

## Programs for veterans at Greenmont Farm

By Phyl Newbeck  
*Special to the Mountain Gazette*

John Connell's Greenmont Farm in Underhill will be a hub of activity this summer. Connell has made it his mission to help other veterans with programs that provide hands-on learning experiences. Last spring, he started a sugaring program and followed that up with the Veterans Heifer Project. Over the winter, with the help of V.A. Outreach Specialist Joe Gilmond and Greenmont Arts Director Heather Satterwhite, his farm became the center for a series of weekly arts and crafts lessons. Those lessons are currently on hiatus and set to return in May with nine weeks of varied programming. "We've been evolving," Connell said, "and we have a growing roster of programs."

"If you go to the VFW you run into veterans who are holding on to the stories of various wars," Connell said. "That's important, but in my opinion it's nostalgia and what we're trying to do is move into action and work that's healthy and engaging." Connell said the hands-on activity ends up creating nurturing friendships, which leads to veterans sharing thoughts and feelings with one another in a way that becomes therapeutic.

Connell notes that hosting the programs brings him closer to his own military experience in Vietnam. "It's looking that more in the face," he said. "We all have dark spots tucked under the rug and it's easier to tuck things away, but I'm a teacher at heart and I love setting up an environment for learning. A classroom can be confining but this is a broader palette." Connell added that many veterans aren't familiar with the activities they are taking part in. "There's a lot of prep work and orchestrating how people fit into the activity," he said. "We're stretching people and asking them to push further than they might. It's all about pushing ourselves to learn more."

Donna LaPerle of Hinesburg first came to Greenmont last spring for the sugaring program and returned again this year. "It's a new experience," she said. "It's great to be outside and to work as a team and see the product come full circle." LaPerle served in Kuwait and noted that members of the U.S. Army have a base to return to after deployment, but guardsmen and women simply return to their homes. "This is a good spot for us," she said. "Each week we do something different and we get the chance to sit and visit with one another."

LaPerle considers Greenmont to be a safe place. "I don't know everyone's story," she said, "but we all have something in common because we all went to war." LaPerle said their shared experiences lead to conversations that are more authentic than the norm. "We tell the truth," she said. "We don't sugarcoat anything. We've got the buddy system and we work together." LaPerle noted that there are occasional conflicts over things like language, since there are some civilians involved in the program who wish the veterans didn't swear, but LaPerle hopes those hurdles can be overcome.

Satterwhite began working at Greenmont Farm last fall. "I was looking to start an art class for veterans after creative expression had played a significant role in my own recovery," the Air Force veteran said. "I knew Joe [Gilmond] was interested in starting an art program at the farm and it seemed like a natural fit. Within a few weeks, we had a class schedule and great location in the barn."

Satterwhite tailors the classes to the interests of the participants. The first round included needle felting, painting, and journal making, and some of summer lessons will include paracord weaving, windchime making, cookie decorating, and woodworking. "I think the primary benefit of these classes is a chance for vets to develop their own skills and empower them to fulfill their own needs through communication, expression, and community," Satterwhite said. "Throughout my life, I have had the good fortune to be exposed to many different types of arts and crafts. I wanted to give back to a community that had given me so much, and teaching an art class at Greenmont Farm seemed to be an ideal way to do so."

## Northwest 4-H Regional Day featured many talented youths



*Members of the Flying Hooves 4-H Club in Colchester presented a skit about Willie Wonka and his candy factory at Northwest 4-H Regional Day, Saturday, April 13 in Hinesburg. Westford 4-H'er Addie Ploof was the winner of the Fun With Food Challenge, with her roasted vegetable platter.* PHOTO BY ELIZABETH PLOOF

For 4-H'ers from eleven 4-H clubs in northwestern Vermont, Saturday, April 13 was a day to show off their project work, achievements, and talent at the annual Northwest 4-H Regional Day.

They gathered at Champlain Valley Union High School in Hinesburg for the annual event, which was sponsored by University of Vermont (UVM) Extension 4-H. In addition to earning ribbons, many of the participants, ages 8 and up, were selected to perform again at 4-H State Day, Saturday, May 11, at the Barre Civic Center in Barre, with their stage presentations, illustrated talks, speeches, and demonstrations, or in the fashion revue. Several 4-H'ers also will share their tabletop displays, posters, photographs, videos, and maker-tinker creations.

Continuing onto State Day are:

Addison:

Photography: Georgia Krause and Lea Krause, both from Addison

Poster: Chase Atkins, Mason Atkins and Abigail Reen, all from Lincoln; Brendan Gebo and Reigin Gracie, both from Bristol; Kylee Shepard, Middlebury

Tabletop Display: Amelia Kennett (The Friesian Horse), Calvin Kennett (Frizzle Bantam Genetics), Tucker Kennett (Homing Pigeon Stages of Growth), Wyatt Kennett (Black River Canal System), all from Middlebury; Caleb Moran (Pulled Candy) and William Moran (Modern Automotive Safety Features: Black Holes), both from Bristol; Liam Wagner, Bridport (Animals That People Commonly Confuse)

Chittenden:

Demonstration (Individual): Addie Ploof, Westford (Fixing Fletching on a Bow)

Demonstration (Team): Vivienne Babbott, Hinesburg, and Samantha Blackmore, Charlotte (How to Bear Tack Care); Emily Feltz, Colchester, and Julia McGibney, South Burlington (Needle Felting); Addie and Faith Ploof, Westford (When to Call Your Vet)

Fashion Revue: Thomas Sirvinkas, Milton (fleece pajamas with outer space theme)

Fun with Food Challenge: (Theme: Healthy and Delicious Afterschool Snacks) Addie Ploof, Westford (roasted vegetable platter)

Illustrated Talk: Benjamin Burton (Shells), Elijah Burton (Genes) and Norah Burton (Muscles), all from Williston; Annika Cooper, Colchester (Using Binary To Solve Logic Puzzles); Greta Friesen, Hinesburg (It's Time For Grooming); Juniper Murray (Tennis) and Prudence Murray (Blood Draws), both from Essex Junction; Griffin Preska, South Burlington (Bigelow Aerospace); Samantha Provost, Milton (Vikings Hestur); Adrien Toneatti, Huntington (Ducks)

Maker-Tinker: Elijah Burton and Norah Burton, both from Williston and both created light-up paintings.

Photography: Vivienne Babbott and Olivia Osekoski, both from Hinesburg; Sammie Blackmore, Charlotte; Hannah Smiley, Milton

Poster: Luci Badillo, Essex Junction; Chloe Barewicz and Sadie Haupt, both from Jericho; Lily Merchant, Essex Junction; Jacob Niekrewicz, Williston; Addie Ploof and Faith Ploof, both from Westford; Hannah Smiley, Milton. Addie's poster won "Best in Show" so also will be on exhibit at Eastern States Exposition in West Springfield, Massachusetts, in September.

Promotional Video: Addie and Faith Ploof, Westford with Sophie Zemianek, St. Albans (4-H Grows Here)

Public Speaking: Lily Provost, Milton (Tail Swag); Addie Ploof (Community Service) and Faith Ploof (Hippotherapy), both from Westford

Sewing (Non-Clothing): Emily Feltz, Colchester (tote bag)

Stage Presentations: Flying Hooves 4-H Club, Colchester (Willie Wonka and his Candy Factory skit)

Tabletop Display: Natalie Jewett, Williston (Dog Life: Labrador Retrievers); Faith Ploof, Westford, with Sophie Zemianek, St. Albans (Types of Horse Hitches); Luke Lawson (Cool Codes), Miriam Lawson (Egg-cellent Grades) and William Lawson (Plane Flight), all from Cambridge and members of a Chittenden County 4-H club

Franklin:

Poster: Kelsey Paradee, Swanton

Promotional Video: Addie and Faith Ploof, Westford, with Sophie Zemianek, St. Albans (4-H Grows Here)

Tabletop Display: Sophie Zemianek, St. Albans, with Faith Ploof, Westford (Types of Horse Hitches)

Grand Isle:

Illustrated Talk: Audrey Chairvolotti (Effects of Non-Point Source Pollutants), Delia Farris (Preparing for Kittens) and Sadie Farris (How to Grow a Rosemary Plant), all from Grand Isle; Asa Rousseau, North Hero (Optical Illusions)

Maker-Tinker: Delia Farris and Sadie Farris, both from Grand Isle; Asa Rousseau and Ezri Rousseau, both from North Hero. All four 4-H'ers created light-up paintings. Sadie also made a robotic hand.

Tabletop Display: Audrey Chairvolotti, Grand Isle (Effects of Non-Point Source Pollutants)

To learn more about the UVM Extension 4-H program, contact Martha Seifert, [martha.seifert@uvm.edu](mailto:martha.seifert@uvm.edu) (Addison County), Rose Garritano, [rosemarie.garritano@uvm.edu](mailto:rosemarie.garritano@uvm.edu) (Chittenden County) or Martha Manning, [martha.manning@uvm.edu](mailto:martha.manning@uvm.edu) (Franklin and Grand Isle Counties).

## Potential addition to Casey's Hill property

Please come to a community meeting on Wednesday, May 8 at 7:00 PM at the Underhill Town Hall to learn about an opportunity to protect the Tomasi Meadow that leads up to Casey's Hill and to add it to the existing town-owned land. The Tomasi family is looking to sell the scenic 16-acre meadow, and they have generously given the community time to consider a purchase of the property for less than its appraised value. If you have skied or walked around this meadow, enjoyed the views to Casey's Hill and Mount Mansfield while driving by, or have thoughts about the future of this property, please come join Jericho Underhill Land Trust and Vermont Land Trust to discuss this property's future.

## Underhill Cemetery asks for donations

To the Editor,

We need your help! If you have a loved one buried in the Underhill Cemetery we could use your help. We are not a town cemetery; we are a non-profit cemetery association and operate solely on donations to keep the cemetery looking good. Could you make an annual donation? Donations can be sent to: Underhill Cemetery Association, P.O. Box 7, Underhill, VT 05489.

Thank you and hope to see you at the meeting on Wednesday, May 15 at 7:00 PM, which will be held at Clark's Truck Center... just come in the front door, we are on the left.

Thanks again,

Randy Clark

Trustee/Sexton

Underhill Cemetery Association



## COMING EVENTS

## Hometown Habitat at DRML

Once established, native plants don't require the use of any chemicals or even extra watering, and local birds and pollinators prefer them as a food source. If you'd like to learn more about how to establish native plants in your yard, come to a free showing of *Hometown Habitat – Stories of Bringing Nature Home* at the Deborah Rawson Memorial Library in Jericho on Thursday, May 16 at 7:00 PM.

*Hometown Habitat* is sponsored by the Jericho Conservation Commission and the Jericho Energy Task Force. The movie profiles seven "habitat heroes" who have used native plants to fill their yards, and interviews entomologist Douglas Tallamy, who speaks about how non-native plants can lead to habitat and species loss. The goal is to inspire our audience to become habitat heroes by providing habitat for our own native wildlife.

Light refreshments will be provided but this will be a waste-free event, so please bring your own bowls and cups. For further information, contact Sabina Ernst of the Jericho Conservation Commission at [beanvet@gmail.com](mailto:beanvet@gmail.com).

### Wednesday, May 1

**Children's Book Week panel event**, 6:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join us for an all-star Children's Book Week panel featuring middle grade authors William Alexander, Ann Braden, Kekla Magoon, and Lindsey Stoddard. Moderated by Beth Shelley. All ages welcome. Free. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

### Thursday, May 2

**Free Community Soup and Bread Supper**, 4:30 – 6:30 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex. Serving a variety of hearty soups and breads plus a sweet dessert. Stay at the church to enjoy your meal with friends and family, or pick up to take home. Donations welcome but not expected. (Off VT Rt. 15, across from John Leo's, near Jericho-Essex town line.) For more information call Pastor Jeannette Conner, 879-4313.

### Friday, May 3

**Green Up Day Poster Making**, 3:00 – 4:00 PM, Jericho Community Center, Browns Trace, Jericho Center.

**ART of Healing**, 5:00 – 8:00 PM, Azimuth, Alder Brook Building, 8 Essex Way, Suite 10, Essex Center. A display of works for sale by both professional and emerging Vermont artists. This event is a fundraiser to support the non-profit work of Azimuth Counseling and Therapeutic Services. Refreshments will be served. Free, but donations

appreciated. For more information, 288-1001.

### Friday-Saturday, May 3-4

**Tag Sale**, 9:00 AM – 4:00 PM both days, Calvary Episcopal Church, 370 VT Rt. 15, Jericho/Underhill Flats. Items offered for sale include children's and adult's clothing, games, books, kitchen and household items, furniture, electronics, tools, and so much more. Parking is available in the back of the church.

**Rummage Sale**, Friday 3:00 – 7:00 PM, Saturday 9:00 AM – 2:00 PM, Community Center (Baptist Building), Main St., Fairfax. Bag sale all day Saturday. Clean clothes, books, toys, and white elephant. Benefits the United Church of Fairfax missions. For information, 849-6313 or [ucffairfaxvt@gmail.com](mailto:ucffairfaxvt@gmail.com).

### Saturday, May 4

**Annual Green Up Day Breakfast**, 8:30 – 10:00 AM, Jericho Community Center, Browns Trace, Jericho Center. Bring a breakfast dish to share, and get a rousing start to your clean-up of the roads! Drop off full bags of Green Up Day Trash at the Jericho Town Garage, 510 Browns Trace, 10:00 AM – 2:00 PM Saturday, May 4 only! Do not leave bags along the side of the road unless you have made arrangements to have them picked up. Bags are available at the Deborah Rawson Memorial and Jericho Town Libraries, Jericho Town Hall, and at the Community Center Breakfast.

