both Burke and Gilman are adamant about the freshness of the food. "We buy as much seasonal local food as we can," Gilman said. The beef is from local farms and many local growers are used to provide everything from fresh vegetables, herbs, and mushrooms. "We want our food to be of high quality with an upscale flavor," Gilman declared.

The menu is designed to attract local families and visitors as well. The prices reflect that concern, regular entrees run between \$17 to \$22 while the lighter fare starts at \$12 and goes to around \$14, as the season progresses the menu will change in order to take advantage of the seasonal produce.

Gilman lived in Vermont and attended the University of Vermont; he worked in Cape Cod and Cambridge as a sous chef, and at Fenway Park.

Burke wants to expand on what they are doing; they want to keep busy. "We're really busy for breakfast and lunch. The staff loves the changes."

## Essex Children's choir to preform



Essex Children's Choir presents "A Garden of Sound", Sunday June 16, 4:00 PM at McCarthy Arts Center, Saint Michael's College, Colchester. Tickets: Adults/\$10; Students/\$5; children under 12/free. Children ages eight and beyond are led by director Constance J. Price in works by Bach, Mozart, Britten, and Rutter, as well as music from Broadway and traditional folksongs. Kneeling, left-right: Elise Holway, Burlington; Thomas Buckley, Colchester; Oscar Williams, Charlotte; Madeline Slocombe, Cambridge; Anna Anderson, St. Albans. First row, left-right: Tessa Goodrich, Essex Town; Lucy Mathews, Hinesburg; Liam Patullo, Burlington; William Rideck, Montpelier; Anastasia Dragon, Underhill; Yana Kalinin, South Burlington. Second row, left-right: Cassandra Besso, Jericho; Ellen Seyller, Essex Town; Nathan Bamberger, St. George; Lillia Nelson, Essex Junction; Sarah Reed, Williston; Shantii Boyle, Essex Junction.

## Browns River Middle School Garden Continues to Grow!

Right: With the help of the weekly student garden club and some seventh grade science classes, the BRMS garden is now full of plants. Students planted them indoors and cared for them through April, and then transplanted them in early May. The beds are quickly filling up with cucumbers, tomatoes and broccoli, and students are excited to taste their produce this summer and next fall.

PHOTO CONTRIBUTED



## Allergies continued from page 9

Increasing vitamin C intake, quercetin and bioflavonoids can be helpful by enhancing immunity and enhancing adrenal function. Acidophilus helps balance the gut flora, which in turn helps the immune system function optimally. CoQ10, an antioxidant, also can be beneficial. Research supports the use of MSM (methylsulfonylmethane) to treat these respiratory problems. Herbal treatments include devil's claw, dong quai (angelica sinensis), ginkgo biloba, skull cap, forskolin and butter-burr (colt's-foot).

Chiropractic care can help by balancing the nervous system (our master control system) so that our body function is optimized.

Allergies and asthma symptoms can range from inconvenient to life-threatening. Improving lifestyle, getting adequate nutritional support and having regular chiropractic care can help alleviate symptoms.

Mary H. Kintner, D.C., R.N., is a chiropractor and nutritional consultant practicing in Jericho, VT.



BRMS Mountain Biking Club. Students and staff meet on Tuesdays afternoon to enjoy the great outdoors and go on a mountain biking excursion at Mills River Park. Scott Cole is our club leader.

PHOTO CONTRIBUTED

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### CVAA SENIOR MEALS

**Thursday June 6**  
Bridge Street, Richmond  
10:30 AM check in, 11:00 AM lunch  
Cold Plate

**Friday June 7**  
Hinesburg Mealsite  
11:30 AM

**Monday June 10**  
Covenant Church, Essex Ctr.  
12:00 noon  
BBQ Riblets, Mashed Potatoes, Summer Vegetables, Whole Wheat Roll, Watermelon

**Tuesday June 11**  
Pizza Hut, Susie Wilson Road, Essex Jct.  
10:30 AM check in, 11:00 AM lunch  
All you can eat Pizza Buffet

**Wednesday June 12**  
Elks, North Ave., Burlington.  
10:00 AM check in, 12:00 PM lunch  
Open-Faced Hot Turkey Sandwich

**Thursday June 13**  
Holiday Inn, So. Burlington  
11:00 AM check in, 11:30 AM lunch  
Turkey Dinner

**Friday June 14**  
First Day of Summer at Bayside Park, Colchester  
10:00 AM – 2:00 PM  
Catered by Jack & Grill. Entertainment by Sergio.  
Suggested donation: \$5.00 – Tickets required – please see Pat Pike

**Monday June 17**  
Covenant Church, Essex Ctr.  
12:00 noon  
Hot Dogs, Hot Baked Beans, Mustard, Cole Slaw, Hot Dog Roll, Butterscotch Pudding  
Papa Nicks  
3:00 PM  
Cold Plate

**Tuesday June 18**

**Essex Grill, Essex Jct.**  
10:30 AM check in, 11:00 AM lunch  
Summer Salad

**Wednesday June 19**  
St. Michael's College, Colchester  
11:00 AM check in, 11:30 AM lunch  
Buffet Luncheon

**Thursday June 20**  
Pizza Putt, So. Burlington  
10:30 a.m. check in, 11:00 lunch  
Spaghetti & Meatballs

Send us your news!  
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**Recipe by Marion Tobin**



- Potato Pancakes**  
 2 cups raw potato grated  
 1 egg  
 ¼ cup milk  
 1 cup flour  
 2 teaspoons baking powder  
 1 teaspoon melted butter  
 ½ teaspoon salt

Method: After grating the potatoes, pour off water that rises, add beaten egg, milk and flour that has been sifted with the baking powder and salt, add melted butter. Batter should be rather thin. Fry on greased hot griddle. Enjoy!

**Help us create a fitting tribute piece for the UJFD's 100<sup>th</sup> Anniversary. Send us your praises to print for them! Send an ad that will be seen for generations! mtgazette@earthlink.net Deadline: June 25 for July 4 issue.**

**CLASSIFIED ADS**

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