

**Odyssey of the Mind  
Cougar Sports  
and more!**

Vol. 10 No. 19 Serving Bolton, Cambridge, Jeffersonville, Jericho, Underhill and Westford, VT April 5, 2012

## Underhill-Jericho group formed to increase locally grown food

By Ted Tedford

Special to the Mountain Gazette

A small number of Jericho and Underhill residents have formed a group they've named the Community Agriculture Project (CAP) to foster small, sustainable farms in the area.

"I hope this will be an action-oriented group not policy making," said John Connell of Underhill, who recently led the discussion at the Underhill Town Hall.

"The more (people) we can get behind this the stronger CAP continued on page 10



Julia Sleamaker and her brother Kellen carry vegetables they helped grow last year at the Underhill Central School's garden. PHOTO BY CAROL SULLIVAN

## Camels Hump Middle School, Cambridge Elementary School and Underhill Central School take home the trophies



Above: Camel Hump Middle School students beam after receiving the Overall Ranatra Fusca Award. L-R: Martina Monroe, Jasper Shattuck, Belle Grimm, Hunter Wasser, Amelia Sanborn, Kasey Crabtree, and Will Smialek.

## Vermont Youth Dancers to present two original stories



Vermont Youth Dancer Cast: Front Row (all girls leaning & lower), left to right Clarissa Davis, Michaela Coleman, Saege Robinson, Abigail Ruegsegger, Wendy Wright, Michaela Lick; Back Row (all girls standing), left to right Sierra Aguiar, Sarah Diesing, Rachel Ruegsegger, Emma Ruegsegger, Abigail Russell, Colleen Bartlett, Colleen Haupt, Lisi Price, Addie Price, and Kaylie Groff. PHOTO CONTRIBUTED

The Vermont Youth Dancers will present *Come With Me* & *Breakthrough* in one full length performance at Mount Mansfield Union High School on Saturday April 14, 2012 at 6:30 PM, and on Sunday April 15, 2012 at 1:30 PM. *Come With Me* is an original story of a young

girl who finds herself excluded at school and has a friend from her dreams come to life. *Breakthrough* highlights the experiences of different teenagers finding their way, and being themselves. Both stories are presented in one

Youth dancers continued on page 10

## Avery Linde wins the 2012 USAG Vermont State gymnastics Championship



Avery Linde competing in the USAG Vermont State Gymnastics Championships. PHOTO CONTRIBUTED

After returning from a career altering injury that required surgery, Avery Linde competed in and won the 2012 USAG Vermont State gymnastics Championship.

Avery who is a freshman at MMU trains at Regal gymnastics Academy. Forced to take the 2011 season off due to a serious hip injury, Avery returned to training in June of 2011. She worked hard and began this year's season better

Gymnasts continued on page 14

## Jericho Elementary School Partners in Education to hold auction

By Phyl Newbeck

Special to the Mountain Gazette

Sometimes what goes on outside a school can be just as important as what is inside. That's why the Jericho Elementary School Partners in Education have spent the last five years working on a master plan for the grounds. Two major phases were planned. Phase I was the creation of a playground accessible for students with disabilities. When that was completed, PIE turned its attention to Phase II; constructing a half mile walking path behind the school. To raise funds for the path, they will hold an auction at the school on April 14. Laura Zambrano and Edge Graning started working on the master plan when their children were in Kindergarten. Now, with those kids finishing out their days at JES, they are hoping to see the completion of Phase II.

The auction on April 14 will have a live and silent component. Auction items include certificates from area eating establishments as diverse as AI's French Frys and Leunig's Bistro, passes to golf courses and ski areas, and a wide variety of local crafts. Services from legal

## Jericho Elementary School supports Vermont Children's Hospital

Respectfully submitted by Mrs. Randall's Fourth Grade Class

Aimee Randall's fourth grade class, at JES, took part in a month-long fundraiser for the VT Children's Hospital. The Big Change Round-Up for kids, sponsored by the radio station WOKO, has been an event that Mrs. Randall has participated in previously. "My students this year were invested in an opportunity to give back to the hospital! Many had spent time in the Children's Hospital as patients and/or supported family members."



Jericho Elementary School students support the Vermont Children's Hospital. Mrs. Randall's fourth grade class took part in the Big Change Round Up to raise funds for the VT Children's Hospital. \$368 was delivered to Fletcher Allen on March 12. PHOTO CONTRIBUTED

PHOTO CONTRIBUTED Many had spent time in the Children's Hospital as patients and/or supported family members."

Coin roundup continued on page 10



Left: Division II award: CHMS team beaming after receiving first in their division at Odyssey of the Mind March 10 at CVU. L-R: Marie Haviland, Bolton, Katy Johnson and Kaitlin Scherber, Richmond, Cat Ordway and Mirabel Pond, Bolton, Caitlin Boyarsky of Huntington and coach Virginia Haviland.



Cambridge Elementary team competed in the problem, "You Make the Call." Fifth and sixth grade team members Jaycob Corbally, Erik Engel, Lily Foster, Avery Romp, Nate Selby and Ethan Trombly designed and built a balsa wood structure that weighed 11.6 grams and held 320 pounds before its crushing collapse. Their performance earned them first place in the Division 2 (grades 6 - 8) category.



Underhill Central School Team that won 2nd place in the Odyssey of the Mind competition. PHOTOS CONTRIBUTED

Stories page 11

News Briefs

# All cremations are NOT CREATED EQUAL.



With our locally owned and operated crematory, we can ensure families the utmost security and the most dignified cremation services possible.

**Cremation Society of Chittenden County**  
DIVISION OF THE READY FAMILY

261 Shelburne Road  
Burlington, VT 05401  
802/861-3058  
CremationSocietyCC.com

CREMATION GUARANTEE: Positive ID

## POLICE REPORTS

Williston Police arrested **Michael P. Mullen**, 20 of Richmond, VT, on March 27, 2012. Mullen was arrested in connection with a residential Burglary in the town of Williston that occurred on March 26, 2012 during the day. Mullen was charged with burglary, sale and possession of stolen property and possession of marijuana. Mullen was lodged at the Chittenden County Correctional Center. A large quantity of electronics and jewelry were stolen during the burglary. Some of the items have been recovered by Williston Police. The investigation is still ongoing. Anyone having information about this burglary are asked to call the Williston Police Department at 802 878-6611 or Crimestoppers at 1-800-427-8477 or 864-6666.

On March 27, 2012 at approximately 3:15 PM Richmond Police were on routine patrol on Jericho Road in Richmond, VT near the Bridge Street intersection, when a grey Honda Odyssey traveling north was observed running the red light at the four way intersection. The Officer followed the vehicle and initiated a traffic stop on Jericho Road. The operator was identified as **Robert Hintze**, 37, of Richmond, VT. One juvenile age 3 was also in the vehicle. Alcohol was detected and field sobriety tests were conducted along with an alcohol screening device which registered above the legal limit of .08 percent. Hintze has a prior DUI conviction in the state of Vermont was processed for suspicion of DUI and registered a breath test of .136 percent. Hintze was lodged at Chittenden Correctional Facility. Hintze was cited to appear in Chittenden County Court and was lodged at the Chittenden Correctional Center. Bail was set at \$ 2 , 5 0 0 . Case #: 12RM00277

initiated an investigation into a **residential burglary** that occurred on Fitzsimonds Road in Jericho, VT. On Monday March 26, 2012 at 5:43 PM, as a result of this investigation, the Vermont State Police, with the assistance of the Lamoille County Sheriff's Department, executed a search warrant at a residence located on Plains Drive in Johnson, VT.

As a result of the search warrant property was recovered from burglary victim Donald Fay of Jericho, VT (Case # 12A101088), burglary victim Richard Rettig of Underhill, VT (12A100987) and burglary victim Cindy Turcotte of Jericho, VT (12A101061).

**Shane Hughes**, 22, Johnson, VT, was subsequently issued a citation to appear in Chittenden Superior Court on June 19, 2012 to answer to the charge of Burglary and Possession of Stolen Property. He was subsequently lodged at the correctional facility in St. Johnsbury by FSU personnel for a furlough violation.

John Draper, 51, Johnson, VT, the property owner on Plains Drive, was issued a citation to appear in Lamoille District Court on May 2, 2012 to answer to the charge of Possession of Marijuana. Case #: 12A101088, 12A100987 and 12A101061

On March 16, 2012 at 7:03AM, VSP - Williston dispatch was advised of a **multi-vehicle collision** on Browns Trace Road near the intersection of Lee River Road in Jericho. The preliminary investigation revealed Kristine J. Thomas, 44, Underhill, VT, was traveling south on Browns Trace Road in her 2009 Toyota Prius directly behind Jennifer A. Bedell, 50, Underhill, VT, and Jennifer Schwartz, 32, Cambridge, VT, respectively. As the vehicles approached the intersection of Lee River Road Thomas became distracted. Thomas subsequently rear-ended Bedell's 2010 Honda Pilot, which, in turn, rear-ended Schwartz's 2010 Volkswagon Jetta. Legal action is pending the conclusion of the investigation. Case #: 12A100979

On March 21, 2012, at approximately 5:30 PM, **Brian Miller**, 30, Underhill, VT, went to 56 Maple Ridge Road, Cambridge, VT, to pick up his son at the Andrew and Kristina Siegriest's residence. A conversation was initiated concerning a report card. An argument began and B. Miller displayed a firearm and threatened to use it. When he was told the police were being called he immediately left. He was later cited to appear in Lamoille District Court on May 2, 2012 and was served a restraining order. Case #: 12A101046

## COURT REPORT

### February 7

**Ranee Russell**, 35, Jeffersonville, VT, charged with DUI, first offense, in Burlington on November 5, 2011; amended to vehicle operation — careless or negligent; pleaded guilty; fined \$300, sentenced to 30 to 45 days, suspended, probation.

### February 8

**Kim Carrier**, 51, Richmond, VT, charged with DUI, first offense, in Williston on December 20, 2012; amended to vehicle operation — careless or negligent; pleaded guilty; fined \$300,

sentenced to six to 12 months, concurrent, suspended, probation; charged with vehicle operation — license suspended in Williston on December 20, 2012; pleaded guilty; sentenced to six to 12 months, concurrent.

### February 15

**Eric Knowles**, 28, Hinesburg, VT, charged with escape custody — furlough, felony, in Burlington on October 19, 2012; pleaded guilty; sentenced to one to three years, concurrent, consecutive; charged with vehicle operation — reckless or gross negligence in South Burlington on October 19; pleaded guilty; sentenced to one year, concurrent; charged with vehicle operation — attempt to elude law enforcement officer in South Burlington on October 19; pleaded guilty; sentenced to six months, concurrent; charged with vehicle operation — license suspended in South Burlington on October 19; pleaded guilty; sentenced to one year, concurrent; charged with petty larceny \$900 or less in Colchester on October. 28; pleaded no contest; sentenced to three months, concurrent.

**Adam Gero**, 22, Cambridge, VT, charged with domestic assault in Burlington on January 15, 2012; amended to disorderly conduct — fight, etc.; pleaded guilty; sentence deferred for six months.

Court continued on page 3

**nokian TYRES**  
Where Safety Begins

**nokian eNTYRE**

eNTYREly New, eNTYREly Smart, eNTYREly Green

- New Premium All-Season Tire
- Designed specifically for North America
- Ultra-low rolling resistance saves gas
- Excellent wet grip and dry handling
- Smooth and quiet ride
- Long and even tread life
- Environmentally Friendly materials

**nokian ROTIVA**

RUGGED FOR ALL WEATHER

- True Year Round All-Terrain Performance
- Extremely stable tire with high performance on and off the road
- Aggressive tread pattern guarantees exceptional handling
- Sturdy cut-resistant tread surface
- Severe Service Emblem rated for use in severe winter condition
- Environmentally Friendly materials



**Nokian Tyres** is the world's first tire manufacturer to introduce a production method using earth-friendly oils. Our birch leaf insignia guarantees the complete absence of toxic chemicals.

www.nokiantires.com

## Village Service & Auto Repair

We sell Nokian Tyres, the ultimate line of all-season /all-weather tires & Bridgestone Tires Foreign & Domestic Auto Repair • Wrecker Service • Brakes • Exhaust • Shocks & Struts Lifetime Muffler • Maintenance Service • Vermont State Inspection • Windshields Replaced

426 VT Route 15 • Underhill, VT 05489 • 899-2056

Underhill's Family Owned Locally Operated Automotive Center For 28 Years

We accept: Visa • CITGO • Discover • Master card • American Express



## Zeus is on the mend.

*Zeus has recently been rescued by Save Our Strays. He is 3 years old, well behaved, neutered male who is good with other dogs. He has had surgery for entropion (an eye lid condition).*

*We need your help, please donate toward his vet expenses (\$1200) or if you are interested in adopting, please contact us at: lovethosepets@aol.com.*

**Donations can be mailed to:**

**Save Our Strays  
Box 167  
Huntington,  
VT 05462**

Community Columns

# Hi, Girls!

By Suzanne Kusserow  
Senior Guest Columnist

I am walking to pick up the Sunday Paper; a slippery early March day, soft snow falling to cover the icy patches and asking me to use a little more care than usual. It is without power, without the vengeance that one would expect in mid-winter. This is sugar snow, drifting and wet, sticking to the dogs' backs like a fleece coat. There are tracks of crows scratching in the driveway, where I have scattered seeds in an attempt to keep my small murder of five with me for the winter. I can hear them chatting at me from the tops of the Balsams, swaying expertly on the leader branches, and passing along messages about my awkward stumblings on the slippery slush. Crows, (and ravens, not too common here) can identify people by their intentions. Someone with a gun is greeted with fearful derisive squawks, but the birds are never visible enough to be within range. They will recognize and be wary of that person next time he/she goes out, even without a gun. As for me, with my dogs being so comically visible and uninterested as to represent only a ludicrous threat, I can scatter grains and chat with these glossy-black corvids, and they are quite silent. I guess I represent a lumpy old lady with a kind heart who talks with birds.....no threat there.



Turning the corner of the road, I hear a few dogs barking ... fairly far away... and the more I listen, the more challenged my original diagnosis becomes. Those are not dogs! And I look up and grin and shout: "Welcome Back, Girls!" In a V come the Canada Geese, a thousand miles up from the South, heading for the ponds and woods and rotted corn fields of their summer home.

I don't know if you remember Mabel, from an essay I wrote a few months ago, as I said Goodbye to the Geese. Mabel, per usual, was lagging behind, and the leader was cranky: "Mabel, if you hadn't eaten that extra bunch of corn at the last stop, you'd be able to fly!" And Mabel grumbled to herself: "Just wait! By the time we get down South, I'll be slim as a Mocking Bird!" And it does seem as if Mabel is back, bringing a few lagging teenagers with her. They are a small flock, winging with stolid strokes through the veil of snow. And in the distance, I can hear another group, hidden in the mists of a March monotony of dull grays and faded blues, but somehow quite sure of where they are going, too.

We have other signs of Spring here in northern Vermont, some so subtle as to be rendered insignificant by any scientist intent on gathering more exciting data. But, the smell of a skunk just toddling out of hibernation to look for his true love, who, to him, smells just delightful, is a significant harbinger of Spring.

So is the first birdfeeder that gets knocked down by a starving black bear who has yawned her way past her squirming little knobby cubs, to find some McDonald's that is open this time of year. And the brooks have the bubbly notes that are created as water echoes under cracks in the rotting ice. We know, intellectually, that Spring comes in March. We don't always believe it will make it, but our human pretense at predicting Nature is a pleasant, usefully-soothing point of conversation among us country lifers. And somehow the Canada Geese ignore us, and come when they are "supposed to" ... "right on time", to verify our smug predictions. And Mabel is now telling her teenagers: "Look, just because I'm the leader now, doesn't mean you can think I'll wait for you. Why, when I was a young gosling....."

Welcome Back, Girls!

## Court continued from page 2

### February 16

**Bill M. Rublee**, 25, Huntington, VT, charged with DUI, first offense, in Williston on January 27, 2012; amended to vehicle operation — careless or negligent; pleaded guilty; fined \$300, sentenced to one to three months, suspended, probation.

### February 28

**Elizabeth Marcum**, 24, Richmond, VT, charged with DUI, second offense, in Winooski on October 22, 2012; pleaded guilty; sentenced to four to 12 months, suspended but 15 days, probation

**Jacob J. Reilly**, 23, Jericho, VT, charged with cocaine sale or delivery 2.5 grams or more, felony, in Colchester on May 4, 2009; amended to cocaine possession less than 2.5 grams, misdemeanor; pleaded guilty; fined \$750, sentenced to 19 to 20 days; charged with marijuana possession less than two ounces in Colchester on May 4, 2009; pleaded guilty; sentenced to 19 to 20 days, concurrent.

### March 2

**Glenn I. Martin Jr.**, 26, Hinesburg, VT, charged with simple assault in Burlington on October 28, 2010; pleaded guilty; sentenced to nine to 10 days.

**Michael L. Smith**, 31, Hinesburg, VT, charged with DUI, second offense, in Colchester on September 10, 2012; pleaded guilty; sentenced to 18 months to two years, suspended but 60 days, probation; charged with violation of abuse prevention order

## UNDERHILL JERICO FIRE DEPARTMENT

By Kitty Clark

### EMERGENCY CALLS:

- March 7, 10:14 AM, EMS call in Jericho
  - March 7, 10:40 AM, EMS call in Jericho
  - March 10, 5:09 PM, Responded to a report of a car off the road at 341 VT RT 15, Jericho, nothing found
  - March 12, 8:13 PM, Responded to 23 Butler Lane, Underhill to search for lost child
  - March 13, 12:05 PM, EMS call in Jericho
  - March 16, 2:01 PM, EMS call in Jericho
  - March 16, 11:26 PM, Responded to Mt. Mansfield High School, for a fire alarm
  - March 17, 12:45 AM, Responded to Mt. Mansfield High School for a fire alarm
  - March 20, 9:23 PM, Responded to a vehicle vs/ horse in the area of 223 VT RT 15, Jericho
  - March 21, 9:11 AM, EMS call in Underhill
  - March 21, 1:26 PM, Responded to 74 Saw Mill Road, Essex, for lineman down
  - March 21, Sq51, only for smoke investigation 142 Plains Rd. Jericho
  - March 21, 3:30 PM, EMS call in Underhill
  - March 22, 9:06 AM, Responded to 92 Raceway for a fire alarm activation
  - March 22, 7:24 PM, Responded to 337 VT RT 15, Jericho for a two vehicle accident
  - March 22, 9:06 AM, Responded to a fire alarm at 92 Raceway, Jericho
  - March 24, 2:40 PM, Responded to 62 Kriste Lane, Jericho for brush pile on fire
  - March 24, 2:40 PM, Responded to 49 Orr Road, Jericho for leaves burning
  - March 24, 3:48 PM, C2 only responded to the area of Kriste Lane, Jericho for fire investigation
  - March 26, 5:20 PM, Responded to a chimney fire at 15 Sugarhill Road, Underhill
  - March 27, 2:02 PM, EMS call in Underhill
  - March 27, 6:49 PM, Responded to the area of 109 Raceway for a burn pile
  - March 30, 6:34 AM, Responded to the area of 483 VT RT 15, Jericho for a one vehicle accident
  - March 30, 7:38 AM, Responded back to the earlier accident scene for a ruptured gas tank
- REMEMBER TO: "Practice Fire Safety Everyday!"

in Winooski on September 10; pleaded guilty; sentenced to one year, consecutive, suspended, probation; charged with unlawful mischief \$250 or less in Winooski on September 10; pleaded guilty; sentenced to one year, concurrent, suspended, probation.

