



Voting on the Route 36 bus in Cambridge and Underhill

By Phyl Newbeck

Special to the Mountain Gazette

In the fall of 2014, public transportation was extended eastward along the Route 15 Corridor as residents of Cambridge, Underhill, and Jericho were able to ride the Route 36 bus, also known as the Jeffersonville Commuter, into Burlington. Geared toward those on the day shift, the Green Mountain Transit (GMT) bus runs four times a day and costs \$2 per ride.

Initially, funding for the route came from the state's Circ Alternatives Fund and the federal Congestion Mitigation Air Quality Program with Cambridge, Underhill, and Jericho each putting aside \$3000 annually for the first three years. The cost to each municipality is now \$14,420. Last year, Jericho allocated that sum in its budget and the voters of Cambridge decided to do the same at Town Meeting, while Underhill voters opted to send \$10,000 to GMT. This year, Jericho has once again allocated the full amount in its budget but Cambridge and Underhill will be asking their voters if they want to continue to pay for the service.

According to Green Mountain Transit, there are approximately 35 daily riders on the Jeffersonville Commuter with eight on the first morning trip, ten on the second, eleven on the first return trip and six on the second return trip. An average of two people ride the bus from Burlington to Jeffersonville during the morning commute. Of the riders heading into Burlington, 45% get on the bus in Cambridge, 27% at the Underhill/Jericho line, and 16% in Jericho.

Ridership on the line grew .8% in Fiscal Year 2018. There had previously been a decline which corresponded to a reduction in fuel prices, but ridership has remained above the number the state deems acceptable based on the level of service and cost per passenger. Jon Moore, Director of Maintenance and Planning at GMT, says the organization is currently looking at potential changes to the timing of the route to better meet the needs of those traveling to the major employment centers like UVM and the UVM Medical Center. GMT does not have any contingency plans for what to do if Cambridge and/or Underhill discontinue funding for the route.

Michael Oman of the Underhill Energy Committee and Alternative Transportation Committee estimated that the funding requested by GMT amounts to a little less than \$13 per household (based on statistics for "occupied housing units") in Underhill. Select Board Chair Rick Heh said the "significance and sensitivity" of bus funding was the reason the board chose to have residents make the decision by Australian ballot. He said no contingency plans were in place if the funding is voted down.

In Cambridge, Select Board member George Putnam is waiting to see the results of the town's floor vote and the decision by the voters in Underhill. He attended the January meeting of the Underhill Alternative Transportation Committee and hopes that if funding is not approved, someone from Cambridge would work with that group to come up with alternate plans but notes that none are currently being contemplated. Based on the calculation used for Underhill, funding for the bus would set each Cambridge household back an average of \$9.50.

Jericho Select Board Chair Wayne Howe said that although the bus subsidy is in the town budget, Jericho is looking at other possibilities. "Our thinking leans toward having one or more circuits performed perhaps four to six times a day in a smaller bus or van that connects with the GMT network in Essex," he said. "CATMA (the Chittenden Area Transportation Management Association) has indicated interest in a possible program on those lines, but those discussions have not really taken place yet in any meaningful detail."

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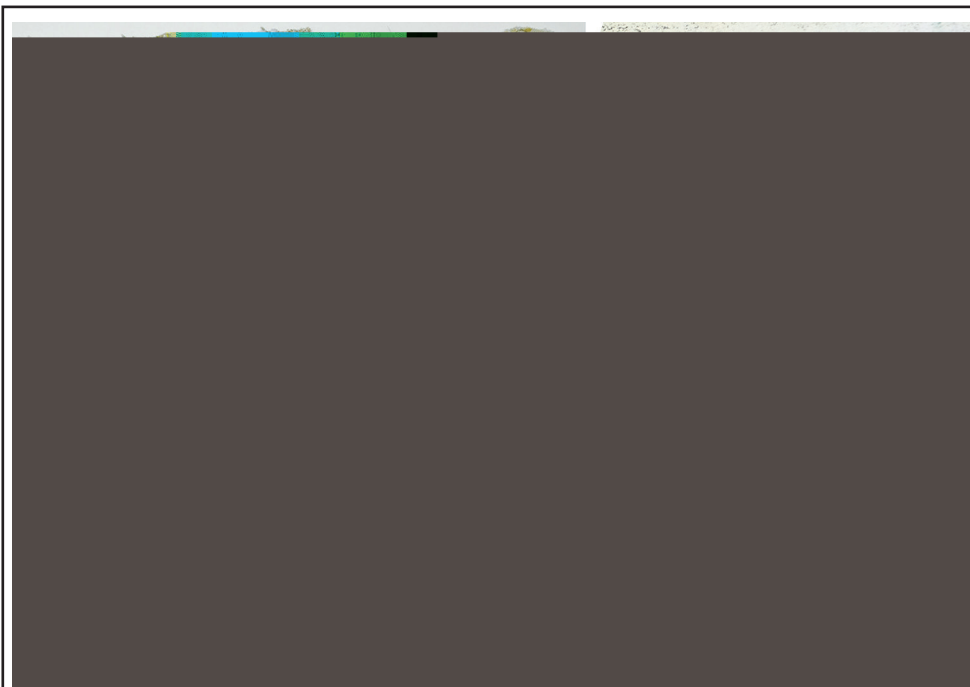
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MMU instrumental musicians attend Northwest District Festival



On Thursday-Friday, February 1-2, twenty MMU students from Mount Mansfield Union High School, Jericho, played a wonderful performance in the annual Northwest District One Music Festival hosted this year at Enosburg Falls High School. The festival's intent is to form closer bonds between students from different schools and also to perform music together at a more advanced level. MMU students were featured in the Choir, Wind Ensemble, and Concert Band. Students who sang in the Festival Chorus included Kate Lavanway, Hannah Loggins, Amelia Sanborn, Isabel Thon, Olivia Sanborn, Abigail Sandy, and Lindsey Rusnock. The Concert Band had MMU students Elliott Austin, Lia Chien, LT Bolton, Hannah Kindt, CJ Roberts, Finley Clark, Patrick Allen, and Harrison Thon. The MMU Wind Ensemble included Sydney Seegar, Ellie Churchill, Olivia Monachino, Matthew Baldwin, Theresa Christiansen, Maya Parry, Caleb Brown, Ruth Leech, Ethan Hall, Avi Bauer, Craig Rettew, and Sam Davis. Students were also able to audition for scholarships, and those selected received \$500 and performed their solo in the festival's concert. Congratulations to Avi Bauer for winning one of these scholarships and wowing the audience with a phenomenal performance of Meditation on snare drum.

PHOTO CONTRIBUTED



Dianne Shultenberger and Marcia Hill will exhibit their works at River Arts in Morrisville.

PHOTO CONTRIBUTED

WNRCD Annual Tree and Trout Sale open for orders



The 35th Annual Tree and Trout sale, sponsored by the Winooski Natural Resources Conservation District (WNRCD) is open for orders until the end of March. This year's selection includes fruit species, ornamental species, a wide variety of bare root trees and shrubs and more, as well as species of trout to stock your ponds. On the day of the pick-up in Waterbury you can visit educational displays, and purchase perennial plants and more. All pre-orders must be postmarked by March 31. The event/pickup day is Saturday April 21, 9:00 AM – 12:00 PM. Place your orders early as supplies are limited. Proceeds allow WNRCD to provide high-quality conservation programs to District residents. For more information on the tree and trout species available and to download the order form, please visit www.winooskinrcd.org or email info@winooskinrcd.org.

PHOTO CONTRIBUTED

Sixth annual Veterans Summit at NVU-Lyndon March 10

VT Governor Phil Scott and Vermont's U.S. Congressional Representative Peter Welch are scheduled to speak at the sixth annual Northeast Kingdom Veterans Summit on Saturday, March 10 at Northern Vermont University-Lyndon. The summit is Vermont's only such event.

The 8:00 AM – 3:00 PM summit, free for veterans and their families, will be at Alexander Twilight Theatre, NVU-Lyndon (Lyndon State College), Lyndon. A concert by the Vermont National Guard's 40th Army Band, 2:00 – 3:00 PM at the theater, will be free and open to the public. The summit is part of a weekend-long tribute to veterans that includes the fifth annual Ian Muller Rail Jam ski and snowboard competition and free lift tickets at Burke Mountain in East Burke.

The summit keynote will be given by Mark Fountain of Honor Flight New England, a New Hampshire-based nonprofit that transports World War II and Korean War veterans to memorial sites in Washington. Other speakers include Matthew Mulcahy with the Department of Veterans Affairs White River Junction Medical Center, former Marine and Purple Heart recipient Thomas Whorl, and Melissa Jackson with the VT Veterans' Home. VT State Colleges Chancellor Jeb Spaulding and NVU President Elaine Collins also will make remarks.

Breakout sessions will focus on veterans' homelessness, farming and other job opportunities for veterans, female veterans, and other topics. The event will include counseling and telemedicine services for combat veterans, assistance for homeless veterans and veteran-service vendors.

The NVU-Lyndon Veterans Association coordinates the summit. NVU-Lyndon is ranked the top military-friendly school among small public colleges and universities in the United States in Victory Media's 2018 Military Friendly® Schools list.

Also on March 10, the Ian Muller Rail Jam and an awards ceremony afterward will be 2:00 – 6:00 PM at Burke Mountain. Proceeds from the Jam will benefit NVU-Lyndon's Ian Muller Memorial Scholarship for student-veterans. Muller, a Marine, attended NVU-Lyndon (then Lyndon State College) before being killed in combat in Afghanistan in 2011.

On Sunday, March 11, Burke Mountain will offer free lift tickets for veterans with proof of service and their family members. To make a reservation, call Burke Mountain at 626-7300.

Pre-registration for the summit is required. To register, go to <http://lyndonstate.edu/veteranssummit>. For more information, call 626-6346, or email Thomas.Anderson@NorthernVermont.edu.

Browns River Little League signups, workouts

Registration is now open for Browns River Little League online, at www.brownsriverlittleleague.com for boys and girls ages 4-12. In-person registration will occur at a date and time in March – TBA. Please don't delay – fees will go up on Sunday, March 18! Late signups will not be accepted after April 1. Please consider volunteering to coach, umpire, or help with field maintenance. We can't do it without your help!

The league will hold three indoor winter workouts in the MMUHS gym on Saturdays, March 10, 17, and 31, from 4:00 – 5:30 PM for interested 9-12 year olds (minors and major players). Those 8 year olds who will turn 9 before August 31 are eligible for minors and are invited to attend as well. Winter workouts are a great way to get ready – and excited – for baseball! For information, contact jonstamour@yahoo.com.

Jericho-Underhill Community Directory is STILL AVAILABLE at the town clerks' offices, local stores, and businesses

COMING EVENTS

Tuesday, February 27

Gardening in Small Spaces, 1:00 PM, United First Methodist Church, 899 Dorset St., S. Burlington. In a program sponsored by the Burlington Garden Club, Sarah Salatino will present ideas to keep your hands in the soil and your growing season filled with plants. Sarah is the owner/head grower of Full Circle Gardens in Essex, home of over 700 varieties of Vermont-grown hardy perennials and their seasonal companions. She is a member of the VT Nursery and Landscape Association and is a VT Certified Horticulturist. Her nursery serves as an education site to promote pollinator gardens and native plants, to conserve rare perennial species, and to provide inspiration for your personal garden. Free and open to the public. Find the club on Facebook (Burlington Garden Club Vermont) or online at WWW.BGCVT.org.

Wednesday, February 28

Free Community Meal, 11:30 AM – 12:30 PM, United Church of Johnson, 100 Main St., Johnson. Hot lunch on the second and fourth Wednesday of each, through May, for all who attend. Johnson State College will offer a free community meal, open to the public. Johnson students, faculty, and staff serve as volunteers. All meals are at the same time and location. Sponsored in part by JSC Dining Services, the JSC SERVE program, and Laraway Youth and Family Services.

Thursday, March 1

Free Community Soup and Bread Supper, 4:30 – 6:30 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex. Choose from a variety of hearty soups and breads, plus a sweet dessert. Stay at the church to eat with friends and family, or pick up to take home. The Suppers are held on the first Thursday of the month. For more information, call Pastor Jeannette Conner, 879-4313. Donations are welcome, but not expected.

Lamoille Region Chamber of Commerce annual membership meeting, Johnson State College, Johnson. Keynote speaker Bess O'Brien, co-founder with her husband Jay Craven of Kingdom County Productions. She will talk about her career as a documentary filmmaker in Vermont and her focus on social issues and challenges the state faces. Tickets \$55 each. For more information or to sponsor the event, contact jen@lamoillechamber.com or stop by the Chamber office at 92 Lower Main St., Suite #6, Morrisville.

Friday-Saturday, March 2-3

Book and Bake Sale, 9:00 AM – 12:00 PM, both days, Grace United Methodist Church, 130 Maple St., Essex Junction. Information: 878-4078.

