

# MOUNTAIN GAZETTE

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## Blogging comes to Jericho

By Phyl Newbeck  
*Special to the Mountain Gazette*

When Kim Mercer ran for Jericho Select Board, the two top core beliefs she listed on her campaign flyer were increasing transparency in town government and fostering better communication between Town Hall and residents. She has made good on her word with a regular blog called "Municipal Musings."

Mercer, a communications coordinator at the University of Vermont, decided to throw her hat in ring as a write-in candidate when she saw there was only one name on the ballot to fill the seat left vacant by two-term member Bob Penniman who had decided not to seek reelection. With only 16 days to get the word out, Mercer used some time-honored techniques such as printing flyers which were distributed door to door by volunteers. However, she also used newer techniques like starting a Facebook page called "Write-in Kim Mercer for Jericho Select Board." Since that group, 121 strong, is already in place, Mercer has changed the name to "Jericho Select Board News." Every two weeks she posts links to her blog which reports what transpired during Select Board hearings. In addition, she posts to the page when the town is holding events or looking for volunteers.

Mercer's blog is more detailed, more entertaining, and timelier than the official minutes which are posted to the town website after they have been approved; a minimum of two weeks after the meeting takes place. While the town minutes might simply note that money was allocated for Green Up Day Breakfast, Mercer includes an exhortation to grab a green up bag and join in. And while the official minutes might refer to other documents, Mercer uses hyperlinks so her reader can view those documents with a single click of the mouse. She requests feedback on the blog and already Jericho residents have taken her up on that, providing comments to her posts.

Mercer admits she's a newcomer to politics and is still learning the protocol and procedures. She also recognizes that some might be resistant to her style. "This is a good experience for me," Mercer said. "I think I've got a pretty honest approach to the problems that come before the board." Starting the blog was an easy decision for Mercer to make. "I really believe in what I said when I was campaigning," she said. "Transparency in government is a very important thing to me." Prior to joining the Transportation Research Center at UVM, Mercer spent some time working for the town of Jericho, taking minutes at various meetings. She worried that townspeople were missing out on an opportunity to fully understand the workings of the various boards and commissions. "Transparency may be a buzz word," she said, "but it has legs." Mercer pointed to recent stories about lack of transparency in Burlington city politics and the fact that the Obama administration has an entire section of their website devoted to staffers' blogs under the heading "Open Government Initiative."

When Mercer began the blog, she notified an e-mail list of roughly 200 people. So far, only two have asked to be removed from the list which she uses to notify followers of blog updates. However, she said total strangers have approached her around town to tell her how much they enjoy the postings. The blog is not linked to or associated with the official town web page and there is a disclaimer in the left hand column indicating that the blog "chronicles [Mercer's] experiences and opinions and in no way acts as an official document." Readers are urged to view the official town minutes on the town website or at the town offices. "This blog site," Mercer writes, "can serve as a platform for explaining issues that might need explaining, and for hearing your opinions and discussing details of town business."

Select Board Chair Catherine McMains applauds the blog as "a good way to bring the actions of the Select Board to a wider audience." She does issue a cautionary note, hoping that readers recognize that the blog is Mercer's take on the meeting, rather than the official minutes. "It is always a learning curve for us all trying to be as open as possible while avoiding unintended consequences for the Town," McMains said.

A native Vermonter from Thetford, Mercer received her B.A. from Evergreen State College in Washington. After five years in New Hampshire and three in New York City, she returned to Vermont and settled in Jericho. In addition to her

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## Governor signs bill to combat human trafficking



Courtney Gabaree (right) of Jeffersonville, VT, a senior at Johnson State College who played a key role in founding the Coalition of Vermonters Against Slavery Today (COVAST) and the passage of state legislation aimed at combating human trafficking, joined Gov. Jim Douglas at the Ceremonial Office of the State House as he signed the legislation into law while Liz Tedrick-Moutz, COVAST founder looks on. Tedrick-Moutz and Gabaree provided the impetus for the bill. Story page 8.

PHOTO CONTRIBUTED

## CESU and teachers at impasse over talks

By Ted Tedford  
*Special to the Mountain Gazette*

Once again, teachers and the school board of the Chittenden East Supervisory Union (CESU) have reached impasse and will call in a mediator.

The teachers and the six school districts in CESU have been operating without a contract for nearly two years. Both sides agreed to call in mediator Allan McCausland of Contocook, New Hampshire.

The main issues this time are a proposal by the Board that would make salary step increases part of the negotiations instead of having them paid automatically, and an offer by the Board to increase teacher salaries by 1.5 percent.

State law says that if boards do not have language in their contracts spelling out such negotiations, they must abide by the previous contract and pay any raises spelled out in that contract, according to the Board.

Board Chairman Robert Letovsky said this week the Board is mindful of economic conditions and has heard rumors that the State Board of Education may reduce block grants to every school district in Vermont to curb spending and may send suggested budgets to each district based on budgets on which those districts currently are operating.

"We are hearing wild rumors but we don't know what is going on," Letovsky said. "Step increases are part of the conditions of employment," he said. "That's something we should negotiate."

Jonathan Harris, chief union negotiator for the teachers, disagreed, saying the Board and the union have always negotiated salaries. Each teacher in the CESU schools move up one step on a 17-step salary index every year. Currently teachers receive \$1,789 for each step, according to a statement released by the CESU Board.

"Every time we negotiate salaries we are talking about a base and index increase. There have to be negotiations over the steps," Harris said. He said the teachers have been working under the salary structure the Board proposed four years ago. "We accepted the Board's proposal for the index, so it's their index."

Harris said the teachers' negotiators offered to forgo a step increase for next school year. "We said that if there is no step increment then we want to adjust the base salary. That would allow a more attractive base salary to attract teachers to the districts."

The Board's offer of a 1.5 percent salary increase for the next school year would actually mean the teachers would receive a 4.5 percent increase annually for two years because they will receive a 3 percent increase already voted at the annual school meetings in March, the Board said in a press release. The teachers rejected this and proposed a 2.9 percent increase that would actually be a 6 percent increase, according to the Board.

Harris said teachers in the state face an increase in their contributions to the State Teacher Retirement Fund from the present 3.5 percent of their

**CESU/Teachers continued on page 5**

## Bolton Spring Bazaar - Three events in one

By Phyl Newbeck  
*Special to the Mountain Gazette*

It's a plant sale. No, it's a craft fair. No wait, it's a bake sale. The Smilie Community Association's Bolton Spring Bazaar is all these things. Scheduled for Saturday, May 22 from 9:00 AM to 2:00 PM, the event, now in its fourth year, raises money for enrichment programs at Smilie Memorial School.

As befitting a multi-faceted event, there are several coordinators. Laura Oliver is in charge of the craft portion. She said that in the past, vendors tended to be of the yard sale variety, but this year organizers are making a conscious effort to seek out real artisan and craft vendors, charging \$20 for those who wish to sell their wares inside the school. "It's shaping up to be pretty special," Oliver said.

So as not to leave out those trying to empty out their garages, Oliver is coordinating with area residents to create a town-wide garage sale map. In the past, vendors congregated inside and outside the school, but Oliver recognizes that not everyone wants to move their collectibles from one location to another. For \$5, residents who want to conduct their sales from the comfort of their own front lawns can have their addresses listed on a map which will be available at the bazaar.

Virginia Haviland heads up the plant sale which, like the craft sale, has grown over time. The Smilie School has a greenhouse which was donated by a parent, and Haviland puts it to good use. Every year she helps students start the seeds which germinate in the school's rotunda under donated lights. This year, Haviland and her charges are growing two kinds of peppers, five kinds of tomatoes, zinnias and marigolds. She also started some perennials, but has not had good luck with them so far. Herbs may be added to the list of sale items, if time allows. While it's one thing to have the kids work on the seeds, transferring the plants to pots is a bit more time consuming. Haviland, a Master Gardener, enlists the help of other Master Gardener friends and parents who ferry groups of kids out of the classroom to help with the transfer. Last year, the plant sale netted \$800.

Haviland said the plant sale always gets good community support. Bolton parents and other residents donate plants of their own, and teachers always wait until the end of the sale to make their purchases so Haviland never runs out of supplies. Gardener's Supply has also donated some materials. In addition to running the plant sale, Haviland is working on growing healthy food for the school. Her husband built a raised bed in the greenhouse from which Haviland, an instructional aide at Smilie, will harvest lettuce for school lunches; lettuce that is grown in part with compost that the children collect.

Lenore Hayes is in charge of the bake sale and raffle. Hayes generally spends two days after school baking with any student who is interested in helping out. Those children and others come in

**Bolton Bazaar continued on page 2**

## Westford school budget revote set for May 18

The Westford School District received a petition for reconsideration of the FY11 school budget that passed on Town Meeting Day. The school board met on April 14, signed a Warning for the revote and established the date for the informational meeting.

The informational meeting for the revote on the school budget will take place on Tuesday, May 11, beginning at 7:00 PM at the Westford Elementary School.

Date for revote: The revote will take place on Tuesday, May 18. The polls will be open from 7:00 AM to 7:00 PM. Because budget issues are now voted by Australian ballot, there is a specific manner in which the reconsideration vote must occur. (The process differs from how budget considerations occurred in the former Town Meeting format.) The question to be considered by voters will be: "Shall the Town of Westford School District authorize the sum of \$5,268,238 to be spent during the 2010-2011 school year for school purposes (as lastly voted on March 2, 2010)?" Those who believe the school budget should be reaffirmed will vote "Yes". Those who oppose passage of the school budget will vote "No".

For those unable to attend the informational meeting, information on the school budget may be reviewed by reading the Town Report or by visiting [www.ccsvt.org/school-boards](http://www.ccsvt.org/school-boards). The following are some highlights about the school budget:

- "Better than average results at lower than average cost." Compared to state-wide average scores, Westford's student achievement test scores are much higher. Westford's school cost, as measured by the number that drives tax rates, is \$302/pupil lower than the state average. Westford residents pay less in school taxes than taxpayers in over half of the other school districts in the state.
- 80% of the budget increase is due to increased high school tuition costs: The overall budget increase is 1.4%. High school tuition accounts for 4/5ths of this increase. The board has no control over this cost.

- Staff reductions net a savings of nearly \$87,000: As enrollments have declined, the board has made a concerted effort to reduce certified staff as the reduced enrollment allowed. In fact, since 2000, the number of certified staff in the school has been reduced by 25%. This focus on staffing the school at the appropriate levels is largely the reason for Westford's lower than average per pupil cost.

- Recent history shows a low average budget increase: In FY07 the proposed budget was \$4,857,607. The FY11 budget is \$5,268,238, an increase of \$410,631 or 8.5%. This is an average increase of just over 2% per year.

- Projected tax impacts related to the budget may change: The legislature has still not set the base property tax rates for FY11. The base rate for those who pay some or their entire bill based on their household income will remain at 1.8%.

- The increase in the homestead PROPERTY tax rate is largely driven by factors outside of the budget: Over half the increase in the property tax rate associated with the budget is driven by factors beyond the board's control; namely the base rate set by the state and the CLA (Common Level of Appraisal) for Westford. The base rate has not yet been determined by the state.

Last year, Westford properties were reappraised. Following communities' reappraisal, the state sets each community's CLA. All Westford residents who paid some or their entire school tax bill based on the value of their property benefited last year from this rate being set at 104.72%. Unfortunately that benefit will be made up for in next year's taxes as the CLA drops to 100.95%.

Much of the conversation around the petition to reconsider the passage of the school budget has focused on projected tax increases associated with the budget. For those who pay school taxes based on income, the increase is 3.64% or \$45 per \$50,000 of household income. The rate is lower than the income rate associated with the FY2006 budget. A resident whose household income is the same as it was in FY2006 will pay less for this budget than they did for the FY2006 budget.

For those who pay school taxes based on property, the situation is less certain. Recently the

**Westford revote continued on page 2**

NEWS BRIEFS

UNDERHILL-JERICHO FIRE DEPARTMENT

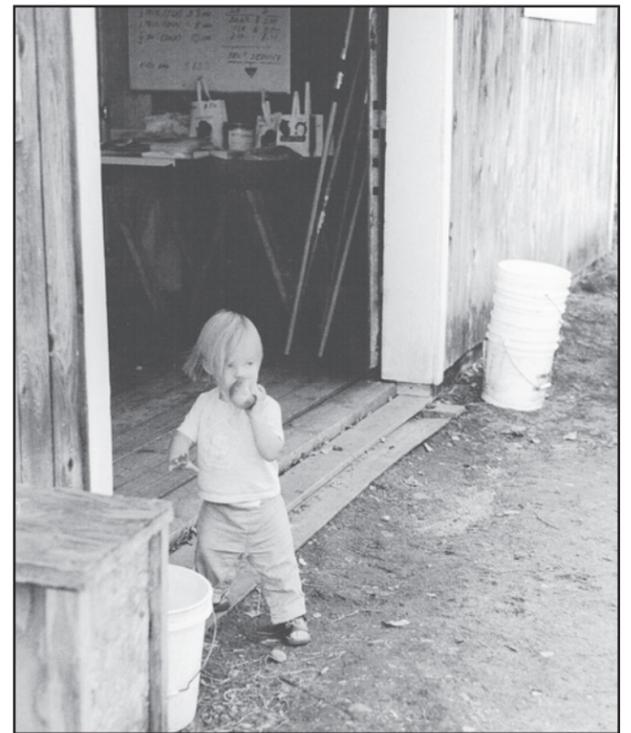
By Kitty Clark

EMERGENCY CALLS:

- April 9, 7:45 - AM EMS Assist
April 12, 12:58 - PM EMS Assist
April 14, 9:18 - AM EMS Assist
April 15, 7:21 - PM Responded to 31 Sunnyview Drive, Jericho for a chimney fire
April 16, 10:31 - AM EMS Assist
April 16, 10:05 - PM EMS Assist
April 20, 7:46 - AM EMS Assist
April 21, 11:25 - AM EMS Assist
April 22, 2:16 PM - Responded to Country Club Drive, West Bolton for a Brush Fire
April 24, 12:17 PM - Responded to the area of 896 VT RT 15, to Assist VT State Police
April 25, 7:07 PM - Responded to Bolger Hill Road, Jericho for smoke investigation, control burn
April 26, 12:30 PM - Responded to 44 Lawrence Heights, Essex for a brush fire

- April 28, 1:35 AM - Responded to the area of K & R on VT RT 15 for power lines down
April 28, 4:23 AM - Responded to the area of 79 River Rd., Underhill for power lines arching
April 28, 6:34 AM - Responded to a car off the road, near Hawk Ridge, Underhill
April 28, 6:56 AM - Responded to 188 Stevensville Rd, Underhill for a live power line down across the road
April 28, 7:15 AM - Responded to two vehicles off the road on Barber Farm near Tarbox Rd., Jericho
April 28, 7:40 AM - Responded to 101 Browns Trace for power lines down
April 28, 7:55 AM - Responded to the area of 40 Pleasant Valley Rd., Underhill for power lines
April 28, 8:35 AM - Fire Police #4 responded to the intersection of Browns Trace & Governor Peck to detour traffic
April 28, 9:25 AM - Responded to Browns River Middle School, Jericho for an activated fire alarm
April 28, 9:42 AM - Responded back to 188 Stevensville Rd., someone tour down the coned off area for the power line which was across the roadway.
April 28 10:24 AM - EMS Assist
April 28 1:20 PM - Sq51 only responded to Browns River Middle School to check fire alarm
April 28 3:55 PM -EMS Assist
On April 17 fifteen Boy Scouts took the Fire Safety Merit Badge course with help from Dwight DeCoster, Mike Greenia, Aaron Newton and Kitty Clark. The morning consisted of classroom study, tour of the station and apparatus followed by pizza for lunch. Afternoon, the boys learned how to call 911, how to start a charcoal fire, different materials and how fast they burn, the correct way to strike a match and they all went through the fire safety trailer. They were all tested on what they had learned throughout the day. For homework each boy is responsible to draw a fire escape plan of their house.
Remember if you are going to do any outside burning, you must have a permit to do so.

Do you know this child?



This is a picture that was taken at the Overlook Orchard in Jericho, in the fall of 2005. Our son, Garret, took them and I found them while cleaning out his room. We would like to find the parents and give them the pictures. If this is your child or you know whose it is please contact Jeri Harvey at 899-2037

PHOTO BY GARRET HARVEY

MOUSE CALLS
HOUSE CALLS FOR MICE
MAINTENANCE - REPAIR - INSTALLATION - TRAINING
LESLIE MARTIN 802 318 4778
CompTIA A+ Certified

POLICE REPORT

On April 27 at approximately 11:33 AM, the Vermont State Police received a report of a lost hiker on the Long Trail. The hiker, 19 year old Dylan Sunderland, accessed the trail from the Underhill State Park on April 26 with the intent to spend the night at two different camp locations along the trail. Sunderland had a backpack with food and water and a map of the trail. Sunderland located his first camp and spent the night on April 26. Despite the weather conditions, Sunderland continued his hike with the intent of camping another evening. He became lost when attempting to locate the second camp on April 27. Sunderland used his cell phone to call for assistance and the Vermont State Police had contact with him up until 9:00 pm last night. The Vermont State Police, the Vermont State Police Search and Rescue Team, the Vermont Department of Fish and Wildlife, the Stowe Mountain Rescue Team and the Vermont National Guard began searching for the hiker yesterday afternoon and continued their efforts this morning.