## The Mountain Gazette

6558 VT Rt 116 Starksboro, VT 05487  
(802) 453-6354 • mtgazette@earthlink.net  
www.mountaingazetteofvermont.com

Deadline: April 12 • Publication: April 19

Brenda Boutin editor/publisher/ad sales /delivery  
Ted Tedford, Phyl Newbeck, Richard Mindell - writers

### Letters Policy:

Maximum 450 words; one letter per writer, per calendar month.  
Must be signed for attribution  
with writer's address and phone number

## WASHBURN'S SERVICENTER

Foreign Domestic  
FINE AUTOMOTIVE SERVICE

83 Huntington Rd.  
Richmond  
(802) 434-3940

www.washburnservicenter.com

## Mud Season, Potholes, Frost Heaves...

Is your check list ready:

- ✓ Tires/Storage/Alignments
- ✓ Transmission Maintenance
- ✓ Fuel Injection/Intake Cleaning
- ✓ Alignments

April State Inspection Due



## ONE MOSQUITO CAN KILL.

Heartworm disease in cats can be deadly and it only takes one mosquito to infect your cat. Prevention is easy, safe and inexpensive.



**Affectionately Cats**  
Feline Veterinary Hospital and Boarding Suites

www.affectionatelycats.com  
60 Commerce St. Williston, VT. 05495

**860-CATS**  
(2287)

## Want a say in what United Way funds?

Would you like a voice in what our local United Way funds? United Way is changing its funding strategy to engage the community more meaningfully to identify and address local needs and challenges. They are looking for a variety of stakeholders – United Way donors, Lamoille County residents, local business representatives and nonprofit agency employees, to serve on their new Impact Councils.

Three Impact Councils are being formed – one in each of United Way's priority areas of Health, Education and Income. Each Council will use community data to help determine priorities in each of these areas, will help identify what local resources are currently working well in addressing the problem, and decide if additional resources would bring about more positive outcomes. Funding priorities will then be given to the United Way board for consideration.

You do not need to have any special skills or knowledge of United Way or its work. Each Impact Council member will be given all the information they need to make informed decisions on priority issues. The time commitment would be one hour a month.

If you are interesting in learning more about these Impact Councils, or to sign up, please contact Dawn at 888-3252.

## Summer Camp

Good Clean Family Fun!!!

**Tree Corners**  
FAMILY CAMPGROUND

95 Rte 58W  
Irasburg, VT 05845

802-754-6042-summer  
802-755-6219-winter  
www.treecorners.com

Friend us on Facebook!

## Education -

**BACK TO BASICS**  
READING CLINIC  
800-3235

**Mike Audet**  
Certified Master Tutor  
725 VT Route 15  
Underhill, VT 05489  
(802) 899-3235

Specializing In Basic Reading, Writing, Arithmetic, Science, Spelling, And Grammar Instruction

## Insurance -

**KEITH INSURANCE AGENCY**

Serving your Personal and  
Business Insurance needs since 1965

VT Rt. 15, Jericho • 899-2323

## WORSHIP SERVICES

- CALVARY EPISCOPAL CHURCH**  
Calvary Episcopal Church is a welcoming, caring, Christian Community called to live the Gospel of Jesus Christ, grow our spiritual gifts, and serve our neighbors.  
VT RT 15, Jericho  
Sunday Worship Service 9:30 AM  
Rev. Regina Christianson Rector  
Karen Floyd, Parish Administrator, 899-2326  
www.calvarychurchvt.weebly.com
- GOOD SHEPHERD LUTHERAN CHURCH (ELCA)**  
273 VT RT15 - between Jericho and Underhill  
Rev. Dan Steinbauer, Interim Pastor.  
Sunday Worship 9:00 AM - Nursery Provided  
Sunday School for all ages - 10:30 AM  
gslcvt@myfairpoint.net www.GoodShepherdJericho.org
- JERICO CONGREGATIONAL CHURCH**  
"A Historic Church Proclaiming an Eternal Message"  
On the Green in Jericho Center, VT  
Pastor Peter Anderson & Youth Pastor Glenn Carter  
8:00 & 11:00 AM Sunday Worship  
9:30 AM Sunday School for all  
10:30 AM Fellowship  
6:15 Pm Youth Group in the old school building  
899-4911, officejcc@comcast.net, www.jccvt.org
- JERICO UNITED METHODIST CHURCH**  
"Open Hearts, Open Minds, OPen Doors"  
71 Vermont Route 16, Jericho (next to the Town Hall)  
Rev. Patrice Goodwin, 899-4288  
Rev. John Goodwin, 899-4288  
Sunday Worship Service, 9:00 AM  
Children's Sunday School, 9:00 AM  
Men's breakfast - third Sunday, 7:00 PM  
jerichoumc@jumvt.org www.jumvt.org
- MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP**  
A Liberal Spiritual Community  
195 VT RT 15, Jericho, VT 05465  
Phone: 899-2558 website www.mmuuf.org  
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - June for worship, reflection, growth, and support.  
All are welcome.
- UNITED CHURCH OF UNDERHILL**  
"Welcoming, Worshipping, Working for God"  
At the Green on route 15 - Rev. Kevin Goldenbogen - 899-1722  
www.unitedchurchofunderhill.com  
Worship and Sunday School 10:30 AM  
Local and Global Mission and Service Outreach  
Opportunities for families, men, women and youth  
Streaming audio sermons: www.becauseyoumay.com

**HEALTH NEWS**

**Why are feet important?**

By Dr. Mary Kintner, D.C., R.N.

What kind of question is *that*? As a chiropractor, I find body function is affected by structure. Some signs of foot dysfunction include bunions, hammertoes, neuromas (nerve tissue tumors found between the toes), plantar fasciitis, flat feet and Achilles tendinitis. More often, foot dysfunction causes symptoms elsewhere in the body — most commonly in the knees, hips, low back and neck. The collapsed arches can preload the knee, making injuries more likely. Also, inadequate arch support can cause low back pain. Even your neck and jaw can be influenced by the feet. In Italy, more orthotics are fit by *dentists* than any other professional group because they know and address the relationship between the feet and jaw. If you consider that the average person walks 5-10,000 steps per day and malfunction can cause structural problems, it is logical to conclude that optimizing foot function is important.

So what to do? First, buy good quality shoes. Discount shoes are no bargain if they are not supportive. Shoes must fit — be neither too large nor too small. They must be wide enough, especially at the toes and arches. They need a good heel cup to support your feet while walking. People also tend to keep shoes too long. Some experts state that shoes are “shot” after 250 miles! Worn-out shoes provide no support and may even cause imbalance of the body if the heel is unlevel and/or the arch is collapsed. Another way to protect the feet is to use simple foot exercises,



**MOUNTAIN HIGH PIZZA PIE**

Monday - Saturday  
11:00 AM - 9:00 PM  
Sunday 4:00 PM - 8:00 PM

899-3718  
Route 15  
Jeri-Hill Plaza  
Jericho

such as picking up a towel with your toes or rolling a golf ball under your arch.

For many people, these steps are not enough to prevent foot problems. People who spend much of their time on their feet — factory workers, waitstaff, salespersons, nurses, teachers, etc. — are at special risk. Over time, the elastic tissue of the feet becomes permanently stretched; this is why people “suddenly” need larger shoe sizes. Active people, such as skiers, hikers and tennis players also need additional foot support. Anyone who uses foot beds in their ski boots will need orthotics (specially fitted inserts for shoes that improve the body’s structural balance) — some people will spend money on foot beds for their ski boots, worn sometimes in the winter, and not bother the rest of the time. Another indicator of a need for orthotics is any of these five red flags: foot flare, excessive shoe wear, fallen arches, bowed Achilles tendons, and an inward roll of the knees.

In order to address your feet so that they are at your service and not the other way around, I recommend the following steps. First make sure your feet are properly aligned. This may involve manipulation of the feet, knee, pelvis and/or other parts of the spine. It all moves together. Once the joints are aligned, good support may be in order with a quality, custom-made orthotics/foot bed. Orthotics are inserted into footwear to alter the way the foot hits the earth. Good orthotics have heel cups. Orthotics are particularly important if you are over forty years old because ligaments of your feet become lax and your feet spread causing the arches to collapse.

If your feet need evaluation, are hurting and/or you need orthotics, see a professional. Have your feet adjusted and get fitted for orthotics.

Take care of your feet and they will take care of you!  
*Mary H Kintner, D.C., R.N. is a chiropractor and nutritional consultant practicing in Jericho.*

**Second Hand Smoke**

The US Surgeon General says there is no risk-free level of exposure to secondhand smoke. In fact, if you’re around secondhand smoke, it’s likely you’re smoking too. Even short exposure to secondhand smoke has immediate harmful effects and increases the risk for heart disease and lung cancer.

Children and babies have small lungs that are still growing, so they have an even bigger risk from these poisons. When children breathe in smoke, it can cause health problems that stay with them their entire lives- like asthma, bronchitis, pneumonia, more frequent ear infections and allergies.

Secondhand smoke makes the symptoms even worse for adults already suffering from asthma, allergies or bronchitis.

Babies whose parents or caregivers smoke are more likely to die from Sudden Infant Death Syndrome (SIDS).

Please keep secondhand smoke away from yourself and your children. Create a SMOKE FREE ZONE in your homes and cars.

For help quitting, call the Vermont Quitline at 1-800-QUIT NOW. (784-8669)

**Live fire training at Ethan Allen Firing Range**

The Vermont National Guard will be conducting small arms, mortar and machine gun live fire training daily at the Ethan Allen Firing Range in Jericho/Underhill during the month of April. The training will be conducted during normal operating hours terminating no later than 10:00 PM.

On the weekends of 31 March and 16-20 April helicopter operations will take place in support of training. There is no training scheduled for Easter weekend.

The entire Ethan Allen Firing Range is closed to the public and is posted OFF LIMITS to all nonmilitary personnel at all times in the interest of safety due to the inherent safety risks that exist during these firing periods.

**ONGOING EVENTS**

**ADULT ACTIVITIES**  
Chittenden County Postage stamps and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE Healthcare Building, South Burlington Information email: [Laineyrapp@yahoo.com](mailto:Laineyrapp@yahoo.com) or call me at

802 660-4817  
The Essex Art League holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

**Chittenden County Stamp Club**, First Wednesday of the month 6:15-8:30 PM, GE Healthcare, 1 IDX Circle, South Burlington, VT. Everyone is welcome to come learn about stamp collecting, postage history, cachets, postcards and postage stamps or a variety of other knowledge. Lainey Rappaport (802) 660-4817.

**Drop in Watercolor Painting**, Every 3rd Saturday, 9:00 - 11:00 a.m., at the River Arts Center in Morrisville. An opportunity to refine your watercolor skill set or learn new techniques if you’re a beginner. Bring your own materials, no registration required, drop in. Suggested donation \$8. Call 888-1261, or visit our website: [www.riverartsvt.org](http://www.riverartsvt.org) for more details. Join us.

**Eagles Auxiliary #3210** holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106, for information.

**Micah’s Men of the United Church of Underhill** meet on the 3rd Saturday of each month at the church at 7:30 AM. For more information call 899-1722.

**Mt. Mansfield Scale Modelers** gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction. Next meetings Thursday December 15, 2011; Thursday January 19, and Thursday February 23, 2012.

**The Women of the United Church of Underhill** meet on the second Saturday of each month at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

**The VT-French-Canadian Genealogical Society** - Do you have more time in the summer to start finding your ancestors? Do you need help filling in those blank spaces in your family tree? We have resources such as the VT Vital records to help with that and we can help anyone get started. The VT French-Canadian Genealogical Society library is located on Hegeman Avenue, Fort Ethan Allen, Colchester. We’re open Tuesdays 3:00 to 9:30 PM and the following Saturdays, July 9 and August 13. We will be closed September 3. Parking and entrance across from the State Police. Please visit our website <http://www.vt-fcgs.org>, or call 802-238-5934 for more information.

**Smugglers Notch 55+ Club** meets every Wednesday at Smugglers Notch for a social time then break into groups to ski. We start with a brief

organizational meeting, coffee and rolls, and then we head out to the trails in self-selected ability groups, gather informally throughout the summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. For more information call Deborah at 644-5455 or just attend a meeting at the Morse base lodge starting at 9:00 AM every Wednesday.

**HEALTH EVENTS & GROUPS**

**Alcoholics Anonymous Meeting**, “Wing It” group meets Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it’s an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

**Alcoholics Anonymous Meeting**, “The Firing Line” group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it’s an Open Step meeting

**Alcoholics Anonymous Meeting**, “The Firing Line” group meets Saturdays, 8:00 - 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it’s an Open Speaker Discussion meeting

**Alzheimer’s Support Group** - Free educational support group series for families coping with a loved one with Alzheimer’s disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

**Overeaters Anonymous** meets 6:00 - 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:15- 6:00 PM.

**Healing Circle Breast Cancer Network**, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

**Franklin County Prostate Cancer Support Group**, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other’s experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For information, Fern Mercure, 524-0719.

**Statewide Quit Line**, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

**Alcoholics Anonymous Meeting**, “Keep It Simple” group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM and Saturdays, 6:30 - 7:30 PM at the United Church of Underhill, Underhill Flats.

**KIDS**

**Playgroups** are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or [underhillplaygroup@yahoo.com](mailto:underhillplaygroup@yahoo.com).

Mondays: Jericho Community Center 9:30-11:00 AM  
Wednesdays: Richmond Free Library 8:45-10:15 AM  
Thursdays: Bolton’s Smilie School 9:00-11:00 AM the 1st three Thursdays of the month

Fridays: Underhill Central School 9:00-10:30 AM  
Huntington - Thursdays 10:00-12:00 at Huntington Public Library  
Also: Welcome Baby Group: for families with children birth-walking age. Thursday 10:00-11:30 at Richmond Free Library.

**Kids’ Yoga**, 3-5 years & 6 years and up. Toddler tumbling and new moms’ groups. The Well, 644-6700.

**Early Literacy Storytime**, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age’s birth-preschool. Drop-in; no registration needed. We welcome new families! For more info, contact Victoria at 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us), or visit our website [www.westford.lib.vt.us](http://www.westford.lib.vt.us) and click on Events @ Your Library.

**SENIORS/COMMUNITY MEALS**

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

**Johnson Community Meal** - Every 2nd & 4th Wednesday, 11:30AM-12:30pm at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, [ellen.hill@jsc.edu](mailto:ellen.hill@jsc.edu).

**Westford Senior lunches** - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

**Bolton Up and Downtown Club** meets the last Thursday of the month  
Ongoing continued on page 5

**BEAUTY**



**Mane Street Stylists**

Full Service Hair Salon for Men, Women & Children

Tues. 8:00-7:00, Wed. 8:00 - 7:00, Thurs. 8:00 - 3:30,  
Fri. 8:00 - 6:00, Sat. 7:30 - 12:00 Walk-ins Only

Route 15 • 899-2068



**GLITZ Hair Design LLC**

Tanning Available

Stephanie Roberts & Jordan McNally

644-8484

51 So. Main St. Cambridge Village

**CHIROPRACTIC CARE**



**Kintner Chiropractic Center**

- Gentle Head to Toe Care
- Unhurried Appointments
- Flexible Scheduling
- Emergency Care
- Practicing since 1989
- Former Registered Nurse
- Nutritional Counseling
- High Quality Supplements
- Orthotics/Foot beds
- Spinal Support Products

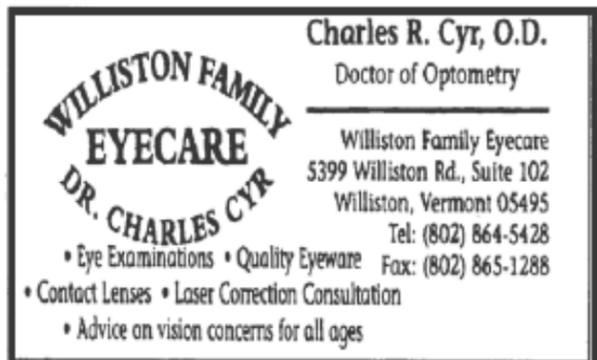
397 VT Route 15 - Jericho  
PO Box 63  
Underhill, VT 05489

Phone (802) 899-5400  
Fax (802) 899-5497

Email [DrMaryDC@comcast.net](mailto:DrMaryDC@comcast.net)  
[www.JerichoChiro.com](http://www.JerichoChiro.com)

Dr. Mary H. Kintner

**EYE CARE**



**WILLISTON FAMILY EYECARE**

DR. CHARLES CYR

Charles R. Cyr, O.D.  
Doctor of Optometry

Williston Family Eyecare  
5399 Williston Rd., Suite 102  
Williston, Vermont 05495  
Tel: (802) 864-5428  
Fax: (802) 865-1288

- Eye Examinations
- Quality Eyewear
- Contact Lenses
- Laser Correction Consultation
- Advice on vision concerns for all ages



**Jericho Congregational Church**  
Holy Week Services  
Jericho Center  
899-4911

Maunder Thursday  
Communion and Tenebrae  
April 5, 7:30 PM  
Easter Sunday services  
April 8, 8:00 and 11:00 AM  
9:30 am fellowship; hot-cross buns and empty tomb buns

**Ecumenical Services**  
Morning Prayer Service  
April 6, 6:45 AM  
followed by continental breakfast  
Covenant Community Church, RT 15 Essex  
Good Friday Walk  
April 6, noon to 3:00 PM  
From St. Thomas Church in Underhill Center,  
To United Christian Assembly on Raceway Rd  
Sunrise Service  
April 8, 6:30 Am  
Pleasant View Cemetery, Rt 15, Jericho  
Followed by a continental breakfast,  
United Methodist Church across the street.

**HEALTH DIRECTORY RATES**  
3.25"x1.5" - \$18 each, must buy 5 - \$90  
3.25"x3" - \$23 each, must buy 5 - \$115  
Email: [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)

COMING EVENTS

**Saturday April 7**  
**Greek Pastry Sale & Dinner Take-Out**, Greek Orthodox Church, Corner of Ledge Rd. & So. Willard Street, pastry sale starts at 10:00 AM, dinner take-out starts at 11:00 AM. For more information 862-2155.

**Wednesday April 11**  
**The Green Mountain Chapter of the Embroiders Guild** at 9:30 AM at the Pines Senior living community, 7 Aspen Dr, South Burlington, Vt05495. First meeting is complimentary. Contact number 372-4255.

**Friday April 13**  
**Annual Westford Italian Dinner** to benefit the Westford 8th Grade Class Trip, 6:00-8:00 PM. We'll have homemade lasagna, pasta & meatballs, salad, bread and dessert. Live music and an amazing array of raffle prizes too. Adults \$6; Kids under 12 and Seniors \$4; Family maximum \$25.

**Saturday April 14**  
**Pancake Breakfast**, The Jericho Congregational Church

Youth Group, 7:30 to 11:00 AM in the church fellowship hall. The breakfast will include eggs, pancakes, breakfast meats, juice, Green Mountain coffee and Vermont maple syrup. Advance tickets are: \$4.50 for adults, \$3.50 for children ten and under and a family cap of \$13. Tickets are available at the church office on Browns Trace.

**Missing Parents: How to overcome this brickwall.** If you don't know who the parents are, is further research hopeless? Tom Devarney will give you tips on sources and types of documents that can provide the missing information. The class is from 10:30 AM to 12:00 noon and is open to the public. Donations are appreciated for classes. Vermont Genealogy Library, Fort Ethan Allen, Colchester, parking and entrance on Hegeman Ave. across from the State Police. Also open Tuesdays 3:00 to 9:30 PM and Saturdays 10:00 AM to 4:00 PM. Please visit our website [Http://www.vt-fcgs.org](http://www.vt-fcgs.org), or call 802-238-5934 for more info.

**LEAP Energy Fair** in Waterbury from 9:00 AM until 2:00 PM. The VBPC is seeking volunteers to assist with staffing a table for

a portion of this time. If you can help, please call 225-8904 or respond to this message.