**Westford Tag Sale**, 9:00 AM – 2:00 PM, Westford Town Garage, Cambridge Rd., Westford. Hot dogs and baked goods also for sale to benefit the Westford Senior Lunch Program. Meet the firefighters, find treasures, and support Westford's Volunteer Fire Department and the Westford Senior Lunch Program. For information, 878-7573.

**Scottish Genealogy Research**, 10:30 AM – 12:00 PM, VT Genealogy Library, Hegeman Ave., Fort Ethan Allen, Colchester. Having been married to a Scot for 50-plus years, and visiting many times, Sheila Morris will share all she has learned about finding your Scottish ancestors. You don't have to travel abroad to find them as Sheila will identify the best free and subscription databases online, will show you how to trace these ancestors, their occupations, names that are important, changes in county lines, and how to find original Scottish census records. She will also provide advice if you intend to visit Scotland as part of your research. For more details: [www.vtgenlib.org](http://www.vtgenlib.org) or 802-310-9285. Classes \$10. We are open for research Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM.

### Sunday, May 5

**Italian Scholarship Dinner**, 4:00 PM silent auction, 5:00 PM antipasto served, Elks Club,

925 North Ave., Burlington. Join the Vermont Italian Cultural Association, in support of VICA's Scholarships and Grants Program to promote knowledge and appreciation of Italian culture and heritage, for an evening dinner of hot and cold antipasto, chicken piccata and stuffed porchetta, caponata and penne pasta with formaggio parmigiano, tossed spring mix salad, marinara sauce and home-made breads, cannoli and pastry. A selection of Italian wines and cocktails available for purchase. Ample parking; accessible to all. Tickets \$40; children 11 and under, \$15. Tickets are available at [vermontitalianclub.org](http://vermontitalianclub.org) or mail your check to Vermont Italian Club, Box 4054, Burlington, VT 05406-4054. Can't attend? Consider a donation for the Scholarship Fund.

### Tuesday, May 7

**Book launch with author Susan Ohanian**, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join local author Ohanian, Onion River Press, and Phoenix Books Burlington for the launch of *Trump, Trump, Trump: The March of Folly*, a clever and meticulously thought-out poetic rebuttal to the absurdity of the current president. Free. Information: [www.phoenixbooks.biz](http://www.phoenixbooks.biz) or 448-3350.

### Wednesday, May 8

**Potential addition to Casey's Hill property, community meeting**, 7:00 PM, Underhill Town Hall, Underhill Center. Come learn about an opportunity to protect the Tomasi Meadow that leads up to Casey's Hill and to add it to the existing town-owned land. The Tomasi family is looking to sell the scenic 16-acre meadow, and they have generously given the community time to consider a purchase of the property for less than its appraised value. If you have skied or walked around this meadow, enjoyed the views to Casey's Hill and Mount Mansfield while driving by, or have thoughts about the future of this property, please come join Jericho Underhill Land Trust and Vermont Land Trust to discuss this property's future.

**Green Mountain Chapter, Embroiderers' Guild of America meeting**, 9:30 AM, Ascension Lutheran Church, 95 Allen Rd., S. Burlington. All abilities welcome. First meeting complimentary. In this meeting we will have a talk about Japanese embroidery. Bring a project to work on and a bag lunch. Car pooling is available from many areas. Contact 922-8936 or [gmc.vt.ega@gmail.com](mailto:gmc.vt.ega@gmail.com).

### Thursday, May 9

**Career Pathways – Working Outdoors**, 10:00 – 11:30 AM, River Arts, 74 Pleasant St., Morrisville. This Employer Panel is free and open to all community members who would like to

Share your event information by sending it to The Mountain Gazette at [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)

## COMMUNITY COLUMNS

## The devil finds work for idle hands

By Bill Schubart

Facing an editorial deadline and desperate for some way to procrastinate, I decided it was the right time to clean out my spam folder. Since my computer deletes all spam automatically every 30 days, there were only a few hundred emails.

After deleting the redundant messages – "Immediate attention: Your email has been hacked..." I read over the expressions of love, lust, satisfaction, concern, prospective wealth, health advice, as well as the threats to my reputation and savings.

The health messages ran the gamut from offers of Viagra, CBD, cancer cures, and "Blood of the Mountain" heart attack prevention oils. The most compelling messages promised to "power-wash my arteries," and "reprogram my cancer cells with a 100% remission guarantee."

One of my favorites was from Doctor Tinnitus, M.D., offering "a weird spice to put into my ear

to end the buzzing." My hearing is such that, if I had tinnitus, I wouldn't hear it and won't the spice clog up my hearing aids?

My struggle has always been food, so I was intrigued to hear that "Lisa lost 80 lbs. just by consuming a weird, thick syrup," that I, too, can buy. I was offered countless medical nostrums from online pharmacies, cheap life insurance, and online loans "in spite of my bad credit," which I didn't know I had.

I did get a "notice of a confidential shipment from the U.S. Postal Service," whose return address, I was surprised to learn, was Hong Kong. Adelina, Zaniya, and Miriam (who promised to make my "woody" marvelous) have all expressed the desire to "get to know me better." My uncle had a '37 Ford woody that we all got to ride in for 4<sup>th</sup> of July parades but I'm not positive she meant

the same thing. Other caring people have offered to cure my erectile dysfunction. I assume they're alluding to my poor carpentry skills.

I was intrigued by the eight-year-old girl named Lisa who had a secret that "made her \$490,000 in a few weeks." She didn't volunteer her secret, nor did I ask.

Stefan Rev from Slovenia and several devout Christian ladies from Africa, who signed their emails "yours in the Lord," wrote to notify me that a friend and client had left me \$10 million dollars but I'm no fool; I've been getting the pale blue onionskin *par avion* letters from Nigeria for 40 years. I'm not that easily taken in, though I'm still tempted.

I was also offered a free walk-in bathtub evaluation but doesn't the water flow out onto the floor when you open the door? And then "How to

cure Psoriasis permanently?" Does a spell-checker come with the psoriasis cure?

Perhaps the most disturbing email explained that my computer had been hacked and malware had been implanted that turned on my video camera and photographed me in compromising situations in my bedroom and, unless I deposited \$996 immediately into Bitcoin account # 47a99#gFhx#222\*cc!4ll5d73, these repulsive images would be transmitted to my entire address book. I was given 24 hours to respond. Having gotten about a dozen of the same email and not yet having heard from any friends about my repulsiveness, I have to assume I'm safe – at least for now.

*Bill Schubart lives, works, and writes in Hinesburg.*

## Dominican revenge, poop, and slob

was no one, except for the tourists, spoke English. Some spoke a little English but most spoke Spanish.

They had a great buffet at the resort that was open for breakfast, lunch, and dinner. The big problem was the labeling of the hundreds of choices. It was all in Spanish and there were hot dishes and soups that we couldn't tell what was in the dish. We could tell by the looks of it whether it was goat, beef, or chicken done in ten different ways but we had no idea what the sauce consisted of. Spicy food tears me up inside and goes right through me. I took some goat or beef dish, and when I swallowed a spoonful it burned all the way to my navel. I saw a pretty tourist that talked Spanish and asked her about a sweet/sour sauce and she led me to a bottle of supposedly sweet/sour sauce, but I found out after pouring it on my dish that it was a chili sauce. I was in pain before the sauce but after a taste of that I had to excuse myself and run for it. The night before we had eaten at a Japanese restaurant and they had various sushi dishes that some of them were very spicy and I believe I had food poisoning along with "creeping crud." I had three good days there before I had to stay close to a bathroom.

On the third day my daughter and son and spouses went on an expedition to another area – snorkeling, zip lining, kayaking, etc. – and I decided that zip lining would not be for me, in case I got a case of the "creeping crud" with no bathroom around – although I had brought plenty, so I thought, of Depends.

They had massages, etc. on the resort and

down the beach a ways and other stuff going on. My daughter told me that did I know there was sex and drugs going on both sides of the resort on the public beach, and a nude beach further up and I said yes, and she warned me to not go up there while she was gone. I told her of course I wouldn't go up there for sex or drugs, but she didn't mention a massage so as soon as she went out the gate, I went up the beach and wanted to check out what was going on. I had heard that the massages from the beach girls were a lot cheaper than the official spa on the resort. I had walked about 100 feet on the beach and this beautiful gal walked up to me with a clipboard in her hand and a silky garment over her bikini. She said would I like a massage and I asked her how much, and she said \$35. So I said that sounded reasonable and walked down the beach with her and all of a sudden she said "times two" and I thought \$70. Still sounds reasonable so I said ok. She took me off the beach to a set of small shops. She took me inside and took my clothes off and gave me a towel and had an official massage table that I laid on. I was waiting for her to start and all of a sudden I realized what times two meant. Her sister came into the room and said "here I am," and took her outer shawl off and was ready to massage me along with her sister, and I realized I was getting two girls together for \$70. Which sounded really cheap. It turned out that it was more expensive than getting a massage at the official spa who had educated massagers. Everything was an extra \$10. Times two, so when one of them took her top off,

Dominican continued on page 3

## Awesome Fudge

The perfect gift, or treat yourself...



Blue Mall, So. Burlington • 802-863-8306  
Factory Location Route 15, Jericho • 802-899-3373  
[www.snowflakechocolate.com](http://www.snowflakechocolate.com)

CHITTENDEN MILLS BEVERAGE

5¢ OFF

PER GALLON OF GASOLINE

FREE

COFFEE 12 OZ.



Cannot be combined with other offers. Ad required for discount.

COMMUNITY COLUMNS

**Shadbush**

*Special to the Mountain Gazette*

The first colors of spring are subtle... the 'new' green of Poplars shows itself first as a mist... a feeling of green shimmering in the winds of a warm day. The Red Maples are as subtle, coming first as a drift of red, clouding over the tops of the trees, and as they warm, brightening, the lower branches. Everything else waits a few weeks, as if to give these frozen relics of a long winter a chance to show off.

I've been waiting and watching, too, for the first dimpling of pure white tiny flowers clinging to a small tree. I look closely at the edges of the brown woods; seldom will there be any such blossoms found in the deeper woods. Shadbush needs optimum light, and isn't usually tall enough to outreach the Maples and Poplars that are stretching to reach the spring sun. These are the taller species of Shadbush, sometimes as tall as 50 feet. The types prized by nursery folk are not much more than ten to twenty feet, often in clumps of four or five gracefully-arched small stems. The blossoms come first, just as the leaves are unfurling in polished bronze and wine-red. About the time we are clipping fuzzy Pussy Willows and chartreuse Poplar boughs in an attempt to get something live in the house, we spot the small delicate array of five tiny white petals, with a tuft of stamens in the center. I am told they are slightly

fragrant, but my sense of smell has succumbed to old age.

Shadbush belong to a huge family of plants: Rosaceae. And their numerous names give them an interesting history. Shad is a fish that is native to eastern North America, and spawns up the Connecticut River. The early settlers felt that the fish and flower were timed about the same, so why not name the flower after the fish? It was also called June Berry, since its purple-black fruits arrive about that time, and are loved by hordes of chatty Cedar Waxwings. They are also called Service Berry or Sarvis Berry. Two histories to those names: the Indians mashed the berries, mixed with fats and other high energy foods, and dried them into cakes called Pemmican, a staple of the wandering hunting tribes. And, the Shadbush of the Appalachian Mountains came into bloom about the time the earth was warm enough for the travelling ministers to make their rounds of small communities where the dead who had been frozen all winter, would now have a Service of Burial. Sugar Plum was a fancier name. Amelanchier canadensis is the Latin botanical name... the Canada part is easy; I couldn't find what the first/genus name meant.

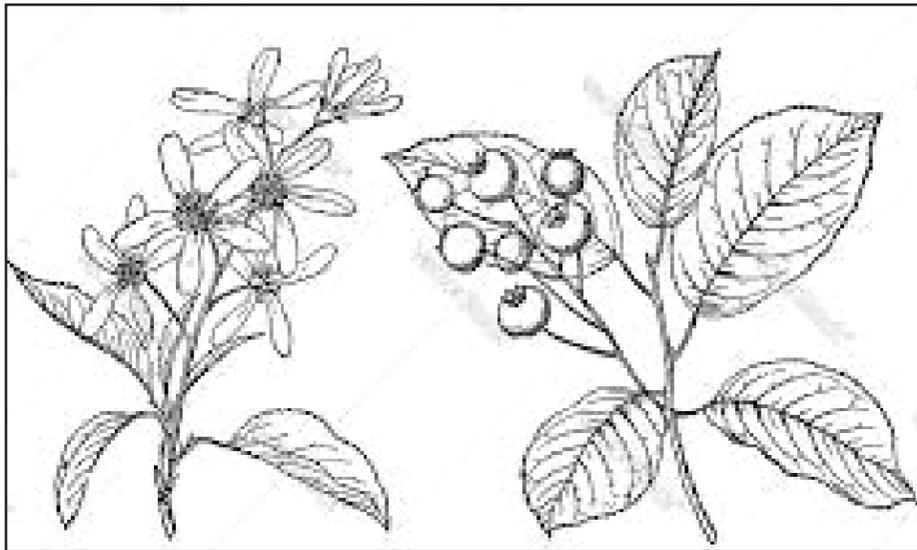
I asked several local people if they knew about the Shadbush, and found two, one a botanist, which may have disqualified him as 'atypical.' The other person, surprisingly, knew that it

belonged to the Rose family... "like the Mountain Ash." But then discounted this. "The Rose family has so many cousins and aunts and uncles, I tend to put everything in that category!" (But he was right.)

Look soon. The tiny petals are quite quickly prone to wind damage... a fantasy of spring

snowflakes. And then the leaves will unfurl and get down to the business of photosynthesis... and the world's greatest waterworks.

Did you know that a healthy mature apple tree has about 100,000 leaves that can lift four gallons of water per hour? Oh, but that's for another time!



