

MOUNTAIN GAZETTE

★ Vol. 14 No.8 Serving Bolton, Cambridge, Jeffersonville, Jericho, Underhill and Westford, VT October 16, 2014

District Jazz Festival at BRMS

By Phyl Newbeck

Special to the Mountain Gazette

A new musical event is coming to Browns River Middle School next month. The school will be hosting its first district-wide jazz festival on Friday, November 14. Instrument Music Director Berta Frank is working with Choral Director Dave Tisdell to make it happen.

"The school will be transformed," said Frank. "This is our opportunity to introduce jazz to middle school students across the county. We'll have also have pieces specifically for singers and a choir, which is really unusual." Students from across the district applied to be part of the all-star ensemble. Six students from BRMS will join musicians representing schools from Winooski to Charlotte. "Many of these students are seasoned jazz players and highly talented instrumentalists," said Frank. "They're really motivated to do this." The BRMS students in the chorus are Zachary Burns, Audrey Pearl, Isabel Pilo, and Shane Riddell. Two others, Jonathan Asselin and Nicole Wright, are part of the band.

The application process overseen by Charlotte Central School Band Director Andy Smith was a rigorous one, which included recommendations. Those chosen to participate have already received their music and will practice independently until the day of the show. Smith will be in charge of the band, while Megan Beaucage of Essex Middle School will conduct the chorus. The students will convene at BRMS and begin rehearsing as a group at 9:30 AM on the day of the show. They'll have dinner together at 5:00 PM and start the concert at 6:30 PM. "I'm really excited about it," said Tisdell. "We've got some good people conducting so I'm looking forward to hearing it come together."

Although the state has an annual high school jazz festival and junior high music festival, this will mark the first junior high jazz festival in

Chittenden County. Tisdell said discussions have been held in the past but this year he made the decision to offer to host the event. He put forth a date and other schools happily jumped on board. "It's kind of experimental right now," he admitted, noting that it's harder to put together this type of event in Chittenden County where junior high and high school teachers do not have the overlapping assignments, which exists in other parts of the state. On the other hand, Chittenden County has a strong musical tradition. While other districts have one-day junior high school music festivals, the Chittenden County one has always been a two-day event.

Tisdell has worked a lot of jazz into his curriculum. "We sing songs that are jazz or have roots in jazz like blues and gospel," he said. "I teach scat singing and at the end of the year I take my students to perform at the Discover Jazz Festival." Tisdell noted that some teachers are afraid to ask their students to try improvisational singing. Although some students are shy and unwilling to take solos, others thrive on it. Tisdell recently took some of his students to Winooski to teach those students the art of improvisation.

BRMS is too small to host the annual district music festival which can garner attendance of up to 1000 people but Tisdell estimates they have enough space for 600 people for the jazz festival and he's hoping every seat will be taken. "I'd love to see this become an annual event," he said. "Our kids are excited to be getting together with other talented students."

The families of the students participating have already received their ticket order forms. On November 1, ordering will be opened to the rest of the community. Tickets are \$7 and can be purchased via a link to the music page on the BRMS website.

Service above self – Cambridge Area Rotary



On Saturday, September 6 and Thursday, September 11, CAR members Peter Ingvoldstad, Anita Lotto, and Mary Hill assisted with the Lamoille County Firewood Project (organized by United Way).

PHOTO CONTRIBUTED

The members of the Cambridge Area Rotary (CAR) participated in several service projects over the course of the last few weeks. On Saturday, September 6 and Thursday, September 11, a group of three CAR members (Anita Lotto, Peter Ingvoldstad, and Mary Hill) gathered in Morrisville before Hannaford's to assist with the Lamoille County Firewood Project (organized by United Way).

Another wheelchair ramp was completed on Monday, September 15 with materials supplied by the United Way and manpower from Cambridge Area Rotary and RSVP-Morrisville – with Peter Ingvoldstad, Greg Johnson, Mark Schilling, Dan Noyes and Mike.

On Sunday-Monday, October 3-4, Cambridge

Area Rotary members assisted in painting the interior of the Cambridge Rescue building. We had a great turnout of 25 people to assist with this project, including four non-CAR members – but we are diligently trying to recruit them! CAR Cambridge Rescue Building Painting Service Project Participants were: Bruce Macmillan, Greg Smithers, Mary Hill, Mark Schilling, Susan Lassiter, Mick Comstock, Linda Comstock, Matt Byus, Colleen Blood, Peter Ingvoldstad, Mary Ingvoldstad, Tom Lachance, Linda Lachance, Ron Carter, April Tuck, Alexis Babcock, Nanci Lepsic, Patrick Lepsic, Annie Rheaume, Annie's son and daughter, Greg Johnson, Morgan Pratt, Anita Lotto, Adam Howard.



Happy 50th birthday, Saxon Hill School! Saxon Hill School's three-day class helps to celebrate the preschool's 50th birthday.
PHOTO CONTRIBUTED

Saxon Hill School celebrates 50 years

Jericho's Saxon Hill School (SHS) celebrates 50 years of educating our community's youngest members. SHS is successful due to the commitment of parents and teachers to the belief that children are competent and learn best when supported in an environment where they are able to follow their curiosities, explore and investigate, recreate and share their discoveries. Founded by Jericho residents DeeDee Jameson and Willy Cochran in 1964, the school was originally located in Jameson's home in what was known as the "Saxon Hill" area of Jericho. The school has since moved to the heart of Jericho's historic district, calling the *Old Red Mill* complex its home for the past 29 years.

SHS has been a vital part of the Jericho Community for literally half a century, shaping generations of Jericho and area citizens. Director Michele Campbell, now in her 38th year associated with SHS (first as a parent, then a teacher), takes this responsibility seriously. "Early education for our children is not a gift. It should be a requirement for all young children. When children are in a high quality preschool, they benefit cognitively as their math and language abilities are raised and thinking and attention skills improve." Campbell continues, "Socially and emotionally, interactions with peers and adults are strengthened, problem behaviors are decreased, and exploratory behaviors are increased." Campbell lists the invaluable benefits of high quality early

education to our community: reduction in special education placement and costs, achievement of higher academic outcomes, lowered rates of teen pregnancy and incarceration.

SHS was the first parent cooperative preschool in Vermont, involving families as partners in their child's education and sharing the responsibility for the school's operation and administration. "I am convinced that Saxon Hill School remains so strong because of the family involvement," believes Campbell. "Our families partner with our teachers. They [teachers and families] model the importance of loving learning. They understand that each child is respected for who they are. They actively participate in discovering how caterpillars grow, shed their skin, and form a cocoon; in building with blocks, wood, sticks and stone buildings that merge and become cities; in watching them [their children] climb trees, learning to hold their breath to let their child take risks and grow."

Originally serving just nine children and families per year, the school has grown to serving 49 families from across Chittenden County in 2014. Over the past 50 years, SHS has served more than 2000 children and families, many with several generations of SHS graduates.

Alumni and families are also invited to share photos via Facebook: www.facebook.com/saxonhillschool.

Workshop on energy options for today

There have been a couple recent developments in the energy field that can help you simultaneously reduce your energy bill and reduce your impact on the environment. Specifically, with increases in the efficiency of and decreases in the price of solar electric (photovoltaic) panels and solar water heating systems, and with innovative financing options, many Vermonters can now produce their own electricity or hot water at costs at or below what they are currently paying. In fact, it is often possible to install a photovoltaic system for zero money down and to pay the same amount for electricity as your current electricity bill for 15 years – i.e., while all your neighbors' electricity bills are increasing year to year, you can pay the same amount you're currently paying. And after 15 years, you will own the system and will have virtually free electricity for another 15 years or so!

Another major development has been the commercialization of cold weather heat pumps

that can "harvest" heat from the air outside your house to heat it. Cold weather heat pumps can cost-effectively provide around 80% of your heating needs, typically providing useful heat down to around 0°F. Similarly, heat pump water heaters can provide hot water for your home at a cost less than oil, propane, or electricity.

If you would like to learn more about these energy- and money-saving technologies, please attend the free public *Energy Options for Today* workshop, sponsored by the Underhill Energy Committee. The session will be on Tuesday, October 28, from 7:00 – 9:00 PM, upstairs in the Underhill Town Hall in Underhill Center.

The evening will begin with brief presentations by several local installers of solar and heat pump systems describing their products and their expertise. Next, we'll open the floor to general questions. Following that, attendees will have an opportunity to visit each of the installers at tables set up around the hall.



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All Things Must Pass – Especially Kidney Stones

By Lewis First, M.D.

Chief of Pediatrics at VT Children's Hospital

Parents have been asking me some rock-hard questions recently about kidney stones and whether children can get them. Let me leave no stone unturned as I provide some information on this topic.

Kidney stones form when salts and minerals like calcium in the urine become concentrated and form crystals. Over weeks or months, the crystals can get stuck in the kidney and start to grow into full-fledged tiny rocks, or stones, that can be anywhere from a fraction of an inch to several inches. The larger the stone the more painful it may be, as it can block the flow of urine, cause blood in the urine, and injure the urinary tract – although most stones once removed do not cause permanent damage.

Kidney stones can run in families, and if a child does get one, they run an increased risk of getting more. They may also occur in the setting of dehydration, which can increase crystal formation. A diet high in sugary or caffeinated beverages with high salt intake can increase a risk of calcium stones forming, as can obesity or even recurrent urinary tract infections, which might result from a defect in the urinary tract that can obstruct the flow of urine and allow crystals to collect in a tiny pool of stagnant urine. Some medications can cause stones, as can some metabolic and genetic disorders.

How do we know a child might have a kidney stone? They will have sharp pain that starts in the side or back and then spreads into the groin, in association with blood in the urine, nausea, vomiting, fever, and chills. If these symptoms are present, emergency medical attention should be sought.

What do we do about kidney stones? With good hydration and possibly some over-the-counter pain medication, smaller stones may pass right through and out the urinary tract without a problem. If pain is severe or the stone is large, IV pain medication and hydration may be most helpful. But the largest stones may need surgery or other types of treatment to break them into smaller pieces so they can pass.

Of course the best way to deal with a kidney stone is to prevent it from happening again via drinking lots of water, limiting the amount of salt in the diet, and limiting consumption of soft drinks. Some prescription drugs that your doctor may recommend can be useful as well to reduce crystal-forming substances and prevent stones.

Hopefully tips like this will not put you between a rock and a hard place when knowing what to do the next time you suspect your child has kidney stones.

Lewis First, M.D., is chief of Pediatrics at VT Children's Hospital at FAHC and chair of the Department of Pediatrics at the UVM College of Medicine.

COLLEGE NOTES

Joseph Adkisson of Jericho, VT, has been named to the Dean's List at Carleton College in Northfield, MN. Adkisson is the son of James and Jennifer Adkisson, and attended Mount Mansfield Union High School.