**Tuesday April 17**  
**Lamoille Home Health & Hospice presents;** Do you know who we are? How we can help you? What services do we offer? If you would like to know more, join us for a public discussion. Varnum Memorial Library, Main St, Jeffersonville, 6:00 PM.

**Friday April 20**  
**Annual Earth Day Ride** with Legislators. Bicyclists will depart at 7:30 AM from Montpelier and cycle to the Red Hen in Middlesex and back. The gathering place is the State Street sidewalk in front of the state house.

**Saturday April 21**  
**Better Bicycling: Increase Your Knowledge, Safety, and Fun** is a 3-hour course that the VBPC will offer from 2:30 until 5:30 PM in Middlebury. This is a classroom-based training, not on-bike training. For a course outline or more information, please contact [Nancy@VTBikePed.org](mailto:Nancy@VTBikePed.org).

Ongoing events continued from page 4

at the Bolton Fire station. Suggested \$3.00 donation. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

**Huntington senior meal site** – The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

**“Good Food for All” free dinners**, 2nd Thursday of each month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5:00 – 7:00 PM, and on the 4th Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

**St. Jude’s Church**, Hinesburg, senior meals held on second and fourth Wednesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$3.00 per person. For information call Ted Barrette at 453-3087.

**Starksboro First Baptist Church**, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

**“Good Food for All” free dinners**, 2nd Thursday of each month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5 - 7 p.m., and on the 4th Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5 - 7 p.m. Everyone in the communities is invited.

**SPORTS ACTIVITIES**

**Ongoing Pilate classes** at Dakini Studio in Underhill. Mon and Thurs at 6:00 PM call 899-4191 to register. Find more information and other scheduled classes at [dakinstudio.wordpress.com](http://dakinstudio.wordpress.com).

**Zumba**, Fairfax - Tuesdays 7:00-8:00 PM and Saturdays 9:00-10:00 AM. Contact Pam Adams 370-4437 or [pamaj68@aol.com](mailto:pamaj68@aol.com).

**Zumba Fitness**, Monday evenings only, 5:30 - 6:30 PM, at the River Arts Center in Morrisville. Zumba Fitness with certified instructor, Karen Machia. No registration required, drop in. Call 888-1261, or visit our website: [www.riverartsvt.org](http://www.riverartsvt.org) for more details.

**ZUMBA(r) Fitness** with Lori Mondays 5:30-6:30 PM, Underhill Town Hall, Wednesdays 6:00-7:00 PM, Jericho Community Center. For more info contact Lori Preiss 899-0343, [lori@greenmountainzumba.com](mailto:lori@greenmountainzumba.com) or check out my website [www.greenmountainzumba.com](http://www.greenmountainzumba.com)

**SUPPORT GROUPS**

**CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome**, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website [www.vtcfids.org](http://www.vtcfids.org) or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

**Alzheimer’s support group**, third Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer’s disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Approach Autism With Advocacy, Recovery & Education (AAWARE)** in the Lamoille Valley, third Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

**Veterans Job Networking**, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

**Eating Disorders Parental Support Group**, third Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**TOWN GOVERNMENT & ORGANIZATIONS**

**Cambridge Area Rotary** meets on the first Thursday of the month, rotating to local restaurants, 7:00 – 8:00 AM. For information, call Anita Lotto, 793- 0856, or Chuck Hogan, 644-8134.

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, [jquinninv@aol.com](mailto:jquinninv@aol.com)

**Jericho-Underhill Water District** meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

**Jericho Historical Society**, second Thursday, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

**Jericho Energy Task Force** meets the second Tuesday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

**Jericho Water District** next meeting is Tuesday April 10, 2012 at 7:00 PM, RT 15, Jericho at the Red Mill.

**THRIFT SHOPS & FOOD SHELVES**

The **Heavenly Cents Thrift Shop** located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

**Westford Food Shelf**, open on the third Saturday of every month, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

**Jericho Energy Task Force Spring Movie Series**

Join the Jericho Energy Task Force at 7:00 PM on April 13 (previously scheduled for April 6) at the Deborah Rawson Memorial Library for a showing of *Two Angry Moms*. The movie chronicles the efforts of leaders in the fledgling better school food movement as they take on the system nationwide. It explores the role various players – the federal government, corporate interests, school administrators and parents – can play in feeding school kids. The movie follows the changes in one Westchester, N.Y. school district after two mothers decided to take an activist role in what their children were eating at lunch. There will be a post-move discussion about local school food issues.

*Two Angry Moms* will be shown free of charge and some refreshments will be provided. We'll bring the apple cider but since this is a waste-free event we encourage you to bring your own mugs. Put May 4 on your calendar when we will be showing *Bag It* as the third movie in our spring series. For more information, contact Larry Lamb at 899-4863 or [lbamb@hotmail.com](mailto:lbamb@hotmail.com).

# Bugbee Excavation

J.D. Bugbee • 343-9531

- NEW DRIVEWAYS
- DRIVEWAY REPAIR
- LOT CLEANING
- HOUSE SITES
- SEPTIC SYSTEMS
- HARLEY RAKING
- BRUSH HOGGING
- DRAINAGE
- PONDS



“Our goal is to help you get a good night’s sleep”



Elaine Robinson, NP      David Alsobrook, MD      Veronika Jedlovsky, MD      Innocent Ezenwa, MD

Not getting enough sleep affects your health, your job, and your family. A sleep disorder can increase your risk of high blood pressure, heart attack or stroke.

Common symptoms include:

- fatigue
- poor concentration
- memory loss
- daytime sleepiness

If you think you may have a sleep disorder, talk to your doctor about a referral to the Center for Sleep Disorders at Copley. We'll work with you and your doctor to tailor a treatment plan just for you.

**Northern Vermont Center for Sleep Disorders**



North Country Hospital



530 Washington Highway, Morrisville  
 802-888-8667 [www.copleyvt.org](http://www.copleyvt.org)

PEOPLE IN THE NEWS

NEW KID IN TOWN

**HUNTINGTON**  
 (McCoy) Dawn McCoy and Jason Briggs had a daughter, Autumn Jade Briggs, on March 10, 2012 at Porter Medical Center, Middlebury, VT.

COLLEGE NOTES

**Douglas Arthur Clift**, a senior majoring in biomedical engineering at the University of Rochester, has been named to the Dean's List for academic achievement for the fall 2011 semester.  
 Clift, a resident of Jericho, VT, is the son of Anne and David Clift, and a graduate of Mt. Mansfield Union High School in Jericho Center, VT.  
**Maddie Boushie** of Jericho, VT, has been inducted into the Omicron Delta Kappa honor society at Western New England University. Boushie is a junior majoring in Marketing Communication/Advertising at the University.

**Thomas Beaudoin awarded Academic Affairs Research Fellowship**

Thomas Beaudoin, son of Margaret and Wayne Beaudoin of Jericho, VT, has been awarded a Saint Michael's College Vice President for Academic Affairs Research Fellowship to support research during summer 2012.

Beaudoin, a junior biology major, graduated from Mount Mansfield Union High School before coming to Saint Michael's College.

Beaudoin's successful grant application proposal, "Perceptions about Healthcare in the Winooski Vermont Refugee Community", will be advised by Anthropology Professor Adrie Kusserow. Beaudoin will receive a stipend of \$3,700 to support the summer research.

"I enthusiastically agree with the committee in its judgment of the quality of your proposal," said Dr. Karen Talentino, SMC Vice President for Academic Affairs, in congratulating Beaudoin on receiving the fellowship.

All Saint Michael's College undergraduate and graduate students participating in paid research or receiving academic credit for research must participate in training in the responsible conduct of research.

ENGAGEMENTS

DUPERE-ALLEN

Lee Joseph Dupere and Anne-Marie White-Dupere of Jonesville announce the engagement of their daughter, Kayla-Marie Dupere, to Ryan Matthew Allen, son of June Wilkenson and Robert Allen of Richmond. A May 25, 2013 wedding is planned.

SMITH-POTVIN

Dawn Marie Simons of Jericho announces the engagement of her daughter, Karen Lee Smith, to Alex Potvin, son of Jeff and Sherry Potvin of North Hero. A September 1, 2012 wedding is planned.

OBITUARIES

**Madelyn Shirley (Hutchins) Machia**, age 98, a lifelong resident of Jeffersonville, VT, passed away Wednesday March 28, 2012, in Copley Hospital in Morrisville, VT. She was born February 11, 1914, in Bakersfield, VT, daughter of the late Frank Owen and Susan Mary (Safford) Hutchins. Madelyn was a graduate of Cambridge High School, Class of 1932. She married Gerald A. Machia in St. Thomas Church, Underhill Center, VT, on June 6, 1933. Gerald predeceased Madelyn on October 21, 2005. Madelyn worked for many years as a partner with her husband in Machia Construction, Inc. She was a treasured volunteer at the Bryan Memorial Art Gallery in Jeffersonville. Madelyn lovingly hand sewed many stuffed animals and clothes for all of her family members over the years. She enjoyed Vermont summer flowers and her splendid gardens, often cooking and canning her homegrown vegetables. Madelyn was mostly known for her devotion to her loving family and will be deeply missed by all who knew and loved her, especially her friends at Copley Manor and Manns Meadow in Jeffersonville. The family would like to extend a heartfelt thank you to the great staff at Copley Manor for Mom's wonderful care. Mom was a member of St. Mary's for 70 years and a devoted Christian. She is survived by one son, Richard Machia and wife, Margaret "Peg," of Jeffersonville, VT; three daughters, Geraldene Rooney and husband, Norman, of Jeffersonville, VT, Jane Shaw and husband, Terry, of Jeffersonville, VT, and Lynda Cootware of Essex, VT; two sisters, Betty Lou Holland and husband, Fred, of California, and Joanne Fields and husband, James, of Maryland; 12 grandchildren, Patti Barup, Sue Wyckoff, Paula Machia, Scott Machia, Michael Rooney, Robert Rooney, Matt Rooney, Kathy Snell, Donna Rooney, Charlie Shaw, Michael Shaw, and Andrew Shaw; 13 great-grandchildren; three great great-grandchildren; several nieces, nephews and cousins. She was also predeceased by five brothers, Owen, Gerald, Roy, E. Maurice and Arnold; sister, Thelma (Hutchins) Machia; and granddaughter, Deborah (Machia) Melvin. Visiting hours were held on Friday March 30, 2012, from 5:00 to 8:00 PM at the A.W. Rich Funeral Home Fairfax Chapel. A Mass of Christian Burial was celebrated on Saturday March 31, 2012, at 11:00 AM from St. Mary the Assumption Church in Cambridge, VT, con-celebrated by the Reverend Charles R. Danielson and the Reverend Francis Prive. Inurnment followed in the family lot in Mountain View Cemetery, Cambridge. Memorial contributions in Madelyn's memory may be made to Lamoille Area Cancer Network, P.O. Box 38, Lake Elmore, VT 05657, or Lamoille Home Health and Hospice, 54 Farr Ave., Morrisville, VT 05661. Arrangements were by A.W. Rich Funeral Home, 1176 Main St., Fairfax, VT 05454.

**Michael P. Burton**, 51, Jeffersonville, VT passed away at his home, with his family by his side, on Monday March 12, 2012. Funeral services were held Friday March 16, 2012, at 2:00 PM at the White-Fiess Funeral Home, 165 Brooklyn St., Morrisville, VT. Visitation was on Friday from 12:00 noon until the time of the service. Interment will be later in the spring, in the Jeffersonville Village Cemetery.

**Raymond Arthur Mathieu "Gramp,"** Underhill, VT, born August 20, 1927, in Turners Falls, Mass., was the fourth of five sons to George and Mary (Baxa) Mathieu. Ray graduated from Turners Falls High School in 1944. He served in the U.S. Army with the occupation forces in the Signal Corp. GHQ, Tokyo Japan, receiving an Honorable Discharge in 1947. Ray began working for Pratt and Whitney in East Hartford, Conn., while attending the Wards School of Electronics at Hillier College in Hartford. He relocated to St. Paul, Minn., was employed at Remington Rand Univac, and moved to New York City to

assist in installation of the industry's first airline computerized reservation system at Eastern Airlines. He then accepted a position with Chandler Evans, a subsidiary of Pratt and Whitney in West Hartford. In 1961 Ray moved to Burlington, where he was employed by GE in managerial positions, including Plant Facilities Manager and Manager of the Underhill Firing Range in Jericho. In 1988 he became Executive Director of General Electric's employee volunteer organization, the Elfun Society; at corporate headquarters in Fairfield, Conn. Ray expanded the Elfun Society to a global organization, starting chapters in Puerto Rico, England, Japan and Singapore. He laid the groundwork for future expansion in other foreign locations, and served as GE representative on the Points of Light Foundation's National Council on Corporate Volunteering. Among his numerous awards are: The 1994 President's Volunteer Action Award for GE Elfun Society and GE Foundation, 1994 GE Gerald Swope Award for long and meritorious service. Ray's extensive local volunteer leadership service included coaching BHS's Linking Learning to Life program to receive a sizable grant from GE Foundation and reviving local GE Elfun volunteering in many projects. He retired in 1994. Ray and his wife, Mimi, were active in promoting workplace volunteerism and provided education and counsel domestically and abroad. Throughout his life, Ray enjoyed his work, the great outdoors, sports, frequent traveling, drawing, writing and most of all his beloved family. Family gatherings were always such a joy for him and those around him. In 1948, Ray married Barbara Vanasse in Greenfield, Mass. She predeceased him in 1975. In 1977, he married Rosemary Gregory in Charlotte. She predeceased him in 1987. In 1996, Ray and Mary "Mimi" Galligan married in Underhill. He is also survived by his only daughter, Patricia "Patti" Matton and her husband, Norm, of Charlotte, VT; two granddaughters, Kaye Ellen and her husband, Kenny Douglas, of Fairfax, VT, and Sarah Maria Matton and her future husband, Adam Sulikowski, of Bolton, VT; two great-grandchildren, Kenneth Irving Douglas IV, and Jaycee Hope Douglas, of Fairfax, VT; three stepchildren, Terri Gregory Cushman of Hyde Park, VT; Bradford Gregory of South Carolina, and Matthew Gregory; three step-grandchildren, Keri Kae Washburn of Hutchinson, Kan., Preston Gregory of Stowe, VT and Tell Gregory of Elmore, VT; two brothers, Charles "Bud" Mathieu of Agawam, Mass., and Paul Mathieu and his wife, Beverly, of Manchester, Conn.; a special niece, Jeanne Hunter and her husband, John, of Manassas, Va.; and two nephews and four nieces also survive him. He was predeceased by his parents; two brothers, George and Robert; and a special sister-in-law, Marion "Mickey" Mathieu, wife of Charles. A Mass of Christian Burial was celebrated on Thursday March 22, 2012, at 10:00 AM in St. Thomas Catholic Church in Underhill, VT. Interment will be at 1:30 PM in New Mount Calvary Cemetery in Burlington, VT. Visiting hours was on Wednesday, March 21, 2012, from 4:00 to 7:00 PM, with a Knights of Columbus service at 6:30 PM, in the Ready Funeral Home, Mountain View Chapel, 68 Pinecrest Dr. in Essex Junction. Online condolences may be sent to [www.readyfuneral.com](http://www.readyfuneral.com). In lieu of flowers, memorial contributions may be made in Ray's name to the Cancer Support Program, [www.cpspyt.org](http://www.cpspyt.org), or to the [American Cancer Society's Hope Lodge](http://www.american-cancer-society.org), 237 East Ave. Burlington, VT 05401.

**Raymond Smith**, 86, Bolton, VT, Master Electrician and World War II Veteran, passed away, with his family surrounding him, on Saturday March 17, 2012. He is survived by his wife, Cheryl; his sister, Beverly Squires of Schyller Falls, N.Y.; stepsons, Jason Ballard of Hinesburg, VT and James Ballard of Ocean Springs, Miss.; Bruce of Barre, VT, and Ralph Lamell of Seward, Neb.; nine grandchildren; and nieces and nephews. Ray loved his family and friends deeply. A special thanks to all his neighbors in Bolton, to the hospital staff at Fletcher Allen Medical Center, from which he retired, and to Richmond Rescue. At Raymond's request there will be no visiting hours. A celebration of his life will be held at a later date, at his home in Bolton. Arrangements are in the care of the Cremation Society of Chittenden County, a division of the Ready Family, Burlington. To send online condolences to the family please visit [www.cremationsocietycc.com](http://www.cremationsocietycc.com). In lieu of flowers, donations can be made to Richmond Rescue, 216 Railroad St., Richmond, VT 05477.



**GRILL & PZZA**  
 30 Bridge Street, Richmond, VT (802) 434-CAFE  
 Fax: (802) 434-3257

---

**WE DELIVER**  
**Pizza and Wings**




plus most other menu items.  
*Limited area.*

---

**Creemee Stand**  
**Opening Soon!**  
 Don't Forget Our:




Awesome Sunday Brunch  
 Specialty Wraps  
 Breakfast Menu  
 Delicious Entrees  
 Friendly, Courteous Service

## THINK EASTER, THINK CHOCOLATE



-  The freshest chocolate bunnies  
*Born in Jericho*
-  5 varieties of jelly beans  
including Jelly Belly
-  Surprise Eggs!
-  Filled Easter baskets  
or create your own!





Handmade in Vermont

**Blue Mall**  
**So. Burlington**  
**802-863-8306**

**Factory Location**  
**Route 15, Jericho**  
**802-899-3373**

Open 7 • Days We Ship  
[www.snowflakechocolate.com](http://www.snowflakechocolate.com)

[www.pleasantvalleygroup.com](http://www.pleasantvalleygroup.com)

**Lea VanWinkle • 802.858.9193**

One Pleasant Valley Rd.,  
Underhill Center, Vermont





**Underhill \$510,000...just reduced**  
 Beautiful reproduction home by Connor Building Company. Enjoy the ambiance and charm of yesteryear but all the conveniences of modern day construction. Covered porch, for enjoying western sun light and views, large open kitchen with eat in area, formal dining room, large living room with hearthstone wood stove. Office with fireplace, extra large master suite with sitting area, and seasonal enclosed porch to enjoy the eastern morning light and views to Mt. Mansfield. Further featuring 2 other bedrooms, 2 1/2 baths, over sized two car garage. Partially finished basement.

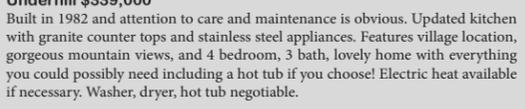


**Underhill \$389,000 more land available**  
 This classic old farm house is selling with house, barn and an additional building lot (with permits in place). Lot#1:5 Black Dog Lane with 6.88 acres and Lot#4: 11 Black dog Lane with 3 acres. For \$389,000 you could have the house, barn and two lots with a total of 9+ acres. Or purchase lot #4 separately for \$75,000



**Underhill Land 3 Acres \$75,000**  
 Just off of route 15 but tucked away from the road, this 3 acres offers access to the town highway without feeling like you are.  
  
 Part meadow, part wooded, call for an appointment.





**Underhill \$339,000**  
 Built in 1982 and attention to care and maintenance is obvious. Updated kitchen with granite counter tops and stainless steel appliances. Features village location, gorgeous mountain views, and 4 bedroom, 3 bath, lovely home with everything you could possibly need including a hot tub if you choose! Electric heat available if necessary. Washer, dryer, hot tub negotiable.

LETTERS TO THE EDITOR

**Support for Death with Dignity legislation To the Editor,**

I am writing to urge support for the "Death with Dignity" legislation which is currently before the Vermont legislature. To be sure, this is a difficult topic, and our culture seems to turn away from the reality of death rather than accepting it as an inevitable part of the cycle of life.