**WNRCD EVENTS THIS SPRING AND SUMMER**

The Winooski Natural Resources Conservation District (WNRCD) is seeking volunteers for tree planting events in Westford and Colchester in May, and for Stream Team Citizen Science in the greater Burlington Area for an ongoing project this summer.

On Friday, May 3, celebrate VT Arbor Day by helping us plant 480 native trees along the Winooski River at Macrae Farm Park. Volunteers are needed for morning (9:00 AM – 12:00 PM) and afternoon (12:00 – 4:00 PM) shifts. On Wednesday, May 8, help plant 640 native trees along Morgan Brook in Westford. Volunteers are needed for morning (9:00 AM – 12:00 PM) and afternoon (12:00 – 4:00 PM) shifts. For both tree planting events, tasks will include hauling 40-pound bags of trees, digging holes, planting

trees, watering, and weeding; bring your own work gloves and a water bottle. Email [Kristen@winooskinrcd.org](mailto:Kristen@winooskinrcd.org) with questions or to sign up.

Stream Team Citizen Science – Winooski, Williston, Burlington & Colchester – Summer 2019: Join the Stream Team, our crew of Citizen Science volunteers who take bi-weekly water samples in the greater Burlington area. Training will take place June 11 from 8:00 – 10:00 AM. Sampling takes place Tuesday mornings on June 25, July 9, July 23, August 6, and August 20. This year we are monitoring phosphorus and chloride at 21 sites. To see data from 2012 to the present, visit <http://rethinkrunoff.org/explore-the-lake-champlain-basin/>. Email [Kristen@winooskinrcd.org](mailto:Kristen@winooskinrcd.org) with questions or to sign up.

**Detecting the signs of child abuse**

Since this month is national Child Abuse Prevention Month, I thought it wouldn't be abusive to share some information about this most important concerning problem that still exists in our communities.

Child abuse occurs when a parent or other adult causes serious physical, sexual, or emotional harm to a child, or neglects or abandons a child. More than one million children are abused every year in this country – and these are only the reported incidents. Sadly most children know their abusers and the abuse usually occurs in the home, thus making it tough for children to speak up. It can also occur to infants by shaking them, resulting in cases of brain damage or even death.

Who is at risk for abusing a child? Unfortunately, there is no classic description and abusers come from all walks of life. Sadly, they even can be parents, other family members, family friends, teachers, or coaches. Many abusers have a history of abuse themselves. While anyone with access to a child can mistreat a child, fortunately, the vast majority of people don't.

What are the signs of child abuse? Certainly, bruises that keep occurring or keep coming back can be a sign, as can recurrent abdominal pain or headaches with no clear cause. Another sign includes a child who becomes withdrawn, fearful, sad, or develops low self-esteem, or starts to bully others in response to their being bullied by adults.

A child who has nightmares or trouble sleeping, or becomes disruptive and acts out in class, or drops their grades when they did not before, should raise concerns. While these signs might mean other things, you need to at least consider abuse as a possibility.

Who should I contact? If you suspect a child you know is experiencing abuse, you need to take action to further protect that child. Anyone can call the Vermont Department for Children and Families (1-800-649-5285) or the New York Office of Children and Family Services (1-800-342-3720), 24 hours a day, and report your concerns – since doing so can be life-saving.

Next steps If you are a child who is being physically or emotionally hurt or harmed in a way that frightens you, talk to someone you trust – whether that is a parent, relative, teacher, or family friend.

If you feel you may want to abuse your child or have, place the child with a friend or relative where they're safe and speak to a trained professional accessible by calling 1-800-CHILDREN. You can call this number if you feel threatened as well. The earlier abuse can be suspected and stopped, the less destructive it will be.

Hopefully, tips like these will not hurt at all when it comes to knowing more about your role in reporting suspected child abuse.

*Lewis First, MD, is chief of Pediatrics at UVM Children's Hospital and chair of the Department of Pediatrics at UVM College of Medicine.*

**Dominican continued from page 2**

she said you likey and I said yeah who wouldn't, and she said that is \$10. And of course her sister copied her so it was times two so it came up to \$90. Anyway I finally got out of there for \$120. But I have to say, that was the greatest massage I have ever gotten and was well worth the cost of the whole trip.

I ran out of Depends because I hadn't counted on getting the "trots," so I went to town on a shuttle van. That scared the crap out of me because it was a two-lane road with two-way traffic and they used one of the lanes for parking! When we got there, the smallest men's diapers were labeled "G" and of course that stands for "Grande." When I got back from shopping I tried one on and it wrapped around me twice; and it wasn't slip on, it had tabs on it and was hard to keep them up, and therefore I had to shuffle because they would fall down to my knees. I drank a lot of Kaopectate and Imodium AD, but when you have the "trots" nothing works. You just have to pucker up and find a bathroom.

Anyway we made our flight back to Canada on time. It was very painful for me because I don't go into airplane bathrooms because what happened years ago on a flight whereby as I was going to the bathroom, the plane dropped over a 100 feet and I consequently sprayed around the toilet and bounced off the walls. I managed to pucker up and hold it until we got to the airport in Canada. When I got into the airport, I shuffled real fast to the first bathroom, which was small with three urinals and one stall toilet. I had to wait for the one stall toilet because it was occupied. When the guy came out of the stall I saw a sheepish look on his face and sure enough, when I got in there he hadn't lifted the seat up and peed all over the seat. I had to clean the seat before I could

sit on it and afterwards I washed my hands and the dryer didn't work and there were no paper towels. I was so pissed off that I went looking for the guy but couldn't find him. It is just as well because I was fired up. I am a plumber so I take toilet seat problems seriously. I have found that if I go to a one-bathroom house, I know that if the toilet seat is up that it is a male dominated house and I feel sorry for the woman of the house, especially if she goes into the bathroom at night and sits down into the water. Guys it only takes a second to put the seat up or down and your significant other will love you for it!

It sounds like I am picking on the guys but another annoying thing for me is a gal that is a slob. Walmart is not one of my favorite stores because of so much Chinese stuff they have, even Hallmark cards. However, the Walmart parking lot isn't a garbage dump. Yes, I saw you get your two kids in the car with half cups of soda and leftover

food, and then saw you get in the car, and then throwing all your garbage out the driver's window. If you don't want to put it in the receptacle you could have least place it on the sidewalk in the bag in front of you but no, you slob, you just throw it out the window so a car could run over it, and you probably think that you are doing Walmart a favor by giving their employees something to do.

I would imagine that you are afraid of climate changes but think nothing of spreading your garbage around, YOU SLOB.

**Business Directory Ad Rates**

3.25"x1.5" • \$90.00 for 5 issues

3.25"x3" • \$115.00 for 5 issues

3.25"x4" • \$175.00 for 5 issues

*All ads must be prepaid prior to running.*

Email: [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net) for more information

**Area Worship Services**

**COVENANT COMMUNITY CHURCH**

"Come As You Are"

1 Whitcomb Meadows Lane, Essex, VT 05452

(across from John Leos on Route 15)

Pastor: Rev. Jeannette Conner

email: [cccpastorjeannette@gmail.com](mailto:cccpastorjeannette@gmail.com)

Phone: (802) 879-4313

facebook: <https://www.facebook.com/Covenant-Community-Church-12534508030320>

Adult Bible Class: Sunday 9:00 AM

Worship Service: Sunday 10:00 AM

Fellowship: immediately after service

Child care (infant through pre-K) is provided during the worship service

**JERICO CONGREGATIONAL CHURCH**

"An Historic Church Proclaiming an Eternal Message"

On the Green in Jericho Center, VT

Senior Pastor David Coons and Youth Pastor Glenn Carter

Sunday Services at 8:00 AM & 11:00 AM

Nursery care provided

Sunday School at 9:30 AM for all ages

Fellowship at 10:30 AM Youth group 6:15 PM

Sundays in our Sunday school building

Signing for the deaf upon request

899-4911; [officejcc@comcast.net](mailto:officejcc@comcast.net); [www.jccvt.org](http://www.jccvt.org)

**MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP**

A liberal faith community standing on the side of love,

as we explore truth and meaning, and work for social justice.

All are welcome.

Worship Services 9:30 AM, 2nd & 4th Sundays, September-June

195 VT RT 15, Jericho VT (red barn across from Packard Rd)

899-2558 [www.mmuuf.org](http://www.mmuuf.org)

**ST. THOMAS ROMAN CATHOLIC CHURCH**

"Worshipping God in Spirit and in Truth in the Holy Sacrifice of the Mass"

On Green Street in Underhill Center Weekend Masses:

Saturday 4:00 PM Sunday 8:30 AM

Pastor: Rev. Christopher Micale

Deacon: Peter Brooks Religious Ed. Coordinator: Laura Lynch Wells,

899-4770 Parish Secretary: Theresa Gingras Phone: 802-899-4632,

email: [office@stthomasvt.com](mailto:office@stthomasvt.com), Website: [www.stthomasvt.com](http://www.stthomasvt.com)

**UNITED CHURCH OF UNDERHILL**

UNITED CHURCH OF UNDERHILL

"Welcoming, Worshipping, Working for God"

At the Green on VT RT15 - Rev. Jennifer Mihok - 899-1722

[www.unitedchurchofunderhill.com](http://www.unitedchurchofunderhill.com)

Worship 10:30 AM, 9:30 AM in July and August

Home of the Clutter Barn and the Old Fashioned Harvest Market

Local and global mission and service opportunities for everyone!



**Mountain High Pizza Pie**

Monday 4:00 - 8:30 PM

Tuesday - Thursday

11:00 AM - 8:30 PM

Friday - 11:00 AM - 9:00 PM

Saturday

11:00 AM - 8:30 PM

Sunday

4:00 - 8:30 PM

**899-3718**

Route 15, Jeri-Hill Plaza  
Jericho

**The Mountain Gazette**

6558 VT Rt 116 Starksboro, VT 05487

(802) 453-6354 • [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)

Deadline: *May 9*, Publication: *May 16*, 2019

Brenda Boutin publisher/ad sales/delivery

News writer - Phyl Newbeck, Editing - Sara Riley

**Letters Policy:**

Maximum 450 words; one letter per writer, per calendar month.

Must be signed for attribution

with writer's address and phone number.

**Send your news to**

[mtgazette@earthlink.net](mailto:mtgazette@earthlink.net)

[www.mtngazettevt.com](http://www.mtngazettevt.com)

## HEALTH PROGRAMS AND CLASSES AT NORTHWESTERN MEDICAL CENTER

## ONGOING

Brain Injury Support Group – third Thursday of each month, 5:30 – 6:30 PM, NMC Conference Center, Grand Isle Room. Meet other people in similar situations, share the hardships and accomplishments, gain valuable emotional support, obtain information, and discuss a variety of brain injury topics. Anyone touched by brain injury (traumatic or acquired) can attend: survivors, caregivers, friends, and family. All are welcome at our support group. Free; no registration required. For information contact Jess Leal, 877-856-1772.

Cancer Exercise Sessions – Tuesdays and Thursdays, flexible times, NMC Rehab gym, Cobblestone Health Commons. Featuring Wendy Lawrence, Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then \$40. Designed for cancer survivors; helps improve strength and balance while fighting fatigue to bring back optimal function. You'll get started with an individualized physical therapy evaluation and customized treatment if needed – both services are billable to insurance. After these first two or three visits, participants move on to a free, 8-week open gym program that is supervised by one of NMC's Athletic Trainers to continue work on strength and conditioning. Exercise with others can be fun and supportive, especially in the comfortable atmosphere of the rehab gym. After the eight week free open gym program, participants can choose to continue their workouts at the gym for a monthly fee of \$40. Start the program at any time, and use the gym when it is convenient for you. Simply call our Physical Therapy team to get started and find out what hours the gym is open.

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, Wednesdays, 11:00 AM – 12:00 PM, NMC Cobblestone Building, Suite 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 – 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Pre-registration not required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with

any questions or to RSVP (not required).

Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration not required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503.

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deana Chase, LICSW, 802-370-5626. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-849-2817.

Alzheimer's Support Group: last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Franklin Room. Pre-registration not required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit [alz.org/Vermont](http://alz.org/Vermont) to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 AM – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Breastfeeding and Infant Massage Group: second Wednesday of

each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 – 5:00 PM, Northwestern Medical Center Family Birthing Center. Pre-registration required; contact Rhonda Desrochers, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of Health.

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who's Your Person, What's Your Plan? (End of Life Planning): We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as [www.starttheconversationvt.org](http://www.starttheconversationvt.org). You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a gift.

## UNITED WAY OF NORTHWEST VT - VOLUNTEER CONNECTION LISTINGS

By Sue Alenick

## United Way Volunteer Columnist

SPRING INTO VOLUNTEERING! United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to [www.unitedwaynwvt.galaxydigital.com](http://www.unitedwaynwvt.galaxydigital.com) or contact us, [volctr@unitedwaynwvt.org](mailto:volctr@unitedwaynwvt.org) or 860-1677.

RELAYING THE NEED – The American Cancer Society is seeking volunteers for their Relay for Life at the Collins Perley Complex in St. Albans. Volunteers can help with setup on Friday, June 21 from 6:00 – 8:00 PM, and on Relay Day, Saturday, June 22, for a variety of roles between 9:00 AM – 12:00 AM (midnight). Contact Heather Winther, 872-6325 or [heather.winther@cancer.org](mailto:heather.winther@cancer.org).

COACH – The City of Winooski is also looking for a volunteer Youth Football Head Coach to help create a positive learning environment where children can learn fundamental skills, sportsmanship, teamwork, and responsibility. Volunteers must be at least 18 years old, have a high school diploma or equivalent, be available at times for practices and games, and pass a background check. From mid-August to mid-October, with an end of season banquet. Contact Alicia Finley, 777-1621 or [AFinley@winooskivt.gov](mailto:AFinley@winooskivt.gov).