Saturday, March 3

Using the Tools at AncestryDNA, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Ed McGuire will explain all of the major features AncestryDNA provides – DNA Matches Lists, DNA Circles, New Ancestry Hints, and, most importantly the Shared Matches. Ed will discuss how best to contact genetic cousins, how to identify networks of DNA matches who are likely to all share a piece of DNA with you, and how to stay organized. He will also clarify the limitations of each tool and demonstrate some advanced techniques. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Tuesday, March 6

Career Development Specialist Broadcast, 7:00 PM, Johnson State College, Bentley Hall 207, Johnson. CEO Kathryn Minshew, co-founder of the career development platform *The Muse* is featured in this talk. She has co-authored *The New Rules of Wrk: The Modern Playbook for Navigating Your Career*. Free for the public.

Wednesday, March 7

Book launch for *The Flight Attendant*, 6:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Celebrate the launch of author Chris Bohjalian's new novel, a powerful story about the ways an entire life can change in one night. A flight attendant wakes up in the wrong hotel, in the wrong bed, with a dead man - and no idea what happened. Bohjalian's work has been translated into 30+ languages, and three novels have become movies. He lives in Vermont. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3

include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350. Information: www.phoenixbooks.biz or 448-3350.

International Women's Day Celebration, 5:30 – 7:30 PM, Burlington High School, Burlington. This year's event, held on the eve of International Women's Day (March 8), will honor Sue Gillis, publisher of the *Vermont Woman* newspaper; Barbara Jordan, a fitness expert; and advocate Dolly Fleming, director of Mercy Connection. Guest speaker Robin Lloyd of the Women's League for Peace and Freedom. Come meet and converse with the diverse women of our community and taste delicious treats while learning about the ways in which women impact our community and the world. Free and open to all.

Thursday, March 8

Merchants of Doubt, 7:00 PM, Deborah Rawson Memorial Library, Jericho. Join the Jericho Energy Task Force and VT Interfaith Power and Light for a showing of the 2014 documentary inspired by Naomi Oreskes' and Erik Conway's book of the same name exploring the public relations tactics used by industries fighting government regulations – the tobacco industry, manufacturers of flame retardants, and those trying to prevent regulation of greenhouse gasses. Discussion after the movie Part of the Jericho Energy Task Force's winter movie/lecture series. Light refreshments, but please bring your own bowls and mugs to this waste-free event. For information, contact Betsy Hardy, 434-3397.

Saturday, March 10

The Genealogy of Jeffrey Brace: Slave and Revolutionary War Soldier, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Joanne Polanshek will take us on a journey where her genealogical curiosity helped unveil the story of an incredible man. Learn how this historically significant Vermonter was taken from Africa, how he gained his freedom and how he struggled to get his Revolutionary War pension. She will explain the incredible documents which tell this sad and inspiring story. Joanne Polanshek is a professional genealogist. For more details: www.vtgenlib.org or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Vermont Rails Show – Model Railroads, 10:00 AM – 4:00 PM, Collins Perley Sports & Fitness Center, St. Albans (at I89 exit 19). Northwestern VT Model Railroad Association (www.nvrrailroad.org) hosts VT's largest model railroad show for its 31st year, featuring HO, N, Z, G, and O-scale layouts. Over 100 tables of exhibits and vendors of model railroading supplies, railroad videos and books. Face painting and hands-on train activities for kids. Admission, adults \$5, children 6-12 \$1, under 6 free; Families with an active military ID \$5. For information, contact Ron Piro, 802-598-0905 or ronpiro@aol.com.

Annual Veterans Summit, 9:00 AM – 3:00 PM, Alexander Twilight Theatre, Northern VT University-Lyndon, Lyndon. Keynote by Mark Fountain of Honor Flight New England, a NH-based nonprofit that transports WWII and Korean War vets to memorial sites in Washington D.C. Other speakers: Matthew Mulcahy (DVA/White River Jct.), former Marine and Purple Heart recipient Thomas Whorl, and Melissa Jackson (VT Veterans Home). Summit sessions on homeless vets, farming and other job opportunities for vets, woman vets, and more. There will be counseling and telemedicine services for combat vets and assistance for homeless vets. Coordinated by the NVU-Lyndon Veterans Association. Free for veterans and their families. Preregistration required at <http://lyndonstate.edu/veteranssummit>. Information: 626-6346 or Thomas.Anderson@NorthernVermont.edu.

Sunday, March 11

Free lift tickets for veterans with proof of service, Burke Mountain, East Burke. For veterans and their family members. To make a reservation, call Burke Mountain, 802-626-7300.

Sunday Brunch, 9:00 – 10:30 AM, VFW Post 9653, Pleasant St., Morrisville. Menu: scrambled eggs, bacon, sausage, strata, fruit salad, pancakes, sausage gravy with biscuits, juice, coffee, baked beans, and more. Benefits Lamoille County VFW Auxiliary Post 9653. Adults \$10; children under 10 years \$5.

Tuesday, March 13

Researching Your Irish Ancestors, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. As part of the 2018 Burlington Irish Heritage Festival, the VT Genealogy Library and the BIHF are hosting a presentation by Ed McGuire entitled *Researching Your Irish Ancestors*. This hour-long talk will give a brief history of Irish immigration to North America and then discuss some of the major resources for Irish genealogy research – online, locally, and in Ireland. Free and open to the public. Coffee, tea, and pastries will be provided in our break room. For more details: www.vtgenlib.org or 802-310-9285. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

Monday, March 14

History of Cambridge Junction, 7:00 PM at 49 School St., Jeffersonville. The Cambridge Historical Society presents an evening of information-sharing and discussion on the history of Cambridge Junction. Panel Robert Marsh, Matt Safford, Jim Kinney, Dana Severence will lead a discussion on the Overview Of Cambridge Junction Buildings: Train Station, Dwellings, Post Office, Creamery, Hotel (and its fire), Roscoe Fuller Farm, Store, Livery Stable, Black Smith, School House, Covered Bridge. Come to join the discussion or just to listen!

Timeless Truths for Modern Mindfulness, 6:30 PM, Phoenix Books Essex, 2 Carmichael St., Essex. Join author Arnie Kozak, PhD, for a discussion of his new book. Kozak is a psychotherapist, clinical assistant professor in psychiatry at UVM College of Medicine, and workshop leader at the Barre Center for Buddhist

Studies and the Kripalu Center for Yoga and Health. His books include *Wild Chickens and Petty Tyrants: 108 Metaphors for Mindfulness* and *The Everything Guide to the Introvert Edge*. Free and open to all. Information: www.phoenixbooks.biz or 872-7111.

Thursday, March 15

Book talk: *My 30-Year Love Affair with Food in Vermont*, 6:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Sandi Earle for a talk on her new book. Earle will be giving the first 20 attendees who purchase a book at the event a free four pack of the *Shotgun Wedding Chocolate Truffles*, which is a recipe from the book! (One per customer. Some exclusions apply.) Earle is a professional baker and chef, and is currently the Executive Chef at Champlain College and a Sodexo District Chef in Vermont and northern New York. Proceeds from ticket sales go to the VT Foodbank. Tickets \$3 include a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350. Information: www.phoenixbooks.biz or 448-3350.

Saturday, March 17

Corned Beef and Cabbage Supper, servings at 5:00 and 6:00 PM, Binghamville Methodist Church, Fletcher. Menu: corned beef and cabbage, Irish soda bread, homemade dessert. Adults, \$10; children under 12, \$5; preschool free. For reservations, call Dennis or Charles, 849-2120.

Saturday Story Time with City Market, 11:00 AM, Phoenix Books Burlington, 191 Bank St., Burlington. Celebrate St. Patrick's Day with a reading of the children's book *O'Sullivan Stew* by Hudson Talbott. After we read together, we'll have a fun and interactive healthy food activity. Free and open to all ages. Information: www.phoenixbooks.biz or 448-3350.

COMMUNITY COLUMN

Mrs. Ruth Paine – Part 2

By Doug Boardman
Special to the Mountain Gazette

I started working at Mrs. Paine's farm when I was 12 years old. They mainly used horses the first year and it went well with one horse, but the hay wagon with a loader required two horses. Unfortunately we had one young horse and one older one, so you can imagine how hard it was to slow the young one down or try to make the older horse getty-up. You could easily go in circles if you didn't have complete control. We had what we called a dump rake whereby you would rake up the hay after it dried and dump it in a straight row so the hay loader would be able to pick it up and throw it onto the wagon, where I would stack it. I used the young horse for the raking because he had more stamina than the older one. I learned a lesson early on about stacking the hay from the hay loader just right, because on our way back to the barn we were on a side hill and I lost the whole load and had to pitch it back on with a pitchfork; fortunately I fell off the load also and remembered to throw the pitchfork to the side as I fell.

I did get kicked by the old horse and it was my fault because I tried cleaning his stall without removing him, and his foot stepped on my shovel and kicked me in the abdomen and against the wall about ten feet away. I was fortunate that I didn't break anything but couldn't get my breath for a while.

Mrs. Paine bought a Ford Ferguson tractor the second summer. Of course, I was seldom allowed to drive the tractor because I had to do the grunt work. Reddy loved to see me suffer so he never showed me the way to do things. I had to learn the hard way and if I messed up, he would laugh at my efforts. I did not make the same mistake twice. One rainy day, Reddy asked me if I wanted to spread manure with the tractor and I said sure. I loaded the manure from the pile onto the spreader and started off. I learned a very important lesson on spreading manure that day: never spread manure down hill. When I started down hill the spreader threw the shit all over my back, head, shoulders, and the tractor itself and I looked back at the barn and Reddy was laughing his ass off. He may have peed his pants that day, he was laughing so hard. When I got back I had to wash off the tractor and myself but I smelled pretty bad for the rest of the day. Reddy was a gentle giant and weighed over 300 pounds and I weighed all of 140 pounds, but he never got much exercise whereas I was always jumping, running, shoveling, climbing trees, etc. and was all muscle. We both ate a lot but I didn't get fat like he did. I used to kid him about him being on a seafood diet, he would see food and eat it.

Reddy was always trying to pull something on me. We used a corn chopper and blower to fill the silo with silage for the cows, and of course Reddy ran the corn chopper and I was in the silo spreading the corn around while chunks of corn were blowing around me and on me. I did get partially even with him and saved some of the bigger cobs and threw them at him when he came around the corner of the silo.

I was fearless when I was younger. Before hay season I was lifted up on the hay fork, which lifted the hay off the wagon, and hooked up to this rail that shot into top of barn and had a rope that we pulled to dump the hay into the hay loft. I had oil in one hand and hung on for dear life with my other hand. It was a thrilling ride – especially when I got up to the rail which engaged onto the mechanism that shot me into the hay loft, where I sat on the hay fork and oiled the rail.

Reddy put a croquet set up on Mrs. Paine's side lawn. It was across the sidewalk from her large flower garden. We used to play after lunch every day. He was really a good player but I learned real fast and got to beating him regularly. One game I beat him badly and he took my cap and stomped on it, so I took his hat and stomped on that. We started wrestling and I knew my only option was to be quicker than him and not let him get a good hold on me, and go for his legs. I got him down and we were rolling around and unfortunately ended up rolling into Mrs. Paine's flower garden where she had all kinds of flowers, including roses. She saw us and came running out with her trusty broom and started whacking us with it and saying "my, my, my, my, my," which is as close to swearing as she ever got.

Her broom seemed to be her weapon of choice although sometimes it got her into trouble. She had a smallish henhouse with about 25 hens in it. I was working down by the barn and one of the cows got out of the pasture through the fence and I heard a ruckus down by the hen house, so ran down to see what was going on. What a sight! Mrs. Paine was beating this cow's rear end with a broom and in trying to get away from her, the poor cow was stuck in the narrow door going into the hen house. The first thing I did was

MRS. PAINE continued on page 3

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COMMUNITY COLUMNS

Fill-ins, and worth remembering

By Sue Kusserow

Special to the Mountain Gazette

The last two essays I wrote were quite serious: one about how our roles change as we grow older and learn how to take help from others; the second about compassion fatigue, when we are unable to process any more injustices in our world. I had very few 'fresh' ideas, so I turned to my tattered and torn notebook. The binding was barely doing its job, and when I picked it up, it let loose with tiny bits of fill-ins... pieces of paper which had been the handiest thing around when I tried to remember some pithy and spot-on quotes.

The first part of the book had been quite usefully organized, since it held grades from my three years of teaching as a visiting professor at West Virginia University. Of course, this brought back memories of an afternoon course for RNs employed by a local hospital. In line with current thinking in professional nursing, they were required to take a course in public health nursing. This was after they had been working for a full day in various clinical areas, and was taught by an unknown teacher from Charleston. It took a while to convince them that this would be helpful, but we ultimately supported, appreciated, and learned from each other, to a degree where we shared verbal diaries of our current jobs and hopes for the future.

But I digress! When I returned to Vermont, I put the blank pages to good use. So, here are a few of the quotes that I found were meaningful, pungent, and direct.