As I have considered the proposal before the legislature, I think the most compelling reason for supporting this bill is to give Vermonters who want this choice the comfort and autonomy over their own bodies in the final days of their terminal illness. The fear of a "loss of autonomy," which was the self reported prime reason why people have used the comparable law in Oregon, is a palpable reality for "senior citizens." Ironically, while our lives have become extended through medical practice, such extensions, in rare situations, can come at the expense of the patient choices and mental well-being.

In my judgment and experience, the nature of medicine has evolved significantly in recent years toward a centering on the patient. Indeed, we now talk of a "patient oriented" system in which patients are counseled on courses of treatment, but the ultimate choice resides with the patient in consultation with the physician. The pending legislation simply seeks to extend that concept within narrowly defined conditions.

The opposition to this legislation focuses heavily on the prescriptive tradition and a number of fears regarding not the legislation itself but how the practice can be corrupted against the public interest. It is fortunate that there is a significant record of the 1998 Oregon law to test these concerns. The Vermont Legislative Council Report in 2004 provides a wealth of information on the Oregon experience, and I find no evidence to suggest that the concerns have validity. To the contrary, one might argue that

within this context the strengthening of respect for life through hospice and palliative care has been enhanced within the context of the Oregon law.

Ultimately, I suspect, there is no factual case or utilitarian argument that can or should determine the outcome of this legislation. The issue is complex and unavoidably personal. Still, this legislation offers, within narrowly defined procedures and in consultation with their physicians, the possibility of "death with dignity" as a choice for Vermonters

William E. Wilson  
Underhill Center

**Street lights in Jericho To the Editor,**

I urge residents in Jericho to look at a study conducted by Jericho Energy task Force that was submitted to the Jericho Select Board in January, 2012.

While the JETF has put together an impressive report to add or eliminate street lights in many neighborhoods, residents should pipe in their opinions before they either bask in the glow of a wanted or unwanted street light or find themselves literally in the dark if your street light has the plug pulled!

For my immediate neighborhood of Milo White and Ayers Drive, I have great concern since at least four street lights have been put in the chopping block to be eliminated.

While I would not want the glare of a street light on my house, there is a legit concern that less light clearly means less safety, both for cars and pedestrian traffic even however light that may be in some neighborhoods.

One street light on the corner of Ayers Drive and Milo White, while deemed inefficient is the principal school bus drop off point for our immediate neighborhood.

My other concern as a taxpayer is that while street lights could

be removed, others gain street lights. Why should I be happy I am getting less for my tax dollars while other neighborhoods gain?

Along with eliminating some street lights, an option has been proposed that an existing street light could stay but then the neighborhood and not that Town pick up the expense.

The JETF study also states that homeowners could simply add additional lighting on their property.

Lts see: A neighborhood too dark to walk safely for my children, I pay more out of my pocket in taxes and on my own electric bill and I get less in Town services.

Could some street lights be eliminated? Yes.

But please let's not rush into "energy savings" that is merely passed on more to the homeowner and makes the neighborhood less safe to navigate!

Robert (Bob) Devost  
Jericho

**Thank you To the Editor,**

For five years my daughter has been fortunate to be a member of the Vermont Youth Dancers who have delighted us with performances on First Night and at farmers markets and on local stages. I am so grateful to director and choreographer Mia Groff and Theresa Robinson for volunteering their time and sharing their vast knowledge and skills with 25 area kids.

Over the years my daughter has learned much more than dance moves; she has made new friends, developed stage presence, and enjoyed the excitement of live performances. This year Vermont Youth Dancer's show *Come with Me & Breakthrough* will be on April 14 and 15 at Mt. Mansfield Union High School. I hope you have a chance to come see the skills and energy of these kids in this original dance show.

Kelly Bartlett

LEGISLATIVE REPORTS

**From the State House March 2012**

By Martha Heath  
A Responsible Budget

The week of March 19, the FY13 Budget Bill will be up for debate on the House floor. My committee has worked long hours to craft a responsible budget that funds essential government services while leaving funds in reserve to address future challenges.

For the 5<sup>th</sup> year in a row we have wrestled with the need to close a gap between projected revenues and projected expenses as a result of the Great Recession. Following the downgrade in the revenue forecast in January, our committee needed to close a \$61M gap. While the gap was much lower than the \$175M gap faced in FY12, each year becomes more difficult as the possible strategies for closing the gap grow more limited.

The largest contributor to solving the problem is lower than expected costs in the state's healthcare programs. It is indeed good news to see some change in this growth curve. In addition \$10M was used from funds we held in reserve during the FY12 budget process.

This year we were able to avoid some of the painful decisions we faced during the worst years of the recession. The budget fully funds caseload increases in developmental services and other human service areas and continues the increased investment in community mental health services that will begin during the present fiscal year. Cuts proposed in the Choices for Care program that serves the elderly in their homes were not instituted. Furlough days that have closed courthouses one day a month have been eliminated. There is further investment in high quality childcare. The appropriations for transportation are up \$28M for paving, \$18M for bridges, \$1.5M for Town Highway Aid and \$3.1M for Town Highway Bridges. We have put aside \$2.1M for possible appropriation for a working lands bill which promises to drive future economic development in the state.

The budget bill contains a proposal that was worked on by the House Appropriations and Ways and Means Committees to address the general fund transfer to the Education Fund and the creation of a true "rainy day" fund. Revenue increases that happen between the January forecast and the end of the fiscal year will be split three ways. Fifty percent will be added to the general fund transfer, 25% will go to the new rainy day fund, and 25% will go toward addressing unanticipated shortfalls in federal funding. These changes will accomplish the goals of reducing reliance on the property tax and continue the state's responsible fiscal policies. Having a true "rainy day" fund will be beneficial in helping the state address future fiscal challenges. This fund will be in addition to the Stabilization Reserve which is set at 5% of expenditures. We haven't appropriated any money out of this reserve during the years of fiscal challenge. Having this "untouched" reserve has helped the state keep its very high bond ratings.

The bill my committee will bring to the floor this week is balanced and leaves \$15M in reserves to address future challenges. It is a responsible budget that provides for the essential services of state government while saving money to address an uncertain future.

In the article I wrote last month I inadvertently left out an important piece of the discussion about adding positions in state government in the Budget Adjustment bill. I neglected to point out that these positions will be transferred and converted from existing positions thus the overall number of permanent positions in the state workforce will not change as a result of our actions. The budget adjustment bill went to a conference committee in February, the differences between the House and the Senate were resolved and the bill has now been passed by the legislature and signed by the governor.

As the session continues I sincerely hope you will take time to contact me to share any comments or questions you have about the legislation we are considering. I enjoy hearing from you. You may reach me by email at [mpheathvt@gmail.com](mailto:mpheathvt@gmail.com) or by calling 893-1291.

**Notes from Montpelier**

By Rep. Bill Frank

The pace of this year's legislature session seems to be on the same pace of spring arriving in Vermont. The Friday of the week after Town Meeting was "crossover day", the date that a bill in one chamber had to be voted out of committee if the bill is to be taken up in the other chamber. Over twenty bills were voted out that week and on Tuesday of the next week the whole House heard reports, had discussion and voted on 22 bills. What a full day and evening! These bills are an example of the diversity of work the House has been doing this year in addition to dealing with the effects of tropical storm Irene and redesigning the system of mental health care for Vermonters. The bills include the Transportation budget, ignition interlock restricted driver's licenses, parity for primary mental health care, a new opiate addiction treatment system to restricting the use of tanning beds by minors. The House committees will now work on bills that passed the Senate before crossover. We are on track to finish our work and adjourn by the end of April.

We made many updates to The Vermont Prescription Monitoring System including directing the Department of Health to create a disposal program for unused over the counter and prescriptions drugs. This program will be available to all Vermonters at no charge. The department expects to find grant money to create and run this program.

The Transportation program for fiscal year 2013 (July 1, 2012-June 30, 2013) increases the following areas: \$27.6 million more in paving; \$2.1 million for highway maintenance; \$1.5 million for town highway aid; \$4 million into the town highway emergency fund; \$3 million for town bridges; \$18 million for interstate bridges. These six areas represent over 50% of the \$103 million increase in the total transportation program.

A Renewable Energy bill was also passed this week. The bill sets out a target of renewable energy to be 75 percent of the state's total power portfolio by 2032. The Department of Public Service estimates the bill will bring in more than half a billion dollars in capital investment in energy generation projects to the state. More details on this bill, H.468, are available on my web site.

And we passed the State Budget for FY2013, commonly referred to as the "big bill". Rep. Martha Heath's Appropriations Committee created a balanced budget that doesn't call for broad-based tax increases and helps us rebuild our infrastructure after the last spring's floods and tropical storm Irene. It also restored proposed cuts to funds which support high quality childcare, independent living for disabled Vermonters, and services that allow seniors to spend their later years at home rather than a nursing home. I am proud to support this budget and the hard work of the committee. Also see Rep. Heath's article in this issue of The Mountain Gazette.

For many years Senator Bill Doyle, the dean of the Senate, has produced and tallied a Town Meeting Survey. Over 380 people in Underhill, Jericho and Bolton completed the survey which I tallied, sent to Sen. Doyle and posted on my web site at [RepBillFrank.com](http://RepBillFrank.com). The two questions "Are you optimistic about the future of Vermont?" and "Are you optimistic about the future of our nation?" had very different results, about 70% for Vermont, 37% for the nation in our three towns. I will add the state wide results when they are available.

My next Legislative update evening at the Deborah Rawson Library is Tuesday, April 17, 6:30-8:00 pm. As always I like to hear from you, either by email: [Bill@RepBillFrank.com](mailto:Bill@RepBillFrank.com), on Facebook: [facebook.com/RepBillFrank](https://www.facebook.com/RepBillFrank), phone: 899-3136 or mail: 19 Poker Hill Rd, Underhill, 05489.

**Tom Moore receives Best of the Best award**

Builder Tom Moore recently received a *Best of the Best* Honor Award in Residential New Construction Innovation in Energy Saving Design and Features from Efficiency Vermont during its annual Better Buildings by Design conference.

Efficiency Vermont's Better Buildings by Design conference and *Best of the Best* awards highlight the ever-growing role of efficiency and sustainability in Vermont's building sector. The work of these winners helps reinforce the idea that Vermonters can live and work in comfortable, fully-functional spaces, while saving money and energy.

Better Buildings by Design is the region's leading design and construction conference that offers industry-specific learning in building durability, efficiency, and value for residential and commercial projects. This year's conference hosted over 1000 participants, including the region's top architects, builders, contractors, designers, realtors, developers, electricians and engineers.

## LIBERTY'S FUEL OIL

Serving Chittenden County  
(along with Georgia and Fairfax)

- 24 Hour Emergency Fuel Delivery and Heating Repair Service
- Oil-Kerosene
- Full Repair, Maintenance and Cleaning Services
- Residential and Commercial
- Installations

A Locally Owned and Operated LLC

**893-2869**

## ELIMINATE HIGH HEATING BILLS!

A Central Boiler outdoor wood furnace is the safe, efficient and affordable way to heat your entire home and eliminate high heating bills.

- Works with your existing heating system.
- Easy and hassle-free installation.
- Whole-house comfort and warmth.
- Set your thermostat where you want with no worries.

**VERMONT HEATING ALTERNATIVE**  
308 POND ROAD, HINESBURG, VT 05461  
**802-343-7900**

**OUTDOOR WOOD FURNACES**  
CentralBoiler.com

Furnace and system must be properly sized and installed. 2011-0001

• APPLIANCES • ELECTRONICS • LAWN & GARDEN • TOOLS • FITNESS • MATTRESSES • APPLIANCES • ELECTRONICS •

# WILLISTON Sears

Vince Abbiati  
LOCALLY OWNED & OPERATED

*Your Local & Convenient Hometown — Retail — Store*

We Deliver. Professional installation/Gas certified. Old appliance take away.

**94 Harvest Lane, Williston • 802-662-1514**

HOURS: Mon. - Fri. 9 am - 7 pm Sat. 8 am - 6 pm Sun. 9 am - 5 pm

• SESS • FITNESS • TOOLS • GARDEN • APPLIANCES • ELECTRONICS •

## LIBRARY NEWS

## DEBORAH RAWSON LIBRARY, UNDERHILL

Art for April features water soluble oil paintings by June M. Schulte and acrylic paintings by Elizabeth Pieroni Schulte. June will also have her photo note cards for sale with proceeds being donated to the library.

The board of Trustees will meet Thursday April 19 at 7:00 PM. Please join us.

The silent auction item for April is a one night stay in a traditional room for two people at The Essex Resort and Spa. Bidding will start on Sunday April 1 and will end on Sunday April 29 at 4:00 PM. (note: there is a \$25.00 service charge for the stay payable upon check in.)

The Friends of DRML will meet Tuesday April 10 at 6:30 PM. Please join us.

Deborah Rawson Book Lovers (DRBL) is an adult book discussion group that meets the second Tuesday of every month at 7:00 PM at the library. The March discussion book was *The Trickling of Freya* by Christina Sunley. We all loved learning about Icelandic history, culture, and immigrant communities. The "plot twist" left a little to be desired though. The April 10 book will be *Extremely Loud and Incredibly Close* by Jonathan Safran Foer. To quote the movie blurb, it's "not about 9/11... it's about every day after." Join us for an *Extremely Loud and Incredibly Close* discussion.

The Jericho Energy Task Force will be showing the movie *Two angry moms* at the library on Friday April 13 at 7:00 PM. *Two Angry Moms* shows not only what is wrong with school food; it offers strategies for overcoming roadblocks and getting healthy, good tasting, real food into school cafeterias. The movie explores the roles the federal government, corporate interests, school administration and parents play in feeding our country's school kids.

Time to get your gardening tools ready for another season. Ben Crockett will conduct a two hour workshop on Saturday April 14 10:00 AM - noon. Ben will discuss and demonstrate cleaning, sharpening and proper use of gardening tools. You are encouraged to bring your own favorites. During the second hour Ben will circulate and assist as you work on your own tools. Recently Ben presented the same workshop at the UVM Horticultural Research Center and received high praise. The cost is \$10, limit to twelve. To register call the library - 899 4962.

Learn about the Root Center, Sunday April 15, 2:00-3:30 PM. Last year, The Root Center grew tons of food for local food banks and donated about half their yield to victims of Irene. Soon to begin a new season of growing food for those in need, Robin Schulte, co-founder of this local non-profit, will offer a presentation on energy efficient food production. Come learn how geodesic structures heat themselves entirely through passive solar heating even in the winter. Come learn how aquaponics systems within a geodesic dome act as a low maintenance, year-round, food generator. Come learn how you can make use of these systems in your own back yard. <http://www.therootcenter.org>.

George Till and Bill Frank will be at the library on Tuesday April 17 at 6:30 PM to give a legislative wrap up and to answer questions.

Book discussion group on the myths of India to start in May 2012. The book that will be used as a reference is *Indian Mythology* by Devdutt Pattaniak, an Indian physician turned mythologist and author. In four weekly sessions starting Wednesday May 2, this group will discuss the major figures in the vast array of deities in the Hindu religion. We will dip in the ocean of stories and artistic productions centered around the popular gods, goddesses, demons, and human heroes found throughout South Asia. Leading the discussion will be Underhill resident John Michael McKnight, Ph.D, adjunct professor at Champlain College and a longtime student of Indian culture and cuisine. We have twenty copies of the book which will go to the first twenty people who sign up. So, please sign up soon if you are interested. Meetings will be Wednesday evenings 6:30 PM to about 8 PM.

Preschool Story Times - Stories, songs, fingerplays, snack and craft for preschoolers and their caregivers. Drop in, no registration needed: Wednesday at 10:30 AM; April 4, 11, 18 and May 2; Thursday at 10:00 AM, April 5, 12, 19 and May 3.

Evening Story Time for Families Thursday, April 5 at 6:30 PM. Parents with older preschoolers and children in kindergarten through second grade are invited to join us for stories, craft and light refreshments. To register call 899-4962.

Preschool Story Times - Stories, songs, fingerplays, snack and craft for preschoolers and their caregivers. Drop in, no registration needed: Wednesday at 10:30 AM, April 4, 11, 18, May 2; Thursday at 10:00 AM, April 5, 12, 19 May 3.

Evening Story Time for Families - Thursday April 5 at 6:30 PM. Parents with older preschoolers and children in kindergarten through second grade are invited to join us for stories, craft and light refreshments. To register call 899-4962.

Introduction to Graphic Novels 101 - Monday April 16, 6:30 PM. Graphic novel enthusiast, Rick Evans, returns to lead a basic introduction to graphic novel design. Learn a bit about the structure of graphic novels and try your hand at writing and illustrating your own basic graphic novel. Interest of the group will help us determine if we should schedule a follow up event. To register call, 899-4962.

Library hours: Tuesday 12:00 - 8:00 PM, Wednesday 10:00 AM - 6:00 PM, Thursday 12:00 - 8:00 PM, Friday 10:00 AM - 6:00 PM, Saturday 10:00 AM - 2:00 PM, Sunday 1:00 - 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

## ESSEX FREE LIBRARY, ESSEX

For information or directions, please call the library at 879-0313 or check our web site at [www.essex.org](http://www.essex.org).

## FAIRFAX COMMUNITY LIBRARY

PJ Story Hour is on Thursday April 5 at 6:30 PM with *Success by Six*, Come to the library in your PJs for a story. For ages 0-6.

On Saturday April 7 from 10:00 - 11:00 AM, we will be hosting our monthly Breastfeeding Clinic and Support group for those who are thinking about breastfeeding, are currently breastfeeding, or those who have wisdom to share with others. The clinic will be led by Mari Stuart-Bullock, IBCLC, from the Home Health Agency of Franklin County. This is a monthly event that takes place the first Saturday of every month.

Every Monday afternoon in April from 2:45-4:15 PM (except April 24), Fairfax Community Library is hosting a Chess Club. An experienced instructor will be leading the group. If you have your own chess set, please bring it along. All experience levels and ages are welcome.

Thursday April 12 at 6:30 PM is the book discussion for "A Friend of the Earth" by T.C. Boyle. The discussion will be led by Rachael Cohen. Swing by the library to pick up your copy of the book.

Still unsure of how to borrow e-books and audio books for FREE? Come to our Listen Up Vermont intro class. The class will be offered on Saturday April 14 from 10:00-11:00 AM. We will start at how to sign up and end with downloading books to your device. One-on-one help will be available, so bring your questions.

Join us for an after school craft on Monday April 16 from 2:45-3:45 PM. We will be creating beautiful egg shell mosaics using just dyed egg shell pieces and some glue. Sign up at the library. For ages 5 and up.

Read to a Dog. Every other Wednesday afternoon, Rainbow, a beautiful Newfoundland and registered therapy dog, will be at the Fairfax Community Library listening to children reading. In April, Rainbow will be visiting on Wednesday April 11 from 3:30 to 5:30 PM. Open to school aged children of all reading levels. Sign up in advance for a 15 minute time slot.

Looking for a fun keep-sake activity for you and your kids? On Monday April 23 from 1:00-3:00 PM, Kurt Valenta will be leading hand casting for children 8 and up. They will be able to plaster, paint and decorate the cast of their hands. Children under the age of 8 can make an imprint of their hands and decorate the cover of their hand book. Both of these activities have a small fee for the plaster kits. Sign up in advance at the library or call 849-2420 with any questions.

Come to the Fairfax Library on Thursday April 26 from 2:00-3:00 PM for a Lego Building Afternoon. The awesome creations that result from this will be put on display at the library. We have limited legos to share so please BYOL (bring your own legos) for you to work with. Please sign up at the library or by calling 849-2420. All ages welcome.

