

MOUNTAIN GAZETTE

Send your news, births, engagements, weddings, obits, events to mtgazette@earthlink.net or call Brenda at 802-453-6354

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Huntington news

Texas Hill Road closed with detour – Message from Huntington Road Foreman Yogi Alger: If you have been to Texas Hill lately, you have no doubt noticed the large culverts just west of the turn onto Texas Hill Circle. The project will begin this week. On October 3 at 8:00 AM, Texas Hill Road will be closed from the east side of Texas Hill Circle to 414 Texas Hill Road for culvert replacement. Vehicles can still access Huntington or Hinesburg via the detour via Texas Hill Circle. The Road is scheduled to remain closed through 4:00 PM on Thursday, October 4.

Elections are November 6 – The polls will be open in Huntington, 6:30 AM – 7:00 PM, on Tuesday, November 6 for the General Election. Voting is at Brewster-Pierce School in Huntington. Ballots are in. If you need to vote absentee, please call the office (434-2032). Stop in during open hours or email huntingtonclerk@gmavt.net for a ballot.

PLEASE NOTE: THE TOWN CLERK'S OFFICE WILL BE CLOSING ON MONDAY, NOVEMBER 5 AT NOON to set up for the election.

Free Bone Builders Classes started October 1 – Free Bone Builders classes sponsored by United Way's RSVP will be held every Monday and Wednesday, 10:00 – 11:00 AM, at the Huntington Community Church Annex in Huntington Center. The RSVP Bone Builders Program focuses on balance and light weight training to protect against fractures caused by osteoporosis. Based on studies conducted by Tufts University and published in the New England Journal of Medicine, those who participated in the program just twice a week gained muscle strength, balance, and increased bone density. Bone Builders keeps you fit and reduces your risk of falling while also helping maintain your independence! Both men and women are encouraged to join. It's free. No need to sign up in advance – just come to class. Regardless of your age or fitness level, you will likely be a perfect candidate for this gentle but empowering program. Please spread the word to people who could benefit from this program.

Arts and Crafts Fest – The second annual Arts and Crafts Fest will be held at the Huntington Town Hall on Saturday, October 13. Cook out, local pastries and cookies, music, many arts and crafts, silent auction. Come be part of a stimulating day! Watch for more details.

Harvest Supper October 20 – Mark your calendar – serving begins at 5:30 PM until all are served. The meal is a reasonable \$10 for adults; under 12 years, \$5. Family rate, \$25: two adults, two children. This is a fundraiser, held at Brewster-Pierce School, for the local volunteer fire department. For 50 years, the Harvest Supper has been a great time to get together before the rush of late October into the holidays – Halloween, elections, hunting, Hunters' Breakfast, Thanksgiving, and other fun and important activities and then we are into the next year. Last year, alas, no one organized this fun and important event that benefits the Huntington Volunteer Fire Department, so some of us are moving forward to bring it back. Much will be the same – a potluck event that has the best selection of food to fit each person's individual preferences, from mac and cheese, to chicken and biscuits, baked beans, fresh dinner rolls, a large selection of salads, and, my childhood favorite jello with fruit, and so much more. Some will be different – can't say what that will be, but it will be because change is inevitable. But you can count on enjoying a great meal served by a variety of neighbors. No one ever leaves hungry. Want to help out? You can make a hot dish or salad. Come work in the kitchen – make dinner rolls, serve, wash dishes, clean up. Contact: heidiracht@gmavt.net.

Irish Tea and Harp Music at the Library on October 28 – A late Sunday afternoon Irish Tea to benefit HELD, a nonprofit endowment raising funds to benefit the Huntington Public Library. In addition to the selection of teas, other beverages, and sandwiches and baked goods, the event will feature Irish harp musicians. Watch for more details.

Green Mountain Passports – If you are 62 years or older and a Vermont resident, you can purchase a Green Mountain Passport, a lifelong card that has benefits such as free admission to Vermont State Parks. The cost is \$2. This card is now available to military veterans. Paperwork needs to be completed and on file in the Town Clerk's Office in your town of residence. This is a one-time expense. If your card wears out, we will replace it at no cost. This is a great deal.

Hunting and Fishing Licenses can be purchased at the Huntington Town Clerk's Office.

9-1-1 Signs – The green reflective signs with your 9-1-1 address are available at the Huntington Town Clerk's Office. The cost is \$10 and they are made to order. The proceeds from the sale of these signs go directly to Huntington First Response/Fire Department.

Library Homecards are available at the Huntington Public Library. The Homecard is a library card that allows the holder to borrow books from many area libraries (all libraries in Chittenden County, except for Fletcher Free in Burlington) as well as the hometown library. Stop by the Huntington Public Library, located in the Union Meeting House in the Lower Village, to get your Home Card.

4-H equestrians rack up wins at regional horse show

Vermont 4-H horse delegates had a strong showing at the regional horse show at Eastern States Exposition, September 19-22, in West Springfield, MA.

Representing the state were ten 4-H'ers and four 4-H teen leaders, who assisted at the horse show but also had an opportunity to compete in their own division against teen leaders from the five other New England states. All delegates competed in a general knowledge contest, fitting and showing, judging, and equitation classes in their respective divisions.

Vermont placed second in judging, with rankings determined by combining the best four individual scores from delegate and teen leader horse judging for a state score. Highest overall individual scorers were Grace Parks, Essex (first); Allison Tourville, Georgia (third); Chloe Barewicz, Jericho (sixth); and Lauren Hodsdon, Bridport (eighth). Hannah Lang, Essex, also placed in the top ten, coming in ninth.

In the general knowledge contest for delegates, Emma Cushman, Barre, took third, Hannah Lang, seventh, and Faith Ploof, Westford, ninth. Vermont's teen leaders swept the top three places in their division with Chloe Barewicz, first; Grace Parks, second; and Allison Tourville, third. Samantha Blackmore, Charlotte, was sixth.

Vermont 4-H'ers captured three division championships. Cassidy Wyman, Cambridgeport, won the Open English Championship; Lauren Hodsdon, the Western Championship; and Hannah Lang, the In-Hand Championship. Cassidy also was named the Showmanship Champion.

In the fitting and showing competition for teen leaders, Chloe Barewicz, was first, Grace Parks, third, and Allison Tourville, sixth. In the delegates' Open English division, Cassidy Wyman came in first, Betsy Coburn, Castleton, fourth, and Addie Boutin, Essex Junction, eighth.

Other fitting and showing placements include Hunt Seat: Faith Ploof, second, and Ella Haire, Hinesburg, tenth; Western: Lauren Hodsdon, fifth, Emma Cushman, sixth, and Kylee Taylor, Athens, tenth; small equine: Hannah Lang, first. Lilia Kocsis, Vernon, also competed in fitting and showing in the Western Division but did not place in the top 10.

Individuals earning a first-place ribbon in the various performance



Several Chittenden County 4-H'ers were among the 14 Vermont 4-H equestrians who represented the state in 4-H horse events at Eastern States Exposition in West Springfield, MA September 19-22. They were (left to right): Ella Haire, Hinesburg; Chloe Barewicz, Jericho; Samantha Blackmore, Charlotte; Allison Tourville, Georgia; Grace Parks, Essex; Faith Ploof, Westford; Addie Boutin, Essex Junction; and Hannah Lang, Essex. PHOTO BY LISA MUZZEY, UVM EXTENSION 4-H

classes were Emma Cushman (western command), Lauren Hodsdon (western trail, western equitation), Hannah Lang (in-hand obstacles, in-hand suitability, in-hand command), and Faith Ploof (hunter over fences).

Several Vermont exhibitors also participated in the Team Challenge, in which four-member teams earned points for placements in various events. Only one or two 4-H'ers from any given state were permitted on each team. Vermonters on the top three teams were Chloe Barewicz (first-place team), Emma Cushman (second-place team) and Grace Parks (third-place team).

In addition, a Sportsmanship Award was awarded to one delegate from each state. Lilia Kocsis was the recipient for Vermont.

Accompanying the 4-H delegation were Mary Fay, Westford; Courtney Boutin, Essex; Jolene Fontaine, Jericho (barn manager); Heather Hodsdon, Bridport; Lisa Muzzey, University of Vermont Extension 4-H educator; and Lisa Russin, Underhill. This was Fay's 50th year at the New England 4-H Horse Show at Eastern States Exposition.

For more information about the Vermont 4-H Horse Program, contact Wendy Sorrell, wendy.sorrell@uvm.edu.

United Way of Northwest Vermont – Volunteer Connection Listings

By Sue Alenick, United Way Volunteer Columnist

LEND A HAND. VOLUNTEER! United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to www.unitedwaynwvt.galaxydigital.com or contact us, volctr@unitedwaynwvt.org or 860-1677.

PHON-A-THON – Burlington Dismas House needs volunteers to help raise funds by preparing donor letters during their annual Phone-A-Thon on Monday-Wednesday, November 12-14, 5:30 - 8:30 PM at St. Michael's College, Colchester. Dinner provided. Contact Zoe Bishop, 658-0381 or zoe@dismasofvt.org.

VERMONT INTERNATIONAL FESTIVAL, a three-day celebration of the many cultures that comprise our community is seeking volunteers, Friday, November 30-Sunday, December 2, to help set up at the Expo Center, sell entrance tickets, staff craft booths, and various other tasks. Flexible scheduling between 9:00 AM – 6:00 PM. Contact April Werner, 863-6713 or lapril@vpal.us.org.

CORN HOLE TOURNAMENT, Milton Family Community Center needs volunteers on Saturday, October 6 for their Open House and first-time ever Corn Hole Tournament. Help is needed for tournament registration, score-keeping, and rule reinforcement. Volunteers are also needed at the food table. Contact Vikki Patterson, 893-1457 or vpatterson@miltonfamilycenter.org.

TECH BUDDIES – City of Winooski is looking for volunteer Tech Buddies to help seniors navigate technology through hands-on teaching and assistance. A wonderful opportunity for youth, age 16 and over, and adults to share their technology proficiency! Contact Olivia Miller, 655-6410, Ext. 12, or volunteer@winooski.org.