UNDERHILL JERICHO FIRE DEPT.

By Kitty Clark

EMERGENCY CALLS:

Friday, September 26, 3:26 PM – Responded to a three-vehicle accident, near 1205 VT Rt. 15, Westford

Sunday, September 28, 8:29 PM – Responded to VT Rt. 117 near Skunk Hollow Rd., Jericho for a motorcycle accident

Monday, September 29, 9:09 AM – EMS, Jericho

Tuesday, September 30, 8:33 AM – Fire alarm activated at 1071 VT Rt. 15, Westford

Wednesday, October 1, 9:25 AM – Sq51 only, Good Intent Call, Packard and Orr Rd., Jericho

Wednesday October 1, 7:04 PM – Assist rescue at Mills Riverside Park, Jericho

Friday, October 3, 9:55 AM – EMS, Jericho

Saturday, October 4, 9:29 AM – Assist rescue at Mills Riverside Park, Jericho

Tuesday, October 7 – EMS, Jericho

TRAINING AND EVENTS:

Saturday-Sunday, September 27-28, members of the fire department participated in the Harvest Market parade. Following the parade we had our usual Fire Prevention tent set up along with an engine and the Gator for the kids to see. Also, our little remote fire truck Freddie was on hand to entertain the kids.

September 30, Tuesday night drill was held Safety drill was held with C43 Randy E. Clark as instructor. This was held at the old mill yard, where members drove the apparatus through a driver optical course. C2 Mat Champlin, C3 Tim Clark, Loni Morse, and Lee Dumas were at the training pit setting up a drill that will take place on October 11.

October 7, Tuesday night drill was held with Chiefs' and Officers' Committee meetings and projects to be completed and apparatus washed. Reviews were done on our current apprentice members.

This is Fire Prevention Month: Take a few minutes to go through your home and make sure smoke and carbon monoxide detectors have new batteries and test them to be sure they work. Do you have an escape plan in case of fire and have you practiced it with all family members? Everyone in the home should know two ways out of each room and two ways out of the home. Is your heating system ready to go for a long winter, furnaces and chimneys cleaned?

Let's all of us be fire safe this winter! And "Practice Fire Safety Every Day!"

WATCH THE VIDEOS
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This series is produced by
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COMMUNITY COLUMNS

A Science Book for Children –

Chapter 2

By Sue Kusserow

Special to the Mountain Gazette

In the last edition of *Mountain Gazette* was the first chapter of re-education for children and relaxed adults: a whimsical, but still true, explanation of some of science's most treasured axioms. Since there have been raving (double entendre is applicable here) reviews, I am duty-bound to write another chapter, at the request of the five people who actually read Chapter 1.

Chapter 2:

Skies are universally magical. Since science has given names to all of them, they do know how to behave. But sometimes a cumulus puffball plays tricks, turning into mackerel scales. The onset of this change, though, can be easily predicted: a.) you are going for a picnic with Uncle John and his family, halfway up the mountain; b.) you are biking, hanging on to a thin paper bag full of tomatoes from Chamberlin's. c.) The skies, knowing that this is the last weekend for leaf peepers, becomes quite dramatic, with pelting rain and whirring winds, with the last of the sugar maples turning sodden and brown. Dear Children: I am sure you will recognize this hint of mischief in the skies that congregate over most of Vermont.

Adults seem to believe that if you can't see or touch something, that it is not there. But, children, do you remember your childhood friend who cuddled next to you in your darkened bedroom? And surely there must be some substance that blows the milkweeds into a twirling spiral of small wishes headed for the sky. Even scientists admit that for certain illnesses, a hug works better than a Tylenol.

Dishes, especially glasses, are manufactured with a small robot that automatically responds to the following questions: "How did this glass get broken?" "Well, somebody had to have broken it." The Robot is then programmed to reply: "Yes, I guess so." Or: "It was probably _____ (fill in the name of a pesky brother)." Or, in the cheaper models, it will merely repeat: "Somebody."

The edict "Brush and Floss Two Times a Day" has been well documented in the scientific literature. But this fact has not been validated via the gold standard of medical research: a double-blind study, where no one knows what the other one is doing. Dental hygienists are usually female, appropriately pleasant, remembering the names of your kids, and gentle with pickers and scrapers of all sizes. What you don't know is that there is an informal class during their dental hygiene education entitled "How to Create Guilt." As adults know, after the pleasantries about the state of one's personal world, the question will come: "How often do you brush and floss?" Adults get very adept at noticing the blue jay outside the office window, discussing the budget problems of Burlington, or saying a long, open-mouthed Aah. Or, by spouting false data ("Good Housekeeping reports a study that says too much flossing may loosen fillings... admitted a small study (10 people), but possibly significant?") But eventually the question comes again. One can brazenly lie, or use the indefinite phrase "Quite often," or take a brave stand for truth and say "Once a day, if I'm not too busy."

I use this example, children, knowing that the same question will be asked of you. Being less devious than adults, and captured lying flat on your back in an oversize chair, with chair-arms high enough to jerk your shoulders into military parade mode, you know you are in for a gentle lecture about the value of regular routines. And sometimes you are handed a sparkling new brush from a drawer of thousands, and asked to demonstrate your brushing technique.

The variable of time is seldom mentioned, and yet it is a necessary determinant in the validity of most studies. I knew one six year old who could pop in and out of the bathroom in 12 seconds flat, using the sound of an automatic toothbrush as

The Mountain Gazette

6558 VT Rt 116 Starksboro, VT 05487
(802) 453-6354 • mtgazette@earthlink.net
www.mountaingazetteofvermont.com

Deadline: October 30

Publication: November 6

Brenda Boutin publisher/ad sales /delivery

News writer - Phyl Newbeck, Editing - Sara Riley

Letters Policy:

Maximum 450 words; one letter per writer, per calendar month. Must be signed for attribution with writer's address and phone number.

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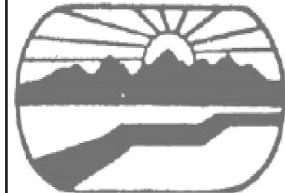
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a cover. And there are instances where time is restricted only by adults. The child determining a gift of a candy bar ("Remember: only one!") has no sense of time or cost. The only concerns are size, taste, approval rating, and the delicate and intricate trick of stretching the moment until it either breaks into: "That's it. You've had enough time. Come on!" or: "Oh, just get anything!"

And I will bet that no adult has ever tested the amazing aeronautical skills of a dragonfly. This requires the scientific skills of curiosity, imagination, daring, a sunny summer day, and a dragonfly or two. Most kids, given credit for correct social behaviors, can get some free time. I know of one young researcher who was given a grant (the afternoon off) and rolled onto a grassy warm bank by a languid pond with thick mud at the bottom to tickle his toes. When he closed his eyes, one of his research subjects buzzed by. He jumped up and held on for dear life. He proved that a dragonfly can turn... not on a dime... but on a millionth of a second. He proved that his test subject could drop into a molecule of water and grab a light lunch no bigger than a belly button full of lint. He also proved that one can occasionally sit still for the length of time that a frog can blink his eye. He was thinking of getting his findings published, but he knew they would fade into his heart as he grew older. He knew he had to establish himself in the adult world. He is presently writing a grant to study the cholesterol levels of the Kurds (when they have a moment).

So, dear children, I will be working on another chapter, as soon as age relieves my mind of a few more caveats, hypotheses, longitudinal studies, and, the most dangerous of them all: truisms. Until then, question everything you hear; your parents will love you!



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LETTERS TO THE EDITOR

Did you know Dorothy Olivia (Whipple) Prouty (1900-1996)?**To the Editor,**

I am looking for any recollections or remembrances of Dorothy Olivia Whipple, (1900-1996), the widow of Edward Howe Prouty (1871-1966), residents, I believe of Jericho, VT, where they are buried.

As a young woman, Dottie Whipple accompanied Herbert Welsh, a Philadelphia philanthropist, on at least one of his annual walks from Pennsylvania to New Hampshire. Welsh made quite a name for himself as a pedestrian, and I am writing a book about him. I am curious to hear any family legends of the trek in the Whipple or Prouty families.

Paul S. Statt
2534 Aspen St., Philadelphia, PA 19130
psstatt@yahoo.com

Michael Sirokin for VT Senate**To the Editor,**

We have an opportunity this upcoming election to return Michael Sirokin to the Vermont Senate. We have known Michael as a friend, colleague, co-worker, and public servant for 36 years.

Michael has served in the VT Senate since January, when his spouse, Sally Fox, the incumbent Senator, former House member, Appropriations Chair, and key member of the House leadership, died after a long and difficult illness. Michael has skillfully and passionately carried on her legacy of advocacy for those in poverty, Vermont's elders, families, and children; and has strongly supported recent investments in energy efficiency, protection of the environment, low income heating assistance, and protections for working families.

Michael's record of public and community service is broad and deep, having been a member of the planning commissions, zoning board and development review boards in Essex and South Burlington. He has worked hand in hand with other volunteers and demonstrated how individuals can act to protect the resources and institutions that reflect community values. Professionally, he has been a key leader for implementing programs that invest in affordable housing and conservation of Vermont's important agricultural, forestry and natural area assets. Other accomplishments include: enactment of clean indoor air protections for workers, protections for elders from consumer fraud and exploitation; access to affordable health care and supports for seniors who wish to remain in their homes and communities and avoid expensive institutional care; and expansion of health insurance coverage for persons with disabilities and mental health challenges.

Returning Michael to the Vermont Senate is an investment that will strengthen our citizen legislature and reap dividends for all Vermonters for years to come.

Please vote for Michael Sirokin for the Vermont Senate. Thank you.

Dianne and John Shullenberger, Jericho

Dean Corren for Lt. Governor**To the Editor,**

There are many important issues facing us currently: climate change, good paying jobs that will keep our children and grandchildren in Vermont, creating a better system of paying for health care. As a resident of Underhill, I know how high property taxes are in our area. As a tax preparer, I know how complicated the current funding system is, and how unfair.

There is one candidate for Vermont Lieutenant Governor who has innovative ideas for Vermont's future. His name is Dean Corren. I urge my neighbors to find out more about him and to vote for Dean Corren for Lt. Governor on November 4th.

Martha Abbott, Underhill

Urges vote for Sirokin**To the Editor,**

Please join me in casting one of your six votes for Chittenden County Senator for Michael Sirokin. Michael was appointed this winter to fill the seat of his late wife Sally Fox. He has carried on Sally's legacy of championing the needs of working families, seniors, children, and Vermont consumers. Michael is particularly interested in a strong economy, economic justice issues, and a high quality and cost effective education system for our state. He is a proven leader who knows how to get problems solved through the legislative process. Michael is an outstanding candidate who deserves your support. Please join me in voting for Michael Sirokin for one of the six Chittenden County Senate seats.

