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MOUNTAIN GAZETTE

Vol. 13 No. 16 Serving Bolton, Cambridge, Jeffersonville, Jericho, Underhill and Westford, VT February 20, 2014

Bolton Select Board Race

By Phyl Newbeck
Special to the Mountain Gazette

Last year, the voters of Bolton stepped out of character when they elected Josh Arneson to the Select Board. At 36, Arneson was significantly younger than most of the men who had been elected in town. And yes, the word "men" was chosen deliberately. No woman has ever been elected to the Bolton Select Board but this year, that too, might change.

Three Select Board positions are on the 2014 ballot. Incumbent Gene Armstrong is running unopposed, Jen Dudley-Gaillard and Tom May are competing for a two-year term, and Sharon Murray and David Parot are vying for the seat previously held by Dan Champney. Going back over town records, Town Clerk Amy Grover realized that in 2003-04 there had been a typographical error which resulted in three seats being up in one year instead of two. While Champney has served his two years, that seat should actually be a three-year seat on which two years are left. Grover checked with the State Board of Elections which approved the correction.

The *Mountain Gazette* attempted to interview all four candidates for the contested elections and was able to reach three. Tom May did not respond to requests for an interview.

Jen Dudley-Gaillard has been a Vermonter since 1999, moving to West Bolton in 2009. "I believe it is important to give back to your community," she said. "I would like to be involved in nurturing and governing the town in which I plan to raise my child and grow old with my husband." Dudley-Gaillard said she was shocked to discover there has never been a woman on the Bolton Select Board. "I believe all elected bodies, including the Select Board, should reflect the body they serve which, of course, includes women," she said.

This is not Dudley-Gaillard's first volunteer effort in Bolton. She helped organize the construction of the Little Libraries and assists with the garden at Smilie and the Neighbor Rides program. Her vocational experience runs the gamut from farm work in Walden, VT to driving a forklift in Antarctica, but for almost a decade she has run her own bookkeeping business. "I have a solid understanding of finances and budgets," she said. "The Select Board is similar to running a small business in that one must work within a small group to build consensus to move towards a common goal all while keeping a sharp eye on fiscal health, saving for the future, and maintaining the quality of services offered." Dudley-Gaillard believes her bookkeeping background will be an asset for working on budgetary matters but she is also interested in long-range planning, conservation, and education. "I want our town to remain fiscally healthy as well as affordable as it faces the challenges ahead," she said "and my experience can help that happen."

Dudley-Gaillard said she enjoyed the events surrounding Bolton's 250th anniversary. "Bolton is a geographically diverse town," she said. "Unlike other small towns, we don't have a post office where everyone runs into each other getting their mail. Therefore, events like these and town meetings are even more important to bring the community together."

Sharon Murray moved to Bolton in 1997 and before the year was out she had been appointed to the Conservation Commission. In 2005 she was appointed to the Development Review Board and shortly thereafter, she began to chair that body. Murray is a community planner with Front Porch Community Planning Design and serves as the legislative liaison to the Vermont Planners Association. She spent six years in the 1990's as the Executive Director of the Northwest Regional Planning Commission which covers Grand Isle and Franklin Counties.

Murray enjoys her work on the DRB but decided to throw her hat into the ring for Select Board. "I'm a strong believer in community service which comes from my profession as a planner," she said. "I've served the town in other capacities and think that over the course of my career I've developed some of

Tree removal on Rte.15 holds up traffic



Tree service workers clear broken branches and toppled trunks along the Lamoille River at the wrong-way bridge in Cambridge.

PHOTO CONTRIBUTED

the skills and experience that might help on the Select Board." Murray is aware that no woman has served on the Bolton Select Board but said that didn't influence her decision to run. "I'm not running as a woman," she said "although it would be nice to have one on the board."

Although her background is in planning, Murray said budgeting is one of the issues she hopes to work on. "Budgeting isn't very sexy," said "but for a long time we've talked about the need for Bolton to have a capital budget. We've had big projects that hit the town all at once and it would be nice to deal with those issues in advance." Murray also worries that the town may not have sufficient staff to face some of its challenges and hopes she can help write some grants and bring in some outside assistance for the DRB and the Planning Commission.

Murray said she was happy to see the Bolton Nordic and backcountry lands conserved by the Vermont Land Trust but she worries about the amount of conserved land in town and its effect on the tax base. "We need to save some land for development," she said. "It's balancing all those things to determine what's in the best interest of the community and recognizing that you can't please everybody."

"I really appreciate the opportunity to continue to serve the town," said Murray. "We're faced with challenges like many small communities but I think we're up to them." Murray added that she is pleased the Select Board election is a contested one. "I think it's great that a lot of people want to volunteer," she said.

David Parot was appointed to the Select Board in 2010 to complete an unexpired term. He was elected to a two-year seat the following year (defeating Tom May) but lost to Josh Arneson in 2013. He has lived in Bolton for 13 years, initially buying a condo but later moving into a year-round home. Parot is employed by Myers Container and has worked in sales, charitable giving and political outreach. He is President of the Village Condominium Association and also serves on the board of the Chittenden County Sex Crimes Task Force. He sees himself as the voice for

second home owners who he says are currently unable to sell their homes except at a loss.

Parot recognizes that people from Chittenden County and beyond come to Bolton to recreate. "It's a great place if you're able bodied," he said "but all this conservation isn't bringing increased tax revenue." Parot said the town funds Richmond Rescue \$17,000 per year but 80% of the calls are either for people on the interstate or at Bolton Valley Resort. "That's not fair to the rest of the tax-paying community," he said. "Everyone wants to come and play but nobody wants to pony up and pay the bill," he said. "We just lost 11,000 acres of prime developable land."

Parot said he was often chosen as Select Board spokesperson when he was on the board. "I wasn't always popular but I spoke my mind," he said. "They're not making any more land and the more we conserve, the less revenue we have so we raise taxes." In addition to objecting to the Vermont Land Trust's purchase of the Bolton Valley Nordic and backcountry lands, Parot disagrees with the Green Mountain Club's parking lot on Route 2, the Conservation Commission's suggestion to put solar panels on a vacant piece of land in the flood plain, proposed wind turbines on Ricker Mountain, and the ECOS project. He is also opposed to the Vermont Natural Resource Council's involvement with the Bolton Planning Commission. "They're an advocacy/activist group," he said. "They're a bunch of one-generation Vermonters wanting to change it to where they come from. They're the ones who shook down Walmart. Why would we want to partner with people like that?"

"My frustration," said Parot "is folks telling us how unique and wonderful it is in Bolton but there's nothing wonderful about our tax bills." Parot is concerned the town doesn't have enough time to work on budget issues, underfunds the sex crimes unit, and can't afford police protection. "No more pie in the sky dreaming," he said. "Just because you have checks left doesn't mean you have money."

Vermont suicide prevention services expanding risk throughout lifespan receives intensified focus

The Center for Health and Learning (CHL) will work in partnership with the Vermont Department of Mental Health (VDMH) in the coming year to continue the development of the Vermont Suicide Prevention Center (VTSPC), increasing activities and resources for suicide prevention throughout the lifespan.

Suicide is a preventable public health crisis and an estimated 90% of those who die by suicide are suffering from an undiagnosed or untreated mental health condition at the time of death. The VTSPC is an established resource fostering a sustainable approach to statewide suicide prevention and positive mental health promotion. The center's training, education, and online resources will expand in 2014.

Risk for death by suicide continues throughout the lifespan, along with mental health struggles. CHL and the VDMH have cultivated a strong response to youth suicide, including the convening of a statewide coalition of important stakeholders – the Vermont Suicide Prevention Coalition. Additional work includes the design and delivery of CHL's Umatter Youth Suicide Prevention training, available to schools and communities throughout the state, and a corresponding public information campaign.

This year sees more tailored approaches undertaken for the full lifespan, with the strong support and participation of coalition members, representing broad constituencies. The public information campaign will be revised and updated.

While risks and warning signs of suicidal thoughts can look and sound very similar across ages, there can be significant differences in what works for prevention among the generations.

As part of this expansion, the name Vermont Suicide Prevention Center is a new adoption, recently changed from its previous title of Vermont Youth Suicide Prevention Center.

"This certainly does not represent a change in commitment to prevention with youth," stated Nicole Miller, Mental Health Specialist at the Center for Health and Learning. "Rather, this renaming sends a clear message of inclusion – of recognition that adults are at risk as well."

"As a resource center, we want to emphasize that we are here for everyone. We want to say to adults, 'we know you struggle, too,' and encourage people to be aware of warning signs among their contemporaries.

Depression, withdrawal, substance abuse, increased references

to death or dying, and changes in eating and sleeping patterns should cue concern in individuals of any age. For most youth, there are adults watching for these signs – parents, other adult family members, teachers, coaches and advisors.

For adults, there are far fewer people looking for emotional and behavioral changes. Symptoms affecting an adult's work performance can result in reprimands or corrective actions, rather than inquiries about emotional health.

Coworkers, friends and family can be resistant to asking questions or offering help to an adult in need. They may feel it is within their expected role to express concern to a youth, but hesitate to inquire of a colleague, friend, or family member due to fearing that it is "none of their business."

Cultural patterns of not talking about suicide and mental health still carry weight. The stigma can be hard to break, while just opening that conversation is an integral piece of prevention.

Male Stoicism

A population that research has shown to be especially affected

COMMUNITY COLUMNS

My body is talkingBy Scott Funk
Aging in Place Advocate

According to my wife, it started long before I noticed. The creaks, pops, hisses and sighs. At times, it almost sounds like the final moments before a volcano erupts. It has become my own soundtrack that accompanies my every movement and effort throughout the week.

Like when I get dressed in the morning. There is a sort "Hrrmmm" as I work to button my trousers and a "Humpf" as I tighten the belt. Then as I bend over to tie my shoes it sounds like a slow leak coming out of an old tire.

As for my knees, well they are pretty much a child's tin drum set with everything but the cymbals.

When I get up out of a chair, it sounds like the "Little Engine That Could" puffing up a hill. Speaking of hills, on a walk through the snow to the post office I was chugging along completely unaware of the noises I was making until the child walking in front of me asked her mom, "Is there a sidewalk plow somewhere? I hear it but I can't see it."

If this were just my own issue, I wouldn't bring it up. It may be an old guy thing. Sitting in the "Husband's Chairs" at the mall the other day, I got my proof. Grey-haired duffers like me were deposited and collected over the time I was installed there. Each of us settled in with his own soundtrack. Gruffs and grunts or humfs and aums. As we sat there waiting, there were snuffles and sneezes, clearing of throats and noses. Each sighed in his term and all harrumped at the occasional checking of a watch. There were other sounds too, but we won't go into them.

It is sort of like R2D2 in the *Star Wars* film, little sounds just pop out as I travel about my day. Not so much communication as effort: efforts to breathe, to bend, to get up, sit down, tighten something, or loosen it.

The other day the dog and I were watching TV when my wife, Kelly, walked into the living room. She was greeted by a low moaning sort of a growl. "Which one of you said that?" she asked. Well, I didn't know.

That's the truth. I don't actually hear most of the sounds. They are involuntary and I'm not listening for them. It is too late. One at a time, I've gotten used to each one as it was added to the repertoire. If I could actually catch myself at it, I'd stop it.

Ladies don't seem to make nearly as many noises. They are like submarines; they run silent. Men are more like sonar with a ping or a pop for each thing we encounter or do. If women could decipher the pattern, they'd know what men are thinking.

Thankfully, most people don't notice all this. Younger folks are all plugged into their smart phones or iPods listening to their favorite play lists. Women are generally pretty good at ignoring men when necessary. Other old guys, heck if they hear anything they probably think it came from them.

Aging in Place, it doesn't happen by accident, or in silence, either.

My Ride HomeBy Suzanne Kusserow
Senior Guest Columnist

First of all, I am not complaining. I am reporting, with just a touch of opinion, which is OK in an essay, I am told. I am an 8th grade student at Vermont Commons School in South Burlington. Since I live in Underhill, this means two rides a day, from here to there and from there back to here. Usually, my parents do this, but my grandmother takes a class at St. Mike's and since she's in town, she picks me up on Mondays and Wednesdays.

She is usually parked in the same place, often hogging the handicapped parking space, but since she has a tag that says she just had her hip replaced, I guess she is OK. She is always reading. "I always have something to read" she says, "since when I took your Mom and uncles to various places; I didn't know how long I'd have to wait." This is good thinking on her part. But I'm usually prompt. At 3:30 we head out, after I have shoved half of my school books, papers, lunch bag, horse-riding paraphernalia (I checked the spelling) in the back of the car. Sometimes there are one or two dogs in the back, since they love to go for a ride, and Gram is a pushover for dogs.

First, there is the welcoming pat on my knee. "And how did it go today?" I give a general answer, but she likes to be more specific. "How is Romeo and Juliet going? Do you read the parts aloud? And what did you study in Science?" "We don't have Science on Mondays, Gram" which usually disappoints her, since this is one of her prime talking topics. She's generally pretty good at it, but sometimes we get into obscure bits of information: "Did you know that the sea otter has more hairs than any other mammal...645,000 per square inch?" I smile quietly; I know what's coming. But she fools me. She giggles. "I can just see a Far Side cartoon: a graduate student sitting at a desk with a tweezers in one hand, picking out each hair from a tiny piece of skin, and with a counter in the other hand, squeezing in the numbers." Somehow, she likes to go off on a tangent (I looked that one up, too) into these humorous monstrosities, which seem to stretch out of the believable into fantasy. Actually, her mind is quite elastic for an 81 year old.

After we have covered the various subjects taught, we go on to some of the facts she has accumulated during the day: "There was this experiment done with 4 and 5 year olds, regarding how long they could wait until they grabbed the Oreos or the marshmallow... some are labeled delayers, which evidently is 'good'. Good is an incendiary word to Gram; "What do you mean by good? What makes something good? Give an example of good in that context." Or sometimes I hear about her early adventures with a runaway horse, and particularly what a good rider my mother was. We hit the Interstate, and then she has a chance to talk to the other drivers: "Come on in...I'm way over in the left lane... Good Heavens, he's really speeding along!..Oops, there's a Florida car who doesn't know how to drive in the snow."