Sunderland was located near the Ethan Allen Firing Range in Jericho at approximately 12:00 pm and is reported to be in good condition. Although Sunderland had food and water, he became ill and wet after falling into a brook. (Case # 10A101657)

On Monday, April 12, 2010 at 7:20 AM, while on patrol Vermont State Trooper Lamothe came across a minor motor vehicle crash on the Woods Hollow Rd. in Westford. The operator was identified as Jeremy Zeno, 27 of Fairfax, VT. A records check indicated that his VT Drivers License is currently under suspension. This was determined to be a criminal suspension. Zeno was issued a citation to appear in Chittenden county District court for the offense. (Case # 10A101475)

Westford revote continued from page 1

Vermont House passed a miscellaneous tax bill which retrained the base rate at 86 cents. Were that to be the final decision of the legislature, the property tax increase would be 7.27% or \$82 per \$100,000 of assessed value. When the Town Report article was written, the projected homestead tax rates were based on the base rate recommended by the Vermont Department of Taxes in December, 2009. Using that base rate of 88.2 cents, the tax rate associated with this budget would increase by 10%, or \$113 per \$100,000 of assessed value. By May 18th the legislature will likely have adjourned and the exact property tax impact associated with the school budget passed on Town Meeting Day will be known.

The school board recognizes that the projected tax increase for those who pay school taxes based on the value of their property is daunting, especially viewed in the context of a single year. Many of the factors driving this rate are beyond the school board's control. The 2010-2011 budget reflects declining enrollment at the elementary school and maintains the quality of education offered. Finding the right balance between the needs of students and the needs of taxpayers in this year with so many factors beyond the board's control was especially challenging.

School board members may be contacted with questions about the school budget. Westford residents are encouraged to attend the informational meeting on May 11 and to VOTE on May 18.

Sincerely, the Westford School Board: Martha Heath, Chair, 893-1921, Andre Roy, Vice-Chair, 879-9511, Jennifer Townsend, Clerk, 879-3963, Marilyn McConnell, Member, 879-6093, and Allison Weinhausen, Member, 878-5804.

Bolton Bazaar continued from page 1

on the day of the bazaar to sell their wares, as well. Hayes said the bake sale continues to evolve over the years. In the past, the school purchased ingredients ahead of time, but this year they are sending parents lists of some of the items they need in order to save money. Hayes is also in charge of the raffle which has always had donations from Bolton Valley Resort. This year, Burton will also donate gear and clothing. Hayes enjoys the time she spends on the baking project, something she does for other Smilie events, as well. "I have so many kids who just love it," she said. "They are so excited and so involved and that makes me want to do it. It's all about the kids."

All the money raised goes to school enrichment programs such as the Vermont Institute of Natural Science and the Four Winds Nature Institute. Additional funds will be used for the after school ski and ride program at Bolton Valley. The program runs for six weeks during the school year with no cap on the number of students who can take part. Last year, 40 students enrolled to become budding skiers and snowboarders. Oliver believes other students are interested, but cannot afford the price. Organizers hope the bazaar will raise enough money so that any students interested in the program can attend. "Our school is at the bottom of the mountain," Oliver said. "It's only fair that all our kids should be able to visit the top, as well."

The Mountain Gazette

6558 VT RT 116, Starksboro, VT 05487
Phone: (802) 453-6354 Fax: (802) 453-2468

Email: mtgazette@earthlink.net

Website: www.mountaingazetteofvermont.com

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Letters accepted by mail or email.

AREA WORSHIP SERVICES

CALVARY EPISCOPAL CHURCH

A loving, caring Christian community, living and sharing the gospel of Jesus Christ with our neighbors."
VT Rt. 15 Jericho
Sunday Worship Service 9:30 AM
Interim Pastor Rev. Dr. Linda M. Maloney
Karen Floyd, Parish Administrator, 899-2326
www.calvarychurchvt.org

COVENANT COMMUNITY CHURCH

"Come as You Are"
VT Rt. 15 between Jericho and Essex Center
Pastor Peter Norland, 879-4313
Sunday Worship Service: 10:00 AM; Adult Sunday School 8:45 - 9:45AM
Children's Worship/Sunday School: K-6, 10:00 AM
Opportunities for Community Service, Family Events, Youth and Adult Groups; Handicapped Accessible
pastor@jerichocovenantchurch.org - www.jerichocovenantchurch.org

GOOD SHEPHERD LUTHERAN CHURCH (ELCA)

273 VT Rt. 15 - between Jericho and Underhill
Rev. Dagmar Rosenberg, Pastor - 899-3932
Sunday Worship 9:00 AM - Nursery provided
Sunday School for all ages - 10:30 AM
gslcvt@myfairpoint.net www.GoodShepherdJericho.org

JERICHO CONGREGATIONAL CHURCH

"An Historic Church Proclaiming an Eternal Message"
On the Green in Jericho Center, VT
Pastor Peter Anderson & Youth Pastor Glenn Carter
8:45 AM Sunday School for all ages
9:45 AM Fellowship
10:15 AM Worship, Nursery Care Provided
6:15 PM Youth Group in old school building
Signing for the deaf and wireless hearing receivers on request

JERICHO UNITED METHODIST CHURCH

"Open Hearts, Open Minds, Open Doors"
71 Vermont Route 15, Jericho (next to Town Hall)
Rev. Patrice Goodwin, 899-4288
Rev. John Goodwin, 899-4288
Sunday Worship Service, 9:00 AM
Children's Sunday School, 9:00 AM
Men's Breakfast - third Sunday, 7:00 AM
www.troyconference.org/jumc -email:JerichoUMC@troyconference.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP

A Liberal Spiritual Community
phone 899-2558 - website www.mmuuf.org
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Rd) on the 2nd and 4th Sundays of September-June for worship, reflection, growth, and support. All are welcome.

UNITED CHRISTIAN ASSEMBLY FULL GOSPEL CHURCH

100 Raceway Rd., Jericho, VT 05465
Pastor Mike Murray - 899-2949, Monday-Friday
Sunday Worship 10:00 AM - 12:00 PM
Nursery and Sunday School available
Youth Fellowship Sunday nights 5:00 PM
Area Home Fellowships, Thursdays, 7:00 PM
secretary@ucavt.org www.ucavt.org

UNITED CHURCH OF UNDERHILL

"Welcoming, Worshipping, Working for God"
At the Green on Route 15 - Rev. Kevin Goldenbogen - 899-1722
www.unitedchurchofunderhill.com
Sunday Worship and Sunday School: 10:30 AM
Micah's Men's Breakfast 7:30 AM third Saturday
Nursery provided; Mission and service programs offered

ARCANA Gardens & Greenhouses
Mother's Day Gift Certificates
CSA Shares still available
Flowering annuals, vegetable seedlings, perennials, herbs & much more!
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8-6 Saturday, 10-6 Sunday

Chittenden County Soccer School
The FUN Soccer School
Co-ed Instruction for Ages 4-15
Director Grant Allendorf
DATES AND LOCATION
Brown's River Middle School Soccer Fields, Jericho, VT
July 19-23, 2010 • 9 AM to Noon • Fee: \$85 before June 15
Every participant will receive a T-shirt, experienced coaching instruction and a trophy!
Applications available at www.supersounds.com
COACHES: Bucky Brandt, Danielle Morin
COACHES: Corey Hevrin, Anton Kelsey

COMMUNITY COLUMNS

Latin

By Suzanne Kusserow

Senior Guest Columnist to the Mountain Gazette

Latin plant names have always had a fascination for me. When I was a child, my dad, a botanist, taught me: Come On Friend, Get Specific.....COFGS...Class, Order, Family, Genus, species. My Dad was a big man, not fat, but well-built and muscular. His hands were strong and stubby; it was hard for him to point out the specifics of a delicate flower. So he would take out his pencil from his shirt pocket to show me the sticky pistil ready to receive the stamens full of pollen. His deep voice would caress the words, teach me the rhythms. One could not help but love the cadence and the story that went with it. "Sanguinaria Canadensis (Bloodroot): See how, when you break the stem it leaks 'blood'. The Indians used the juice to paint their faces. And the pure white petals are so delicate that a breath will blow them away. And here is Trillium grandiflorum. Tri means three, doesn't it, and see how the leaves, the sepals, the petals are all in three's. Six stamens, as you know, a multiple of three, and the pistil is divided into three....See? Now, if it's a "grand flower", does that mean it's the biggest of the trilliums? Right!

Aristotle was one of the first to put like objects into categories and we have it so built into our systems that we can't imagine being without it. 'A chair' gives an immediate response, a visual image. But we have also had to resist the perils of categorization. A does not always equal A; a chair is not always the same. We are first dumped into an assumption, and then we are pulled out of it by the assertion that there are many different kinds of chairs. It is the same deduction as the familiar:

I have a dog.  
 What color is she/he?  
 Is his coat smooth?  
 How much does he weigh?  
 How old is he?  
 How friendly is he?  
 Oh, so you have a shaggy male big brown friendly dog.  
 Why didn't you just say so!  
 Gradually we narrow the field.

Carl Linnaeus (1707-1778) a Swedish botanist saw the need for categorization in the plant world. Each region had its own nomenclature, untranslatable from country to country, from botanist to botanist. And each plant could go both ways: from specifics of place (canadensis, virginiana, and borealis), to family (all are lilies) to order (all are plants). The names generally stuck to quickly-usable identifications. And personalities entered in: Clintonia borealis (Blue Bead Lily, or Dogberry) was named for Governor Clinton of New York; Tradescantia (John Tradescant, gardener to Charles I of England); and the great man himself, Linnaea borealis (Twin-flower), a small flower considering his monumental system. He wore this flower often in his buttonhole as his portraits show.

My Dad would find new plants on our seasonal walks that illustrated what the Latin conveyed: grandiflorum (large flowers), undulatum (nodding or painted trillium), aquaticum (in bogs), hirta (the hairy stem of the Black Eyed Susan). Of course, we do have our confusions: Our familiar Erythronium americana is called: Trout Lily/Adder's Tongue/ Yellow Snowdrop (by early Pennsylvania settlers), Fawn Lily (by John Burroughs, a nature writer of the late 1800's). At least the americana was right! And Blue-eyed Grass is not blue but yellow in the center, and is not a grass but a member of the Iris Family.

Plants have large groupings: the Lily family, the Buttercup family, the Mint family. We find a lily and note the color, count the petals, the sepals, the pistil and stamens...the obvious clinical inspection. Then something catches our eye; our data-collection shows a slightly different droop to the flower, the white one has a delicate smell, the deep red, almost purple, has a whiff like rotten meat that attracts carrion flies who are the pollinators (How often the plants have evolved a workable system!) Then, we go on to species: where does it grow, are there varieties of color, is the stem considerably shorter, are the leaves notched? And there we have the two names: the Genus is the overall classification; the species are the individual qualities. Sometimes there are varietal differences, but that's for the true experts. And anyway, how would I fit a V into the mnemonic device of COFGS!

So, is this all... to show off your memorizing abilities on a nature walk? For me, No. The names have meaning; I can hear the voice my father gave them, the secret discovery of a plant, bending over it and calling it by its historical name. And again, for me, No. The names are not only rote memorization, but memories that bring me back to my childhood, and my teacher; it is the beauty and the emotion which ultimately surpass the facts: the first Wood Anemone, the smell of Trailing Arbutus, the Pond Lily cream white in a fetid swamp, the cheery wave of a Black Eyed Susan from the side of the road. (Oh, by the way, Black Eyed Susan is Rudbeckia hirta. Rudbeck was a friend and mentor for Linnaeus...and hirta (hairy stem and leaves). But, along with all the history this hardy little biannual carries, it also holds the memories of bunches stuffed into an old glass jar, decorating my childhood room. Perhaps both views make it meaningful!

Grumpy wint-sprin-ummer

By Sara Riley

Special to the Mountain Gazette

What is up with this weather? It's downright hot today with rumbles of thunder, but three days ago on my way home from work I passed a dad and two kids enjoying the snow during their spring vacation – they were making a *second* snowman! Real nice ones, too, so I went by the next day with my camera, but by that time the snowmen were slumped and, well, not very photogenic.

Before the storm was over, Casey's Hill was an end-of-April Winter Wonderland, with young people struggling up to its summit with snowboards. Robins skittered about forlornly, searching for clear patches. Visitors flying into BTV marveled at the snowy mountains. Our plow man came one more time, doing a little-engine-that-could imitation with his pickup. Altogether we had well over two feet of snow at our place, though it never even stuck to the roads down in the lowlands (well, Williston).

Come to think of it, there was a rumble of thunder as this big snowstorm arrived, as well. Now the weather is summery, and today I saw a family in their back yard, having a pool party and cookout.

Oh well, this is why I don't change to the tires before the first of May. Learned that one the hard way.

Must say I am having a problem with dogs in the road. A good old boy of an elderly black lab made me late to work last week. He was

wandering along, standing in, and gazing benignly down Pleasant Valley Road and I don't seem to be able to just drive on by. The folks at Town Hall know the dog, called his owner and presumably the owner went and brought him home.

Another person on a back road was working in the garden and not minding the elderly, deaf little spaniel– she was in the road, in front of my vehicle. I stopped, the person came and picked up the little dog, and answered my suggestion that the dog might be safer penned or tied by remarking that people "fly" by the place.

Honestly, 20-25 mph is not "flying," especially downhill and where the limit is 30. And if people do go faster, wouldn't that make it more urgent to be aware of where the dog is?

Our own dogs are not at all street-smart and even living at the end of the road as we do, with the state park as our uphill neighbor, we don't let them wander. Not on purpose. They have gotten loose, though rarely – one has taught herself (!) to open the sliding glass door and let all the dogs out. The 10-year-old golden retriever sometimes shuns the ball-chasing routine and goes for a woods run, and the younger dogs gleefully traipse along after him. These situations make for unhappy, stressed, and worried people until the dogs are found.

Dogs and roads, a bad mix. I have had the misfortune to see a dog, hit by a car, bleed out internally and die in minutes. I've heard a dog, hit by a car, scream in pain and fear and refuse to let anyone help. These are not happy memories, and I don't want any more of them, thanks.

Using indicator plants and Nature's signs

By Duncan McKee

Garden Columnist

Special to the Mountain Gazette

Spring has sprung, and much to this writer's chagrin, the grass is greening. The time has come to go over the mowing equipment and get ready to dance to the tune of that green tyrant of a lawn.

In the meantime, a reader had recently written to ask when she should take the mulch off some of her plants. It happened that she had written at just the right time for her to do so, but this brought to mind the science of Phenology, or using indicator plants, and the old custom of gardening by the signs.

Gardening by the signs is an ancient system of using the signs of the Zodiac, phases of the moon, and the days of the week, to govern

planting, harvesting, and a number of other agricultural activities. A lot of old-timers swear by the system, but this is a topic best left for later.

Phenology is the study of plant and animal activities and the dates that they occur each year. It is a real science that has numerous applications in farming and gardening. The science is used mainly for planting times and pest control, but in recent years is being watched carefully by climate change scientists, as well.

Indicator plants continued on page 16



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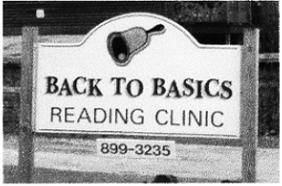
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The hours of operation for  
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 were listed wrong.  
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The *Mountain Gazette* takes  
 full responsibility  
 for the error and apologizes  
 to the folks at Jerihill.

Corrected email address  
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Correction: Dave Eaton is no longer a Justice of the Peace for Jericho.

HUNTINGTON / RICHMOND

# A collaborative learning experience

"We found a spotted over here!" hollers Kristen. She enthusiastically scoops up the shy salamander into the pond net and gently deposits it into one of the white observation trays. Students crowd around a picnic table topped with these trays filled with macroinvertebrates, newts, caddisfly larva, leeches, and egg masses. The live spotted salamander is a good sign. Recently predators have taken advantage of the abundance of prey in the pond. Students are excited to make observations and hold a rarely seen, but much admired, salamander.

"Check out this bullfrog! It's as big as your head!" remarks Ben as he hands it over to Cooper, a 2<sup>nd</sup> grader. He struggles to get a firm grip around this hefty frog, the largest in North America. He is eager to show off this new find to his peers. The 2<sup>nd</sup> graders gather, mouths agape. "This is a female. You can tell because its tympana [ears] are the same sizes as the eyes," says an 8<sup>th</sup> grader.



Moments after, another 8<sup>th</sup> grader explains to her 2<sup>nd</sup> grade buddy that "water scorpions, which look like sticks, have breathing tubes. They're like snorkels. This is how they adapt to living in water."

This was the setting of a collaborative learning experience between two teachers' classes in the CESU District. Students from Sandy Munson's 2<sup>nd</sup> grade class at Jericho Elementary School and Sandra Fary's 8<sup>th</sup> graders at Camels Hump Middle School joined together to engage in a hands-on, natural science learning experience at a pond and stream.

Jericho 2<sup>nd</sup> graders were taking part in the Environmental Learning for the Future (ELF) program. ELF is an environmental educa-

tion program designed for K-4 students. Typically taught by parent volunteers, the goals are to enrich elementary students' knowledge of the environment, support educational standards and to have fun. Instead of parent volunteers, the teachers in this group were 13- and 14-year-olds. For the 8<sup>th</sup> graders, they were simply sharing their deep understanding of stream and pond ecology.

The group spent the better part of a beautiful April day investigating abiotic and biotic components of a stream and pond habitat. The 8<sup>th</sup> graders paired with a 2<sup>nd</sup> grade buddy with whom they tested dissolved oxygen, pH, stream velocity, water temperature and overall stream health. In addition, they inventoried critters and shared their knowledge of food webs. Mostly students eagerly splashed about trying to catch all the organisms that inhabit the two ecosystems. Eighth graders informed their buddies of critter movement, breathing, reproduction, and adaptations to these environments. "I was so surprised at how focused and invested the 2<sup>nd</sup> graders were in what they were learning. This made it really easy to want to teach them when they were so eager," Molly, an 8<sup>th</sup> grader, shared.