Martha Heath, Westford

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I'll vote "yes" on the school merger**To the Editor,**

On November 4, I will vote to merge the Chittenden East school districts. I've been a member of the Mount Mansfield Unified School District board since April 2006, and a member of the board's finance committee for most of that time, and I know the present system.

Right now each of the six elementary schools has a board, the MMU district has a board, and the Supervisory Union has a board. That's eight boards with 66 members in a community of some 15,000 people. On its face, that's a clumsy structure for a small community.

For roughly 50 years most of the students in Chittenden East have been in a unified district: the Mount Mansfield Unified School District, which governs the high school and the two middle schools. The merger will bring the elementary schools into a unified system with the middle and high schools. The change will provide a more efficient and consistent educational experience across the five towns and seven school districts that now make up our community and will make possible a more rational allocation of educational resources.

Students will benefit from consistent decisions on a course of education that lasts from pre-K through high school and a single board allocating resources. A unified board can address inequalities between elementary schools such as spending on technology, introduction to foreign languages, or enrichment programs (Jericho has them, others don't). As a commenter said recently about the current system, "We can't really have a conversation about what is more important, football or pre-K, because those are in separate budgets."

Taxpayers will also benefit. Small schools with declining enrollments have had their state funding cut, since state funding is based on enrollment without regard to whether the same classes must be taught, the same building heated and repaired, and the same lights turned on. The cut in state funding is made up for with local taxes, so taxpayers even in a district with no budget increase, such as Underhill ID last spring, can suffer a large property tax increase. This particularly hurts small schools. Underhill Central School has 118 pupils this year. Next year it expects only 99, so it can look forward to a cut in state funding. Merged into a district of more than 2500 students, the blow would be softened compared to being in a self-supporting district with only 99 students.

There are also tax incentives. Taxpayers in merging districts will be given some tax relief for the first four years, on a sliding scale that diminishes over those years. Districts that don't merge won't get that benefit.

I'm aware there are concerns.

Can a board of 15 members govern a unified district? We're already doing that in the MMU district, which has the majority of CESU students, and I'm confident the answer is yes.

What about local input? Parents and citizens come to MMU meetings; they will no doubt come to the unified board meetings if the merger is approved. Each town will still elect school board members to represent that town and I expect members' contact information to be on the website as it is now.

What about school closings? To me, the real danger is that without a merger, we may lose small schools such as Underhill ID, and Smilie in Bolton. Because of the state's "per student" funding formula and declining enrollments, the small schools are now in a financial crisis; the taxpayers know that because they have to make up the shortfall. In fact, the law prevents any school closures in the first four years of the merger unless a town wants to close its school. An opponent of the merger recently said, "You will lose your schools." That's not the case. Responsibility for the buildings will transfer to the unified district, but our schools will open next fall as they did this fall.

Why don't we have more details on dollars and educational programs? The merger is not mainly about dollars, though there likely will be administrative savings, economies of scale, and other positives in a cost-benefit analysis. The merger planning committee was not charged with budgeting. As to future programs, the committee rightly did not seek to bind a future board on educational decisions.

What about a town just voting "no" and then asking to join within the year, as the law provides? That's Russian roulette – if two other towns vote "no" there will be no unified district to join later. It would also put at risk the districts now in acute financial difficulty.

It all comes back to the students. For their sakes, I will vote for the merger.

Clifford Peterson
Underhill

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COMING EVENTS**Thursday, October 16**

Baked ham supper, servings at 5:00, 6:00, and 7:00 PM until all are served, Binghamville Methodist Church, Fletcher. Adults, \$10; kids under 12, \$5; pre-schoolers, free. For reservations, call Dennis or Charles at 849-2120. Menu: Baked ham, mashed potato and gravy, vegetables, cabbage salad, rolls, pickles, and homemade desserts.

Friday, October 17

Proof Positive, 7:00 PM, Phoenix Books, 191 Bank St., Burlington. Join Archer Mayor for a reading and discussion of *Proof Positive*, the 25th Joe Gunther novel. Archer Mayor is an investigator for the sheriff's department, the state medical examiner, and has 25 years of experience as a firefighter/EMT. Ticket required; price includes coupon toward purchase of an Archer Mayor book; available at either Phoenix Books location. For information, www.phoenixbooks.biz or 802-448-3350.

Saturday, October 18

Craft Fair, 9:00 AM – 4:00 PM, Hinesburg Fire Dept., Hinesburg. Sponsored by Life's Helpers Inc. to benefit the Breast Cancer Foundation. Vendors include a food stand with a selection of hot meals; bake sale and raffle.

Author S. S. Taylor

5:00 PM, Phoenix Books, 191 Bank St., Burlington. Join S. S. Taylor for behind-the-scenes info on becoming a writer and on her new book, *The Expeditions and the Secret of King Triton's Lair*. This is the second book in *The Expeditions* series. Q&A and book signing; all ages welcome, but middle readers are especially invited to chime in. S. S. Taylor lives in Vermont. For information, www.phoenixbooks.biz or 802-448-3350.

Saturday-Sunday, October 18-19

32nd Annual Quilt Show, Saturday 10:00 AM – 7:00 PM, Sunday 10:00 AM – 4:00 PM, State Building, Champlain Valley Fairgrounds, VT Rt. 2A, Essex Jct. Free parking; admission \$6 for adults, kids under 12 enter free.

Sunday, October 19

Sundays for Fledglings, 2:00 – 3:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Enjoy discovering birds – feathers to flying, art to zoology. Earn a Junior Birder Badge. Aimed at kids 5-9; siblings welcome. Free with admission, donations welcome. Pre-registration helpful; information, 802-434-2167 or museum@birdsofvermont.org.

Tuesday, October 21

Read for the Record, 6:00 PM, Phoenix Books Essex, 21 Essex Way, Essex and Phoenix Books, 191 Bank St., Burlington. Children and adults will attempt to break a world record by reading *Bunny Cakes*, by Rosemary Wells, in homes and communities around the globe. Phoenix is excited to be a part of this – and we hope you are too! Learn more about the national event at www.readforthercord.com. All ages welcome. Free. For information, www.phoenixbooks.biz or 802-448-3350.

Wednesday, October 22

Good Grief! Author Ellen Stimson, 7:00 PM, Fletcher Room, Fletcher Free Library, College St., Burlington. The author will speak about her new memoir and how she finds humor in life's challenges: imagine being the mom of the kid who peed on his teacher's chair... on purpose. Now imagine the governor asking you about it... Book sales and signing; enter to win a weekend getaway for two at the Equinox Resort. Free and open to the public. For information, call Barbara, 865.7211.

Thursday, October 23

A Night of Hip Hop Literature, 7:00 PM, Phoenix Books, 191 Bank St., Burlington. Laban Carrick Hill will begin the evening with a short talk on the history of hip hop, then Stephen Cramer will read from *From the Hip: A Concise History of Hip Hop (in Sonnets)*. Laban Carrick Hill is the author of *When the Bear was Born: DJ Kool Herc and the Creation of Hip Hop*. Stephen Cramer's work has appeared in journals such as *The American Poetry Review*, *African American Review*, *The Yale Review*, and others. *From the Hip* is his third book of poems. Both authors live in Burlington. Free. For information, www.phoenixbooks.biz or 802-448-3350.

Comedy Show, 8:00 PM, Stearns Student Center's Performance Space, Johnson State College, Johnson. Burlington-based Vermont Comedy Club hosts hilarious standup comedians in a free show. Donations support the JSC Student Emergency Fund. Performers include Nathan Hartwick, winner of the Higher Ground Comedy Battle; Henrique Cezar, chair and associate professor of JSC's Business & Economics department; Tim Bridge, a young, up-and-coming comedian; Taylor Scribner, semifinalist for Vermont's Funniest Comedian; and Kyle Gagnon, winner of the Higher Ground Comedy Battle. For information, contact Henrique Cezar, Henrique.Cezar@jsc.edu or 802-635-1297.

Friday, October 24

Tuck-In Time Pajama Party and Story Time, 6:00 PM, Phoenix Books Essex, 21 Essex Way, Essex. Put on your PJs, grab your blanket and favorite stuffy and join us for a pajama party with Tracey Campbell Pearson. Tracey illustrated the new book *Tuck-In Time*, a perfect bedtime story for little ones, and is the author and illustrator of many children's books, including *Elephant's Story* and *Bob*, which *Booklist* called "a visual treat." She lives in Jericho Center, Vermont. All ages welcome. Free. For information, www.phoenixbooks.biz or 802-448-3350.

Local in a Global Food System, 5:30 – 7:30 PM, Shelburne Farms Coach Barn, Shelburne. Vermont is known world-wide for its strong local food system, yet historically and even today we rely on outside markets to feed our small population and sustain our food businesses. So what does local really mean to our food producers of yesterday and today, and what are strategies for

Coming events continued on page 5

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WELCOME HOME!

JERICHO (Morris, Luczynski)

Lisa Morris and Chris Luczynski had a daughter, Kala Laura Ann Luczynski, on Wednesday, September 10, 2014 at Fletcher Allen Health Care in Burlington, VT.

Editor's note:
We apologize for misspelling Kala's name.



CAMBRIDGE

(Martin, Edwards) Helana Martin and Michael Edwards had a daughter, Mariah LeeAnn Edwards, on Thursday, August 14, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Slater) Amanda (Wigging) and Samuel Slater had a son, John-Charles Wigging Slater, on Friday, July 4, 2014 at Fletcher Allen Health Care in Burlington, VT.

FAIRFAX

(Fabrizio) Sarah (Prentiss) and Timothy Fabrizio had a daughter, Evelyn Theresa Fabrizio, on Wednesday, July 9, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Graham, Bombardier) Elisabeth Graham and David Bombardier had a daughter, Peyton Grace Bombardier, on Wednesday, August 20, 2014 at Fletcher Allen Health Care in Burlington, VT.

JERICHO

(Brown) Kristen (Flanders) and Joshua Brown had a daughter, Evelyn Rose Brown, on Tuesday, July 15, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Hayden) Stephanie (Gehlbach) and Patrick Hayden had a son, Vincent Ciresoli Hayden, on Friday, July 11, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Lomas, Earle) Sarah Jane Lomas and John Chandler Earle had a daughter, Beatrice Chandler Earle, on Friday, July 25, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Luchini, Lussier) Jared Lussier and Krista Luchini had a son, Heaton Noah Lussier, on Monday, August 11, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Douglass) Cassandra (McDonald) and Matthew Douglass had a son, Logan Douglass, on Tuesday, July 1, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Kolinich) Julie (Slayton) and Jonathan Kolinich had a daughter, Haley Lynn Kolinich, on Friday, July 4, 2014 at Fletcher Allen Health Care in Burlington, VT.