She always comments on the state of the Commuter Parking Area in Richmond. "How many machines and sand piles do they need to put in some parking spaces?" I agree, as we swing into Governor Peck Road. "I wonder who he was, and did he really live here, and when was he in office? Must find that out." I have noticed, after many such drives, that she usually has the answer next week, which will involve part of the monologue. I suppose I shouldn't label these conversations as monologues; I do try and enter some comments. But the car is warm, I have finished my day, and sometimes Gram has picked up an orange or apple or some lovely, unhealthy candy bar, and we settle into a comfortable silence.

I must tell you about a surprise I had for her. Just as we drove into the home driveway, I flung my arms out, very dramatically. "Gram, I have a FACT!" Her eyes sparkled; she loves to create converts. "The sun, when it was first formed, was full of gases. These got thrown off and formed some planets, the last of which was the Earth." She loves the moon and stars, but in a romantic, non-scientific way, so I knew I was on safe ground." Of course, she rose to the occasion: "Where do you learn such marvelous things; I must look that up!"

We arrived home, but Gram couldn't resist one last "interesting fact....did you know that the human head has only about 100,000 hairs per square inch?" Of course I just didn't happen to know that. As she barreled down the drive, I can imagine that she was wondering how many feathers the European blackbird has. I'm sure I will find out on my next ride home.

What I've learned from birds

By Bernard Paquette

Thinking back on when my dad died; it was as if all the birds stopped singing. I think of life differently now. Once billions of Passenger Pigeons darkened the skies for hours at a time as an unending ribbon of life twisted, turned, fluttered, and flew, on and on almost unending. How could one imagine that one day billions of these life forms would die down to two, then one, then none? The death of 3 to 5 billion Passenger Pigeons -all of them-gone, was the result of human exploitation. A death, a single voice absent from the chorus, is hard albeit natural-and inclusive. Extinction of any species is as if all birds stopped singing-forever. Passenger pigeons define for me - sustainability, or at least the reason to strive for sustainability.

This winter a southern visitor to our backyard, a Carolina Wren-tells me Vermont's winter may not be the harshest thus driving some populations northward. Still I wonder how comfortable these fair weather birds feel when our warm winter suddenly reverts to traditional knee-deep snowstorms, and arctic temperatures. In winter, I give up my bike and revert to walking wherever I go. However, Ice storms and deep chill deplete my bravado for car-less travel. That is when I think of my southern visitor, barring the cold, patronizing my seed and suet restaurant, voicing a loud 3-part phrase like "tea-kettle, tea-kettle, tea-kettle"; reminding me when it's cold, to put on the tea kettle; spring will come. In the mean time, enjoying the company from our southern visitors warms me up from within.

I have always wondered where and how peanuts grow. Nuthatches inform me with their nasal ank ank as they barrel downwards-headfirst down a log plugged with peanut-butter suet packed in dime-sized holes. Translation: "Everybody knows peanut-butter grows on trees." The nuthatch uses its talent and long nimble beak to extract a peanut out of my peanut feeder and looks up at me cocking its head up and sideways wondering how I manage to find my food. Peanuts, the bird advises, come out of these wooden and glass houses like bubble gum machines. Thanks to Farmer's markets, and my Nuthatch friends, I am learning where food comes from, gaining an appreciation for the work and talent needed to acquire healthy food.

Chickadees, on the other hand, teach me how to burn as many calories, if not more, than I input. First, they never sit still-even for a moment. The only way to get a photo of a chickadee is to push the button before you see the bird, and hope it moves into view when the camera shutter opens. Once a chickadee takes hold of a black oil sunflower seed-which by the way is much bigger than its beak and mouth-the calorie burning work begins. Opening the seed is, for the chickadee, like us eating lobster-lots of work for a morsel of food.

Goldfinches looping flight is like gold stocks; they drop as though they are falling from the sky, then rise as though on a volcanic up thrust. Though their golden yellow fades during winter months, they flock at backyard feeders in the billions - or at least dozens. Goldfinches remind me though the sun may fade, or fail to shine some days, time will restore the warm gold rays.

Help keep our environment pristine-pick up litter whenever and whenever you see it. You will enrich birdsong -or so a little birdie told me.

Yes on Article 10! Underhill Planning Commission seeks support from town residents

On Town Meeting Day Underhill residents will have the opportunity to vote on an important amendment to the Zoning Bylaw. The proposed amendment to the zoning bylaw reads as follows:

Article 10: Shall the proposed bylaw amendments to the Unified Land Use and Development Regulations regarding the reference therein to the "Town of Underhill Zoning Map" approved by the Selectboard on January 16, 2014 after hearings by the Planning Commission on December 18, 2013 and the Selectboard on January 8, 2014 be adopted?

Approval of Article 10 will not change any zoning districts or district boundaries. It will correct mapping errors in the 2011 zoning regulations and make clear that the official zoning map is the map used until 2011. It will also clarify that a 1972 zoning district boundary is still in force.

The Planning Commission encourages your participation on Town Meeting Day. The Selectboard will also be hosting a special public meeting on Thursday February 27 at 7:00 PM at Town Hall to discuss the Town Meeting Day ballot items. This is an opportunity for town residents to learn more about the ballot items, as well as ask questions of the Selectboard and Planning Commission.

The Planning Commission meets at 6:30 PM on the 1st and 3rd Wednesdays of the month at the Underhill Town Hall. All Planning Commission meetings are open to the public. For more information please visit the Town of Underhill website at <http://www.underhillvt.gov/>.

The Mountain Gazette

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www.mountaingazetteofvermont.com

Deadline: February 27**Publication: March 6**

Brenda Boutin editor/publisher/ad sales /delivery

News writer - Phyl Newbeck

Letters Policy:

Maximum 450 words; one letter per writer, per calendar month. Must be signed for attribution with writer's address and phone number.

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COMING EVENTS

Saturday February 22
Genetic Genealogy- Part I, DNA tests can be used to confirm or refute genealogical relationships and save researchers enormous time chasing false leads. Join us for this talk and learn how to test your matrilineal and patrilineal lines, as well as choosing the right company to use and analyze the data. Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. Please visit our website www.vtgenlib.org or call 802-310-9285 for more info.

Saturday March 1
Genetic Genealogy- Part, A new type of DNA test, autosomal analysis, has recently been developed that can identify relations across all family lines within the past 5-6 generations. It can help solve difficult research problems, including some adoptions. Our talk will discuss how it works, what data it provides and which companies to use.

Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. We are open for research Tuesdays 3 to 9:30 p.m. and Saturdays from 10 to 4. Please visit our website www.vt-fcgs.org/vtgen.html or call 802-310-9285 for more info.

Children's Story Time, Read Across America & Dr. Seuss' Birthday, Phoenix Books Burlington, 191 Bank Street, Downtown Burlington; Phoenix Books Essex, Essex Shoppes & Cinemat

11:00 AM. Free. More info: www.phoenixbooks.biz or 448-3350 (in Burlington) and 872-7111 (in Essex).

Sunday March 2
Community Breakfast from 9:00 - 11:00 AM at the VFW Post 6689, 73 Pearl Street, Essex Junction (across from Big Lots). Sponsored by the Ladies Auxiliary to the Veterans of Foreign Wars. All are invited, both members and non-members! Adults \$6 and Children \$3. Call 878-0700 for more information.

Thursday March 6
Author appearance, Corin Hirsch, *Forgotten Drinks of Colonial New England*, Phoenix Books Burlington, 191 Bank Street, downtown Burlington, 11:00 AM. Free. More info: www.phoenixbooks.biz or 448-3350.

Journey from Sap to Syrup PRESCHOOL PROGRAM, <http://vt.audubon.org/events/journey-sap-syrup-preschool-program>, 9:00 - 10:30 AM.

Friday March 8
Bird Monitoring Walk: <http://vt.audubon.org/events/bird-monitoring-walks-0>; 8:00 - 10:00 AM.

Vermont's Irish in the Civil War, William McKone, the author of "Vermont's Irish Rebel", will speak at our library on March 8th. He will discuss the history of the Irish and other ethnic units in the Civil War, the Fenian raids into Quebec and the typical documents one can find about ancestors' Civil War service. McKone will have copies of his book available for purchase.

Classes are held at the Vermont Genealogy Library located on

Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. Please visit our website www.vtgenlib.org or call 802-310-9285 for more info.

Saturdays March 8, 15, 22, & 29
Children's/Family Story Time, Phoenix Books Burlington, 191 Bank Street, downtown Burlington, 11:00 AM. Free. More info: www.phoenixbooks.biz or 448-3350.

Sunday March 16
Community Breakfast, Grace United Methodist Church, 130 Maple Street, Essex Junction will be serving a free breakfast on the following days. There are two serving - one at 8:30 and the other at 10:45 AM. We will be serving scrambled eggs, sausage, pancakes with VT Maple Syrup, coffee and juice. Any questions please call 878-5923 or church office at 878-8071.

Saturday March 22
Creative Perennial Garden Possibilities: A visual presentation with Richard Dube, 9:30-11:30 AM, Richmond Free Library, 201 Bridge Street, Richmond. Fee: Cash donations to benefit the Richmond Food Shelf which is working to improve the lives of our neighbors. To register call Richard Dube at (802) 434-4834 or e-mail to richdubegeo@cs.com. Check-in begins at 9 A.M.

Saturday & Sunday March 22 & 23
Sugar on Snow Parties, <http://vt.audubon.org/events/sugar-snow-parties>, 10:00 AM - 4:00 PM.

ONGOING EVENTS

ADULT ACTIVITIES

Chittenden County Postage stamps and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE-Healthcare Building. South Burlington Information email: Laineyrapp@yahoo.com or call me at 802 660-4817

The Essex Art League holds monthly meetings at the First-Congregational Church, 39 Main St., Essex Jct. For information, 862- 3014. Drop in Watercolor Painting, Every 3rd Saturday, 9:00 - 11:00 a.m., at the River Arts Center in Morrisville. An opportunity to

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Drop in Watercolor Painting, Every 3rd Saturday, 9:00 - 11:00 a.m., at the River Arts Center in Morrisville. An opportunity to refine your watercolor skill set or learn new techniques if you're a beginner. Bring your own materials, no registration required, drop in. Suggested donation \$8. Call 888-1261, or visit our website: www.riverartsvt.org for more details. Join us.

Eagles Auxiliary #3210 holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

Essex Art League meets the first Thursday of the month, from 9:00 - 11:00 am, at the Essex Junction Congregational Church on Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar, listing featured speakers, is published on the League's website: www.essexartleague.com

Essex Art League meets the first Thursday of the month, from 9:00 - 11:00 am, at the Essex Junction Congregational Church on Main Street. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings is published on the League's website: www.essexartleague.com

essexartleague.com.

The Green Mountain Chapter of the Embroiderer's Guild of America will meet on Wednesday, November 13 at 9:30 AM at the Pines Senior Living Community, 7 Aspen Dr, South Burlington. Crazy Quilting and Quaker Ball embroidery will be the topic. First meeting is complimentary. Bring a bag lunch. Contact number 372-4255.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction.

The Women of the United Church of Underhill meet on the second Saturday of each month at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

Smugglers Notch 55+ Club meets every Wednesday at Smugglers Notch for a social time then break into groups to ski. We start with a brief organizational meeting, coffee and rolls, and then we head out to the trails in self-selected ability groups, gather informally throughout the summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. For more information call Deborah at 644-5455 or just attend a meeting at the Morse base lodge starting at 9:00 AM every Wednesday.

The Underhill Historical Society meets at the Underhill Town Hall on the 2nd Monday of the month, 6:30 PM. Anyone welcome.

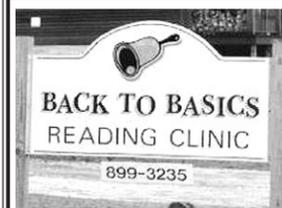
HEALTH EVENTS & GROUPS

Al-Anon meetings in Jericho to be put in the Gazette. Thursday morning 10:00 a.m. at the Jericho United Methodist Church and

Saturday morning 10:00 a.m. at the Jericho United Methodist Church.

Alcoholics Anonymous Meeting, "Wing It" group meets

Ongoing continued on page 4



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WORSHIP SERVICES

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 372 VT RT 15, Jericho
 Sunday Worship Service 9:30 AM
 Rev. Regina Christianson Rector
 Karen Floyd, Parish Administrator, 899-2326
www.calvarychurchvt.weebly.com

GOOD SHEPHERD LUTHERAN CHURCH (ELCA)

273 VT RT15 - between Jericho and Underhill
 Rev. Phillip Roushey, Pastor.
 Sunday Worship 9:00 AM - Nursery Provided
 Sunday School for all ages - 10:30 AM
pastor_phil@goodshepherdjericho.org
www.GoodShepherdJericho.org

JERICO CONGREGATIONAL CHURCH

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 Nursery Care provided · Sunday School at 9:30 AM for all ages
 Fellowship at 10:30 AM
 Sunday Youth Group at 6:15 PM
 899-4911: www.jccvt.org

JERICO UNITED METHODIST CHURCH

"Open Hearts, Open Minds, OPen Doors"
 71 Vermont Route 16, Jericho (next to the Town Hall)
 Rev. Sangchul Bae, 899-4288
 Sunday Worship Service, 9:00 AM
 Children's Sunday School, 9:00 AM
 Men's breakfast - third Sunday, 7:00 AM
jerichoumc@jumvt.org www.jumvt.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP

A Liberal Spiritual Community
 195 VT RT 15, Jericho, VT 05465
 Phone: 899-2558 website www.mmuuf.org
 We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - June for worship, reflection, growth, and support. All are welcome.

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Prevention continued from page 1

by these dynamics is middle-aged men.