- Words are the small change of thought.
- Laughter is inner jogging – Norman Cousins
- If you asked me what I came into this world to do, I will tell you: I came to live out loud. – Emile Zola
*Now in the green west hangs a golden star.
In a clear dusk like this,
Mary climbed up the hill to see her son.*
- A man can give his wife two dozen roses to let her know he loves her. His small grandson can do the same with a fistful of dandelions.
• "I want peace." I = ego, want = desire. Take both away and you have peace; i.e., letting go of what you cannot control. This is the first step. The time will come for the second step. Wait for it.
- Computers are useless. They only give you the answers.
- A friend: the person who listens until you are bored.
*Into my lazy ears
tiny waterfalls of silver notes
part the purple dawn.
First bird. – SK*
- Whenever some kindness comes to you, turn that way... toward the source. – Rumi
- When he forgives others for their imperfections, he becomes an adult; when he realizes he is imperfect, he becomes wise. – Alan Newton

Mrs. Paine continued from page 2

get the broom away from her and crawled into the window of the hen house so I could get to the head of the cow and calm her down to get her out. Meanwhile the hens were going apeshit and didn't lay for a couple days.

Mrs. Paine was a decent cook for a while, and used to make big breakfasts. Every morning we would have ham, bacon, oatmeal, potato, eggs, toast, juice, coffee, tea, pancakes, etc. We had two other pieces of land that we hayed that were about two miles away so when we worked there, Mrs. Paine would make two double sandwiches for both of us and a shared pie. We both ate as fast as we could so we could get the bigger amount of the pie, so Mrs. Paine started making a whole pie for each one of us and we wolfed it down. She started having problems with her eyes so she started burning and overcooking everything and over-salting everything. She got some kitchen help and even hired my sister Viv to help her around the house.

I learned a lot on the farm because we had to fix everything ourselves and learned to "cob" up a lot of things. Mrs. Ruth Paine was a big part of my childhood into my teens, and was my first real job where I was paid. She was a tiny woman but was very religious and had a big heart. I will never forget her.

Into the Woods: Resilience

By J. Ethan Tapper

Chittenden County Forester

When trying to manage for healthy forests, you must first consider how to gauge forest health. After all, if we don't know what condition we're shooting for, it's hard to know when we're headed in the right direction. Is a healthy forest one filled with trees growing quickly and efficiently? Or one without disease? Does it include high-quality wildlife habitat, or should forest health be measured solely on the condition of trees? While foresters and scientists have scratched their heads over this for a long time, the best answer we have is that forest health is determined by a quality that is difficult to measure or quantify. This quality is called "resilience."

While we are often hyper-focused on the trees in our forests, trees are just one part of a vastly complex and inter-connected system. The more we learn about forests, the more we understand that "non-tree stuff" – like wildlife, plants, insects and pollinators, soil microbes and fungi – all play critical roles in keeping them healthy. Accordingly, even if you are mostly concerned with just managing trees, you should consider a more holistic approach when thinking about forest management strategies.

Following the wind storm last October, I was inundated with calls from landowners deeply concerned about the health of their forest, heartbroken at the death of trees they had watched grow for decades, and by seeing their yard or woodlot drastically changed. However, from my perspective this event was an opportunity to explain an important concept: that disturbance and change are necessary and inevitable processes in our forests, and that these processes are part of how they remain vibrant, diverse and healthy over time. The question is not if disturbance is part of healthy forests, but how forests respond to these events, which is where "resilience" comes into play.

The resilience of a forest can be defined as its ability to respond to disturbance while maintaining its productive capacity. The trees, plants, wildlife, and other species that make up our forested systems have evolved while dealing with constant change and disturbance. These species, functioning as systems, have

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A watchful Barred Owl.

PHOTO BY PETER SWAINE

Vermont's Winter Birds – part two

By Maeve Kim

We humans have been fascinated by owls as long as we've shared the earth with them. Owls have been seen as symbols of good fortune and as harbingers of doom. They've been worshipped as protective spirits. They've been associated with wisdom and with deceit.

Some say that we're attracted to owls because when an owl is looking at you, it's looking RIGHT AT YOU. I've heard birders talk about feeling permanently changed after meeting an owl's solemn and intent stare.

Several species of these charismatic birds hang around all winter. The most common is the barred owl, named for horizontal barring on the chest and vertical barring on the belly. Barred owls are big birds, with a wingspan of over 40 inches. Unlike many other owls, they can often be seen in broad daylight. In winters with a lot of snow, or when a hard crust covers the snow, they show up near backyard bird feeders and wait for unwary birds or small rodents.

Barred owls have a wide variety of noises but their characteristic call is a loud raspy, "Who cooks for you? Who cooks for you, all?"

When we were kids, we all learned that owls hoot. Actually, most don't – but great horned owls do. They are quintessential owls, the bird that most people imagine when they hear the word owl. Great horned owls are even bigger than barred owls, with a wingspan of almost five feet! Females are larger than males (a pattern that's common for owls and raptors but not for most other birds).

Great horned owls can nest as early as February. They don't build their own nests, preferring squirrel nests, hollows in trees, rocky caves, manmade platforms, even abandoned buildings. They also like nests pre-made by other big birds. There's one nest in Addison that's regularly used by great horned owls in the winter and red-tailed hawks in the summer.

Great horned owls in captivity have lived over 35 years but the oldest wild great horned owl found was only 13. Most deaths are related to humans: owls get shot, caught in traps, hit by cars, or electrocuted on power lines.

Another big owl delights Vermonters in the winter – but not every winter!

Snowy owls have had lots of folk names: Ghost Owls, Ermine Owls, Tundra Ghosts and White Terrors of the North. Adult males are mostly white, females look salt-and-pepper, and juvenile birds can have quite a lot of black streaking.

Snowy owls usually stick around all year on their breeding grounds in the far north, but in winters with too many owls or too few rodents, some come south. They're most often seen in the broad flat agricultural fields of Addison County (which must feel like their tundra home) but they also show up in unexpected places: atop a streetlamp at Taft's Corner, on a roof in a new South Burlington development, at airports. This winter, snowy owls have been seen in many places in the Champlain Valley, including the Colchester Causeway, the UVM Campus, North Hero, Addison, and Shoreham. When you're out driving around, be on the lookout for odd-shaped lumps in snowy fields. You might find your own snowy owl!

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A mouthful of dental myths

By Lewis First, MD

Chief of Pediatrics at UVM Children's Hospital

February is National Children's Dental Health Month. So this week, I'll extract the fact from the fiction when it comes to your child's teeth.

Parents have told me they don't think their babies need to see a dentist since they have no teeth. Actually, a dental visit is recommended as soon as the first tooth comes in – or at the latest by year one.

Your first dental visit can catch problems that can cause dental issues up the road. Annual checkups should follow. Choosing a dentist is as important as having a child health professional to oversee your infant's health needs.

Another common myth is that sugar directly causes cavities. Actually, sugar feeds the bacteria in your or your child's mouth and allows those bacteria to thrive and multiply. As bacteria multiply, they produce large amounts of acid that breaks down teeth. That makes sugar an indirect cause for cavities.

Speaking of cavities, parents ask me if they only form where you can see them. The answer is no. Decay happens wherever leftover food particles, especially sugary ones, get stuck between and behind teeth. Cavities may be present even if you can't see them.

Are children more likely to get cavities than adults? No. This is another myth. Children today have half the amount of tooth decay that they had 20 years ago. This is thanks to the use of sealants on teeth, along with good brushing and flossing. Today, adults are more prone to cavities than children.

What about brushing versus flossing? Which is more important? Brushing is more important than flossing for young children just getting their teeth. In fact, brushing should start even before a baby starts teething. You can run a clean, damp washcloth daily over the gums. Brushing can start with the onset of the first baby teeth.

Flossing is more effective than brushing at cleaning out food particles that get stuck between teeth. This is true for young children once the majority of the baby teeth have appeared. Flossing can and should begin during the toddler and preschool years, along with brushing twice a day.

Hopefully tips like these provide more than a mouthful of facts about how to keep your child's teeth healthy.

Send your news to
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The Mountain Gazette

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(802) 453-6354 • mtgazette@earthlink.net

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Send your news to
mtgazette@earthlink.net, www.mtngazettevt.com

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email: cccpastorjeannette@gmail.com

Phone: (802) 879-4313

facebook: <https://www.facebook.com/Covenant-Community-Church-125345080830320>

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ART / MUSIC / THEATER



At Bryan Memorial Gallery in Jeffersonville, Burlington City Arts' Mary Zompetti (her work, above) will lead a small, intensive discussion about the artwork of the six artists who sign up first for this on Saturday, March 10 session (free but advanced registration required). Part of the Gallery's Cabin Fever, an annual month-long series of art-oriented programs, Saturday, March 3-Sunday, April 1, with workshops, lectures, talks, and conversations on art. For information: 802-644-5100; www.bryangallery.org.

PHOTO CONTRIBUTED

ART/PHOTOGRAPHY

An MMU Fine Art Show is currently on exhibit at the Emile A Gruppe Gallery, displaying the works of students of the Mount Mansfield Fine Arts Department. The show includes metal works, photography both black-and-white and digital, drawing, and ceramics, taught by teachers Cyndi Listernik, Greg Pajala, and Jon Harrison. Also on exhibit: *What Did The Rock Say: Part 1* featuring work by Dianne Shullenberger and John Snell, through Sunday, March 18. There will be an Artist Reception Sunday, March 4, 2:00 – 4:00 PM with readings by Zoe Fowler and Mary Jane Dickerson, and music by cellist Maya Parry. Gallery hours are Thursday-Sunday, 10:00 AM – 3:00 PM. Meet students and teachers at the closing reception on Sunday, February 18, 1:00 – 3:00 PM. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; open 10:00 AM – 3:00 PM Thursday-Sunday or by appointment; 802-899-3211 or www.emilegruppegallery.com.

Bryan Memorial Gallery presents a show for Valentine's Day: *Love Lost and Found*, a member exhibit of paintings exploring the vicissitudes of love, in its Middle Room, running through Sunday, April 1. The juried exhibit includes 28 paintings in a variety of mediums by 23 artists. Also, *Land and Light and Water and Air*, including over 100 juried landscape paintings of New England scenes from regional artists. The gallery is open daily, Thursday-Sunday, 11:00 AM – 4:00 PM and by appointment. Free admission. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org.

After the Frost: Moments in Nature is an exhibit of mixed media and fabric collage by Dianne Shullenberger opening Thursday, March 1 in The Gallery at River Arts, Morrisville and running through April 29. The exhibit by Jericho resident Shullenberger will be joined by a collection of pastels by Marcia Hill, *The Spirited Landscapes, in the Common Space Gallery*. There will be an opening reception for both artists on Thursday, March 1, 5:00 – 7:00 PM (free admission; cash bar). River Arts of Morrisville, 74 Pleasant St., Morrisville, 888-1261.

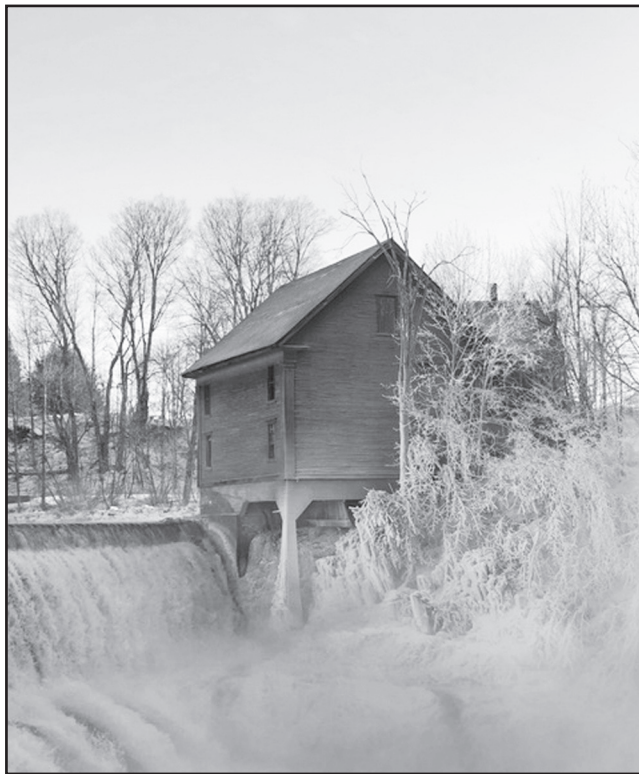
River Arts in Morrisville has several drop-in sessions available. For adults and teens: Printmaking Drop-in, every Sunday, 1:00 – 3:00 PM, \$5 suggested donation; River Arts Photo Co-op, every third Thursday, 6:00 – 8:00 PM, \$5 suggested donation; Poetry Clinic, every first and third Tuesday, 6:00 – 8:00 PM, \$5 suggested donation; Open Studio Figure Drawing, every first and third Tuesday, 3:00 – 5:30 PM, \$10/session, punchcards available. For seniors: Over 60s Art Group, Drop-in every Thursday, 10:00 AM – 12:00 PM, free to adults 60 years and up. For kids: Open Gym Playgroup, drop-in every Monday, 9:30 – 11:00 AM, free; Music and Movement, drop-in every first and third Wednesday, 10:30 – 11:30 AM, free; BIG & Messy – ART SPACE, drop-in every Sunday, 10:00 AM – 12:00 PM, \$5 suggested donation. To register and for more information, <https://riverartsvt.org> or River Arts of Morrisville, 74 Pleasant St., Morrisville, 888-1261.