ON THE RUN – *Girls on the Run Vermont* is a 10-week program for girls in grades 3-8 that combines life skills lessons with training for a 5K run/walk. They are looking for volunteers to assist at the 5K event in June. Contact Sally Malay, 603-757-3668 or [sally@girlsontherunvermont.org](mailto:sally@girlsontherunvermont.org).

SUBSTITUTE COOKS NEEDED – Dismas House in Winooski and Burlington is searching for substitute volunteer cooks to fill in when there are cancellations among their regular volunteers. Individuals, families, and groups prepare dinner for up to 10

residents, a staff person, and the volunteer(s) themselves. Prepared food may be brought in or volunteers can bring groceries and cook in the house kitchen with guidance and help from staff. Volunteers say the highlight of the evening is to join residents and staff and eat the dinner with them. In Winooski, contact Sue Drollette, 655-0300 or [sue@dismasofvt.org](mailto:sue@dismasofvt.org); in Burlington, contact Zoe Bishop, 658-0381 or [zoe@dismasofvt.org](mailto:zoe@dismasofvt.org).

GREEN-UP DAY – Missisquoi National Wildlife Refuge needs volunteers on Friday, May 3, 9:00 AM – 12:00 PM. This refuge will concentrate its effort on river cleanup activities using refuge boats. Meeting at Louie's Landing, West Swanton. Participants will be dropped off in various shorelines and walking through marsh and wetlands, so rubber boots or waders are advised. Contact Ken Sturm, 868-4781 or [ken\\_sturm@fws.gov](mailto:ken_sturm@fws.gov).

COTS WALK 2019 – Committee on Temporary Shelter is holding its annual three-mile trek around downtown Burlington on Sunday, May 5 so people can visit their shelters to see our their pledges are put to use. Volunteers are needed for crossing guards, data entry, counters, face painters, and more. To sign up to volunteer, visit [https://docs.google.com/forms/d/e/1FAIpQLSftfABLAR\\_sT4IGUfda279ldytwX57iZcBJX71foEj-04ZJ0g/viewform](https://docs.google.com/forms/d/e/1FAIpQLSftfABLAR_sT4IGUfda279ldytwX57iZcBJX71foEj-04ZJ0g/viewform).

PLAY IT AGAIN! – UVM Health Network Home Health & Hospice Adult Day Program is in need of a volunteer to share their piano skills with folks at their South Burlington location. If you can play music from the 1950s and 1960s, consider sharing your talents with these wonderful people. Flexible scheduling. Background check required. Contact Gisele Fortier, 658-1900 or [Gisele.fortier@uvmhomedhealth.org](mailto:Gisele.fortier@uvmhomedhealth.org).

## OBITUARY

**Elizabeth D. Dunkling**, 96, of Jericho, VT passed away Friday, April 5, 2019. Elizabeth (Bette) was the daughter of Paul and Madeleine (Gaffield) Dimick of Bradford, VT. She was a graduate of Bradford Academy, The University of New Hampshire, and did further studies at Columbia Teacher's College. She spent many years in the teaching profession. Bette married Elwood (Mike) Dunkling, who predeceased her, as did a son Hale Dunkling, sister Carolyn Dunkling, and brother Clement Dimick. Many years later she reconnected with and married her high school sweetheart Gerald L. Smith of Durham, NH, who predeceased her seven days earlier. Bette is survived by her daughter Greer Hayes; son-in-law Gary Hayes; two grandchildren, Ashley and Brian Macomber; sister-in-law Betty Dimick; brother-in-law Delton Dunkling; several nieces, nephews, cousins; and the Smith Family, all of whom Bette loved dearly and was grateful she was able to spend the last few years with Gerry due to their help, love, and kindness. Bette was a longtime member of the Jericho Congregational Church and a member of the church choir for about 50 years. A memorial service will be held at the Jericho Congregational Church, Jericho Center, VT on Saturday, June 1, 2019 at 1:00 PM. In lieu of flowers, contributions may be made to *Samaritan's Purse* or the charity of your choice.

Send us your stories... we print engagements, weddings, births, obituaries and family milestones at no charge.

Send you information and photos to [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net).

## CHIROPRACTIC CARE

- Gentle Head to Toe Care
- Unhurried Appointments
- Flexible Scheduling
- Emergency Care
- Practicing Since 1989
- Former Registered Nurse
- Nutritional Counseling
- High Quality Supplements
- Orthotic/Foot Beds
- Spinal Support Products

## Kintner Chiropractic Center



397 VT Route 15, Jericho  
P.O. Box 63  
Underhill, VT 05489

Phone (802) 899-5400  
Fax (802) 899-5497

Email:

[DrMaryDC@comcast.net](mailto:DrMaryDC@comcast.net)  
[www.JerichoChiro.com](http://www.JerichoChiro.com)



Dr. Mary H. Kintner

## What You Need to Know to Keep Your Feet Happy

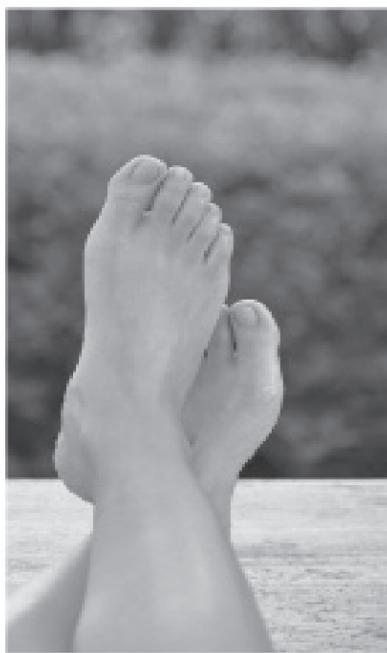
Bryan Monier, MD has created a free helpful fact sheet. Learn:  
Tips for Everyday  
When to See a Doctor

Download your free checklist at [copleyvt.org](http://copleyvt.org)

Bryan Monier, MD is a fellowship trained attending orthopaedic surgeon specializing in care of the foot and ankle and lower extremity trauma at Mansfield Orthopaedics at Copley Hospital. He is skilled in working with athletes, trauma, and geriatric patients. Dr. Monier is an expert in total ankle replacements.



555 Washington Highway, Morrisville, VT 05661  
6 North Main Street, Waterbury, VT 05676  
802-888-8405 | [copleyvt.org/orthopaedics](http://copleyvt.org/orthopaedics)



# HOME AND GARDEN 2019

Supplement to the Mountain Gazette



## SATURDAY MAY 4, 2019 is GREEN UP DAY



Photos are from Green Up Day 2017 in Jericho.

PHOTOS CONTRIBUTED

Green Up Day Volunteers are all invited to the Annual Green Up Day Breakfast at the Community Center in Jericho Center bring a breakfast dish to share 8:30 – 10:00 AM



Drop off full bags of Green Up Day Trash at Jericho Town Garage, 510 Browns Trace, 10:00 AM – 2:00 PM, Saturday, May 4 \*only\*

\*Do not leave bags along side of the road unless you have made arrangements to have them picked up

To sign up for a Jericho Road to clean up go to <https://www.signupgenius.com/go/409044fada628a75-greenup1> or call to volunteer: Jericho Town Office – 899-4936 x1 (OK to leave a message after hours)



Bags available at Deborah Rawson Memorial Library Jericho Town Library Jericho Town Hall and at the Community Center Breakfast

GREEN UP DAY POSTER MAKING at the Community Center in Jericho Center Friday, May 3, 3:00 – 4:00 PM with possibility of jazz music from the ROAD BEATS

## KEEPING FAMILIES WARM SINCE 1947

### Think Ahead! Summer is the time to prepare for the coming heating season!

- Propane • Heating Oil • Kerosene • Diesel • Motor Oil • Bulk Fuel • Gasoline
- Pre-Buy Programs • Budget Plans • Automatic Delivery • Service Technicians

### Heating Oil & Propane Specialist



## JACK F. CORSE INC.

### 1-802-644-2749

Route 15, Cambridge, Vermont

[www.corsefuels.com](http://www.corsefuels.com)



# HOME AND GARDEN 2019

Supplement to the Mountain Gazette



## The new “old growth”

By Ethan Tapper

Chittenden County Forester

As many Vermonters know, prior to European settlement Vermont was almost completely forested. In the 1800s about 80% of the state was clear cut, largely to create sheep pasture. Many of these pre-settlement forests were what we would now call “old growth” – forests which had developed without extensive disturbance for centuries. Our modern understanding of how forests naturally grow and change is largely informed by the study of our few remnant old growth forests, and this understanding has led to modern forest management techniques that seek to emulate these natural processes. Using forest management techniques that mimic natural disturbances and create old growth-type conditions helps

create forests which provide high-quality timber and maple sap in addition to great wildlife habitat, carbon sequestration and storage, clean air, and clean water. The result is healthier forests – though they might not look how you’d expect.

For some reason, many people think of a well-managed forest as an area of evenly-spaced trees with a completely bare understory. This couldn’t be farther from the truth. Forests are dynamic systems, and death, disturbance, and change are natural parts of how they develop over time. Old growth forests are generally what most people would call “messy,” with some large, ancient trees but also trees of all sizes and ages, dead standing trees (“snags”), and a lot of dead wood on the forest floor. These features develop as forests encounter natural disturbance events, from the death of a single tree to larger-scale disturbances like windstorms, wildfires, and insect/disease outbreaks. Through these disturbances forests become more diverse, which makes them healthier; diverse forests are more resilient to future natural and human-caused disturbances and will be better suited to deal with the uncertain effects of climate change. They also generally store more carbon and provide a wider range of wildlife habitat conditions than less diverse forests. As people who own, manage, and appreciate forests it is critical to recognize their dynamic nature and to support the continuation of these natural processes, even if it looks messy.

Today, most of Vermont’s forests are relatively “even-aged” – dominated by a single generation of trees – recovering from being cleared for agriculture in the 1800s. In many cases the oldest trees in a forest date back to when a farmer sold off the herd, headed west, or found an easier way to make a dollar. By contrast, in Vermont’s pre-settlement forest, large even-aged forests were probably somewhat rare, originating only from infrequent, large-scale natural disturbances. Because old growth forests feature a variety of conditions beyond just big trees, they often take hundreds of years to form through natural disturbance and regeneration.

While we can’t make old growth appear overnight, we can manage forests for old growth-type conditions. This includes creating “uneven-aged” forests by encouraging the growth of multiple ages of trees and modeling our management on the way that forests naturally grow and develop. “Uneven-aged management” supports irregularity and diversity, rather than uniformity, in the forest, harvesting individual trees and small “groups” or patches of trees, which simulate small-scale natural disturbances. Additionally, I tell loggers to leave a lot of dead wood on the ground and (even though it looks “messy”) not cut tree tops and limbs down to lay flat. Leave any dead standing or fallen trees alone and consider “girdling” a couple low-quality trees per acre to create additional snags for wildlife. I also like to leave a few trees per acre as “biological legacies,” which are allowed to live out their natural life and are not managed for timber.

To muddy the waters a bit, it is also important to consider forest diversity on a landscape-scale. In addition to old growth there are other forest types, like early successional habitat, which provide unique ecological features and habitat opportunities and which are also underrepresented on Vermont’s current landscape. Our management should seek to create landscapes, not just individual properties or forests, that are diverse and healthy.

Through thoughtful forest management as described here, we can increase the overall health and resilience of our forests, in addition to their utility to wildlife and production of ecosystem services like clean air, clean water, and carbon sequestration and storage. We can use management techniques modeled after the way that forests naturally grow and develop, and we can do so while extracting a local, renewable resource. What’s not to love?

Ethan Tapper is the Chittenden County Forester. He can be reached at ethan.tapper@vermont.gov, 802-585-9099, or at 111 West St., Essex Junction.

**VERMONT LAND MAINTENANCE**

**De-brushing services for private and commercial projects**

Retention Ponds, ROW, Pond Edges, Removal of Invasive Vegetation and More

Please check our our website:  
[www.vtlandmaintenance.com](http://www.vtlandmaintenance.com)

**Brian Washburn • 434-4533 • 802-373-1755**  
[vtlandmaintenance@gmail.com](mailto:vtlandmaintenance@gmail.com)

## Tips to Guard Against Bites and Burns This Summer

(StatePoint) For families – and everybody else for that matter – protecting skin should be a top summer priority. After all, there is no shortage of summer skin woes you’ll want to avoid.

From protecting skin from sun to repelling disease-carrying insects, here are some top insights that will help mae for a safer, more comfortable summer. Sunscreen: Get it Right When it comes to sunscreen, it’s important to understand and follow sun safety guidelines. Fewer than half of moms (48%) knew the correct amount of sunscreen to apply to the face and body while at the pool, lake, or beach, according to a NO-AD Sun Care-commissioned survey on sunscreen. The correct amount of sunscreen to be applied – or reapplied – is at least 2 tablespoons. More alarming still, the majority of those surveyed (54%) believe the proper time to apply

sunscreen is as soon as they start feeling their skin burning.

Experts say that parents should apply a broad-spectrum sunscreen to themselves and children 15-20 minutes before going out in the sun in order to give it time to bond to skin, and then reapply at least every two hours, or after 80 minutes of swimming or sweating, and immediately after towel drying. Unfortunately, 17% of moms were unaware that after an initial slathering of sunscreen, they needed to reapply it following extended exposure.

Beyond application, the type of sunscreen you use matters, too. Luckily, there are quality products at great value, which means you don’t need to skimp on the amount you apply or reapplication. For example, NO-AD has been protecting families for generations at an affordable price per ounce. And for those who want to avoid added fragrance, parabens, alcohol, retinyl palmitate, BPA, and dyes, consider trying NO-AD Naturals Clear Mineral Formula SPF 50, which is developed with naturally sourced active ingredients such as titanium dioxide and zinc oxide, offers broad-spectrum UVA/UVB protection, and is water-resistant for up to 80 minutes. Oxybenzone- and Octinoxate-free – both of which are chemicals considered harmful to coral reefs – this is also a good choice for the eco-conscious. Parents take note: the line, which offers great value, also carries pediatrician-tested versions for kids and babies.