At demonstrably higher risk for death by suicide, men frequently fall prey to unrealistic cultural norms of male stoicism, and traditional taboos around vulnerability, sharing emotions, and talking about problems. Male coworkers and friends may have significant difficulty crossing those boundaries to ask personal questions or to offer support, even if they have concerns.

Women are at a lower risk of death by suicide, but increased risk for depression and suicidal thoughts/behavior. Adult females can be equally resistant to opening a conversation when the topic is depression or suicide.

As adults, both women and men may withdraw, or experience other behavioral changes, without immediately drawing notice from family and friends. Adults can be more practiced at disguising signs of depression, substance use, and rising anger and frustration.

To address these persistent issues, efforts will begin with the research and identification of current best practice tools for working with adults. Screening and assessment tools, prevention messaging, and various treatment modalities will all be studied, and those most suited to Vermont will be selected and implemented.

Models reviewed will be assessed for their fit with Vermont's health care delivery system and reform efforts, integrating primary care, mental health and substance abuse support services.

"We know we have to look hard at that figure - the 90% of people who die by suicide who are experiencing mental health distress," said Miller. "Our work this year will tackle how we can better find and help adults who are suffering."

If You Need Help

Suicide is the 10th leading cause of death in the United States, but in Vermont it ranges from the second to fourth leading cause of death among adults between 25 and 55. Approximately 922,725 Americans attempt suicide each year. It is estimated that another 5 million living Americans have attempted suicide. According to the American Foundation for Suicide Prevention, more than 80% of people will lose someone to suicide in their lifetime.

If you are feeling suicidal or are concerned about a loved one, please immediately call the National Suicide Prevention Lifeline 1-800-273-TALK (8255) or chat online at www.suicidepreventionlifeline.org. Anyone may contact the Lifeline at any time.

Veterans also have the confidential Veterans Crisis Line at 1-800-273-8255 Press 1, and online chat is also available at www.veteranscrisisline.net.

For immediate assistance if you and/or your loved one are part of the Lesbian, Gay, Bisexual, Transgender or Queer/Questioning community, specific help is available at the confidential Trevor Lifeline, at 1-866-488-7386, or through online chat at www.trevorspace.org.

For mental health assistance, please contact your local mental health agency or provider, or ask your general physician for a referral.

For more information, access www.UMatterUCanGetHelp.com and www.UMatterUCanHelp.com. For training information on suicide risk factors, warning signs, and prevention, please contact nicole@healthandlearning.org or visit www.healthandlearning.org.

WINTER TIRES

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Ongoing continued from page 3

Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

Alcoholics Anonymous Meeting, "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

Alcoholics Anonymous Meeting, "The Firing Line" group meets Saturdays, 8:00 - 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Brain Injury Support Group - offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Meets the 4th Friday of the month at the YMCA in Winooski from 11:00 AM-noon, the 1st Wednesday of the month at Fanny Allen in Colchester from 5:30-7:30 PM, and the 2nd Tuesday of the month at the Saint Albans diner in Saint Albans. Call the BIAVT help line at 877.856.1772.

International Cesarean Awareness Network supporting mothers and families recovering from or learning about cesareans and vbac's. ICAN support groups next meeting is October 14 at 4:00 PM at Maitri Health Care in Bouth Burlington with special guest Polly Perez. For more information email ICANvt@gmail.com or call Jessilyn at 644-6700.

Overeaters Anonymous meets 6:00 - 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville, VT. Weigh-in 5:15- 6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

Lamoille Home Health & Hospice: Offering Hospice Volunteer Training during the month of September. Health care professionals for the area will be sharing their knowledge and passion for hospice, Please contact Charlene at 888-4651 or ccamire@lhha.org for more information.

Franklin County Prostate Cancer Support Group, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

Tobacco Cessation Classes, Wednesdays from 5:00-6:00 PM in the Cambridge Regional Health Center Conference Rm. This is a free, 4 sessions, ongoing class. Free Nicotine Replacement is available for participants. For more information or to sign up contact Rorie Dunphy at 644-5114 or Shannon Chauvin at 253-4853 x147

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM and Saturdays, 6:30 - 7:30 PM at the United Church of Underhill, Underhill Flats.

KIDS

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or underhillplaygroup@yahoo.com.

Mondays: Jericho Community Center, 9:30-11:00 AM
Wednesdays: Richmond Free Library, 8:45-10:15 AM
Thursdays: Bolton's Smilie School, 9:00-11:00 AM the 1st and 3rd Thursdays of the month

Thursdays: Huntington, 11:00 AM-12:30 PM at Huntington Public Library
Fridays: Underhill Central School, 9:30-11:00 AM

Kids' Yoga, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

Early Literacy Storytime, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age's birth-preschool. Drop-in; no registration needed. We welcome new families. For more info, contact Victoria at 878-5639 or westford_pl@vals.state.vt.us, or visit our website www.westford.lib.vt.us and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome. Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - Every 2nd & 4th Wednesday, 11:30AM-12:30 PM at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, ellen.hill@jsc.edu.

Westford Senior lunches - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site - The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on second and fourth Tuesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$4.00 per person. For information call Ted Barrette at 453-3087.

Starksboro First Baptist Church, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

"Good Food for All" free dinners, 2nd Thursday of each

month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5:00 - 7:00 PM, and on the last Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5:00 - 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

Ongoing Pilate classes at Dakini Studio in Underhill. Mon. and Thurs. at 6:00 PM call 899-4191 to register. Find more information and other scheduled classes at dakinistudio.wordpress.com.

Qi Gong, the ancient Chinese art of movement, classes are as follows: Saturdays 9-10AM--562 VT Rt. 15, Johnson; Saturdays 11AM-12PM--River Arts, Morrisville; Sundays 11:15AM-12:15PM--Artful Cup, Jeffersonville.

Zumba, Fairfax - Tuesdays 7:00-8:00 PM and Saturdays 9:00-10:00 AM. Contact Pam Adams 370-4437 or pamaj68@aol.com.

Zumba Fitness, Monday evenings only, 5:30 - 6:30 PM, at the River Arts Center in Morrisville. Zumba Fitness with certified instructor, Karen Machia. No registration required, drop in. Call 888-1261, or visit our website: www.riverartsvt.org for more details.

Zumba Fitness, Saturdays 8:30 AM, Jericho Community Center with licensed instructor Lori Preiss. 899-0343 or lori@greenmountainfitness.com.

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website www.vtcfids.org or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

Alzheimer's support group, third Wednesday, 9:30 - 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 - 11:00 AM, VFW Post, Essex Jct.; 1:00 - 2:30 PM, American Legion Post, St. Albans.

Eating Disorders Parental Support Group, third Wednesday, 7:00 - 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM. For information, call Anita Lotto, 793- 0856, or Chuck Hogan, 644-8134.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, jquinninv@aol.com

Jericho-Underhill Water District meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Jericho Historical Society, second Thursday, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Jericho Energy Task Force meets the second Thursday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

THRIFT SHOPS & FOOD SHELVES

The **Heavenly Cents Thrift Shop** located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

Westford Food Shelf, open on the third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome. outdoor activities.

benefits include various discounts at Smuggs. For more information

HEALTH

Headaches

By Mary H. Kintner, D.C., R.N.

Just about everyone has experienced pain and ache somewhere in their heads. Nutrition - both what is consumed as well as what is omitted - and stress are the most common cause of headaches. Genetics, too, can play a role in headaches.

Experts divide headaches into three categories. Approximately, 90% are tension headaches, caused by muscular tightness in the head, scalp and/or neck. Vascular headaches (including migraines) represent about 6% of all headaches. These are due to uneven contraction of blood vessels supplying the head. The third type of headaches are caused by sinus congestion.

There are many causes of headache, including head injury; problems with the ears, eyes, nose and throat; pollution; toxicity due to drugs, alcohol and food additives such as aspartame (e.g., NutraSweet, Equal), MSG and sulfites (found in many prepared foods - check your labels!), and nitrites (used as preservatives); infections; circulatory problems; low blood sugar; hormonal imbalances; allergies; dental problems such as bruxism (grinding) and malocclusion (improper bite); dehydration; fever; anemia; high blood pressure; cold foods and beverages; and constipation. Genetics may play a role in susceptibility to headaches.

So what can be done to prevent and treat headaches? If you are prone to headaches, a headache journal can help you see relationships between headaches and lifestyle. Headaches caused by specific activities such as chewing gum or eating or drinking

cold items can be avoided by not doing these activities. Headaches due to low blood sugar or dehydration can be resolved by eating small, frequent meals and drinking adequate amounts of water (approximately eight 8-ounce glasses per day). Avoid aspartame and tyramine-containing foods (wine, bananas, cheese, chicken, chocolate, citrus) that can increase blood pressure and lead to headaches. Stress headaches can be minimized through the use of stress reduction techniques - meditation, exercise, being with friends, reading, hot baths, massage, avoidance of stressors, etc.

Supplements can help, too. Essential fatty acids (omega 3 and 6 oils) decrease inflammation. Ginger is an herbal anti-inflammatory. Probiotics keep the colon healthy, which decreases systemic toxicity. Feverfew and capsaicin are also effective headache remedies.

Chiropractic adjustments can also be extremely effective because the body will function optimally when aligned properly and many headaches actually are caused by spinal misalignment.

Some headaches should be medically evaluated, including those involving sudden blurred vision or altered speech, fever, acute neck stiffness and head injury preceding headache. However, most headaches have more benign causes and, through lifestyle change, supplementation and chiropractic care, can be safely treated.

Mary H. Kintner, D.C., R.N., is a chiropractor and nutritional consultant practicing in Jericho. Call her office at 899-5400.

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Jericho-Underhill phonebook information located on page 8.

LETTER TO THE EDITOR

Post office in need of parking

To the Editor,

Dear Underhill Voters,

The attractive building in Underhill Center, which has served as a local Post Office for so many years, is really a Town Treasure. But it is seriously deficient in parking space. Crossing the road from the small River Road cutout requires a sharp lookout. Parking in front of the building is dangerous for anyone getting out of a car on the side toward the road. An adjoining property is for sale and it would provide splendid parking. Last year the voters rejected the idea of the Town acquiring that adjacent land to add to the Town property. One argument is that the lifetime of the building use as a post office, which is rented to the government, may be limited. But if the building is to be rented or sold for any other purpose, it will absolutely require parking space. Otherwise the building would be essentially valueless.

The current availability of the adjacent land is very timely and I do hope the Selectboard will provide the voters with another opportunity to seize the moment to buy the land, adding use and value to the present Town Property.

Betty Moore
Underhill

Vote for Catherine McMains

To the Editor,

For several years I have served with Catherine McMains on the Jericho Energy Task Force and admired her contributions. Although even-tempered and easy-going, she never loses sight of either our

task force's goals or their context of town governance. I asked to help with her re-election campaign and have learned more about her. How lucky we are to have her on the Jericho Selectboard! Her natural level-headedness is complemented by advanced degrees in science and business. As a volunteer, she has been working for the Old Red Mill for since 1992. She has served on the Development Review Board since 2000 and on the Selectboard since 2007. She is comfortable with all the numbers and all the people.

You will see more information about her before town meeting. Please pay attention. Catherine McMains deserves re-election.

Roger Putzel
Jericho

Catherine Mains recommended

To the Editor,

On Tuesday, March 4, Town Meeting Day will be with us once again, and it is the responsibility of Jericho voters to elect a Selectboard member for a period of three years. I am pleased to recommend Catherine McMains, currently Selectboard Chair, to be elected for another three years term. I urge Jericho voters to support Catherine's candidacy for this important Town of Jericho official position.

Catherine was appointed to the Selectboard in 2007 to fill a vacancy on the Board, and was then elected to the Selectboard in 2008. Since then, she has faithfully served the Town's interest with due diligence, objectivity and vision. Catherine brings to the Selectboard great experience and knowledge of both Town of Jericho and Chittenden County governance issues. She has served previously for eight years on Jericho's Development Review

Board, and its Chair for three years. Simultaneously for many years she has served on the Chittenden County Planning Commission, holding positions on both its Executive and Climate Action Sub-Committees.

Catherine's consistent and regular attendance at Selectboard meetings, and in particular her faithful attendance at many local civic and cultural events which make Jericho a unique and thriving Town such as for example the Jericho Community Center, the Jericho Center Preservation Association, the Jericho Underhill Land Trust, Jericho Green-up Day activities and the Jericho Historical Society programs is commendable. Catherine was key in organizing the Town of Jericho's 250th Anniversary celebrations and the handsome 2013 Jericho Town Report benefited from her initiative and support. She is a visible participant and active supporter of community efforts to make Jericho a fine place to live.

Further in this regard Catherine is chairing an ad-hoc Committee to organize events next year to celebrate the 150th anniversary of the birth of Wilson A. "Snowflake" Bentley in coordination with other Town organizations. Plans for these events are already being reviewed.

Now and over the next few years Jericho voters will be confronted with serious development, planning and environmental issues. Catherine will bring proven experience, knowledge and vision to these discussions. I again strongly urge the voters of the Town of Jericho to elect Catherine McMains to the Selectboard.

J. Brooks Buxton
Jericho

BIRTHS

JERICHO

(McDonald) Jamie (Hackley) and Owen had a daughter, Payson Taylor McDonald, on December 2, 2014 at Fletcher Allen Medical Center, Burlington, VT.

UNDERHILL

(Chaudoir) Meredith and Joel Chaudoir had a son on January 9, 2014 at Fletcher Allen Medical Center, Burlington, VT.

(Hanley) Dusty (McKinstry) and James Hanley had a daughter, Maranda Anne Hanley, on December 19, 2014 at Fletcher Allen Medical Center, Burlington, VT.

COLLEGE NOTES

Carl Kolon, resident of Underhill, received a nomination to U.S. Naval Academy and participated in a nomination ceremony with the Vermont Delegation in Montpelier, VT.

The following local residents have been named to the Cornell University College of Arts and Sciences' Dean's List for Fall Semester 2013: Jeffrey Ouellette, a resident of Westford, VT; Chase Johnson, a resident of Waterbury, VT.