FAMILY PLAY – The Janet S. Munt Family Room invites volunteers to participate in the popular, diverse and wonderfully energetic drop-in Family Play program. Volunteers can introduce arts & crafts, engage in tutoring ESL students, help prepare meals, and more. Tuesdays and/or Thursdays, from 9:00 AM. Orientation provided. Contact Emily Merrill, 862-2121 or emily@thefamilyroomvt.org.



Underhill I.D. School gardeners

Last spring Underhill I.D. School students worked with community members Susan Adams and Trish Kargman to plant the garden at Deborah Rawson Memorial Library. The children were so excited to grow vegetables to be given to local food shelves and help those in need. The UID staff and students also planted their own small garden last spring. The students enjoyed harvesting and tasting their veggies this fall. They even participated in a zucchini relay for a fun harvest activity!

PHOTO CONTRIBUTED

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COMING EVENTS

Wednesday, October 3

71st Richmond Congregational Chicken Pie Supper, seatings at 5:00, 6:00, and 7:00 PM, Richmond Congregational Church, Richmond. This traditional supper has been held to celebrate the fall harvest and season. The fare features chicken pie, mashed potatoes, winter squash, cole slaw, and is topped off with apple or pumpkin pie. 145 guests are seated at each seating. Take-outs available for pick up at 4:30, 5:30, and 6:30 PM. Prices: \$12 for adults, \$6 for age 12 and under, and preschoolers eat for free. To streamline ticketing, reservations and payment will be required in advance. Access to the online reservation system is available via the church website at www.rccucc.org. Reservations can also be made by calling the church office: 802-434-2053. Questions can be answered by email: church@rccucc.org or by calling the church office.

Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111.

Factory Girls: How Women First Came to the Workplace, 7:00 PM, Brownell Library Main Reading Room, 6 Lincoln St., Essex Junction. In association with Vermont Reads - Bread and Roses, Too, St. Michael's College Professor of History Susan Ouellette will lead a discussion of the experiences of young women who helped to create the new industrial workplace at the turn of the 19th century. Ouellette specializes in the history of early America, from first settlement up to the American Revolution period; Native Americans; immigration history, especially the experience of Francophones in the Northeast; textiles history; women's history; diaries and memoirs.

Thursday, October 4

Free First Thursday Soup and Bread Supper, 4:30 – 6:30 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex. Stop in for an easy and delicious meal. Choose from a variety of hearty soups and breads, and a sweet dessert. Stay and eat with family and friends or pick up to take home. Donations are not expected, but are welcome. Located off VT Rt. 15, across from John Leo's. For more information, call Pastor Jeannette at 879-4313.

Book launch: Life on a Cliff, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Stephen Russell Payne to celebrate the launch of his new novel, the highly-anticipated sequel to Payne's award-winning novel *Cliff Walking*. Payne, a fourth generation Vermonter from the Northeast Kingdom, brings an impressive breadth of life experience to his writing, drawing on careers as a former police officer and practicing New England surgeon for over 30 years. He lives on an organic farm with his family and is an active supporter of area land trusts, serving on the board of directors of the Lake Champlain Land Trust. Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Friday-Saturday, October 5-6

Rummage Sale, Friday 3:00 – 7:00 PM, Saturday 9:00 AM – 2:00 PM, Fairfax Community Center (Baptist Building), Main St., Fairfax. United Church of Fairfax missions. For information, 849-6313 or ucffairfaxvt@gmail.com.

Grace United Methodist Women's Rummage Sale, Friday 9:00 AM – 4:00 PM, Saturday 9:00 AM – 1:00 PM, Grace United Methodist Church, 130 Maple St., Essex Junction. Take what you need; pay what you can. For information contact Jane, 878-4078.

Saturday, October 6

Introduction to DNA Testing, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. DNA testing can be a valuable tool for family history when combined with thorough research. Ed McGuire will discuss the types of tests, the companies that offer them, and the range of costs. He'll also cover privacy issues, ethical considerations, and situations where these tests are of no value at all. Using real-life examples and actual results from different companies, this talk will help most decide if a DNA test will advance their research. Ed will show what the results from each test look like and a general explanation of how they are best utilized. Q&A session will follow. There will be a detailed handout with additional resources. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Saturday Story Time, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 448-3350.

Sunday, October 7

St. Mary's Church Annual Ham Dinner, sittings at 12:00 and 1:00 PM, St. Mary's Parish Hall, Cambridge. Adults \$12;

children 6-12 \$5; children 5 and younger free. Takeout is available. Information: 644-5073.

Tuesday, October 9

Nestlings Find Nature: Resourceful Birds, 10:30 – 11:30 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Kids discover birds through stories and investigative play. Outside, we observe birds in flight or preening, calling and singing, building and foraging. We mimic their adaptations using nature's tools, and explore the ways birds use air, soil, rocks, and water to engineer solutions to the challenges of being a bird. We will create sounds, mold and build with mud, grind seeds, and paddle in puddles. Indoors, we'll examine art from the 2018 Common Grounds art show. For Pre-K to first graders; great for homeschoolers; parents and siblings welcome. Included with Museum admission. Pre-registration optional – Museum@birdsofvermont.org or 802-434-2167.

Book talk: The Next Republic, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join D. D. Guttenplan for a talk on his new book, both an assessment of our current political leadership and a vision of those who can bring substantive change. Who are the new progressive leaders emerging to lead the post-Trump return to democracy in America? National political correspondent and award-winning author D.D. Guttenplan's *The Next Republic* profiles successful activists who are changing the course of American history right now, including the young architects of Bernie Sanders' amazing rise, digirati Corbin Trent and Zack Exley, founders of Brand New Congress. Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Wednesday, October 10

Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111. Saturday, October 13

Thursday, October 11

Book talk: Bury the Lead, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Archer Mayor for a talk on his latest Joe Gunther mystery. Gunther and the VBI team are investigating a murder and an arson case, both potentially related to an outbreak of ebola. Archer Mayor, in addition to writing the *New York Times* bestselling *Joe Gunther* series, is an investigator for the sheriff's department, the state medical examiner, and has 25 years of experience as a firefighter/EMT. He lives near Brattleboro. Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Saturday, October 13

118th Chicken Pie Supper, seatings at 4:30, 5:30, 6:30, and 7:30 PM, Jericho Congregational Church, Jericho Center. Adults, \$10; children, 3-12 \$5; children 3 and under, free. Tickets cold at Jericho Center Country Store from 8:00 – 11:00 AM, 2:00 – 5:00 PM, and 7:00 – 8:00 PM. For information call Martha Frost, 802-598-8377

Green Mountain Woodcarvers October Carve-In, 9:30 AM – 2:00 PM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. The Museum will host GMWC, a group of carvers from Vermont with members from around New England who meet monthly for "carve-ins" around the state, and host an annual show and class in Morrisville (in August). At the Carve-In, members will be working on a variety of carving projects. Carvers are always happy to explain how they carve and to share their expertise with others. Ask questions and become a GMWC member! For more information, <http://greenmountainwoodcarvers.org/carvein.html>. Museum information at Museum@birdsofvermont.org or 802-434-2167.

Genealogy: How to Earn One of Our Historic Pins, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. If you think you might have an ancestor who fought in the Civil War, or are of French-Canadian descent, it is not very difficult to earn these pins. Four different pins have been created by our Society. One pin is awarded for proving your ancestor knew Samuel de Champlain. The second pin is awarded for finding a marriage between a *Filles du Roi* (daughter of the King) and a *Soldats du Carnignan* (soldier) in your ancestry. The third pin is for finding an Acadian ancestor, and the last pin is the Civil War pin. Sheila Morris will take you through the process involved for each. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Saturday Story Time, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Enjoy timeless tales and new adventures

with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 448-3350.

Sunday, October 14

Harvest Ham Dinner, sittings at 4:00 and 5:15 PM, St. Thomas Church, Underhill Center. Enjoy our lovely foliage season with a ride in the countryside, then celebrate the harvest at this annual dinner. Menu: ham, baked potatoes, squash, carrots, coleslaw, rolls, homemade desserts. Takeout meals available. Tickets: \$12 adults, \$6 children 6-12, children 5 and under free. Purchasing tickets early reserves your place at the seating of your choice; available at the door, at Wells Corner Market, or by calling the church office, 899-4632. (Hall is not handicapped accessible.)

Sunday Brunch, 9:00 – 10:30 AM, VFW Post 9653, Pleasant St., Morrisville. Menu: scrambled eggs, bacon, sausage, strata, fruit salad, pancakes, sausage gravy with biscuits, juice, coffee, baked beans, and more. Benefits the Lamoille County VFW Auxiliary Post 9653.

The Big Sit! Dawn to dusk, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Come participate in the International Big Sit – the world's most sedentary birding event. How many birds can we perceive from a 17-foot diameter circle? Can we beat last year's record? Join Team Loonatics to find out. Free! (Pledges and donations welcome.) Snacks, coffee provided. Please bring your own binoculars. Please call if you plan to bird so we can get you in touch with the Team Captain. Information at Museum@birdsofvermont.org or 802-434-2167.

Wednesday, October 17

Wednesday Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111. Friday, October 19

Book talk: Wicked Vermont, 7:00 PM, Phoenix Books Essex, 2 Carmichael St., Essex. Get ready for Halloween with Thea Lewis at a talk on her new book. Take a revealing ride through the unique and colorful history of our state. Lewis is a Vermont native with a writing career that has spanned more than three decades. Her titles include *Haunted Burlington*, *Spirits of Vermont's Queen City*, *Ghosts and Legends of Lake Champlain*, and *Haunted Inns and Ghostly Getaways of Vermont*. Thea is also the creator of Queen City Ghostwalk, the Burlington walking tour chosen "Best Scary Stroll" by Yankee Magazine. Free and open to all. Information: www.phoenixbooks.biz or 872-7111.

Basket Weaving Class, 1:00 – 4:00 PM, The Pines Senior Center, 7 Aspen Dr., S. Burlington. Learn the basic steps to creating a melon shape basket from Pamela Laurence. Please wear comfortable clothes you will not mind getting wet, and bring a pair of small garden clippers. Sponsored by the Burlington Garden Club. Cost \$45 includes supplies; RSVP and send check by Thursday, September 20 to Gail Lang, 1675 Dorset St., S. Burlington, VT 05403. Information: 802-863-6924 or Langs25wg@yahoo.com.