Sandy Munson spent some time the following day processing the successful field study. Her 2<sup>nd</sup> graders wrote thank-you letters to their older buddies. "I liked finding out how much oxygen was in the stream. It was very fun and wet," stated Lauren. Many reported, included Mrs. Munson, which it was "the best field trip ever." For the majority, getting outside and getting their feet wet was a great way to experience what it's like being a scientist. This is the sixth time this year that Sandra Fary has provided her 8<sup>th</sup> grade students the chance to be mentors. "Allowing opportunities for students to be learners as well as mentors is a valuable experience. It allows youngsters that typically may not 'shine' in the classroom to show off their knowledge to younger students. It makes every student feel empowered in a non-threatening environment. For many, the outdoor laboratory is the perfect hands-on setting to nurture learning."

Both classes learned a great deal and had fun. An 8<sup>th</sup> grader summed up the overall experience in an excerpt from her reflective essay about the day. "I couldn't believe how much the 2<sup>nd</sup> graders wanted to learn. I think their enthusiasm and excitement got the rest of us excited to teach them, which made the experience richer. After this trip, I'm thinking that as long as you let the kids know they're safe, and that they're going to have a great time, they're confident that they will and all goes well."

### COLLEGE NOTES

#### Heron Russell selected as finalist for 2010 Coca-Cola Scholarship

Richmond youth, Heron Russell, was among 253 high school seniors that make a difference. Russell, an outstanding senior from Mt. Mansfield Union High School in Jericho, has been selected as a member of the 22<sup>nd</sup> Class of Coca-Cola Scholars. Russell was selected as a finalist from more than 2,200 semifinalists for having demonstrated the academic excellence, school leadership and community involvement epitomized by winners of this scholarship. She is the daughter of Liz and Tom Russell.

**Heron E. Russell** of Richmond, VT, has been awarded the National Merit \$2500 Scholarship. Russell is a senior at Mount Mansfield Union High School.

**Ashley Gilroy**, daughter of Chuck and Delina Gilroy of Jonesville, VT, was named to the fall semester dean's list at Roanoke College in Salem, VA. Gilroy was also inducted into the Alpha Lambda Delta National Freshman Honor Society on April 11, 2010. Ashley is a freshman majoring in English. She was also inducted into the Delta Gamma Sorority, Gamma Pi Chapter, on May 30, 2010 and received an award for highest GPA for a new inductee.

**Kiley Johnson** of Huntington, VT has been named to the dean's list for the fall semester at Lasell College in Newton, MA. Kiley is a member of the class of 2013 and is majoring in management.

### WELCOME HOME

#### HUNTINGTON

(Miller) Buffy (White) and Seth Miller had a daughter, Sydney Addison, on Friday, April 9, 2010 at Fletcher Allen Health Care in Burlington, VT.

#### RICHMOND

(Brown) Maria (Varela) and Logan Hampton Brown had a son, Hudson Hampton, on Wednesday, April 7, 2010 at Fletcher Allen Health Care in Burlington, VT.

(Clark) Jennifer (Ferland) and Timothy Clark's son, Brigham Miles, was born Tuesday, April 6, 2010 at Fletcher Allen Health Care in Burlington, VT.

### OBITUARIES

**Joseph (Joe Fish) Chiarelli**, 83, Richmond, VT passed away April 15, 2010, at 3:30 PM at his new home, the Sterling House of Richmond. Son of the late Salvatore and Angela Chiarelli, who were immigrants from Sicily, Joe had three children, Angela, Salvatore, and John. Joe was born in Brooklyn, N.Y. on July 14, 1926. He entered the service of the United States Army to defend our nation in World War II as a medic in Austria, France, and Germany. He was extremely proud of his brotherhoods in the many VFW branches, as well as his Knights of Columbus, where he held a 4th Degree status. Joe worked the early years of his life with his dad in the fish store in Brooklyn, where his bright red hair gave him names such as Red, Red Ryder, and Red Fish. He later joined the NYC Sanitation Dept., passed several promotional exams and became a Confidential Investigator. He loved his friends and his family, especially his grandchildren, Salvatore 24, Nicholas 21, and Alison 19. He was a story teller of the old days. Joe finally got a chance to move to Vermont last year and resided at the assisted-living home, "The Sterling House of Richmond," where he met yet another group of friends that enjoyed his humor, terrible singing and stories. He loved all the staff there and considered them family. He especially loved his daughter-in-law, Janine, as she showed him love that made him feel at home every time he came to visit. He had a way with people that brought a smile to their faces and cheered them up. He cherished his sister, Rosie, and talked about her all the time. He is also survived by many nieces, nephews and cousins. Wake was held at the McLaughlin Funeral Home Bay Ridge, Brooklyn, N.Y. Tuesday, April 20, 2010. Rest in peace Joseph (Dad), a lot of people will miss you.



### LIBRARY NOTES

Interested in learning a foreign language? Do you know someone who is struggling to learn English? Take a bite out of Mango, a new online language learning program available for free with your library card. Link via the library webpage and use your library barcode as the password. Some of the languages offered: Japanese, Spanish, French, Italian, Russian and others. For ESL, there is English for Russian, French, Polish, Vietnamese and other language speakers.

Want to have some "happy feet?" Join us May 10, 17 and 24, 7 - 8:30 PM for swing dance classes taught by Taryn Noelle of One Studio Dance and Yoga in Waterbury. East Coast Swing and some Lindy Hop styles. Come join us as we learn the fun and exciting groove of Swing and Jive. (FYI - Taryn was the choreographer for the recent Lyric Theater production of La Cage aux Folles.) Fees are \$45 per person. If you don't have a partner, we will try to match you up with another single if we can. We intend on following the swing sessions with other dance styles this summer. Details will be released later regarding those sessions. If interested, please download a form from our webpage and send it with your check made out to the Richmond Free Library. No experience necessary.

On May 18, Philip Baruth will visit the library to read from his latest novel, *The Brothers Boswell*, a tale of intrigue featuring Samuel Johnson, his biographer, James Boswell and his brother John Boswell. From the Washington Post:

Make no mistake; this is a thriller, however literary. When John finally has his brother and Johnson in his grasp...the reader, even if he strongly suspects that both men lived well past 1763, is caught up in the passion and terror of the moment. One of the novel's several wonders is that the mad brother is just as compelling a character as his soon-to-be-immortal sibling. If you're interested in Boswell and Johnson, or in 18th-century England, or in brilliant storytelling, *The Brothers Boswell* is not to be missed.

Join us May 22 at 7:00 PM for Open Mike, available to anyone to come and share their talents, whether it's playing rock music, poetry reading, singing or playing on our grand piano. Hang out with your neighbors - it's a lot of fun. Munchies will be provided.

The Annual Town Wide Garage Sale will be held on Saturday May 29, from 9:00 AM - 3:00 PM (rain or shine). The fee is \$25 per space. Go to [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org) to download and email back a completed application. Or, stop by the library to complete an application.

Here is a list of reminders for our patrons: If your library card has the code "R391" on the top, it means you can borrow from all other libraries in Chittenden County (with the exception of Fletcher Free Library in Burlington). If you borrow from another library, though, you need to return it to that library.

Have you tried our two audio book download services? Pick a book you want to listen to and transfer it to CDs, MP3 players or an iPod. Between the two services, there are over 3,000 titles and nearly 1500 are iPod compatible.

Looking for some specific and reliable information? The Vermont Online Library has full text access to thousands of magazine and journal articles, encyclopedia articles, dictionaries and newspapers.

We also have a regular monthly meeting for those adults who like to play board games like Scrabble, Trivial Pursuit, Mancala, Cribbage or anything else you can think of. The next date for play is Sunday April 18, 3:00 - 6:00 PM, downstairs near the magazines.

And, one final reminder, please no more donations unless it is current bestsellers, DVDs, or CDs.

New arrivals: *Known to Evil* by Walter Mosely, *Murder City* by Charles Bowden, *Look at the Birdie* by Kurt Vonnegut, *Murder in the Palais Royal* by Cara Black, *The Silent Sea* by Clive Cussler, *Solar* by Ian McEwan, *Open* by Andre Agassi, *The Renewable Energy Handbook*, *Pops* (a biography of Louis Armstrong) by Terry Teachout and many others.

Last of all - more details on the items above, links to services, events and complete descriptions of our new acquisitions are available on the library website: [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org).

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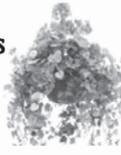


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ART/MUSIC/THEATER

ART

**First Friday Art Walk**, Friday, May 7, 5:00 to 8:00 PM, Citywide, Burlington, Vermont. Downtown, South End, all over town, May's First Friday Art Walk offers art and art happenings at venues staying open late to welcome walkers. Take a guided tour or make your own. Pick up your copy of Art Map Burlington, First Friday Art Walk's official publication, throughout the city or check out the online issue at [www.artmapburlington.com](http://www.artmapburlington.com). First Friday Art Walk and Art Map Burlington are sponsored by Burlington City Arts, Kasini House, Opportunities Credit Union, Robert Hull Fleming Museum. Questions? Call (802) 264-4839 or send email to [info@artmapburlington.com](mailto:info@artmapburlington.com).

**Bryan Memorial Gallery** presents the New England Plein Air Painters in an exhibition of artwork, painted in Vermont, with the focus on sites in Lamoille County from May 2 through June 27. 16 artist members of the New England Plein Air Painters have visited Jeffersonville, VT to paint in the great tradition of visual artists who have traveled to this specific area for over 100 years.

Thanks to the generosity of a Bryan Memorial Gallery supporter, accommodations have been provided to the artists in exchange for their participation in this exhibition. Over 80 paintings have been painted en plein air – in natural light – on location in Jeffersonville, Bakersfield, Eden, Waterville and Stowe.

The participating artists are: T.A. Charron, Robert Duffy, William P. Duffy, Michael Graves, William Hanson, Stapleton Kearns, Barbara Lussier, Christopher Magadini, Margaret McWethy, Dianne Panarelli Miller, T.M. Nicholas, Tom Nicholas, N.A., Stefan Alexis Pastuhov, Caleb Stone, Don Stone, N.A., and Eric Tobin.

An Artists Roundtable, featuring some of the NE Plein Air Painters will take place on Sunday, May 2 at 2:00 PM, followed by a reception from 3:00 to 5:00 PM. The public is invited at no charge to both events.

Inaugural Exhibition in the Gallery's Middle Room, May 2 – June 27, **Bryan Memorial Gallery** presents the landscapes and still lifes of painter Fiona Cooper Fenwick of Hinesburg, VT, as the inaugural exhibition in its newly revised Middle Room. Fenwick Cooper works in the Impressionist tradition, primarily in oils and pastels and has been a long time member of both Bryan Memorial Gallery and the Northern Vermont Artist Association.

Bryan Memorial Gallery is located at 180 Main Street, Jeffersonville, VT 05464. For further information, call 802-644-5100 or visit the gallery on the web at [www.bryangallery.org](http://www.bryangallery.org). Gallery hours are Thursday – Sunday, 11:00 AM to 4:00 PM.

**CESU/Teachers** continued from page 1

salary to 5 percent. "We are already taking a reduction in salary and we are supporting that," Harris said.

The Green Mountain Chapter of the National Education Association and the Board has been negotiating twice a month since February but have so far been unable to agree on a two-year contract. The present contract, an extension of the one from the previous year, expires June 30.

Teachers in the supervisory union went on a brief strike four years ago over salary and health insurance differences with the Board. Last September about 200 of the CESU's 300 teachers discussed a strike, but voted against it. The union negotiators had refused to bargain unless the Board agreed to discuss the 2008-2009 contract. The Board balked and declared "finality," a legal term giving it the right to impose its own contract which has been in effect this school year.

PEOPLE NOTES - HUNTINGTON

**Delaney honored for community-based teaching**

Saint Michael's College associate professor of anthropology Patricia Delaney of Huntington, VT has received the competitive Excellence in Community-Based Teaching award by the Vermont Campus Compact at a recognition ceremony that concluded its conference on higher education and the greater good. The award is given to faculty members from a VCC member campus who have made public service an integral part of their teaching, to the benefit of students and community. Delaney's community partnerships with Champlain Elementary School and the King Street Youth center have engaged 125 St. Mike's students in about 3000 hours of direct service through her Introduction to Cultural Anthropology course. This represents only a small portion of her partnering work, which has included student involvement with the Visiting Nurse Association, the Association of Africans Living in Vermont, the Boys and Girls Club, and other organizations.



*Junior's Farm by Bob Duffy on exhibit at Bryan Memorial Gallery, Jeffersonville.* PHOTO CONTRIBUTED

**16th annual Jericho - Underhill Open Studio Tour**, 10 Local Artists will open their studios to visitors for sales and demonstrations: Sally Duval, Tim Eaton, Bruce Gilbert-Smith, Stu Hall, Sandy Jefferis, Irene Lederer LaCroix, Grace Nelson, Kristin Richland, Marcia Rosberg, Dianne Shullenberger, Saturday May 29 and Sunday May 30, 2008 from 10:00 AM to 5:00 PM. Tour Map, Directions and 10 Artist Displays available at Tour Headquarters

Several members of the **Essex Art League** will be exhibiting works through April. At Fletcher Allen Health Care Center at 353 Blair Park, Williston Mary Pacifici, Susan Noel, Bill and Rosalie Allard, and Hattie Saville will display original paintings. Works by Nini Crane and Deb Runge will be on exhibit at the Essex Town Offices, 81 Main St. Essex Jct. For further information call 862-3014 or visit [www.essexartleague.com](http://www.essexartleague.com).

MUSIC/DANCE

Friday, May 7

**English Country Dance** with guest teacher David Millstone and the Turning Stile (Joanne Garton and Aaron Marcus) from 7:30 to 10:30 PM at the Elley Long Music Center in Colchester. Early session for dancers with some experience from 7pm to 7:30 PM. Contact [valandtom@myfairpoint.net](mailto:valandtom@myfairpoint.net) or 802-899-2378 or [www.burlingtoncountrydancers.org](http://www.burlingtoncountrydancers.org).

**Will Patton Ensemble** with Dono Schabner, David Gusakov and Anna Patton at 8:00 PM at Church Street Concert Series at the Gertrude Scott Hall in the Lennoxville United Church in Lennoxville (Quebec). Part of first Friday series from October through May. Contact [blackcat@netrevolution.com](mailto:blackcat@netrevolution.com)

**Bloggng** continued from page 1

official work for the town, she has been involved with the Jericho Youth League and Jericho Elementary School Partners in Education. Her hope is that her blog will foster greater participation in town government by a wider variety of residents. "These are not the official minutes," she said. "I go home after the meeting and jot down what is important to me. I'm not trying to be completely objective." Mercer hopes that residents will try to capture the whole picture by also reading the meeting minutes, although she notes that those may not cover issues with much depth. "I try to give the meat of the matter," she said. "In a sense it's a subjective perspective because I'm writing it as myself. It's who I am." Mercer's blog can be found at <http://kimmercer-jerichosb.blogspot.com/>.

**Vermont Army National Guard live fire training dates**

The following dates have been compiled in order to provide advance notice of live fire training events at Camp Ethan Allen Training Site. Dates and weapons systems used may change and Camp Ethan Allen Training Site will attempt to update as these changes occur. Announcement of these known events are request to be posted on the Town Website. The dates are as follows:

- May 8-9 Small Arms (Weekend)
- May 10-14 Small Arms
- May 15-16 Small Arms (Weekend)
- May 17-21 Small Arms
- May 22-23 Small Arms (Weekend)
- May 24-28 Small Arms
- May 29-30 Small Arms (Weekend)

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**African Children's Choir** at 8:00 PM at the Flynn Center for the Performing Arts in Burlington. Contact 86-FLYNN or [www.flynncenter.org](http://www.flynncenter.org).

Saturday, May 8

**Contra Dance** with Rachel Nevitt (caller) and Symphony Reel (Laura Markowitz, Ana Ruesink, Adam Bates and John Dunlop) from 7:00 to 10:00 PM at the Jericho Community Center in Jericho Center. Contact 802-879-4606.

**Mark Struhsacker** at 7:30 PM at the Bee's Knees in Morrisville. Contact [www.thebeesknees-vt.com](http://www.thebeesknees-vt.com).

Wednesday, May 12

**Larry Baione with Ann Patton** at 8:30 PM at the Good Times Café in Hinesburg. Contact 802-482-4444.

Friday, May 14

**Young Tradition Weekend Family Dance** 6:45 PM at Edmunds School in Burlington. Bring clean, soft-soled shoes. Contact 802-371-9492, 802-343-7165, [www.queencitycontras.org/home.html](http://www.queencitycontras.org/home.html), [www.youngtraditionvermont.org](http://www.youngtraditionvermont.org) or [mrksustc@together.net](mailto:mrksustc@together.net)

**Young Tradition Weekend Contra Dance** with the Mad Robin Caller's Collective and Les Poules a Colin and others at 8:00 PM at Edmunds School in Burlington. Beginner's workshop at 7:45 PM. Bring clean, soft-soled shoes. Contact 802-371-9492, 802-343-7165, [www.queencitycontras.org/home.html](http://www.queencitycontras.org/home.html), [www.youngtraditionvermont.org](http://www.youngtraditionvermont.org) or [mrksustc@together.net](mailto:mrksustc@together.net)

Saturday, May 15

**Young Tradition Weekend Showcase Contest** from 10:00 AM to 3:00 PM at Waterfront Park in Burlington. Part of Kids Day. Contact [www.youngtraditionvermont.org](http://www.youngtraditionvermont.org) or [mrksustc@together.net](mailto:mrksustc@together.net)

**Young Tradition Weekend Awards Reception** featuring Les Poules a Colin, Rehana Pathiawala and others after 3:00 to about 5:00 PM at Union Station in Burlington. Contact [www.youngtraditionvermont.org](http://www.youngtraditionvermont.org) or [mrksustc@together.net](mailto:mrksustc@together.net)

Thursday, May 20

**Hospital Albert Schweitzer (Haiti) Benefit** featuring Johnny A and His Band at 8:30 PM at Champlain Valley Union High School Theatre in Hinesburg presented by Good Times Café. Contact 802-482-4444.