The following local residents were among 1,303 students from Worcester Polytechnic Institute (WPI) named to the university's Dean's List for academic excellence for the fall 2013 semester.

Jonathan Griffin of Jericho, VT, is a freshman majoring in aerospace engineering.

Philip Jacobsen of Westford, VT, is a junior majoring in chemical engineering.

The following local students were named to the Clarkson University Dean's List for the fall 2013 semester: Charles Wood of Westford, VT, a junior majoring in aeronautical engineering and mechanical engineering; Daniel Hill of Westford, VT, a senior majoring in chemical engineering; Benjamin King of Jericho, VT, a sophomore majoring in civil engineering; Christopher Stead of Jeffersonville, VT, a junior majoring in communication; and Christina Kingston of Waterbury, VT, a sophomore majoring in financial information and analysis.

The following local students were named Presidential Scholars for the fall 2013 semester at Clarkson University: Anthony James Stead of Jeffersonville, VT, a freshman majoring in aeronautical engineering; and Brian Michael Nicewicz of Jericho, VT, a freshman majoring in mechanical engineering.

The following area residents have been named to the Fall 2013 Dean's List at Champlain College. The honored students are: Karly Terrio of Jericho, VT; Darren Kennedy of Jericho, VT; Caitlin Ackerman of Jericho, VT; Thomas Francis of Underhill, VT; Sophy Walsh of Underhill, VT; Casey Hanlon of Westford, VT; Emilie Moreau of Jericho, VT; Chapin Bryce of Cambridge, VT; Matthew Prahl of Underhill, VT; Joseph Freitas of Jericho, VT; Theresa Gwozdz of Westford, VT; Dakotah Patnode of Jericho, VT; Colby Lahaie of Underhill, VT; Samantha Brehm of Jericho, VT. Kayla Mazza of Waterbury, VT.

Casey C. Keefe a SUNY Canton Emergency Management major from Jericho, VT (received Part-Time Honors for outstanding academic performance during the Fall 2013 semester. Keefe is a 1989 graduate of Rice Memorial High School.

The following students have been named to the Dean's List at the University of New Hampshire for the fall semester of the 2013-2014 academic year.

Casey Sheredy of Jeffersonville, VT, earned High Honors
Kelcey Lamphere of Jericho, VT, earned High Honors
Adam Thompson of Waterbury, VT, earned Highest Honors

The University of Hartford is pleased to announce Hannah Schultz of Jericho, VT, has been named to its Dean's List for Fall 2013.

Ithaca College congratulates more than 1,400 students who made the Dean's list in the fall 2013 semester.

Guthrie Drake of Waterbury, VT was named to Dean's List for the fall 2013 semester.

Nicholas Pittman of Jericho, VT was named to Dean's List for the fall 2013 semester.

Kelly Kryzak of Jeffersonville, VT has been named to the Chancellor's List in recognition of earning a Spring semester grade point average of 3.8 or higher of a possible 4.0.

Maia Buckingham, a resident of Jeffersonville, VT, has been named to the Fall 2013 Dean's List at Roger Williams University in Bristol, R.I. Buckingham is a Graphic Design Communications major.

Castleton College congratulates the graduates from December, 2013.

Erin Devost of Jericho, VT earned a Bachelor of Science, majoring in Communication.

Adam Diemar of Waterbury, VT earned a Bachelor of Social Work, majoring in Social Work.

Jennifer Martel of Waterbury, VT earned a Bachelor of Art, majoring in Mathematics.

Andrew Nitchie of Jericho, VT, made the Dean's List for fall semester at the Georgia Institute of Technology.

The following students were named to the Castleton College

Dean's list for the Fall 2013 semester: Bryanna Allen of Westford, VT; Jessica Babcock of Cambridge, VT; Gregory Besso of Jericho, VT; Nicole Irwin of Jericho, VT; Mikaela Poley of Underhill, VT; Rhea Severance of Jeffersonville, VT; Allison Sibley of Jericho, VT; Morgan Young of Cambridge, VT.

Brigitte Irish, a senior majoring in Health Science from Jericho, VT, has been named to the Fall 2013 Dean's List at Hofstra University.

Robert Mathieu, a senior Finance major of Underhill, VT, was among more than 1,900 students from Coastal Carolina University who made the Fall 2013 Dean's List.

The following students from Wells College were named to the Dean's List for the fall 2013 semester:

David Glidden, class of 2016, of Underhill, VT; David graduated from Mount Mansfield Union High School and is studying political science at Wells.

Justine Tibbits, class of 2016, of Jericho, VT; Justine graduated from Mount Mansfield Union High School.

The University of Rhode Island is pleased to announce that about 4,300 undergraduates have qualified for the Fall 2013 Dean's List. The students represent nearly all of Rhode Island's cities and towns, all six New England states, New York, New Jersey, and many other states and nations.

The following students from your area were named to the Fall 2013 Dean's List: Morgan Wynes of Jeffersonville, VT; Jillian Reynolds of Jericho, VT

Alexis Perry of Westford, VT was named to the Fall 2013 Dean's List at Merrimack College in North Andover, Mass. To be named to the Dean's List, a student must achieve a 3.25 gpa. Perry is a Sophomore working toward a degree in SM.

The following students have been named to the dean's list for the Fall 2013 semester at the University of Vermont.

Naomi Koliba of Duxbury, VT, a Neuroscience major in the College of Arts & Sciences.

Naomi Cunningham of Jeffersonville, VT, a Ecological Agriculture major in the College of Agriculture & Life Sciences.

Sara Ahlers of Jericho, VT, a English major in the College of Arts & Sciences.

Gina Cassara of Jericho, VT, a Environmental Studies major in the College of Arts & Sciences.

Laurel Cole of Jericho, VT, a Exercise and Movement Sciences major in the College of Nursing & Health Sciences.

Hailey Douglas of Jericho, VT, a Early Childhood Preschool major in the College of Education & Social Services.

Beatrix Hassler of Jericho, VT, a Business Administration major in the School of Business

College Notes
continued on page 9

OBITUARIES



Susan M. Ling, of Jericho, VT, born on April 14, 1958, in Burlington, passed away unexpectedly in Fletcher Allen Healthcare, on February 4, 2014. Susan graduated from Mount Mansfield Union High School, and worked many years at the Chittenden Bank in Burlington. Susan is survived by aunts, Arlene Ploof, and Lynn Bedell and her husband, William; uncle, William Hance and his wife, Gail; aunt, Theresa Martin; nephew, Robert Umberger; several cousins; and friends, Mary and Kenneth Brown.

She was predeceased by her parents, Robert H. and Mary (Hance) Ling; and her sister, Rose M. Umberger. Susan's wishes were to be cremated with no services. Her ashes, along with her mother's, will be spread at a later date. Gifford Funeral & Cremation Service, 22 Depot St., Richmond, in care of arrangements.

EXPERIENCE WHEN YOU NEED IT MOST

Copley Hospital is pleased to welcome upper extremity specialists John C. Macy, MD and Joseph S. McLaughlin, MD to Mansfield Orthopaedics.

"We joined Copley because we wanted to work with the best. It's an expert team, from surgeons to the nurses to the physical therapists, all committed to providing the right care at the right time for you."



John C. Macy, MD

Residency: Fletcher Allen Health Care, Department of Orthopedics and Rehabilitation

Internship: Fletcher Allen Health Care, Department of Surgery

Medical: University of Medicine & Dentistry of New Jersey- New Jersey Medical School

Joseph S. McLaughlin, MD

Residency: Fletcher Allen Health Care, Department of Orthopedics and Rehabilitation

Internship: Fletcher Allen Health Care, Department of Surgery

Medical: University of Massachusetts School of Medicine



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After I spoke at Town Meeting last year, I realized the majority of people at Town Meeting were largely unaware of one of the major causes for The Town of Underhill's climbing legal expense budget. Since many of our legal voters are unable to make it to Town Meeting each year I am publishing the below letter in its entirety. My goal is to foster increased public accountability and support for protecting basic landowner rights against abuses of political power. There are far more issues relating to the way the Town of Underhill chooses to treat landowners than this relatively lengthy document can summarize but I firmly believe our Town governance should be supportive of, rather than antagonistic to, landowners within our Town. I chose to add my own clarifying commentary in the margins to elaborate on certain important details of the below situation without removing or altering the content of the original document in any way. In order to prevent even more of our tax money being wasted on legal fees, please help encourage The Town of Underhill Selectboard to do the right thing by restoring historic local landowner access to their properties.

Thank you,
David Demarest
Underhill, VT.

Christine A. Murphy
TOWN ADMINISTRATOR and PLANNING ADMINISTRATOR
TOWN OF UNDERHILL VERMONT

PO Box 32, Underhill Center, VT 05490
E-mail: underhillvt@comcast.net

Phone: (802) 899-4434 x 100
Fax: (802) 899-2137

October 8, 2009

Vincent Paradis, Esq.
Bergeron, Paradis & Fitzpatrick, LLP
PO Box 174
Essex Junction, VT 05453-0174

Dear Vince:

I am enclosing with this letter documents relating to the Crane Brook Trail in Underhill, VT. At issue is whether a Selectboard grant of access over the Trail is valid and if there is any way the Town could rescind the access. Here's the background:

On January 30, 2002 the Selectboard approved a Trails Ordinance which closed a section of New Road from vehicular traffic from November 1-May 1. Special permits could be issued for vehicular travel on the Trail if in the judgment of the Selectboard there was a "legitimate need" to operate a vehicle on Crane Brook Trail. Attached to the Ordinance is a copy of the "only acceptable permit" under the Ordinance under which access to the Trail could be granted. Ordinance and permit attached.

On December 8, 2004 Dave Demarest attended a Selectboard meeting and expressed concern about the proposed boulders that would be put across the beginning of Crane Brook Trail in November to block traffic. See Selectboard minutes 12/8/04. Sometime after that in an undated letter Demarest wrote to the Board outlining his concerns about access over the Crane Brook Trail.

I should probably explain that Demarest has a Fuller Road address, and has access off of Fuller Road. Fuller Road is the name of the Road where the Crane Brook Trail ends. See attached map. So to orient you, coming off Pleasant Valley Road onto New Road you go past the Town Garage. The Crane Brook Trail begins right past the Town Garage and goes past the Shera property and a very substantial class II wetland. Where the Trail ends Fuller Road begins, eventually intersecting with Irish Settlement Road.

The next Town record is of a letter dated February 8, 2005 from Stan Hamlet, Chair of the Selectboard written in response to Demarest's letter. In that letter Hamlet grants a compromise that would allow for the proposed boulders to be moved so Demarest can get his farming equipment in from the New Road end. At this point the Town records end.

Please note: David Demarest had already built his home under a building permit issued for his property on New Road BEFORE the Town of Underhill changed his legal address to Fuller Road. When Demarest's parcel was changed from NR144 to FU111, the parcel of property opposite his land retained a New Road address. This arbitrary and capricious abuse of power is inexcusable...

Here are some additional facts:

- Under Town regulations and the Road Policy then in effect, the grant of access should have been given only if "the driveway was designed in accordance with the driveway specifications of the Underhill Road Policy." Underhill Zoning Regulations §III (A).
- The Road Policy states in the Road Design/Construction Approval Process section that an applicant must submit a sketch of the proposed drive; have a site visit by the zoning administrator and road foreman; the ZA must issue a written report within two weeks of the site visit; the Selectboard must review the report and may require engineering sketches; and a final inspection of the drive by the ZA and Road Foreman must take place and they must issue a written report that the driveway meets required specifications before use of the property can commence. See Road Policy pages 7-9. According to Kari Papelbon, current ZA, there is no town record that any of these procedures were followed or that an access permit was ever issued for Demarest's lot-either from the Crane Brook Trail or from Fuller Road.
- Since the downgrade and designation of a section of New Road as the Crane Brook Trail in 2002, the Town has not maintained the Trail and it has significantly reverted to a stream in sections.
- On September 10, 2008 at a joint meeting of the Selectboard, the Planning Commission, and the Trails Committee a site visit of the Crane Brook Trail was conducted with Julie Foley, state Wetlands Specialist, Chris Brunelle, State of Vermont Streambank Alterations Permit Officer, and Jens Hilke, State Wildlife Biologist. In the field it was agreed by all the state personnel that the Crane Brook area is critical wildlife habitat that should be preserved in as natural a state as possible.

I believe The Town of Underhill is entrusted to impartially follow its own regulations consistently, and to retain all relevant documentation to that affect. The fact of the matter is the 2001 downgrade and claimed designation of a section of New Road as the Crane Brook Trail was never legally carried out. The Town received State AOT highway funding until 2010 to maintain a portion of New Road which was simultaneously claimed to be a Trail. The Vermont Superior Court ruled on May 11, 2011 the above claimed 2001 downgrade was legally invalid. The mostly private ownership and usage of lands encompassed in the "Crane Brook area" has restored critical wildlife habitat that was once fields, there is no reason to downgrade any portion of TH26 (aka New Road/Fuller Road) into a trail. Efforts to rescind historic landowner access by changing parcel names, failing to properly follow legal procedures, denying landowner's the right of impartial governance and due process, along with losing important records is entirely inexcusable.

The Conservation Commission and the Selectboard have been approached by Demarest with requests to maintain the trail so that it is passable for his equipment. The Conservation Commission is interested in limiting vehicular traffic year-round on the Crane Brook Trail.

So, here are our questions:

- Is the Hamlet grant of access to Demarest valid even though the permit required under the Ordinance was never issued?
- Can this permission be rescinded in light of the environmental impacts to this area that vehicular traffic creates and the fact that Demarest has access off the other end of the road onto Fuller Road?
- Can we amend the Ordinance if and prohibit all vehicular traffic year round on the Crane Brook Trail?