RICHMOND

(Beane) Heidi and Chad Beane had a daughter, Keyona Marie Beane, on Monday, July 28, 2014 at Fletcher Allen Health Care in Burlington, VT.

UNDERHILL

(Pelow, Gangl) Kenra Lynn Pelow and Joseph Gangl had a daughter, Kassandra Lee Gangl, on Saturday, July 26, 2014 at Fletcher Allen Health Care in Burlington, VT.

Coming events continued from page 4

accessing both local and global markets to ensure the success of their companies? Speakers Roger Allbee, former VT Secretary of Agriculture; Jack Lazor, Butterworks Farms; Sean Buchanan, Black River Produce.

Saturday, October 25

Bird Monitoring Walk, 8:00 – 9:45 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Join experienced birders on the monthly bird monitoring walk, last Saturday of the month. Best for adults, older children, and somewhat more experienced birders. Dress for the weather and bring binoculars. Cocoa, coffee, and tea afterward in the museum. For information, 802-434-2167, museum@birdsofvermont.org, or <http://www.birdsofvermont.org>.

Haunted Inns & Ghostly Getaways of Vermont, 2:00 PM, Phoenix Books, 191 Bank St., Burlington. Creaks and groans in the night remind guests that they might not be alone in Vermont's inns. Discover the history behind some of the Green Mountain State's spookiest places to spend the night. Thea Lewis will tell tales from her new book, *Haunted Inns and Ghostly Getaways of Vermont*. Thea is the owner and tour guide for Queen City Ghost Walk, and is also the author of *Haunted Burlington* and *Ghosts and Legends of Lake Champlain*. Free. For information, www.phoenixbooks.biz or 802-448-3350.

Taste of the Lake Reception, 4:30 – 6:30 PM, Shelburne Farms Coach Barn, Shelburne. Local fish on Vermont restaurant menus is not something we see every day but Lake Champlain International and Vermont Fresh Network are hoping to change that. Come hear about the work this partnership is doing to promote the bounty of our lake and enjoy local fish prepared by Chef David Hugo of the Inn at Shelburne Farms and Chef Doug Paine of Juniper at Hotel Vermont. Participants: James Ehlers, Lake Champlain International; Meghan Sheridan, Vermont Fresh Network; Doug Paine, Juniper; David Hugo, Inn at Shelburne Farms. For information including donation cost, go online to *Taste of the Lake Reception registration* (<http://www.eventbrite.com/e/taste-of-the-lake-reception-registration-13177180301>). All proceeds support VT Fresh Network's campaign to integrate local fish into Vermont restaurants.

Sunday, October 26

Arts & Apple Festival, 11:00 AM – 3:00 PM, Brick Meeting House, Westford Common. Fourth annual event presented by the Westford Historical Society – artists and artisans show their work; fresh homemade apple pies available whole or by the slice with hot coffee or cider; apples; historic photos and artwork. For information, call Guy, 872-9683.

Evening of Burundian culture and cuisine, 5:00 PM, North End Studios, 294 North Winooski Ave., Burlington. Traditional dinner of soup, sambusas, goat, beef, chicken, yucca, rice,

PEOPLE IN THE NEWS

OBITUARIES



Gary L. Blow, 74, of Underhill, VT died on Monday, September 29, 2014 in Birchwood Terrace Health Care following a long illness. He was born on November 14, 1939 in Grand Isle, VT, the son of Beecher and Ethel (Lamott) Blow. Gary grew up in Grand Isle, but also lived in Underhill and Colchester, VT. Over the years, he worked at the fair, on farms, and then was a contractor who specialized in restoration of old buildings. He loved spending time with his grandchildren, working on old cars, traveling, and going for rides to Grand Isle to reminisce and to eat at the snack bars. He was a wonderful father and grandfather. Gary is survived by his three children Linda Kirby, Lori Mulvihill, and Brian Blow, and their spouses; eight grandchildren; five great-grandchildren; brother Lionel Blow; sister Lavaughn Winder; and many nieces and nephews. He was predeceased by his parents. Visiting hours were held at the Ready Funeral Home, Mountain View Chapel, 68 Pinecrest Dr., Essex, VT on Friday, October 3, 2014. A memorial service was held at the funeral home at 12:00 PM, with burial following in Grand Isle Cemetery, Grand Isle. In lieu of flowers, contributions may be made to Alzheimer's Association of VT, 300 Cornerstone Dr., Suite 128, Williston, VT 05495.



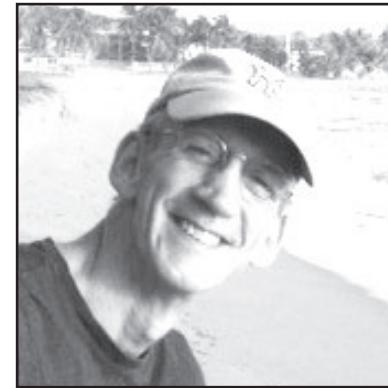
Joanne Marie Lowell of Huntington, VT, born on October 5, 1959, passed away unexpectedly on Sunday, October 5, 2014. Joanne is survived by her son Douglas Lowell; granddaughter Emily Lowell; grandson Robert Lowell; longtime friend Daniel Shaw; four brothers; one sister; and two stepsisters. Joanne was predeceased by her husband Francis Raymond; parents Mary and Leslie Lowell; and brother Wesley Lowell. Joanne was an avid gardener and hunter, spent hours helping her son in his sugar house, and

was rarely seen without her sidekick, Willy. She loved spending time with friends and family, and best of all her grandchildren. There will be a celebration of life on Saturday, October 18, 2014, at 11:00 AM at the home of David and Nancy Lowell, 86 Haskins Dr., Huntington, VT.



On October 3, 2014 heaven accepted another angel, **Richard "Dick" A. Owen**, 81, of Huntington, VT. He was born on May 1, 1933 in Hinesburg, VT, the son of Harry and Freda (Burritt) Owen. Dick grew up in Hinesburg. He married Joyce Clark on September 6, 1952 in Hinesburg; she predeceased him on January 24, 2006. He served in the U.S. Army from 1952 to 1961. Dick was a longtime truck driver, working for Dave Tillotson, Ormond Bushey Trucking, and his son, Steven, for Fresh Water Haulers. He is survived by his two sons, Steven R. and wife Suzanne Owen of Underhill, VT, and Chris and wife Michelle Owen of St. Albans; 11 grandchildren: Jaime, Jennifer, Jessie and his wife Audrey Owen, Crystal and her husband Dan Phelps, Heath and his wife Megan Owen, Joseph and Stephanie Owen, Samantha Owen, Christopher Owen, Alex Coache, Bryan Coache, and Chesney Owen; one great-granddaughter, Averie Owen; many brothers- and sisters-in-law; and several nieces, nephews, and other family members. Dick was predeceased by his brothers, Robert and Roger Owen. A graveside service was held on Thursday, October 9, 2014 at the Hinesburg Village Cemetery. In lieu of flowers, a charitable donation can be made to Vermont Cancer Society, 55 Day Lane, Williston, VT 05495.

Cambridge resident honored for 25 years of service



Edward Williamson was recently honored for reaching an important milestone – 25 years of service to HowardCenter. Williamson, clinical director of the St. Albans Outpatient Clinic, was recognized at a special employee anniversary celebration on September 23. Williamson has a master's degree from the University of Vermont and is a Licensed Alcohol and Drug Counselor and Licensed Clinical Mental Health Counselor. He lives in Cambridge, VT with his wife.

PHOTO CONTRIBUTED

Do you know the quilters in your community?

More than 20 quilts by residents of Cambridge, Jericho, Underhill, and Westford will be on display at the 32nd Annual Quilt Show sponsored by Champlain Valley Quilt Guild. The show runs Saturday-Sunday, October 18-19, 10:00 AM – 7:00 PM on Saturday, 10:00 AM – 4:00 PM on Sunday, at the State Building, Champlain Valley Fairgrounds, Essex Jct. Free parking, admission \$6 for adults, kids under 12 enter free. Our quilting neighbors include:

- Anne Standish, Cambridge (3 quilts)
- Marya Lowe, Jericho (4)
- Carol Thurgate, Jericho (4)
- Alice Marsh, Jericho (2)
- Wilma Gatti, Jericho (2)
- Anne-Marie Larose, Jericho (1)
- Gail Babinger, Jericho (1)
- Annie Buck, Underhill (1)
- Gerry Hardy, Underhill (1)
- Janet Jaffe, Westford (2)

Wednesday, November 5

The Vermont Way, 7:00 PM, Phoenix Books, 191 Bank St., Burlington. On Governor Jim Douglas for a discussion of his new book. In 2002, Douglas was elected to the first of four terms as Vermont's 80th governor. In *The Vermont Way*, Douglas does it all: kissing a cow at a county fair, chatting with kids at their lemonade stand on the campaign trail, visiting Vermont National Guard troops in the Middle East, and offering advice to the president in the Oval Office. A great book for lovers of Vermont and Vermont history. Free. For information, www.phoenixbooks.biz or 802-448-3350.

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LIBRARY NEWS

Also coming... new, expanded shelving for our collection at the end of October!

Deborah Rawson Book Lovers (DRBL) is an adult book discussion group that meets every month at the library. New members are always welcome to drop in on any meeting – always the second Tuesday of the month at 7:00 PM. For more information about book club, contact Christine Staffa at Christine@cstaffa.com.

Everything is awesome! Join us for Family Movie Night on Friday, October 17 from 6:30 – 9:00 PM. Plan to bring the whole gang to DRML for a family-friendly movie. Bring your pillow and blanket and we'll provide the popcorn!

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO CENTER LIBRARY

Board meetings are the first Tuesday of each month, starting at 7:15 PM. The next meeting is October 7.

Writers' Group: The library's writers' group would like to have others join at any time. Members write in any genre and support each other through critiques and an exchange of ideas. If interested, contact Margaret Grant at 879-4880. Meetings are at 2:00 PM at the Jericho Town Library on the following dates: October 17, 31 and November 14, 28.

E-Readers: For our patrons who like to read in an electronic format, the library has e-readers available for sign out.

Passes: The library not only has books and CDs, but passes to Echo and to state parks are also available to sign out.

Books for Sale: The library entrance contains a great supply of books for sale at very inexpensive prices.

Library hours are: Monday 1:00 – 7:00 PM; Wednesday 10:00 AM – noon (includes children's story time) and 2:00 – 7:00 PM; Friday 1:00 – 5:00 PM; Saturday 10:00 AM – noon. For more information call 899-4686, go online to www.jerichotownlibrary.org, or email Jerichotownlibrary@gmail.com.

FAIRFAX COMMUNITY LIBRARY

The Library will again be open for Halloween Trick or Treating on Friday, October 31 from 5:00 – 7:00 PM. Please stop in for candy and a photo op!