Other safe sun habits include limiting time in the sun, especially between 10:00 AM – 2:00 PM, and wearing long-sleeve shirts and pants, hats, and sunglasses.

Bite-Free Summer. The days are full of outdoor fun in backyards, parks, baseball diamonds, and more. Any time your family is outdoors, you are at risk for insect bites. Unfortunately, a bite can carry risks beyond discomfort. Mosquitoes can carry Zika, West Nile, Dengue Fever, and Chikungunya viruses.

Consider streamlining skin protection with a two-in-one combination such as BullFrog Mosquito Coast SPF 50 Continuous Spray Sunscreen + Insect Repellent, which is DEET-free, Oxybenzone- and Octinoxate-free, and a good choice when you want to pack light or send kids to camp or sports with a simple sunscreen and insect repellent solution.

You can also dodge mosquito bites by wearing loose long sleeves and pants, particularly on hikes, and by keeping your yard free of any standing water.

By knowing the facts, you can better ward off bites, burns and other summer skin pitfalls.

**NEED PELLETS?**

Check out our **EARLY BUY PROGRAM**

Best price of the year on **VERMONT WOOD PELLETS DELIVERED!**

**Call 802-860-4090**



**ENERGY CO-OP OF VERMONT**

Use less. Save more.

Offer ends June 30, 2019

For details call us or go to:

[www.ecvt.net/early-buy-wood-pellets-2019](http://www.ecvt.net/early-buy-wood-pellets-2019)



PURE. VERMONT. WARMTH.

**A REPUTATION FOR RESULTS!**

**Underhill - \$349,500**  
Our charming 1850 home has fantastic direct views of Mt. Mansfield on 5.37 acres! Living rm with cozy gas stove is a charming spot to entertain! Open remodeled kitchen with new flooring, painted cabinetry & modern hardware! 1st fl master & 4 bdrms up. 1.5 car garage with storage! Lots of updates!

**Richmond - \$434,900**  
Brand new colonial with seasonal views of Camel's Hump. 1872 sq ft home w/ 3 bdrms & 2 baths up. End of the road privacy on 1 acre lot. Open floor plan, low sheen birch floors on 1st floor. Lg kitchen w/ granite counters. Walkout basement w/ windows & slider for even more potential finished area.

**Underhill - \$269,500**  
Wonderful 3 bedroom home on 2 private acres with view of fields and hills! Remodeled kitchen w/ gleaming granite counters & black appliances! New flooring upstairs! Cozy pellet stove for wood heat! Front & back deck for relaxing! 2-car garage & new roof in 2018! Spacious backyard w/ lg shed for gardening!

**Westford - \$150,000**  
This amazing land borders Essex & is an easy commute to towns & schools! Build your home on this 8.14 acre parcel w/ wonderful 5-acre pond that greets you as you arrive! S e p t i c permit for 4 bedrooms! Land is mostly level & open some trees add shade & interest to the land!

**CALL NANCY TODAY!**

Nancy Jenkins Real Estate  
140 Kennedy Dr, Suite 102  
South Burlington, VT 05403  
802-846-4888 - 888-567-4049

**NANCY JENKINS REAL ESTATE**

# HOME AND GARDEN 2019

Supplement to the Mountain Gazette



## Ways to boost your home's curb appeal



(StatePoint) When it comes to your home, you only get one chance to make a great first impression – and that takes place before anyone ever steps inside, making curb appeal upgrades an effective way to beautify your home while boosting its value.

Here are some great ways to enhance curb appeal that will give you a great return on investment, according to *Remodeling Magazine's* 2019 *Cost Vs. Value* report.

appeal of any space, indoors or out, and can be customized to suit your needs and style. When applied to a home exterior, this project has an impressively high return on investment at 95 percent, according to the 2019 *Cost vs. Value* report.

Maximize this upgrade by opting for high-quality materials that look like authentic stone, even upon careful inspection. For example, the choices available from ProVia are molded and

### Garage door replacement

Whether you want your garage door to take center stage or provide a demure complement to your home's overall exterior, the right selection will make a great visual impression. Luckily there are a growing number of ways to personalize a garage door. New color options, which include two-tone combinations, are growing in popularity, and an expanding array of panel designs can help you work in harmony with your home's architectural style.

But know that this is not just any cosmetic upgrade. A new garage door has the potential to improve your family's safety and comfort, providing safety features not found in older models while reducing heat and cold transfer for lower energy bills.

### Manufactured stone veneer

A manufactured stone veneer project can enhance the aesthetic

colored to produce a realistic, dramatic effect, mimicking stones from unique geographic regions in a range of cuts. Their online resources, which can be found at *provia.com*, include design ideas and tools for selecting harmonious color groupings, helping you make the best choices for your home.

### Siding replacement

Of all the home updates that will boost your curb appeal, new siding has the third highest return on investment, according to the report. When making this upgrade, consider materials wisely. Thanks to its overall low cost, ease of installation, minimal maintenance required, and long-term durability, vinyl is the most popular home siding material. Whether you opt for insulated, traditional, or decorative siding, this can be a great way to give your home a high-impact facelift that's well worth the cost.

To add beauty and value to your home, start with curb appeal, selecting projects that offer a great return on investment.

(802) 878-4982      FAX (802) 878-1960  
 (802) 878-3345      johnleoandsons@aol.com

**JOHN LEO & SONS INC.**  
 LIGHT TRUCKING & AUTO REPAIR  
 TRUCKING & EXCAVATING  
 FUEL OIL & KEROSENE DELIVERY  
 SELF STORAGE

JOHN LEO JR.      145 JERICO RD.  
 Owner      ESSEX JUNCTION, VT 05452

## All Phase Property Maintenance, LLC

Free Estimates



24 Hour Service

Lawn Care & Gardens, Fence Installation/Repair, Stone-Concrete Walkways, Walls And Patios, Firewood, Light Trucking, Spring & Fall Cleanups, Driveway Refurbishing, Brush Hogging, Lawn Dethatching, Mulching & Excavating

Office: 899-2919 - Cell: 734-8247

Fully Insured Family owned and operated since 1990 Essex, VT 05452

# HOME AND GARDEN 2019

Supplement to the Mountain Gazette



## More bang for your buck with these spring home improvements

(StatePoint) The warmer weather means it's time to start thinking about home improvement projects. Whether you're getting your home in tip-top shape for your own enjoyment, or getting it ready to put on the market, not all home improvement projects are created equal when it comes to return on investment (ROI). Here are top areas on which to focus:

### Interiors

The kitchen is the heart of the home and it's one of the best areas to renovate in terms of ROI, according to *Remodeling* magazine's annual *Cost vs. Value* report, which puts the price tag of the average minor kitchen remodel at \$22,507, with 80.5% of the cost recouped upon resale.

To give the kitchen an updated appearance, replace the flooring, countertops, sink, and faucet. A fresh coat of paint in a trendy shade such as Living Coral, Pantone's Color of the Year, can add a vibrant pop of color to energize any kitchen. Not looking to go that bold? Consider an accent wall, or stick to a classic palate of gray and white in terms of cabinets and countertops. White on white is also a popular new style for kitchens and bathrooms.

Other features home buyers are paying close attention to are laundry rooms and such energy-saving elements as Energy Star appliances and windows, according to the survey *What Home Buyers Want in 2019* by the National Association of Home Builders.

### Curb appeal

The popularity of outdoor projects remains strong and it's for a good reason. According to the *Cost vs. Value* report, the biggest bang for your buck in 2019 will come from replacing a garage door. The report says the average price is \$3611, and 97.5% of it is recouped when the house is sold.

Other outdoor projects with high ROI include adding manufactured stone veneer to the exterior (94.9%), adding a wood deck (75.6%) and replacing siding (75.6%). Looking for a simpler way to make an impact? Sprucing up the landscape by planting flowers or bushes or even just clearing the yard of debris will make

a big statement.

No matter what updates you end up making, it's always a good idea to notify your insurance agent. "Certain upgrades may change the value of a house, so homeowners need to make sure they're properly covered," says Bob Buckel, vice president of product management, Erie Insurance. "There are a few things to look for. Ask your agent about guaranteed replacement cost policies that can cover the cost to rebuild a home in today's dollars following a covered loss."

Some upgrades may also make you eligible for discounts, Buckel adds, especially if they make the home more secure. "For example, Erie Insurance offers certain safety discounts such as for installing smoke alarms or an automatic sprinkler system."

Now you have a checklist of DIY projects to focus on this spring. But before you start, take a moment to assess which ones are worth your time and money.

## Tips to make a style statement in every room of your house

(StatePoint) Want to elevate your home décor? Whether you're going for farmhouse style or mid-century modern décor, make a statement in every room, even the most neglected spaces.

From the laundry room to the garage, to your home gym and game room, these easy and simple ideas from the design experts at Hunter Fan Company will add comfort and beauty to your home.

### The laundry room

While this space is one of the most used on a weekly basis, it's often forgotten in terms of décor and style. Simple touches like matching laundry bins, wall art, and coordinated shelving can really change the ambiance and help organize laundry day chaos.

While this space has a ton of potential, it also comes with its share of challenges. Many laundry rooms tend to be cramped and get steamy easily. Adding a circulating element, like a ceiling fan, can remedy this woe and make chores more pleasant. Smaller options like the Loki from Hunter

Fan Company come in options as small as 36" and can seamlessly coordinate with your updated space.

### The game room

Game rooms are often the most aesthetically neglected rooms of the home. Often a culmination of mismatched and hand-me-down furniture, the game room is most likely in need of some tender love and care. Some new pillow covers for the couch and an added cowhide rug can provide a refreshing update to this room. Consider adding an accent wall in a bold color and replacing those outdated band posters for a grown-up look.

### The garage

For many people, the garage is the first interior space they encounter after a long day. Unfortunately, it's also often the dumping ground for old tools, children's toys, and items with no place to call home. Built-in storage can help with organization, and adding a layer of colored floor protectant will make your garage seem more polished and presentable.

If you use the garage as a workshop, the introduction of a cool breeze can revitalize strenuous home projects and ensure proper ventilation. Check out ceiling fan design options that can stand up to the elements, such as the Brunswick or Cedar Key from Hunter Fan Company.

### The home gym

When it comes to getting in shape motivation is key, and having a beautiful, enjoyable space while working towards your goals can make all the difference. Get a better workout by updating your home gym with new mats, colorful dumbbells, and a brand-new sound system. Avoid overheating with the latest smart tech, such as the SIMPLEconnect Symphony, a fan that can be controlled from your mobile device or an automated virtual assistant, such as Siri, Google, or Alexa, so you can be comfortable without interrupting your treadmill session.

For greater comfort, health, and use of your home, consider how you can incorporate beautiful and easy interior design elements into every room.

## Award Winning Homes



## Comfort and Elegance

creating a home designed with you in mind



- Period Design Build
- Additions
- Remodeling
- Sun Rooms
- Porches • Garages
- Bath & Kitchen Remodels
- Roofing • Siding
- Flooring: Hardwood & Tile
- Window & Door Replacement
- Electrical & Plumbing
- Light Painting
- Handyman Services



23 Kristie Lane  
Jericho, VT 05465  
www.thurgateconstructionvt.com



113 RT 15 • JERICHO • 899-8900

Growing well rooted plants and relationships since 1983

~ Design • Stonework • Planting • Patios • Water Features ~

www.creativelandscapingvt.com • Like us on @ creativeLGC

**Over 25 Varieties Fruit Trees & Berry Bushes**  
**Shade Trees, Evergreens, Flowering Shrubs**  
**200+ Varieties of Perennials!**

**Greenhouse Loaded with Flowers, Herbs, Veggies**

Monday - Friday 9:00 AM-6:00 PM • Sat. 8:00 AM-5:00 PM • Sun. 10:00 AM-4:00 PM

**MULCH TOPSOIL COMPOST STONE DELIVERED**

## Helping you make your next move!

Buying or Selling a home?

I can provide you with innovative real estate solutions and the exceptional service you deserve.



**Theresa Ferrara**  
Realtor, SRES, ABR, SRS  
802-846-9585



## LIBRARY NEWS

## DEBORAH RAWSON MEMORIAL LIBRARY

Unless otherwise noted, programs do not require registration and are free and open to all.

## Adult programs

Mah Jongg – Monday, May 6, 6:30 PM. Please join us as we explore the ancient Chinese tile game of winds, dragons, and number tiles. If you like Rummy-style card games, you'll love Mah Jongg! All are welcome—no experience necessary! Mark your calendars for our Mah Jongg tournament to be held May 20 – details below!

Mah Jongg Madness – Monday, May 20, 1:00 PM. Get ready to Mahj: we'll be hosting a Mah Jongg tournament featuring prizes and a potluck lunch! We'll take a break halfway to enjoy each other's cooking, so please bring a prepared dish to share. To avoid duplicating dishes, please register in advance – 899-4962.

Scrabble – Thursdays, May 9 and 23, 11:00 AM. Join us on the second and fourth Thursday every month for the original wordplay game. Exercise your mind and improve your vocabulary (especially of two- and three-letter words). Join us, and bring a friend along too!

Bird Identification with Evergreen Erb – Thursday, May 9, 6:30 PM. Evergreen will present her annual talk on identifying birds. This program is co-sponsored with the Jericho Underhill Land Trust.

Bird Walk with Evergreen Erb – Saturday, May 11, 7:00 AM. You've talked the talk, now walk the walk! We will meet at the Mills Riverside Park to go on a bird identification walk with Evergreen. Be sure to bring binoculars if you have them! This program is co-sponsored with the Jericho Underhill Land Trust.