Thursday, October 18

Book talk: Berlin, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Jason Lutes for a talk on his new book. Twenty years in the making, this sweeping masterpiece charts Berlin through the rise of Nazism. Devastatingly relevant and beautifully told, Berlin is one of the great epics of the comics medium. Lutes lives in Vermont with his partner and two children, where he teaches comics at the Center for Cartoon Studies. Proceeds from ticket sales go to the VT Foodbank. Tickets, \$3, include a coupon for \$5 off a copy of the featured book. Coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Saturday, October 20

Saturday Story Time, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Enjoy timeless tales and new adventures with your little ones. Each week, we'll choose a new picture book, a classic or a staff favorite to read aloud together. Free and open to all ages. Information: www.phoenixbooks.biz or 448-3350.

One Little Monster Story Time, 11:00 AM, Phoenix Books Essex, 2 Carmichael St., Essex. Join us for a story time and for a "make your own mini coloring book" activity with author-illustrator Mark Gonyea! In graphic artist and designer Mark Gonyea's clever counting book, a little boy snuggles in for a nap, but much to his surprise, silly little monsters pop up wherever he looks. First there's one at the window, then two appear when he blinks, and three pop out when one of the monsters sneezes. Before he knows it, there are ten kooky creatures in his room. But will the little boy find a way to outsmart those pesky pests? Free and open to all ages. Information: www.phoenixbooks.biz or 872-7111.

Sunday, October 21

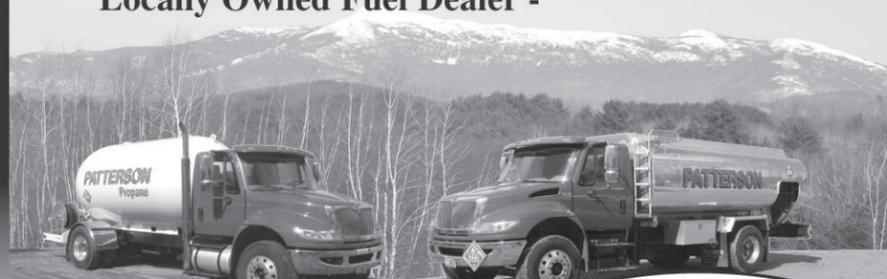
Wildlife Tracking, 1:00 – 3:00 PM, Birds of Vermont Museum,

900 Sherman Hollow Rd., Huntington. Expert tracker and longtime UVM instructor Mike Kessler will guide us in the ancient art of tracking, learning as much about ourselves as the animals and landscape around us. Explore the Museum's diverse landscape while learning to discover and become a part of the stories of the wildlife that live and play around us. Ages 6+; family friendly. Bring bug spray/tick repellent. Included with Museum admission. Pre-registration optional – Museum@birdsofvermont.org or 802-434-2167.

Texas Hold'Em Tournament, doors open 9:00 AM, games start 10:00 AM, Fletcher Historical Society, 122 Cambridge Rd., Fletcher Center. For more information contact Orin, 802-233-1736.

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COMMUNITY COLUMNS

Bullying – good and bad, part 2

By Doug Boardman
Special to the Mountain Gazette

I went to a one-room schoolhouse in Montpelier Center for elementary school, grade 1 through grade 8. We had no kindergarten. After grade school, I attended Montpelier High School. Coming from a small one-room school on the hill, it was very difficult to adjust to and especially being an incoming freshman meant you were on the bottom of the chain. I was expecting a hard time from some of the other students that had been together in elementary school but I didn't expect to be bullied on my first day. My father had to drop me off early on his way to work, so I was at the high school by 7:30 AM. I walked into school with a light jacket on and went to the coat room to hang up it up. I hung it on a coat hanger toward the back of the room. There were a lot of hooks and no labels on them and no jackets on them. I had barely hung my jacket and this senior came in and told me that I hung my jacket on the wrong hook, so I said, sorry, where should I hang it since I was a freshman? He said you do not have a hook and I said that there was a lot of empty ones and that I would hang it on another hook, so I hung it on another hook thinking he just wanted to hassle me a little bit and was joking. He came over and threw my coat on the floor.

That did it for me because in grade school I had been bullied and had to take a stand. I always tried to get along with everybody but don't push me around. I told him to pick up my coat and hang it up and of course he refused and cussed me out. I promptly picked him up by the collar and tried to hang him on a hook, and of course he fell on the floor and sat there. He then hung my coat on a hook and treated me with respect after that.

The fourth time I was bullied was in my junior year when the yearbooks came out. Larry was in the yearbook as being the most muscular boy and toughest in the school. Before that he was a soft spoken farm boy like me but the yearbook picture went to his head and he started pushing people around and when we were walking down the hall, he deliberately shoved me into the wall. I always treated other people with respect and never was a bully and that might make me look like I could be a pushover and wouldn't push back. Looks are deceiving. After he bounced me off the wall, I grabbed him by the throat and told him never to touch me again and I could care less about his picture in the yearbook and the label under his name. As I was explaining the facts of life to him, the Phys. Ed. teacher came up the hall and asked us what was going on. I explained that Larry thought he could push everybody around because his picture said he was the toughest guy in the school. The teacher said, "Why don't we go down to the gym and put on the gloves and settle things?" So I immediately said great, let's do it. Larry didn't say anything but he was put on the spot and was rethinking the whole situation.

We put the gloves on and the so-called battle lasted about six seconds; I jabbed him a couple times and then hit him with a right and he went down and curled into a ball and put his hands over his face. The coach said that I had a killer instinct, and I said I try to reason with everyone because I don't want to have my nose displaced either – but don't back me into a corner and threaten me because I will defend myself, my family, my friends, and my country.

I enlisted in the Navy after high school and of course I was bullied from the first day at boot camp. This is part of the grand plan in that the "powers that be" are trying to break you down like a wild horse so that you will obey orders even though they are the most stupid directions you have ever heard. Some of their favorite tactics are kicking your butt when you are standing at attention, which leaves you falling on your face; running around the parade ground with your rifle in both hands straight up in the air; standing at attention at three in the morning in the rain; guarding the garbage dumpsters; cleaning the latrine (or "head" as they call it in the Navy) with toothbrushes; and the list goes on. A lot of guys had to go through boot again because they couldn't take it, and some got drummed out. I got through boot fine because I got kicked in the butt a lot as a kid, and after boot camp I got to go to a school, which led to a choice of where I wanted to serve my duty.

After the Navy, I went to college on the G.I. Bill and back in the 1950s the G.I. Bill didn't amount to that much. I went to college five days a week from 9:00 AM – 3:00 PM. I went to work from 4:00 – 9:30 PM weeknights and all day Saturday, so I worked roughly 38 hours a week. The first year of college, I worked for Grand Union in Albany, NY. Grand Union hired part time help out of high school and they had one kid that was 19 years old who was a big bully, and by that I mean he was big and was a bully. He was over 6' tall and large, but mostly fat. We were all assigned smocks with our name on them. This kid worked in the meat department and I was a cashier, so his smock was always bloody and dirty and mine was always clean. I came to work after he did one time and went into the employee bathroom where we hung our smocks. I noticed my smock was gone and his bloody smock was hanging on my hook. I walked out the door with his smock in my hand and he was just coming in to the bathroom, so I told him to take off my smock immediately, and he said no and he was taking mine because his was dirty. I tried to explain to him that it was probably a good idea if he took it off and put his on. He made the mistake of telling me he wasn't giving me back my smock and asked what I going to do about it. I immediately took hold of him and stuffed him into the big garbage pail headfirst. He shouted, "okay, okay, I will take it off!" and we got along really well after that. There is always somebody out there to test you, so don't be a smart ass but stand up for your rights. Respect others and earn their respect.

I think the moral of the story is try to work things out before it gets ugly because even when you win, you are apt to get bloodied. My advice is don't fight unless you have to and if you hit somebody hard and he is still standing, run like hell the other way.

You know you are grown up when...

By Sue Kusserow
Special to the Mountain Gazette

Over the years, I have collected snippets of ideas, sayings, and the terse moral endings of fables over the years. And it seemed like a good idea to try and put them together under the above-general heading. Some have a paragraph of explanation or undirected wanderings of the pen. Others were briefer, with only a sentence or two. Then there were the 'spot on' ones where one sentence could do it... a moral fable that you could tuck in your mind, and reach for when your level of experience and maturity was able to use it.*

I have listed below some of the latter, but I didn't realize how difficult this could be. The well-worn phrases we use in an ordinary casual speech of conclusion, have been honed to fall into place when the situation demands a brief and simple summation of an important learning experience, a time of growth, a plateau where you can rest for awhile before your next climb towards maturity.**

So, I took my small ragged bits of paper and tried to reconstruct each sentence carefully, so as not to have to elaborate on what I had supposedly just said! The only few that could hold their own meaning in a single sentence, were:

You will know you are grown up when:

... your sense of humor is the most precious resource you have.

... you know that change cannot go backwards in time; what has happened is completed; change is a forward motion. (It is not necessary, thank you, to point out that the sneaky use of a semi-colon does not excuse the distillation of three sentences.)

... what you have is amazing: praise it, honor it, use it, share it. (Yes, I do not need to be reminded that a colon has somewhat the same halting quality as a semi-colon.)

... you can work out a compromise and feel you have gained a friend.

... you can talk to yourself and have a decent conversation.

... you know that tragedy is both individual and universal.

I also have some that are explained with an additional sentence. Therefore, they will not become instant slogans:

... you recognize that the place of your birth is both an accident

Managing invasive exotic plants

Once the leaves have fallen, you might notice a "green haze" in the understory of our forests. This time of year is a great chance to notice where invasive exotic plants, which often hold onto their leaves longer than our native species, are located. In Chittenden County, invasive exotic plants are present on most properties, at levels ranging from a few seedlings scattered throughout a large woodlot, to buckthorn and honeysuckle monocultures dominating dozens of acres.

I cannot overemphasize what a serious threat invasive exotic plants (I'll just call them "invasives") pose to the health of our forests. These species disrupt the natural process of regeneration in the forest by outcompeting our native trees and plants. Many invasives are allelopathic (secreting chemicals into the soil that inhibit the growth of other species), prolific seed producers, and able to sprout prolifically after being cut or pulled, even from a tiny fragment of root or stem.