On Thursday April 26 from 6:30 - 8:00 PM the Fairfax Community Library will be offering the first of three programs in our Gardening Workshop Series. Fairfax resident and Master Gardener Kelly Wakefield will be speaking about Veggie Gardening; specifically seeds and start up, cold frames, garden planning and companion gardening. All ages and levels of gardening experience are welcome. Please sign up at the library or call 849-2420.

Fairfax Community Library Story Hour: Tuesdays from 9:30 - 10:30 AM. Join us for stories, crafts and activities. For ages 0-6. April is DOG Month at Story Hour; each week brings some special visitors, April 3 - Dogs and Counting; April 10 - Dogs that Move (music w/Christy); April 17 - Dogs and Helping and April 24 - Mud.

Library News: <http://www.bfairfax.com/pages/communitylibrarynews.html>. Facebook page: <http://www.facebook.com/home.php?#/pages/Fairfax-Community-Library>. School Year Library Hours: Monday, Wednesday 8:00 AM - 5:30 PM; Tuesday and Thursday 8:00 AM - 8:00 PM; Friday 8:00 AM - 3:15 PM; Saturday 9:00 AM - 1:00 PM.

## JERICHO CENTER, LIBRARY

Library hours are Monday 1:00 PM - 5:00 PM, Wednesday 10:00 AM - 12:00 PM and 2:00 PM - 6:00 PM, Friday 1:00 PM - 5:00 PM, and Saturday 10:00 AM - 1:00 PM. For more information, call the library at 899-4686, email [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com), or visit the library website at [www.jerichotownlibrary.org](http://www.jerichotownlibrary.org).

## RICHMOND FREE LIBRARY, RICHMOND

To "breaking news" sign up for the RFL mailing list on the library homepage, [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org) Search our catalog at [rfl.kohavt.org](http://rfl.kohavt.org).

## VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Hours: Mondays and Tuesdays 12:00 to 7:00 PM, Wednesdays and Fridays 3:00 to 7:00PM, Thursdays 9:00 AM to 7:00 PM, Saturdays 9:00 AM to 12:00 PM. School Year Preschool Story Hour: every Monday 11-noon.

## WESTFORD PUBLIC LIBRARY

Upcoming Events:

Thursday April 5, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Caldecott Winners.

Friday April 6, 11:00 AM, Tai Chi for Arthritis for Ages 50+. Class is full.  
Wednesday April 11, 11:00 AM, Tai Chi for Arthritis for Ages 50+. Class is full.  
Wednesday April 11, 6:00-7:00 AM, Book Discussion: The Hunger Games (Collins).

Thursday April 12, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Poetry.

Thursday April 12, 6:30 PM, Mah Jong. All skill levels welcome... We are happy to teach new players. Contact Beth Pelouin at [bethpelouinatgmail.com](mailto:bethpelouinatgmail.com).

Friday April 13, 11:00 AM, Tai Chi for Arthritis for Ages 50+. Class is full.

Wednesday April 18, 11:00 AM, Tai Chi for Arthritis for Ages 50+. Class is full.

Thursday April 19, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Sharing.

Friday April 20, 11:00 AM, Tai Chi for Arthritis for Ages 50+. Class is full.

4/25 - 4/28: Vacation Days at Your Library. Hang out, read, use the computers, do puzzles and crafts, play games, daydream. Children ages 9 and up may visit without an adult per the Unattended Minor Policy posted at [www.westford.lib.vt.us](http://www.westford.lib.vt.us).

Thursday April 26, 11:00 AM, Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Frogs and Toads.

Thursday April 26, 6:00 PM, Mah Jong. All skill levels welcome... We are happy to teach new players. Contact Beth Pelouin at [bethpelouinatgmail.com](mailto:bethpelouinatgmail.com).

Seeking Astronomer/Stargazer: Westford Public Library would like to host a Summer Reading Program talk for families about star-gazing. The program would be in the early evening (approx 5:00-7:00 PM), so it will be too light for a star-gazing party. I'm thinking of a short indoor talk about easy-to-find constellations and a lesson on how to use a telescope so that participants could view the stars/night sky on their own schedule. Is there someone who might be interested in leading a program like this? If so, please contact Victoria at 878-5639 or [westford@plavtals.state.vt.us](mailto:westford@plavtals.state.vt.us). Thanks.

New Additions to the Collection: Adult Fiction: *We Need to Talk About Kevin* (Shriver), *Defending Jacob* (Landay), *The Flight of Gemma Hardy* (Livesey), *Raylan* (Leonard). Adult Nonfiction: *Below Stairs* (Powell), *The Mindful Carnivore* (Cerulli), *Unlikely Friendships* (Holland), *Behind the Beautiful Forever* (Boo), *Bringing Up Bebe* (Druckerman), *The Dirty Life: On Farming, Food, and Love* (Kimball). Teen: *Dearly, Departed* (Habel), *The Gates* (Connolly), *A Kid from Southie* (Shea), *Steampunk Anthology* (ZZZLink). Juv: Picture Book: *Everyday Dress-Up* (Alko), *Grandpa Green* (Smith), *I'm Fast* (McMullen). Early Reader: *Listen to My Trumpet* (Willems), *Ride Fly Guy Ride* (Arnold), *See Me Run* (Meisel). DVD: *My Week with Marilyn*, *The Descendants*, *J.Edgar*, *Girl with the Dragon Tattoo* (Swedish Version). Juv: *Puss in Boots*, *Hugo*, *Rango*, *The Adventures of Tintin*.

The library is open Wednesday 1:00-7:00 PM, Thursday 10:00-6:00 PM, Friday noon-6:00 PM, and Saturday 10:00 AM-2:00 PM. We can be reached at 878-5639, [westford@plavtals.state.vt.us](mailto:westford@plavtals.state.vt.us), and [www.westford.lib.vt.us](http://www.westford.lib.vt.us).

## DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

Jake the Snake: Saturday April 14, 1:00 PM. National Library Week event. This first-hand encounter with Jake, a full grown boa constrictor, introduces children to the world of reptiles. Visuals and hands-on activities supplement this special experience. All ages. Presented by Stephen Amos, naturalist, author, and former zoo and museum curator.

\*Pokemon Card Day: Monday April 2, 3:00-4:00 PM. Bring your own cards for trading and battling. Presented by Mara Distler. Gr. 4-8. Pre-register at 878-4918.

Food For Thought Library Volunteers: Thursday, April 5, 4:00-5:00 PM. Gr. 7-12 Teen Advisory Group. Pizza, discussion, and library projects for teens. 1st Thursday of each month. (2nd week in March due to school vacation). New members welcome.

Story Hour: Tuesdays at 11:00 AM, April 3-17. Stories and simple crafts for children ages 3-5. No pre-registration.

\*Science Magic: Thursday April 12, 3:00 PM. Science comes alive at the library. Science enrichment series presented by Kathy Fernee and Karen Cutler. Gr. 3 and up. Pre-register at 878-4918. Children ages 8 and younger must be accompanied by an adult while at the library.

Babytime Playgroup: Wednesdays, 10:30 AM -12:00 PM (except for the 1st Wed of each month). April 11-25. For infants and toddlers. Sponsored by Building Bright Futures of Williston. Call Marjorie Von Ohlsen for more information at 658-3659.

\*Reading with Frosty and Friends Therapy Dogs: Tuesdays, 3:30-4:30 PM. (Through April 17). Share a story with a trained therapy dog. All dogs registered with Therapy Dogs of Vermont. All ages. Call 878-4918 to pre-register for 10 minute individual sessions. All ages.

Music with Raphael: Mondays, 10:45 AM, Thursdays, 10:30 AM, and Saturday April 21 at 11 AM. Come sing, dance, and clap your hands with Raphael and his guitar. Traditional and original folk music for children up to age 5 with a caregiver. No pre-registration. Limit: one weekday session per week per family.

Russian Story Time: Saturday April 28, 10:30 AM. Stories, songs, and crafts for children ages 0 - 5. This program is presented in Russian. English speakers are welcome. Presenters will translate and teach Russian words. Includes puppet show: "Teremok".

\*Pre-registration required  
Dorothy Alling Memorial Library, 21 Library Lane, Williston, VT. [www.williston.lib.vt.us](http://www.williston.lib.vt.us)

## Auction continued from page 1

consultations to massages are also available. In addition, there will be a special raffle for students, and a chance to win tickets for a sold out performance by the band Coldplay at the Bell Centre in Montreal on July 27. Raffle tickets are available locally at Mountain High Pizza and the Jericho Center Country Store, as well as at the Scoop Shop at the Davis Center at UVM. During the auction, local musician Derek Burkins will entertain the crowd and there will be free food and non-alcoholic beverages. Admission to the auction is free of charge.

Parts of Phase II have already been completed. An Eagle Scout candidate (and JES graduate) built a boardwalk which crosses a wetland to reach some outdoor classrooms. Now, the group needs roughly \$17,000 to create a path leading to the boardwalk. The cost is high because the path must meet the requirements of the Americans with Disabilities Act in terms of width (five feet), slope (no more than one foot rise for every twelve feet of distance) and surface (constructed of Shurpac).

The path is important, said Graning because it is difficult for children with mobility impairments to reach the wooded area behind the school. "We have a pine forest and sumac stands, outdoor classrooms and a wetland, and not everyone can get to it," she said. "This makes those areas accessible for everyone in the school and the community. It gets families and children outside to enjoy our surroundings more." The path will also connect both the Sunnyview and Griswold neighborhoods to the school, helping those children avoid walking on Route 15.

Graning said the school board has been incredible supportive of the project and has contributed money and time. "They've been some of our biggest supporters in making this happen," she said. School Board Chair Susan Lillich expressed her gratitude to Graning and Zambrano for the work they've done. "The new playground, the walking path, and the outdoor classrooms are wonderful assets not only to our school, but to the community as a whole," she said. "I look forward to the completion of the project which will provide our students with outdoor spaces for creative, hands-on learning."

Zambrano and Graning will be leaving PIE at the end of the year but they hope other parents will come forward to continue their work. The duo would like to see the creation of a hill behind the school which could be used as an amphitheater in the summer and a sliding venue in winter. They also would like to see the ball fields improved and have one moved so that spectators can sit on the hill and watch the action.

The auction will take place at Jericho Elementary School on Route 15, beginning at 7:00 PM on April 14.

# Save On Our Spring Cleaning Specials!

**TAKE \$20 OFF** Our Annual Furnace Cleaning & Tune-Up during the **Month of April!**

**TAKE \$15 OFF** Our Annual Furnace Cleaning & Tune-Up during the **Month of May!**

**TAKE \$10 OFF** Our Annual Furnace Cleaning & Tune-Up during the **Month of June!**

The above savings apply for our regular cleaning/tune-up service when the work is performed during the month specified.

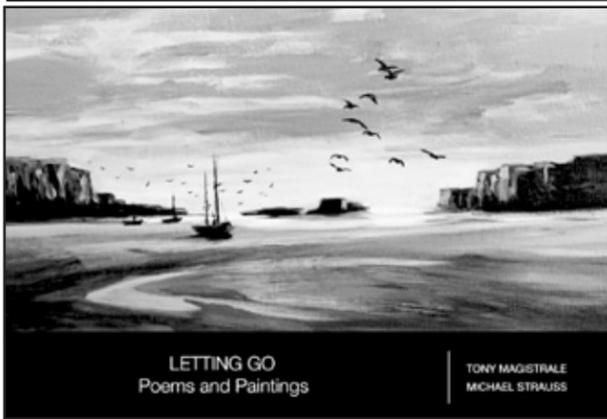


**PATTERSON Fuels**  
Heating Oil • Propane • Service  
434-2616 985-3470 899-3155

Call Us! or Give Us a Click at:

[www.pattersonfuels.com](http://www.pattersonfuels.com)

ART / MUSIC / THEATER



Letting Go a new exhibition of acrylic paintings by Michael Strauss continues at the Emile A Gruppe Gallery, through April 29. Strauss's paintings are reminiscent of the era of the California colorists, bold and vibrant. Also on display are paintings on glass with similar motifs, which radiate with (when) the sun streaming through them. Gallery hours are Thursday through Sunday from 10:00 AM - 3:00 PM or by appointment 899 - 3211 www.emilegruppegallery.com.

ART/PHOTOGRAPHY

**Beginner Adult Watercolor One Day Workshop** on Saturday May 12 at the Community Center in Jericho with Vermont Artist Kathleen Berry Bergeron 10 am-3:30 pm. \$70. Call for info or to register 899-4628.

The **Essex Art League** will hold their April meeting on Thursday April 5 at 9:00 AM. The League meets the first Thursday of the month, from 9:00 - 11:00 AM, at the Essex Junction Congregational Church on Main Street. A yearly calendar of meetings is available on the Essex Art League's website at [www.essexartleague.com](http://www.essexartleague.com).

This April's meeting will feature Interactive Fabric Painting by Artist Mary Hill. Ms. Hill will share her creative journey over the last 30 years as printmaker, muralist, fabric designer, writer/journal keeper, painter, and teacher. Business successes and challenges will be discussed. Questions are welcome! Those who attend will create their own small banners. Black canvas and limited paints will be provided. Please bring your own brushes and the additional acrylic paints you may have. For more information on Mary Hill go to her website at: <http://www.maryhillstudios.com/about.htm>.

MUSIC/DANCE

**Roland Pigeon and Friends**, Sunday April 29, 4:00-6:00 PM, at the UCW White Church, Route 128, Westford. A community wide appreciation will be held in honor of Roland Pigeon. All are

invited to join Roland, family, friends and fellow musicians at the Westford UCW church to give recognition to one of Westford's favorite sons. The afternoon will offer a wide variety of country, folk and old time fiddle music by a broad spectrum of talent. Both young and older talent will be displayed and appreciated by all age groups. Refreshments will follow the entertainment.

**English Country Dance** at Elley-Long Music Center, Colchester, Friday April 6, music provided by Keys : Pam Bockes (guitar), McKinley James (cello), Aaron Marcus (piano & concertina) and Susan Reid (violin). Dances taught by Val Medve and Wendy Gilchrist. 7:00 to 7:30 PM - \$1.00. Challenging dances for experienced dancers, to recorded music. Because the dances in this 7:00-7:30 PM session are more complex and there's less time for teaching, we ask that dancers know the basic moves/figures of ECD (English country dance) and can dance the moves/figures without relying on partners or neighbors for help. 7:30 to 9:30 PM - \$8.00 (\$5 student/under 30). Dancing for all to live music. Potluck refreshments -- bring a sweet or savory finger food snack to share. All dances taught, walked through and prompted. No experience needed, but the ability to move in time to music is helpful. Questions? Val Medve [valandtom@myfairpoint.net](mailto:valandtom@myfairpoint.net), 802-899-2378

**Queen City Contras** will hold its regular dance on Friday April

Art / Music / Theater continued on page 10

CPA continued from page 1

it will be," he added. Connell, of Underhill, is a teacher and a mentor for Chittenden County with the Northeast Organic Food Association of Vermont (NOFA).

The half dozen people attending the meeting grow vegetables, fruit, raise turkeys, pigs, sheep, chickens, make honey and gather eggs, among other products. Some said they sell a little of it, but either eat it or share it with neighbors. Some swap.

They all want to see more people get involved in producing food locally and assisting each other. Their group is like dozens of other groups, businesses and individual farmers producing healthy food in Vermont for Vermonters.

The group plans to meet the third Thursday of each month at 7:00 PM. In the Underhill Town Hall, and hopes to expand its membership to discuss or achieve these five goals: a food bank of locally grown products, a farmers market in Underhill Center, a cooperative food exchange, a pool of labor for people to call on for farming help and education for those wishing to learn about and work at sustainable farming.

John and Joanne Godek and John and Karen Vesosky live on Nashville Road in Jericho, about a mile from each other. They swap the things they raise and grow with each other and would like to broaden their efforts to involve others.

John Koier and his wife Barbara live on Pine Ridge Road in Underhill. John Koier said he had been thinking about forming some kind of farming collective effort to promote local agriculture for about 10 years. He has been active with the community garden at the Underhill Central School, he said.

He said he had thought of starting a farmer's market in Underhill Center, similar to the Thursday one at Mills Riverside Park in Jericho, running it on a day different day so as not to compete with the one in Jericho.

"How can we involve this community, these people to make things happen?" John Koier asked.

"We raise fifty percent of our food, maybe more," said Karen Vesosky. "We want to share and work together."

Barbara Koier agreed. "We always have too much food," she said. She would like to share it with others. "It's not about the money, it's about sharing."

Reed and Chris Sims of Plains Road, Jericho, raise as much as 60 percent of the food they consume. In addition to vegetables, they raise sheep, sell the wool and mutton and also raise chickens for eggs and turkeys. Chris Reed keeps her sheep at the home of Arthur and Laurel Shelmandine on John Davis Drive in Jericho. Owner with his wife of "It's Arthur's Fault," a home-based specialty food business, cooking school and catering business, Shelmandine and Chris Reed do some bartering. She also helped the Shelmandines set up a garden at their home.

Reed Sims said at the meeting he thinks people would be interested in learning about homesteading, perhaps at classes at the Jericho Community Center, "like a community university."

Wendy Andersen, who also lives on Nashville Road, said she is developing part of her two and a half acres into a garden. She said she would like someone to help her with it and share the crops. Anderson has helped out at the vegetable gardens at the Deborah Rawson Memorial Library in Jericho and at Underhill Central School.

The local movement is a part of a statewide effort to increase food production in Vermont, begun formally in 2009 when the Legislature passed the Farm to Plate Initiative and directed the Vermont Sustainable Jobs Fund to develop a 10-year strategic plan to meet that objective.

The hope is to double the amount of locally produced food consumed in the state, according to Ellen Kahle, Vermont Sustainable Jobs Fund executive director. The state's farm sector, including dairy, employs about 56,000 people, or one in five jobs. Total farm sales last year amounted to \$503 million, according to the Vermont Agriculture Agency. Officials hope to create another 1,500 jobs to boost Vermont's economy.

As of late last year, 450 private sectors agriculture jobs have been created and about 120 new food establishments of various kinds have been formed.

The Farm to Community Mentor Program was started by NOFA

in 1999 in response to requests by farmers to deepen connections with schools and communities around Vermont, according to Abbie Nelson, coordinator of the program. It is one of two programs she runs. The other is Vermont Food Education Every Day or Vermont FEED.

"The mentor program started with a farm-school initiative," Nelson said, taking children on field trips to farms and bringing farmers into the classrooms. It has nine mentors, such as Connell, all over the state.

"We are trying to infuse agriculture into existing community functions and activities," Nelson said. She said a mentor will be at an upcoming Green Day event in Middlebury. The mentor from Addison County will set up a display about local agriculture - information on farmers markets and agriculture education. Nelson said NOFA, Shelburne Farms and the Two Rivers Center in Montpelier cooperate in the program.

Vermont FEED grew out of a perceived need to connect Vermonters again with their own roots by promoting a resurgence of local farms and access to fresh, healthy food for the state's children through education and outreach in the state's schools, according to information supplied by Vermont FEED.

"We work with schools," Nelson said, promoting gardens that children have a part in. "If you grow it you eat it," she said. About half of the 320 public schools in Vermont are involved with this program. She said the program works to get healthy food in school cafeterias, learning about food as part of a school's curriculum and deepening school connections with farmers.

In the spring children visit farms around Vermont. In the fall, the farmers visit the schools and talk about farming in the classroom and in the winter, when farm work is slack, farmers write letters to the children in their local schools, telling them about farm life.

Nelson said there are more than 100 farmers involved with 85 schools in the state.

At Underhill Central School, volunteers are getting ready to till the 14 raised beds near the school for planting once the weather is favorable. Started in 2010 by parents Carol Sullivan and Cindy Stotz, the garden last year produced chard, kale, onions, carrots, tomatoes, endemame, beans, squash and pumpkins. Some of it is used in the school's lunches and some given to food shelves in the area, Sullivan said. Children and adult volunteers do the work even after school is out for summer vacation, taking weekly turns at weeding and caring for the growing vegetables.