*Sakes Alive...*

*Look who is turning 85*

*May, 10, 2010*

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HEALTH NEWS

Northwestern Medical Center

Tuesday, May 11

**Lyme Disease: Prevention is the Best Medicine**, Northwestern Medical Center, Conference Room 1. 6:00 to 7:30 PM. Spring brings ticks which can carry Lyme disease. Join us for a slide show, specimens, and discussion of tick life cycle, personal protection, disease surveillance and a clinical picture of Lyme disease. Speakers John Turmel, State Entomologist, Erica Berl, DVM, MPH, Health Surveillance Epidemiologist and Ellen Read, Vermont Lyme Network member. Suggested donation of \$5.00. Pre-registration required: Call 524-1234.

Thursday, May 13

**Let Off Some Steam** - First Congregational Church of St. Albans, 5:30 to 7:00 PM. Steaming is a quick and easy method of food preparation that preserves flavor and nutrients. Come and get some pointers on steaming vegetables and other foods. Participants will be entered in a drawing to win an Eating Well cookbook and veggie steamer. Presented by Andrea St. Onge, Nutritionist, Vermont Department of Health. Suggested donation of \$5.00. Call 524-1234 to register - Limited to 15

**Thursdays, May 13, 20, 27 and June 3, 10 Diabetes and You**, Richford Health Center, 4:00 to 6:00 PM. This self-management educational program is a five part, ten hour group education program, plus telephone follow-up sessions for people with diabetes and their families. The program is accredited by the American Diabetes Association. Facilitator: Deb Robertson, RN, BSN, CDE, Northwestern Medical Center. Call for pricing information. Pre-registration Required: Call 524-1031 to register or email drobertson@nmcinc.org. Program Size: Limited to 15.

Saturday, May 15

**Nature Walk at Hardack**, Hike starts from the Hardack' parking lot, 10:00 AM to noon. Are you a nature lover who would like to get a little exercise? Hike around Hardack' trails, check out the ecology and get a review of the major tree and plant species that are present on Aldis Hill. Activity leader: Nancy Patch, Franklin County Forester. Location: Program charge: Suggested donation of \$5.00. Pre-registration required: Call 524-1234 or email cfhw@nmcinc.org.

**Saturday, May 22 Hike Up Hardack**, Hike starts from the Hardack' parking lot, 10:30 AM to noon. Looking for a place to hike that's easy to access, has beautiful scenery and lots of history? Join us for this hike in St. Albans to find out where the trails are on Hardack' (Aldis Hill). Activity leader: Tim Smith, hiking enthusiast. Location: Program charge: Suggested donation of \$5.00. Pre-registration required: Call 524-1234 or email cfhw@nmcinc.org.

Wednesday, May 19

**Cholesterol Class**, Northwestern Medical Center, Conference Room 3, 8:00 to 9:00 AM.

This monthly group discusses foods and eating habits that may help to manage your cholesterol levels. It will include practical suggestions for overcoming the barriers to eating in a heart healthy way. Topics will include saturated and unsaturated fats, fiber, portion sizes and other American Heart Association guidelines. Location: Speaker: Kay Tran, Registered Dietitian, MS, CDE, Northwestern Medical Center. Program charge: Suggested donation of \$5.00 at the door. Pre-registration required: Call 524-1234 or email cfhw@nmcinc.org.

Area residents receive Red Cross gallon pins

Following are the names of donors who have received their gallon pins from American Red Cross Blood Services, New England Region recently.

# gal	Title	First Name	Last Name	City
38	Mr.	John	Irving	Jericho
67	Ms	Rebekah	Thomas	Jericho
7	Mr.	Fred	Lavenberg	Jericho
6	Mrs.	Jeanne	Keefe	Jericho
1	Mrs.	Linda	Collins	Jeffersonville

4-H NEWS

CES 4H Wildcat Club to host International Food Festival to benefit Chile

Come enjoy a variety of different style dishes from all over the world. This event is happening Sunday, May 16 from 4:00-7:00 PM. Admission is by donation. The event will be held at the Cambridge Elementary School Gazebo or in the cafeteria if it's rainy. All proceeds will benefit families in Chile. This event will be picnic style so remember to bring blankets.

Along with foods from around the world, we will also be offering entertainment from Annie the Singer and DJ and a bunch of other locals with special talents. Some of those talents include; Tae Kwon Do, French Canadian Clogging, Irish Step Dancing, and much, much more. Thank you and we hope to see you there.

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Wed. 9-7  
Thurs. 9-5  
Fri. 9-6  
Sat. 9-2  
644-8484  
51 So. Main St. Cambridge Village

COMING EVENTS

Wednesday, May 19

The Chittenden County Historical Society program for May will be at Champlain Valley Union High School in Hinesburg. The program will be about the 1795 first black settlers in Hinesburg who bought land on Lincoln Hill. Others followed soon after, including Revolutionary War veteran Prince Peters. By the Civil War there were eight families living there, and four men marched off to join the Massachusetts 54th Regiment. Find out about their day to day farm and community life, including challenges they faced as newcomers as well as the pressures created by the scientific racism of the nineteenth century. Dr. Elise Guyette has spent more than a decade researching the history of this hill and has published their story in *Discovering Black Vermont: African American Farmers in Hinesburgh, 1790-1890*. This is an illustrated talk about her findings, to be followed by questions and discussions. There will be an opportunity to purchase the book. Co-sponsored by the Chittenden County Historical Society. Suggested donation \$10. No charge for society members. Please sign up by phone or email at [access@cvuhs.org](mailto:access@cvuhs.org) or call CVU at 802-482-7194.

Saturday, May 22

20th annual Medieval Country Fair, Good Shepherd Lutheran Church, 10:00 AM - 4:00 PM, Route 15, Jericho. Admission and parking are free. Come rain or shine for indoor and outdoor family activities including children's games and face painting, wandering minstrels and entertaining skits, May Pole dancers, music, art, and plenty of food. Come in costume or rent one for the day. For information call 802-899-3932.

Saturday, May 29

The annual "Let's Go Fishing Clinic" sponsored by St. Thomas Parish, St. Thomas Knights of Columbus Council #7810, the Vermont Fish and Wildlife Department and the Mills Riverside Park, starting at 10:00 AM at the Mills Riverside Park, off Route 15 in Jericho. It is free and open to the public. Fishing gear will be supplied. There is limited space and registration required. Children must be accompanied by an adult. To register, email the adult's and children's names and phone number to [mgraas@yahoo.com](mailto:mgraas@yahoo.com) or phone Mark at 802-310-8145. A barbecue with food available will be held during the clinic.

Saturday, May 8  
**Community Food Drive**, drop food at Post Office lobby or hang on mailbox, United Way of Lamoille County and U.S. Postal Service.

**Spring Fling Silent Auction**, St. James Episcopal Church, Essex Junction, 7:00 until 11:00 PM. This Cinco De Mayo themed event will feature a cash bar, hot and cold Hors d'oeuvres and desserts provided by the Busy Chef, and entertainment provided by Top Hat Entertainment. Tickets are \$15, and can be purchased by calling the church at 878-4014. A list of auction items is available by visiting [www.stjamesvt.org](http://www.stjamesvt.org). St. James is located off of Route 2, at the Gate F fairgrounds entrance.

Sunday, May 9

Mother's Day Breakfast on Sunday, sponsored by St. Thomas Knights of Columbus Council #7810, 8:00 AM to 11:30 AM in the parish hall. The buffet style breakfast will include juice, fruit, eggs, pancakes, sausage, bacon, home fries and coffee or tea. The cost is by donation. Proceeds from the breakfast will benefit Riley McLaughlin and her family. Riley is a little girl in the parish with a very rare illness.

Monday, May 10

**Colchester Historical Society** presents Laura Killiam, topic *Rain Gardens*, 7:00 PM, 188 Main St. Colchester, Colchester Historical Parsonage, on the green. Free and open to the public. For information contact Suzanne Furst at (802) 658-3706 or [Suzannefurst@comcast.net](mailto:Suzannefurst@comcast.net), <http://town.colchester.vt.us/historical>.

Wednesday, May 12

**International Awareness Day**, Chronic Fatigue Syndrome, Fibromyalgia, Multiple Chemical Sensitivities, Gulf War Syndrome, Lyme Disease, Burlington Police Station Community Room, One North Avenue, next to Beansie's Bus, Burlington, 1:00 - 3:00 PM. Hear from speakers, Politicians and Doctors, the latest news and events, Nationally and in Vermont about these Neuroendocrine Immune Disorders, The Vermont CFIDS Association, Inc. [www.vtcfids.org](http://www.vtcfids.org), 1-800-296-1445.

Thursday, May 13

**Vermont Consultants Network meeting**, 8:00 AM, Network Performance Inc in So. Burlington, continental breakfast provided, members \$10; non-members \$15; first-time guests free.

ONGOING EVENTS

ADULT ACTIVITIES

**Serious writers**: meet other writers and exchange critiques of your work. Friendly bunch. Village Cup, Jericho, Thursdays at 9:15 AM. Call Ted Tedford 899-4447 for information.

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

**Chittenden County Stamp Club**, First Wednesday of the month 6:15-8:30 PM. GE Healthcare, 1 IDX Circle, South Burlington, VT. Everyone is welcome to come learn about stamp collecting, postage history, cachets, postcards and postage stamps or a variety of other knowledge. Lainey Rappaport (802) 660-4817.

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106, for information.

The **Vermont French-Canadian Genealogical Society library** is now open every Tuesday from 3:00 to 9:30 PM (except for holidays). Our regular Saturday hours (every Saturday, except holidays, 10:00 AM to 4:00 PM) have resumed.

We offer Vermont and Canadian Catholic Parish records, Vermont Vital Records on Microfilm, Census records and other resources to assist with family history research. We also have Internet access for our members. Volunteers are available to assist individuals. Learn more about your ancestors, French and English. The library is located at the Dupont Building, Hegeman Ave. across from the VT State Police building in Fort Ethan Allen, Colchester. For more information or appointment call 862-8082, 878-8081, or go online at [www.vt-fcgs.org](http://www.vt-fcgs.org) or send an email to

[mail@vt-fcgs.org](mailto:mail@vt-fcgs.org).

**The Eagles Auxiliary #3210** holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

HEALTH EVENTS & GROUPS

**Alzheimer's Support Group** - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

**Overeaters Anonymous** meets 6:00 - 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho.

**TOPS Chapter 145** Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:15-6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Franklin County Prostate Cancer Support Group**, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For information, Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

**Alcoholics Anonymous Meeting**, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM and Satur-

Ongoing Events continued on page 7

FITNESS TRAINING

Women's Outdoor Boot Camp starting at MMU high school in Jericho!

Come and experience a fun, creative and challenging way to get fit with Fit to Excel strength and conditioning camps. All ages and fitness levels are welcome!

Classes are Mon, Wed, Friday 8:45am-10am at the track at MMU. (Child friendly atmosphere!) As Low as \$8.00 per class.

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All classes are sponsored by Injury to Excellence, LLC  
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To sign up email [John@InjurytoExcellence.com](mailto:John@InjurytoExcellence.com) or call I2E at 922-5924  
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**Katie Amadon of Underhill receives outstanding new professional award**



At the 21<sup>st</sup> annual KidSafe Collaborative Outstanding Service Awards, held April 13, Underhill resident Katie Amadon was recognized with the Outstanding New Professional Award. Ms. Amadon is Children's Treatment Coordinator at the Lund Family Center in Burlington.

She holds a Bachelor's Degree in Early Childhood Education from UVM and a Master's Degree in Social Work from Wheelock College. Ms. Amadon's award nomination described her as "a strong advocate for children and a trusted ambassador of the Lund Family Center". Among her many current roles, Katie represents Lund at the Children's Integrated Services work group and the Children Exposed to Domestic Violence Task Force.

Her award, which is presented to a human services provider who has been working in the field for less than five years, cited her "promising leadership and initiative" in her work with children and their mothers at Lund Family Center, and her "unwavering commit-

ment to ensuring the safety and well-being of children".

Ms. Amadon's background includes teaching street children in Northern Tanzania.

She has also been a certified Child Life Specialist at Vermont Children's Hospital at Fletcher Allen Health Care.

KidSafe's Annual Awards event brings together approximately 240 guests, including service providers, business and community leaders. This year's event took place at the DoubleTree Hotel in South Burlington. A silent auction was followed by lunch, a live auction, and the awards presentations.

KidSafe Collaborative is a Chittenden County non-profit that works with dozens of partner agencies, individuals and organizations to improve our community's response to child abuse and neglect. The Awards event coincides with national Prevent Child Abuse month each April.

**CAMPUS HONORS**

**Lauren M. Bowie** of Jericho, VT has been selected for inclusion on the dean's list at St. Lawrence University in Canton, NY. She is a graduate of Mount Mansfield Union High School in Jericho.

**Levi J. Keszey** of Underhill, VT has been selected for inclusion on the dean's list at St. Lawrence University in Canton, NY. She is a graduate of Mount Mansfield Union High School in Jericho, VT.

**Abigail M. Lidster** of Cambridge, VT has been selected for inclusion on the dean's list at St. Lawrence University in Canton, NY. She is a graduate of Bellows Free Academy in Fairfax, VT.

**ENGAGEMENTS**

**MONGELL-BORDER**

Robert and Cheryl Mongell of North Andover, MA announce the engagement of their daughter, Amanda Mongell, to Matthew Border, son of Wayne and Diane Border of Jericho, VT. An August 20, 2011 wedding is planned.

**Ongoing Events continued from page 6**

days, 6:30 - 7:30 PM at the United Church of Underhill, Underhill Flats.

**Plates Class Schedule**, Wednesday evenings at 6:30 PM at MMU. Monday evenings at 6:00 PM and Saturday mornings at 9:00 AM at Dakini Studio. Call Lisa Timbers at 899-4191 for more information or visit her website at <http://timbers.wordpress.com>

**KIDS**

**Underhill Playgroup**, kids ages 0-5 with their caregivers are always welcome to join us Fridays from 9:30 - 11:00 AM at Underhill Central School for playtime, crafts, stories, songs and fun! For additional information or questions, please contact Heather Lebeis at 899-4415 or [Underhillplaygroup@yahoo.com](mailto:Underhillplaygroup@yahoo.com)

**Jericho Playgroup**, Monday mornings 9:30 - 11:00 AM at the Jericho Community Center. Follows the school calendar. For children from birth to age 5, with a caregiver. Please contact Mariah with any questions at 899-1750.

**Richmond Playgroup**, kids ages birth to age 5 with their caregivers - join us Wednesdays from 8:45 - 10:15 AM at Richmond Free Library for playtime, crafts, stories, songs and fun! Always free of charge! Follows the school calendar. For additional information or questions, please contact Amy Ide at 434-5423 or [playgrouprichmond@yahoo.com](mailto:playgrouprichmond@yahoo.com).

**Bolton Playgroup**, come to Smilie Memorial School each Wednesday morning from 8:15 - 10:15 AM for crafts, songs, play and fun. All kids birth to age 5 welcome along with their caregivers. Feel free to bring along a riding toy to use in the gym. Always free of charge! Follows the school calendar. For additional information or questions, please contact Amy Poor at 434-6747.

**Bolton Family Play Night**, in the Smilie School gym, usually the first and third Fridays, 6:00 - 7:30 PM. Free. Mostly unstructured play with the school's equipment. Contact Tim Grover, 434-4180.

**Kids' Yoga**, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

**SENIORS**

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

**Westford Senior lunches** - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

**SPORTS ACTIVITIES**

**Adult coed volleyball** in Westford, 8:00 - 10:00 PM, Mondays, Westford Elementary School gym. Fun, casual volleyball. \$2 at the door. Call coordinators Jon and Tammy Brown, 872-8333, for information.

**Bolton Men's Basketball**, Tuesdays, 7:00 - 9:00 PM, Smilie School Gym. For adults and young adults age 16 and up. Contact Bill Newton, 434-3348.

**Plates** - Wednesday evenings at 6:30 PM at MMU. Monday evenings at 6:00 PM and Saturday mornings at 9:00 AM at Dakini Studio. Call Lisa Timbers at 899-4191 for more information or visit her website at <http://timbers.wordpress.com>

**SUPPORT GROUPS**

**Alzheimer's support group**, third Wednesday, 9:30 - 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Approach Autism With Advocacy, Recovery & Education (AAWARE)** in the Lamoille Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Veterans Job Networking**, Wednesdays, 9:30 - 11:00 AM, VFW Post, Essex Jct.; 1:00 - 2:30 PM, American Legion Post, St. Albans.

**Eating Disorders Parental Support Group**, third Wednesday, 7:00 - 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus

on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**TOWN GOVERNMENT AND ORGANIZATIONS**

**Free Home Energy Visits/Free Light Bulbs**—The Underhill Energy Committee and the Jericho Energy Task Force are conducting free home energy visits in March and April. For more info, see: <http://vcem.pbworks.com> or call 825-8871 (eves).