We will never get rid of invasives. As a result, instead of "eradication" we now talk about "control." We can get to an acceptable level of "control" by decreasing populations of invasives to the extent that you can easily hand-pull new sprouts without needing to take more drastic measures.

We all live busy, full lives, and so it is critical that woodlot owners, in addition to considering what treatment methods are effective, are realistic about how much time and effort they can commit to invasive species removal – this will influence the control strategy you ultimately adopt. On my woodlot, about 30 acres were heavily infested with invasives – mostly barberry, honeysuckle, and multiflora rose. After a lot of pulling and digging, it became clear that I didn't have the time to make a difference using these methods; I needed to be a realist and recognize the need to take a different approach.

With a few small invasive plants or a very small area (like a yard), you may be able to "hand-pull" (pulling the plant and its roots up) or cut them repeatedly. However, these "mechanical" approaches don't work on even moderate-sized infestations; because of invasives' ability to sprout, you may need to cut or hand-pull several times a year for several years before you achieve any measure of control (especially with cutting). If you can't commit to this, this is not the option for you.

Herbicide shouldn't be our first resort, but it is by far the fastest, cheapest, and most effective method of controlling invasive plants. If you have an infestation of small plants with some that are too big to pull out, I recommend a hybrid approach, hand-pulling what you can and stump-treating plants that are too big to pull. "Cut-stump" application of herbicide is targeted, effective, and virtually eliminates any impact to non-target plants. Tractor Supply offers products with the active ingredient glyphosate (41%) for \$25-50/gallon. On my land, I cut invasives with a folding hand-saw and use an applicator called a "Buckthorn Blaster" (\$5) to apply herbicide neatly and efficiently to the surface of a stump. This method will save you years of repeated cutting.

Large, heavily infested areas cannot realistically be controlled by mechanical means, or even by the "hybrid" approach. In these cases, herbicide application using cut-stump application and foliar spraying (spraying the leaves of the plant) may be warranted. If this is the case on your land, you can either hire an invasive species control company, or, if you have the time and the desire, you can do it yourself. On my land, I use a hand-pumped backpack sprayer (\$50-80) for foliar applications. To do this, you must first learn how to safely apply herbicide – landowners can legally apply some herbicides on their own land, but I'd recommend signing up for the Agency of Agriculture Food and Market's day-long Certified Pesticide Applicator course. It's also critical that you are confident identifying invasive plants – VTInvasives.org can get you started on that.

No matter how we do it, the most important thing is that we control these invasive exotic plants, allowing our forested ecosystems to grow healthy trees, plants and wildlife. Understanding the steps necessary to realistically deal with the infestation you have, and the tools at your disposal, is the key to getting to an acceptable level of "control."

For more information on invasive species and their control, visit VTInvasives.org.

Ethan Tapper is the Chittenden County Forester. He can be reached at ethan.tapper@vermont.gov, 802-585-9099, or at his office at 111 West St., Essex Junction.

and a miracle. It is not in a tin-wrapped shed in Mumbai or in a refugee camp in Uganda.

... you realize that recognizing a problem is a form of solution. Now, you can move forward since each assumption can be examined.

... you become reacquainted with the woods and less with the road. The smaller, quieter parts of your world reassert themselves; the daily errands, the repetition of roads and destinations takes a less-dutiful place among the trips of the day. You might even take a detour!

I will stop at this point, before I get into a soliloquy or a 'life lesson' or a recitation of how I learned the above clichés. In the interests of good journalism, maturity is also knowing when to quit.***

*Please note that there are no specific time lines for achieving maturity. Previously useful caveats may disappear as we go past markers of time; others hang in there. So, saying that number 3 will be achieved by 55, is like giving school kids standardized "one-fits-all" tests.

**Ditto

***Also ditto

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Area Worship Services**COVENANT COMMUNITY CHURCH**

"Come As You Are"

1 Whitcomb Meadows Lane, Essex, VT 05452

(across from John Leos on Route 15)

Pastor: Rev. Jeannette Conner

email: cccpastorjeannette@gmail.com

Phone: (802) 879-4313

facebook: <https://www.facebook.com/Covenant-Community-Church-125345080830320>

Adult Bible Class: Sunday 9:00 AM

Worship Service: Sunday 10:00 AM

Fellowship: immediately after service

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Health programs and classes at Northwestern Medical Center

ONGOING

Brain Injury Support Group – third Thursday of each month, 5:30 – 6:30 PM, NMC Conference Center, Grand Isle Room. Meet other people in similar situations, share the hardships and accomplishments, gain valuable emotional support, obtain information, and discuss a variety of brain injury topics. Anyone touched by brain injury (traumatic or acquired) can attend: survivors, caregivers, friends, and family. All are welcome at our support group. Free; no registration required. For information contact Jess Leal, 877-856-1772.

Cancer Exercise Rehab Group – Ongoing every Tuesday and Thursday, 8:00 – 11:00 AM, NMC Rehab gym, Cobblestone Building. Featuring Wendy Lawrence, certified NMC Oncology Rehab Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then \$40. A physical therapy evaluation is required to assure that the client is able to participate. This class pinpoints the common needs of patients, which include decreased range of motion, decreased strength, and cancer-related fatigue.

Prenatal Fitness, every Wednesday, 5:30 – 6:30 PM, NMC Wellness & Fitness Room.

Featuring Stephanie Preedom, AFAA. Pre-registration required; contact Stephanie, 802-288-1141 or stephanie.preedom@gmail.com. Free to Northwestern OB/GYN patients. Northwestern OB/GYN offers these free prenatal exercise sessions to strengthen and prepare you for a successful birthing experience. Join other moms as we lead you through a customized routine designed to make you feel energized and confident. Please consult a physician before beginning this exercise program.

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, Wednesdays, 11:00 AM – 12:00 PM, NMC Cobblestone Building, Suite 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 – 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Pre-registration required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we

share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required).

Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503.

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deana Chase, LICSW, 802-370-5626. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-849-2817.

Alzheimer's Support Group: last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Franklin Room. Pre-registration required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit alz.org/Vermont to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 AM – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Pair complementary therapies with conventional ones

Parents have been complimenting me on my guidance about whether complementary medicine is appropriate for use in children. Let me prescribe some information on this based on a recent clinical report from the American Academy of Pediatrics.

Ten percent of children receive complementary therapies. (Some people would call these "non-conventional therapies.") Complementary therapies do not replace conventional medical treatments. They accompany, or complement, them.

Complementary therapies usually fall into two groups. One is natural products such as vitamins, mineral, herbs and probiotics. The other includes dietary supplements and mind and body practices such as acupuncture, massage, yoga, meditation, and relaxation techniques.

It's important to know that these therapies have been or are being studied. Some have been found to be effective in children. For example, probiotics or dietary supplements that contain microorganisms may shorten cases of infectious diarrhea and relieve abdominal pain. Probiotics have also been found effective in reducing and possibly preventing serious intestinal complications in pre-term babies.

Mind-body therapies like biofeedback have been found to help asthmatics control their

Breastfeeding and Infant Massage Group: second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 – 5:00 PM, Northwestern Medical Center Family Birthing Center. Pre-registration required. Contact Rhonda Desrochers at Franklin County Home Health Agency, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of Health.

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who's Your Person, What's Your Plan? (End of Life Planning): We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as www.startheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a gift.

breathing, and reduce pain from headaches. Research shows that meditation and yoga can help children reduce stress and possibly ease recurrent abdominal pain.

Are there risks to using complementary therapies? These therapies are risky only if used in the absence of conventional therapy. For example, a mind-body therapy like massage shouldn't replace chemotherapy, surgery, or radiation for cancer treatment. Massage should be in the mix with those conventional cancer treatments.

So what do I recommend? Don't be afraid to talk with your child's health care professional about complementary therapies. We really want to learn about these therapies and understand their scientific merit. We also want to understand their risks. These include potential negative interactions with recommended conventional treatments or medications.

I hope you'll keep in mind tips like these when working with your child's health care professional. That way, you can work together to better understand whether complementary therapies are right for your child.

Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital and chair of the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at UVM

COLLEGE NOTES

Lauren Audette of Jericho, VT has enrolled for the fall 2018 semester at Colby-Sawyer College, New London, NH. Audette is majoring in public health.

Michael J. Barnett of Jericho, VT has enrolled at St. Lawrence University, Canton, NY, in the incoming Class of 2022. Barnett attended Essex High School, Essex Junction, VT.

Lucien A. Bryan of Jeffersonville, VT has enrolled at St. Lawrence University, Canton, NY, in the incoming Class of 2022. Bryan attended Proctor Academy, Andover, NH.

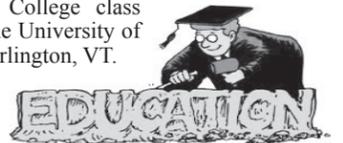
Evan DeMuynck of Underhill, VT has joined the Honors College class of 2022 at the University of Vermont, Burlington, VT.

Lauren Johnson of Jericho, VT has joined the Honors College class of 2022 at the University of Vermont, Burlington, VT.

Jordan E. Kulis of Waterbury, VT has enrolled at St. Lawrence University, Canton, NY, in the incoming Class of 2022. Kulis attended Harwood Union High School, Duxbury, VT.

Clara Marie Noble of Jericho, VT has enrolled for the fall 2018 semester at Clemson University, Clemson, SC. Noble's major is English.

Ryan Parker of Cambridge, VT has joined the Honors College class of 2022 at the University of Vermont, Burlington, VT.



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Dr. Olmsted's practice includes: Breast Care, Colonoscopies, Hernias, Cholecystectomies (Gallbladder), Appendectomies, Colon Cancer, Thyroid Care, and wide variety of general surgery procedures.

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY

Sunday hours are back! The library is open on Sundays from 1:00 – 4:00 PM.

For Children and Families

Story Hour with Beth and David London is back! Beth and David London, formerly of Poker Hill School, will return to share songs and stories with young children and their families. Fridays, 11:00 AM. Snack will follow. No registration required.