The Common Grounds Art Show Call to Artists from the Birds of Vermont Museum is in recognition of 100 years of the Migratory Bird Treaty Act. We seek bird-oriented artworks on themes of conservation, migration, habitat, protection, and/or coordination among peoples, species, places, and/or time. The show runs from May 1-October 31 in the Museum, with most art hung on the walls (some shelf and ceiling space). Any media; new or returning artists of any age; send up to three works – up to three .jpgs – to museum@birdsofvermont.org, with "Submission for Common Grounds art show" in the subject; or up to three prints to the Museum, attn: Common Grounds art show. Include contact info and a description of work (media, artwork size, when made, etc.). Entries due by Tuesday, March 27. Selections by April 5; museum staff will contact artists. The Museum asks for permission to reproduce images of the selected works in print and online as part of publicity for the exhibit. Artists showing work are invited to sell originals, prints, and/or cards through us on consignment; details available on request – contact Kir Talmage or Allison Gergely, 802-434-2167 or museum@birdsofvermont.org.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit www.VisionsofVermont.com.

At Helen Day Art Center in Stowe through April 14, the two-person exhibit *Ordinary Time* features the work of Maine-based painter Grace DeGennaro and the kinetic sculpture of Boston-based Anne Lilly. These artists elevate the ordinary into the extraordinary by working with engineering and geometry to create fluidity and beauty. Also through April 14 in the East Gallery: *The Infinite Shapes of Water*, an exhibit of large-scale digital photo prints by Philip Herbison. Helen Day Art Center, 90 Pond St., Stowe.

Essex Art League meets the first Thursday of the month, September-May, 9:00 – 11:00 AM at the Essex Junction Congregational Church on VT Rt. 15, Essex Junction. The agenda includes a business and social time and a guest speaker/artist



At Bryan Memorial Gallery in Jeffersonville on Sunday, March 11, Nan Carle Beauregard will teach a day-long workshop on iPhotography, with tips and techniques for shooting, editing, cropping, and printing sharp, informative, and artistic photos. (Tuition fee and advance registration required). Part of the Gallery's Cabin Fever, an annual month-long series of art-oriented programs, Saturday, March 3-Sunday, April 1, with workshops, lectures, talks, and conversations on art. For information: 802-644-5100; www.bryangallery.org.

PHOTO CONTRIBUTED

presentation. More information including a calendar and online gallery is available at the League's website www.essexartleague.com.

The Milton Artist Guild offers a number of fun and varied workshops. In March and early April these include: Pen & Ink Drawing with instructor Robert Brunelle Jr. on Saturday, March 3; Live Model Life Drawing with instructor Kim Anetsberger on Mondays, March 5, 12, 19, 26; Chain Maille Earrings with instructor Cathy LaClair on Tuesday, March 6; Easter Basket Weaving with instructor Tracie Quirion on Saturday, March 24; Landscape Tapestry Weaving with instructor Janice DeCooman on Saturday, April 7. Register for any workshop at the Art Center Wednesday-Saturday, 11:00 AM – 6:00 PM; Sunday, 11:00 AM – 3:00 PM, online at miltonartistsguild.org or email castlegarden_vt@yahoo.com. For information, contact the Milton Artists' Guild, P.O. Box 369, Milton, VT 05468; www.miltonartistsguild.org.

Kathy Stockman is offering an open registration workshop in Soft Stone Sculpting at Shelburne Pond Studios, 1260 Pond Rd., Shelburne, on Tuesdays and Saturdays, 9:00 AM – 12:00 PM. A selection of raw stone is available at the studio for purchase. A minimum of four three-hour classes is suggested to complete a sculpture, depending on complexity. For more information including cost, register at Milton Art Center Wednesday-Saturday, 11:00 AM – 6:00 PM; Sunday, 11:00 AM – 3:00 PM; online at miltonartistsguild.org; or email castlegarden_vt@yahoo.com. For information, contact the Milton Artists' Guild, P.O. Box 369, Milton, VT 05468; www.miltonartistsguild.org.

MUSIC

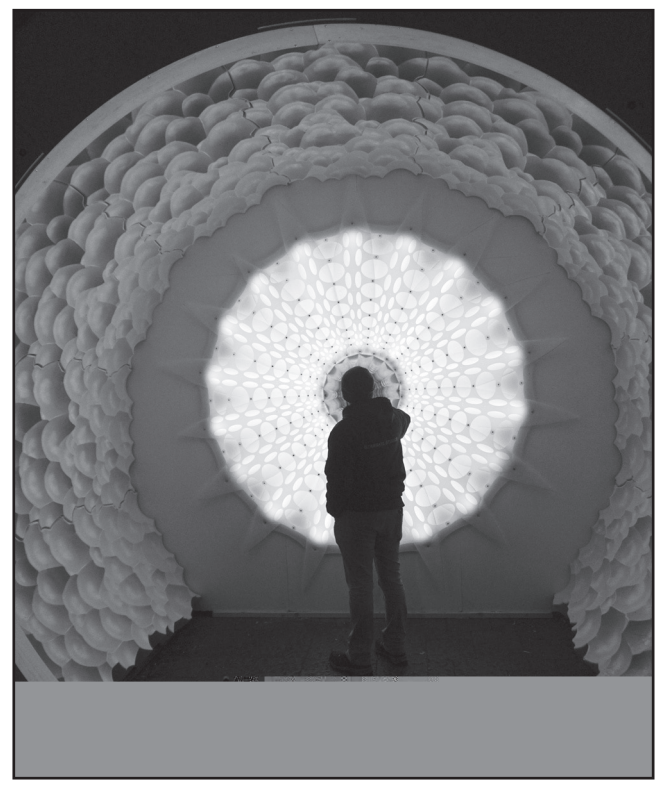
Deborah Rawson Memorial Library (8 River Rd., Jericho) welcomes *Phineas Gage* back to the library for a free concert in the Main Reading Room on Sunday, March 4 at 2:00 PM. The Waitsfield-based group performs "pholk punk and pholkgospel grassicana" music, with multiple instruments and beautiful two-part harmonies. DRML's next concert on Sunday, April 8 will feature the *Beeline Ramblers*. For information, 899-4962.

The Hinesburg Artist Series' 22nd annual concert on Sunday, March 18, 4:30 PM at St. Jude's Church, Hinesburg will feature the South County Chorus and Hinesburg Artist Series Orchestra under the direction of Rufus C. Patrick. Several selections from Part II and III of Handel's *Messiah*, including the *Hallelujah Chorus* will be performed. The concert will also feature a composition by Dan Forrest, *Requiem For The Living*, a five-movement work forming a narrative of light, peace, rest, and comfort to the living who have experienced the loss of friends and family. An ensemble comprised of Jim Duncan (trumpet), Jane Kittredge (violin), Kim Hardy (cello), and Gary Moreau (bass) will perform *Jubilate Deo omnis terra* by Johann Valentin Meder. Tickets (\$20 adults; \$15 seniors and students) available at the Hinesburg Rec Department, Blue Cottage Gifts, Hinesburgh Public House, through FlynnTix.org (863-5966), and at the door.

The Burlington Chamber Orchestra's eleventh season performances this season will include a Collaboration with the UVM Dance Department featuring Claude Debussy's *Prelude to the Afternoon of Faun* and Aaron Copland's *Appalachian Spring* on Saturday-Sunday, March 3-4; and a collaboration with *Bella Voce Chorus* Mozart's *Marriage of Figaro Overture*; Mel Bonis, *Suite en forme de valse pour orchestre*; and Gwyneth Walker's *Love is a Rain of Diamonds, I Will be Earth, Thank you God, The Tree of Peace* and *How Can I Keep* on Saturday, May 12. The Concerto Competition winner will also perform at the May concert. General admission is \$30 adults and \$10 students (with identification). Season tickets are \$120 for adults and \$40 for students. For more information go to www.bcovt.org, or contact Sharon Radtke, 802-893-4082 or bco@bcovt.org.

THEATER/FILM

The Brew HaHa is back at River Arts in Morrisville, transforming the gallery into a comedy club on the eve of St. Patrick's Day for the second annual event! The evening features emcee Justin Lander of Modern Times Theater, Vermont's funniest comics: Sky Sandoval and Jared Hall from the Vermont Comedy Club, a special appearance by the Johnson State College improv troupe, Morrisville comedian Mavis, and an entertaining pie auction with an assortment of sweet and savory pies to support River Arts. Pizza and local craft brews will be available. Friday, March 16, 6:00 – 7:30 PM; doors open at 5:30 PM; tickets are \$10, available in advance at <https://riverartsvt.org>.



Dreamcatcher by James Peterson, part of the event *Dreamcatcher, ongoing through September* featuring the work of Peterson. This large interactive sculpture by Peterson is inspired by magical Siberian ice caves. Presented at Spruce Peak Village Center by Spruce Peak at Stowe; curated by Helen Day Art Center, 90 Pond St., Stowe. Admission by donation; open to the public.

PHOTO CONTRIBUTED

org/events/?upcoming. River Arts of Morrisville, 74 Pleasant St., Morrisville, 888-1261.

Burlington City Arts presents an *Architecture + Design Film Series*, a free screening once a month until April 2018. Come for a thoughtful discussion and light refreshments to a creative gathering aimed to broaden awareness, foster connections, spark new ideas, and ultimately build momentum towards positive action. Wednesday, March 21: *The Salt of the Earth* directed by Wim Wenders and Julian Ruberio Salgado. Wednesday, April 18: *Five Seasons: The Gardens of Piet Oudolf* directed by Thomas Piper. Sponsored by Burlington City Arts and the UVM Department of Art and Art History. Location: Contois Auditorium, 149 Church St., Burlington. All showings are at 6:00 PM.

White Christmas auditions – Chandler Center's 20th annual 4th of July musical will be *White Christmas*, with performances July 5-8 at the Chandler Center in Randolph. Auditions are open to kids age 7-18. Audition materials and the registration form can be found at <https://www.chandler-arts.org/youth/>. For more information, contact outreach@chandler-arts.org or 802-728-9878.

The Chandler Center for the Arts in Randolph presents the winners in its 2017 competition for new plays on current social issues written by Vermont playwrights, as staged readings in the Upper Gallery. Each begins at 7:00 PM and will be followed by a talkback for actors and audiences to give feedback to the authors, who will attend. Sunday, March 25: Margot Lasher's *I Belong Somewhere*, about a small group of homeless people and animals gathered in a vacant lot, all affected by war and all protective of each other. Sunday, April 29: Maura Campbell's *Cross Talk*, in which a 19 year old just out of detox is compelled to go to a Narcotics Anonymous meeting, where he meets others trying to get through each day without picking up a drug. Tickets adults in advance \$10, day of show \$12; full-series adult passes \$25; students \$5 at all times: call the Chandler Box Office, 802-728-6464, 12:00 – 4:00 PM weekdays. Complimentary refreshments available.

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Doris H. White died Sunday, February 11, 2018 in St. Albans, VT. She was born April 30, 1920, in Jericho, VT to Oscar and Ella (Brown) Haylette. Doris attended Underhill I.D. schools and graduated from Johnson Normal School in 1939. She began her teaching career in Montgomery, VT for the princely sum of \$595 per year. Three years later she took a teaching position in Sheldon Springs, VT. It was there that she met Murl White of Georgia, VT. They were married June 2, 1945, and had almost 50 years

together before his death in 1994. Doris and Murl spent the early years of their marriage on the White family farm on the Georgia (VT) Shore. Doris left teaching to raise four daughters and fulfill the myriad duties of a farmer's wife. When her two older children were in school she began substitute teaching in the Georgia schools and in 1960 she went back to teaching full time at Georgia Elementary. In the early 1960s state requirements for teaching credentials were raised from the two-year normal school degree to a four-year degree. Doris began taking courses in the evenings and summers and in 1971 graduated from the University of Vermont. In 1962 Murl and Doris bought a farm on Prospect Hill in St. Albans. Doris retired from teaching in 1982 and they bought a motor home and did some traveling, visiting far-flung family and enjoying new adventures. In retirement Doris volunteered at the Georgia Public Library, served on various committees for the Georgia Plains Baptist Church and as an officer of the VT Retired Teachers Association. Doris continued to live at her home on Prospect Hill until just shy of her 95th birthday, when health and mobility concerns led her to move into Homestead Assisted Living. Doris was predeceased by her husband, Murl; two sisters, Louise Crissinger and Ethel Drinkwater; a brother, James Haylette; and a granddaughter, Sandra Townsend. She is survived by four daughters: Kathi (Bob) Miller, Joyce (John Hamerslough) White, Shelly Tipper, and Sandy (Brian Kinsman) White; eight grandchildren, sixteen great-grandchildren, and five great-great-grandchildren. Doris' family wishes to express their gratitude to the staff of Homestead and to Dr. Amy Roberts for the compassionate and excellent care they provided to Doris. Memorial contributions may be made to Franklin County Home Health Agency, 3 Home Health Circle, St. Albans, VT 05478, who provided services that allowed Doris to remain in her home until age 95, and who provided hospice care in her final days. Calling hours were Friday, February

16, 2018, at the Heald Funeral Home, 87 South Main St., St. Albans. A service to celebrate Doris' life was held Saturday, February 17, 2018 at the Georgia Plains Baptist Church, 1493 Stone Bridge Rd., Georgia. To send Doris' family a written expression of sympathy, please go to her on-line guest book at www.healdfuneralhome.com

Sherada Ramirez died Saturday, February 10, 2018 at the age of 92.