**Cambridge Area Rotary** meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

**Tim Nulty, Jericho Select Board member**, at the Village Cup, first and third Wednesdays, 8:00 - 9:00 AM, and at the Flour Shop, second and fourth Wednesdays, 8:00 - 9:00 AM.

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. Volunteer for firefighting, dispatching, radio communications, computer operations, grant writing, equipment maintenance, fire police, education, and much more. For information, email John Quinn, [jquinninvr@aol.com](mailto:jquinninvr@aol.com).

**Jericho-Underhill Water District** meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

**Jericho Historical Society**, second Thursday, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

**Village of Jericho, Inc.** - Please be advised that the Board of Water Commissions of the Village of Jericho, Inc. will hold their monthly meeting on Tuesday, May 18, 2010 at 7:00 PM at the Old Red Mill on 4B Red Mill Drive, Jericho.

**Jericho Energy Task Force** meets the third Wednesday of every month from 7:00 to 8:30 PM at Jericho Town Hall. Our next meeting is April 21st and it is open to the public.

**THRIFT SHOPS AND FOOD SHELVES**

The **Heavenly Cents Thrift Shop**, located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 a.m. to 3:00 p.m. on Tues. and Wed., 4:00 p.m. to 8:00 p.m. on Thurs. Please check us out.

**Westford Food Shelf**, open on the third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

**WELCOME HOME**

**BOLTON**

**(MacDonald)** Melissa (Foster) and Alex MacDonald had a son, Logan James, on Saturday, March 27, 2010 at Fletcher Allen Health Care in Burlington, VT.

**(McKeown, Haggerty)** Bronwyn McKeown and Christopher Haggerty had a daughter, Virginia May Haggerty, on Sunday, April 4, 2010 at Fletcher Allen Health Care in Burlington, VT.

**JEFFERSONVILLE**

**(Stocks, Chittick)** Jennifer Stocks and John Chittick had a daughter, Opal Christine Chittick, on Thursday, April 22, 2010 at Copley Hospital in Morrisville, VT.

**JERICO**

**(Austin)** Deedra (Philbrick) and David Austin II had a son, Donovan Alexander, on Thursday, April 1, 2010 at Fletcher Allen Health Care in Burlington, VT.

**(Martin, Lascell)** Isabella W. Martin and Joshua A. Lascell gave birth to a son, Ezra Stace Lascell, on Monday, April 5, 2010 at Gifford Medical Center in Randolph, VT.

**(Muller)** Gretchen (Price) and Kurt Muller had a daughter, Nadia Catherine, on Thursday, April 15, 2010 at Fletcher Allen Health Care in Burlington, VT.

**(Patterson)** Elizabeth (Edelman) and Andrew Patterson's daughter, Stella Ann Niamh, was born Friday, April 16, 2010 at Fletcher Allen Health Care in Burlington, VT.

**(Stratton)** Jennifer (Colton) and Jesse Stratton had a son, Gavin Walker Stratton, on Thursday, March 25, 2010 at Gifford Medical Center in Randolph, VT.

**ST. ALBANS**

(Teehan) Chelsea (Laurie) and Patrick Teehan gave birth to a son, Kemper David Teehan, on Friday, April 16, 2010 at Fletcher Allen Health Care in Burlington, VT.

**UNDERHILL**

**(Wenzel, Lehouiller)** Darcie Elizabeth Wenzel and Travis Jacques Lehouiller had a son, Talon Hart Lehouiller, on Saturday, April 10, 2010 at Fletcher Allen Health Care in Burlington, VT.

**WESTFORD**

**(Berthe)** Jill (Hammond) and Jason Berthe's son, Jacob William Berthe, was born Saturday, April 10, 2010 at Fletcher Allen Health Care in Burlington, VT.

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The construction of the new sidewalks in on Rt. 15 in Jericho is in full swing. Please take your time and drive carefully.

PHOTO BY BRENDA BOUTIN

## OBITUARIES



**Michael Todd Cole**, 44, Jericho, VT, beloved father, son, brother and friend to many people, passed away April 27, 2010 in Jericho, VT. He was born October 17, 1965 in Newport, VT, the beloved son of Lynda (Buchanan) Cole and the late Everett Cole. Michael fought a valiant and courageous battle with cancer for over a year. He did not give in and just lie on the couch, but he got up and went out nearly every day he could. His miracle was that he had this inner strength to do things his way. He graduated from North Country Union High School in 1983 and went to work for his Dad at Cole and Webster, Inc, for many years. For a short time he had his own used car business, then he worked at DeLabruere Auto Sales and more recently was employed for the Courtesy car dealership. Mike was predeceased by his dad, Everett "Mike" Cole in 2007. He is survived by his sons, Joshua and Anthony, and their mother, Rhonda. He is also survived by his mother, Lynda Cole of Derby, VT; his brother, Tim Cole and his wife, Tina of Jericho; his sisters, Connie Montague and her husband, David of Charleston, Gayla Gosselin and her husband, Dan of Derby VT, and Tracey Poulin and her husband, Jeff of Derby, VT. He is also survived by very special nieces and nephews: Cole, Jennifer, Ashley, Lauren, Chad, Roger, Jake, Alyssa, Samantha, ZaKary and their families and partners, and by many, many friends. Funeral services will be held at 1:00 PM on Monday, May 3, 2010 at the Church of God, Crawford Road in Derby with the Rev. Laurence Wall officiating. Friends called at the Church on Monday, May 3, 2010 from 11:00 AM. until the hour of the funeral. Should friends desire to donate in

accordance with Mike's wishes that his son, Anthony, receive a college education (of which he had been planning to help Anthony reach his goal by establishing a college fund), donations in lieu of Anthony Cole are in care of Community National Bank, P.O. Box 259, Derby, VT 05829. On-line condolences may be sent to the family through the funeral home website at [www.curtisbritch-converse-rushford.com](http://www.curtisbritch-converse-rushford.com). Arrangements are entrusted to the care of Curtis-Britch-Converse Rushford Funeral Home, locally family owned and operated.

**Amelia B. Hill**, 81, Jericho, VT, died Friday, April 23, 2010, in Fletcher Allen Health Care Center, Burlington. She was born in Langdon, N.H. on August 11, 1928, the daughter of Leroy and Cherry (Greene) Wheeler. She leaves her children and their spouses, Beatrice and Lawrence Ducharme of Jericho, VT, Edith Martin of Burlington, VT, Leo and Peggy Hill of Richmond, VT, and Andrew Hill of Burlington, VT; her beloved grand, great-grand, and great-great-grand children; her brother and wife, Robert and Linda Kinney of Keene, N.H.; her sister-in-law, Daryl Wheeler; and several nieces, nephews, and cousins. She was predeceased by her daughter, Elizabeth Hill; two brothers, George Greene and Kenneth Wheeler; and her dear friend, Fred Valiquette. Memorial services were held on Tuesday at 7:00 PM in Elmwood-Meunier Funeral Chapel, 97 Elmwood Ave., Burlington, VT where friends gathered from 6:00 PM until the services. Those wishing may send memorial contributions to the Chittenden United Way, 95 St. Paul Street, Burlington, VT 05401. Mrs. Hill's family would like to extend a heartfelt "Thank You" to both the VNA and Birchwood Terrace's staffs for their outstanding, compassionate care.

## LETTER TO THE EDITOR

### Proposed VT law for prescription sample disclosure

To the Editor,

I am writing to express my opposition to the proposed Vermont law that would require the doctor's names and license numbers from being disclosed to the AG's office when accepting prescription samples.

I have a wide variety of chronic medical conditions though I enjoy a fairly healthy life with my family - with the right medications. There have been times in my life, unmarried and married,

where I was underinsured for prescription meds and received doctor ordered samples to try out the medications before I had to find the money for a 30 day supply. There have also been times when I was not able to get to a pharmacy right away and received samples to tide me over until I could get the full prescription.

I am very concerned about the older people that I see in our Lamoille County clinics. For economic reasons, or lack of immediate transportation to pick up the medicines, doctor directed samples can be the difference between starting a life saving medication right away or waiting until money or a friend with a car and time, make it possible to start treatment. I encourage all legislators to not stop this way for doctors to make the lives of their patients easier and ultimately, healthier.

Diana Page, Cambridge

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## Governor signs Human Trafficking bill

On Tuesday, April 27, 2010, Courtney Gabaree of Jeffersonville, VT, a senior at Johnson State College who played a key role in founding the Coalition of Vermonters Against Slavery Today (COVAST) and the passage of state legislation aimed at combating human trafficking, joined Gov. Jim Douglas at the Ceremonial Office of the State House as he signed the legislation into law.

Gabaree testified before the Vermont legislature in February to urge lawmakers to pass the bill, noting that Vermont is one of only five states in the U.S. and the only state in the Northeast without a law banning human trafficking — the modern-day slave trade — and the economic exploitation of individuals through violence and coercion.

During her time at JSC, Gabaree, 22, has founded an organization and coordinated numerous events aimed at raising awareness about human trafficking, children's rights, and domestic and sexual abuse. A longtime volunteer at the Clarina Howard Nichols Center in Morrisville, she also received the prestigious 2009 Madeleine M. Kunin award, a statewide honor bestowed on a student who demonstrates "outstanding public service and leadership."

S. 272, "an act related to human trafficking" that Gov. Douglas will sign at 1:30 p.m. today, will establish a task force and an advisory board for law enforcement to recommend ways to protect the rights of victims and prosecute those involved in human trafficking and the exploitation of people for profit.

Liz Tedrick-Moutz, COVAST founder and future member of the Vermont human trafficking task force, told [vermontdigger.org](http://vermontdigger.org) that "we still have a long way to go, but S. 272 is the first step in creating an effective, collaborative effort to combat a very inter-related and under-reported crime. Understanding how human trafficking uniquely exists within our state will help develop more effective ways to respond and teach others."

Human trafficking is a form of modern day slavery in which men, women and children are bought, sold and used against their will. Recent examples in Vermont include the forced servitude of illegal Chinese immigrants in Burlington-area restaurants and massage parlors. One of the most notorious examples in Vermont was a sex-trafficking ring between Burlington and the Bronx uncovered 10 years ago that resulted in the death of Christal Jones, 16, of Burlington. Nine girls from Burlington, some as young as 13, were lured from their foster homes and shelters with the promise of a better life in the big city; instead they were forced to perform sexual acts to pay back the traffickers.

## LEGISLATIVE REPORT

### By Senator Tim Ashe, Chittenden County

As a member of the Senate Institutions Committee, I want to share some highlights of the Capital Bill passed out of committee last week.

The bill appropriates \$72 million in bond dollars to make long-term investments in Vermont's physical infrastructure. This year, the Committee also prioritized labor-intensive uses of funds to put the most Vermonters to work.

The Vermont Telecommunications Authority will deploy \$5 million expand broadband and cell phone coverage to nearly 15,000 Vermonters, including Chittenden County residents, currently without service or with inadequate dial-up as the only option.

Building on last year's work, the Committee voted to deploy \$3M to further enhance the state park system. Most notably, many state park buildings will become solar-powered.

Believing that returning service people should return to decent facilities, the Committee appropriated \$850K to improve the armories for the men and women of the Vermont Guard.

These are just a few highlights from the Capital Bill. For more information, contact me at [timashe@burlingtontelecom.net](mailto:timashe@burlingtontelecom.net).

### Community food drive this weekend

On Saturday, May 8, the United Way of Lamoille County and the U.S. Postal Service will conduct the annual community food drive. If you have rural mail delivery, you may hang your food donation from your mailbox. Your postal carrier will pick up your donation during their regular Saturday morning delivery. A drop box will be placed in the lobby of your local post office for the convenience of those who pick up their mail.

Please help in this community-wide effort to restock our food shelves. For more information, contact Joy at the United Way office at 888-3252.

### Green Mountain Bike Club rides

These are the Green Mountain Bicycle Club rides for May, 2010. All of our rides are free and open to the public. Helmets are required. We strongly encourage carpooling to the rides which require significant car travel. E-mail the listserv to find carpooling companions. For rides more than an hour from Burlington, we suggest calling the leader in the event of bad weather.

Sunday, May 9 - Ride: Kingsland Bay - A nice spring ramble. The 35 mile (EM) ride rolls from Shelburne through Charlotte to Kingsland Bay Park and returns. The 46 mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg. Meeting time: 9:45. Meeting place: Shelburne Post Office. Leader: Amy Otten - 878-4070 / [amyotten@netscape.com](mailto:amyotten@netscape.com), Co-Leader: Ralph Kilmoyer - 878-4070

Sunday, May 16 - Ride: St. Albans Explorer - Light, rolling hills with beautiful views by the lake. The 35 mile (E/M) route goes to St. Albans Bay Park and returns, while the 50 mile (M/S) route continues on to Swanton and back. There is a short dirt section. Meeting Time: 9:45. Meeting Place: Georgia Park and Ride - For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89 or perhaps meeting at UVM or Dorset Park in South Burlington. Leader: Kerry Crosby - 578-3249 / [crosbykn@comcast.net](mailto:crosbykn@comcast.net). Co-Leader: Tom Kennedy - 399-2352 / [etomkennedy@gmail.com](mailto:etomkennedy@gmail.com).

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LEGISLATIVE REPORTS

Moving forward on Healthcare Reform in Vermont

By Rep. Martha Heath

On Friday, April 23 the House passed S.88, the healthcare reform bill. The Senate had passed the bill earlier in the session and the House Healthcare Committee added a number of provisions designed to improve cost containment within the healthcare system.

When the law that implemented Catamount Health was written, it contained a goal statement setting the target of having 95% of Vermonters covered by health insurance by 2010. Unfortunately the goal was not achieved. There has been improvement with 92% of Vermonters now covered but the legislature feels Vermont can do better. The Senate version of the bill sets up a process for designing three options for reform of the present system. One of the options is specified as a single payer option. The House bill adds a provision requiring one design to be a public option for the purchase of health insurance. These are not studies of what could or couldn't be saved using these options, but rather a request for specific designs of how a new or improved system could be implemented. The goal, of course, is to make certain all Vermonters have real access to healthcare coverage.

The House bill went further than the Senate bill by requiring the Blueprint for Health program to be expanded to cover the whole state. Presently this model is being piloted in three communities in Vermont. Early results are very promising. Doctors and patients report a high level of satisfaction and health outcomes are improving. Expanding this innovative program to the rest of the state shows real promise of cutting the cost of healthcare.

Briefly, the focus of the Blueprint for Health is on managing

Notes from Montpelier

By Rep. Bill Frank

As I write this article the legislature is working to finish the 2010 session by May 7 or 8. Many bills are being reported and discussed and conference committees meeting. After the session I will post a wrap-up of all the major legislation on my web site.

The committee on Natural Resources and Energy has worked on many important items this year besides the Vermont Yankee Nuclear Power Plant. One bill requires uncertified outdoor wood boilers (OWB) that have had valid complaints regarding smoke emissions be retired and replaced with cleaner burning ones. I think this is a win for owners of these old boilers, a win for the neighbors who breathe unhealthy air, a win for public health and a win for the environment. Uncertified OWBs are inefficient that burn twice as much wood as the newly certified Phase II OWBs to meet same heating requirement.

This is an important first step to reducing air pollution from outdoor wood boilers by requiring manufacturers to meet emission standards. These standards have forced the manufacturers to design more efficient and cleaner burning boilers. However, an estimated 4,000 uncertified OWBs were sold prior to emission standards and are still in use. Many of these uncertified OWBs are impacting the health of our neighbors. Governor Douglas recently announced that the Agency of Natural Resources will use \$360,000 from a settlement fund with the American Electric Power Company to replace 75 old residential units with cleaner-burning certified units. This bill will increase the funding to \$500,000, and include the option to replace an old unit with a more efficient and cleaner heating appliance than a certified OWB. It also requires all uncertified OWBs located within 200 feet of a residence, a school or a health facility to be retired by 2013.

Natural Resources and Energy also took up bill S.224 that passed the senate, which creates a stewardship program for unused paint. Currently Vermont's regional solid waste programs have collects some 155,000 gallons of unused paint annually at a cost of more than \$4.00 a gallon. The stewardship program will collect unused paint and find a reuse for it or dispose it at no more than 75 cents a gallon.

chronic illness. By using community health teams to monitor and educate patients with chronic illnesses, outcomes can be improved. These teams consist of the patient's doctor, nurses, dieticians, and social workers. By looking at these high cost illnesses in a holistic way, significant gains in disease management can be achieved and high cost emergency interventions can be avoided.

Finally, S.88 contains many provisions that will help Vermont comply with and take full advantage of the recently enacted federal health reform law. In fact, many of the principles of Vermont's Blueprint model have been written into the federal law and Vermont will be well positioned to compete for significant federal funding to help with the Blueprint's expanded implementation.

On other fronts, much remains to be accomplished in the waning days of the legislative session. On Friday, April 30, it appeared that the legislature and the governor had come to an agreement on a "fix" for the unemployment insurance fund problem. This would be good news indeed although any solution is likely to make both workers and employers unhappy. The budget and the miscellaneous tax bill are in conference. The so called "Challenges" bill is still in the Senate though. The timeline for the Senate's completion of that bill will likely determine whether adjournment can take place on Saturday, May 8.

I have been pleased to hear from my constituents on some of the issues facing the legislature. Please don't hesitate to contact me with your comments or questions by calling me at 893-1291 or by e-mailing me at [mpheath@aol.com](mailto:mpheath@aol.com).