Chess Club – Sunday, May 12, 2:00 PM – new time! Enjoy the ancient game of feudal conquest with fellow tacticians. Whether you're a grandmaster or a total novice, you'll enjoy putting your skills to the test at our monthly chess club, the second Sunday of the month at 2:00 PM. Participants are encouraged to bring their own boards and chess sets.

Laughter Yoga – Mondays, May 13, 20, and 27, 6:00 PM. No mats! No special clothing! No special moves! Just playfulness and breathing and laughing! All for fun! Please call the library to register – 899-4962.

Deborah Rawson Book Lovers – Tuesday, May 14, 7:00 PM. DRBL is a monthly adult book discussion group. This month's selection is *The Post-Birthday World* by Lionel Shriver. New members are always welcome to drop in on any meeting, which is always the second Tuesday of the month at 7:00 PM. For more information, contact [Christine@cstaffa.com](mailto:Christine@cstaffa.com).

Trivia Quest – Saturday, May 18, 7:00 PM – new time! Do you pine for pub quizzes, trounce at Trivial Pursuit, and jump to answer Jeopardy? If so, join us for Trivia Quest, our monthly contest of not-so-general knowledge.

Fraud Prevention Workshop – Sunday, May 19, 2:00 PM. This presentation will give an overview of the leading scams and techniques of con artists, followed by a discussion of the steps you can take to avoid victimization. This program is co-sponsored by AARP Vermont Fraud Watch.

Cook the Book: *Giada's Feel Good Food* – Monday, May 20, 12:15 PM. For the month of May our selected cookbook is *Giada's Feel Good Food*. The book will be available early in May and remain at the front desk where you may use it at the library to photocopy a recipe of your choice. On Monday, May 20, bring your prepared dish and a serving utensil to the program room where you and other participants will have the opportunity to sample each other's creations. The library staff will assist you in signing up for the event and provide you with a form to avoid two people preparing the same food. Please register in advance – 899-4962.

Knitting with Neighbors – Thursday, May 23, 6:00 PM. New to knitting and looking for support to get past the first row or remember how to cast on? This is the group for you. Experienced knitter just looking for inspiration to try something new or share your knitting wisdom? This is the group for you. Not new to knitting, but new to Jericho or Underhill? You will find some friendly faces here. If you would like help picking a first time project, please feel free to contact Julie Hehir at [juliehehir@comcast.net](mailto:juliehehir@comcast.net).

Community Coffeehouse – Saturday, May 25, 7:00 PM. Come prepared to share a five-minute story, song, poem, or other short-form entertainment – or simply come out to enjoy your neighbor's talents! This month's theme is *Resilience*. This program is co-sponsored with the Jericho United Methodist Church.

## Programs for young children and families

Story Hour – Wednesdays and Thursdays, May 1, 2, 8, 9, 15, 16, 22, and 23, 10:30 AM. Drop in for stories, songs, projects, and a nutritious snack! In May, we will be exploring the theme *Gardens*.

Story Hour with Beth and David London – Fridays, May 10, 17, 24, and 31, 10:30 AM. Beth and David London, formerly of Poker Hill School, share songs and stories with young children and their families! School will follow.

## After school programs

Mother's Day Card Making – Thursday, May 2, 2:45 – 4:30 PM. Happy Mother's Day! It's a little early but it's never too early to create a special card for your mom during our after school, drop-in craft time at DRML. We will have supplies for creating a 3-D card; you can try paper marbling or you can create any card you wish using the supplies available. Children younger than 8 years old must be accompanied by an adult caregiver.

Time for LEGOs – Thursday, May 16, 2:45 – 4:30 PM. Join us after school for LEGO construction time. You'll have the opportunity to create, construct, and share your works with other LEGO builders. All ages welcome. Children under the age of 8 years old must be accompanied by an adult caregiver.

Movie and Popcorn Afternoon! – Thursday, May 23, 3:30 – 5:15 PM. This will be the last after school movie of this school year! LEGO Duplo space invaders cause trouble for our favorite LEGO heroes. We will provide lemonade just after the movie starts, and Essex Cinemas generously donates popcorn for our movies. (PG; 1 hour 45 minutes)

## Programs for teens

Teen Movie and Pizza Night! – Saturday, May 4, 6:30 PM. The true heir to the throne of Atlantis squares off against his power hungry brother. We will provide free pizza and soda and Essex Cinemas generously donates popcorn for our movies. (PG-13; 2 hours 22 minutes)

Friday Night *Magic*: Archenemy – Friday, May 17, 7:00 – 9:00 PM – new time! Start your weekend off right: grab your best deck and your best friend to walk the planes of the Multiverse! We'll be casting spells in casual rounds of *Magic: the Gathering*. This month, to celebrate the release of the War of the Spark set, we will be teaming up to defeat the Elder Dragon Nicol Bolas and his army

of the undead in a special Archenemy format. (This program is intended for ages 10 and up.)

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

For information on any of the library's programs, call 899-4962. DRML is located at 8 River Rd., Jericho; [www.drml.org](http://www.drml.org).

## JERICHO TOWN LIBRARY

Story Time – Wednesdays, 10:30 – 11:30 AM. Recommended ages: 0-5 years. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa!

JTL Board meetings are held the second Monday of every month (May 13) at 5:30 PM. All are welcome to attend.

Jericho Town Library has new, expanded library hours: Mondays 2:00 – 5:00 PM; Tuesdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Wednesdays 10:00 AM – 12:00 PM and 2:00 – 7:00 PM; Thursdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Fridays 2:00 – 5:00 PM; Saturdays 10:00 AM – 12:00 PM.

For more information on programs and library services, please visit our website at [www.jerichotownlibraryvt.org](http://www.jerichotownlibraryvt.org) or call 899-4686.

## VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

*Baby Got Books* – a new story time for the littlest library visitors. Join Amber for nursery rhymes, movement activities, songs, stories, and finger plays proven to promote early literacy, language, and communication skills. For ages birth-18 months with an adult, Wednesdays, 9:30 – 10:30 AM.

Children's Story Time and Crafts with LN, Thursdays, 10:00 – 11:00 AM. The library is a warm, cheery place for children to meet other children! Join us for stories read by people who enjoy sharing good books and a craft. Free and the public is invited! For more information, call the library at 644-2117.

Young Adult Book Club: *Percy Jackson* – Tuesday, April 30, 5:00 PM. This is the new Youth Book Club, Camp Half-Blood! Responding to the library's *Survey Monkey* survey, the club has chosen *Percy Jackson and the Olympians* by Rick Riordan for its 2019 series, beginning with the first in the five-book series, *The Lightning Thief*. Join in to explore Greek mythology, history, and culture while discussing the books and movies with friends new and old. For readers in elementary and middle schools. Contact the library for more information or to place a copy on hold.

Trivia Night to benefit the Varnum – Monday, May 6 at the Village Tavern Upstairs Dining Room, 55 Church St., Jeffersonville. Hosted by Top Cat Trivia and the Village Tavern to benefit the Varnum Memorial Library, the evening features a 50/50 raffle, and prizes for the winning team (of 4 or 6; come with your team or form one on the spot). Doors open at 5:00 PM; Trivia from 6:00 – 8:00 PM. Suggested donation at the door. The Tavern's full food and drink menu available to order; a portion of the proceeds goes to the library.

Crescendo Club Library Association – Do you have two hours a month to spare for a great opportunity? The Crescendo Club Library Association is seeking community members interested in helping the library anticipate and meet the needs of all we serve and to promote lifelong learning for everyone. Please let us know if you would like to be an active supporter and member of this organization that has worked to help the community for almost 120 years. Meets on the third Thursday of the month (May 16), 7:00 – 8:00 PM.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; [thevarnum@gmail.com](mailto:thevarnum@gmail.com); [www.varnumlibrary.org](http://www.varnumlibrary.org). Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

## WESTFORD PUBLIC LIBRARY

Early Literacy Storytime, for ages birth to preschool, Thursdays, 11:00 AM. Several stories around a theme, and a theme-based craft. All ages and levels of attention are encouraged to come. Don't worry if they fidget – they are still getting a lot out of it!

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website [www.westfordpubliclibrary.wordpress.com](http://www.westfordpubliclibrary.wordpress.com); email [westfordpubliclibrary@gmail.com](mailto:westfordpubliclibrary@gmail.com). Like us on Facebook. 878-5639, Bree Drapa, Librarian.

## RICHMOND LIBRARY

Weekly children's programs at the Library run from September through May and follow the CESU school district schedule for vacation days and weather closure days.

May Foyer Display: We will be showing Richmond resident, Jane Vossler's collection of Little Golden Books from the late 1940s and early 1950s, all gifts from relatives or purchased by her mother who read them to her as a little girl, many times each. Little Golden Books were first published in 1942 and are still being published today.

May Art Show: During the month of May we will be showing the paintings of Richmond resident Bruce Lee. His work draws on nature for inspiration and the work of Impressionists from all over the world, as well as American artists such as Edward Hopper and Richard Schmid.

Storywalk: The library in collaboration with RiseVT and the Richmond Trails Committee will once again be setting up a Storywalk along the river trail at the Volunteers Green this coming June. Watch for details.

2019 *Vermont Reads!* The 2019 *Vermont Reads* book is the graphic novel *March Book One*, the first in a trilogy by civil rights icon John Lewis in collaboration with co-writer Andrew Ayden and graphic artist Nate Powell. It tells the story of Lewis' coming of age in rural Alabama and early life of civic activism. Lewis, who was greatly inspired and influenced by Martin Luther King Jr., is considered one of the big six leaders of the civil rights movement and an early adopter of the nonviolent protest tactics that were instrumental in the desegregation of the South. Lewis has served in the U.S. Congress since 1987. Free Copies of *March* – Thanks to a grant from the Vermont Humanities Council, we have many copies of the graphic novel *March: Book One* on hand available to the community. Stop by and check out a copy.

*Learning Nonviolence: Activism 101*. Participants in this workshop offered by staff from the Peace and Justice Center will learn aspects of Kingian Nonviolence, build knowledge of successful nonviolent campaigns, explore how their own identities impact this work, and engage in role play. This workshop is appropriate for age fourteen through adult. Join us on Tuesday, May 7, 7:00 – 9:00 PM in the community room.

Apprenticeships in Vermont: Allison Richards of the Vermont Department of Libraries will offer an informational program describing the many different apprentice programs available via the

Department of Labor and employer sponsors. This is an excellent way to learn about beginning a career or changing direction. The Apprenticeship Department currently has over 800 Vermonters registered in more than 30 trades. All are employed in the crafts of their choice and, when they complete the program, enjoy continued employment at a higher, skilled rate of pay. These programs include electrical, plumbing, surveying, sheet metal, HVAC, and others. Wednesday, May 22, 6:30 PM.

*The Weapons of Fraud*: In conjunction with AARP Vermont's Fraud Watch Network, we will host a timely presentation on scams, fraud, and con artists. The program will identify the current scams and tactics being used today and provide helpful tips on staying out of the grip of con artists. The program is free and appropriate for all ages. Join us on Thursday, May 23 at 7:00 PM.

*Woof!* What's the dog saying? Is a yawn always just a yawn? Why does a dog shake off even when it's not wet? Why is a growl a good thing? This popular, long-running dog communication and safety lecture by staff at Gold Star Dog Training is a multimedia extravaganza of fun where the audience also gets to test their "dog reading" skills. We'll demystify dog communication, reveal some common dog-human misunderstandings, and explore how we can all live safely and happily together. Join us on Thursday, May 30 at 6:30 PM.

## Weekly Children's Programs

No one ever regrets taking their child to storytime. We offer three weekly programs for young children. Choose the one that's right for your child and schedule. While the programs are planned with the ages listed in mind, older and younger children are always welcome. No registration is required. Programs run from September-May and follow the CESU school district schedule for vacation days and weather closure days.

Baby Laptime: This 30-minute program is for our youngest visitors. Adults interact with their little person through simple stories, songs, rhymes, bounces, and wiggles that are sure to bring out the smiles and giggles. Baby Laptime is designed for infants through age 2. Join us on Mondays at 10:30 AM.

Playgroup with Stories and Music: The morning begins at 10:00 AM with songs, stories, and a simple snack (bring your own) on the alphabet rug. Around 10:30 AM we'll get out the toys for free play with friends in the library's sunny and spacious community room. We have gross motor and fine motor toys, puzzles, and activities for infants through preschool age children. Join us on Wednesdays for storytime and playgroup.

Movers and Shakers Storytime: Frequent exposure to picture books not only entertains and delights children but also strengthens their vocabulary and their ability to make sense of the world. We'll share fantastic new and classic picture books and work some early literacy magic into a child's day. We'll couple stories with simple songs and activities for some interactive moving and shaking. Toddlers and preschoolers and their caregivers are welcome on Fridays at 10:30 AM.

## Book Discussions

*Home for Unwanted Girls* by Joanna Goodman. Philomena meets Orphan Train in this suspenseful, provocative novel filled with love, secrets, and deceit – the story of a young unwed mother who is forcibly separated from her daughter at birth, and the lengths to which they go to find each other. Tuesday, May 14, 6:00 PM.

*In the Woods* by Tana French (Dublin Murder Squad #1). As dusk approaches a small Dublin suburb in the summer of 1984, mothers begin to call their children home. But on this warm evening, three children do not return from the dark and silent woods. When the police arrive, they find only one of the children gripping a tree trunk in terror, wearing blood-filled sneakers, and unable to recall a single detail of the previous hours. Thursday, May 16, 7:00 PM.

## Other Events

New passes: biking, hiking, history, more!

In addition to the popular passes offering discounts or free entry to ECHO, Shelburne Museum, and more, we now have some new passes available to Richmond patrons! Just stop by the library to check out a pass for a two-day loan period.