She was a devoted wife and a great friend to the missionaries and would bring them food weekly. She was a wonderful cook. Norma is survived by her two daughters, Heather Kent Dickson and husband Mark of Utah, and Blythe Kent of Jericho; three brothers, Jhar Ramirez of Pennsylvania, Dionisio Ramirez and wife Mildred of Puerto Rico, and Raul Ramirez and wife Judy of Florida; grandchildren Samuel Dickson, Lauren Dickson, Katherine Dickson, Emma Dickson, and Ben Kent; dozens of nieces, nephews, and cousins; and beloved pets Scooter and Lydy. Visiting hours were held on Saturday, February 24, 2018 until the hour of service at The Church of Jesus Christ of Latter Day Saints, 73 Essex Way, Essex, VT. Burial will be in the spring. The family invites you to please share your memories and condolences by visiting www.awrffh.com.

Elizabeth T. Allard of Jericho, VT passed away peacefully on Saturday, January 27, 2018 after a three year struggle with Alzheimer's disease and various respiratory ailments. She was born Elizabeth Rose Talbert on May 8, 1933 in Burlington, VT to Gerdan and Lucy (Greene) Talbert. In 1952 she married Robert A. Allard, who predeceased her on January 28, 1993. She is survived by her sister Jeannette O'Neil of Shelburne, VT, son David Allard and wife Brenda of Burlington, son Daniel Allard and wife Patricia of Taos, NM, daughter Mary Allard Stanley and husband Jeff of Swanton, VT, and daughter Patricia Arnold and husband Gregory of Jericho. She is also survived by twelve grandchildren, thirteen great-grandchildren, numerous brothers- and sisters-in-law, and many nieces and nephews. In addition to her parents and husband, she was predeceased by her brothers Gerdan and Donald Talbert. She enjoyed her years in Burlington and Jericho, having formed many good relationships with family, friends, and neighbors in both locations. Her past few months were spent in residence at Birchwood Terrace / Kindred Health care in Burlington, where she adapted to living comfortably and was well treated and cared for. In accordance with her wishes, there will be no service or visiting hours. A memorial will be planned for a future date at the convenience of the family. Arrangements were made through Ready Funeral and Cremation Services.

SPECIAL HOME & GARDEN INFORMATION SECTION

Appearing April 5, 2018

in the

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PEOPLE - CAMPUS HONORS

Mackenzie Ramsdell of Waterbury, VT has been named to the fall 2017 Dean's List at Georgia Southern University, Statesboro, GA.

Saegre Robinson of Underhill, VT has been named to the fall 2017 Dean's List with highest honors at the University of New Hampshire, Durham, NH.

Macallan Rogers of Cambridge, VT has been named to the Dean's List at the University of Vermont, Burlington, VT.

Nathan Schwartz of Jericho, VT has earned a spot on the fall 2017 Dean's List at Hofstra University, Hempstead, NY.

Grayden Patrick Shand of Jericho, VT, a senior majoring in innovation and entrepreneurship, has been named a Presidential Scholar for the spring 2017 semester at Clarkson University, Potsdam, NY.

Julia Smith of Jericho, VT has been named to the fall 2017 Dean's List at Castleton University, Castleton, VT.

Shannon Springer of Jericho, VT has been named to the fall 2017 Dean's List at Newberry College, Newberry, SC.

Julia Stergas of Cambridge, VT has been named to the fall 2017 Dean's List with high honors at the University of New Hampshire, Durham, NH.

Erin Sulva of Jericho, VT has been named to the fall 2017 Dean's List at Castleton University, Castleton, VT.

Kurtis Swahn of Jericho, VT has been named to the fall 2017 Dean's List at Castleton University, Castleton, VT.

Adam Wechsler of Jericho, VT has been named to the Dean's List at the University of Vermont, Burlington, VT.

Jacob Wechsler of Jericho, VT has been named to the fall 2017 Dean's List at Roger Williams University, Bristol, RI.

Alexandra Wedge of Waterbury, VT has been named to the Dean's List at the University of Vermont, Burlington, VT.

Alice Woodruff of Waterbury, VT has been named to the Dean's List at the University of Vermont, Burlington, VT.

Colleen Wyatt of Jericho, VT has been named to the fall 2017 Dean's List at Worcester Polytechnic Institute (WPI), Worcester, MA. Wyatt is a member of the class of 2021, majoring in chemical engineering.

Morgan Wynes of Jeffersonville, VT has been named to the fall 2017 Dean's List at the University of Rhode Island, Kingston, RI.

Taylor Yandow of Waterbury, VT has been named to the fall 2017 Dean's List at Lasell College, Newton, MA. Yandow majors in exercise science and is a member of the class of 2018.

Morgan Young of Cambridge, VT has been named to the fall 2017 President's List at Castleton University, Castleton, VT.

Ellyze Zelazny of Underhill, VT has been named to the fall 2017

LETTERS TO THE EDITOR

Endorses Kearns for Underhill board

To the Editor,
I heartily endorse Catherine Kearns' candidacy for the Underhill Selectboard. Having worked with Cat on the Planning Commission I have been impressed with her excellent judgment and problem solving and analytic skills. Her balanced perspective makes it easy to work with her. I think the greatest contribution Cat would bring to the Selectboard is her ability to listen. She asks clarifying and thoughtful questions to make sure she understands the issue. She is deeply concerned about our town and its future. Cat would be a great addition to the Selectboard!

Carolyn Gregson
Underhill Center

Catherine Kearns for Selectboard

To the Editor,
I heartily endorse Cat for a seat on the Underhill Selectboard. She's thoughtful and solid, and her experience in carefully thinking through problems would be a great asset, as would her ability to work easily with others. Based on my own experience on the Selectboard both as a member and as chair, she would bring a great deal to the table and make a great positive contribution to our town.

Cliff Peterson
Underhill

"Whatever you do will never be enough. But it matters enormously that you do it." – Gandhi

MOUNTAIN GAZETTE RATES – 2018

The *Mountain Gazette* is the hometown community newspaper for Bolton, Cambridge, Jeffersonville, Jericho, Underhill, and Westford, Vermont.

The *Mountain Gazette* store-delivers 4,500 - Bolton, Cambridge, Jeffersonville, Jericho, Underhill, Westford, Essex Junction, Essex, Essex Center, Fairfax, Huntington, Hinesburg, Jonesville, and Richmond.

TOTAL CIRCULATION – 4500 COPIES

The *Mountain Gazette* is owned and operated by Brenda Boutin. Boutin has a B.A. in Graphic Design and is the Graphic Designer. Ads are designed for you at no added cost.

OPEN RATE

\$8.25 column inch,
Column width 1-7/16"

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Publication: First & Third Thursday/Month
Deadlines: Thursday before publication:
Copy – 12:00 Noon
Advertising – 5:00 PM

Business Directory: \$18 each, must buy 5 issues (\$90 pre-paid) Size: 3-1/4" x 1-1/2.
Contract rates available, More sizes available

Classifieds: \$6.50 for 25 words, 10¢ each additional word

Other publications available:
2018 Jericho – Underhill Community Directory (3000 COPIES DISTRIBUTED)

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The *Mountain Gazette*, 6558 VT RT 116, Starksboro, VT 05487 • Phone: 802-453-2468

bboutin@gmavt.net • www.mtngazettevt.com

United Way of Northwest VT Volunteer Connection listings

By Sue Alenick, United Way Volunteer Columnist
LEND A HAND. VOLUNTEER! United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to www.unitedwaynwvt.galaxydigital.com or contact us at volctr@unitedwaynwvt.org or 860-1677.

CURLING CHALLENGE – Howard Center is looking for volunteers to help at the 9th Annual Curling Challenge fundraiser at Cairns Arena in S. Burlington. Two people are needed on Friday, March 9 to help unload supplies. During the event on Saturday, March 10, three-hour shifts include set up, meeting and greeting, refreshments, ice monitoring, and clean up. All volunteers receive a complimentary t-shirt and refreshments. Contact Denise Vignoe, 488-6912 or dvignoe@howardcenter.org.

MARDI GRAS! – It's time for Magic Hat's Mardi Gras Parade benefitting the Vermont Foodbank, and they are in need of volunteers to help keep the parade route safe, walk beside floats, sell Mardi Gras swag, and more. Volunteers will be rewarded with a Mardi Gras T-shirt, snacks, and a great day. Saturday, March 10, shifts between 10:00 AM – 4:00 PM. Contact Kate Steward, 477-4121, Ext. 1121, or volunteer@vtfoodbank.org.

HOSPICE TRAINING – Franklin County Home Health Agency will begin hospice training on Tuesday, March 6 at 5:00 PM for volunteers 18 years of age and older. Hospice volunteers provide caregiver respite, assist with Agency events, serve as companions, and help to enhance the quality of end-of-life care. Eight training sessions will be held on Tuesdays from 5:00 – 8:00 PM. A \$35 fee will cover course materials, binder, and certification of completions. For information and to register, contact Nancy Dulude, 393-6721.

INTERNSHIPS – ReSOURCE Burlington's Household Goods Store is offering volunteers interested in retail and social media marketing the opportunity to gain hands-on experience in a busy non-profit organization. Tasks for the Marketing and Social Media Intern include social media campaigns, marketing of store sales and events, assisting in planning and implementation of store events, outreach, and marketing to local colleges. Volunteers should have experience with multiple social media platforms, experience with Adobe Suite for graphics production, and be skilled in the use of a digital camera. Flexible scheduling, a minimum of eight hours a week. Other internships are available as well. Contact ReSOURCE Volunteer Coordinator, volunteer@resourcevt.org.

SUBSTITUTE COOKS NEEDED – Burlington and Winooski Dismas House is in need of volunteers to serve as Substitute Cooks when cancellations arise among regular volunteers. Volunteers may be individuals, families, or civic groups and will be asked to prepare dinner for up to ten residents, a staff member, and the volunteers themselves. Food may be brought already prepared or volunteers may bring groceries and cook in the houses' kitchens. In Burlington contact Zoe Bishop, 658-0381 or zoe@dismasofvt.org. In Winooski contact Sue Drollette, 655-0300 or sue@dismasofvt.org.

CHILD PLAY – The Janet S. Munt Family Room in collaboration with the Lund Center is offering Strong Families, a multi-week program of parent education for those with children from infancy to five years old, with a concurrent children's program. They are seeking volunteers to support children's play along with their staff. Orientation and background check required. Contact Emily Merrill, 862-2121 or emily@thefamilyroomvt.org.

A NEW START – ANEW Place offers services for the homeless to provide the tools for lifelong change so that each person may start anew. They are looking for volunteers to provide a meal for up to 20 homeless guests. For information contact Katie Ballard, 862-9879, Ext. 1006, or katie@anewplacevt.org.



The Hinesburg Artist Series' 22nd annual concert on Sunday, March 18, 4:30 PM at St. Jude's Church, Hinesburg will feature the South County Chorus and Hinesburg Artist Series Orchestra under the direction of Rufus C. Patrick, pictured with three vocal soloists: Gary Moreau, Amy Frostman, and Billy Ray Poli. Tickets (\$20 adults; \$15 seniors and students) available at the Hinesburg Rec Department, Blue Cottage Gifts, Hinesburgh Public House, through FlynnTix.org (863-5966), and at the door.

PHOTO CONTRIBUTED

ADULT ACTIVITIES

Veterans Job Networking. Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Junction; 1:00 – 2:30 PM, American Legion Post, St. Albans.

The Vermont Genealogy Library in Fort Ethan Allen, Colchester has the resources to help you find those elusive ancestors. We are open every Tuesday from 3:00 – 9:30 PM. We continue to be open every Tuesday. Please see our website www.vtgenlib.org for more information including directions and how to contact us if you are visiting the area.

Toastmasters of Greater Burlington, 2nd and 4th Wednesdays, 7:00 PM, Holiday Inn, 1068 Williston Rd., S. Burlington. Do you want to develop your speaking and leadership skills? Ace an interview? Ignite your career? If so, Toastmasters of Greater Burlington is the place for you. You'll find a supportive learn-by-doing environment that helps you achieve your goals. For

information, 802-782-4832.

Eagles Auxiliary #3210 holds bingo at the club house, VT Rt. 109, Jeffersonville, Friday nights. Doors open at 5:30 PM. Bingo starts at 6:45 PM. For information, contact Sally, 644-5377.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Amy, 899-2154, for information.