The environmental impacts mentioned are due to the Town's refusal to continue maintenance of the road despite their legal obligation to maintain roads in a manner consistent with their classification. Shortly before this attempt to rescind David Demarest's access, he had merely requested a very minimal level of long overdue maintenance; under the mistaken belief the lack of maintenance was budget related, he even provided information on a grant with the potential to cover 80% of the estimated maintenance costs.

If you require more information, please contact Kari Papelbon, Zoning Administrator, until a new Administrator is hired. Any response can be sent to the Selectboard and the Planning Commission c/o Faith Brown, Interim Administrator at the addresses and phone numbers above.

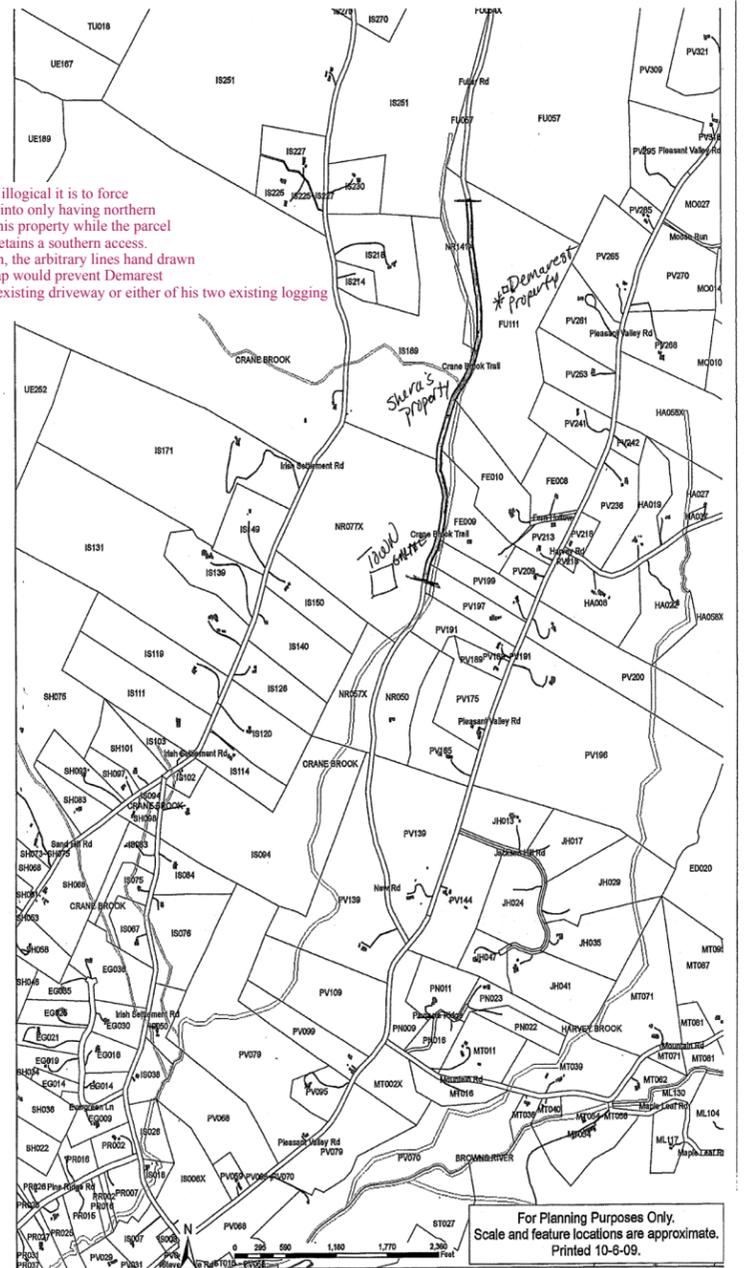
Thank you for your attention to this matter.

Sincerely,

Chris Murphy

Having homes, agricultural, and forestry operations with historic access by way of New Road is inherently a very compelling purpose. Landowners deserves to have the historic access to their property restored in a manner that preserves the public and private usability of the road instead of having their very own Town attempt to rescind previously promised access for the benefit of other property owner's resale values and the personal recreational interests of a handful of citizens.

Note how illogical it is to force Demarest into only having northern access to his property while the parcel NR141x retains a southern access. In addition, the arbitrary lines hand drawn on this map would prevent Demarest using his existing driveway or either of his two existing logging roads.



UNDERHILL TRAIL ORDINANCE

TRAVEL ON TRAILS

SECTION 1. AUTHORITY. This is a civil ordinance adopted under authority of 24 V.S.A. §§ 1971 and 2291(14), and 19 V.S.A. § 304(5).

SECTION 2. PURPOSE. The purpose of this ordinance is to prevent environmental damage and pollution caused by vehicular traffic on the trail. Such damage and pollution are hereby deemed to be a public nuisance.

SECTION 3. DEFINITIONS. For purposes of this ordinance, the following definitions shall apply:

- Motor Vehicle** shall include all vehicles propelled or drawn by power other than muscular power, except tractors used entirely for work on the farm, vehicles running only upon stationary rails or tracks, motorized highway building equipment, road making appliances or snowmobiles, or implements of husbandry.
- Operate, operating or operated** as applied to motor vehicles shall include *drive, driving and driven* and shall also include an attempt to operate, and shall be construed to cover all matters and things connected with the presence and use of motor vehicles, whether they be in motion or at rest.
- Owner** shall include any person, corporation, co-partnership or association, holding legal title to a motor vehicle, or having exclusive right to the use or control thereof.
- Crane Brook Trail** shall mean the Legal Trail on New Road (Town Highway #26).

SECTION 4. ACTIVITY PROHIBITED. The operation of a motor vehicle is prohibited on the Crane Brook Trail from November 1st until May 1st unless the operator of the vehicle has a valid permit issued by the Underhill Selectboard.

SECTION 5. PERMITS.

- Permits shall be issued only to persons who, in the judgment of the Selectboard, have a legitimate need to operate a vehicle on the Crane Brook Trail. For the purposes of this ordinance, "legitimate need" shall mean a compelling personal or business purpose.
- The only acceptable permit shall be one entitled "TOWN OF UNDERHILL PERMIT TO OPERATE A MOTOR VEHICLE ON THE CRANE BROOK TRAIL" and signed by the members of the Underhill Selectboard. One copy of the permit shall be issued to the permittee and one copy shall be filed with the Underhill Town Clerk.
- Permits shall be valid for residents and property owners so long as they continue to be residents or property owners. All other permits shall be renewed annually.

SECTION 6. PENALTIES. Any person who operates a motor vehicle on the Crane Brook Trail from November 1st to May 1st or who allows another person to operate their motor vehicle on Crane Brook Trail without a permit shall be fined \$50.00, with a waiver fee of \$35.00. If the owner and the operator of a vehicle being operated without a permit are not the same person, the owner and the operator shall each be liable for the fine of \$50.00 or the waiver fee of \$35.00.

cc: Selectboard
Faith Brown
Kari Papelbon

Documents accompanying the Town of Underhill letter dated October 9, 2009 seeking to rescind landowner access to their property

Underhill Select Board Meeting

December 8, 2004

Present: Stan Hamlet, Chair, Marc Maheux, Bob Scudero, Carolyn Gregson and Sherri Morin.

Called to order at 6:00 p.m.

Carolyn Gregson, Stan Hamlet and Chris Brunell, Stream Alterations Specialist from ANR (Agency of Natural Resources) conducted a site visit at 38 Mullen Road (Michael Tatro) to view his driveway culvert situation.

WSI -Effective January 1, 2005 WSI will be increasing the cost of the trash stickers to \$3.35. The cost of printing 5000 stickers was \$900, which included setup costs. Marc Maheux made a motion to increase the cost of the trash stickers to \$3.50 for a 30lb bag effective January 1, 2005, the motion was seconded, all in agreement.

6:50 p.m. - Gil Churchhill and Dana Labrum present the 2005 library budget to the Select Board. Gil introduced the new Director of the Deborah Rawson Memorial Library. The Board has met and prepared a 1-year and 5-year budget comparison. The budget overall will increase 5.7%.

The annual meeting is scheduled for January 20 at 7:00p.m. Gil explained that in the past the warning was deficient in that the Library failed to get voter approval to carry over capital funds and to expend those funds. There is a 60-40 split with Jericho, with Underhill paying the 40%. Discussion on looking at the charter and seeing if there is a provision that would allow for the split to be adjusted, based on the census. Gil will look at the charter and provide the Board with an answer.

General discussion on the libraries future expansion, Dr. Rawson is selling a house on Evergreen and giving the chattels (personal property) to the Deborah Rawson Library. The library will be setup an expansion study committee.

7:15p.m. Jeff Sprout arrived for the 7:30p.m. meeting.

7:30p.m. - Dave Demarest and Jeff Moulton met with the Board to discuss the boulders on Crane Brook Trail. Jeff Moulton is concerned about where the boulders will be placed, and the cost to place them. Stan Hamlet explained that the boulders are to prevent vehicles from traveling on the trail from December 1 through May 1, per the trail ordinance. Stan explained that the boulders would be placed at the end of Fuller Road, beyond Dave Demarest's driveway and at the end of New Road, beyond the town garage.

Jeff Moulton and Dave Demerst are concerned that they will not be able to have log trucks access the land nor will they have agricultural access.

Jeff Moulton and Dave Demerst will outline in writing their concerns and requests. Carolyn Gregson will contact the State with regard to wetlands. Jeff Sprout explains that other towns issue special permits, which allow for specific activity.

Marc Maheux would like to see boulders at the New Road end with a closed sign on Fuller Road.

Motion to adjourn meeting was made by Stan and seconded, meeting adjourned at 8:15p.m.

Respectfully submitted,

Sherri Morin, Clerk

David Demarest, his friends, neighbors, and the public at large regularly drive on the portion of road which the Underhill Selectboard claims to be the "Crane Brook Trail," but there is no evidence of even a single time when the "Underhill Trail Ordinance" was actually enforced.

SECTION 7. ENFORCEMENT OFFICERS. Enforcement shall be performed by the Underhill Town Constable or by any officer of the Chittenden County Sheriff's Department or by any other Vermont law enforcement officer.

SECTION 8. SEVERABILITY. If any portion of this ordinance is held unconstitutional or invalid by a court of competent jurisdiction, the remainder of the ordinance shall not be affected.

SECTION 9. EFFECTIVE DATE: This ordinance shall become effective 60 days after its adoption by the Underhill Selectboard. If a petition is filed under 24 V.S.A. § 1973, that statute shall govern the taking effect of this ordinance.

Stanton Hamlet, Chair _____
 Walter 'Ted' Tedford _____
 Peter T. Brooks _____

Wednesday, January 30, 2002 at 11:45 AM

Received for record: _____

Attest: _____
 Nancy C. Bradford, Town Clerk

ADOPTION HISTORY:

1. Agenda item at regular Selectboard meeting held on Wednesday, January 30, 2002.
2. Read and approved at regular Selectboard meeting on Wednesday, January 30, 2002 and entered in the minutes of that meeting which were approved on _____.
3. Posted on Friday, February 1st, 2002.
 Underhill Town Hall
 Underhill Country Store
 Jacob's IGA
 Underhill Center Post Office 05490
 Underhill Flats Post Office 05489
4. Notice of adoption published in the Burlington Free Press on Saturday, February 2, 2002 with a notice of the right to petition.

**TOWN OF UNDERHILL
 PERMIT TO OPERATE A MOTOR VEHICLE
 ON CRANE BROOK TRAIL**

PURSUANT TO THE ORDINANCE REGULATING TRAVEL ON THE CRANE BROOK TRAIL, as defined in the ordinance, the Underhill Selectboard hereby issues this permit to operate a motor vehicle on the trail to:

- A. _____ (land owner/resident of the trail) and his/her invited guests); such permit to be valid so long as he/she is an owner/resident; or
- B. _____, a person determined by the Underhill Selectboard to have a legitimate need to operate a motor vehicle on the trail, such permit to expire one year from this date.

 Date For the Selectboard

Tuesday, 8 Feb. 05

David Demarest
 PO Box 191
 Underhill Center, VT 05490

Dear David,

The Underhill Selectboard is in receipt of your undated letter concerning access to New Road from Pleasant Valley Road. Your letter, of course, makes reference to the Selectboard's meeting with you and Jeff Moulton on the evening of 8 Dec. 04, at the Underhill Town Hall, relative to the placement of boulders on the Pleasant Valley Road end of New Road as a deterrent to vehicular traffic.

First, a little history here: After numerous requests by many of the town's citizens that were using New Road for a variety of recreational purposes over the years, the Underhill Selectboard, by consensus, and with the approval of a number of citizens, opted to turn a portion of New Road into a +/- 4000 ft. long trail. As New Road, entering from Irish Settlement Rd., began experiencing development, further concerns about the future of New Road were expressed to the Underhill Selectboard by various citizens. In fact some of these concerns were expressed to the Selectboard in anger.

It is here, that I would like to respond to your comment in your undated letter about "the Chair of the Underhill Selectboard, Stan Hamlet, had clearly made up his mind on what he wanted, and then admitted that his wife strongly wanted to block the road, but pushed the decision through instead of professionally admitting to a conflict of interest...." I take issue with your comment. I was speaking at the time for a number of citizens when I made that statement. Somehow, that "number of citizens" never got out to the group in attendance that evening and for that, I apologize. Let me tell you, I still hear about that New Road trail situation to this day from various citizens. Relative to the two new members on the Underhill Selectboard, they were not on the Board at the time of turning a portion of New Road into a trail several years ago. Thus they had little of the history of the situation.

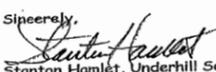
Now, Lets get back to business: First of all, your statement in your undated letter that "...it has already been legally established that a gate could not be placed there..." is not quite accurate. A pentgate, indeed, may legally be placed there. However, a pentgate

cannot be legally locked. Two reasons why we didn't use a pentgate: 1. We felt it would be too dangerous (witness the tragedy that occurred several years ago at Red Rocks in Burlington). 2. We didn't want to spend the taxpayers money for a gate that undoubtedly would be subject to vandalism. Hence, the discussion of the use of a pentgate was suspended. Inturn, the placement of boulders was brought to light.