"We wanted to give the kids more hands-on, interactive outdoor education," Sullivan said. In the classrooms, children learn about soil and composting and go outside to draw what they see in the garden.

In September at the end of the growing season when school is back in session, there is a Harvest Festival that includes a zucchini run, she said. Children take part in a relay race, passing on a zucchini to their teammates.

The children have taken a liking to chips, made from the garden's kale, and learned that the sunflower seeds they are eating actually come from the garden.

Coin roundup continued from page 1

As a class, we presented this charity event at our school-wide morning meeting. We asked all JES students to bring in their spare change and brought this to the Jericho Town Store because I knew from other events there, people in our community would support this," says Ceilidh Keigle of Mrs. Randall's fourth grade class.

"When our class discussed this opportunity, I thought it was really great to give back to our community to help children our age who might be sick, injured or fighting for their life," explains Lily Porth.

During the month of February, our class collected money in our coin canisters. By Friday March 9, we had counted all the money for a total of \$368! On March 12, one of our classmates brought the funds to Fletcher Allen. "The radio station was there playing music so it was a very upbeat atmosphere! I dumped the change into the money machine. They said, "Wow! You guys did a great job!" I was able to meet the mascot of the Children's Hospital as well as Dr. Lewis First. I could just picture the smiles on the faces of the children at the hospital," reflects Abby Necrason.

"It is nice to know that this money is going to support Vermont children and their families," says Cortland Doyle. According to [BigChangeRoundUp.org](http://BigChangeRoundUp.org), "Money raised from the Big Change Roundup will benefit the patients and families served by Vermont Children's Hospital in many ways including providing funds for specialized equipment, child life specialists and continuing to support family-centered care."

Cooper Pinaud says, "I feel that if I was one of those sick kids, I would want the support of people around me. I think The Big Change Round Up is a great cause and I'm proud to be a part of it." Thank you to everyone!

Respectfully submitted by Mrs. Randall's Fourth Grade Class

# Depot Home & Garden

"The Little Store with More"

**Open House**  
**April 28-29th!**

Food, Specials,  
Soil Testing &  
Special Guest  
Keeghan Nolan  
Performing  
Sat 5-7pm!

**Poultry Seminar**  
**March 18th!**  
Chick orders due  
March 30th!



**SALE 20% OFF**  
**Winter Boots,  
Gloves, Socks!**  
Now thru March 30th!



36 Park St; Essex Jct, VT 05452  
802-878-8596 [www.depothomeandgarden.com](http://www.depothomeandgarden.com)  
Hrs: Mon-Sat 8-6pm Sun 10-4pm

## Tony's Tack Shop

Where horse fever is contagious!

**CHITTENDEN MILLS BEVERAGE**

5¢ OFF

FREE

**PER GALLON OF GASOLINE COFFEE 12 OZ.**

Cannot be combined with other offers. Ad required for discount.

**Art / Music / Theater** continued from page 9

13, 2012 at 8:00 PM at Edmunds Middle School Gymnasium, 299 Main Street, Burlington VT. Adina Gordon will call. Music will be provided by Alden Robinson and Eric Eid-Reiner. All are welcome, all dances taught, no partner or experience necessary. Beginners' session at 7:45 PM. Admission is \$8.00 adults. Under 12 free. Please bring clean, soft-soled shoes for dancing. Dance Info: 802-371-9492 or 802-343-7165.

The **Vermont Symphony Orchestra** ends its Masterworks 2011/2012 series on Saturday, April 28, featuring acclaimed guest pianist Alon Goldstein, with Jaime Laredo conducting. An exciting program includes Golijov's Sidereus, De Falla's Nights in the Gardens of Spain, and Shostakovich's extraordinary Symphony No. 1. The VSO season finale at the Flynn Center in Burlington begins at 8:00 PM.

For additional information or tickets, please visit the FlynnTix Regional Box Office website at [www.flyntix.org](http://www.flyntix.org), telephone (802) 86-FLYNN (863-5966), or visit the VSO website at [www.vso.org](http://www.vso.org).

Information for VSO concerts is also available for smartphone users through a QR code. The QR code links directly to the VSO website.

On Saturday April 14, 2012, Vermont violinist David Gusakov will perform as guest soloist for the Vermont Fiddle Orchestra's Eighth Annual Spring Concert at the Black Box Theater at 60 Lake Street, Burlington. The show will start at 7:00 PM. Admission \$15, \$12 for seniors and students (high school & college). Children 12 and younger admitted free if accompanied by an adult. Tickets will be available at the door. To reserve tickets (please do so by 4 PM on Friday, April 13th) or for more information, please call 1-877-343-3531(FIDDLE1), send an email to [info@vtfiddleorchestra.org](mailto:info@vtfiddleorchestra.org), or visit [www.vtfiddleorchestra.org](http://www.vtfiddleorchestra.org).

**THEATER/FILM**

**Lyric Theatre Company** presents *TITANIC The Musical* on the Flynn Center MainStage. Some very talented members of your community, alongside other actors from the region, will pay tribute to the 100<sup>th</sup> anniversary of the loss of the Titanic with a performance of *TITANIC The Musical* on the Flynn MainStage. Lyric Theatre Company's production runs April 12 through the 15, closing on the actual 100<sup>th</sup> anniversary of the disaster.

Tickets for *TITANIC* are on sale through the Flynn Center Regional Box Office in Burlington; by telephone: 802-86FLYNN;



Left to Right: Wayne Hobbs, Joe Garofalo, Roy Cutler (of Jericho!) as Builder Thomas Andrews, Captain E.J. Smith and Owner J. Bruce Ismay, respectively in Lyric Theaters production of Titanic.

or online: [www.flyntix.org](http://www.flyntix.org).

Documentary Filmmaking Workshop at **River Arts**, 74 Pleasant Street, Morrisville, VT. Mira Niagolova, an internationally recognized, award-winning documentary filmmaker, will introduce adults & teens to the unique nature of social documentary films in her one day workshop: *Conceiving and Planning a Social Documentary Film*, Saturday April 21, 10:00 AM-4:30 PM, at the River Arts Center, located at 74 Pleasant Street in Morrisville, Vermont.

River Arts, a nonprofit organization dedicated to enriching the community through the arts, is located in Morrisville, VT. Registration for Spring programming has begun. For more information, call 888-1261, or visit their website at [www.riverartsvt.org](http://www.riverartsvt.org).

**River Arts** is pleased to announce the documentary *Welcome to Vermont*, April 12, at 7:00 PM, with a running time of 60 minutes. Talk with filmmaker Mira Niagolova afterwards. Screening at

**Titanic cast and crew**



Left: Left to Right, Linda Dudley and Heather Bartlett.

Below: Left to Right, Laurie Dana and Johannes Garrett PHOTOS BY KAREN PIKE PHOTOGRAPHY



the River Arts Center, 74 Pleasant Street, Morrisville. Suggested donation \$5.

River Arts, a nonprofit organization dedicated to enriching the community through the arts, is located in Morrisville, VT. For more information, call 888-1261, or visit their website at [www.riverartsvt.org](http://www.riverartsvt.org).

**Shelburne Players** has chosen a cast and begun rehearsals for their upcoming spring comedy "Lend Me a Tenor" by Ken Ludwig; members of the cast include Matthew Winston, John Hasen and Michael Farnsworth, all of Shelburne, Rachel Newman of Burlington, Clem Turmel and Jennifer Dion Stearns of Milton, Alise Certa of Westford, and Anne Liske of Winooski. "Lend Me a Tenor" is a madcap screwball comedy that takes place when Tito Merelli, the fiery-tempered and world famous Italian superstar, arrives in Cleveland, Ohio to make his debut with the local opera and promptly goes missing. As Saunders, the show's presenter, conspires to cover for Tito's absence, placate his hot-blooded wife, and distract his most passionate fans, chaos on a truly operatic level ensues. Directed by Dick Hibbert, "Lend Me A Tenor" will be performed at Shelburne Town Center, 5420 Shelburne Road, on April 20, 21, 22, 26, 27 and 28. Check [www.shelburneplayers.com](http://www.shelburneplayers.com) for more information.

**Vermont State MATHCOUNTS Competition at VTC**

The top teams and individuals from each of the VT Regional Competitions will go on to compete in the Vermont MATHCOUNTS Statewide Competition that was held Saturday March 24 at Vermont Technical College in Randolph, Vermont. The top 4 individuals from the State Competition will form the Vermont team which will travel to the 2012 Raytheon MATHCOUNTS National Competition in Orlando, Florida May 11-13, 2012.

The one of the 16 schools that qualified for the state competition was Browns River Middle School (Jericho) with a Second Place in the Northwest division.

**Vermont Odyssey of the Mind tournament results**

Odyssey of the Mind teams from across Vermont competed in the 33rd annual State Tournament on Saturday March 10, 2012, at Champlain Valley Union High School in Hinesburg, Vermont.

Odyssey of the Mind is the original and largest creative problem solving competition in the state of Vermont. Nearly 100 teams representing 53 schools and organizations participated in the State Tournament. The Odyssey of the Mind competition focuses on solving long and short (spontaneous) problems and develops several knowledge and skills in several key STEM areas.

Problems ranged from vehicle, mechanical and structural engineering design to theatrical portrayals of real or fictitious events. Teams of 5-7 students attempted to solve their chosen problem, and were judged on how effective and how creative their solution. Teams that ranked first and second were invited to attend the Odyssey of the Mind World Finals, held in late-May each year within the last five years, Vermont teams have placed within the top-ranked teams in the world.

The winners that qualified to advance to the Odyssey of the Mind World Finals to be held May 23-26, 2012 at Iowa State University (Ames, Iowa) from the *Mountain Gazette* coverage area are:

Ooh-Motional Vehicle Div I - 2<sup>nd</sup> place, Underhill Central School, Underhill Center; 3<sup>rd</sup> place, Cambridge Elementary School, Jeffersonville.

Ooh-Motional Vehicle Div II - 1st place, Camels Hump Middle School, Richmond.

Weird Science Div II - 3<sup>rd</sup> place, Cambridge Elementary School, Jeffersonville.

You Make the Call Div II - 1<sup>st</sup> place, Cambridge Elementary School, Jeffersonville.

For more information, visit: <http://vt.odysseyofthemind.com>.

**CESU meetings**

Thursday April 12, MMU School Board meeting, 7:30 PM at Browns River Middle School.

Monday April 16, CESU Executive Committee meeting, 6:30 PM at Central Office, Richmond Town Center.

**Pack 621 participate in Pinewood Derby**



The Wolf den of Pack 621 participated in this years Pinewood Derby on 3/12. The boys all had creative cars and did a great job! Pictured left to right are scouts Finn Verdonk, Nolan Borch, Mason Bianca and Troy Riddell.

PHOTO CONTRIBUTED



Next time you check the 7-day forecast, remember, it takes 30 days for a new flood insurance policy to take effect. So, no matter how many sunny days appear to be on the horizon, there's no time to waste. To find out how to protect your home against flooding, call 1-800-427-2297 or visit [floodsmart.gov](http://floodsmart.gov) today.



Brought to you by the National Flood Insurance Program, Vermont Emergency Management, and the Lamoille County Planning Commission.

**Richmond Odyssey of the Mind Teams going to World Finals in Ames, Iowa**

WORLD FINALS! Two Richmond Camel's Hump Middle School teams have earned the opportunity to compete at the Odyssey of the Mind (OM) World Finals in Iowa at the end of May.

On March 10, 2012 over 80 teams of students from elementary, middle and high schools across Vermont competed in the Odyssey of the Mind State Tournament at CVU. This is a team oriented problem solving competition where the student teams work for over 5 months to formulate and present a solution in the form of an 8 minute performance before a panel of judges. Under very strict rules, the students must be the source of every aspect of the solution and its presentation. No outside help from coaches, family, friends, or other students is allowed.

This year CHMS and RES each sent three teams to the state competition. Ages of team members ranged from Kindergarten to Seventh Grade. First place was earned by a mixed team of 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> graders in Division II and the Overall Ranatra Fusca award (recognizing the highest level of creativity exhibited during the Vermont state tournament) was earned by a team of 5<sup>th</sup> graders in Division I. All of the teams had incredibly creative solutions that they presented to the judges and enthusiastic audiences. The presentations were enhanced by incredible costumes, props and scenery – quite often made entirely out of recycled materials.

Team members have an incredible experience participating in OM and learn a lot. The challenging and fun, open-ended problems are designed to develop "outside the box" thinking, teamwork and creative problem solving – all essential life skills.

No outside help is allowed for the challenges, but outside help is needed now to aid in sending the teams to Iowa. The teams will be having many fundraising events in the next month and a half. Please put these events on your calendars:

- Mid - April Carwash –date to be announced soon
- May 5<sup>th</sup> 'Chocolate Walk' in Richmond
- May – Mother's Day Baskets – look for details soon
- May 12 Family Extravaganza at CHMS a night filled with fun for the whole family (dinner, silent auction, live auction, activities for the kids). Come one, come all.
- Bottle Drives please save your bottles for our bottle drives (dates to be announced).

We will gladly accept any and all donations. If you wish to help us with a gift of any amount, please make your check out to "CHMS OM" and mail to: CHMS Odyssey of the Mind, c/o Mary Ann Horton, 173 School St., Richmond, VT 05477

Please supply a return address with your contribution so that we can provide you with a proper receipt and acknowledgement for your tax deductible donation.

Please contact Denise Noble with any additional questions/ideas/inspirations [vtis4us@sover.net](mailto:vtis4us@sover.net) 434-8440.

**Drypoint Printmaking Workshop at River Arts**

Artist and printmaker Phillip Robertson will be leading a workshop in drypoint printmaking Saturday, April 28, 9:30-12:30p.m. at the River Arts Center, located at 74 Pleasant Street in Morrisville, Vermont.

The workshop, part of the Spring schedule of classes offered at River Arts, will explore the techniques and process of basic drypoint printmaking. Participants will create a drypoint plate on Plexiglass and pull multiple prints as part of the process. No previous printmaking experience is required. Phillip Robertson is an interdisciplinary artist and printmaker, living in Vermont since 1994. He earned his MFA in Interdisciplinary Art from Goddard College, teaches art at the Community College of Vermont and works at the Vermont College of Fine Arts in Montpelier.

River Arts, a nonprofit organization dedicated to enriching the community through the arts, is located in Morrisville, VT. Registration for Spring programming has begun. For more information, call 888-1261, or visit their website at [www.riverartsvt.org](http://www.riverartsvt.org).

**Cambridge Elementary School takes First Place in Odyssey of the Mind Tournament**

Cambridge Elementary School brought five teams to this year's Odyssey of the Mind tournament, proudly returning home with three trophies. Coach Melora Hunt's team competed in the problem, "You Make the Call." Fifth and sixth grade team members Jaycob Corbally, Erik Engel, Lily Foster, Avery Romp, Nate Selby and Ethan Trombley designed and built a balsa wood structure that weighed 11.6 grams and held 320 pounds before its crushing collapse. Their performance earned them first place in the Division 2 (grades 6 – 8) category.

Two teams received third place trophies. Gary Loomis' team with students Adeline Bonath, Maxx Dunbar, George Goldsworthy, Lily Loomis, Shreyas Parikh, and Eli Silman competed in

"Ooh-Motional Vehicle." They designed, built and drove a vehicle that changed emotions as it travelled to 3 team created situations. Michelle and Dave Szabo's team chose "Weird Science," a problem sponsored by NASA that required students to create and present a performance about a team of scientists on an expedition to uncover the cause of mysterious events. Team members included Aidan Foley, Liam Foley, Hannah Randall, Carissa Szabo, Nick Szabo, Autumn Tourangeau and Wenzdae Wendling.

Other Cambridge teams competing in the tournament included students Ellie Katz, Cameron Kennedy, Logan Wilson, and Olivia Palmer with Coach Peter Katz. They competed

in "Weird Science" Division 1. And finally, Mark Stebbins coached Ezra Becholdt, Anthony Corbally, Emma Edgley, Meganne Gilmore, Jasper Henderson, Jake Randall, and Olivia Stebbins in "You Make the Call," Division 1.

All of these students and coaches worked diligently throughout the year to prepare for the Odyssey of the Mind state tournament at Champlain Valley High School on Saturday, March 10. OM is a national problem-solving contest that teaches students to work collaboratively and creatively towards solutions to long and short term problems. This is the 15th year that CES has sent teams of students in grades 4 through 6 to the state competition.



**Librarians gather**

School librarians from around the region gathered on Saturday, March 31, for a day of professional development at Mt. Mansfield Union High School in Jericho. Sponsored by the Vermont School Library Association in five locations over the past few months, the session gave librarians a chance to work collaboratively with the AASL Standards for the 21st Century Learner and to examine award-winning web 2.0 tools and websites. Attending from the Chittenden East SU were librarians Joyce Babbitt, Kim Burroughs, Faith Carpenter, and Sue Furry-Irish.

**MOUNTAIN GAZETTE RATES - 2012**

**Open Rate**  
**\$7.85 column inch**  
 Column width 1-7/16"

**Business Card**  
 3-1/4" x 2" \$31.40

**1/16 page**  
 3-1/4" x 3" \$47.10

**1/12 page**  
 3-1/4" x 4" \$62.80

**1/8 page**  
 3-1/4" x 6" \$94.20  
 5" x 4"

**1/4 page**  
 3-1/4" x 12" \$166.00  
 5" x 8"  
 6-1/2" x 6"

**1/2 page**  
 10-1/4" x 8" \$290.00  
 5" x 15-1/2"

**Full page 10-1/4" x 15-1/2" \$380.00**

**Publication:**  
 First & Third Thursday/Month

**Deadlines:**  
 Thursday before publication:  
 Copy – 12:00 Noon  
 Advertising – 5:00 PM

**Business Directory: \$18 each,**  
 must buy 5 issues  
 (\$90 pre-paid) Size: 3-1/4" x 1-1/2"  
**More sizes available**

The *Mountain Gazette* is the hometown community newspaper for Bolton, Cambridge, Jeffersonville, Jericho, Underhill, and Westford, Vermont. The *Mountain Gazette* store-delivers 4,500 in Bolton, Cambridge, Jericho, Underhill, and Westford, Essex Junction, Essex Center, Fairfax, Huntington, Hinesburg, Jeffersonville, Jonesville, and Richmond. **Web site - over 24,000 hits as of November 2011**  
**Emailed to over 1000 readers, contributors & advertisers**

**TOTAL CIRCULATION – 4500 COPIES**

The *Mountain Gazette* is owned and operated by Brenda Boutin.

Brenda Boutin has a B.A. in Graphic Design and iGraphic Designer. Ads are designed for you at no added cost.

**Prepaid Contracts available – Save up to 20%.**  
 Call Brenda for details, 453-6354.

**Subscriptions \$35.00 per year**

**Other publications available**  
**2012 Animal Resources Guide**

**2011 Jericho – Underhill Community Directory**

**Contract Rates Available**  
**SAVE UP TO 20%**

**Classifieds: \$6.50 for 25 words,**  
 10¢ each additional word

**INSERTS: 1 – 4 PAGES, 8-1/2" X 11" COST: \$45.00 PREPAID PER 1000**  
**MUST PURCHASE FULL 4500 CIRCULATION**

**The Mountain Gazette**  
 6558 VT RT 116, Starksboro, VT 05487  
 Phone: 453-6354 Fax: 453-2468

[mtgazette@earthlink.net](mailto:mtgazette@earthlink.net) [www.mountaingazetteofvermont.com](http://www.mountaingazetteofvermont.com)

**Support your neighbors. Buy locally.**

## SPORTS

# COUGAR SPORTS

by Richard Mindell

## Cougar baseball preps for title run, Rugby comes to MMU

By Richard Mindell

Special to the Mountain Gazette

Can we add MMU Cougar baseball to the list of state champions from Mount Mansfield High School during the 2011-2012 school year? We've already seen boys' basketball, Nordic Ski and competitive dance teams from MMU win state titles. It's certainly been a banner year for MMU sports. Can we add MMU Cougar baseball to that list? We'll find out soon enough, as the 2012 Vermont high school baseball season is about to get underway.