All events are free unless noted otherwise. Pre-registration encouraged.

No registration needed for story hour. Call or email libraryprograms@fwsu.org.

Thursday, October 16, 6:00 – 7:00 PM: PJ Story Hour returns! We have a wonderful new volunteer to read stories, and we'll have snacks, too!

Tuesday, October 21, 9:30 – 10:30 AM: Story Time: Numbers and Days. Stories, music, and crafts for ages 0 – 6.

Tuesday, October 21, 6:30 – 8:00 PM: Fairfax Reads "Wonder" Mask Making. We'll get creative as we decorate masks and discuss why Halloween is Auggie's favorite holiday. All materials provided. All ages welcome. Event sponsored in part by the VT Humanities Council, Renewable NRG Systems, and the Jack and Dorothy Byrne Foundation. Non-perishable food donations for the local food shelf appreciated.

Thursday, October 23, 6:30 – 8:00 PM: Poetry Reading by Vermont Poet Antonia Clark. Antonia (Toni) Clark, a medical

and science writer, has also taught poetry and fiction writing at community colleges and in adult education programs. For the past eight years, she has moderated an online poetry forum, *The Waters*. She is the author of *Smoke and Mirrors* (Finishing Line Press, 2013) and the full-length poetry collection, *Chameleon Moon* (David Robert Books, 2014).

Saturday, October 25, 10:00 – 12:00 AM: Family Tinker Series. This month: Squishy Circuits! Our grant-sponsored events continue. Come play with conductive play dough as we make clay figures that light

up! All materials provided. Age 6+. Event sponsored in part by the Vermont Department of Libraries, Vermont Makers, the UVM College of Engineering and Math, and the funder, Vermont Community Foundation.

Tuesday, October 28, 9:30 – 10:30 AM: Story Time: Flies, Spiders, and Bats, Oh My!!

For up-to-date info about programs, visit our website: www.fairfaxvlibrary.org, where you can find a link to our interactive Google calendar. Follow us on Facebook, VT Grandpa, and Front Porch Forum as well!

READ to a DOG returns soon, stay tuned for dates!

For up-to-date information about programs, visit our website www.fairfaxvlibrary.org, where you can find a link to our interactive Google calendar. Follow us on Facebook, VT Grandpa, and Front Porch Forum as well! For up-to-date info about programs, www.fairfaxvlibrary.org. Fairfax Community Library: 75 Hunt St., Fairfax, VT, 05454; 849-2420. Program Planner Karyn Norwood, knorwood@fwsu.org; Library News: www.bfsafairfax.com/pages/communitylibrarynews.html. Facebook page: www.facebook.com/home.php?/pages/Fairfax-Community-Library.

School Year Library Hours: Monday, Wednesday 8:00 AM – 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Tuesday, October 21 – *Author! Author!* series hosting Steve Metz DVM, 7:00 PM. Meet this memoir author, an exotic animal veterinarian who has treated everything from kittens to tigers, from turtles to elephants. All ages welcome. Free. Call 644-2117 for more info.

Saturday, October 25 – *Freedom and Unity*: The Vermont Movie And Discussion Series: 3:00 – 5:00 PM. Title: Under the Surface: Exploring labor wars, eugenics, the McCarthy era, and progressive Republicanism. A Vermont Humanities Council Program hosted by the Varnum Memorial Library and the Crescendo Club Library Association. Light refreshments. Free. For more information: 644-2117

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, and Fridays 2:00 – 5:00 PM, Saturdays 10:00 AM – 3:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD

Tai Chi every Monday and Wednesday from 11:15 AM – noon, (pre-registration required).

Storytime every Thursday, 11:00 AM.

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 6:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website: www.westfordpubliclibrary.org; Email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

ALLING LIBRARY, WILLISTON

All Events are Free

Babysit Playgroup: 6:00 – 7:30 PM, first Wednesday of each month. Playgroups are designed for children birth to 2 years and their caregivers. Age appropriate toys, stories and finger plays. For information call 876-7555. Sponsored by Building Bright Futures.

Preschool Music: Mondays, 11:00 AM with Peter Alsen, and Thursdays, 10:30 AM with Derek Burkins. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Fall Story Time: Tuesdays, 11:00 AM. Explore the world around you and encourage a life-long love of reading. Preschoolers are introduced to a variety of books and authors while gaining early literacy skills. October 21: Science Story Time "Stones and Bones"; October 28: Pumpkins. Followed by a simple craft activity. For children ages 3-5. No pre-registration.

After-School Games: Monday, October 20, 3:00 – 4:00 PM. Bring your own trading cards (Magic, Pokémon, Yu-Gi-Oh) or play one of the library's games. Grades 3 and up. Snacks provided.

Science Story Time: Stones and Bones: Tuesday, October 21, 11:00 AM. Ages 3 and up. Special stones called fossils tell a story about life long ago. Come and explore the wild world of fossils with Kristen Littlefield (Professor Fizzywig). Crafts include "bone" collages, make your own fossil ornaments and fossil bookmarks. Sponsored by Friends of the Library.

Read to a Dog! Tuesdays, 3:30 – 4:30 PM. Bring a book and read to one of our registered therapy dogs. All dogs registered with Therapy Dogs of Vermont. All ages. Call 878-4918 to pre-register for individual sessions.

Spanish Musical Playgroup: Saturday, October 25, 10:30 AM. Spanish rhymes, books, and songs for children birth to age 5. Includes a craft activity and snack. Music with Constancia and crafts with Natasha. Sponsored by Building Bright Futures.

Read to Van Gogh the Cat: Monday, October 27, 3:30 – 4:30 PM. Call 878-4918 to pre-register for individual reading sessions with Van Gogh, our registered therapy cat.

Squishy Circuits: Creepy Creatures: Tuesday, October 28, 3:00 PM. Make a creature using play dough and LED lights. K and up. Pre-register at 878-4918. Children ages 8 and younger must be accompanied by an adult while at the library. Pre-register at 878-4918.

Halloween Stories: Wednesday, October 29, 6:30 PM. Bring kids in PJs or costumes with their favorite stuffed animal for stories, a craft, and a bedtime snack. Presented by Building Bright Futures and Dorothy Alling Memorial Library.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us

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Varnum Library hosts

Steve Metz, DVM

How many veterinarians in Vermont have treated a tiger, an elephant, and a boa constrictor? Come meet Steve Metz, DVM at the Varnum Library in Jeffersonville. He will talk about his 42 years of veterinary practice – 38 of those in Shelburne, VT. You may recognize Dr Metz: he is host of the weekly radio phone-in program *Pet Talk* on WKDR and has also offered his animal care advice on WCAX-TV.

Steve's long career yields countless stories, as only the doctor to creatures from goldfish to elephants can. And animals are not Steve's only passion: he was the first president of the Mozart Festival, a student of the oboe, a motorcyclist not afraid of distance (9000 miles across country and into Canada), a birdwatcher, and dog obedience trainer. If you like animals – and their people – join Dr. Metz at the Varnum Library.

This is the fourth presentation of the Varnum Library's author series. Please join us on Tuesday, October 21 at 7:00 PM to meet memoir author Steve Metz DVM. This is an all-ages event; light refreshments will be served. The presentation is free and the public is welcome. For more information, call 802-644-2117.

LIBRARY NEWS

DEBORAH RAWSON LIBRARY, UNDERHILL

Catamount Library Network (CLN) – Koha is coming to Deborah Rawson Memorial Library in October! This change will allow library patrons to reserve materials from DRML and other libraries in the Catamount Library Network from their own computers and devices. This puts power in the hands of library patrons and will provide an improvement in our library services.

Library will be CLOSED on Saturday-Sunday, October 18-19 for final Catamount Update.

CHITTENDEN MILLS BEVERAGE
5¢ OFF FREE COFFEE 12 OZ.
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RE-ELECT

TIM ASHE
VERMONT SENATE

"I've known Tim for twelve years. Whether it was working in my Congressional Office, his job at Cathedral Square affordable senior housing, or in the Senate, he's always placed the needs of Vermont's middle class, seniors, and veterans first.

Please join me in supporting Tim's re-election to the Senate."

— Senator Bernie Sanders



YOUR 1ST CHOICE FOR SENATE

ADULT ACTIVITIES

Toastmasters of Greater Burlington, 2nd and 4th Wednesdays 7:00 PM Holiday Inn, 1068 Williston Rd., S. Burlington. Are you hoping to develop your speaking and leadership skills? Ace a job interview? Ignite your career? Come and join us!

Birds of Vermont Museum open every day, 10:00 AM – 4:00 PM, through October 31. Exhibits: *Perilous Passages* and *Wings of Clay*, on the consequences of the extinction of the Passenger Pigeon as interpreted in art. Admission: members free; non-member adults \$7; discounts for seniors/children. 900 Sherman Hollow Rd., Huntington. 802-434-2167 or museum@birdsofvermont.org.

Yoga, Tuesdays, 6:30 – 8:00 PM, Collins-Perley Sports Complex, St. Albans. For information including cost, 802-527-1202.

Contra Dance, Shelburne Town Hall, Shelburne. Callers Amelia Fontein and Guillaume Sparrow-Pepin and Jokers Wild (Everest and Alden Witman and Aidan Murphy). Monthly dances presented by Queen City Contras, <http://www.queencitycontras.org>. Admission charged.

Chittenden County Postage stamps and post card club, 1st Wednesday of the month 6:15 – 8:30 PM, A IDX Circle GE Healthcare Building, South Burlington. Information email: Laineyrapp@yahoo.com or call me at 802-660-4817

Drop in Watercolor Painting, Every 3rd Saturday, 9:00 – 11:00 AM, River Arts Center, Morrisville. An opportunity to refine your watercolor skill set or learn new techniques if you're a beginner. Bring your own materials, no registration required, drop in. Suggested donation \$8. Call 888-1261, or visit our website: www.riverartsvt.org for more details.

Eagles Auxiliary #3210 holds bingo at the club house, VT Rt. 109, Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally, 644-5377.

Essex Art League meets the 1st Thursday of the month, from 9:00 – 11:00 AM, at the Essex Junction Congregational Church, VT Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar, listing featured speakers, is published on the League's website: www.essexartleague.com.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the 3rd Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction.

The Women of the United Church of Underhill meet on the 2nd Saturday of each month, 8:00 AM at the Church located at the park, VT Rt. 15, Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

Smugglers Notch 55+ Club meets every Wednesday at Smugglers' Notch for a social time, then break into groups to ski. We start with a brief organizational meeting, coffee and rolls, and then we head out to the trails in self-selected ability groups, gather informally throughout the summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. For more information call Deborah at 644-5455 or just attend a meeting at the Morse base lodge starting at 9:00 AM every Wednesday.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2nd Monday of the month, 6:30 PM. Anyone welcome.