Would you consider donating pizza coupons? Do you keep your coupons for free pizza at Mountain High Pizza here in Jericho? Would you consider donating your coupons to the DRML children's program? We are gathering coupons toward Teen Movie-and-Pizza nights starting in October. There will be a bucket at the DRML circulation desk to deposit donated pizza coupons. Thank you!

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

For information on any of the library's programs, call 899-4962. DRML is located at 8 River Rd., Jericho; www.drml.org.

JERICHO TOWN LIBRARY

Story Time – first, second, and fourth Wednesdays, 10:30 – 11:30 AM. Recommended ages: 0-5 years. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa!

Third Thursday Book Group, October 18, 7:00 – 9:00 PM.

Writers' Circle, Saturdays, October 6 and 20, 10:00 – 11:00 AM. Are you a writer seeking community? Join this new bi-monthly group. All genres welcome. Coffee, tea, and encouraging company provided. Meets first and third Saturdays of the month.

JTL Board meetings are held the second Monday of every month (October 8) at 5:30 PM. All are welcome to attend.

Jericho Town Library is open Mondays, Tuesdays, Thursday, and Fridays 2:00 – 5:00 PM; Wednesdays 10:00 AM – 12:00 PM and 2:00 – 7:00 PM; and Saturday 10:00 AM – 12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or give us a call at 899-4686.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Children's Story Time and Crafts with LN, Thursdays, 10:00 – 11:00 AM. The library is a warm, cheery place for children to meet other children! Join us for stories read by people who enjoy sharing good books and a craft. Free and the public is invited! For more information, call the library at 644-2117.

Weekly Crafting Circle, Thursdays, 5:00 – 7:00 PM. Come and enjoy fiber and fabric with craft novices, as well as folks who have enjoyed handwork arts for their lifetimes! Have a project you're already working on? Bring it in and share your expertise and enthusiasm.

From Skiffs to Sail Ferries: Vermont's Small Boat Traditions – Saturday, October 13, 3:00 – 4:30 PM. The stories of Vermont naval history and commercial shipping have been well documented by generations of historians, but the traditions of small boat building from our state have remained untold. The bulk of our historic boatbuilding traditions involves Vermonters building their own boats, whether for pleasure or commercial use. The historical record illuminating this subject resides today mostly in family stories and photo collections. In this slide presentation, Douglas Brooks shares his research on these traditions, and his work in recreating some of these historic vessels. A boat builder, writer, and researcher, Douglas specializes in the construction of traditional wooden boats for museums and private clients. Hosted by the Cambridge Arts Council and the Varnum Memorial Library.

Crescendo Club Library Association – Do you have two hours a month to spare for a great opportunity? The Crescendo Club Library Association is seeking community members interested in helping the library anticipate and meet the needs of all we serve and to promote lifelong learning for everyone. Please let us know if you would like to be an active supporter and member of this organization that has worked to help the community for almost 120 years. Meets on the third Thursday of the month (October 18), 7:00 – 8:00 PM.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com; www.varnumlibrary.org. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY

Early Literacy Storytime, for ages birth to preschool, Thursdays, 11:00 AM. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget – they are still getting a lot out of it!

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website www.westfordpubliclibrary.wordpress.com; email westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Youth News

Weekly programs at the Library follow the CESU school district schedule for vacation days and weather closure days.

Baby Laptime – A 30-minute program is for our youngest visitors. Adults interact with their little person through simple stories, songs, rhymes, bounces, and wiggles that are sure to bring out the smiles and giggles. Baby Laptime is designed for infants through age two and runs through May. Mondays at 10:30 AM.

Playgroup with Stories and Music – The morning begins at 10:00 AM with songs, stories, and a simple snack (bring your own) on the alphabet rug. Around 10:30 AM we'll get out the toys for free play with friends in the Library's Community Room. We have gross motor and fine motor toys, puzzles, and activities for infants through preschool age children. Wednesdays, through May.

Movers and Shakers Storytime – Frequent exposure to picture books not only entertains and delights children but also strengthens their vocabulary and their ability to make sense of the world. We'll share fantastic new and classic picture books and work some early literacy magic into a child's day, coupling stories with simple songs and activities for interactive moving and shaking. Toddlers and preschoolers and their caregivers are welcome Fridays, 10:30 AM, from through May.

Storytime Outreach Visits to Richmond Childcare Providers – This outreach program brings storytime out into the community. Children and caregivers enjoy stories and music making with a focus on the early literacy skills necessary for strong reading readiness upon entering school. Bins of library books are dropped off and picked up every few weeks. If you operate a childcare business in Richmond and have not participated in this program

in the past, contact Wendy, 434-3036 or rfl@gmavt.net, for more information and to sign up.

Open Monday and Wednesday, 10:00 AM – 8:00 PM; Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Preschool Music: Mondays, 11:00 AM (except October 8, library closed) and Thursdays, 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM – 12:00 PM. Preschoolers and their caregivers are invited for an informal play time following our Preschool Music program. For children birth to age 5.

LEGO Day: Tuesday, October 2, 2:00 – 3:00 PM. Make your own LEGO creations using the library's LEGO collection. All ages.

Fall Story Time: Tuesdays, 10:30 AM. Stories and a simple craft activity. All ages. October 2: Autumn Leaves with Victoria Francis; October 9: no story time, library closed; October 16: Owl Stories; October 23: Dragon Tales; October 30: Pumpkins. All ages.

Cartooning Club: Tuesday, October 16, 2:00 – 3:00 PM. Meet with others who like to draw cartoons! Grades 3 and up.

Preschool Yoga with Danielle: Friday, October 19, 10:30 AM. Simple yoga poses, stories, and songs for children birth to age 5 and their caregivers.

Spanish Musical Playgroup: Saturday, October 20, 10:30 AM. Spanish rhymes, books, and songs for children birth to age 5. Presented by Constanca Gomez. Non-Spanish speakers welcome.

Drop-In Craft: Halloween Lanterns: Tuesday, October 23, 2:00 – 3:00 PM. All ages.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged. www.fairfaxvtlibrary.org, 802-849-2420. Call or email libraryprograms@fwsu.org.

Youth events

Tuesdays, 9:30 – 10:30 AM: Preschool Story Hour. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for Story Hour. October 2: Fall. October 9: Spiders and Bugs. October 16: Pets. October 23: Special Music with Caitlin. October 30: Pumpkins.

Thursday, October 4, 6:00 – 7:00 PM: PJ Story Hour. Kids age 0-6 listen to themed stories, followed by a craft and snack. Thanks to Building Bright Futures for this wonderful program.

Wednesday, October 10, 3:00 – 4:00 PM: Lego Club. Kids ages 6+ enjoy themed Lego play after school. Please register.

Thursday, October 18, 6:30 – 7:30 PM: Family STEAM Night – Rocks and Minerals. Each month, parents and children visit stations with Science, Technology, Engineering, Art, and/or Math (STEAM) activities. This month: Rocks and Minerals. We will be investigating the properties of different rocks with hands-on experiments. Please register.

Wednesday, October 24, 3:00 – 4:00 PM: STEM Club – Flying Tumbler. Kids age 6+ will create a *Flying Tumbler*, a gravity-powered flying machine, with local inventor Ralph Lemnah. Must register.

Thursday, October 25, 3-4pm: Crafternoon: Pumpkin Decorating. Kids ages 6+ will decorate mini pumpkins, always a favorite craft. Space is limited. Please register early.

Wednesday, October 31, 5:00 – 7:00 PM: Trick-or-Treat at the Library. The Library will be open on Halloween for Trick-or-Treating, bathroom breaks, and a spot to warm up if it's chilly. We will offer both candy and non-candy alternatives for those with food allergies. You can show off your costumes and have your picture taken too!

Adult events

Thursday, October 11, 6:30 – 8:00 PM: Fairfax Reads Book Group discusses *Dreams from My Father: A Story of Race and Inheritance*, a memoir by Barack Obama written in 1995 about his early years growing up as the son of a black African father and a white American mother searching for a workable meaning to his life as a black American. Copies are available to borrow at the library. New members are always welcome.

Saturday, October 13, 10:00 AM – 12:00 PM: Fall Wreath Workshop. Participants will make their own fall wreath to bring home using grapevine, silk flowers, and leaves. \$20 materials fee. Must register.

Saturday, October 20, 9:00 – 11:00 AM: Tech Help. Get help with individual tech questions. You can ask any technological question and/or bring in a device with which you need help. You will be ably assisted by our techie, Josiah. Call to reserve a half hour time slot, or drop in.

Saturday, October 20, 11:30 – 12:30 PM: Fall Recipe Swap and Potluck. Bring in your favorite fall recipe, the one that makes your house smell so good, the one that always reminds you of crisp mornings and warm sweaters. We can make copies of recipes here at the library to share with others. And, if you are able, bring in a dish to share and we will host a potluck style meal at the library for lunch. (*We kindly ask that you avoid nuts/nut products.*) We also encourage bringing your own plate-ware for a no-waste meal.

For up-to-date info about programs, visit our website: www.fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar. Monday, Wednesday 8:30 AM – 5:30 PM; Tuesday, Thursday 8:30 AM – 8:00 PM; Friday 8:30 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

BROWNELL LIBRARY, ESSEX JUNCTION

Tuesdays, October 2, 9, 16, 23, 30, 9:10 – 9:30 AM: Story Time for Toddlers. Picture books, songs, rhymes, and puppets for toddlers with an adult.

Tuesdays, October 2, 9, 16, 23, 30, 10:00 – 10:45 AM: Story Time for Preschoolers. Picture books, sign language, songs, rhymes, flannel stories, and early math activities for preschoolers.

Tuesday, October 2, 3:00 – 4:00 PM: Awaken: The Spirit of Autism. A documentary created by a local 11th grader featuring interviews with students on the autism spectrum, allowing viewers to see beyond the label.

Wednesdays, October 3, 10, 17, 24, 31, 10:00 – 10:45 AM: Story Time for Preschoolers. Picture books, songs, rhymes, flannel stories, and early math activities for preschoolers. Repeat of Tuesday program.

Wednesdays, October 3, 10, 17, 24, 31, 12:00 and 1:00 PM: Tech

Help with Clif. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesdays, October 3, 10, 17, 24, 3:15 – 4:15 PM: Read with Daisy. Daisy loves to listen to kids read. She is certified by Therapy Dogs of Vermont. Daisy's owner is Maddie Nash, retired school counselor. For all ages.