Sleepy Hollow Inn Ski & Bike Center: Passholder receives a \$3 discount for each family member (up to two adults and two children) on any day or half-day pass. May be used for a skiing or snowshoeing pass or for a biking/hiking pass in season. Visit Sleepy Hollow's website <http://www.skisleepyhollow.com/> for information about rates and current conditions.

Catamount Outdoor Family Center: Passholder receives a \$3 discount for each family member (up to two adults and two children) on any day or half-day pass. May be used for a skiing or snowshoeing pass or for a biking/hiking pass in season. Visit the Catamount Center's website <http://catamountoutdoorfamilycenter.org/> for information about rates and current conditions.

Vermont History Museum and Vermont History Center: Pass admits one person or family to either the Vermont History Museum in downtown Montpelier or the Vermont Heritage Galleries in Barre. Visit the Vermont Historical Society's website <https://vermonthistory.org/> for more information.

Open Monday and Wednesday, 10:00 AM – 8:00 PM; Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); [www.richmondfreelibraryvt.org](http://www.richmondfreelibraryvt.org).

## DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Food for Thought Teen Library Volunteers: Thursday, May 2, 4:00 – 5:00 PM. Teens meet for pizza, discussion, and planning special events at the library. Community service opportunity. Grades 7-12. New members welcome.

Gamers Group: Mondays, May 6, 20, 3:30 – 5:30 PM. Play a variety of games including board games and *Dungeons & Dragons*. Grades 5-8.

LEGO Club: Tuesday, May 7, 2:00 – 3:00 PM. Build your own creations using the library's LEGO collection. All ages.

Read to a Cat: Thursday, May 9, 3:30 – 4:30 PM. Read to Edgar, a therapy cat in training with "Love on a Leash" Foundation. Pre-register for a one-on-one reading session. All ages welcome.

Ukulele Jam! Beyond the Basics: Monday, May 13, 6:30 PM. Join us for strummin' fun with Karla Kennedy, WCS Music Teacher. For players with some ukulele experience. Ukuleles provided or bring your own. Age 8-adult.

Preschool Yoga with Danielle: Friday, May 17, 10:30 AM. Simple yoga poses, stories, and songs for children birth to age 5 and their caregivers.

Libraries continued on page 11

## ART / MUSIC / THEATER



The all-woman bluegrass band Della Mae will perform on Friday, May 3 on the main stage at Chandler Center for the Arts, 71-73 Main St., Randolph. Fiddle-playing founder Kimber Ludiker wrote, "When I started this band, I started it actually as a joke. Late at night with a group of friends at a music camp in California, we were joking around about how fun it would be to start an all-female bluegrass band that played high-testosterone, really fast bluegrass music – what we called 'mangrass'." The band features five members included Vermont native Celia Woodsmith. Della Mae's second album *This World Oft Can Be* was Grammy-nominated for Best Bluegrass Album in 2014. For tickets and more information, call the box office, 728-6464 or [www.chandler-arts.org](http://www.chandler-arts.org). Chandler Music Hall is handicapped accessible and equipped for the hearing impaired. PHOTO CONTRIBUTED

## ART/PHOTOGRAPHY

At the Emile A Gruppe Gallery in Jericho the prelude to Spring in Vermont, known as Mud Season, is welcomed as a harbinger of warming days and cool nights and the setting up of the maple economy. It is also a tease as to what is coming – flowering plants, lots of color, bird songs, and warmth. The current show at the Gallery, titled *Beyond Mud Season*, offers a jump start on your enjoyment of the upcoming seasons and also offers the opportunity to enjoy these works in your own space. Watercolors by Monique Dewyea, Textile Marbling by Linda and Dean Moran, photography by Luci Wilcox, watercolors by Jericho's Adrienne Fisher and Montpelier artist Susan Bull Riley, "painterly" digital photographic images by Roarke Sharlow. The show will hang through Open Studio weekend, Saturday-Sunday, May 25-26. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; [emilegruppegallery.com](http://emilegruppegallery.com), 802-899-3211.

Bryan Memorial Gallery announces *Ebb and Flow*, a juried exhibition of over 100 artworks by 76 artists in which water is the predominant element of the composition. The exhibit presents a wide variety of treatments of the water theme within a landscape context, from quintessential Vermont scenes of ice breakup in a river to the serene vistas of shorelines. Many media are represented including oil, acrylic, watercolor, collage, photography, pastel, gouache, fabric, mixed media, and printmaking. The exhibit opens to the public on Thursday, May 2. The opening reception is Sunday, May 5, with an Artists Roundtable at 1:00 PM featuring a discussion with four artists whose work is on exhibit and a reception in honor of the artists from 2:00 – 4:00 PM. There is no charge for either program and the public is invited. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; [www.bryangallery.org](http://www.bryangallery.org). Gallery hours: Thursday-Sunday, 11:00 AM – 4:00 PM, and by appointment.

Helen Day Art Center in Stowe will celebrate the extraordinary artistic talents of students in the greater Stowe area with an art show opening Wednesday, May 1 and running through Saturday, June 1. Students from Stowe Elementary, Middle, and High Schools and Mountain River School exhibit their work along with students from this year's guest school, Rumney Memorial School in Middlesex. The opening reception takes place at Helen Day on Wednesday, May

## HIGHWAY MAINTENANCE WORKER

The Town of Jericho is accepting applications for a Highway Maintenance Worker Level 2. This is a full-time position which requires a CDL and the ability to respond to emergencies and for snow removal outside of regular working hours. The ideal candidate will have at least two years of experience in highway maintenance, construction procedures and methods and the operation of large trucks, preferably at the municipal level. Equipment operation experience is a plus.

The starting hourly wage is \$16.50-\$17.50 depending on qualifications. The Town of Jericho offers excellent benefits, including health and dental insurance, and a retirement plan.

An application and job description can be downloaded from [www.jerichovt.gov](http://www.jerichovt.gov). They are also available at the Jericho Town Hall, at 67 VT Rt. 15, Jericho, M-F 8:30 a.m. – 2:30 p.m. Completed applications can be submitted to Paula Carrier in person, via email at [pcarrier@jerichovt.gov](mailto:pcarrier@jerichovt.gov) or via mail to PO Box 39, Jericho, VT 05465.

Applications will be accepted until position is filled.



The grr-ific musical for little tigers and grown-ups alike is back! The hugely popular *Daniel Tiger's Neighborhood LIVE!*, based on the #1 PBS KIDS TV series, has delighted live audiences on stages across the country. Now, in its fourth year of touring, your favorite characters are hopping back on board Trolley and coming to your town with *Daniel Tiger's Neighborhood LIVE!: King for a Day*, Daniel and all of his friends invite you for a brand-new adventure in *Neighborhood of Make-Believe* where Daniel learns just what it takes to be King. The beloved characters come alive on stage to captivate you with new songs to sing along to, magical moments, and surprise guests along the way! It's an event filled with tigertastic fun, teaching the valuable lessons of kindness, helping others, and being a friend. For more information or tickets, 802-863-5966 or [www.flynntix.org](http://www.flynntix.org). PHOTO CONTRIBUTED

1, 3:00 – 6:00 PM, with complimentary ice cream thanks to Ben and Jerry's. All are welcome to enjoy the exhibit and refreshments and to take part in an art activity. Gallery hours: Tuesday-Saturday, 10:00 AM – 5:00 PM and by appointment. Helen Day Art Center, 90 Pond St., Stowe; 802-253-8359, [www.helenday.com](http://www.helenday.com).

Through Sunday, June 9 at the Burlington City Arts Center, Rebecca Weisman examines unconscious and psychological spaces of identity and the body. The artist combines video, installation, sound, and sculpture to create a large-scale, immersive installation in the first floor gallery. Incorporating film, performance, and sound within her surreal environment, the artist expresses the interaction between the interior of our unconscious and the exterior of our own skin. Also through June 9, Barbara Zucker debuts her new work, *Adorned: Hairstyles of an Ancient Dynasty*, featuring several black-and-white paintings and an installation of acrylic abstractions inspired by the stylized hairstyles of Tang dynasty tomb figures. Zucker is fascinated by the complex ways in which hair has been used by cultures throughout the world. She transforms seemingly abstract forms into ironic, often humorous, observations on gender and culture. These concerts include performances by BeatonOPlasse, Allison de Groot and Tatiana Hargreaves, Genticorum, and Martin Hayes. Also through June 9, Imperfect Societies probes themes of history, trauma, and nationhood set within the tropes of science fiction in film and photography. For more information, [burlingtoncityarts.org](http://burlingtoncityarts.org). Free admission. Burlington City Arts Center, 135 Church St., Burlington.

At the Shelburne Museum and running through Sunday, June 2 is the exhibition *Johnny Swing: Design Sense*, which gives a fascinating glimpse into the various phases of the internationally renowned furniture and lighting designer's philosophy and practice. From the early conceptual stages of sketching and model making, to fabricating molds and engineering the structural elements, to the realization of sophisticated works that blur the lines between art and design, Swing's work is dramatic and inviting. Running through Sunday, August 25 at the Shelburne Museum's Colgate Gallery, Pizzagalli Center for Art and Education, *Harold Weston: Freedom in the Wilds* presents American 20<sup>th</sup> century painter Harold Weston's early Adirondack views and selections from the *Stone Series*, alongside diaries, letters, photographs, and related ephemera that make a case for the connections between spirit, nature, and Weston's art. Weston (1894-1972), an American modernist painter and social activist, was called "the Thoreau of the Adirondacks." This is the first exhibition to pointedly illuminate the links between the artist's written words – much in his distinctive, lyrical handwriting – with Weston's prodigious body of work. Beginning Wednesday, May 1 and running through October 31 is *In Their Element: Jonathan D. Ebinger, Rodrigo Nava, Dan Snow* – an outdoor installation featuring sculptures that complement and amplify one another through their shared engagement with fire, wind, and earth, pushing the boundaries of their respective materials and processes. From June 22 through October 20 at the Pizzagalli Center for Arts and Education's Murphy Gallery, the Museum presents *William Wegman: Outside In*, a comprehensive exhibition exploring over four decades of the renowned artist's ongoing fascination with the natural world showcasing over 60 works of art from his collection in a variety of media. For information, 802-985-3346 or [www.shelburnemuseum.org](http://www.shelburnemuseum.org).

Shelburne Vineyard hosts a variety of regular arts events. Art exhibits: artists and exhibits change quarterly, on the first of October, January, April, and July. Music: the *First Thursday* concert series features local singer-songwriters on the first Thursday of the month, 6:00 – 8:30 PM, with wine and Fiddlehead for sale by the glass (a portion of proceeds benefits a different local non-profit each month), open to the public with free admission. Wine and Story: open mic on the third Tuesday of each month, February-November, with Recille Hamrell; doors open 6:30 PM, storytelling begins 7:30 PM; admission \$5. Shelburne Vineyard, 6308 Shelburne Rd., Shelburne; [www.shelburnevineyard.com](http://www.shelburnevineyard.com) or 802-985-8222.

At River Arts, Morrisville: For adults and teens, on third Thursdays, 6:00 – 8:00 PM, the River Arts Photo Co-op drop-in: \$5 suggested donation. Open Studio Figure Drawing, first and third Tuesdays from 3:00 – 5:30 PM, \$10/session, punch cards available. Youth Drop-In: Big & Messy Art Space, every first and third Sunday of the month, 10:00 AM – 12:00 PM, \$5 suggested donation. Music & Movement, first Friday of the month, 11:00 AM



In 2014, artist Matt Neckers established the Vermont International Museum of Contemporary Art + Design (VTIMoCA+D), a museum of miniature art. In 2017, he received a Vermont Arts Council Creation Grant to finish the museum's mobile unit, housed in a 1960s-era camper and designed to travel. On Saturday, May 4, 12:00 – 4:00 PM, Neckers will bring the VTIMoCA+D camper to the entrance of the Fleming Museum (UVM Campus, Burlington), to share his miniature museum with Fleming audiences in a festive celebration of spring. The food truck Open Hearth Pizza will be there, with free slices of pizza. PHOTO CONTRIBUTED

– 12:00 PM, free. Poetry Clinic, every first and third Tuesday, 6:00 – 8:00 PM, \$5 suggested donation. River Arts is offering classes on arts ranging from pottery to paints to bookbinding to writing, and more. See the website for details. River Arts of Morrisville Inc., 74 Pleasant St., Morrisville; 802-888-1261, <http://www.riverartsvt.org>.

Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho, VT 05465; 899-4993 or [vidianne@hotmail.com](mailto:vidianne@hotmail.com).

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For more information, visit [www.VisionsofVermont.com](http://www.VisionsofVermont.com).

Burlington City Art Center – BCA Center, 135 Church St., Burlington; 802-865-7166 or [www.burlingtoncityarts.org](http://www.burlingtoncityarts.org).

For upcoming events and workshops at the Milton Artists' Guild, please visit <https://www.miltonartistsguild.org/workshops>. Milton Artists' Guild Art Center & Gallery, 199 U.S. Rt. 7 South, Milton.

## MUSIC

Young Tradition Vermont brings together young singers, players and dancers for a week-long festival in Burlington, Monday, April 29-Sunday, May 5. This year's festival includes an evening concert series at the Burlington City Arts Center, 135 Church St., Burlington. These concerts include performances by BeatonOPlasse, Allison de Groot and Tatiana Hargreaves, Genticorum, and Martin Hayes. For more information, [burlingtoncityarts.org](http://burlingtoncityarts.org).

Chandler Center for the Arts, 71-73 Main St., Randolph, has announced the 11<sup>th</sup> annual *Next Generation* performance on Friday, May 17 at 7:30 PM at Chandler Music Hall in Randolph. Inspired by 2007 performance at Chandler of National Public Radio's youth showcase *From the Top*, presenters at Chandler created a look-alike program called *The Next Generation*. Please contact board member Janet Watton for more information about this performance: [janet@chandler-arts.org](mailto:janet@chandler-arts.org) or 802-728-9402.