Mount Mansfield Scale Modelers, 3rd Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln St., Essex Junction.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2nd Monday of the month, 6:30 PM. Anyone welcome.

HEALTH EVENTS & GROUPS

Healthier Living with Diabetes – free six-week class at the Cambridge Health Center to learn self-management techniques to prevent low blood sugar, practice healthy eating, be more active, reduce stress, communicate effectively with your healthcare team, and more. Upcoming sessions will run Wednesdays, April 18-May 23, 2018, 2:00 – 4:30 PM. For information, contact Rorie, 644-5114.

La Leche League of Essex Junction – monthly breastfeeding support meetings, first Thursdays, 6:30 – 8:00 PM, Essex Free Library, 1 Browns River Rd., Essex Junction. Join us whether you are pregnant, nursing your first tiny baby, or weaning your last toddler. Free! We meet downstairs in the children's area.

Al-Anon meetings, Jericho United Methodist Church, Thursdays 10:00 AM, and Saturdays 10:00 AM.

Alcoholics Anonymous meeting, "Women's Big Book" group meets Thursdays 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Junction, across from Grange Hall.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays 8:00 – 9:00 PM, and Saturdays 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

Alzheimer's support group, monthly on the 3rd Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of

Alzheimer's disease and related dementias. For information and to register, contact Cathy Michaels, 985-8600.

Brain Injury Support Group – a place for survivors and family members, caregivers, friends, and the community to receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure, and confidential environment. Evening group: first Wednesday of every month 5:30 – 7:30 PM at Fanny Allen Campus, 790 College Parkway, Colchester, follow the signs; daytime group last Friday of every month at the Department of Labor, 63 Pearl St., Burlington, 12:00 – 1:00 PM conference room A. Call the BIAVT help line, 877-856-1772.

Autism – Vermont Healing Network, excellent autism resource 1-800-800-4005, vermontfamilynetwork.org.

Foot Clinics – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and information. Cost: \$20.

Champlain Valley Prostate Cancer Support Group, 6:00 – 8:00 PM, 2nd Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer reoccurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. Information: Mary L. Guyette RN, MS, ACNS-BC, 802-274-4990.

Lamoille Home Health & Hospice: Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene, 888-4651 or ccamire@lhha.org for more information.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

KIDS

Playgroups free of charge and open to all children birth-5 years, and their caregivers. Stories, songs, crafts, free play, local events and information, and more – an opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For information on any playgroup, contact Heather Lebeis, 899-4415 or underhillplaygroup@yahoo.com. Mondays: Good Shepherd Church, VT Rt. 15, Jericho, 9:30 – 11:00 AM; Wednesdays: Richmond Free Library, 8:45 – 10:15 AM; Fridays: Huntington Public Library, 10:00 AM – 11:30 AM.

Early Literacy Storytime, Thursdays, 11:00 AM, Westford Public Library. Stories and activities using early literacy concepts for ages birth-preschool. Drop-in; no registration needed. New families welcome. Information: Victoria, 878-5639 or westford_pl@vals.state.vt.us, or visit www.westford.lib.vt.us and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Catalyst Church on the Raceway, Underhill on the 1st and 3rd Wednesday of each month. All seniors welcome. Dinner served at 11:30 AM. Information, Bette Workman, 899-4446, Loreen Teer, 899-1363, or Doug Keith, 899-2582.

Johnson Community Meal – 2nd and 4th Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal followed by community gathering. Information: Ellen Hill, 635-1439, ellen.hill@jsc.edu.

Westford Senior Lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2nd Monday. Lunch, 12:00 PM; short meeting or presentation after. Call Carol Howrigan 878-3090 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire Station. Meal at 5:00 PM. Open to adults 60+. Contact Doris Wheelock at 434-3769.

Huntington senior meal site – The Huntington senior meals are served monthly on the 3rd Tuesday, 12:00 PM at the Community Baptist Church, Huntington Center.

St. Jude's Church senior meals, Hinesburg, 2nd and 4th Tuesday of each month. Free bingo games afterward. Everyone welcome, including caregivers. Suggested donation \$4 per person. Information: Ted Barrette, 453-3087.

Starksboro First Baptist Church senior meals, Starksboro, 4th Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. **All ages are welcome!**

"Good Food for All" free dinners, 2nd Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on 1st four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. Information: Susan Lassiter, 644-6600 or Slassiter@unionbankvt.com.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the town garage. Information: John Quinn, jquinninv@aol.com.

Jericho Village Water District Board of Commissioners meet on the 3rd Wednesday of the month, 7:00 PM, Old Red Mill, Jericho.

Jericho-Underhill Water District meets 1st Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. Information: 899-4076 or 899-3810.

Jericho Historical Society, monthly on 2nd Thursdays, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, 1st and 3rd Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. Information: 899-2693.

Jericho Energy Task Force meets monthly, 3rd Mondays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

THRIFT SHOPS & FOOD SHELVES

Essex/Jericho/Underhill Food Shelf, open 3rd Saturday each month, 9:00 – 11:30 AM, Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

Westford Food Shelf, open monthly, 3rd Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The **Heavenly Cents Thrift Shop**, just east of Five Corners, Essex Junction, VT Rt. 15, 10:00 AM – 3:00 PM Tuesdays and Wednesdays; 4:00 – 8:00 PM Thursdays.

MOUNTAIN GAZETTE

Publication & Deadline Dates 2018

The Mountain Gazette publishes on the 1st and 3rd Thursday of each month.

The deadline for receiving copy is Thursday, a week before publication, at noon.

The advertising deadline is Thursday, a week before publication at 5:00 PM.

For more information, please contact Brenda Boutin

Publisher of the Mountain Gazette

6558 VT RT 116, Starksboro, VT 05487

Phone: 453-2468 • bboutin@gmavt.net

On the web at www.mtngazettevt.com

PUBLICATION DATES:	DEADLINE DATES:
THURSDAY	THURSDAY
January 4	December 28
January 18	January 11
February 1	January 25
February 15	February 8
March 1	February 22
March 15	March 8
April 5	March 29
April 19	April 12
May 3	April 26
May 17	May 10
June 7	May 31
June 21	June 14
July 5	June 28
July 19	July 12
August 2	July 26
August 16	August 9
September 6	August 30
September 20	September 13
October 4	September 27
October 18	October 11
November 1	October 25
November 15	November 8
December 6	November 29
December 20	December 13

2018-2019 Jericho - Underhill Community Directory

Deadline: January 15, 2018 • Distribution after July 1, 2018

bboutin@gmavt.net • www.mtngazettevt.com

For information Brenda Boutin • 802-453-6354 • Fax: 802-453-2468

LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY

Oscar Party on Saturday, March 3, 7:00 PM – Come to “Hollywood” with DRML and enjoy trivia, contests, and prizes. Enjoy some bubbly and tasty hors d’oeuvres. Brush up on your movie knowledge, as there will be trivia about movies old and new. Complete a ballot with your predictions as to who’ll be making the speeches on the following night at the Academy Awards.

Music on Sunday, March 4, 1:00 PM – Hailing from Waitsfield, VT, the *Phineas Gage Project* presents *Music for Happy Brains*, a performance of pholk punk and pholk-gospel grassicana music. Celebrated for their multi-instrumental versatility and beautiful two-part harmonies, the group will sing many of your phavorite tunes from the past 50 years plus a number of pherocious originals as well.

Mah Jongg at DRML – We play Mah Jongg on the first and third Mondays of each month. Please join us as we explore the ancient Chinese tile game of winds, dragons, and number tiles. If you like card games, you’ll probably love Mah Jongg!

We are open on Sunday afternoons from 1:00 – 4:00 PM. Stop in for an afternoon of library enjoyment.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

For information on any of the library’s programs, call 899- 4962. DRML is located at 8 River Rd., Jericho; www.drml.org.

JERICHO TOWN LIBRARY

Youth Programs

Lego club – Thursday, March 8, 4:00 – 5:00 PM. Recommended ages: 6 and up. Back by popular demand! Enjoy an hour of creative Lego play with friends new and old.

Tales & Tails – Friday, March 9, 3:00 – 4:00 PM. Read to our newfound, favorite furry friend, CadyDog! CadyDog, a certified therapy dog through Therapy Dogs of Vermont, will be visiting JTL monthly for an hour of petting, snuggles, and stories. What better way to practice your reading or celebrate the end of a long school day than with a sweet pup?!

Guerrilla Gardening – Wednesday, March 14, 3:30 – 4:30 PM. Recommended ages: 4 and up. Come play in the dirt and help the pollinators in this hands-on kid’s gardening workshop! Through the simple activity of making seed bombs, we learn about the importance of spreading native plants, composting, and how to protect native pollinators. Most importantly, we can gain a new perspective on how the smallest actions can have a great impact.

Story Time – second and fourth Wednesdays, March 14 and 28, 10:30 – 11:30 AM. Recommended ages: 0-5 years. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa!

Music & Movement for Little Ones – third Saturdays, March 17, 10:30 – 11:30 AM. Recommended ages: 2-4 years. Explore the world of singing, dancing, and playing instruments with your little one in this lively musical and motion-based group!

Circle Time – third Wednesdays, March 21. Recommended Ages: 0-5 years. Join storyteller and musician Katie Coons for this dynamic interactive hour of movement, song, play, rhyming games, craft, and snack.

Adult Programs

Jericho Writers’ Circle – second and fourth Saturdays, March 10 and 24, 10:00 – 11:00 AM. Are you a writer seeking community? Join JTL’s new bi-monthly Writers’ Circle! All genres welcome. Coffee, tea, and encouraging company provided.

Gardeners’ Green Fix – Wednesday, March 21, 5:30 – 6:30 PM. Tired of coming in from weeding and taking forever to get your hands clean? This handy and incredible smelling soap is made from all natural ingredients and CPTG essential oils. Call 899-4686 or email lisa@jerichotownlibraryvt.org to register.

Let’s Get Invasive: Learning About Vermont’s Native Plants – Wednesday, March 28, 5:30 – 6:30 PM. Learn about native Vermont plant life and how best to incorporate it into your gardening and growing in the upcoming season!

JTL Board meetings are held the second Monday of every month at 5:30 PM. All are

welcome to attend.

Jericho Town Library is open Mondays, Tuesdays, Thursday, and Fridays 2:00 – 5:00 PM; Wednesdays 10:00 AM – 12:00 PM and 2:00 – 7:00 PM; and Saturday 10:00 AM – 12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or give us a call at 899-4686.

VARNUM MEMORIAL LIBRARY JEFFERSONVILLE

Weekly Crafting Circle, Mondays, 5:00 – 7:00 PM. Come and enjoy ber and fabric with craft novices, as well as folks who have enjoyed handwork arts for their lifetimes! Have a project you’re already working on? Bring it in and share your expertise and enthusiasm.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website www.westfordpubliclibrary.wordpress.com; email westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

March Foyer Display: Ted Lyman’s collection of motion picture and film cameras was randomly acquired. He was identified as “the photographer in the family” and became the recipient of much discarded equipment because of his assumed interest and his inability to say no. He became fascinated by what they said about about their historical times and the advancement of photo technology. Equipment from 1930s-1960s will be on display for the month of March.

March Art Show: Grace Greene has been painting with pastels on and off for about 15 years. Recently retired from her job as the Vermont Department of Libraries Youth Librarian, she now has more time to devote to this passion, and has begun to paint more seriously. Her work can be seen on our walls for the month of March.

Song of the Vikings: The Making of Norse Myths, presentation by Nancy Brown, Sunday, March 18, 3:00 PM. Like Greek mythology Norse myths are still with us, inspiring storytellers from Tolkien to Neil Gaiman, Michael Chabon, and A.S. Byatt. Surprisingly, most of what we know about Valhalla and the Valkyries, Odin and the Well of Wisdom, the Mighty Thor, and Ragnarok or the Twilight of the Gods was written by a 13th century Icelandic chieftain, Snorri Sturluson. Award-winning author Nancy Marie Brown brings the fascinating story of Sturluson’s life into focus, drawing on newly available sources and illuminating the folklore and pagan legends of medieval Scandinavia. A Vermont Humanities Council program.

Free Tai Chi series. Andrea Bibeau will be leading an eight-week, fall-prevention Tai Chi program, open to all ages. Tai Chi supports better balance, coordination, mental focus, and muscle strength. If interested, please attend a preliminary information session on Monday, March 19 at 4:00 PM. If you are unable to attend the preliminary meeting, please contact Andrea at 8549-8861 or bibeau@cathedralsquare.org.

Child and Babysitting Safety Certification Course: We are teaming up with Richmond Rescue to offer this important course to youth age 12 and older. The course will cover child safety, first aid basics, and CPR. Successful completion will result in an official “Child and Babysitting Certification” as outlined by the American Health and Safety Institute. The course will be held on Saturday, March 10, 9:00 AM – 2:00 PM. This class is currently full, but if you are interested we can add you to the waiting list. Email us at rff@mavt.net.