At a subsequent Selectboard meeting (after our December 8th meeting), the Board, appreciating your need to have access to the road (trail), in order to move "farming" equipment and related items on to your site, would be willing to compromise, and have the boulders set aside on an as-needed-basis. When you need such access, simply contact Jeff Sprout at the Town garage and he will move the boulders. When you have completed your work for you immediate project, the boulders will be placed back onto the road by the road crew. You must remember that you do have access to Irish Settlement Road. Indeed, our compromise now allows you access to your property from two different directions.

If you have any questions relative to the above, please contact the Selectboard at the Town Hall.

Thank you.

Sincerely,

 Stanton Hamlet, Underhill Selectboard chair

Dear members of the Underhill Selectboard and fellow residents,

I am writing to express a number of concerns about the Selectboard's decision to place boulders on New Road to eliminate all motor vehicle activity on New Rd/The Crane Brook Trail between December 1 and May 1. My primary concern, since my land is accessed by this long-standing road (by too many names: Dump Rd, New Rd, Fuller Rd, Crane Brook Trail...), is that this will reduce my current ability to access my land. In addition, I believe the town may be not fully adhering to the law in blocking that section of road since it has already been legally established that a gate could not be placed there, which is the assumed reason for using the boulders; however, the legal definition of a "gate" includes anything used to block passage (including boulders).

In the meeting I attended in December to present these concerns and learn more about the decision making process, a number of additional problems became clear. Most importantly, the Chair of the Selectboard, Stan Hamlet, had clearly made up his mind on what he wanted, and admitted that his wife strongly wanted to block the road, but pushed the decision through instead of professionally admitting to a conflict of interest, stating his opinion and reasons for it, and then allowing his fellow Selectboard members to make the decision. I was also under the assumption that my right to access my land inherently gave me the ability to operate a vehicle on the trail section of the road which abuts my land (Section 5a), but it was implied that the Selectboard may not recognize this right. Furthermore, tractors or implements of husbandry I may use on my land and which are allowed in Section 3a. of the Underhill Trail Ordinance are also blocked by the boulders.

I urge the Selectboard to reassess the decision to block my road with boulders and quantify the true costs and benefits of this decision.

Sincerely,

 David Demarest
 P.O. Box 191
 Underhill Center, VT 05490
 (802) 355-6637

David Demarest wrote this letter sometime between December of 2004 and February of 2005, but he had no idea just how determined a small group of influential people in Underhill were. The abuses of their elected and appointed positions of power in the furtherance of their own personal agendas has cost our Town considerably. Besides the thousands of tax dollars in legal expenses which the Town continues to spend on this matter, there have been immense intangible costs including: a complete breakdown of trust between many residents and the individuals in The Underhill Town Hall, a loss of the sense of community and respect which previously enabled neighbors to be welcome guests on large tracts of private property, and more and more property owners feeling the necessity to post their land against trespassing.

David Demarest does not believe a "number of citizens" expressing their personal opinions in "anger" should override the rights of local landowners or the number of citizens which were opposed to reclassifying a historic Town Highway into a recreational trail. Zoning regulations and the Development Review process are the proper legal methods used to control development. Stan Hamlet chose not to listen to a number of citizens with very valid reasons to preserve the historic use of New Road.

Stan Hamlet vaguely refers to "a number of citizens" and "various citizen's" but he does not directly deny having a conflict of interest.

David Demarest historically had access to his property from both the Pleasant Valley and Irish Settlement ends of Town Highway 26 at all times, and the Selectboard had previously verbally promised the "Trail" would not negatively impact landowner access. The compromise promised by Stan Hamlet in this letter preserved enough access that David Demarest was lulled into the false belief the Town of Underhill would no longer continue efforts to further reduce his effective access. In hindsight, he should have sought legal advice the moment The Town of Underhill changed his address from NR144 to FU111.

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YOUR WEDDING BUDGET

Step 1: Pick Your Style

Your wedding gown should mirror your ceremony and reception. So the first step in beginning your wedding gown odyssey is to decide how formal your wedding will be. Will it be a formal evening wedding in a elegant ballroom or an informal afternoon outdoor wedding in nature?

Step 2: Find Your Favorites

Once you have decided how formal your wedding will be, look at bridal magazines and cut out pictures of the gowns you like. Make a scrap book of your favorites. Check out the wedding gown sites online as well, such as theknot.com or weddingchannel.com. Find bridal gown salons you want to visit. Call some recently married friends or family for recommendations.

It is a good idea to ask your wedding site coordinator if there are any restrictions on the amount of skin you can show at your wedding site. Some religious locations will not allow off-the-shoulder, strapless, or halter-style gowns.

If you want that bare look, consider ordering extra fabric to make a cover-up (jacket or shawl) to wear for the ceremony and then, afterwards, you can remove it at the reception.

Step 3: Understanding Gown Basics

Being able to communicate in fluent gown-speak will make working with salespeople far, far easier. The anatomy of a wedding gown boils down to six main categories: silhouette, neckline, sleeve, train, fabric, and color. The gown's silhouette is by far the most important as it determines the overall shape of the gown. And as each silhouette flatters different body types, it's vital to choose the right silhouette for your figure.

The A-line (or Princess) silhouette is the most popular silhouette – it flatters just about everyone. It can make shorter brides appear taller, and help hide larger hips because of the way the fabric flares over them, rather than hugging them.

The A-line can also add feminine curves to a straight figure.

The Ball Gown silhouette offers a classic, elegant, Cinderella look – great on average-height to tall brides. It's especially good at concealing large hips as it draws the

eyes up from the lower body to the bodice.

The Mermaid silhouette, sometimes called the fit-and-flare, hugs the body to just past the hips where it flares out to a full hemline. If you want to show off your perfect figure, these gowns are great, as they leave little room for imagination.

The Empire Waist silhouette has a small bodice, and a high waist, which begins just under the bust line. The Empire make petite brides look taller and bustier, and de-emphasizes a thick waist.

The Sheath silhouette is an elegant, straight – fitted gown, often floor-length. It's flattering to tall and thin brides, but also makes petite brides look taller.

Step 4: Try On Some Gowns

Visit some stores and see how the bridal confections you saw in the magazines look in real life. Take along a close friend or family member whose advice you respect. If you bring a group of friends, you may be overwhelmed with too much advice! Don't try on too many dresses in one day. You might become what industry insiders call "gowned out" – every dress starts look the same. Also, take notes when you are trying on the gowns, so you'll remember what you liked about each one.

Remember to wear undergarments, shoes, and a hair style similar to what you plan to wear on your wedding day. Skip the makeup, and the lipstick. Cosmetics may damage the gowns.

Here's an insider's tip: visit bridal salons on weekdays rather than weekends – when the stores are crazy-busy.

Step 5: Zero In On Your Favorites

Difficult as it may be, narrow down your choices. But – if a gown calls to you, and you just love it, don't wait to buy it later! You'll be disappointed when it's gone. Buy it on the spot. And, do tell your salesperson that your wedding gown budget is less than what it actually is. It's their job to persuade you to buy above your budget.

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College Notes continued from page 5

Administration.

Kirsten Meisterling of Jericho, VT, a Biological Science major in the College of Agriculture & Life Sciences.

Austin Merrill of Jericho, VT, a Biological Science major in the College of Arts & Sciences.

Jeffrey Meyer-Lorentson of Jericho, VT, a Mechanical Engineering major in the College of Engineering & Mathematical Sciences.

Brittney Palermo of Jericho, VT, a Philosophy major in the College of Arts & Sciences.

Sean Stone of Jericho, VT, a Latin major in the College of Arts & Sciences.

David Polson of Jericho Center, VT, a Biology major in the College of Arts & Sciences.

Jeffrey Jewell of Underhill, VT, a Secondary Education Math major in the College of Education & Social Services.

Cecilia Baker of Waterbury, VT, a Business Administration major in the School of Business Administration.

Nathan Cutler of Waterbury, VT, a Professional Nursing major in the College of Nursing & Health Sciences.

Eli Kravitz of Waterbury, VT, a Mechanical Engineering major in the College of Engineering & Mathematical Sciences.

Derek Lowe of Waterbury, VT, a Business Administration major in the School of Business Administration.

Tyler Miles of Waterbury, VT, a Business Administration major in the School of Business Administration.

Zachary Miles of Waterbury, VT, a Civil Engineering major in the College of Engineering & Mathematical Sciences.

Erin Skelly of Waterbury, VT, a Theatre major in the College of Arts & Sciences.

Cody Westover of Waterbury, VT, a Electrical Engineering major in the College of Engineering & Mathematical Sciences.

Ethan White of Waterbury, VT, a Animal Sciences major in the College of Agriculture & Life Sciences.

Hannah Woodruff of Waterbury, VT, a Neuroscience major in the College of Arts & Sciences.

Kayla Baczewski of Westford, VT, a Business Administration major in the School of Business Administration.

Casey Baczewski of Westford, VT, a Exercise and Movement Sciences major in the College of Nursing & Health Sciences.

Michael Farmer of Westford, VT, a Neuroscience major in the College of Arts & Sciences.

Lindsey Flanders of Westford, VT, a Professional Nursing major in the College of Nursing & Health Sciences.

Olivia Root of Westford, VT, a Psychology major in the College

of Arts & Sciences.

Joseph Faryniarz of Jericho, Vt., has been named to the dean's list at Paul Smith's College for the fall 2013 semester. Faryniarz, who majors in fisheries and wildlife sciences.

The following students at the Community College of Vermont were named to the Fall 2013 Dean's List. The Dean's List includes full-time students with a GPA of 3.5 to 3.99.

Joshua Cardosi of Underhill, VT; **Colleen Davis** of Underhill, VT; **Christina Downer** of Waterbury, VT; **Jessica Paya** of Cambridge, VT; **Sam LeCours** of Jericho, VT; **Lena Capps** of Underhill, VT.

Colleen Bartlett, a resident of Jericho, VT, was named to the Fall 2013 President's List at the Community College of Vermont.

Underhill Resident **Johannes Toensing** named to Stonehill College's Fall 2013 Dean's List

Worcester Polytechnic Institute (WPI) has announced that **Jonathan Griffin** of Jericho, VT, a freshman majoring in aerospace engineering, was named to the university's Dean's List for academic excellence for the fall 2013 semester.

The following local residents were named to the fall 2013 Dean's List at Saint Michael's College, a liberal arts and sciences, residential Catholic college located in Burlington, Vermont, one of the top 10 college towns in America:

Kaitlyn B. Adams, daughter of David and Sherrie Adams of Underhill, VT, a Junior Mathematics major, who graduated from Mount Mansfield Union High School before coming to Saint Michael's.

Elena M. Bilodeau, daughter of Dianne and Richard Bilodeau of Waterbury, VT, a Senior History major, who graduated from Harwood Union High School before coming to Saint Michael's.

Adrienne A. D'Elia, daughter of Christopher and Rosemary D'Elia of Jeffersonville, VT, a Sophomore Classics major, who graduated from Lamoille Union High School before coming to Saint Michael's.

Reilly A. D'Elia, daughter of Christopher and Rosemary D'Elia of Jeffersonville, VT, a Senior Business Administration and Psychology major, who graduated from Lamoille Union High School before coming to Saint Michael's.

Jessica L. Gandini, daughter of Cheryl and James Gandini of Jericho, VT, a Junior Environmental Studies major, who graduated from Mount Mansfield Union High School before coming to Saint Michael's.

Alan J. Hefferon, son of James and Lynne Hefferon of Jericho, VT, a December 2013 Graduate History major, who graduated from Mount Mansfield Union High School before coming to Saint

Michael's.

Katelyn N. Howes, daughter of Bryan and Penny Howes of Waterbury, VT, a Senior Media Studies & Digital Arts major, who graduated from Harwood Union High School before coming to Saint Michael's.

April M. Hoyt, daughter of Edward Hoyt of Jericho, VT, a Senior Psychology and Philosophy major, who graduated from Mount Mansfield Union High School before coming to Saint Michael's.

Sarah L. LaForce, daughter of Laure and Todd LaForce of Jeffersonville, VT, a Senior History major, who graduated from Lamoille Union High School before coming to Saint Michael's.

Tessa H. Roy, daughter of Daneen and William Roy of Jericho, VT, a Senior Psychology major, who graduated from Mount Mansfield Union High School before coming to Saint Michael's.

Miranda R. Tremblay, daughter of Allen and Sheri Tremblay of Underhill, VT, a Junior Elementary Education and Spanish major, who graduated from Mount Mansfield Union High School before coming to Saint Michael's.

The following students have been selected for inclusion on the Dean's List for academic achievement during the fall 2013 semester at St. Lawrence University.

Hannah L. Gerke of Fletcher, VT. Gerke, a member of the Class of 2016, is majoring in environmental studies at St. Lawrence. Hannah graduated from Bellows Free Academy.

Lindsey D. Wyatt of Jericho, VT. Wyatt, a member of the Class of 2014, is majoring in neuroscience at St. Lawrence. Lindsey graduated from Mount Mansfield Union High School.

The following local residents earned bachelor's degrees from Saint Michael's College, a liberal arts residential Catholic college located in Burlington, Vermont in December 2013:

Alan Hefferon, son of James and Lynne Hefferon of Jericho, VT, earned a Bachelor of Arts degree in History

Martin Vanzo, son of Barbara and Guy Vanzo of Westford, VT, earned a Bachelor of Science degree in Biology

The following students have been named to Plymouth State University's President's list: **Tyler Hawley** of Jericho, VT; **Timothy Lindberg** of Jericho, VT; **Michaela Quinn** of Westford, VT

Hannah Schultz of Jericho VT, has been accepted to present at the National Conference of Undergraduate Research (NCUR) to be held on April 3 and 4 in Lexington, KY. Shultz, a senior honor student at the University of Hartford was selected for his research paper titled "Solving Behaviors for 'Kiddos': Early Intervention and its Influence on Behavior Plans." Shultz is one of nine University of Hartford senior honors students to be accepted to present at the NCUR.