HEALTH EVENTS & GROUPS

Al-Anon meetings, Jericho United Methodist Church, Thursday mornings 10:00 AM, and Saturday mornings, 10:00 AM.

Alcoholics Anonymous meeting, "Women's Big Book" group meets Thursdays, 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Jct. across from Grange Hall.

Alcoholics Anonymous Meeting "Wing It" group meets Sundays, 11:00 AM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker meeting followed by a Brunch (\$10 charge for the brunch).

Alcoholics Anonymous Meeting, "The Firing Line" group meets Wednesdays, 7:15 – 8:15 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Step meeting.

Alcoholics Anonymous Meeting "The Firing Line" group meets Saturdays, 8:00 – 9:00 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker Discussion meeting.

Alzheimer's Support Group – Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Brain Injury Support Group – offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Monthly meetings: 4th Fridays at the YMCA in Winooski 11:00

ONGOING EVENTS

AM – noon; 1st Wednesdays at Fanny Allen in Colchester, 5:30 – 7:30 PM; and 2nd Tuesdays at the Saint Albans diner in Saint Albans. Call the BIATV help line, 877-856-1772.

Foot Clinics – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and cost information. Cost: \$20.

Healthy Weight Support Group, Mondays, 12:00 – 12:30 PM, Northwestern Medical Center, Conference Room 3, St. Albans. Support group for those working on weight management. Combines behavioral and nutritional strategies to increase physical activity and decrease calorie intake. Provides techniques to help manage eating behaviors. Come 15 minutes early for weight check. Kay Tran, Registered Dietitian, MS, CDE, & Leslie Gardzina, Registered Dietitian. No registration required, just drop in.

International Cesarean Awareness Network supporting mothers and families recovering from or learning about cesareans and VBACs. For more information email ICANvt@gmail.com or call Jessilyn at 802-363-5499.

Overeaters Anonymous meets 6:00 – 7:00 PM Wednesdays, Jericho United Methodist Church, VT Rt. 15, Jericho.

Champlain Valley Prostate Cancer Support Group meets 6:00 – 8:00 PM, 2nd Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer reoccurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. For information contact Mary L. Guyette RN, MS, ACNS-BC at 802-274-4990.

T O P S

C h a p t e r 145 meets Thursdays 6:15 PM, Eagles Club, VT Rt. 109, Jeffersonville. Weigh-in 5:15 – 6:00 PM.

H e a l i n g C i r c l e B r a s t C a n c e r N e t w o r k, support group for women with breast cancer, monthly meetings 1st Tuesdays 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

L a m o i l l e H o m e H e a l t h & H o s p i c e: Offering Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene at 888-4651 or c camire@lha.org for more information.

F r a n k l i n

County Prostate Cancer Support Group, monthly, 1st Tuesdays, 5:15 – 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

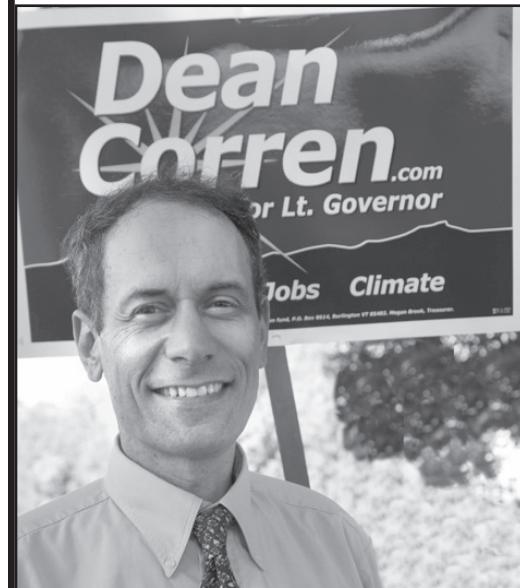
KIDS

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events and information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or underhillplaygroup@yahoo.com.

Mondays: Jericho Community Center, 9:30 – 11:00 AM
Wednesdays: Richmond Free Library, 8:45 – 10:15 AM
Fridays: Underhill Central School, 9:30 – 11:00 AM
Fridays: Huntington Public Library, 11:00 AM – 12:30 PM

Ongoing events continued on page 8

Make the right choice for Lt. Governor



We can make our tax system simple and fair while supporting our schools and communities.

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at Mansfield Orthopaedics
555 Washington Hwy., Morrisville

Hardwick Rehabilitation
88 High St., Hardwick

Ongoing events continued from page 7

Kids' Yoga, 3-5 years and 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

Early Literacy Storytime, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age's birth-preschool. Drop-in; no registration needed. We welcome new families. For more info, contact Victoria at 878-5639 or westford_pl@vals.state.vt.us, or visit www.westford.lib.vt.us and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

Community Soup & Bread Supper, 1st Thursday of the month, 4:30 – 7:00 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex (across from John Leo's on VT Rt. 15 near the Jericho/Underhill line). Eat in or take out. Variety of soups, breads, and sweet dessert. Stop in on your way home! Stay to eat with family and friends or pick up to take home! Donations gladly accepted. Call Pastor Pete Norland, 879-4313 for more information.

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the 1st and 3rd Wednesday of each month. All seniors are welcome. Dinner served at 11:30 AM. For information, Bette Workman, 899-4446, Lorette Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - 2nd and 4th Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal will be followed by community gathering. For information, please contact: Ellen Hill, 635-1439, ellen.hill@jsc.edu.

Westford Senior lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2nd Monday. Lunch served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site – The Huntington senior meals are served monthly on the 3rd Tuesday, 12:00 noon at the Community Baptist Church, Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on 2nd and 4th Tuesday of each month with bingo games afterward. Everyone is welcome including caregivers. Dinners \$4 per person. For information call Ted Barrette, 453-3087.

Starksboro First Baptist Church, Starksboro senior meals, 4th Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. (No meals in November and December.)

"Good Food for All" free dinners, 2nd Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

Ongoing Pilate classes, Dakini Studio, Underhill, Mondays and Thursdays, 6:00 PM. Register at 899-4191. For more information and other scheduled classes, www.dakinistudio.wordpress.com.

Qi Gong, the ancient Chinese art of movement, classes: Saturdays 9:00 – 10:00 AM, 562 VT Rt. 15, Johnson; Saturdays 11:00 AM – noon, River Arts, Morrisville; and Sundays 11:15 AM – 12:15 PM, Artful Cup, Jeffersonville.

Zumba, Tuesdays, 5:30 PM, Red Brick Church, Westford, with Heather Sanders, \$5, first class free; Saturdays, 9:15 AM, BFA, Fairfax, \$5; Sundays, 9:00 AM, Meeting House, Fletcher, \$5; with Kathy Bourdeau Mondays, 7:30 PM, BFA, Fairfax, \$5; Wednesdays, 7:00 PM, BFA, Fairfax, \$5.

Zumba Fitness, Monday evenings only, 5:30 – 6:30 PM, River Arts Center, Morrisville. Certified instructor Karen Machia. No registration required, drop in. 888-1261 or www.riverartsvt.org for more details.

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 – 3:00 PM, monthly, 3rd Thursdays, The Bagel Cafe, Ethan Allen Shopping Center, Burlington. For information, www.vtcfids.org, Lainey at 802-660-4817, or 800-296-1445 ask for Rik

Alzheimer's support group, monthly on the 3rd Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, 3rd Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

Eating Disorders Parental Support Group, monthly on the 3rd Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with, or at risk of, anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on 1st four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. For information, Susan Lassiter, 644-6600 or Slassiter@unionbankvt.com.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, jquinninv@aol.com.

Jericho-Underhill Water District meets 1st Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. For information, 899-4076 or 899-3810.

Jericho Historical Society, monthly on 2nd Thursdays, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, 1st and 3rd Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Jericho Energy Task Force meets monthly, 2nd Thursdays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

THRIFT SHOPS & FOOD SHELVES

Clutter Barn: Donations are accepted on Saturdays, 8:30 AM – 12:00 PM, through September 13. The Clutter Barn is located in Underhill Flats, between the Brick House and the United Church of Underhill.

Essex/Jericho/Underhill Food Shelf, 3rd Saturdays, 9:00 – 11:30 AM, at Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

Westford Food Shelf, open monthly, 3rd Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The Heavenly Cents Thrift Shop, just east of Five Corners, Essex Jct., VT Rt. 15, 10:00 AM – 3:00 PM Tuesdays and Wednesdays; 4:00 – 8:00 PM Thursdays.

Workshop on energy options for today

There have been a couple recent developments in the energy field that can help you simultaneously reduce your energy bill and reduce your impact on the environment. Specifically, with increases in the efficiency of and decreases in the price of solar electric (photovoltaic) panels and solar water heating systems, and with innovative financing options, many Vermonters can now produce their own electricity or hot water at costs at or below what they are currently paying. In fact, it is often possible to install a photovoltaic system for zero money down and to pay the same amount for electricity as your current electricity bill for 15 years – i.e., while all your neighbors' electricity bills are increasing year to year, you can pay the same amount you're currently paying. And after 15 years, you will own the system and will have virtually free electricity for another 15 years or so!

Another major development has been the commercialization of cold weather heat pumps that can "harvest" heat from the air outside your house to heat it. Cold weather heat pumps can cost-effectively provide around 80% of your heating needs, typically providing useful heat down to around 0°F. Similarly, heat pump water heaters can provide hot water for your home at a cost less than oil, propane, or electricity.

If you would like to learn more about these energy- and money-saving technologies, please attend the free public *Energy Options for Today* workshop, sponsored by the Underhill Energy Committee. The session will be on Tuesday, October 28, from 7:00 – 9:00 PM, upstairs in the Underhill Town Hall in Underhill Center.

The evening will begin with brief presentations by several local installers of solar and heat pump systems describing their products and their expertise. Next, we'll open the floor to general questions. Following that, attendees will have an opportunity to visit each of the installers at tables set up around the hall.

An evening of Burundian culture and cuisine

On Sunday, October 26 at 5:00 PM, North End Studios and the Vermont Council on World Affairs host an evening of Burundian culture and cuisine. Proceeds benefit the Burundian American Association's fund for purchase and transportation of a set of traditional drums. North End Studio A is located at 294 North Winooski Avenue in Burlington. Tickets are \$15 in advance or \$18 at the door (if available) available at northendstudios.org.

Dinner will include soup and sambusas, followed by a traditional dinner including goat, beef, and chicken; vegetables including yucca, sweet potatoes, baked potatoes, salad, and two kinds of rice; and African corn cake and benye (donuts).

Dance and song will be provided by the Burundian performing group, Twibukanye (which means "so we don't forget"). There will also be some short films from Burundi, provided by the VT International Film Foundation.