This bill recognizes that there is currently no clear, environmentally responsible way for homeowners and contractors to dispose of their leftover paint. In addition, individuals and solid waste districts have been bearing the cost of paint disposal when it is done properly. S.224 has paint manufacturers set up the stewardship program under the supervision of the Agency of Natural Resources (ANR). With an emphasis on reuse and recycling the program requires paint producers to fund a collection system that is free and convenient to Vermonters in all parts of the state. The plan must include an educational component so that residents know how and where to dispose of leftover paint. The producers will most likely add a small assessment to the cost of each can of paint. The amount will be monitored by ANR to make sure that it is tailored to only cover the cost of the program.

In my last article I wrote about "rainy day" and reserve funds. I included a chart with the balances in the different Vermont funds. This topic has gotten a lot of press lately. Two examples are Governor Douglas speaking about these funds on Vermont Public TV "Call the Governor" show last week and James Dwinell's article in Vermont Business Magazine. Mr. Dwinell gives more details about these funds including comments from Vermont's State Treasurer Jeb Spaulding. A copy of my article, a link to VTP Video on Demand and Mr. Dwinell's article are on my web site, [RepBillFrank.com](http://RepBillFrank.com).

As always I like to hear from you, either by email: [Bill@RepBillFrank.com](mailto:Bill@RepBillFrank.com), phone: 899-3136 or mail: 19 Poker Hill Rd, Underhill, 05489.

Buy local... support a neighbor!

Clutter Barn open for season

The Clutter Barn is open. So gather up your unused household items and drop them off at the Clutter Barn on Saturday morning between 8:30 AM and 12:00 noon.

The Clutter Barn is sponsored by the United Church of Underhill and is located adjacent to the Church on the green in the Village of Underhill Flats, Route 15. Staffed by volunteers from the Church, donated items are sorted, priced and arranged by category (more or less.), and on the last Saturday of each month during the summer, beginning in May, the Barn is opened for a Tag Sale when lucky shoppers may browse and purchase useful and interesting items at bargain prices. If there's an item you've been hunting for, you're sure to find it at the Clutter Barn.

Sadly, a long-time volunteer will be absent this year. Our chief pricer for the past eight years, Helen Gregg, passed away on March 3. Helen's dedication, energy and humor will be an inspiration to all who continue to volunteer their time to the Clutter Barn Mission. She will be greatly missed.

Your donations may be dropped off on Saturdays between 8:30 AM and 12:00 noon except for Tag Sale days. We accept clean, working household items, books, toys, games, puzzles and spring and summer clothing. Please, no fall and winter clothing until August; and no computers, TVs, exercise equipment, large appliances, large rugs, magazines, National Geographics, textbooks, encyclopedias, building or plumbing materials, tires, rims, roof carriers, child car seats, truck tops or truck racks. The Barn will be closed on Saturday, July 3. The first Tag Sale will be May 29. For further information, call Sharon Damkot (899-3572) or Betty Wilson (899-5878).

Vendors needed Cambridge Summer Farmers Market

Seeking vendors for the Cambridge Summer Farmers Market to be held at the Brown and Jenkins Cafe parking lot, located at the intersection of Routes 15 and 104 in Cambridge. The market will be held every Saturday from June 5th to mid-October from 10:00 AM to 2:00 PM, rain or shine. We are seeking vendors of Vermont grown or produced products to make our market attractive and diversified. For more information or to receive an application, please contact Kathy by phone at 644-6676 or by email at [kathyciarimboli@hotmail.com](mailto:kathyciarimboli@hotmail.com).

Help locate vernal pools

The Jericho Conservation Commission needs your help to locate vernal pools in our community. We are participating in a state-wide project to map vernal pools.

Vernal pools are small isolated wetlands that are usually hidden under a forest canopy. These seasonal wetlands fill with snowmelt and spring rains, but often dry up by late summer. The pools do not support fish but do provide critical habitat to wildlife species such as wood frogs and salamanders.

If you believe that there is a vernal pool on your property and you are willing to participate in the mapping project, please contact the Jericho Conservation Commission at [jerichoconservation@gmail.com](mailto:jerichoconservation@gmail.com). Trained volunteers will field-check the potential pool, collect biological and physical data, and map the location.

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LIBRARY NEWS

**DEBORAH RAWSON MEMORIAL LIBRARY, UNDERHILL**

The art for May will feature paintings by Lou Pfaelzer on the walls and photographs and cards by Lucy Wilcox.

The silent auction item is a children's bike donated by Earl's Cyclery and fitness. The bike is on display at the library and the item is open for bidding until May 20 at 8:00 PM.

The library is again this year an approved Master Gardener site so watch for gardening events. You don't have to be a master gardener to join the activities, they are open to everyone and it is a great chance to learn. One of the first new ongoing projects is the compost bin. The Deborah Rawson Library compost bin is open and ready for business, paper napkins, coffee grounds, fruit and vegetable waste in great demand. Drop your items in the marked 5 gallon pails behind the library next to the vegetable garden. The library's vegetable garden will again be planted and the harvest will go to local food shelves and people in the community in need. Recently Trish Kargman and Susan Adams worked with students from the ID school to start seedlings to be transplanted in the garden in May. If you would like to plant a row in your garden to donate as well please contact Holly at the library for more information.

The Friends of DRML will meet Thursday, May 6 at 7:00 PM everyone is welcome.

Anne Tisbert of the Valley Dream Farm will lead a workshop explaining how to put together a hanging basket then each person will make one to take home. The cost is \$30.00 per person for all the flowers and supplies. Space is limited, call the library to register. 899-4962. Hanging basket workshop the date is Friday, May 7 at 6:30 PM

The mystery book group is reading *Eden Falls* by local author Richard Mindell. The discussion will take place Tuesday, May 11 at 7:00 PM.

Game night for adults is Wednesday, May 12 at 6:30 PM. Join us for Scrabble or Mah Jong or any other game that is of interest to you.

On Thursday, May 13 at 6:30 PM Evergreen Erb will give a presentation on identifying birds. This program is co sponsored with the Jericho Underhill Land Trust.

On Sunday, May 16 at 7:00 AM meet at the Mills River Park parking lot to go on a bird walk with Evergreen Erb as our guide. Bring binoculars if you have them. This event is also co sponsored with the Jericho Underhill Land Trust.

Local author Richard Mindell will talk about the craft of writing and discuss his book *Eden Falls* Tuesday, May 18 at 7:00 PM.

The Board of Trustees will meet Thursday May 20 at 7:00 PM. This meeting is open to everyone.

Are you a science fiction and/or fantasy reader? If so a new group is forming to discuss books. Come to the first meeting on Saturday May 22 at 2:00 PM.

The library will be closed on Tuesday, May 25 so that staff can attend the Vermont Library Conference.

Dance and Move – Wednesday, May 12 at 11:00 AM.

Preschoolers and their caregivers can join in the fun with Elise Doner. If the weather is pleasant consider bringing a blanket and bagged lunch for a picnic on the lawn. If it rains lunch will be cancelled.

Funky Monkey Music – Thursday, May 13 at 11:00 AM.

Mia Adams returns with her own special style of songs and rhythmical activities for preschoolers. If the weather is pleasant consider bringing a blanket and bagged lunch for a picnic on the lawn. If it rains lunch will be cancelled.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

**JERICHO TOWN LIBRARY, JERICHO CENTER**

Monday, May 17, at 10:30-11:00 AM the library will provide an outreach story time at the Jericho Community Center for the Building Bright Futures play group. Parents and children ages birth – 5 years and siblings are welcome to join the fun. The theme is dinosaurs.

Saturday, May 22, Join in the fun and come to the library's

**Sunrise Physical Therapy offers specialized services**

Sunrise Physical Therapy is a fully equipped clinic, offering physical therapy services for the local community. Owner Pam Sills, grew up in North Troy, Vt. and appreciates the small town atmosphere of Jeffersonville. Pam received her Bachelor's degree in Physical Therapy from UVM and followed that with an Advanced Master's degree in Health Sciences. Having entered the profession of physical therapy over 20 years ago, after her mother suffered a stroke; Pam specializes in orthopedic and sport injuries, but has a special place in her heart for "seniors".

"Her Hands On technique feels so soothing after surgery", reports MB, recovering from a total knee replacement. Other patients



*Spring is here. Children from the Underhill I.D. School in Mrs. Walker's and Mrs. Block's third and fourth grade work under the instruction of Master Gardner Trish Kargman to prepare starter plants for the Vegetable Garden at the Deborah Rawson Memorial Library. Harvest will be donated to the local food shelf. Children are asking families to help increase the yield by planting an extra row in their garden at home.* PHOTO CONTRIBUTED

fourth annual spring plant fundraiser rain or shine. Look around your garden for any extra annual or veggie seedlings, perennials, that need thinning, herbs, berry vines, bushes, houseplants. Bring these donations to the Jericho Center Green, across from the Library Saturday at 8:30 AM. The sale begins promptly at 9:00 AM and ends at 10:00 AM. If you have some plants to donate, but don't want to dig them up, you can offer them up as "digging rights" for a specific plant(s). Next, look over all the donated plants to decide your 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, etc. picks are. In the 1<sup>st</sup> round, you pay \$5 for your first pick. In the 2<sup>nd</sup> round, you pay \$3 for your second pick. The 3<sup>rd</sup> and 4<sup>th</sup> round go for \$1, and the 5<sup>th</sup> and remaining rounds go for 50 cents. You may purchase plants even if you don't have plants to donate. All proceeds go to the Jericho Town Library for books and programs. Call Linda Campbell at 899-2798 with any questions.

Story time including craft and snack is held every Wednesday upstairs at 10:00 AM.

Come share the joy of books, songs, and finger plays. Special thanks goes to Elizabeth Bernstein for continuing to read and Jean Yungfleisch for her wonderful guitar music.

Upcoming themes: Wednesday, May 12, 10:00 AM – Sun; Wednesday, May 19, 10:00 AM – Bugs

If you are cleaning out please keep the library in mind for the following items *are needed for summer program*: small glass jars with lids, colored sand, any kind/size shells, small plastic/rubber fish related figurines, materials for dioramas including shoe boxes, fishing line, baby oil, fish/aquatic stickers, any yarn, white crayons, pens, pencils, colored pencils and markers for writing camp. Also, snacks for the week of writing camp.

Check out the Jericho Town Library Webpage and Online Card Catalog. Patrons are now able to view the collection consisting of about 7000 items - adult fiction, adult nonfiction, picture books, easy readers, juvenile and young adult and DVDs from a link on the website: <http://www.jerichotownlibrary.org> NOTE: Use Search Library Catalog pull down for title, author, subject, etc. Please contact the library @ 899-4686 or email [jerichotownlibrary@gmail.com](mailto:jerichotownlibrary@gmail.com) with any feedback or questions.

High School students needing to fulfill community service please volunteer at the library when your schedule permits. Your help is really appreciated. Call or stop by.

The Board of Trustees meets regularly the first Thursday of the month at 7:00 PM at the library. The public is welcome so join us at

comment on the warmth and friendliness of the clinic. Physical therapist, Kari Callahan, works alongside Pam and brings a strong background in sports and orthopedics, having a Bachelors degree in Athletic Training followed by her Masters' degree in Physical Therapy.

Kari is friendly and approachable and gently guides patients in their recovery, but knows when to push them to the next level. She is great with the high school students, but also treats the seniors and all her patients with sincere, caring hands!! "Kari makes me feel better every time I see her" reports Ben, a patient recovering from a car accident.

Danielle Lafaille and Angela Kent make up the support staff.

They both have bachelor's degrees in Wellness and Alternate Medicine from Johnson State College. They compliment Pam and Kari and help make the clinic run smooth. Danielle's motto is "Let us know if there is anything we can help you with." Angela is a "Great Listener" and very understanding of patient's needs during their recovery process.

Pam, Kari, Danielle, and Angela are committed to their own health in addition to their patients' health and participate in various sporting events such as Triathlons, Marathons, Hiking, and Yoga. "At Sunrise Physical Therapy we know life can throw you a curve ball, whether it is a sports injury, car accident, or a stroke." The staff at Sunrise is there to work for you and help you get back your freedom and mobility in a comfortable and caring environment. They have grown a lot since their inception in 2002 and plan on continued growth in the future to meet their patient's needs. Please stop by to meet the staff or call to schedule an appointment.

our upcoming meetings on and May 6 and June 3. The hours for the Jericho Town Library on the Green are Monday and Friday 1:00-5:00 PM, Wednesday 10:00 AM-12:00 PM and 2:00-6:00 PM, Saturday 10:00 AM-1:00 PM. For more information call 899-4686 or email us at [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com).

**WESTFORD TOWN LIBRARY**

Upcoming Events:

Thursday, May 6 – 11:00 AM: Storytime. Stories and activities for ages birth-preschool. Theme: Mothers and Grandmothers.

Wednesday, May 12 – 6:00-7:00 PM: Book Discussion: The Uncommon Reader, Alan Bennett. When her corgies stray into a mobile library parked near Buckingham Palace, the Queen feels duty-bound to borrow a book. Discovering the joy of reading widely and intelligently, she finds that her view of the world changes dramatically (Amazon).

Thursday, May 13 – 11:00 AM: Storytime. Stories and activities for age's birth-preschool. Theme: Birds.

Thursday, May 13 – 1:00-3:00 PM: Homeschool Gamers. For homeschoolers of all ages. Bring your favorite games of use the library's. Hosted by Matt Taylor.

Thursday, May 20 – 11:00 AM: Storytime. Stories and activities for ages birth-preschool. Theme: Gardening.

Thursday, May 20 – 1:00-3:00 PM: Homeschool Gamers. For homeschoolers of all ages. Bring your favorite games of use the library's. Hosted by Matt Taylor.

Thursday, May 27 – 11:00 AM: Storytime. Stories and activities for ages birth-preschool. Theme: D is for...

Friday, May 28 – 6:00PM: Strategy and Board Games for Teens & Adults. Hosted by Matt Taylor. New Additions to the Collection:

Adult Fiction: *American Taliban* (Abraham), *Horns* (Hill), *Imperfect Birds* (Lamott), *Major Pettigrew's Last Stand* (Simonson), *Silent Sea* (Cussler), *Walking to Gatlinburg* (Mosher), *The Three Weissmanns of Westport* (Schine), *Solar* (McEwan), *The Lonely Polygamist* (Udall), *Double Comfort Safari Club* (McCall). Adult Nonfiction: *Captain's Duty* (Phillips), *Frommer's Montreal and Quebec City, Guide to the National Parks of the United States*, *Fodor's Nova Scotia & Atlantic Canada*, *Hay Fever* (Miller).

Teen: 2010-2011 Green Mountain Book Award Nominees are arriving.

Juv Fiction: *Vampire's Assistant and Other Tales* (Shan), *Ragweed* (Avi), *Poppy and Ereth* (Avi). 2011 DCF books are arriving. Juv Nonfiction: *Eyewitness Shell*, *Eyewitness Amphibian*, *Genius: a photobiography of Einstein* (Delano).

DVDs: *Sherlock Holmes, An Education, Avatar, Crazy Heart, Juv: Fantastic Mr. Fox, Spanish for Kids, Big Boats & Busy Harbors, Earth, Magic School Bus Catches a Wave*. Our hours are Wednesday 1-7pm, Thursday 10-6pm, Friday noon - 6pm, Saturday 10-2pm. We can be reached at 878-5639, [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us) and [www.westford.lib.vt.us](http://www.westford.lib.vt.us) (includes access to the online catalog).

The library is open Wednesday 1:00-7:00 PM, Thursday 10:00 AM-6:00 PM, Friday 12:00-6:00 PM and Saturday 10:00 AM-2:00 PM. Free WiFi is available during these hours. We also have three public access computers plus a computer dedicated to our online catalog. You can access our online catalog from home through our website. We can be reached at 878-5639, [westford\\_platvals.state.vt.us](mailto:westford_platvals.state.vt.us), and [www.westford.lib.vt.us](http://www.westford.lib.vt.us).

**VARNUM LIBRARY, JEFFERSONVILLE**

The Varnum Memorial Library is open Mondays and Tuesdays from 1:00-8:00 PM and Thursdays and Saturdays from 9:00 AM - 12:00 noon. There are programs for children and adults, free Wi-Fi access, and of course books and materials to check out including the ECHO Center pass. Library canvas bags are now available for purchase. Come in and take a look at these attractive sturdy bags. Call 644-2117 if you have any questions.

**Vermont Family Network presents Annual Conference, May 13**

Vermont Family Network (VFN) is pleased to announce the 2010 VFN Conference, on May 13, 8:00 AM-4:30 PM, at the Sheraton Burlington Hotel & Conference Center, Burlington, VT. This year's theme, *Access the Future Today!*, provides an incredible opportunity for VFN to inform, support, and inspire families of children and individuals with special needs, along with the professionals, caregivers, and state policy makers who work for their success..

For complete details and sponsor/exhibitor information and to register, please call 1-800-800-4005 or visit [www.vermontfamilynetwork.org/Conf2010.html](http://www.vermontfamilynetwork.org/Conf2010.html). Scholarships are available.

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# Wake up the garden with spring flowers and cool weather crops

By Duncan McKee

Begin your gardening season off right by filling the garden with cool season flowers and vegetables. Believe it or not, many of these plants are hardier than we are, and can be planted outdoors even before the threat of frost is past. Others may need a bit of pampering at first, but cool spring weather is when they shine, so don't miss out by waiting too long to plant them.

At Oakwood Farms, all is astir with preparations for the gardening season.

The Spring garden is often associated with pastel colors and delicate flowers, but there's nothing like a sprinkling of blooming primroses to give a flower bed a splash of boldness.

Primula, or primroses offer a wide genus of plants and there's one for every garden.

The Primrose is an unusually vivid spring blooming perennial flower. These flowers shout out in bold yellows, reds, pinks and blues. The flower stalks rise up from low, ground-hugging rosettes of thick green leaves, staying in bloom for weeks.