Wednesday, October 3, 7:00 – 8:00 PM: Factory Girls: How Women First Came to the Workplace (VT Reads Bread and Roses, Too). St. Michael's College Professor Susan Ouellette leads a discussion of the experiences of young women who helped to create the new industrial workplace at the turn of the 19th century.

Thursdays, October 4, 11, 18, 25, 3:15 – 4:15 PM: Read with Archie. Archie loves to listen to kids read. He is certified by Therapy Dogs of Vermont. Archie's owner is Christine Packard, Chair of Brownell Library Trustees. For all ages.

Friday, October 5, 10:00 – 10:30 AM: Preschool Yoga. Come do simple yoga poses, hear stories, and sing songs with Danielle! Best for children 2-5 years old. No registration required.

Fridays, October 5, 12, 19, 26, 3:30 – 4:30 PM: Steam Fridays. Create and explore with Science, Technology, Engineering, Art & Math. This month we're constructing cardboard animals, doing capillary science, taking apart small appliances, and making masks. Call or check online for program details.

Friday, October 5, 6:00 – 8:00 PM: Magic: The Gathering. Whether you know the game or are curious to find out more, come have tons of gaming fun! For grades 6 and up.

Monday, October 8 – Library closed for Indigenous People's Day.

Tuesday, October 9, 2:30 – 3:30 PM: LEEP (Library Elementary Event Planners). LEEP's first meeting. Make a snack; discuss and prepare an activity to present to elementary students. All 6-7-8 graders welcome!

Wednesday, October 10, 9:00 – 10:00 AM: Red Clover Group for Homeschooled Students. Each month, students in grades K-4 read two titles and do activities with one of the books on the list for this year's Red Clover Award. Voting takes place in March.

Wednesday, October 10, 9:00 – 10:00 AM: Dorothy's List Group for Homeschooled Students. Each month, students in grades 4-8 hear book talks from this year's Dorothy's List. Students keep a log and vote for their favorite to win the Dorothy's List Book Award in the spring. Group discussion is encouraged.

Wednesday, October 10, 9:00 – 10:00 AM: GMBA Book Discussion for Homeschooled Students. High school aged students discuss this year's GMBA nominees. Voting takes place in the spring. For grades 9-12.

Wednesdays, October 10, 24, 3:00 – 5:00 PM: LARP. Live Action Role Play is open to all middle and high school students who want to have adventures in a mythical land.

Fridays, October 12, 26, 9:30 – 10:15 AM: Music with Raph. Come sing and play with Raph. All ages.

Fridays, October 12, 26, 6:30 – 8:30 PM: Dungeons & Dragons. Embark upon imaginary adventures. A Dungeon Master serves as this role playing game's referee and storyteller. Grades 6 and up.

Mondays, October 15, 22, 29, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Monday, October 15, 6:00 – 7:00 PM: LEGO Fun. Come build creatively with LEGOs and see what others build. Children under 8 years old must bring a responsible caregiver.

Monday, October 15, 6:30 – 7:30 PM: Must Read Mondays! *Island at the Center of the World* by Russell Shorto. When the British wrested New Amsterdam from the Dutch in 1664, the truth about its thriving, polyglot society began to disappear into myths about an island purchased for \$24 and a cartoonish peg-legged governor. But the story of the Dutch colony of New Netherland was merely lost, not destroyed: 12,000 pages of its records – recently declared a national treasure – are now being translated. Shorto draws on this remarkable archive in what the *New York Times* hails as "a book that will permanently alter the way we regard our collective past." Pick up a copy of this book at the main desk and join us for a casual discussion.

Tuesday, October 16, 2:00 – 3:30 PM: TAB. Teen Advisory Board has their first meeting of 2018-19! Plan events for the coming year. Have a snack and catch up from the summer. All 9-12 graders welcome!

Tuesday, October 16, 7:00 – 9:00 PM: Brownell Library Trustees Meeting.

Wednesday, October 17, 3:00 – 4:00 PM: Zine Club. Explore different writing styles and art techniques as you create a zine. What's a zine? These underground publications are cheaply made, printed forms of expression on any subject. For grades 6 and up.

Thursday, October 18, 9:00 AM – 1:00 PM: Library closed for staff inservice.

Friday, October 19, 9:30 – 10:00 PM: Baby Time. Come to meet other families, read a board book, learn some sign language, and play.

Friday, October 19, 6:30 – 8:30 PM: Spooky movie. Free popcorn and drinks!

Saturday, October 20, 9:00 AM – 1:00 PM: Free SAT Practice Test. All practice tests will be proctored at Burnham Library in Colchester. Scores will be provided after the test by Princeton Review. For more information, or to sign up, call Brownell Library, 802-878-6956. You can also sign up online at <https://colchestervt.gov/241/Young-Adult>.

Tuesday, October 23, 2:30 – 4:00 PM: Board Games. Come play board games with your friends or family. Games: Dragon Strike, Chess, Catan, and others. For all ages.

Thursday, October 25, 3:30 – 4:15 PM: Spooky Stories with Linda Costello. Storyteller Linda Costello celebrates Halloween with some spooky stories for the season. For students in grades 1 and up.

Saturday, October 27, 10:30 – 11:00 AM: Halloween Story Time. Come dressed up in your costume, listen to some spooky stories, do a craft, and join the parade through the library. All ages.

Tuesday, October 30, 2:30 – 4:00 PM: Karaoke Party! Come try out our new karaoke machine and sing your hearts out! For grades 4 and up.

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email frontdesk@brownelllibrary.org.

LETTERS TO THE EDITOR

Support Turner for Lt. Governor

To the Editor:

Vermont is at a cross roads in this year with elections. I am writing to support Don Turner for Lt. Governor. Let me explain why I am supporting Mr. Turner for the second highest position in the state government. Mr. Turner has served the people of Milton, VT for 14 years as Fire & Rescue Chief, truly a job that demands someone with leadership skills. When I asked former members of the Underhill-Jericho Fire Department about Mr. Turner, they all praised him and say you couldn't support anyone better. We certainly need leadership in the Vermont Senate. Mr. Turner served as well as a Legislator for 13 years as the Representative from Milton, and currently serves as Town Manager. Don Turner led a caucus in the Vermont House with many different views, but the one thing he did was always respected their opinions and encouraged members to vote their conscience. A true leader does that. One thing I can tell you upon looking at Mr. Turner's voting record is that he remembers the business owners and homeowners in Vermont. He believes that rising taxes are not helping Vermonters or increasing business regulations helps our State economy. We need someone in the second in command position who will work across the aisle to make Vermont a better Vermont. Since voting has started, I urge voters to support Donald Turner Jr.

Bill Lawrence
Underhill

Suicide is preventable

To The Editor:

September is Suicide Prevention month and the U.S Department of Veterans Affairs (VA) empowers communities to take action to support our nation's veterans. Each community across the country plays a role in supporting veterans, but as an individual you may not know what to do or where to start.

You don't need to have special training to support the veterans in your life, and we can all do something to help a veteran who is going through a difficult time. Even seemingly small actions can have a huge impact: preventing suicide begins with just the willingness to *Be There*.

Showing your support can be as simple as sending a veteran a text message. Inviting someone over to catch up or sharing a positive thought are both great ways to communicate that you care. Your words could be exactly what a veteran in crisis needs to hear, and could be a reminder of the many people out there who are willing to listen.

When you sense that a veteran is not doing well, your words can help. You can make a difference by just starting a conversation. Although it can seem challenging, it is important to talk about difficult feelings and experiences. Keep in mind: asking questions about thoughts of suicide does not increase a person's suicide risk. Instead, an open conversation can help someone feel less alone and let others into the veteran's experience. Feeling connected is shown to reduce suicide risk.

Simply reaching out to a veteran in need and opening the door for a discussion could make all the difference. Learn more ways to show your support and *Be There* by visiting VeteransCrisisLine.net/BeThere to find more resources and information.

Suicide prevention is VA's highest priority. Every death by suicide is a tragedy, and we will not relent in our efforts to connect veterans who are experiencing an emotional or mental health crisis with lifesaving support. If you believe a veteran in your life may be contemplating suicide, call the **Veterans Crisis Line at 1-800-273-8255 and press 1**, send a text message to 838255, or chat online at VeteransCrisisLine.net. Qualified and compassionate VA responders are on call 24/7/365 to provide guidance on how to connect veterans with support and help them from harm.

Suicide is preventable. VA's goal is to reduce suicide and suicidal behavior among all veterans – even those who do not, and may never, seek care within our system.

Brett Rusch, MD
Acting Medical Center Director
White River Junction VAMC

Like us on Facebook!

Seasonal Positions

We have immediate openings in our manufacturing department for long-term, full-time & part-time seasonal employment. We will have other opportunities available throughout our company for days, early evening, and weekend shifts. No experience is necessary; we will train you.