The Cougars are talented and deep, despite the loss of several key players who helped MMU reach the state semi finals last year where they were defeated by Mount Anthony. A core group of outstanding players returns, the same core group that just recently led the MMU boys basketball team to the 2012 state title at Patrick Gym.

There's senior shortstop/pitcher, Cody Sharrow, who has been starting for MMU since his freshman year. Then there's senior second baseman, Troy Springer, and his brother, sophomore Sean Springer, senior first baseman/pitcher, Grant McKinstrie and junior first baseman/pitcher, Josh Fitzgerald. MMU head coach, Brian Chandler expects big things from this group, especially Sharrow, who played senior League baseball in ninth grade and has been offered a scholarship to play shortstop at So. Dakota State next year. If these kids can show the same grit they showed on the basketball floor, this team should flourish.

Add to that core a group of juniors including left fielder, Luke Dolan who, along with Cody Sharrow is one of the team's top two returning hitters, twin brothers, Ben (catcher) and Josh (third base) St. Clair, outfielder Tyler Duscharme, infielder, Ari Cooper and Ari's twin brother, catcher Avery Cooper. Senior outfielders, Mike Boufard and Adin Pendris will also play major roles.

Coach Chandler is very enthusiastic about his team. "Winners," he said, when asked recently to describe his players, and he didn't mean just as high school baseball players. "They want to do well. They are selfless, they are respectful. They want to do whatever it takes to help each other. They want to do whatever it takes to help the team."

The 2012 Cougars will get their runs by playing small ball, rather than swinging for the fences. The VPA switched bats for 2012 opting for a bat that will generate less power. This will reduce the number of extra base hits, especially home runs, and will force teams to rely more on contact hitting and base running. "We're going to get our runs this year by being more aggressive on the base paths," Chandler said, noting that's fine with him since it plays right into MMU's strength. "That's Cougar baseball."

The only question mark for MMU will be the pitching staff. A lot depends on whether lefty, Grant McKinstrie, can come back from the Tommy John surgery he had in October. If he can, then he'll join fellow starter, Cody Sharrow, to form an outstanding one-two punch for MMU. Josh Fitzgerald, senior, Colin Swahn, and juniors Monte Green and Greg Gosselin, who Chandler singled out for their hard work in the off season, will also be keys to the Cougars' success.

This year is significant for MMU baseball as the Cougars will inaugurate their new home field off Packard Road. The old baseball field up slope from the new football field was declared unsuitable for competition by the VPA because the right field fence was only 250' from home plate. The new field, which was built on land donated to the district by local developers, Warren and Courtney Palmer, is an impressive 380' down both lines.

Coach Chandler expects CVU, with three of the top pitchers in the state, to be the biggest obstacle to the Cougars' run to the Metro Division title this year. But Chandler added if the Cougars pitching staff comes through like he believes it can, he expects his team to be right in the thick of the race. "We'd love to host a semi-final game at our own field," he said. "We'd really love that."

Weather permitting, The Cougars will inaugurate their new home field on Tuesday April 10, at 4:30 PM with a game against BFA Fairfax. Be there, Cougar fans.

### Rugby comes to MMU

The Chittenden East school board has approved rugby as a club sport for both boys and girls at MMU. The new program will be coached by MMU teacher, Darren Haynes and will begin competition this spring in the Vermont Youth Rugby Association.

Haynes expects the boys' team to do well in their first season, due in no small part to the way senior Griffin Knoght has taken to the sport. "Griffin possesses a rare combination of size, strength and speed," Haynes said. "He'll give us some explosiveness in the scrum." Seniors, Ethan Parent and Justin Lewis have also looked good, as have fellow senior, Wade Kirschbaum, juniors, Noah Simons and Jonathin Siroika, sophomores, John Siroif and Chris Fortin, and freshman, Travis Hunt.

On the girls' side, Haynes cited the play of Julia Stoll and Irene Baguef-Portillo, and freshmen Sophia Spence, Taylor Siroif, and Emilie Coffin, who Haynes said has tremendous potential and is already skilled enough to be considered for the all-state team. "She's talented enough to play anywhere on the field," Haynes said. "She'll be on somebody's radar," referring to the U.S. national high school team.

Haynes pointed out there is no varsity or JV designation for players. He also said everyone who comes out for the team will play. "We have a no-cut policy. If you want to play rugby and you come to practice you're going to play."

The boys will open their season on April 15, at home, against Burlington High School. The girls open their season on April 14, at Rutland. Home games will be played on the new football field on Browns Trace Rd.

Coach Haynes is currently looking for assistant coaches. If interested, please contact the school.

## A new sport with a rich history

By Darren M. Haynes

A new sport with a long and rich history has the MMU campus buzzing this spring. The most obvious indication of its existence is the oversized, white "football" being tossed about by both boys and girls. Although not often seen in Vermont high schools, rugby is slowly becoming all the rage at MMU.

Many believe that rugby was born in 1823 when William Webb Ellis, "with fine disregard for the rules of football (soccer) as played in his time at [the] Rugby school in England, first took the ball in his arms and ran with it, thus originating the distinctive feature of the Rugby game". In what is considered the first college football game in the United States, Rutgers defeated Princeton by a score of 6-4 in what was, in actual fact, a rugby match.

The United States was once a world power in rugby and won the Olympic gold medal in 1920 and 1924 — the last two times rugby was an Olympic sport. Most of the rules of rugby in America were altered until the sport evolved into what we know today as football. But rugby, in its original form, still exists and is the third most popular sport in the world. In fact, only the Olympics and soccer's World Cup are more attended and watched than the Rugby World Cup and only the Olympic Games generate more revenue.

And now rugby has made its way to MMU. Nearly 150 students signed up for rugby in the fall — almost 15% of the school population. The School Board approved rugby as a club sport in December, and spring practices started on March 19 with nearly a dozen excited players. The number of players is growing daily and both the boys and girls teams should reach their target of twenty players each in the next two weeks.

The MMU girl's rugby team begins play on April 14 in Rutland. They will participate in Swamp Fest — a one-day, round-robin tournament against Colchester and Rutland high schools. The boy's team will begin the next day, April 15, at MMU against another new team — Burlington High School.

If you're looking for something new and different to watch this spring, come and watch these talented students play a new sport and create a rich history of their own.

## Green Mountain Club Outings

Saturday April 7, Bamforth Ridge Bushwhack - We'll start on Duxbury Road and explore an area on the northeast slope that abounds with huge boulders and interesting rock formations as well as cave-like crawls between boulders. Moderate hike, moderate pace, 4 miles, 700' elevation gain. Contact leader by April 6. Darryl Smith, 522-2516 or [dsmith.vt.us@gmail.com](mailto:dsmith.vt.us@gmail.com).

Sunday April 8, Camels Hump via Forest City, Long, Monroe and Dean Trails (Dogs Welcome) - We'll summit Camels Hump by way of the Forest City Trail and Long Trail. We'll make our way back down the Monroe Trail and cut over the Dean Trail to return on the Forest City Trail. Difficult with moderate pace, 8.9 miles, 2200' elevation gain. Group limit 5. Contact Ted Albers at [ted@ted-albers.net](mailto:ted@ted-albers.net).

Saturday April 14, Snake Mountain - Our winter hike of Snake Mountain didn't work out so we'll try it again in early spring. There may be some early wild flowers blooming. We'll follow a trail to the top where there is an old hotel site with an interesting history, and an excellent view of the Champlain Valley. We may be able to see the new Champlain Bridge. We'll go back down by an old carriage road. Easy to moderate, slow pace, about 3.5 miles, 900' ascent. Dot Myer, 863-2433 or [dotmyer@myfairpoint.net](mailto:dotmyer@myfairpoint.net).

Sunday April 15, Tax Day Ride - File early so you can join me on my favorite early season loop between Vergennes and Middlebury with lunch in Middlebury. We'll set a relaxed pace with time to breathe in the splendor of spring in the Champlain Valley. Distance: 25 mi. Moderate with some good hills. Group limit: 10. Mary Lou Recor, 660-2834, [mlrecor@myfairpoint.net](mailto:mlrecor@myfairpoint.net).



## 100<sup>th</sup> days of school celebrated at Saxon Hill School



Kids pictured in the photo are (L-R) Matthew Bianca- sharing his 100 lego figures, Livia Renzulli and Duncan Dubief.

PHOTO CONTRIBUTED

For weeks now, the 4 day class at Saxon Hill School has been eagerly anticipating and planning for their 100<sup>th</sup> day of school. The kids decided this year they wanted a real party, with balloons, streamers, cookies and cake. On Thursday March 22 all their planning paid off. What a wonderful day they had. Each child brought in 100 items from home to share with their friends. Items ranged from 100 Lego figures, to 100 straws, to 100 silly bands and everything in between. They teamed up with 2 friends and

shared their collections, each taking turns counting to 100.

No One Hundredth day celebration would be complete without a visit from 'Zero The Hero(ine)'. Zero the Heroine stopped by to magically turn the 100 cents in the kids "bank" into a real dollar bill. Wow, were the kids ever impressed by that.

**Need to advertise?  
Call 802-453-6354  
and speak to Brenda  
for more information.**

### K&R AUTOMOTIVE

- Hunter 4W Alignment Machine
- State Inspections
- Transmission Power Flush
- We do it all - mini to major jobs!
- Visa/Mastercard • Discover
- ↳ Shocks
- ↳ Mufflers
- ↳ Brakes
- ↳ Front End Parts
- ↳ Used Vehicles

7:00 AM - 5:30 PM • Monday - Friday

Saturday by Appointment

Located on Route 15 between Underhill & Cambridge

802-899-1043

Russell and Karen Bushey owners/operators

# Locals clean-up in Bolton's Valley Night Rider Series

Local snowboarders and freestyle skiers from Richmond, Jericho, Underhill, Bolton, and Huntington found themselves among the podium positions in Bolton Valley's Night Rider season-long point standings which culminated with the Wednesday March 7 finals. Double points were on the line in the last event for all of the competitors in the Slope Style finals. Unlike the season's earlier Slope Style event, the finale allowed the participants to utilize additional features in Bolton's Butterscotch Terrain Park. The points were very close across most divisions entering the last event and a poor performance by a frontrunner could shuffle the standings when the final judging was completed.

Going into the finale, Richmond's Jacob Pratt, 12 was leading the standings for the second consecutive season in the 12 and Under Freestyle Skier category. At the finale though, he had to contend with several new competitors whose talents were unknown. The Camels Hump Middle School seventh grader finished fifth in the Slope Style which was good enough for him to secure the season-long title and a pair of Line skis.

Akash Kushwaha from Huntington, 12 was the runner-up in the final point tally and Hyde Park's Oliver Ogden, 9 was third.

Middlebury's Duncan McCabe, 12, won the Slope Style finale with Underhill's Trevor Grab, 10, in second and Jericho's Connor Munns, 11, in third. Jericho's Mark Zambarano was sixth.

Jonathon Twombly from Shelburne won the 12 & Under Snowboarder division's season-long crown.

The 13-17 year-old Snowboarder division turned into a battle between 15 year-old Derek Charland of Jericho and Douglas Fay, 13, from Richmond. Even though Fay had more wins, in the end it was Charland's consistency over the season's seven events that gave him the title (25-19). Essex's Jack Whitney, 15 was third after missing two events due to an injury.

In the Slope Style finale for the 13-17 year old snowboarders, Shaw McCabe, 16, from Middlebury posted the highest score from the two runs. Charland was second and Fay, third. Other locals who participated in Night Riders included last year's champion, Tyler Jenkins from Richmond, Bolton's Jeremiah Hayes, and Ethan Lewis from Underhill.

Nick Cameron, 15 from Underhill made a late charge in the 13-17 Freestyle Skier class to finish second to Williston's Taggart Francis, 17. Cameron strung together three wins in a row only to fall one point short in the final standings to Francis (20-19). A pair of Williston skiers, Max Erickson and Asa Mease, both 17, tied for third.

In the Slope Style final event, Francis was victorious over Ian Corderra, 17, from Essex Jct. and Mease. Cameron was fourth.

Also participating over the course of the season were: Alex Greb, 14 from Underhill, Suraj Kushwaha, 14, of Huntington, and Kyle Villeneuve, 15 from Jericho.

The Open Snowboarder crown went to Tim Andreason from Amherst, NH. Andreason is a member of the UVM Snowboard Team.

For the second consecutive year, the Open freestyle skier division was won by Burke Kay, from Richmond. Kay outlasted Charlie Dayton from Cornwall (26-12). Ben Zakin from Sudbury, MA was third.

Other Chittenden East residents who participated during the season included Pete and Dan Whyamare from Bolton.

Jericho's Mallory Fisher, 18 won the Women's Free Ski Slope Style event.

The sixth annual Sam Cohn Award was the final presentation of the Night Rider Finals. The award is presented annually to the competitor who best carries on the spirit of Sam Cohn, a former competitor and Richmond resident who tragically died five years ago. The recipient must be committed to the sport, display enthusiasm, good sportsmanship and camaraderie with his fellow competitors at each and every event.

The award, which includes a \$250 prize from the Sam Cohn Foundation, was presented to snowboarder Jonathon Twombly from Shelburne.

Past winners of the award include Richmond residents Luke Haddock (2007), Douglas Fay (2009) and Gabe Cohn (2010), Bolton's Ellis Farrell (2008) and Quinn Lunsden from St Albans (2011). The award, which includes a \$250 prize from the Sam Cohn Foundation, was presented to snowboarder Jonathon Twombly from Shelburne.



*Richmond's Douglas Fay, 13, board slides over the Rainbow box during a Bolton Night Rider event. He finished second in the season-long point standings for the 13-17 age group.*

PHOTO BY BRIAN JENKINS



*Richmond's Jacob Pratt, 12, shown here competing in a USASA Freestyle event, won the 12 & Under Skier division at Bolton Valley's Night Rider competition for the second consecutive year.*

PHOTO CONTRIBUTED



*Jonathan Twombly, 12, from Shelburne, won the 12 and Under Snowboarder division as well as the Sam Cohn Award. Named in honor of Richmond's Cohn, the Award is given annually to the Night Rider competitor who best exemplifies his spirit.*

PHOTO CONTRIBUTED

## Independence

By Scott Funk

Most of us start screaming our individuality as we exit the womb, kicking and gasping our way into the world. While we may develop a more subtle approach over time, we are likely to continue the battle for self-assertion for the remainder of our lives. Maybe battle is the wrong word; it is a war that lasts a lifetime and various stages of our lives constitute various battles.

Whether it's the terrible 2's, bucking the folks' curfew rules on Friday night, or striving to remain independent as we age, it is all about trying to assert who and how we want to be. One of the most significant differences in these battles is the way we learn to enroll others in our efforts as we grow older. Among the lessons time teaches is that cooperation is more productive than confrontation.

The battle for independence as we age can be the longest of our lifetimes. Kids we guided into adulthood may seem to evolve into obstacles, appearing to be challenging driving competency, financial acumen, lifestyle and even whether there should be another dog "at our age". In truth, they are the bearers of difficult concerns. They want to help and support us, but if we do not invite them in and offer our assistance, failure for them and frustration for all may result.

It's scary to realize we can't see as well at night for driving or to wonder how we can possibly manage the cost of a much-loved but too large home. It can also be frightening to share our evolving limitations with others.

The more fully-informed people are, the better their chance of making good choices. Knowing we are aware of changes brought on by aging helps others to offer the support we need. That is far preferable to their volunteering to solve problems we may not have

yet.

We can open communication with conversations about financial concerns, housing issues, health complications and a host of other topics. That lets those who care about us in. It teaches ways to offer support and reassures them of the many capabilities we still do have.

Along the way it can also transform the battle for independence into a cooperative alliance.

Aging in Place, it doesn't happen by accident.

Scott Funk is Vermont's leading Aging in Place advocate, writing and speaking around the state on issues of concern to retirees and their families. He works as a reverse mortgage consultant. You can access previous Aging in Place articles at [vermontfunk.com](http://vermontfunk.com)

•••• Support your friends and neighbors. Buy locally. ••••

SENIOR NEWS

Recipes by Marian Tobin

Chocolate Chip Raisin Cookies

½ cup shortening  
 ½ cup sugar  
 ¼ cup firmly packed brown sugar  
 1 egg  
 1 teaspoon vanilla  
 1 cup all-purpose flour  
 ½ teaspoon baking soda  
 1 package (6-ounce) chocolate chips  
 ½ cup dark seedless raisins

Cream together shortening, sugars, egg and vanilla until fluffy. Blend in flour, soda, salt (if using), chips and raisins. Drop from teaspoon on ungreased baking sheet, about 2-inches apart. Bake at 350° for 8 to 10 minutes. Cool on rack.



CVAA

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday April 5 – Bridge Street Café, Richmond, 10:30 AM check in, 11:00 lunch. Baked ham.

Friday April 6 – Hinesburg meal site, 11:30 AM.

Monday April 9 – Covenant Church, Essex Ctr., 12:00 noon. American style goulash, creamed spinach, whole wheat roll, apple crumble.

Tuesday April 10 – Pizza Hut, Susie Wilson Road, Essex Jct., 10:30 AM check in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday April 11 – Essex Grill, Essex Jct., 10:30 AM check in, 11:00 AM lunch. Meatloaf.

Thursday April 12 – Holiday Inn, So. Burlington, 11:00 AM check in, 11:30 AM lunch. Turkey dinner.

Friday April 13 – United Church, Hinesburg, 12:00. Beef stroganoff, egg noodles, turnip, carrots, marble rye bread, brownie.

Monday April 16 – Covenant Church, Essex Ctr., 12:00 noon. Hot turkey sandwich with gravy, mashed potatoes, peas, cranberry sauce, and fruit filled cookie.

Tuesday April 17 – T-Bones, Hampton Inn, Colchester, 10:00 AM check in, 11:00 AM lunch. Thin sliced London broil.

Wednesday April 18 – JP's Diner and Deli, River Road, Essex Jct., 10:30 AM check in, 11:00 AM lunch. Roast pork dinner.

Thursday April 19 – Dutch Mill, Shelburne Road, Shelburne, 10:30 AM check in, 11:00 lunch. Baked stuffed chicken.

\* NOTICE \*

Republican Caucus for Jericho

Tuesday 4/10/12 at 7:00 p.m.

Brown's River Middle School - Cafeteria

For the purpose of electing Delegates and

Alternates to the Presidential Nominating Convention (Republican State Convention)



**Underhill**  
 Meticulously maintained bedroom 1 3/4 bath home with 1,754 Sq.Ft.. Many updates make this home move in condition! Kitchen was updated in 2008 with new cherry cabinet, counter tops, appliances and beautiful tile flooring with radiant floor heat. The living room/great room has vaulted ceiling with exposed beams and gives a nice country feel to this home. Call for your appointment today.



**Jericho**  
 This 4 bedroom, 2 1/2 bath home welcomes you the minute you walk in. Beautiful tiled entryway and a wonderful spacious home with over approximately 3,300 sq. ft. on a 2.10 acre lot. It features 4 bedrooms, 2 1/2 baths, a gas fireplace and 3 bay side entrance garage. The master suite has vaulted ceilings and a huge beautiful master bathroom. Three rooms of finished space over the garage is a nice added addition. Move in ready.