LIBRARIES

DEBORAH RAWSON LIBRARY, UNDERHILL

Planning has begun for DRML's 2014 Summer Reading Program

This year's theme is "Fizz, Boom, Read." and "Spark a Reaction." and centers around fun scientific themes and electrifying reading. If you have a cool idea, are an expert in the field or would like to plan a program for the kids in our community, let us know. Your ideas and expertise are welcome and needed. Call 899-4962 or email Thad at thad@drml.org

FUN AND GAMES for KIDS and FAMILIES to celebrate Winter Break.

We love Winter Break. Drop in at the library during the week of Winter Break (anytime during regular library hours) and go on a library adventure. Work on a puzzle, go on a scavenger hunt or check out a fat stack of books to read over break. Be sure to browse the display of vacation books~ stories and books that will transport you to a different place: a warm beach, a sunny spot or tropical paradise.

Come craft a collage with Nicole on Tuesday February 25 from 10:00 AM- 12:00 PM. We will be working with mod-podge and collaging some of our favorite things. Bring magazines, favorite pictures and your creative spirit.

Learn more about deer in the wintertime with Sarah Stein on Wednesday February 26 at 3:00 PM. Explore and look for signs of deer on an afternoon hike at Mills Riverside Park and then come back inside for stories, a project and hot cocoa. All ages are welcome but space is limited. Call 899-4962 for more details and to reserve your spot.

Dig out your flip flops. We're having a Beach Party and Movie on Thursday February 27 from 10:00-11:30 AM. We'll pretend we're on a beach vacation and sip tropical fruit smoothies, make flowered leis and play a beach ball game...all while watching the comic adventures of a group of castaways stranded on an "uncharted desert isle..."

Love to putter and tinker with machines? Join Thad on Friday February 28 from 2:30-4:00 PM for some time to work on some projects: take an old computer apart and look inside, work on a solar panel project, put together a model or bring a project you've been working on at home.

After break ends, Story Time will resume on Wednesday, March 5th at 10:30 am and Thursday, March 6th at 10 am. Drop in for stories, songs, a walk (weather permitting.) crafts and snack. No registration required.

Adult Programs: Parlez-vous français? French Conversation Group Thursday February 20 from 6:30-7:30 PM. Henry Weinstock is starting this relaxed and fun conversation group at DRML, all levels are invited and welcome. If you have any questions call Henry at 899-3349. A bientôt.

The Board of Trustees will next meet on Thursday February 20 at 7:00 PM.

Telling Your Story: A Self-Publishing Workshop on Saturday February 22, 1:00-3:00 PM. Ever thought about writing your memoir? How about a family cookbook? Have you got a novel inside you, waiting to come out? Champlain College Publishing Initiative (CCPI) has the tools to help you develop, write and publish the book you've been dreaming about. Join us for a presentation by CCPI Managing Editor Kim MacQueen and Outreach Director Taylor Covington.

The Mystery Book Group of DRML will meet on Tuesday February 25 at 7:00 PM. February's mystery book pick is *The Secret History* by Donna Tartt. All are welcome.

Crêpes and Conversation. Thursday February 27 at 6:30 PM in the meeting room. Join with the French Conversation Group to make crêpes and enjoy some French conversation. If you have any questions call Ann at 899-4265 or Henry at 899-3349. A bientôt.

Music Sunday will take place on Sunday March 2 at 2:00 PM in the fireplace room.

On Wednesday March 5, Donna Sutton Fay from the Vermont Campaign for Healthcare will return to DRML to sign people up for Vermont Health Connect. Ms. Fay and her organization are working to reach as many Vermonters as they can who need help enrolling. To sign up for an afternoon appointment, call 899-4962.

Listen Up. Vermont Workshop (Rescheduled.) on Thursday March 6 from 6:30-8:00 PM. Do you have a Kindle or IPAD? Like to know how to download hundreds of eBooks and audiobooks available FREE through Listen Up. Vermont? Virgil Fuller will visit DRML to help ebook users learn how to use this awesome service. The session is almost full; call 899-4962 to reserve your spot (or to let us know if we should schedule an additional workshop.)

Looking ahead to tax season, Brian Reak from H&R Block will visit DRML on Wednesday, March 12th in the afternoon/early evening to provide free tax help. You will be able to set up a ½ hour long personal appointment to discuss your questions with Brian. Call 899-4962 to sign up and for more details.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

FAIRFAX COMMUNITY LIBRARY

All events are free. Pre-registration encouraged. Call or email libraryprograms@fwsu.org

Thursday February 20, 3:00-4:00 PM, Crafternoon with Nicole-Make Origami Jumping Frogs and Cranes

Join Nicole Vance, local artist, for this fun activity. Ages 6+. Pre-register at the library. Limit of 15 participants.

Thursday February 20, 6:30-8:00 PM: Beer Brewing Workshop. Join Anne and her assistant from Vermont Homebrew Supply as we learn the basics of brewing through demos and discussion.

Saturday February 22, 10:00 AM-12:00 PM: Saturday Fiber Group.

A new monthly event. Bring your knitting, crochet, or other fiber arts project and maybe a favorite book to share if you like. All welcome.

Tuesday February 25, 9:30- 11:00 AM: Fancy Nancy Party. A special school vacation installment of our preschool story hour. Must pre-register. Limit 30 participants.

Thursday February 27, 1:00- 4:00 PM: Explore Local Nature with Sue Morse of Keeping Track. We'll take a walk on the rec path, keeping all our senses attuned to the natural world around us, especially animal sounds and sign. See the Keeping Track website for more about this acclaimed naturalist: <http://keepingtrack.org/>

Thursday February 27, 6:30-8:00 PM, Sue Morse of Keeping Track Slide Presentation: Bears, Bobcats and Moose. Couldn't make the walk? Or want to learn more? Come see the amazing photos Sue has taken of local wildlife. Book raffle also.

Friday February 28, 9:30-11:00 AM: Mr. K Adventure Camp for ages 4+. Details soon. Pre-register. Another fun school vacation event.

Fairfax Community Library: 75 Hunt St., Fairfax, Vermont, 05454; Phone: 849-2420; Program Planner: Karyn Norwood at knorwood@fwsu.org; Library News: <http://www.bfafairfax.com/pages/communitylibrarynews.html>. Facebook page: <http://www.facebook.com/home.php?#.pages/Fairfax-Community-Library>. School Year Library Hours: Monday, Wednesday 8:00 AM - 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM - 3:15 PM; Saturday 9:00 AM – 1:00 PM.

JERICHO CENTER LIBRARY

ON THE GREEN IN JERICHO CENTER

The Jericho Town Library hours are: Monday: 2:00 -7:00 PM, Wednesday 10:00 AM -12:00 Noon (includes children's story

time); 2:00-7:00 PM; Friday 1:00-5:00 PM; Saturday 10:00 AM – 12:00 PM. For more information call 899-4686 or email us at Jerichotownlibrary@gmail.com.

RICHMOND LIBRARY

February Wall and Display The versatile work of Huntington artist, Daryl V. Storrs can be seen on our walls and in the foyer display case during the month of February. Daryl creates hand-printed, hand-painted lithographic prints and jewelry, as well as unique paste paintings and original woodcuts. Daryl has 35 years of printmaking experience, and has been creating landscape pastels for over 25 years. In each medium her focus is on color and sense of place, and reflects the multiple dimensions of nature and the Vermont landscape. More of Daryl's work can be viewed at <http://www.darylstorrs.com>.

Do you have an Interesting Collection? The Richmond Library is currently looking for interesting collections to show in the foyer display case for 2014. Visitors enjoy looking at the monthly displays in the case, which in the past have included: matchbox cars, bowls, rocks, dolls, old radios and toy tractors. If you have a collection that you would be willing to share with the public for a month please contact Wendy DeForest at the library.

Vermont Tax Forms will not be distributed this year. If you need Vermont Income Tax forms, the Vermont Department of Taxes will make them available via their website, www.tax.vermont.gov, or request by email taxforms@state.vt.us and provide your full name, mailing address, form number(s) and quantity needed, or call (802)828-2515.

Computer Help Sessions. Gene Gagne offers one-on-one assistance for anyone looking for a little computer or Internet use guidance. Want to know how to prevent viruses and other "malware" on your laptop? Set up a Facebook account and create invitations and upload photos? Download a book to your iPad? Whatever your digital question, Gene can give you a boost on the learning curve. Gene is here on Wednesdays, 5:00-7:00 PM and Saturday, 11:00 AM-2:00 PM.

Empty printer cartridges? Dead cell phones? The Library has partnered with Funding Factory, a free recycling fundraiser, to recycle small electronics and used ink cartridges in an effort to turn electronic waste into new materials for the Library. Look for the on-site collection bins in the foyer. We also accept your old cell phones, GPS devices, digital cameras and MP3 players.

Kids' Programs: Preschool Story Time (Ages 3-5), Mondays 10:30 AM; Pajama Time (Ages 2-6), Mondays 6:30 PM; Toddler Time (Ages 18 mo. - 3 yr.), Wednesdays 10:30 AM; and our newest offering: Early Bird Math Storytime (Ages 3-5), Fridays 11:00 AM.

Any questions? Comments? Just give us a call or email.. 434-3036, rfl@gmavt.net. If you'd like to get our news via email, please let us know.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Preschool Story Hour Thursdays at 10:00 AM. The Varnum Memorial Library. Crafts and stories with our wonderful readers. Free and the public is invited. 644-2117

Hours: Mondays and Tuesdays 12:00 to 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM to 7:00 PM, and Fridays 2:00 to 5:00 PM, Saturdays 10:00 AM to 3:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD

Storytime every Thursday at 11:00 AM
Library Hours: Wednesday 1:00-7:00 PM, Thursday 10:00 AM-6:00 PM, Friday 1:00-7:00 PM, Saturday 10:00 AM-2:00 PM; website: www.westfordpubliclibrary.org; Email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

Jericho Historical Society announces 2014 Winter Lecture Series

The Jericho Historical Society wishes to announce its 2014 Winter Lecture Series to be held at the Old Red Mill, Brown's River, VT Route 15, Jericho Corners Village, at 7:00 PM on the second Tuesday of the months of February, March, and April.

The theme of this year's lecture series will also include a Vermont Civil War related subject in keeping with the nation's and Vermont's Civil War Sesquicentennial Celebrations. "Landscapes, Letters, and Artifacts: Historical Evidence of Vermont through the Years" will be the varied presentations' focus.

On Tuesday February 11, "19th Century Vermont Agricultural Estates" will be the subject of J. Brooks Buxton, Vice President, Jericho Historical Society, presentation. On Tuesday, March 11, Alden Oliver's presentation will focus on Archeological sites in Jericho and Underhill, and on Tuesday April 8, Jack Chase will speak on Vermonters' Letters Home During the Civil War, 1861 - 1865. Refreshments will follow the lectures.

Look forward to seeing you at the Old Mill for the Society's Winter Lecture Series.

Joshua Cann nominated to U.S. Naval Academy

Senators Patrick Leahy (D-Vt), Bernie Sanders (I-Vt.) and Congressman Peter Welch (D-Vt.) last month honored the 27 Vermont nominees to the United States Military Academies at the Statehouse in Montpelier, Vt.

Joshua Cann was nominated to the U.S. Naval Academy, U.S. Air Force Academy, and the U.S. Merchant Marine Academy, to which he was recently offered an appointment.

Cann is a student at Mount Mansfield Union High School, where he is a Varsity athlete on the football and lacrosse teams, and a member of the Honor Society.



REVIEWS

ART/PHOTOGRAPHY

Emile A Gruppe Gallery presents *The 50 Project* a unique exhibition of 50 watercolors all painted by the same Colchester artist, Libby Davidson, in celebration of her 50th birthday. The show will hang through February 23. Libby is a plein air artist and created many of her works in all types of weather, on sunny days and hold on to your easel days, with temperatures ranging from 23°F to 95°F. She began the adventure of producing roughly one painting a week in October 2012 and finished a year later in mid October 2013. The exhibit is enhanced by the artist's interpretation

of each work as she kept a notebook of her odyssey.

The Gallery is located at 22 Barber Farm Road, Jericho (Center). Gallery hours are 10:00 AM - 3:00 PM Thursday through Sunday or by appointment 802 899 3211, emilegruppegallery.com

Helen Day Art Center in Stowe, VT is proud to present *Surveillance Society* opening Friday January 24 at 6:00 PM. The exhibition runs through Sunday April 20. Gallery hours are Wednesday through Sunday 12:00-5:00 PM and by appointment. Docent guided tours are available to school groups on request.

MUSIC

What a treat we have planned at the **Deborah Rawson Memorial Library**, Main Reading Room, 8 River Road, Jericho on Sunday March 2 at 2:00 PM.

I have had the pleasure of hearing Allison, Emma and Gaylen perform multiple times in Bangor, Maine and asked them to come to Vermont so we are able to share their talents with the library audience.

Having performed together since 1998, Allison and Gaylen are two of the most sought after jazz musicians in Maine. Their interpretation of jazz classics mixed with wonderful humor, Allison's incredible vocals and scat singing, Gaylen's mastery of the bass and Emma's soaring trumpet or cornet, will provide us with an afternoon of exceptional jazz. What a perfect way to spend a Sunday afternoon!

Among many other talents, Gaylen uses music as inspiration to design new musical instruments and improve upon existing ones. You can check out some of his designs at www.gaylensmith.com. For more information call 899-4962.

SCHOOL NEWS

CHMS Students Continue Academic Exploration

By Mark Carbone, Principal
Camels Hump Middle School

The second half of the school year has begun--students and teachers of Camels Hump Middle School continue their academic exploration. As principal, I have the privilege to report on the outcome of these efforts. From test scores to campus programs to community connections, our students engage in robust learning on and off campus.