They will brighten a shady corner, and look especially good massed under a tree or in a rocky setting. Primroses are a good choice for the north side of a house or as a spring ground cover under foundation shrubs.

As spring bloomers, primroses favor cool, moist, shady sites, and some varieties can handle wet conditions quite well. They will require some shade and water during the heat of summer, which is why they are so often grown under trees. Primroses favor rich, slightly acidic soil.

Primroses are generally pest free, but occasionally spider mites can be a problem, especially when the plants are heat stressed. They can also be prone to a leaf spot disease, which manifests as brown lesions on yellowing leaves. Remove infected leaves and make sure your plants are getting adequate air circulation.

Purchase primroses while they are in bloom, to guarantee the flower color and style.

Many gardeners think of petunias as a bedding mainstay. Petunias actually do their best blooming in cool temperatures and there are so many colors from which to choose.

The plants bear wide, trumpet shaped flowers and branching foliage that is hairy and somewhat sticky.

Petunias are prolific bloomers, although some forms require dead-heading to keep them going. Most varieties will bloom through summer, except in extreme heat.

Within the petunia family is fantastic variety: single and double blooms, ruffled or smooth petals, striped, veined or solid colors, mounding and cascading habits and even some fragrance.

You can find petunias in just about every color except black and true blue, and with growing habits that mound in borders or trail down containers.

Petunias do best in full sun, but can tolerate partial shade, especially in hotter areas.

Although petunias like cool weather, they are not frost tolerant. Wait until all danger of frost is past before planting your petunias outdoors.

When planting, pinch the seedling back to encourage more branching and a fuller plant. How far back to pinch depends on the plant. If it is a short, stocky seedling, just pinch an inch or less. If the seedling has gotten gangly, you can pinch back by half.

They don't like to be dry for long periods, but they also don't like wet feet, so be careful not to overwater.

In 2007, the National Gardening Bureau picked violas (pansies) as their flower of the year.

Violas and pansies are such relied upon members of the garden as they are incredibly easy care plants.

Newer varieties of violas are constantly being introduced with bolder colors and larger flowers that bloom longer. Even better, they exhibit better heat and cold tolerance than many other hardy plants.

The genus Viola contains about 500 different species. Most of the violas cultivated in gardens are grown as annuals or short-lived perennials. However, many will self-seed and give you years of pleasure.

What's the difference between a viola and a pansy? It boils down to the fact that here, size matters. Violas tend to have small flowers like the nickel-sized blooms of Johnny-Jump-Up (Viola Tricolor), while the garden pansy (Viola Wittrockiana) on average will grow to eight inches tall and have blooms that measure between two and three inches.

Violas are primarily cool season bloomers. They are perfect for starting and ending the season in our climate.

They grow best in rich, moist, well-drained soil with plenty of organic matter. Use a slow-release fertilizer into the soil if planting in a container. Water them regularly, but allow to dry out between waterings.

Violas like the light of full sun, but not the heat. This isn't a problem in cool spring temperatures, but when planting in the fall, make sure they get some shade during the hottest part of the afternoon. Mulch and water will help offset the stress of high temperature.

The first vine ripened tomato may still be a little time off in the future, but there's plenty to keep one busy in the vegetable garden. Take advantage of the cool, wet weather of spring to put in multiple crops of peas and lettuce.

Spinach loves cool weather, and it grows extremely quickly, which means you won't have to wait long to enjoy it, but you'll also have to keep planting new spinach, to extend the harvest.

Growing spinach is easy, and fresh spinach is crisper, tangier and more-tender than any you'll find in a plastic bag. Another advantage is that it can grow in the shade of crops that will be taking off just as your spinach begins to fade.

You can find these, and many, many more plants for your gardening needs at Oakwood Farms.

Our friendly knowledgeable staff is on hand seven days a week to answer any gardening questions you may have, and to help you with your selections for your garden.

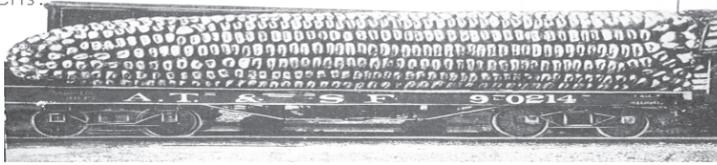
Happy gardening!

## Not typical but..... possible?

Here at Oakwood Farms we're excited to begin the new gardening season with you.

Our 2010 staff possesses a wealth of experience and knowledge of the plant material, pest and disease control and treatment, and garden and landscape design.

Let our friendly staff help you with your gardening and landscaping endeavors, so that you can enjoy the best results from your gardens.



You're not alone in wanting to grow the biggest and best!

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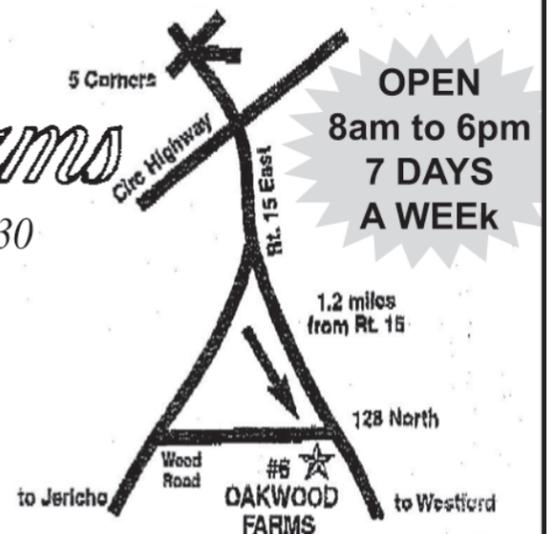
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### CVAA Senior Meals

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday May 6 – Bridge Street Café, 10:30 AM check in, 11:00 AM brunch. Shepherd's pie

Friday May 7 – Hinesburg mealsite, 11:30 AM.

Monday May 10 – Covenant Church, Essex Ctr., 12:00 noon. Tuna pea wiggle, noodles, Harvard beets, fruit bread, mixed fruit.

Tuesday May 11 – Pizza Hut, Susie Wilson Road, Essex Jct., 10:30 AM check in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday May 12 – Elks, North Ave. Burlington, 10:00 AM check in, 11:00 AM lunch. Chicken with mild orange glaze.

Thursday May 13 – Colonial Room, Essex Jct. Ed. Center, 11:15 AM check in, 12:00 noon lunch. Ham dinner.

Friday May 14 – United Church, Hinesburg, 12:00 noon. Lasagna, garden salad, Italian bread, butterscotch brownie.

Monday May 17 Covenant Church, Essex Ctr., 12:00 noon. Broccoli soup, tuna salad, cheese and lettuce, bulky roll, Ambrosia.

Monday May 17 – Papa Nicks, 3:00 PM, Chicken n' biscuits.

Tuesday May 18 – Hampton Inn, Colchester, 10:30 AM check in, 11:00 lunch. Baked ham.

Wednesday May 19 – Dutch Mill, Shelburne Rd. Shelburne, 10:30 AM check in, 11:00 AM lunch. Liver and onions or baked ham.

Thursday May 20 – Holiday Inn, Harper Room 11:00 AM check in, 11:30 AM lunch. Turkey buffet.

In addition, CVAA-sponsored meals for seniors are offered on an ongoing basis at the following establishments. Tickets must be pre-

sented before ordering. For details about the special ticket program, call 865-0360.

A.J.'s Kitchen, 85 Main St., Essex Jct. – open menu; tickets limited. Sunday-Tuesday, 5:00 AM – 2:00 PM, and Wednesday-Saturday, 5:00 AM – 8:00 PM.

Bridge Street Café, Richmond – breakfast, lunch, or dinner (ordered before 5:30 PM) Monday-Thursday. Regular menu excluding shrimp, steak, and some specials.

Dutch Mill, Shelburne Rd., Shelburne – Tuesday-Sunday, 7:30 AM – 2:00 PM.

Old Yankee, 4A Jericho East, Jericho. Meals Wednesday-Sunday, 3:00 – 5:00 PM. Order off senior menu.

Pizza Putt, Airport Parkway, So. Burlington – lunch or dinner, seven days a week. Choice of spaghetti with marinara sauce or baked ziti with tomato sauce and cheese, salad, garlic bread or roll, soda, coffee, or milk.

Ponderosa, Williston – lunch buffet, 11:00 AM – 4:00 PM, Monday-Friday. Tickets are limited.

St. Michael's College – brunch, 11:30 AM – 12:30 PM, Saturday and Sunday.

### Chittenden County Historical Society seeks applications for 2010 research grants and preservation awards

The Chittenden County Historical Society (CCHS) is currently soliciting applications for its 2010 research grant program and nominations for its 2010 preservation awards.

From its beginning, CCHS has focused its financial resources on aiding research, underwriting historical publications, and providing recognition for local historical initiatives within Chittenden County rather than owning and maintaining buildings and artifacts, which would duplicate what individual town historical societies do.

#### A. RESEARCH GRANTS:

Are you doing original historical research about an aspect of Chittenden County history? Would you like to investigate a person, organization, place or event that was significant to the history of the county? Do you think something important to the county's history has been overlooked and deserves attention? There is a way to get some financial help to do this research.

The Chittenden County Historical Society announces its annual competition for research grants in 2010. Anyone, whether or not a member of CCHS, may apply for a grant of up to \$1,000 for a research project on some aspect of Chittenden County history. Grants are made directly to individuals and do not require a sponsoring organization.

#### B. PRESERVATION AWARDS:

The Chittenden County Historical Society is seeking nominations for its "Preservation Seven" awards. Categories include: residential, commercial, education, public building, public space, community, and special recognition including living history. If you are aware of an outstanding example in your Chittenden County community of a building or living history activity that deserves recognition, and where the project has been completed within the last three years, please let us know.

#### C. APPLICATIONS AND NOMINATIONS:

Forms and additional information may be obtained from Carol Casey at 985-3063 or [carolcaseyt@aol.com](mailto:carolcaseyt@aol.com) or the Chittenden County Historical Society website ([www.cchsvt.org](http://www.cchsvt.org)). The deadline for submission of applications and nominations is May 18.

All awards will be announced at the CCHS annual meeting on July 18, 2010.

### RECIPES BY MARIAN TOBIN

#### Fresh Spinach Delight

- 2 lbs. fresh spinach
- 2 tbsp. butter
- 1/3 c. chopped onions
- 1 tsp. crumbled oregano leaves
- 1/2 tsp. sugar
- 1/8 tsp garlic powder
- 1 tsp. fresh lemon juice
- 1/8 tsp. ground black pepper
- 3 tbsp. grated cheddar cheese
- Onion rings to garnish.

Cook spinach till wilted and tender. Cut crosswise with 2 knives. Heat butter in saucepan. Add onions and sauté until limp. Add seasonings and lemon juice. Pour over spinach. Toss lightly. Sprinkle with grated cheese. Garnish with onion rings, if desired. Serves 5.



### SCHOOL NEWS

#### CESU meetings

Wednesday, May 12, Jericho School Board meeting, 7:00 PM, Jericho Elementary School.

Thursday, May 13, Mt. Mansfield Union School Board meeting, 7:30 PM, BRMS.

Monday, May 17, CESU Executive Committee meeting, 6:30 PM, the Central Office, Richmond Town Center.

### Vermont Commons science instructor awarded \$27,000 in grant funding from National Science Foundation



Shana Wolfstein



Sarah Mueller

Peter Goff has a passion for science and nature. He has been teaching science at Vermont Commons School in South Burlington since 1997 – the year the small, independent school was founded by the Skiff family. His mission is very simple: To produce naturalists.

This spring Goff submitted two National Science Foundation grant applications in conjunction with Dr. Lori Stevens and Dr. Donna Rizzo at the University of Vermont to examine the "Whirling Disease" system. This is a disease of salmonid fish (primarily members of the trout family) caused by a microscopic parasite that also spends part of its life cycle in an aquatic worm.

Goff was very excited when he learned that he had been awarded a Research Experience for Teachers grant to fund his involvement in the genetics research and computer modeling components of the study. He was ecstatic, however, when he learned that he had also been awarded a Research Assistantship for High School Students, which funds two female students from Vermont Commons to participate in the project as well. Seven girls applied for the two spots. The two students who were selected are Shana Wolfstein and Sarah Mueller.

"I am so excited to become a part of this project," says Wolfstein, a junior at VCS from Burlington. "I have been working on computer modeling projects throughout my career at VCS, and this is an amazing way to further my experience. I have always had a love of biology in and out of school. I plan on looking into biology as a possible field of study for college. This project combines two things that I am very passionate about, and I look forward to the opportunities it will bring."

"This is an amazing opportunity for both Shana and Sarah," explains Goff. "They will spend one week living at UVM in the student dorms while working with the team of scientists and myself while we learn the genetic techniques necessary for the fieldwork. Then we will travel to Montana where we will spend a week knee deep in streams hunting for trout and aquatic worms." The grant covers all expenses at UVM and in Montana, as well as money for equipment and even a stipend for each student. According to Goff, "We wrote the grant specifically targeting girls, as both Drs. Stevens and Rizzo are deeply committed to improving the opportunities for women in science."

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Ray Ely

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### VEC's 72<sup>nd</sup> Annual Meeting of the Membership

**Save the Date!**

**Vermont Electric Cooperative**

will be hosting its traditional breakfast and business meeting:

**Saturday, May 15th, 2010**  
**at The Abbey**  
**Sheldon, Vermont**

This is an important year for VEC, and for all members of the Co-op. Exercise your "Democratic Member Control", Cooperative Principle #2 and cast your ballot. **Your vote matters!**

The official notice of Annual Meeting and ballot for voting will be mailed to all members of the Co-op on April 21st.

*Want more information?* Visit our website at [www.vermontelectric.coop](http://www.vermontelectric.coop) or call 1-800-832-2667. You can also email us at [annualmtg@vermontelectric.coop](mailto:annualmtg@vermontelectric.coop).

# Financial Literacy Financial Reality

By Jack Colelli

Our world as we know it is changing. Technologies are advancing, everything is faster, and it's no secret that our economy is a lot different than it used to be. Over the past ten years the number of people between the ages of 19 and 24 who have declared bankruptcy has increased 96%. Most of this debt comes from college loans, which is probably one of the unofficial largest debt sources. In fact, college presidents say they lose far more students to credit card debt than to academic failure. What is the cause for all these financial problems? And why does it seem teens are at the heart of the problem? The answer is simply lack of knowledge. Teens do not know enough about financial literacy.

If there is one thing teens should know about finance, it is that they need to plan ahead. Planning out your future purchases and saving up is one of the easiest things to do to keep your numbers in the green. Paying in cash can also add a realistic factor. By using a credit card things feel free, and often teens will not mind spending, but when using physical money, more thought goes into purchases.

Did you know the number one similarity between all financial successful people is a college degree? College degrees can earn you up to one million dollars more in a lifetime. So it seems reasonable to go to college right? Well how can you do that when it costs you a hundred-thousand dollars to go to school? That's where college loans come in which, along with credit cards, are significant sources of debt. College loans work on interest, so it could end up costing you a lot more than you think. Your number one defense is knowledge. An OECD survey released in 2005 found that only 67 percent of adults knew what compounded interest meant and, when tested on it, only 28 percent passed. To know what you're up against can really make the difference.

If you're planning on going to college, the best thing to do is to save. The most effective way to do this is not only increasing income, but also decreasing costs. Think about everything you buy and ask yourself, "Do I really need this?" Also, make a habit of paying for things in cash. If you just cut out a daily ice cream cone think of the money you could save in the years before college. Or maybe you just walk down the street to get an ice cream where they sell it for fifty cents less. During your four years of high school you could save over 700 dollars. It really adds up. So, do the math and try and see how much you can save by cutting other expenses. When money is the enemy, the best defense is knowledge, so study up.

By Joe Airoidi

The financial reality of teens today can impact their financial decisions and financial status in the future. If teens do not establish good saving habits today, they may experience severe debt as adults. The financial reality of teenagers is high college tuition costs leading to debt, high unemployment rates, and the economic recession. If our generation can prepare for our financial difficulties to come, we can be more successful in the future.

Today, the high cost of tuition to a four year college has prevented some students from attending. Student loans have also become a struggle for college graduates to pay off. In 1996, the average cost for a student to attend a four year private college was \$12,994 per year. In 2010 the average cost per year is \$26,273. Over the course of 14 years the price of college tuition has doubled. The cost to go to college today is a very high price for families to pay. This increase in tuition has produced debt for many college graduates in the form of student loans. The average debt for a college graduate is \$23,200. By setting aside part of one's salary to pay off college debt, there is limited income available for household expenses including rent, utilities, and food. If one does not pay off their loans quickly, the interest on the loan will accumulate.

The current recession contributes to the financial reality of teens today. The poor economy has increased the cost of housing, clothing, food and other basic necessities. If one cannot provide these basic needs it can be a struggle to make ends meet. The recession has resulted in high unemployment rates. The national unemployment rate from March 2010 was 9.7%. Good paying jobs are a necessity to maintain a reasonable standard of living.

There are many ways I can personally prepare myself for my financial future. First, I can do well in school so I can attend college and attain a well paying career. I believe that with the poor economy having money to support yourself and your family will make you successful. Secondly, I will establish good spending and saving habits. Having these skills will let me control my money wisely. Other good ideas would include shopping during sales, looking around for the lowest prices, and only buying items I need not want.

The financial reality of teens today is significantly different then generations before. We must consider the impact debt, unemployment, and the economic recession will have on our future.