**Manufacturing
Customer service reps
Warehouse**

Apply in person. 8 am to 5 pm
210 East Main Street, Richmond, VT 05477

HARRINGTON'S
of Vermont

OBITUARIES



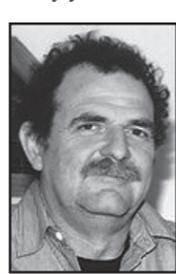
Clare Louise Dyer (Allendorf), 81, of Underhill, VT, Clearwater, FL, and most recently Derby, VT, passed away peacefully on Wednesday, September 19, 2018 with family by her side. The cause of death was multiple myeloma. Clare was born on December 7, 1936 in Hardwick, VT, daughter of the late Catherine and Daniel Dyer. Her early years were spent in Essex Junction, VT. She later moved with her parents and brothers Barry and Brian to St. Johnsbury, VT, where she graduated as Salutatorian of St. Johnsbury Academy, Class of 1954. Clare

attended the University of Vermont, Burlington, VT, graduating in 1958. She studied Home Economics, but quickly learned she preferred engaging in political discourse. She met her future husband, Peter Allendorf, in a political science class. Clare was a proud member of the Alpha Delta Phi Sorority. She attended many Green and Gold reunions, often with her parents, and fondly recalled her time as a Catamount. Clare and Peter married in 1958 and raised three children in Underhill. She taught at Mount Mansfield Union High School, Jericho, VT, later becoming a realtor in the Burlington area. Clare moved to Clearwater in 1990 after her divorce, and enjoyed the warm weather of the sunshine state, and beautiful ocean sunsets. While in Florida, Clare was an active member of the Vermont Club and the book club at Cove Cay where she lived. She loved traveling with friends on cruises to destinations including Panama, Haiti, Costa Rica, and the Bahamas. While Clare had many friends, her family especially wants to thank Irma, Kathy, Marion, Hope, Shirley, and Mike for their kindness and support. Clare was an inspiration to her beloved children and grandchildren and led by example through her political activism and civic engagement. Clare worked with the League of Women Voters in Florida on voter registration. Clare was a tireless advocate for issues she cared deeply about, such as reproductive rights and gun control legislation. She was an active campaigner for Democratic candidates at the state and national level. Clare is survived by her brother Barry Dyer of Sarasota, FL, sister-in-law Merrie Dyer of Cazenovia, NY, and three children: Laura Allendorf and her husband Randy Fenninger of Vienna, VA; Grant Allendorf and his wife Susan of Underhill, VT; and Jeanne Allendorf Alexander and her husband Peter who reside in Derby, VT. She is also survived by six grandchildren: John and Tom Fenninger; Ryan (Alyssa) and Danielle Allendorf; and Katie Clare and Liz Alexander. Clare also had a great-granddaughter, Harper, daughter of Ryan and Alyssa. She leaves behind her nieces and nephews: Peg Dyer, Dan Dyer, Tom Dyer and his wife Kristi and daughters Eva and Ella, and Jason Dyer. She was predeceased by her brother Brian, and sister-in-law, Kay Coburn Dyer. Following Clare's wishes there will be no service. A gathering of her friends and family may be forthcoming. In lieu of flowers, contributions in Clare's memory may be made to the Norris Cotton Cancer Center,

Saint Johnsbury, VT. Please include St. J "2-22919" on your check memo line and mail to: Dartmouth Hitchcock Development Office, Attn: Jason Naugler, 1 Medical Center Dr., Lebanon, NH 03756.



Daniel Joseph Mobbs of Jericho, VT passed away surrounded by family on Monday, September 24, 2018. Danny loved his work in plumbing, hunting, his family and friends, and especially his dogs. He was preceded in death by his mother, Grace (Sweeney) Mobbs. He is survived by his father Raymond Mobbs; his long time companion Deborah Mobbs; his daughters Tiffany, Brittany, and Ethel Mobbs; his granddaughters Selena Molnar and Gracie-Jean Robar; his brother Randy Mobbs; his sister Cathy Blanchard; his nieces Kitty, Twila, Meredith, and Megan; and many other family and friends. Visitation hours were at Gifford Funeral Home, Richmond, VT on Friday, September 28, 2018 with service following immediately. We will always carry your memory in our hearts.



Richard Marvin Murphy "Load," 65, of Middlebury, VT passed away Sunday, September 23, 2018 from lung cancer. Born September 13, 1953 in Poughkeepsie, NY, Rick was the second child to Marvin and Ethel Murphy. Rick and his siblings Ray, Kathy and Kevin, spent their formative years in Essex Junction, VT. Rick's life's work was providing for his family. As a pack leader for Underhill/Jericho Cub Scout Pack 620 he helped his sons create unmatched Pinewood Derby cars that ranged from birthday cakes to rocket ships. He lent his

deep, strong, sarcastic voice as the Harvest Market announcer. He had a tremendous gift for working with technology, and passed on his passion for computers, Star Trek, Pink Floyd, the stars, and bad jokes to his four sons. Stubborn to his core, Rick chose to snub cancer and keep on living the best he could. He turned a grim diagnosis into six wonderful years that he spent continuing to be a gruff, goofy, and beloved husband and father. In his final days, he was surrounded by loved ones. Rick is survived by the love of his life, Constance Murphy; his four boys and their wives: David and Kristin, Daniel and Vanessa, Ethan and Kathy, James and Emily; his seven grandchildren: Alex, Elizabeth, Emma, Owen, Meredith, Gideon, and Jackson; and his sister Kathy, his brother Kevin, and his many cherished nieces and nephews. Any gifts or donations in his honor should please be directed to the kind and generous folks at the VNA Hospice Program, 1110 Prim Rd., Colchester, VT 05446. A time for visitation and gathering was held Friday, September 28, 2018 at the Jericho Community Center, which Rick wouldn't be attending if we weren't making him. The family invites you to share your memories and condolences by visiting www.awrjh.com.

ART / MUSIC / THEATER



The Flynn Center for the Performing Arts on Monday, October 22 will present Spamalat, lovingly ripped off from Monty Python and the Holy Grail by Eric Idle and John Du Prez. This play retells the legend of King Arthur and his Round Table, featuring show girls, cows, killer rabbits, and French people.

PHOTO CONTRIBUTED

ART/PHOTOGRAPHY
The Color of Light, an exhibition of oil paintings by artist Joe Bolger from Shoreham, opens on Thursday, October 4 and will hang through Sunday, November 11 at the Emile A Gruppe Gallery, Barber Farm Rd., Jericho. Meet the artist on Saturday, October 6 from 4:00 – 6:30 PM. Bolger says, "In my work the main focus is the light. I paint the shapes of color created by the light, the light key of nature. My path as an artist was positively influenced by the teachings of Emile A Gruppe, although I was never fortunate

enough to meet him." Bolger's description of Gruppe's work – "they express the beauty of New England with a simplicity of design, natural light, bold color, and expressive brushwork" – can definitely be applied to his own work. Bolger has a strong palette and his own voice in expressing the beauty of the world around him. Gallery hours: Thursday-Sunday 10:00 AM – 3:00 PM. Emilegruppegallery.com.

Bryan Memorial Gallery presents *Land and Light and Water and Air*, featuring juried landscape paintings from New England artists, through Sunday, November 4. This 34th *Land and Light* exhibits paintings in the grand tradition of American landscape painting by artists from all over New England and Québec, specifically of New England and/or the Eastern Townships. The jury has selected 103 paintings by 75 artists. Another single juror awards the prizes, funded by the Mary and Alden Bryan Art Fund of the Vermont Community Foundation.



Shelburne Players will present Sleeping Indoors on Friday-Sunday, October 12-14 and Thursday-Saturday, October 18-20 at Shelburne Town Center. Literary reviewer Paul and his wife Nora invite Dwain, a homeless man, home for Christmas dinner and are unexpectedly charmed by him and his journal – a literary masterpiece. But can Dwain, whose art thrives in anonymity, be convinced to give up the only life he's known for such comforts as sleeping indoors? The cast features local actors David Belvedere as Dwain, Jacey Fountain as Nichole, Dennis McSorley as Paul, and Linda Kindsvatter as Nora. For more information and to reserve tickets, www.shelburneplayers.com.

PHOTO CONTRIBUTED

Also running through November 4 will be *Location, Location, Location*, an exhibit of works by gallery founder Alden Bryan (1913-2001) and six contemporary artists who returned to Bryan's specific locations, repainting scenes as long as 75 years later. The locations include views in Stowe, Waterville, and Pleasant Valley in Cambridge. Bryan Memorial Gallery will host a two-day cultural trip to Rockport and Gloucester, MA this fall. The trip, facilitated by the gallery and Goodspeed and Bach Travel (Burlington), will feature art, music, and historical sites and events. It will take place Sunday-Monday, October 14-15. The first day will include an afternoon performance by the Chamber Music Society of Lincoln Center at the famed Shalin Liu Center for the Performing Arts in Rockport. The performers will provide a pre-concert introduction to the music in Rockport Music's brilliant auditorium. Second day: the art history of the area, including a visit to the Rockport Art Association, conversations with esteemed artists, and side trips to iconic locations for painters. The special art relationship that exists between Cape Ann, MA and Jeffersonville, VT will provide several unique vistas and viewpoints. A bus tour of the Cape Ann area will drive by several historic locations including the Hammond Castle, the Sleeper House, Gloucester Harbor, and Bear Skin Neck. Accommodations are at the Rockport Inn, and travel is by deluxe coach, picking up passengers in Burlington, Jeffersonville, Montpelier, and White River Junction. Goodspeed and Bach's Deb Flanders and Bryan Memorial Gallery's Mickey Myers are the hosts and tour guides. Meals included. Bryan Memorial Gallery, 180 Main St., Jeffersonville. Hours: until October 8, open daily, 11:00 AM – 5:00 PM; after October 8, open Thursday-Sunday, 11:00 AM – 5:00 PM, and by appointment at any time; no admission charge. Information: 802-644-5100 or www.bryangallery.org.

At the Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington through Wednesday, October 31, the Common Grounds

Art continued on page 7



Some local residents are getting a jump on the upcoming holiday!
PHOTO BY SARA RILEY



The Fairfax Library will be open from 5:00 – 7:00 PM on Halloween for trick-or-treating, bathroom breaks, and warming up, and will also have non-candy treats for anyone with food allergies.
PHOTO CONTRIBUTED

Art continued from page 6

2018 Community Art Show – art in recognition of 100 years of the Migratory Bird Treaty Act, enacted by the U.S. Congress in 1918, one of the first laws setting limits on what we could and could not do specifically with respect to migratory birds. Over 40 bird-focused artworks connecting the themes of commonality, conservation, migration, and coordination among peoples, species, places, and time. Included with Museum admission. For information, Museum@birdsofvermont.org or 802-434-2167.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com.

Burlington City Art Center invites families to drop-in between 11:00 AM – 1:00 PM, every third Saturday (October 20) for free and fun art activities for the whole family, and create an original work of art using materials inspired by BCA exhibition artists. (Also on November 17, December 15.) Free and open to the public. BCA Center, 135 Church St., Burlington; 802-865-7166 or www.burlingtoncityarts.org.

Upcoming Events & Workshops at the Milton Artists' Guild: please visit <https://www.miltonartistsguild.org/workshops>. The MAF Photography Group meets the fourth Wednesday of every month (October 24), 6:00 PM at the Art Center. Milton Artists' Guild Art Center & Gallery, 199 U.S. Rt. 7 South, Milton.