Animation Workshop for Middle Schoolers: students who are interested in animation are invited to take part in a free workshop being held by MMCTV and the Richmond Free Library, Monday-Wednesday, February 26-28, 9:00 AM – 12:00 PM at the library and MMCTV. Working in small groups youngsters will brainstorm, create scripts, try out various animation techniques, and edit the videos on Adobe Premiere, adding music/voices/sound effects. With animation,

otherwise be lost in the course of this disturbance. At the same time, they provide new habitat for wildlife, and future generations of trees. This process is continuous – a forest is dealing with some degree of disturbance at all times.

So how can we manage for resilience? As I have said in this column many times, the answer is diversity, diversity, diversity. Forests with a diversity of tree species can respond to a wide range of pests, pathogens, and environmental conditions. Similarly, forests with many different sizes and ages of trees are able to respond vigorously to disturbances affecting a single age class of trees, such as a wind or ice event which can remove the forest’s overstory. Encouraging the forest’s “weirdness” (diversity) is critical, and should be coupled with removing factors that interfere with the forest’s ability to respond

patience and creativity are virtues! This workshop is currently full, but if you’re interested email us at rff@mavt.net and we’ll add you to the waiting list.

Tax Preparation Assistance with AARP volunteers: Every year, volunteers help seniors submit their tax returns. If you think you may be interested in meeting with a preparer, call us for an appointment on Monday mornings. Slots are filling up fast.

Book Discussions

The Winter Garden by Kristen Hannah, Tuesday, March 13, 6:00 PM. From the author of the smash-hit bestseller *The Nightingale* comes a powerful, heartbreaking novel that illuminates the intricate mother-daughter bond and explores the enduring links between the present and the past.

The Fallen Man by Tony Hillerman, Thursday, March 15, 7:00 PM. Human bones lie on a ledge under the peak of Ship Rock Mountain, the remains of a murder victim undisturbed for more than a decade. Three hundred miles across the Navajo reservation, a harmless old canyon guide is felled by a sniper’s bullet. Joe Leaphorn, recently retired from the Navajo Tribal Police, believes the shooter and the skeleton are somehow connected and recalls a chilling puzzle he was previously unable to solve.

Richmond Reads: The Vermont Humanities Council is pleased to announce that the Vermont Reads book for 2018 is *Bread and Roses, Too* by Katherine Paterson, a novel of historical fiction that tells the story of the 1912 “Bread and Roses” strike in the Lawrence, MA textile mills through the eyes of an Italian-American girl and a runaway boy. The Library has free copies of the book to distribute and will host a discussion on Wednesday, April 18. Watch for details.

New Playaways: Thank you to the Friends of the Richmond Free Library for funding the purchase of eighteen new youth titles on Playaway. If you are not familiar with this device, it is an all-in-one audio player simple enough for small children to use. Our growing youth collection contains titles appropriate for a range of ages from six to sixteen. We also have Playaways for adults!

Saturday Storytime and Playgroup: This mud season, bring your little one to this fun Saturday morning gathering of friends new and old in our sunny, spacious community room. The morning will begin at 10:30 AM with stories with free play with loads of toys, games, puzzles, and activities until noon. Appropriate for children age 12 months to 5 years. Four-week session begins on Saturday, March 17 and ends on April 7.

Lego Club: We’ll supply the Legos, kids supply the ideas, the ingenuity, and the dexterity. This four-week, after-school club is appropriate for kids age 4-12 and will run every Wednesday from 3:00 – 4:00 PM during the month of March. No registration is necessary.

Weekly Children’s Programs

No one ever regrets taking their child to storytime. We offer three weekly programs for young children. Choose the one that’s right for your child and schedule. While the programs are planned with the ages listed in mind, older and younger children are always welcome. No registration is required.

Baby Laptime: This short storytime is for babies ages 0-24 months and their grownups. We will share the magic of stories, songs, rhymes, bounces, and fingerplays designed to introduce these youngest children to color, sounds, fine motor skills, and body movement. Join the fun on Mondays at 10:30 AM.

Storytime and Playgroup: For children age infant-5. Introduce your child to many new friends and to the wonderful world of books on Wednesdays. Music begins at 10:00 AM followed by stories and then free play until noon.

Early Bird Math Storytime: This storytime is for children ages 2-5. We will explore numbers, shapes, patterns, and sets through books, songs, rhymes, and games. This fun, interactive storytime happens in the community room. Join us on the first three Fridays of the month at 11:00 AM.

Yoga Storytime: Children ages 2-5 can join us for yoga storytime. We’ll enjoy thoughtful books and engage our bodies with active movement. Join us on the fourth Friday of the month at 11:00 AM.

Snow Days and School Vacations: We do not offer our regularly scheduled youth programs when school is cancelled due to weather or during

LIBRARIES continued on page 10

Nursing education available in Lamoille County

Vermont Technical College, Copley Hospital, Northern Vermont University, and Workforce Development Group collaborate to offer Associate Degree in Nursing Program; application deadline is March 15 for Fall 2018 Semester.

Vermont Technical College, Copley Hospital, and a multi-faceted Workforce Development Group are pleased to announce that an Associate Degree in Nursing program will be available again in Lamoille County thanks to technology and partnerships. Representatives from Vermont Technical College, Northern Vermont University/Johnson State College (JSC) Distance Education Programs, Copley Hospital, The Manor, Green Mountain Technical & Career Center, Lamoille Home Health & Hospice, Visiting Nurses Association of Vermont, Morrisville After School Program, and the Lamoille Region Chamber of Commerce formed a Workforce Development Group in July 2017 with the goal to bring a nursing degree program to Lamoille County. Northern Vermont University/JSC Distance Education Programs and Vermont Tech partnered to successfully apply for a Rural Utilities Service (RUS) grant that funded the installation of interactive videoconferencing studios for distance education. Vermont Tech’s nursing department will utilize this distance technology classroom to offer an Associate Degree in Nursing in collaboration with Northern Vermont University/Johnson State College and Copley Hospital.

“We are excited to provide the clinical practicum component of Vermont Technical College’s nursing degree,” said Lori Profota, Chief Nursing Officer at Copley Hospital. “Copley and all of our partners in the Workforce Development Group are committed to nurturing and investing in future nurses and in continuing education for all nurses to ensure excellence and the delivery of safe quality care.” Profota explains that each student will receive a complete immersion experience under the direct oversight of a professional nurse educator. “They will be a member of our interdisciplinary team, fully integrated into our daily clinical care.”

Vermont Tech’s Associate Degree in Nursing (ADN) program in Lamoille County will consist of nine students, called “the Morrisville cohort,” and utilize a wired classroom at Northern Vermont University/Johnson Campus (currently Johnson State College). The cohort will be one of several sites simultaneously using interactive videoconferencing technology to receive Vermont Tech’s theory and classroom instruction. The Morrisville cohort will complete their required clinical hours at Copley Hospital and at various other practices and agencies in Lamoille County. The nine-month program qualifies graduates to sit for the NCLEX-RN licensing exam.

Registration is now open for the “Morrisville Cohort” of Vermont Tech’s ADN program. Applications are due by Thursday, March 15, 2018. Prospective students must hold an active unencumbered LPN license to qualify for admission into the ADN program.

About Vermont Tech Nursing Programs

Vermont Tech offers a 1 + 1 + 2 career ladder approach to nursing education, where students can exit and enter at multiple levels. The Practical Nursing Program is a 10-month certificate program that qualifies graduates to sit for the NCLEX-PN licensing exam. At the completion of the PN program, graduates can exit to join the nursing workforce as LPNs or continue on to the Associate Degree in Nursing Program. The ADN program is a nine-month program that culminates in the associate degree and qualifies graduates to sit for the NCLEX-RN licensing exam. Graduates then typically join the nursing workforce as RNs and many concurrently continue their education in Vermont Tech’s two-year RN-to-BSN program. The BSN program can be taken part time while new RNs acclimate to their new roles, or the BSN program can be taken full-time and completed in as little as 18 months.

NMC continued from page 4

problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who’s Your Person, What’s Your Plan? (End of Life Planning): We plan for all life’s milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can’t do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as www.starttheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It’s a gift.

Woods continued from page 3

developed means of retaining and enhancing the fertility of their environment, even in the face of catastrophic disturbance. This is most obvious in forests’ ability to protect the productivity of their soils, but could also be extended to include their ability to resist infestation by diseases and invasive species, to offer habitat to a wide range of native flora and fauna, and to offer a continuity of ecosystem services like clean air, clean water, and carbon storage.

One can observe the resilience of forested systems by observing how forests respond to disturbances, from the death of a single tree to a large-scale blowdown. Disturbances create conditions which trigger new growth and regeneration, with different tree species responding to fill each niche. This regeneration stabilizes and protects soils and their vital nutrients that would

to disturbance, such as removing invasive exotic plant species and taking steps to limit over-browsing by deer.

The final piece of managing for resilient forests is achieved by keeping them forested and whole; parcelization, fragmentation, and development limit forests’ ability to remain healthy, and our ability to manage them. Conserving your forest land, making a succession plan to ensure that your forest persists after your time, and advocating for protecting forest resources and intact forest blocks in the course of development are all ways to keep our forests growing, changing, and remaining healthy into the future.

Ethan Tapper is the Chittenden County Forester. He can be reached at 802-585-9099, at ethan.tapper@vemont.gov, or at his office at 111 West St., Essex Junction.

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Landscape artist Eric Tobin will present an oil painting demonstration on Saturday, March 24, 1:00 – 3:00 PM at Bryan Memorial Gallery, Jeffersonville, painting a canvas from start to finish and conversing with attendees while he paints (free, no registration required). Part of the Gallery's Cabin Fever, an annual month-long series of art-oriented programs, Saturday, March 3-Sunday, April 1, with workshops, lectures, talks, and conversations on art. For information: 802-644-5100; www.bryangallery.org.

PHOTO CONTRIBUTED

Libraries continued from page 9

school vacations. The library is still open, however, so plan a visit during school breaks to stock up on books and play for a while in our bright, warm space. (If weather is very severe, call ahead – we might be closed, too.)

New Fiction: *An American Marriage* (Oprah Book Club) by Tayari Jones, *Artemis* by Andy Weir, *Beau Death* by Peter Lovesey, *Cast Iron* by Peter May, *Eleventh Grave in Moonlight* by Darynda Jones, *Elmet* by Fiona Mozley, *The Fifth Season* by N.K. Jemisin, *Future Home of the Living God* by Louise Erdrich, *The Gate Keeper: An Inspector Ian Rutledge Mystery* by Charles Todd, *Go, Went, Gone* by Jenny Erpenbeck, *Good Me Bad Me* by Ali Land, *The Great Alone* by Kristen Hannah, *Hardcore Twenty-Four: A Stephanie Plum Novel* by Janet Evanovich, *A Hundred Small Lessons* by Ashley Hay, *The Hush* by John Hart, *The Ice House* by Laura Lee Smith, *Jane and the Waterloo Map* by Stephanie Barron, *The Kashmir Trap: A Max O'Brien Mystery* by Mario Boduc, *Light It Up* by Nick Petrie, *The Moth Catcher: A Vera Stanhope Mystery* by Ann Cleeves, *Need to Know* by Karen Cleveland, *The Obelisk Gate* by N.K. Jemisin, *Parable of the Sower* by Octavia E. Butler, *Parable of the Talents* by Octavia E. Butler, *Rather Be the Devil* by Ian Rankin, *Reservoir 13* by Jon McGregor, *Robicheaux* by James Lee Burke, *The Scarred Woman* by Jussi Adler-Olsen, *The Stone Sky* by N.K. Jemisin, *The Story of Arthur Truluv* by Elizabeth Berg, *Strangers in Budapest* by Jessica Keener, *The Wanted* by Robert Crais, *The Which Way Tree* by Elizabeth Crook, *Wilde in Love: The Wildes of Lindow Castle* by Eloisa James.

New Non-Fiction: *Apples* by Roger Yepsen, *Catching Breath: The Making and Unmaking of Tuberculosis* by Kathryn Loughheed, *Chasing Summits: In Pursuit of High Places and an Unconventional Life* by Garry Harrington, *Clothing Art: The Visual Culture of Fashion, 1600-1914* by Aileen Ribeiro, *Collected Poems 1943-*

2004 by Richard Wilbur, *The Ends of the World: Volcanic Apocalypses, Lethal Oceans, and Our Quest to Understand Earth's Past Mass Extinctions* by Peter Brannen, *The Enigma of the Owl: An Illustrated Natural History* by Mike Unwin, *The Fearless Baker: Simple Secrets for Baking Like a Pro* by Erin McDowell, *The Gifted Generation: When Government Was Good* by David Goldfield, *Inheritors of the Earth: How Nature Is Thriving in an Age of Extinction* by Chris D. Thomas, *It's Even Worse Than You Think: What the Trump Administration Is Doing to America* by David Cay Johnston, *The Last Man Who Knew Everything: The Life and Times of Enrico Fermi, Father of the Nuclear Age* by David Schwartz, *Love of Country: A Journey Through the Hebrides* by Madeleine Bunting, *Miracle Cure: The Creation of Antibiotics and the Birth of Modern Medicine* by William Rosen, *The Newcomers: Finding Refuge, Friendship, and Hope in an American Classroom* by Helen Thorpe, *No Time to Spare: Thinking about What Matters* by Ursula K LeGuin, *Pale Rider: The Spanish Flu of 1918 and How It Changed the World* by Laura Spinney, *Quakeland: On the Road to America's Next Devastating Earthquake* by Kathryn Miles, *Sheet Pan Suppers Meatless: 100 Surprising Vegetarian Meals Straight from the Oven* by Raquel Pelzel, *The Thin Light of Freedom: The Civil War and Emancipation in the Heart of America* by Edward Ayers, *Unseen: Unpublished Black History from the New York Times Photo Archives* by Dana Canedy, *Vacationland: True Stories from Painful Beaches* by John Hodgman, *The Water Will Come: Rising Seas, Sinking Cities, and the Remaking of the Civilized World* by Jeff Goodell.