## SPORTING COMING EVENTS

Sunday, May 30

**Register for Annual Copley Scramble.** Copley Country Club in Morrisville. There is also an Early Bird Special: register by May 30 for a discounted rate. Registration is available online at copleyvt.org or by calling the hospital's Community Relations Office at 888-8302. You can also find information on Facebook; Copley Scramble co-chair Polly Manosh has created a Facebook page for the event and included a link to the registration form.

Saturday, June 5

**Recycling 4 Green** - The Mt. Mansfield Union High School football program announces an environmentally friendly fundraiser that recycles small electronic devices for cash. Partnering with Recycling 4 Green, the football program invites the public to drop off outdated or used cell phones, ink jet cartridges, MP3 players, laptops, handheld GPS, digital camcorders, or radar detectors which will be recycled or refurbished in exchange for cash. Recycling 4 Green will accept both working and non working devices, but will pay the football program more for working electronics.

The public can bring these items from 9:00 AM-

12:00 PM to the Huntington library parking lot or to Mt. Mansfield, Room 516, before June 11. This fundraising program only accepts small electronic items mentioned above — as a rule of thumb, nothing is accepted that can't fit in your hand. Items NOT accepted include TVs, desktop computers, VCRs, game consoles, laser toner cartridges larger than your hand, or electronic appliances not listed above. Phone batteries should accompany cell phones for recycling, since they are extremely toxic to the environment and will be recycled properly; however, we cannot accept any other accessories like phone chargers, cases, ear microphones, etc. Laptop computers are the only items that should include the original power cord. The football team plans to use proceeds from the fundraiser to help pay for a new scoreboard and equipment for the newly designed fields. If you have questions about the MMU drop off, call Wanda Gardner at 899-1356 or [wstsnov@aol.com](mailto:wstsnov@aol.com). For questions about the Huntington drop off, call Holly Stadler at 434-3935 or [dreamcat@gmavt.net](mailto:dreamcat@gmavt.net).

## Nominate an extraordinary volunteer!



## 2010 Hometown Hero Annual Volunteer Awards

**Nominate:** Individuals, groups & businesses serving Chittenden County.

**Categories:** Adult, Senior Adult, Youth, Group or Business.

**Awards:** \$6,000 will go to 7 nonprofits served by award recipients.

**Celebration:** All nominees will be honored at a Breakfast in September.

**Nomination Deadline: June 10, 2010**

Paper or **NEW** electronic nomination form is available at [www.unitedwaycc.org](http://www.unitedwaycc.org) or call 860-1677

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Those stories tend to be based on readership and advertising numbers for the major daily newspapers in America, usually the top 100, sometimes the top 250. Yes, absolutely, those are big papers, important papers. **But they are not the whole story...**

The National Newspaper Association, working with the research arm of the Reynolds Journalism Institute at the Missouri School of Journalism is completing its fourth year of research on the readership patterns of America's community newspapers.

The early data indicates fairly consistent findings all four years:

- **81 percent** of those surveyed read a local newspaper each week.
- Those readers, on average, share their paper with 2.36 additional readers.
- Community newspaper readers spend about 40 minutes with their paper.
- **73 percent** read most or all of their community newspaper.
- **Nearly 40 percent** keep their community newspaper more than a week (shelf life).
- **Three-quarters** of readers read local news often to very often in their community newspaper while 53 percent say they never read local news online (only 12 percent say they read local news often to very often online).
- **60 percent** read local education (school) news somewhat to very often in their newspaper while 65 percent never read local education news online.
- **62 percent** read editorials or letters to the editor somewhat to very often in their newspaper while three quarters never read editorials or letters to the editor online.
- **68 percent** have never visited the website of local government.
- **30 percent** do not have Internet access in the home.



**Three quarters of readers have read public notices in their community newspaper.**

The local community newspaper is the primary source of information about the local community for 60 percent of respondents: **that's four times greater than the second and third most popular sources of local news** (TV/14 percent and friends and relatives/13.4 percent). **Readers are 10 times more likely to get their news from their community newspaper than from the Internet (5.8 percent).** Less than 5 percent say their primary local news source is radio.

Source: [www.nnaweb.org](http://www.nnaweb.org)

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# With their new facilities and a strong turnout, MMU track team prepares for a successful season

By Richard Mindell  
Special to the Mountain Gazette

You can see them as you drive past the high school on weekday afternoons, the hordes of young people in colorful sweat shirts and sweat pants and new running shoes jogging around the beautiful new all-weather track off Brown's Trace Road, in Jericho, with its clean, parallel lines, bright markings, the new sand pit for the long jumpers and the wonderful new throwing facilities for the weight events; you can watch them, more than 120 strong, young athletes preparing themselves for the sprints and long-distance events and field events as they sweat out the winter doldrums and try to get their muscles toned and improve their endurance for the 2010 boys and girls Vermont High School track season.

"We've never been able to get on the track this early in the year," Head Coach Bill Eschholtz said last week. Eschholtz was referring to the more typical conditions one finds in April, in Vermont, on an older cinder track...frozen spots, soft muddy spots... "It's awesome," Eschholtz said about the new facility. The coach could barely contain his smile.

Apparently there are lots of MMU students who agree with Coach Eschholtz, as nearly 15% of the total student population at MMU has come out for track this year. "There's a lot of enthusiasm," Eschholtz said, understating the obvious. "A lot of it is the new track."

MMU will feature a strong mix of young and more experienced athletes but the strength of this team is clearly in its youth. "We're a little young but that's a good thing," Eschholtz said. The youth movement starts with a bevy of sophomores and juniors who could determine the fate of this team as the season progresses. Juniors Andrew Nitchie (high jump, hurdles, decathlon), Jed Larson (pole vault), Trevor Bibb (3,000m), Christian Marier (800m), Matt Noonan (100m and 200m), and Max Corbin, a recruit from the Cougars' football team whom Eschholtz expects to do well in the shot put and discus.

Nitchie is a versatile athlete who will compete and excel in a number of events, including the high jump, at which he finished fifth in the states last year, and the hurdles, as well as the decathlon later in the year. Larson set MMU's pole vault record in 2009 (11-6) and "should do really well this year," Eschholtz said. Bibb placed first in the 3,000m in the indoor state meet this winter, Marier had a breakout season indoors in '09 topping it off with a fourth-place finish in the 600m. Noonan is expected to excel in the 100m and 200m.

A bevy of junior girls, including Lindsey Kelley, who holds the school record in the long jump (long jump and 100m), Mahaliah Duncan, who qualified for the states in the high jump, long jump and triple jump in '09, Hannah Nichols (high jump and long jump), Hailey Burkhart (100 and 300m hurdles is also expected to contribute.

Add to that mix a strong sophomore class led by Jack Hegman (800m and 1500m), one of the top high school cross country skiers in the nation who qualified for the states as a freshman in the 800 m and 1500m, Ellie Pitman, who placed 5<sup>th</sup> in the state indoor meet in the high jump (high jump and 1500m), Liz Znamierowski, who broke the MMU pole vault record for a freshman last year (100m, 400m, pole vault and relays), as well as freshmen Jen Finan, Maddy Eschholtz, Isabelle Toulis, Tiana Bibb, Emma Hartswick and Shalyn Bouffard, all of whom are expected to contribute to the teams' success in 2010, and it's not difficult to understand Coach Eschholtz's enthusiasm. Burkhart is "a multi-talented athlete," according to Eschholtz, who qualified for the states in 8 events in '09. Shannin Miksek (800m and 1500m), has been tabbed by Coach

Eschholtz as the team's most improved runner and should also do well.

Eschholtz said if the team can stay healthy he expects they will do well in the state meet this spring. "It all depends on the young kids," he said. And, oh that new track. "It's awesome, the coach repeated. "We've been limited for so long. It's just awesome."

## LEGAL NOTICE

TOWN OF JERICHO  
DEVELOPMENT REVIEW BOARD  
NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing on **Thursday, May 27, 2010 at 7:00 PM** in the Jericho Town Hall to consider the following:

- A request by Marjorie Hunt for an amendment to previously approved subdivision to modify the design of a hammerhead turnaround. The property is located at 150 Lee River Road in the Village and Rural Residential Districts and is accessed from Orr Road.

All interested persons may appear and be heard. Written materials may be viewed in the Zoning Office during regular business hours. Seth Jensen, Town Planner, Town of Jericho.

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## BOLTON BOARD VACANCIES

TOWN OF BOLTON BOARD VACANCIES

The Town of Bolton is looking to fill a vacant seat on the Select Board. Anyone interested in being considered for this position should drop a note to the Board or an e-mail indicating their interest by Tuesday June 01. Letters of interest will be reviewed and applicants interviewed at the June 7<sup>th</sup> Select Board meeting. This position will be an appointment to a 2 year term that expires in March 2011.

The Town is also looking for a representative to the Chittenden Solid Waste District. This position involves a once a month meeting, which takes place on the 4<sup>th</sup> Wednesday and begins at 6pm. These meetings are held at the Williston Police Department building. If interested in the CSWD vacancy or the Select Board position, please e-mail [Deborah@townofboltonvt.com](mailto:Deborah@townofboltonvt.com) or drop your letter at the town office.

## LEGAL NOTICE

TOWN OF UNDERHILL SELECT BOARD  
NOTICE OF PUBLIC HEARINGS

The Underhill Selectboard hereby provides notice of public hearings to be held pursuant to 24 VSA §§4384 and 4444 for the purpose of hearing public comments concerning the proposed 2010 Town Plan Amendment. **Public hearings are scheduled for Wednesday, May 26, 2010 and Thursday, May 27, 2010. Both hearings will be held at 7:00 PM upstairs in the Underhill Town Hall at 12 Pleasant Valley Road in Underhill, VT.**

The purpose of the Plan amendment is to ensure compliance with the Vermont Planning and Development Act (Title 24 Chapter 117) and to encourage the appropriate development of lands in Underhill VT so as to meet the planning goals as outlined in 24 VSA §4302 et seq. The proposed Plan amendment shall apply in all areas of the Town of Underhill.

Listing of Chapter Headings of Proposed Plan Amendment:

- Chapter 1: Natural Resources
- Chapter 2: Land Use
- Chapter 3: Services
- Chapter 4: Infrastructure
- Chapter 5: Transportation
- Chapter 6: Housing
- Chapter 7: Economic Development
- Chapter 8: Energy
- Chapter 9: Recreation

Hard copies and copies on disc of the full text of the proposed 2010 Town Plan as Amended are available at the Underhill Town Hall located at 12 Pleasant Valley Road in Underhill, VT and electronically at the Town of Underhill website at [www.underhillvt.gov](http://www.underhillvt.gov).

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# Cougar fundraiser to benefit football team and environment

By Richard Mindell  
Special to the Mountain Gazette

There may be buds on the trees instead of brightly-colored orange and yellow leaves on the ground but it's time to think Cougar football, folks. And let's not forget the environment, while we're at it. Toward that end, the Mount Mansfield Friends of Football has announced a fundraising event that will not only benefit the MMU football program, but the environment as well. The group has partnered up with Recycle 4 Green, a non-profit company that works with organizations like MMU Friends of Football to help groups raise money for their programs, while benefiting the environment by providing a mechanism for recycling consumer products whose disposal could otherwise be harmful to the environment.

Residents of Jericho and the surrounding communities can bring their old electronic equipment to either of two drop-off locations; one at the Huntington Library parking lot between 9:00 AM and 12:00 noon or they can drop them off at MMU, room 516, at any time before June 11. Items that will be accepted include cell phones, ink jet cartridges, MP 3 players, laptops, hand-held GPS devices, digital camcorders and radar detectors which will all be properly discarded or refurbished. Recycling 4 Green will pay Mount Mansfield Friends of Football for everything that is dropped off at the collection centers.

Wanda Gardner, president of MMU Friends of Football, said the proceeds will help allay some of the costs of running the football program. "We're not going to make a lot of money but we're helping the environment and the community," she said.

MMU head coach, Marty Richards echoed those sentiments. "Whatever we are able to raise is great, but it's always a good feeling to know you're doing something that is good for your community, and good for the environment."

Members of the football team and members of Mount Mansfield Friends of Football will man the drop-off stations. At the end of the event, everything that is donated will be packaged up and sent to a central collection point managed by Recycling 4 Green.

Richards said he has no idea how much the team will make from this fundraising event as this is the first year they have partnered with Recycling 4 Green in this type of fundraiser. "No matter what we make, we're doing something positive," he pointed out. "And that's a good thing."

Mount Mansfield Friends of Football is made up of parents of players and others in the community who support the football program by volunteering for things like running the concession stand, selling tickets at the gate, organizing the banquet and parents night, and just about anything that needs to be done for which volunteers are required. "Our community support is very strong," Wanda Gardner said. She observed that the support from local merchants who participate in the Varsity Gold Card program has also been outstanding. The Varsity Gold Card program offers participants a card that entitles them to discounts and special promotions at local merchants. The card costs \$20.00 for the year and is expected to raise more than \$12,000 for the football program, to help pay for some of the expenses that are not covered by the school budget.

For more information about the Recycling 4 Green fundraising event or for information on how to purchase a Varsity Gold Card or become a member of Mount Mansfield Friends of Football, please call Wanda Gardner, at 899-1356, or Holly Stadler, at 434-3935. And don't forget...when it's all said and done, it's all about the kids. Go Cougars!

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## Participate in LACiNg Up for Cancer walk

Carla's Crusaders (a team of family and friends walking for Carla Alexander of Hyde Park) was one of the nearly 60 teams that participated in last year's LACiNg Up for Cancer walk. While the team plans on returning for another year, Carla herself will be providing an inspirational speech as "event guest speaker." For information on how you can get involved call Kathy Demars at 888-7720 or Jill Baker at 888-8302.

PHOTO CONTRIBUTED

## Indicator plants continued from page 3

Certain plants will give a cue, either by blooming or leafing out, that the time has arrived for certain activities, such as sowing particular crops. Often the common denominator is temperature.

Indicator plants can be used to look for a particular pest,

and manage it, during its most vulnerable stages. They may also be used to time the planting of vegetables, application of fertilizer, and pruning.

Here, according to the organization known as Project BudBurst, are some common garden plants and what they can tell you:

- When lilac leaves are the size of a mouse's ear (in other words, less than a quarter of an inch), sow peas, lettuce and other cool-weather: crops.
- When lilac is in full bloom, plant beans.
- Once lilac flowers have faded, plant squash and cucumbers.
- When daffodils begin to bloom, sow peas.
- When oak leaves are the size of a squirrel's ear (about one quarter of an inch, who measures these things?!), sow corn.
- If you don't have a squirrel's ear for reference, when apple trees shed their petals, sow corn.
- When maple leaves reach full size, sow morning glories.
- When dogwood reaches peak bloom, plant tomatoes and early corn.
- When lily-of-the-valley blooms, plant tomatoes.
- When daylilies begin to bloom, plant tomatoes and peppers.
- When bearded iris are in bloom, plant peppers and eggplants.
- Once aspen has leafed out, plant pansies and snapdragons.
- When dandelions bloom, plant spinach, beets and carrots. It's also time to gather those little yellow devils to make Dandelion wine.
- When forsythia is blooming, crabgrass is germinating. Treat for it, and it is also time to feed your lawn.
- When crocus bloom, prune roses.
- When crabapple and wild plum are at budbreak, eastern tent caterpillars are hatching. Begin looking for and controlling them.
- When serviceberry blooms, plant potatoes.
- When catalpas and mock orange blooms, sow cabbage and broccoli for fall harvest.
- Plant perennials when maple leaves begin to unfold.

Project BudBurst is a national field campaign for citizens and scientists, aimed at engaging the public in the collection of important climate change data based on the timing of leafing and flowering of trees and flowers.

Project BudBurst participants take careful observations of the phenological events such as the first leafing, first flower, and first fruit ripening of a diversity of trees, shrubs, flowers and grasses, including weeds and ornamentals, and especially targeting native species. The citizen/science observations are reported to the national Project BudBurst database.

Scientists find one of the most exciting things about Project BudBurst is that it provides consistent data at hundreds of locations across the country. With a little more data on their top ten plants list, the group can learn more clearly how they vary in their timing of budburst, flowering, and fruiting. Scientists can study the factors that explain these differences because with these top ten plants, they can most easily make direct comparisons between geographic regions, as well as tracking climate variations and changes.

The top ten list includes, Common Lilac, Forsythia, Chokecherry, Black Cottonwood, Red Maple, Redtwig Dogwood, Red Columbine, Spiderwort, Virginia Bluebells, and Mayapple.

Based on observations submitted to Project BudBurst over the past three years, scientists have requested that special attention be given to these top ten plants for the 2010 field campaign. They have been receiving a significant number of observations of these plants at many locations across the country from project participants. According to the organization, if they could have a few more locations for observations of these top ten species from Project BudBurst volunteers, scientist would be to do a much broader range of analyses.

If you are interested in participating in the project, or are just interested in learning more, the group has a fascinating website at: [www.windows.ucar.edu/citizen\\_science/budburst](http://www.windows.ucar.edu/citizen_science/budburst).

In the meantime, it's back to the mowing equipment, the lawn just growled.



## Natural Gas Pipeline Safety... What you need to know

Whether you are at home, at work, or in a public place, it's likely you are in an area served by natural gas pipelines. Like all forms of energy, natural gas must be handled properly. Despite an excellent safety record, a gas leak caused by damage to a pipeline may pose a hazard and has the potential to ignite.

Natural gas pipelines are sometimes identified by markers that indicate their approximate location – but cannot be relied upon to indicate the exact position. Because not all lines are marked, it is critical that you contact Dig Safe™ (888-DIG-SAFE or 811) prior to any excavation.

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- **Sound** – You may hear an unusual noise like a roaring, hissing or whistling.

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