At Helen Day Art Center, the 2018 Outdoor Sculpture Exhibition Exposed will run through Saturday, October 20. This is the 27th year of the exhibition, this year featuring internationally renowned sculptors Jaume Plensa (Barcelona, Spain), Albert Paley (Rochester, NY), Christopher Yockey (New York City), and regionally established artists Judith Wrend, Christopher Curtis, Tec Ceraldi, John Matusz, and David Stromeier. Helen Day Art Center also presents *Familiars*: Valerie Hammond and Kiki Smith, a two-person printmaking exhibition of the internationally renowned artists. Valerie and Kiki have been friends for over 20 years, during which time they have supported and discussed each other's explorations in print, gathering experiences, ideas, and images. They have also co-taught printmaking at New York University and Columbia University, and have traveled together to multiple residencies to work on prints. Registration is open for fall after school classes for kids aged preschool through grade 6 as well as Pre-K Art Play drop-in sessions on the first Thursday of the month through February 7 for ages 1-4 with adult; details on the website. Helen Day Art Center, 90 Pond St., Stowe; www.helenday.com; 802-253-8358. The gallery is open Tuesday-Saturday, 10:00 AM – 5:00 PM and by appointment.

At UVM's Fleming Museum East Gallery, Burlington, *The Impossible Ideal: Victorian Fashion and Femininity* runs through Thursday, December 13. The Victorian era (1837-1901), named for the reign of Queen Victoria of the United Kingdom, is known for extreme expressions of women's fashions and a narrow definition of women's roles in society. Tight-laced corsets, wide hoop skirts, bustles, and trains exaggerated women's forms while restricting their movement and activity, reinforcing the idea that women's place was in the home and not the public sphere. This feminine ideal belonged to an urban leisure class, excluding great swaths of rural or working class populations. Mass print culture also implicitly and explicitly promoted a vision of the ideal woman as white and Protestant rather than any other race or religion. But there

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Booth clinches vintage motorcycle race titles



Jericho resident Peter Booth racing at Canaan Motor Club in Canaan, NH. PHOTO BY BILL GORDON

The United States Classic Racing Association (USCRA) wrapped up its 2018 season the weekend of September 22-23 with two days of racing at the Canaan Motor Club in Canaan, NH. Jericho resident Peter Booth, a USCRA racer since 2007, clinched class championships in both the 500GP and Open GP classes.

Booth started his roadracing career on his father's 1969 Honda CB350 but last year traded a \$35 bottle of whiskey for a beat up, "barn find" Suzuki Titan T500, which he and his son Aiden tore down and began rebuilding at the Classic Bike Experience (CBE) in Essex.

This year, after enlisting the help of two-stroke motor guru Ken Lavallee of Colchester, Booth's race bike has lit up the tracks in both Canaan and Loudon, NH all summer long. Lavallee has worked on T500s for many years and spent hours this past winter modifying Booth's bike.

The Booth/Lavallee racing team, known as "Team Skippy" – a tip of the hat to Lavallee's racing team across the globe in Australia, where the native kangaroos are referred to as "skippys" – worked

both on and off the track throughout the past summer in pursuit of race wins.

Team Skippy had the 500GP class championship wrapped up heading into the final weekend, but the Open GP class, where Booth's chief rival, Michael Marion of NY, is on a larger 750cc motorcycle, was nip and tuck right to the last checkered flag. In the end Booth won the class by a scant two points.

As the team moves into the off-season, the list of work and modifications in preparation for next season has already begun. A complete tear down of the motor and upgrading of several parts of the motor and frame are on the to-do list.

Anyone interested in vintage motorcycle racing should stop by the Classic Bike Experience on a Wednesday evening. Wednesdays are "wrench night" at CBE where many like-minded riders gather to work on their machine throughout the winter months.

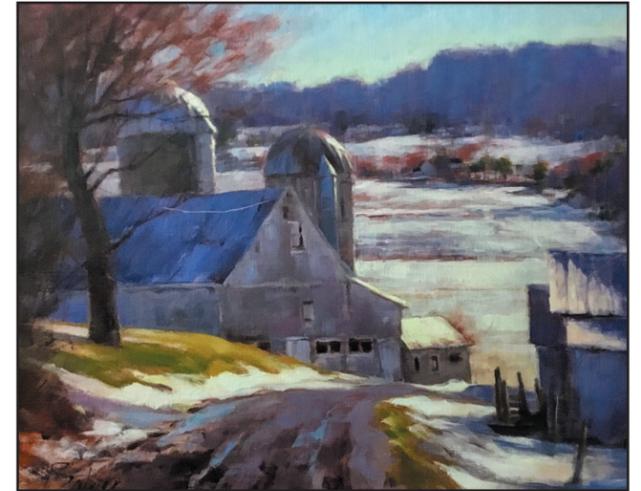
Art continued from page 7

was also debate about the "woman question:" to what degree should women be educated, seek work outside the home, and have certain rights within marriage, including the right to divorce. By the 1890s fashion evolved to express increasing autonomy: sleeker skirts, broader shoulders, lighter fabrics, and suit styles that mimicked menswear gave women greater freedom of movement, representing how more women were venturing outside the home for education, exercise, or to work for philanthropic or activist causes. Through women's clothing and accessories from the Fleming Museum's collection, along with excerpts from popular American women's magazines such as *Godey's Lady's Book* and *Peterson's Magazine*, this exhibition explores how fashion embodied the many contradictions of Victorian women's lives, and, eventually, the growing call for more diverse definitions of women's roles and identities. Also, *House to Home*, showcasing a selection of cultural, ethnographic, and decorative art objects from Africa, Asia, Europe, the Americas, and Oceania, ranging from antiquity to the present and examining the meaning of home. Fleming Museum, 61 Colchester Ave., Burlington.

The VT Institute of Natural Science will present an *en Plein Air* Painting Festival at the VINS Nature Center, 149 Nature's Way, Quechee, VT, Saturday, through Saturday, October 5. Free to youth 17 and under, \$40 for adults who come to paint in celebration of the beauty and diversity of the Ottauquechee River watershed ecosystem, its vibrant human and natural communities, and the important message of conservation of the natural world. To learn more or register, <https://vinsweb.org/plein-air/>.

MUSIC

On Sunday, October 7 at 2:00 PM, musician Barry King will perform in the Main Reading Room of the Deborah Rawson Memorial Library, 8 River Rd., Jericho. Barry grew up hanging around radio stations in the 1960s and started playing guitar when he was 12, which he says "is a while ago now." He has a particular love for folk and folk rock; his musical influences range from the *Beatles* and *Hollies*, to *Crosby, Stills and Nash* and *Eagles*, to Amos Lee and Chris Stapleton. You never know what might pop up in the set list! Barry lives in Jericho with some of his grown kids, a half built recording studio, and a ridiculous number of old musical instruments. Free; for information, 899-4962. (Upcoming performances include Phil Henry on Sunday, November



The Color of Light, an exhibition of oil paintings by artist Joe Bolger from Shoreham, runs Thursday, October 4-Sunday, November 11 at the Emile A Gruppe Gallery, Barber Farm Rd., Jericho. Meet the artist on Saturday, October 6 from 4:00 – 6:30 PM. Bolger says, "In my work the main focus is the light. I paint the shapes of color created by the light, the light key of nature. My path as an artist was positively influenced by the teachings of Emile A Gruppe, although I was never fortunate enough to meet him." Gallery hours: Thursday-Sunday 10:00 AM – 3:00 PM. emilegruppegallery.com. PHOTO CONTRIBUTED

4; and on Sunday, December 2, *Young Traditions* winners the *Zeichner Trio* – Yasi, Oliver, and Louli.)

The United Methodist Church, Winooski, and VT Christian Music present A 100 Year Celebration Christian Concert on Thursday, October 11 at 7:00 PM featuring Tori Harper with hit song Joy, and local favorites Over Orange Heights and Jason O'Brian. Tickets starting at \$15 each are available by calling 802-355-3139 or online at <http://www.vtchristianmusic.com/tori-harper-show/>.

THEATER/FILM

At the Flynn Center for the Performing Arts this fall and early winter: Monday, October 22, *Spamalot*, lovingly ripped off from *Monty Python and the Holy Grail* by Eric Idle and John Du Prez, this play retells the legend of King Arthur and his Round Table, featuring show girls, cows, killer rabbits, and French people. Thursday, October 25, Ping Chong + Co present *Beyond Sacred*, an interview based production exploring the social challenges faced by young Muslims at school, at work, and anywhere else. The five young performers are from diverse backgrounds, reflecting a wide range of Muslim identities. Their true stories create a beautiful, funny, and poignant cry for tolerance and transports audiences from ignorance to knowledge, from estrangement to connection, and from wariness and fear to acceptance and love. The performance culminates in a post-show talk. Thursdays, October 25 and November 1, *Frankenstein* returns to international cinemas this Halloween, to mark the 200th anniversary of Mary Shelley's most famous novel. Captured live in 2011 from the National Theatre stage in London. Thursday, November 1, *TURMusic* returns

with its signature twist on chamber music. Vermont-based soprano Mary Bonhag sings Sarah Kirkland Snider's song cycle, *Penelope*, a piece moving organically from moments of elegiac strings-and-harp reflection to dusky post-rock textures with drums, guitars, and electronics. For more information and tickets, contact the FlynnTix Box Office 802-863-5966 or www.flynnitix.org.

Shelburne Players will present *Sleeping Indoors* on Friday-Sunday, October 12-14 and Thursday-Saturday, October 18-20 at Shelburne Town Center. In this comedy-drama by Jim Holt, a literary reviewer and his wife, Paul and Nora, invite Dwain, a homeless man, into their home for Christmas dinner. But can Dwain, whose art thrives in anonymity, be convinced to give up the only life he's known for such comforts as sleeping indoors? For more information and to reserve tickets, www.shelburneplayers.com.

Meet the Jericho Staff!



Elise holds a bachelor's degree in biology from the University of Vermont and a Master's of Science in Physical Therapy from Columbia University. Elise is a member of the APTA.

Elise's background is rooted in geriatric physical therapy but she has a special interest in the treatment and prevention of running injuries.

Elise is currently accepting new patients and looks forward to meeting you.



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