**Jericho**  
 Warm and welcoming every step of the way. The quality in this custom built home shows throughout in this 4 bedroom 3 full bath home with 4,300 + sq. ft. Freshly painting inside makes this home shine. The gourmet kitchen has granite countertops and high end appliances. This is open to a cozy nook with built in window seat and sitting area with a gas fireplace. There is radiant floor heat throughout the home. Huge great room with vaulted ceiling and gas fireplace opens out to your deck for summertime fun. First floor master suite has a sitting area, beautiful bath with marble flooring. The lower level is the entertainers dream with a custom built in bar and outdoor patio seating. New studio space just finished upstairs. Come see for yourself



**RE/MAX**  
 Outstanding Agents.  
 Outstanding Results.

**Donna Mathieu**  
 Realtor, ABR  
 RE/MAX North Professionals  
 875 Roosevelt Highway Ste 210  
 Colchester, VT 05446  
 802-861-6232

www.donnamathieu.com  
 donna@homesvermont.com

REAL ESTATE • BUSINESS OPPORTUNITY  
 LAUNDROMAT WITH 2 BEDROOM APT.

AUCTION



**Fri., May 18 @ 3PM • Register from 2PM  
 36 Maple St., Jeffersonville, VT**

Currently known as the Fire House Laundromat and could continue as a commercial self-service laundry. Second floor apartment has a separate entrance and deck! Walking distance to post office, bank and shopping. Smugglers' Notch Ski Resort is nearby.

**Call for Info & Terms or visit THCAuction.com  
 THOMAS HIRCHAK CO. • 800-634-7653**

FREE Appliance Round Up!



**Saturday, April 7 • 8 am - 3:30 pm**  
 At all CSWD Drop-Off Centers  
**Fri & Sat 4/6-7 at Williston DOC only**

**Round up open to Chittenden County households only.**

Air conditioners, boilers, dehumidifiers, dish-washers, dryers, freezers, fridges, furnaces, microwaves, stoves, trash compactors, washers, water coolers & water heaters.

★ For safety reasons, please remove doors from latch-type fridges and freezers.

★ There is a charge for computers, TVs, and industrial equipment.

★ **Limit: 3 appliances per household.**

FREE Tire Round Up!



**Saturday, April 21  
 8 am - 3:30 pm**  
 All CSWD Drop-Off Centers  
**Fri & Sat 4/20-21  
 at Williston DOC only**

**Tire round up open to Chittenden County households only.**

Up to 4 car, van, or light truck tires (19" rim size or less; \$1 fee for tires on rims). We'll take up to 8 tires at the Williston DOC only.

**There is a charge for additional tires.**

**Food Drive on Tire Round Up Day!**

**Saturday, Apr. 21, 8 am - 3:30 pm**  
 At all CSWD Drop-Off Centers

Support your local food shelf! Bring non-perishable, unexpired food items to CSWD Drop-Off Centers on Tire Round Up Day.

• Canned foods • Cereal & pasta • Boxed meals, etc.

**CSWD CHITTENDEN**  
 Solid Waste District **CSWD.NET**  
 872-8111

**Want to donate cash?**  
 Suggested donation \$1/tire.

Three local nonprofits launch Eat Well Age Well

Hunger is a growing problem affecting many older Vermonters. Seniors who are food insecure are more likely to be diabetic, suffer from depression and be in poor health. Because of that, three local nonprofits -- United Way of Chittenden County, Hunger Free Vermont and CVAA -- have teamed up to address the issue by launching *Eat Well Age Well*, a program that connects seniors with peer volunteers to help them apply to receive extra food money each month from the 3 Squares VT federal nutrition assistance program.

"Proper nutrition is a key to helping seniors stay healthy, active and independent and 3SquaresVT gives eligible older Vermonters extra money to help them buy fresh, healthy foods," notes Faye Conte, 3SquaresVT Advocate at Hunger Free Vermont. While 3SquaresVT is the nation's best defense against hunger; only 30% of eligible older Vermonters take advantage of what it offers. The goal of the innovative new *Eat Well, Age Well* program is to grow a team of "Nutrition Corps" volunteers, age 55+, who will be given the tools and training to reach out to their peers and talk about the importance of nutrition and how 3SquaresVT can help seniors afford fresh, healthy foods. Volunteers will share program information, assist seniors in filling out the application and support them throughout the process to ensure they are receiving the maximum benefits and understand how the program works.

United Way of Chittenden County reported an overwhelming response to their initial call for leadership volunteers to design and implement *Eat Well, Age Well* this past fall. "The tremendous interest to our recruitment effort is a testament to the community's concern about hunger and healthy aging," notes Nancy Reynolds, United Way of Chittenden County Volunteer Coordinator. "Health and nutrition are key building blocks to a better life for all community members and addressing senior food insecurity through *Eat Well, Age Well* is right in line with United Way's priority efforts."

Now program volunteers are needed to implement the outreach phase and the *Eat Well, Age Well* team is seeking 7-10 volunteers to join other Nutrition Corps volunteers in outreach activities throughout Chittenden County. Anyone 55+ with an interest in healthy aging and nutrition, along with a willingness to help seniors find ways to eat better, would be ideal. The Candidates must be willing to commit 1-5 hours/week, enjoy working with others, feel comfortable speaking with strangers, and be ready to learn to provide application assistance. Prior knowledge in senior issues or health and nutrition help, but are not required. If you are interested in joining this healthy aging initiative, please contact Nancy Reynolds at [nancy@unitedwaycc.org](mailto:nancy@unitedwaycc.org) or call 860-1677, ext. 820 for further information.

Gymnasts continued from page 1

than ever. Every meet she competed in she brought home the gold. Including two large out of state meets. In February she competed in the Tim Daggot national invitational in Massachusetts winning by just .2 over the next competitor.

Competing in and winning the Vermont State Championship on concluded her undefeated season.

Youth dancers continued from page 1

performance, through contemporary music and dance, showcasing original jazz, lyrical, and hip-hop choreography. Songs include *Firework* by Katy Perry, *Back to December* by Taylor Swift, and *Tonight, Tonight* by Hot Chelle Rae. Partial proceeds from the show will benefit the MMU Project Graduation.

Vermont Youth Dancers is a community dance troupe of 25 kids, ages 9-16. Their 2010 performance of *Cinderella Unwritten*, and 2011 performance of *Forever Young, a Peter Pan Tale*, were both enthusiastically received by overflow crowds at MMU.

Jericho resident Mia Groff founded the VYD to provide young dancers in the area with opportunities to perform. The group started with five young dancers called the Rainbow Five in 2006, performing as part of a holiday benefit in Cambridge to raise funds for a local child with a serious illness. The group has grown to include dancers from Jericho, Underhill, Fletcher, and Essex. VYD is completely a volunteer-led organization, devoted to supporting area students in dance and performing arts.

"The success of this group attests to the volunteer efforts of parents and families coming together in a community effort, and that makes this something very special," says Mia. "These kids are all from such different backgrounds, but their love of dancing cements their friendship and this show."

Admission is \$4, and tickets will be sold at Sweet Clover Market in Essex, Jericho Center Country Store, and Jacobs IGA in Underhill. Partial proceeds will benefit Mount Mansfield Union High School's Project Graduation. Please call (802) 448-0895 for more information.

CLASSIFIED

EMPLOYMENT

**Training Specialist** - 22y/o man needs 20 afternoon hours of home based support. This gentleman enjoys locomotives, movies, music, and listening to books. Ideal candidate will provide compassionate personal care, including occasional lifting, while enjoying a slower work pace. This position might be a good fit for someone with LNA or nursing home experience and we are willing to train the right person. Health and dental insurance as well as generous paid time off make this an exciting professional opportunity. Visit [www.howardcentercareers.org](http://www.howardcentercareers.org) to apply!

LOST

**Skis** - On March 1st, I was skiing the hill off of Harvest Run Road in Underhill behind the United Church of Underhill. I mistakenly left my skis there. They are short wide black skis that say Marquette BC skis on them. There is a reward!!! Please call 899-3546 if you have found them!!

WANTED

**I BUY OLD BOOKS** - also letters, documents, ledgers, diaries, etc. Marie Tedford, (802) 899-4447, or email [mreverie@comcast.net](mailto:mreverie@comcast.net).

**WANTED:** used, wooden play house/ swing set. Betty @ 355-3857.

Classified rate - \$6.50 for 25 words and ten cents for each additional word.

Email ad to: [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net).

Mail checks to:

Mountain Gazette, 6558 VT RT, 116, Starksboro, VT 05487

# BUSINESS DIRECTORY

## AUTOMOTIVE

**AMERICAN AND FOREIGN Services**

- Hybrid Cars Service and Repairs
- Alignments
- Complete Automotive Service

**Underhill AUTOMOTIVE Center**

**802-899-2314**  
A/C Work, Horse Trailers, Etc.

401 VT Route 15 • Underhill  
Tuesday thru Friday 7:30 AM - 5:30 PM  
Saturday 7:30 AM - 12:00 PM

*Roger Morin*

## HOME IMPROVEMENT

**POST & BEAM OUTBUILDINGS**

Sheds, Barns, Garages  
Skiddable Horse Sheds

OUR BUILDINGS ARE FUNCTIONAL, HANDSOME & ECONOMICAL

*Traditional and Custom Design*  
J.M. Morin • (802) 657-4140

## HOME IMPROVEMENT

**No Job is Too Small**  
General Carpentry Carpentry Repair and Woodworking  
ADA Accessibility Alterations  
Senior Discounts

**Village Carpentry and Woodworking**  
Jericho, VT • 899-4209  
We'll NEVER say, "No Thanks," to your small carpentry job.

*Many fine local references from Your neighbors*

## COMPUTER SERVICE / DESIGN

*Wulfden at Hawk's Mountain*

common solutions to uncommon problems

- hardware and software
- Windows and Macintosh
- cross platform integration
- home networking
- system maintenance
- user training

**Brian B. Riley**  
brianbr@wulfden.org  
(802) 899-4527

## FIREWOOD / FORESTRY

**Beloin Logging and Firewood**

Log Length      Guaranteed Cordage

Call Anytime  
**899-4989**  
Denis A. Beloin  
Some Dry Wood Available

NATURAL RESOURCES CONSULTING • FOREST MANAGEMENT PLANNING

**GREENLEAF FORESTRY**

Providing forest management services for over 20 years

**Scott Moreau**  
PO Box 39  
Westford, VT 05494  
office 802-849-6629  
cell 802-343-1566

www.GLForestry.com  
GLForestry@aol.com

GREENLEAF CONSULTING, INC.

## HOME IMPROVEMENT

**H.R. THURGATE & SON BUILDERS**  
899-4613

- Custom Homes
- Remodeling
- Design
- Handyman

H.R. Thurgate Builders & Son LLC  
23 Kristie Lane, Jericho, VT 05465  
899-4613  
www.thurgate.com

**TREETOP BUILDERS, INC.**  
Custom Homes, Remodeling & Timber Fram

Roy Dunphey

22 Sand Hill Rd.      Cell 802-363-9  
Underhill, VT 05489

www.TreeTopBuilders.com

**Randy Bishop Construction LLC**

Superior Quality Building

- Residential / Commercial
- Custom Finish Work
- New Construction
- All Phases of Construction
- Remodeling & Additions
- Roofing / Siding
- Custom Building & Design
- Top Quality Building Materials

Free Estimates  
802-899-4442  
Cell 363-7467

Licensed & Fully Insured  
Serving the Champlain Valley

- Bars
- Homes
- Additions
- Garages

**B.C. Beeman, North Building & Remodeling, LLC**

"Building for Generations"

849-6874    Fairfax, VT    Greg Beeman

BCBeemanBuilt.com

**NSP Contracting**  
Full Service Construction Company

802.899.3994  
www.nspcontracting.com

Additions    Renovations  
Energy efficient upgrades  
Windows    Doors    Siding    Roofing

## EXCAVATING

**J.F. Durbrow Co.**  
Family owned and operated since 1982

*Small jobs are our specialty*

- Yard drainage
- Driveway repair
- Foundation drainage
- Ponds
- Septic Systems
- Top Soil & Gravel

Quality work at an Affordable price

Quality Site Excavation  
899-3654

**THE BUSINESS DIRECTORY**  
3.25"X1.5" - 5 ADS ONLY \$18.00 EACH (\$90)  
3.25"X3" - 5 ADS ONLY \$23.00 EACH (\$115)  
3.25"X4" - 5 ADS ONLY \$35.00 EACH (\$175)

## LANDSCAPING/MAINTENANCE

**All Phase Property Maintenance, LLC**

Free Estimates      24 hour service

Lawn Care & Gardens-perennials, shrubs,  
Spring & Fall Clean up, Driveway-Refurbishing,  
Trucking-sand, topsoil, mulch, Snow  
Plowing-Sanding-Salting, Electrical & much more.....

Office: 899-2919 • Cell: 734-8247  
Fully Insured      Essex Jct, VT 05452

**CT Property Maintenance**

Commercial & Residential Landscaping, Pressure Washing, Painting & Misc. Property Needs

"Quality from the Ground Up"

Call 802-238-0819

Mention this ad to receive 10% off your spring clean-up!

## MOVING

**Sargent's Moving**

Moving things in, around & out of Vermont

P.O. Box 1038 • Morrisville, VT 05661-1038  
gregg@sargentsmoving.com  
www.sargentsmoving.com  
802-793-4577

## TRUCKING/JUNK AUTO REMOVAL

**ALL METALS RECYCLING**

**YOU CALL! WE HAUL!**

We Pick Up and Pay for Junk Automobiles!

Route 15  
Hardwick  
802-472-5100

3842 Dorset Lane  
Williston  
802-793-9133

## WELDING

**DRAGON WELDING**

Metal Fabrication and Repair

899-3078

# BUY 3 BFGoodrich® TIRES & GET 1 FREE!

This is a dealer sponsored promotion. See Store for Details. Offer Valid 4/9/12 - 5/7/12

## BFGoodrich® Tires



FREE ROAD HAZARD WARRANTY

BFGoodrich® Tires

### Advantage T/A™ HV

- 60,000 Mile Limited Manufacturer's Warranty
- Non directional tread design and tread life warranty means real driving excitement

TOURING SEDAN



FREE ROAD HAZARD WARRANTY

BFGoodrich® Tires

### Premier® Touring

- All-season tread design.
- Designed for ease of maintenance and increased tread life.

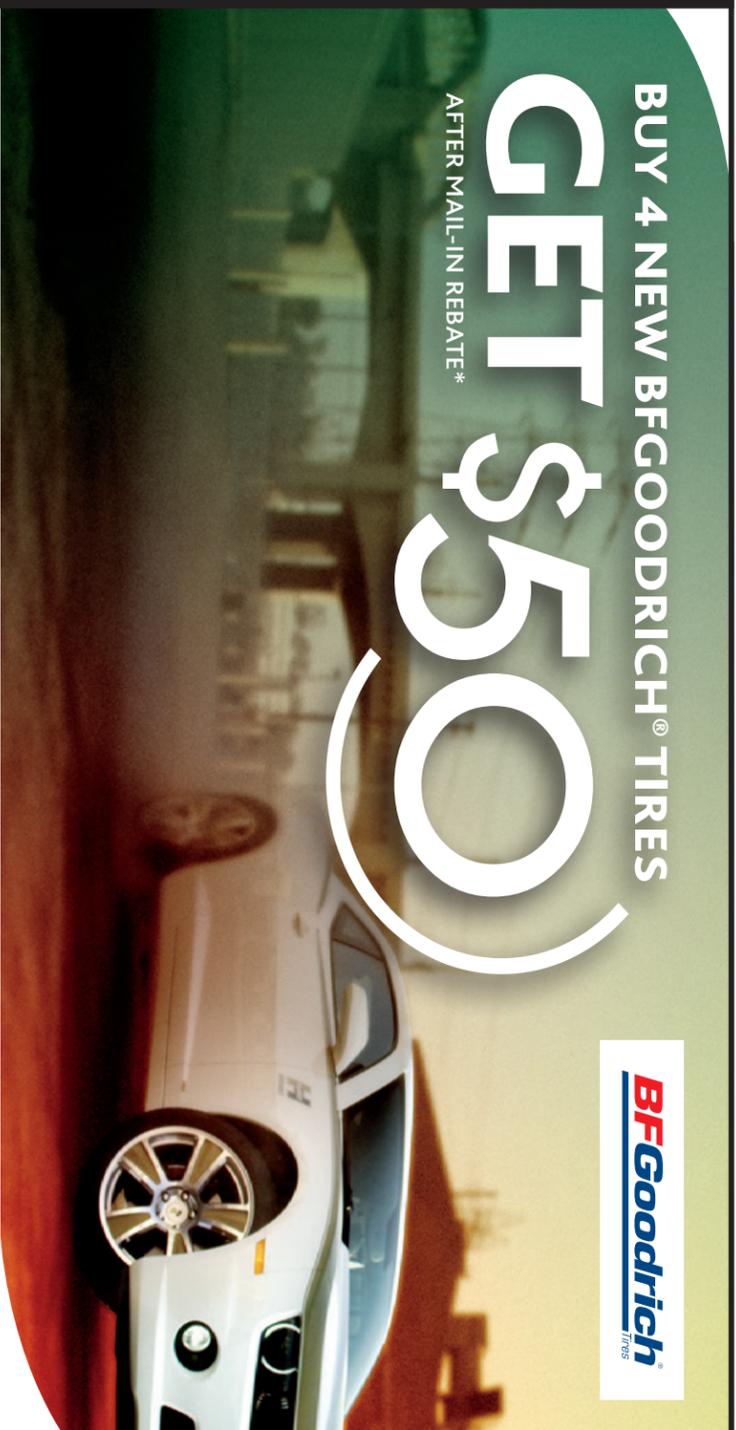
PASSENGER / MINIVAN

BUY 4 NEW BFGOODRICH® TIRES

# GET \$50

AFTER MAIL-IN REBATE\*

BFGoodrich® Tires



## UPGRADE YOUR DRIVE WITH A SET OF FOUR NEW BFGOODRICH® BRAND PASSENGER OR LIGHT TRUCK TIRES, AND GET A FREE \$50 MASTERCARD® PREPAID CARD AFTER MAIL-IN REBATE\*. HURRY, OFFER VALID APRIL 9 - MAY 7, 2012.

\* See associate or redemption form at participating dealers for complete offer details. Offer expires 05/07/12. Void where prohibited. The card is issued by Citibank, N.A. pursuant to a license by MasterCard International Incorporated and managed by Citi Prepaid Services. MasterCard is a registered trademark of MasterCard International Incorporated. Cards will not have cash access and can be used everywhere MasterCard debit cards are accepted. Copyright © 2012 Michelin North America, Inc. All rights reserved.



# AUTOSMITH

SALES & SERVICE

## STOP BY FOR A FREE BATTERY CHECK

5 South Main St • Jericho, VT 05465

# 802-899-AUTO

## WWW.AUTOSMITHVT.COM



MONDAY-FRIDAY 7:00-5:00



COMPLETE AUTOMOTIVE CENTER

FREE LOCAL ROAD HAZARD WARRANTY!

## VT STATE INSPECTION

# \$10<sup>00</sup> OFF

- We Can Perform Most Repairs to Meet State Requirements
- The Reg. Price • Most Vehicles

EXPIRES 05/07/12. Not valid with other offers. Redeem only at Autosmith.

## BRAKE SPECIAL!

# \$15<sup>00</sup> OFF

- Most Vehicles • Parts Extra
- Replace Pads/Shoes • Turn Rotors/Drums • Inspect Brake Lines & Hoses
- Add Fluid if Necessary • Road Test

EXPIRES 05/07/12. Not valid with other offers. Redeem only at Autosmith.