All facilities at North End Studios are handicapped accessible. For more information about North End Studios, call 802-863-6713 or go online to www.northendstudios.org or www.vermontinternationalfestival.com.

Jericho Board of Water Commissioners meeting

The Board of Water Commissioners of the Village of Jericho, Inc. will hold their monthly meeting on Tuesday, October 21 at 7:00 PM. This meeting will be held at the Old Red Mill on 4B Red Mill Dr., Jericho.

Send us your news! Weddings, Births, Deaths, Scouts, 4H, anything you'd like to see in the paper is welcome.

Feel cozy at home this winter

There are many ways to make your home cooler when it's hot, and warmer when it's cold—as well as lower your energy costs.

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qualifying improvements

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for installing a
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www.efficiencyvermont.com/savings

Email the information along to
mtgazette
@earthlink.net

ART/PHOTOGRAPHY

Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho. Call to artists – *Think square!* is one of an ongoing series of shows that are part of a collaborative project between the Town of Jericho and a committee of volunteers involved in the arts. The Committee includes Jericho Selectboard member Catherine McMains, artists Dianne Shullenberger and Barbara Greene, and gallery owner Emilie Alexander. Gallery hours: Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment. Information, www.emilegruppégallery.com or 899-3211.

Bryan Memorial Gallery, 180 Main St., Jeffersonville. *Land and Light* exhibition through Sunday, December 28. Call to artists for *GEMS* to become members and submit to its annual exhibition of artwork in a small format, deadline Sunday, October 26; exhibition Friday, November 7 – Sunday, December 28. *Call to Photographers for A Photographer's View of Land and Light and Water and Air*, through Sunday, November 2. Bryan Memorial Gallery invites artists to become members and submit to its annual exhibition of artwork in a small format. Deadline: October 26. Exhibition: November 7 – December 28. Membership required. Specs, entry form, and information available at www.bryangallery.org, click on CALLS TO ARTISTS. For information, 802-644-5100.

The Fleming Museum has Kara Walker's exhibit, *Harper's Pictorial History of the Civil War (Annotated)*, in the museum's Wolcott Gallery through December 12. *Civil War Objects from the UVM Collections* – more than 34,000 Vermonters, almost 10% of the population, went to war. From quilts made for soldiers' fundraisers to prized uniforms to fragments of hardtack (a Civil war ration), Vermonters donated family heirlooms to the Fleming, reflecting their wartime experiences. *Civil War Era Drawings from the Becker Collection* – Joseph Becker was an artist-reporter who documented the Civil War, observing and drawing on the battlefields, in military encampments, and on the move, sending drawings back to the newspaper for publication. In addition to documenting the war, artist-reporters also submitted drawings of the construction of the railroads, the laying of the transatlantic cable in Ireland, Chinese workers in the West, the Indian Wars, the Great Chicago Fire, and other aspects of 19th-century American history and culture. These journalists' drawings often provide more detail, drama, and emotion than did the then-new technology of the camera. Most of the drawings were turned into engravings for publication in Frank Leslie's *Illustrated Newspaper* but the drawings themselves have never been published. The tour of this exhibition, organized by the McMullen Museum of Art at Boston College, is the first opportunity for scholars and the general public to see selections from this important and previously unknown collection. The Robert Hull Fleming Museum, 61 Colchester Ave., Burlington; 802-656-0750.

Helen Day Art Center, Stowe: *In No Time: A Retrospective of Ideas* – the choreography of Polly Motley, through Sunday, October 19. Free and open to the public. Art classes are offered at Helen Day in October on painting, cornucopia willow weaving, jello printmaking, creative drawing, and more. For more information and to register for youth, teen, and adult fall classes, education@helenday.com or 802-253-8358. Helen Day Art Center, 90 Pond St., Stowe, 802-253-8358, www.helenday.com. Hours: Wednesday - Sunday, 12:00 – 5:00 PM, and by appointment.

MUSIC

Westford Fall/Winter Music Series – The opening concert is Sunday October 19, 4:00 – 5:00 PM at the UCW White Church, Top of the Common, Westford, featuring the *Modern Grass Quintet*, a high-energy, risk-taking contemporary bluegrass band based in northern Vermont. The group formed in 2009 and comprises current and former members of *Breakaway*, the *Bluegrass Gospel Project*, and *Possum Haw*. The MGQ has performed in concerts throughout the

ART / MUSIC / THEATER

region including the Champlain Valley Folk Festival, the Valley Stage Music Festival, the Schroon Lake (NY) Arts Council, First Night Burlington and other regional venues. Free will donation. Refreshments following concert. Call 879-4028 for more information.

Vermont's rising opera stars return for a gala concert – Vermont natives Christopher Colmenero (tenor) and Geoffrey Penar (baritone) will appear in *An Afternoon of Art Songs, Arias, & Duets* on Sunday, October 19, 4:00 PM at the College Street Congregational Church in Burlington. Presented by Bill Reed Voice Studio as part of *The Singer's Art Concert Series* with concert pianist Paul Orgel accompanying, the recital will include art songs, arias, and duets by Mozart, Schumann, Brahms, Ravel, Strauss, Weber, Bizet, Puccini, Gounod, and Tosti. For more information or tickets (available online or at the door), www.billreedvoicestudio.com or www.flyntix.org or email Sally Olson, admin@billreedvoicestudio.com.

The Vermont Philharmonic, Central Vermont's orchestra and chorus, will be performing its annual Opera Gala under the direction of conductor Lou Kosma. The program includes the music of Verdi, Puccini, Donizetti, and other Italian composers, and will feature Alice Girle, soprano, and Anna Odell, harpist, the 2014 winners of the Florence, Italy "Bel Canto" Institute awards. Performances will be at Fuller Hall in St. Johnsbury on Saturday, October 25, 7:00 PM and at the Barre Opera House at 2:00 PM on Sunday, October 26. Contact www.vermontphilharmonic.org for information and tickets.

The Music of J.S. Bach: Arias and Orchestral Works – on Sunday, November 23 at 3:00 PM at the Episcopal Cathedral, 2 Cherry St., Burlington, the Capital City Concerts' Bach Festival Chamber Orchestra performs the music of J.S. Bach including the *Concerto for Violin and Oboe in C minor, BWV 1060*, and the *Orchestral Suite No. 2 in B minor, BWV 1067* for

flute and strings. Internationally renowned soprano Hyunah Yu, whom *The Baltimore Sun* praised for her "lovely voice with diamond purity," will sing arias with orchestral accompaniment. Accessible; free parking. For information including tickets and cost, 802-864-0471 or 802-864-7183, Martin Poppe, Poppe@CathedralArts.org.

Heavenly Light – on Sunday, December 7 at 3:00 PM at the Episcopal Cathedral, 2 Cherry St., Burlington, the 40-voice Vermont Choral Union, Jeff Rehbach, director, sings of hope for peace and heavenly light shining through darkness. The program presents 13th-century polyphony from medieval Europe; soaring Renaissance counterpoint by Josquin, Gabrieli, and Tallis; resonant settings of Orthodox and Roman liturgies for the Advent and Christmas seasons; and chorales and carol settings from the time of Bach through the Edwardian era. The program includes Poulenc's exquisite *Quatre Motets pour le temps de Noël*, a new work written for the Choral Union by Vermont composer Michael Close, and carols sung a century ago by British and German troops during the Christmas truce in the early months of World War I. Accessible; free parking. For information including tickets and cost, 802-864-0471 or 802-864-7183, Martin Poppe, Poppe@CathedralArts.org.

Cathedral Arts presents free, informal noontime concerts on Tuesdays, 12:00 – 1:00 PM at the Episcopal Cathedral, 2 Cherry St., Burlington. Bring a bag lunch; coffee and tea provided. October 21: *Reed, Rosin and Pedal* – Wesley Christensen, clarinet; Laura Markowitz, violin; Melody Puller, piano. A selection of works from Romantic to modern, featuring *Serenade for Three* by Peter Schickele, written for this unique combination of instruments. November 4: *Autumn Piano Potpourri* – Greenfield Piano Associates. Members of Greenfield Piano Associates perform piano classics by composers of the 19th and 20th centuries.

Art / Music / Theater continued on page 10

ELECTION DAY IS NOVEMBER 4 EARLY VOTING HAS STARTED

WASHINGTON-CHITTENDEN

Waterbury, Huntington, Bolton, Buels Gore

RE-ELECT
Tom Stevens
STATE REPRESENTATIVE



Vermont Legislature
2009-Present

Clerk, General, Housing and Military Affairs Committee

Waterbury Selectboard
3 Years

Revitalizing Waterbury
6 Years

Vermont Dictionary Project
7 Years

..... RE-ELECT

Rebecca Ellis
FOR STATE REPRESENTATIVE



Vermont Legislature
2011-Present

Vice Chair, Natural Resources and Energy Committee

Assistant Attorney General
14 Years

Waterbury Selectboard
8 Years

Waterbury Planning Commission
5 Years

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SPORTS NEWS

There was a little girl who had a little curl... Cougars fall to Hartford, 67-34

By Richard Mindell

Special to the Mountain Gazette

*There was a football team
That had courage, it would seem
A team that was rarely daunted.
When they were good they were very good indeed,
But when they were bad they were horrid.*

Perhaps this adaptation of a well-known poem by Henry Wadsworth Longfellow best describes the 2014 MMU varsity football team. They looked very good indeed beating Burlington and South Burlington. And they looked horrid losing to Mt. Anthony, St. Johnsbury, and Essex.

But last Saturday's 67-34 loss to powerful Hartford epitomized MMU's season more than anything else. At times the Cougars played very well indeed, despite the deluge of Hartford touchdowns. And there were many bright moments for MMU. The most obvious was the emergence of junior quarterback, Dominic Mosca, as a legitimate star in Vermont D-1 football. Another was the exceptional play of sophomore running back Ray Wilson, who excelled on both sides of the line of scrimmage. Yet another was a game-for-the-record-books performance by senior wide receiver, Kyle Haley.

There was even more to appreciate, despite the loss. The

offense put up 34 points against arguably the best high school football team in Vermont during the past five years. They also gave Hartford and their physical brand of football a dose of Cougar football, giving no quarter by trading hard hit for hard hit with the Hartford players all afternoon.

But it was Mosca and Haley who stole the show for MMU. Mosca completed 18 of 33 passes for 291 yards and 5 touchdowns, including touchdown passes of 77 yards, 45 yards, and 35 yards to Kyle Haley. Mosca also rushed for 77 yards.

Haley hauled in 9 passes for 231 yards and an incredible 5 touchdowns.

If that wasn't enough, Mosca made two solo tackles that saved touchdowns, one in the 3rd quarter in which he dragged down a Hartford receiver from behind on a long pass completion that would otherwise have been a sure touchdown. He also had an interception.