Recent New England Common Assessment Program (NECAP) tests scores of CHMS 8th graders resulted in 58% *Proficient with Distinction* or *Proficient* which is higher than the district (54%) and statewide (33%) results. CHMS science scores are ranked fifth in Vermont when compared with schools of similar size and demographics. When we correlate our school's results to the results of the Trends in International Mathematics and Science

Study (TIMSS) we find that CHMS science scores are higher than the TIMSS average, the High Benchmark, and the scores of 43 other countries. In math, CHMS scores are higher than the TIMSS average and the scores of 41 other countries (five countries in the Pacific Rim scored higher). TIMSS provides reliable and timely data on the mathematics and science achievement of U.S. 4th- and 8th-grade students compared to that of students in other countries. In 2011, more than 60 countries including the United States, participated in TIMSS.

Partnerships continue with a variety of community groups and agencies as part of the CHMS science and social studies curriculums: Vermont Amphibians/Reptile Atlas, Vernal Pool Association, Monitor Barn, and the Richmond Conservation Commission. The after-school Engineering/Robotics Alliance program gives students the opportunity to work alongside engineers from Richmond business, Greensea Systems, as well as IBM of Essex. CHMS students participate in the Odyssey of the Mind (OM) annual competition which encourages students to think divergently by providing open-ended problems that appeal to a wide range of interests. OM Students learn how to identify challenges and to think creatively to solve those problems. In 2013, three teams from CHMS competed at the national level.

In its second year, the mountain biking after school program affords CHMS students the opportunity to explore local and area communities under the supervision of teachers and parent volunteers. Over 200 students participate in the CHMS music program, consisting of various grade level bands, a jazz band, grade level choruses and a select chorus. CHMS students play in large numbers on one of the numerous sports or intramural teams: cross country running, boys' and girls' soccer, field hockey, intramural basketball, intramural flag football, intramural field hockey, and intramural kick ball. Our students also have the opportunity to work academically after-school in homework club.

We are always looking for help with after-school programs for our students. If you have a knack for knitting or a love of Legos, give me a call to discuss the endless possibilities. I can be reached by phone 434-2188 or email mark.carbone@cesu.k12.vt.us.

Camel's Hump Middle Schools takes third at MATHCOUNTS Northwest Regional Competition

The winning students and schools from the MATHCOUNTS Northwest Regional Competition are: 3rd place: Camel's Hump Middle School; Team members: Noah Chabot, Peter Christiana, Becket Hill, Hunter Wasser; and Coach: Maria Duryea

Individual Winners: 4th place: Becket Hill (Camel's Hump Middle School)

Countdown Round Winners: 1st: Becket Hill (Camel's Hump Middle School)

The top teams and individuals from each of the VT Regional Competitions will go on to compete in the Vermont MATHCOUNTS Statewide Competition to be held Saturday, March 29 at Vermont Technical College in Randolph, Vermont. The top 4 individuals from the State Competition will form the Vermont team which will travel to the 2014 Raytheon MATHCOUNTS National Competition in Orlando, FL, May 8-11, 2014.

"The mathematical abilities of Vermont's middle school students are truly inspiring," says Joe Kudrle, MATHCOUNTS NW Coordinator and Lecturer in the UVM CEMS Department of Mathematics and Statistics (also a sponsor of the Northwest Competition). "MATHCOUNTS is a great opportunity for schools in Vermont to recognize talented students for their exceptional mathematical abilities and to provide students with the mathematical skills necessary to be globally competitive."

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Richmond - \$380,000
•Beautiful Stonefence neighborhood! Contemporary cape on 6.28 acres with open floor plan
•Large kitchen, breakfast nook and living room looking out over the mountains to the North
•Family room with great space. 1st floor master and 2 additional bedrooms up



NEW! Underhill Ctr \$329,000
•Spectacular Mount Mansfield views! Quick run to ski slopes, village and schools
•Compound on 7 acres with rolling pastures and large barn
•2 story farmhouse with open kitchen, living room, 2 bedrooms up. Also features, 1 bdrm, 2 story apartment, 2 car garage



NEW! Fairfax - \$324,000
•Colonial with pillared foyer, 9' ceilings with cove tray ceilings in dining and great room
•Kitchen with cherry cabinetry, 20" tile floors & granite counters
•Radiant heat on 1st floor.
Master suite with lg WI closet and deluxe bath. 2 additional bdrms, laundry & guest bath up



Richmond - \$227,000
•Hillside Ranch. Upper level with open kitchen and dining
•3 bdrms and den, 1 1/2 baths. Lower level in law suite with open living/ dining area and kitchen. 1 bdrm, den & full bath
•Lower level with heated porch, large basement area. Can be 1 family use with interior stairs

E-MAIL: Info@NancyJenkins.com WEBSITE: www.NancyJenkins.com

Westford Pre-school Registration

Westford Elementary school has a limited number of slots available in their school-based Preschool program. The program runs a morning and afternoon session Tuesday through Thursday during the weeks school is in session. Westford also contracts with the Children's Preschool and Enrichment Center (CPEC) and Heartworks to offer additional Preschool slots. Westford uses grant funding to provide tuition reduction to a limited number of children who are Westford residents and who enroll in CPEC or Heartworks to help pay for 10 hours of Preschool through the programs in Essex Junction or Williston.

Selection for slots will be in compliance with Act 62 requirements regarding a lottery selection process. The selection process will take place in April and families will be notified of selection results prior to May 15, 2014. To enter the lottery for a preschool slot, please send the attached registration form to:

**Preschool Registration Request
Westford Elementary School
146 Brookside Rd.
Westford, VT, 05452**

This form is due by April 4, 2014

Westford Preschool Registration Request

Date: _____ Student Name: _____ Date of Birth: _____
Name of Parent/Guardian: _____ Daytime phone: _____
Address: _____

Please check one:
 Please consider my child for a Preschool Slot in Westford School
 Please consider my child for a slot at CPEC
 Please consider my child for a slot at Heartworks
 I am interested in either CPEC, Heartworks or the Westford Preschool

SPORTS

Camels Hump Nordic Skiers Association announces superb trail conditions, new dog-friendly trail, and backcountry ski opportunity

Camels Hump Nordic Skiers Association (CHNSA, a 501(c)3 non-profit) is pleased to announce that conditions across the 35-plus kilometers of their Nordic trails in Huntington are now absolutely wonderful. The recent snowfall has made the groomed trails fast and exciting for skaters and classic skiers alike, while the ungroomed trails offer unparalleled views, quiet woods, and fun deep snow. The newly rerouted Cobble Hill trail has exceptional views, now easily attained from the groomed north side, and still offering a terrific backcountry challenge on the south side of the hill.

CHNSA is now experimentally designated a dog-friendly ski loop, so you can exercise your four footed friends before returning them to your car while you explore the rest of the trails! The dog-friendly loop starts at the warming hut at the Bert White Road parking area, onto the Sugarbush trail, to Marijka's Mainline, down Jackrabbit, across the Meadow, and back to parking lot via Skunk Brook. Dogs are asked for a \$0.50 per paw (\$2.) donation each, and beseeched to stay on these designated trails only - thanks!

CHNSA will also be the start and finish of the annual Camels Hump Challenge, a backcountry ski fundraiser for the Vermont Alzheimers Association. This is a serious backcountry ski around the entire massif of Camels Hump, about 25 kilometers, and includes some technically difficulty areas as well. But, it is a great cause and a great event. This year is February 23. For more information consult http://act.alz.org/site/TR?fr_id=4783&pg=entry

For more information, maps, conditions, and directions see www.camelshumpskiers.org

Green Mountain Club Outings - March 2014

3/1 (Sat) **YOUNG ADVENTURERS' CLUB OUTING - Red Rocks Park** - Late winter/early spring scavenger hunt at Red Rocks Park. What does your little eye spy? Easy, 1-2 flat miles. Contact leader by 2/27/14. Kelley Christie, kelleymchristie@gmail.com or 999-7839.

3/1 (Sat) **LaPlatte River Marsh Natural Area Snowshoe** the LaPlatte River Marsh Natural area, the Shelburne Bay Clarke Trail and perhaps some of the Ti-Haul trail, all in Shelburne. Easy hike, leisurely pace. Total distance to be determined by the group depending on the trails we take - between four and six miles, mostly flat. This is a chance to get familiar with the walks around Shelburne Bay. Meet at the public boat launch, Shelburne Bay, on Bay Road at 9:00 AM. On Google Maps, search for *1135 Bay Road, Shelburne, Vermont 05482*. The boat launch is 1/2 mile east of the entrance to Shelburne farms (at Harbor Road and Bay Road.) Contact Ted Albers ted@ted-albers.net

3/2 (Sun) **Taylor Lodge** From the Stevensville trailhead, we'll follow Nebraska Notch Trail and the Long Trail to reach Taylor Lodge, and then return. Easy terrain, moderate to strong pace, 4.4 miles, 600' elevation gain. Group limit 10. Contact leader by 2/28. David Hathaway, 899-9982 or david.hathaway.78@gmail.com

3/8 (Sat) **Camels Hump State Park Bushwack #3** My favorite area for wandering the woods! Mature maple forest with stands of large white pines, crags, huge boulders and rock formations. Awesome views of the Winooski Valley and Camels Hump. We'll take a different route than the past two months, and hopefully we'll encounter more snow and ice formations. Moderate to difficult terrain, moderate pace, 6 miles, 1500' elevation gain. E-mail

leader in advance. Darryl Smith, dsmith.vt.us@gmail.com
3/15 (Sat) **Butler Lodge to Nebraska Notch** Starting from Stevensville, we'll hike or snowshoe the Nebraska Notch Trail to the Long Trail, then follow it to Butler Lodge and return along the Butler Lodge trail. Moderate hike, moderate to strong pace, 6.2 miles, 1700' elevation gain. Group limit 10. Contact leader by 3/13. David Hathaway, 899-9982 or david.hathaway.78@gmail.com

3/16 (Sun) **Mt. Hunger and the Reservoir** Snowshoe up the smooth white carpeted Rocky Trail like it was just an easy stroll. Return via a visit to the Reservoir. Moderate hike, moderate pace, 4.4 miles, 2500' elevation gain. Group limit 10. Contact leader for details. Phil Hazen, 355-7181 or philhazen@comcast.net

3/22 (Sat) **Mt. Abraham via Battell Trail** Depending on the weather conditions, we'll hike or snowshoe to the top of Mt. Abraham. The views from the top in winter can be really lovely. If it's icy, crampons or microspikes and poles will be necessary. Difficult hike, moderate pace, approx. 6 miles, 2500' elevation gain. Group limit 12. Contact leader by 3/20. Sheri Larsen, 878-6828 or larsen007@aol.com

3/23 (Sun) **Winter Birding in the Champlain Valley** We'll look for diving ducks on the lake and eagles in the air. Easy, 1-3 miles. Group limit 8. Maeve Kim, 899-4327 or maevulus@surfglobal.net

3/29 (Sat) **Snake Mountain** This small mountain in Addison gives an excellent view of the Champlain Valley and the new bridge to New York State. It has an interesting history and we can see the remains of an old hotel and "dance pavillion". We go up by a trail and back down by an old carriage road. Easy to moderate, slow pace, 1.8 miles, ascent 900'. Dot Myer, dotmyer@myfairpoint.net

Owl Hoot evening hike

The Lake Champlain Land Trust is hosting a family-friendly, naturalist-led owl hoot hike at Niquette Bay State Park in Colchester, VT on Friday, February 28, 2014 from 5:30 pm - 7:00 pm. Come explore the forest at dusk and listen for owl calls. All ages are welcome. For more information, please visit our website, www.lclt.org. This event is free but space is limited and registration is required. To RSVP, please email events@lclt.org or call 802-862-4150 x 3.

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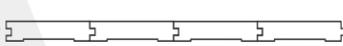
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Youthful Penguin Plungers



On Saturday, February 8, over 50 BRMS students plunged into the frigid water of Lake Champlain in support of the Vermont Special Olympics. This year the students were able to raise over \$10,000 for this event and over the past ten years the students and staff of our school have raised nearly \$115,000! Congratulations to all of the participants. Special thanks to Jay Meadows and Jeff Warren for all of their efforts in organizing this event.

Getting you where you need to go!

FOR IMMEDIATE RELEASE

Contact: Meredith Birkett
Director of Service Development
(802) 864-CCTA or mbirkett@cctaride.org

STRONG START FOR JEFFERSONVILLE COMMUTER

Burlington, VT (February 12, 2014) - The Chittenden County Transportation Authority (CCTA) is pleased to report the strong performance of the Jeffersonville Commuter in its first four months of service.

The weekday commuter route began operating on Monday, October 14, 2013 and has attracted consistent ridership from along the entire route between Jeffersonville and Burlington. The route offers two morning round trips, arriving in downtown Burlington at 7:45 and 8:15 AM, and two evening trips, departing downtown Burlington at 4:30 and 5:10 PM. Stops include Jeffersonville, Cambridge Village, Underhill, Jericho, and Essex Town, Winooski and Burlington and early ridership is distributed as follows:

Morning Boarding Location	% of Total
Jeffersonville	20%
Cambridge Village	20%
Underhill Flats	36%
Jericho Village	12%
Essex Center	12%
Susie Wilson Road	1%

Afternoon Boarding Location	% of Total
Burlington - South End	10%
Burlington - Cherry Street	27%
Fletcher Allen/UVM	44%
Winooski	6%
Fanny Allen/St. Michael's	4%
Susie Wilson Road	5%
Essex Center	2%
Cambridge Village	1%

Average daily ridership for the October 14, 2013 through January 31, 2014 period was 56 passengers/day.

Other updates since the route was implemented include the establishment of a CCTA commuter park & ride at North Woods Joinery in Jeffersonville and a slight schedule adjustment that went into effect in early December based on operational experience.

The full Route #36 Jeffersonville Commuter schedule can be found at <http://cctaride.org/bus-routes-schedules/>. Please contact CCTA at 864-2282 or at info@cctaride.org with any questions about how to ride the Jeffersonville Commuter or our other transit services.


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