Snow Days and School Vacations: We do not offer our regularly scheduled youth programs when school in the district is cancelled due to weather or during school vacations. The library does remain open, however (there are weather-related exceptions) so plan a visit

during school breaks to stock up on books and play for a while in our bright, warm space.

Open Monday and Wednesday, 10:00 AM – 8:00 PM; Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org.

DOROTHY ALLING MEMORIAL LIBRARY WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Preschool Story Time: Tuesdays, 10:30 AM. Includes a simple craft activity. All ages. February 27: no story time.

Preschool Yoga with Danielle: Friday, February 23, 10:30 AM. Simple yoga poses, stories and songs for children birth to age 5 and their caregivers.

Preschool Music: Mondays, 11:00 AM, and Thursdays, 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM – 12:00 PM. Preschoolers and their caregivers are invited for an informal playtime following our Preschool Music program. For children birth to age 5.

Drop-In LEGO Day: Tuesday, February 27, 10:30 AM – 12:00 PM. Build your own creations using the library's LEGO collection. All ages.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

FAIRFAX COMMUNITY LIBRARY

Youth Events

Tuesday, February 27, 10:00 – 11:15 AM: Winter Beach Party. Take a break from the cold at our Winter Beach Party. We will have beach themed stories, crafts, music, snack, and activities for ages 2-8. BYO beach attire and towel! Must register.

All events are free unless noted. Pre-registration encouraged. www.fairfaxvtlibrary.org, 802-849-2420. Call or email libraryprograms@fwsu.org.

BROWNELL LIBRARY, ESSEX JUNCTION

Wednesday, February 28, 12:00 and 1:00 PM: Tech Help with Cliff. Offering one-on-one technology help. Bring in your new gadget or gizmo and Cliff will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Tuesday, February 27, 2:00 – 4:10 PM: Vacation Movie: *Beauty & the Beast*. This is a live-action re-telling of the studio's animated classic. *Beauty and the Beast* is the fantastic journey of Belle, a bright, beautiful, and independent young woman who is taken prisoner by a Beast in his castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the Beast's hideous exterior and realize the kind heart and soul of the true Prince within. Walt Disney Pictures, 2017, 129 min. Rated PG. Free popcorn and drinks!

Wednesday, February 28, 2:00 – 3:00 PM: Beads, Beads, Beads! We're making things with beads. Earrings, broaches, necklaces, and bracelets, to keep or give away.

Wednesday, February 28, 4:30 – 5:30 PM: LGBT+ Drop In Group. LGBT+ teens and allies grades 8-12 and recent graduates are welcome to drop by the library to socialize with peers, and propose any projects they might like to undertake to increase awareness.

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email frontdesk@brownelllibrary.org.

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on Thursday March 22, 2018 at the Jericho Town Hall to consider the following:

- A request to the DRB by Brian & Julie Hehir for a Sketch Plat review for a 3 lot minor subdivision. This property is located at 36 Fitzsimonds Road which is in the Low Density Residential & Rural Agricultural Residential District.
- A request to the DRB by Tatro 368 Route 15 Properties LLC for a 3 lot minor subdivision. This property is located at 368 VT Route 15 which is in the Village Center Zoning District
- A request to the DRB by Tatro 368 Route 15 Properties LLC for a site plan review for the construction of a 2,136 sq.ft. commercial bank building to be located on the future lot 2A at 368 VT Route 15 which is located in the Village Center Zoning District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

AGE WELL SENIOR MEALS

Age Well hosts Community Meals at over 70 locations. Programs vary from small rural gatherings, to senior centers, to an ever-growing array of restaurant. Menus are available on the 22nd of each month for the following month. Meals are on a first-come, first-serve, month-by-month basis; \$5 suggested donation. Call Age Well, 802-662-5200, after 10:00 AM for reservations for the following month on or after the 22nd of the month. If the 22nd falls on a weekend, reservations may be made the following Monday. Milk is served with all meals.

Tuesday, February 27 – Ray’s Seafood, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, creemee.

Wednesday, February 28 – Athens Diner, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Turkey dinner, mashed potatoes, stuffing, vegetable, cranberry sauce, rolls, dessert.

Thursday, March 1 – Dutch Mill, Shelburne. Check-in 10:30 AM; lunch 11:00 AM. Spaghetti and meatballs, small salad, rolls, strawberry shortcake.

Tuesday, March 6 – Holiday.

Wednesday, March 7 – Athens Diner, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Meatloaf, mashed potatoes, mixed vegetable, chocolate pudding.

Thursday, March 8 – American Legion, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Chicken and biscuits dinner and dessert.

Monday, March 12 – Papa Nick’s, Hinesburg. Check-in 2:30 PM, lunch 3:00 PM. Indoor BBQ: burgers, French fries, coleslaw, dessert.

Tuesday, March 13 – Pizza Hut, Susie Wilson Rd., Essex Junction. Check-in 11:00 AM; lunch 11:30 AM. All you can eat buffet – salad and pizza.

Wednesday, March 14 – Mardi Gras Event, St. Michael’s College, Colchester. Check-in 10:30 AM; lunch 11:00 AM. Buffet luncheon; entertainment: Bill Wicker & The Dixie Six. 50/50 raffle, Mardi Gras beads, trinkets, moon pies. Tickets required; contact Pat Long, Age Well, 802-662-5200, after 10:00 AM.

Thursday, March 15 – Dutch Mill, Shelburne. Check-in 10:30 AM; lunch 11:00 AM. Open-faced pork sandwich, mashed potatoes, mixed vegetable, strawberry shortcake.

Tuesday, March 20 – Ray’s Seafood, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Fish, potato, coleslaw, squash, roll,

creemee.

Thursday, March 22 – Holiday Inn, S. Burlington. Check-in 10:30 AM; lunch 11:00 AM. Turkey buffet: salad, sliced turkey, stuffing, mashed potatoes, mixed vegetables, cranberry sauce, assorted desserts.

Tuesday, March 27 – Ray’s Seafood, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Fish, potato, coleslaw, squash, roll, creemee.

Wednesday, March 28 – JP’s Diner & Deli, Essex Junction. Check-in 10:30 AM; lunch 11:00 AM. Meatloaf, mashed potatoes, mixed vegetables, dessert.

Thursday, March 29 – Pizza Hut, Susie Wilson Rd., Essex Junction. Check-in 11:00 AM; lunch 11:30 AM. All you can eat buffet – salad and pizza.

Restaurant ticket program – Age Well’s restaurant tickets are available year round, and no longer need to be used the month they are purchased. Tickets are good for Age Well’s fiscal year, October 1, 2017-September 30, 2018, but are nonreturnable and non-exchangeable. For tickets, connect with Pat Long, Community Meal Coordinator, at the meal sites or visit Age Well’s office (76 Pearl St., Suite 201, Essex Junction, VT 05452, 865-0360). Tickets must be presented before ordering. Restaurants have the right to offer limited menus.

The Abbey Pub & Restaurant, Enosburg Falls, lunch and dinner Tuesday-Sunday, 11:30 AM – 5:00 PM.

Athens Diner, Milton, Monday-Saturday, 6:00 AM – 4:00 PM, Sundays 6:00 AM – 3:00 PM.

The Champlain Café at Burlington Tech Center, Fridays only; reservations required. Call 864-8426 x12121.

Dutch Mill, Shelburne, Monday-Sunday, 7:30 AM – 2:00 PM.

Halfway House Restaurant, Shoreham, Monday-Thursday, 5:00 AM – 8:00 PM.

Harpers at Holiday Inn, S. Burlington, Early Bird dinner, Monday-Sunday, 5:00 – 7:00 PM.

IHOP, S. Burlington, Monday-Sunday, 7:00 AM – 9:00 PM.

Mallets Bay Diner & Bakery, Colchester. Tuesday-Friday, 7:00 AM – 1:00 PM. Breakfast and lunch.

Mimmo’s, Essex Junction, Mondays, 11:00 AM – 3:00 PM.

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Rosie’s Restaurant, Middlebury. Mondays-Wednesdays, 6:00 AM – 12:00 PM (breakfast); 11:00 AM – 3:00 PM (lunch).

Ray’s Seafood, Essex Junction, Sundays – Wednesdays, 11:00 AM – 4:00 PM.

St. Michael’s College, Colchester. Monday-Friday, dinner 5:00 – 6:00 PM; Saturday-Sunday brunch, 11:30 AM – 1:00 PM; dinner 5:00 – 6:00 PM.

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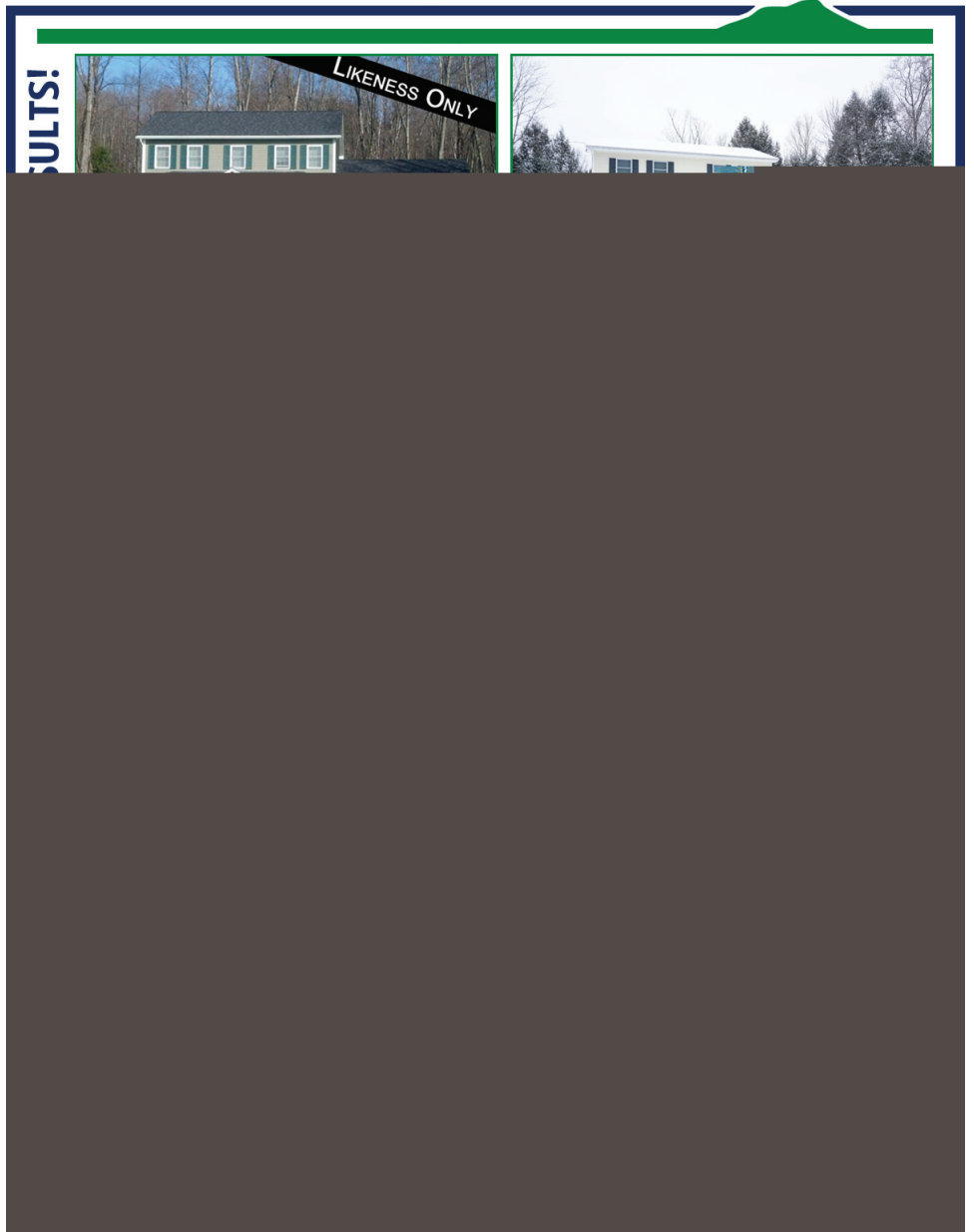
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