Haley recovered a Hartford fumble and had his nose in countless plays on defense all afternoon.

Ray Wilson played another outstanding game, highlighted by a timely pass interception in the 3rd quarter with Hartford on the doorstep with a first and goal at the MMU 5-yard line.

Sophomore cornerback Cole Preavey-Carrier recovered a fumble to kill a Hartford drive in the 1st quarter. Preavey-Carrier's

play led to a 45-yard Mosca to Haley TD pass.

MMU head coach Marty Richards tried to remain upbeat after the game. "We moved the ball pretty well," he said. "We put 34 points on the scoreboard. That's awesome." He also had nothing but praise for Dominic Mosca. "I like Dominic's arm. I like how he reads defenses." Coach Richards also cited his team's courage. "We played hard," Coach said. "We didn't quit."

Despite the positives, the loss hurt.

"When you lose like that it's hard to find a silver lining," assistant coach Norm Lozier said. "But Hartford's a great team. Everyone on our team played their hearts out today."

"I wish it could have gone the other way," Mosca said as he sat on the bench with seconds remaining on the clock.

Haley echoed his teammate's sentiment. "I wish we could have won." Then he added what MMU fans have seen for themselves – a comment that bodes well for the Cougars' future. "Dominic was awesome."

No kidding.

The Cougars are now 2-5 and will be hard-pressed to make the playoffs. MMU faces off against another powerhouse this weekend, traveling to Lakerland to take on Colchester High School (5-2), winners of three straight games. Kickoff is 7:00 PM, this Friday night. Be there, Cougar fans.

Honor the Veterans in your family and neighborhood.

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and information to:
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Octoberfest to support Wounded Warriors Project

oktoberfest-to-support-wounded-warrior-project-tickets-12464253919?aff=eorg. Get your tickets early to assure entry to the event. There are only 300 tickets allotted at this time.

The event tickets are \$25; attendees age 12 and under, free. The entry fee does not include alcoholic beverages, but does include live music, other beverage options, food, event collectable mug, giveaways, raffle, silent auction, area vendors, event items to purchase (pint glasses, t-shirts, hats), and a bonfire. Our goal is to submit a check to WWP for \$25,000. It is a very ambitious goal and I will need a lot of help.

When I approached Jamie Bissonnette, owner of the Dutch Mill Family Restaurant, for a sponsorship he instantly, without hesitation offered to have the event at his property. I usually begin planning for the next year's event shortly after finishing the present one. I collect WWP items (underarmour outlets-usually) and reach out for support throughout the year. The planning and fundraising can be very time-consuming and demanding. Kyle Stevens (local singer/songwriter) graciously took on the music duties.

Major Shannon B. Blake, U.S. Army (RET.)
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Fall production of Wait Until Dark

Roy Cutler, left, as Mike Talman and G, Richard Ames as Harry Roat act out a scene in Shelburne Players fall production Wait Until Dark. The Frederick Knott thriller about a blind woman's encounter with drug smugglers who've invaded her home will be presented at Shelburne Town Center on two weekends, Friday-Sunday November 14, 15, 16 and 20, 21, 22. Information and tickets are available at Shelburne Supermarket or at www.shelburneplayers.com.

PHOTO CONTRIBUTED



Art / Music / Theater continued from page 9

20th centuries. November 18: Chamber Concert – Kevin Lawrence, violin; Peter Brown, cello; Robert Rachlin, piano. Works by Beethoven, Turina, and Brahms. December 2: Catamount Winter Concert – UVM Catamount Singers, Erin Grainger, Director. The University of Vermont's select choir presents a concert of seasonal works. This concert begins at 12:15 PM. January 13, 2015: Young Artists Concert – This annual showcase recital presents gifted young Vermont musicians. January 27: Sharing Our Songs – Area singers and pianists present a program of classical song, including art song, musical theater, and opera arias.

Choral Services at St. Paul's Episcopal Cathedral, 2 Cherry St., Burlington. – Information: 864-0471. Tickets available at the door and in advance at Flynn Regional Box Office, 802-863-5966 or www.flynnrtix.org; or Hopkins Bookshop in the Cathedral, 802-658-6223. Accessible. Free parking at the Cathedral or two hours free in city lot at Macy's. Evening Prayer in the style of the Community of Taizé, at 7:30 PM, Sundays November 2 and January 18, Monday March 30, Sunday June 7. Candlelight, chanted prayer, meditation, silence, in the manner of the French monastic community. The Great O Antiphons of Advent, Sunday, December 14, 5:00 PM. This festive candlelit service features Advent hymns and carols, choral music, readings of prophecy and fulfillment, and prayers. Judith McManis' silk chancel hangings deepen the experience. The Cathedral's Music Director, Mark Howe, conducts.

THEATER/FILM

The 39 Steps, Thursdays – Sundays, through October 19, Lost Nation Theatre, Main St., Montpelier. A Hitchcock masterpiece + a juicy spy novel + Monty Python + romance + old-timey stagecraft x a ridiculously talented cast of 4 = The 39 Steps. A man with a boring life meets a woman with a thick accent who says she's a spy. When he takes her home, she is murdered. Soon, a mysterious organization called The 39 Steps is hot on the man's trail in a nationwide manhunt that climaxes in a death-defying finale. A fast-paced whodunit for anyone who loves the magic of theater! Nonstop laughs with over 150 zany characters. For information including dates/tickets/cost, www.lostnationtheater.org or 802-229-0492.

Comedy of Errors, Thursdays – Sundays, through October 19, Lost Nation Theatre, Main St., Montpelier. Two sets of twins, separated at birth, are reunited. But only after a Rube Goldberg of mistaken identities, witty dialogue, puns, and plot-twists. For information including dates/tickets/cost, www.lostnationtheater.org or 802-229-0492.

The Music Man, through October 5, Hyde Park Opera House, 85 Main St., Hyde Park. Fast-talking traveling salesman Harold Hill plans to con the people of River City, Iowa into buying instruments and uniforms for a boys' band he vows to organize – despite the fact he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian the librarian. Classic tunes include You Got Trouble and 76 Trombones. For information, www.LCPlayers.com or email info@lcplayers.com; for tickets, tickets@lcplayers.com.

Shelburne Players present Wait Until Dark at the Shelburne Town Center on Fridays-Sundays, November 14, 15, 16 and 20, 21, 22. Tickets are \$15 and \$12, available at Shelburne Supermarket or can be reserved at www.shelburneplayers.com.

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Westford - \$338,000

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New Price! Fairfax - \$284,000

- Prvt 5.93 acres w/ Adirondack views. 3 bdrms, 2.5 baths & office
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Vermont Commons School, an independent middle and high school in South Burlington, has added grade 6 to its offerings for the 2014-15 school year. An informal informational reception will be held at the Shelburne home of current Vermont Commons School family on Thursday, October 23 at 5:00 PM. A formal Open House to learn about the school in greater depth and meet faculty, students, and families will be held Sunday, November 2 at 1:00 PM at Vermont Commons School. For more information, contact Sarah Soule, Director of Admissions, 802-865-8084 x 27 or ssoule@vermontcommons.org.

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HELP WANTED

Library Director - Jericho Town Library, a charming, historic library on the Green in Jericho Center, VT, is seeking a library director for a 24 hour work week: Mon. 1-7; Wed. 10-12 and 2-7; Fri. 1-5; Sat. 10-12, with the remaining five hours at the librarian's discretion for administrative work. A library science degree is preferable; computer skills, a must. Knowledge of Koha is a plus. This multi-faceted job calls for a well organized, energetic person who enjoys working with the public. Those interested in this position should send a resume to Barb Adams: adams67@aol.com. 802-899-4818.

MMU Travel Club Fun Run fundraiser

Help the MMU Travel Club go on a service trip to Ecuador by participating in a Fun Run at 11:00 AM on Sunday, October 26. The Fun Run consists of a four-mile loop beginning on Nashville Road in Jericho and West Bolton at Wheeler field. Pre-registration online is \$12, or \$15 at the Fun Run. Completing the payment provides an invoice in your name, along with a waiver ready for completion at the race. Costumes are encouraged! Prizes will be given out randomly to participants upon completion of the Fun Run.

For more information and to register, go online to www.mmutravelclub.com.

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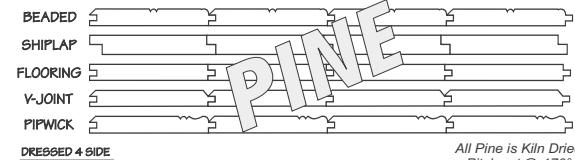
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CVA SENIOR MEALS

Thursday, October 16**Dutch Mill**

Shelb. Road, Shelb.

10:30 a.m. check in, 11:00 a.m. lunch

Baked Stuffed

Chicken Breast

Friday, October 17**United Church**

Hinesburg, 12:00 noon

Pork Tenderloin with Apple & Sweet Potato Garnish,
Hot Vegetable Rice Medley, Spinach, Wheat Roll, Ambrosia**Monday, October 20****Covenant Church**, Essex Ctr., 12:00 noonSweet & Sour Pork, Vegetable Rice Medley,
Oriental Vegetables, Crispy Noodles, Lemon Mousse**Monday, October 20****Papa Nicks**, Himesburg, 3:00 p.m.

Chicken & Biscuits

Tuesday, October 21**IHOP**, University Mall, So. Burlington

Check in 8:30 a.m.

Breakfast 9:00 a.m.

2 Eggs, Hash Browns, choice
of Breakfast Meat, Pancakes, Small Juice**Wednesday, October 22****JP's Diner & Deli**, River Road, Essex Jct.

10:30 a.m. check-in, 11:00 a.m. lunch

Lasagna

Thursday, October 23**Holiday Inn**, So. Burlington

11:00 a.m. check-in

11:30 a.m. lunch

Turkey Dinner

Friday, October 24**United Church**, Hinesburg

12:00 noon

Swedish Meatballs with Noodles, Maple Glazed Carrots,
Pumpernickel Bread, Pears**Monday, October 27****Covenant Church**, Essex Ctr.

12:00 noon

Hot Roast Beef & Gravy, Mashed Potatoes, Peas & Onions,

Marble Rye Bread, fruit Churro

Tuesday, October 28**Ray's Seafood**, Essex Jct.

10:30 a.m. check-in

1:00 lunch

Wednesday, October 29**IHOP LUNCH**, University Mall, So. Burlington

Check-in 10:30, Lunch 11:00

Pot Roast Dinner

Thursday, October 30**Pizza Putt**, So. Burlington

10:30 a.m. check-in, 11:00 lunch

Spaghetti & Meatballs

Friday, October 31**United Church**, Hinesburg, 12:00 noonCorn Chowder, Caesar Salad with Grilled Chicken and
Croutons, Chocolate Raspberry Cake with Topping

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