At the Spruce Peak Performing Arts Center: Wednesday, May 8, 1:00 PM, The Met Opera: Live in HD *Aida* (Verdi), AARP 20% discount; Friday, May 17, 1:00 PM: ArtSmart – Investigation and insight into works by master composers – Bach, Beethoven, Brahms, Bartok, and Bridge; Saturday, May 18, 7:00 PM: Spruce Peak Chamber Music Society presents Family, Fun, Five "B's"; Thursday, June 13, 1:00 PM: The Bolshoi Ballet in HD, *Carmen Suite / Petrushka*, AARP 20% discount; Wednesday, June 26, 1:00 PM: The Met Opera: Live in HD *Dialogues Des Carmélites* (Poulenc), AARP 20% discount. Spruce Peak Performing Arts Center, 122 Hourglass Dr., Stowe. For more information: 802-760-4634 or [www.SprucePeakArts.org](http://www.SprucePeakArts.org).

The Cathedral Church of St. Paul in Burlington presents a series of free (donations appreciated) *Tuesday noon series* concerts. Bring a bag lunch; coffee and tea are provided. The Cathedral Church of St. Paul, 2 Cherry St., Burlington is at the corner of Battery and Cheery Streets, with entry on Cherry St. Parking, \$4 per hour in the Cathedral lot (free with handicap plates or tags), or two hours free in the Lakeview City Garage across Cherry St. (enter next to Hotel Vermont). Tickets are sold at the door. May 28: Mount Mansfield Union High School Chorus, Caleb Pillsbury, director. This fine chorus of young singers shares highlights of their spring program. June 11: *Syrinx*, Glenn Sproul, Director. Since 2001, *Syrinx* has offered quality choral music from various traditions to the community, especially to those in senior living communities. From Bach to Broadway, by way of spirituals and other genres, they embody the pleasure that the gift of music can offer.

## THEATER/FILM

Burlington City Arts is excited to announce the incredible talent headlining the 12<sup>th</sup> annual Festival of Fools, presented in Burlington Friday-Sunday, August 2-4 by Community Bank, N.A. This year's free, all-ages, street performance festival will feature *Cimarrón*, Dan Deacon, *FLiP*, *Flyin Hawaiian*, Giri and Uma Peters, Kilted Colin, *Lakou Mizik*, *NANDA*, *Red Trousers*, Sara Twister, Tic & Tac, and the *Waterbombs*. The full festival schedule, events, and other performers will be announced later this spring. More than 100 performances will entertain an estimated 100,000 visitors and residents throughout the weekend. Festival of Fools celebrates the inclusive art of busking and street performance. Coined in Great Britain during the 1860s, busking has been a popular art form in every dominant culture since antiquity. Devoted to community engagement and making the arts accessible, Burlington City Arts curates the Festival to offer free events, open to the public and appropriate for all age groups. The Festival is pleased to be working in association with Signal Kitchen as a creative development and music programming partner. Full information about performers,

Art / Music / Theater continued on page 12

**Libraries** continued from page 9

Thinking About Homeschooling Q&A: Saturday, May 18, 10:30 AM – 12:00 PM. Members of the homeschool community answer questions and discuss the homeschool experience in this interactive workshop. Children of all ages are welcome to join the program. Children’s activities included.

Cartooning & Drawing Club: Tuesday, May 21, 2:00 – 3:00 PM. Grades 3 & up.

Preschool Music: Mondays (except May 27, library closed), 11:00 AM and Thursdays, 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit one session per week per family.

Thursday Playtime: Thursdays, 11:00 AM – 12:00 PM. Preschoolers and their caregivers are invited for an informal play time following our Preschool Music program. For children birth to age 5.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, [www.williston.lib.vt.us](http://www.williston.lib.vt.us).

**FAIRFAX COMMUNITY LIBRARY**

All events are free unless noted. Pre-registration encouraged. [www.fairfaxvtlibrary.org](http://www.fairfaxvtlibrary.org), 802-849-2420. Call or email [libraryprograms@fwsu.org](mailto:libraryprograms@fwsu.org).

**Youth Events**

Tuesday, April 30, 9:30 – 10:30 AM: Preschool Story Hour: Join us for themed stories, songs, and activities for ages 0-6. No registration necessary. April 30: Rainy Days.

Thursday, May 2, 6:00 – 7:00 PM: PJ Story Hour. Kids age 0-6 listen to themed stories, followed by a craft and snack. Thanks to Building Bright Futures for this wonderful program.

Mondays, May 6, 13, and 20, 3:00 – 4:30 PM: NEW! Maker Mondays. In this new after school offering, kids ages 10+ will have access to a variety of materials and tools to create self-guided projects (under adult supervision). Youth can plan and create projects using materials such as fabric, LEDs, wood, jewelry supplies, craft materials, and much more! Sewing machines will be also available. This is a weekly offering. Please register elementary aged children.

Tuesdays, May 7, 14, 21, 28, 9:30 – 10:30 AM: Preschool Story Hour. Join us for themed stories, songs, and activities for ages 0-6. No registration necessary for Story Hour. May 7: Spring. May 14: Author Leo Lionni. May 21: Kangaroos and Pockets. May 28: Chickens and Chicks.

Wednesday, May 8, 3:00 – 4:00 PM: Lego Club. Kids ages 6+ enjoy themed Lego play after school. Please register.

Thursdays, May 9, 23, 3:15 – 4:15 PM: READ to a DOG. Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Call to reserve a 15-minute slot.

Thursday, May 16, 6:30 – 7:30 PM: Family STEAM Night – Black Bears with Mr. K. Join us for this great family program, where each month parents and children visit hands-on stations with Science, Technology, Engineering, Art, and/or Math (STEAM) activities. This month welcome Mr. K from Exordium as our special science teacher. He will teach us all about black bears! Please register.

Wednesday, May 22, 3:00 – 4:00 PM: Crafternoon: Fairy Gardens. Kids ages 6+ will make fairy gardens with live plants and natural elements. Please register.

Wednesday, May 29, 3:00 – 4:00 PM: STEM Club Science Fair. Kids who attended our April Science Fair prep day will present at our second Annual Science Fair. They will show off all they have learned over the year at STEM Club with local inventor Ralph Lemnah. The first half hour will be set up time and then the Fair will open to parents and the public from 3:30 – 4:00 PM.

**Adult Events**

Tuesday, April 30, 5:30 – 6:30 PM: Reception for Community Art Project for Peace and Justice. As part of our involvement in the Vermont Reads program, community members decorated 6”x6” canvases in the theme of Peace and Justice. These smaller canvases will be combined into one larger piece and mounted in the library. Please join us for a reception to celebrate this great community undertaking.

Thursday, May 9, 6:30 – 8:00 PM: Book Club reads *Beatrix Potter: A Life in Nature*. In May, the Book Club will read and discuss the biography of Beatrix Potter by Linda Lear. Copies are available at the library. New members are always welcome.

Saturday, May 11, 9:00 – 11:00 AM: Tech Help. Get help with individual tech questions. You can ask any technological question and/or bring in a device with which you need help. You will be ably assisted by our techie, Josiah. Call to reserve a half hour time slot, or drop in.

Thursday, May 23, 5:30 – 7:30: *Tree of Life* Pendant Making Class. Participants will make a beautiful, one-of-a-kind pendant using wire and beads. This class is suitable for beginners and will take you through the creation process step-by-step.

Saturday, May 25, 10:00 – 11:00 AM: Perennial Swap. Memorial Day Weekend is Vermont’s big gardening weekend. Get started by sharing some perennials with neighbors. The swap will take place on the sidewalk outside the library.

For up-to-date info about programs, visit our website: [www.fairfaxvtlibrary.org](http://www.fairfaxvtlibrary.org), where you can also find a link to the interactive Google calendar. Monday, Wednesday 8:30 AM – 5:30 PM; Tuesday, Thursday 8:30 AM – 8:00 PM; Friday 8:30 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

**BROWNELL LIBRARY, ESSEX JUNCTION**

Wednesdays, May 1, 8, 15, 10:00 – 10:45 AM: Story Time. Picture books, songs, rhymes, flannel stories, and early math activities. Repeat of Tuesday program.

Wednesdays, May 1, 8, 15, 22, 29, 12:00 and 1:00 PM: Tech Help with Cliff. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Wednesdays, May 1, 15, 1:00 – 2:00 PM: Minecraft Club. Come play Minecraft creatively with other homeschoolers. Bring your own device with Minecraft pocket edition downloaded on it. For ages 7-12.

Wednesdays, May 1, 8, 15, 22, 29, 3:15 – 4:15 PM: Read with

Daisy. Daisy loves to listen to kids read every Wednesday. She is certified by Therapy Dogs of Vermont. Daisy’s owner is Maddie Nash, retired school counselor. For all ages.

Wednesday, May 1, 7:00 – 8:30 PM: First Wednesday Lecture – *Churchill and Roosevelt: The Personal in the Partnership*. UVM History Professor Emeritus Mark A. Stoler examines the important personal relationship between Britain’s prime minister and America’s president during their World War II alliance.

Thursday, May 2, 9:00 AM – 1:00 PM: Library Closed for Town/Village In-Service.

Fridays, May 3, 10, 3:30 – 4:30 PM: Steam Fridays. Create and explore with Science, Technology, Engineering, Art & Math. May 3: Mandala Art. May 10: Make your own Fairy House.

Friday, May 3, 6:00 – 8:00 PM: Magic the Gathering. Whether you know the game or are curious to find out more, come have tons of gaming fun! This game will take place in youth non-fiction area.

Friday, May 3, 6:30 – 8:30 PM: Trivia Night. EHS National Honor Society is hosting a Trivia Night contest for ages Middle School-Infinity. Prizes will be won and refreshments served. Held in the Main Reading Room. Sign up your team online at [brownelllibrary.org](http://brownelllibrary.org).

Mondays, May 6, 13, 20, 12:00 and 1:00 PM: Tech Help with Cliff. Offering one-on-one technology help. Bring in your new gadget or gizmo and Cliff will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Mondays, May 6, 13, 20, 3:15 – 4:15 PM: Read with Pugsly. Practice reading with our new therapy dog and friend, Pugsly. (Certified through Therapy Dogs of Vermont.)

Tuesdays, May 7, 14, 10:00 – 10:45 AM: Story Time. Picture books, sign language, songs, rhymes, flannel stories, and early math activities.

Tuesday, May 7, 2:45 – 3:45 PM: Magazine Bead Bracelets. Come craft with us! Use the colorful pages from magazines to make paper beads and create a bracelet to keep or give away.

Wednesdays, May 8, 22, 3:00 – 5:00 PM: LARP. Live Action Role Play (LARP) is a DIY adventure in a mythical land. Create your own character and enter the story. Fun and fantastic for ages 11 and up.

Wednesday, May 8, 7:00 – 9:00 PM: Great Decisions, an eight-part discussion series on world affairs: *The United State and Mexico: Partnership Tested*. The United States and Mexico have a long, intertwined history, with both countries prominently featured in each other’s politics and agendas. The war on drugs, immigration, and trade issues have taxed the relationship over the years. What impact will new leadership in both countries have on this crucial partnership? Copies of the discussion books and the program DVD are available for check out. Ideally participants will have read the corresponding chapter and watched the DVD segment before each discussion.

Thursday, May 9, 3:30 – 4:30 PM: Fairy Stories with Linda Costello. Storyteller Linda Costello entertains with stories and legends about faeries. For ages 6 & up.

Fridays, May 10, 24, 9:30 – 10:15 AM: Music with Raph. Sing and dance with Raph. All ages.

Fridays, May 10, 24, 5:30 – 8:30 PM: Dungeons & Dragons. Embark upon imaginary adventures. A Dungeon Master serves as this role-playing game’s referee and storyteller. Game starts at 6:30 PM; come early for help with character design.

Friday, May 10, 6:30 – 7:30 PM: Mt. Philo Commune Vintage Documentary. Join us for a brief documentary offering an uncommon glimpse of life on a Vermont commune in the early 1970s, followed by a Q&A session with former commune member and current Essex Junction community resident Bridget Downey-Meyer. This event was sold out at the Shelburne Museum recently and we are thrilled to offer it in Essex Junction! It will take place in the Main Reading Room to ensure as many people as possible will be able to attend.

Saturday, May 11, 10:00 – 10:30 AM: Food Allergy Awareness Story Time. Read stories, sing songs, and do an activity with food allergies to kick off Food Allergy Awareness Week, May 12-18.

Monday, May 13, 6:30 – 7:30 PM: Must Read Mondays! *A Civil Action* by Jonathan Hall. This true story of an epic courtroom showdown, where two of the nation’s largest corporations were accused of causing the deaths of children from water contamination, was a #1 national bestseller and winner of the National Book Critics Circle Award. Pick up a copy of this book at the main desk and join us for a casual discussion.

Tuesday, May 14, 2:45 – 3:45 PM: LEEP (Library Elementary Event Planners). Our last meeting of the year! Come celebrate your accomplishments and have fun!

Wednesday, May 15, 3:00 – 4:30 PM: Zine Club: Summer’s Coming. This month’s zine will be our last for this school year, so share your plans, hopes and dreams for summer!

Thursday, May 16, 9:00 AM – 1:00 PM: Library closed for Staff In-Service.

Friday, May 17, 9:30 – 10:00 AM: Baby Time. Come to meet other families, listen to a story, learn some sign language, and play.

Friday, May 17, 6:30 – 8:15 PM: Family Movie. Free drinks and popcorn!

Saturday, May 18, 10:00 – 10:30 AM: African Story Time. Hear traditional stories; try on children’s clothes from West Africa; play authentic instruments; and learn some children’s games from Nigeria and Ghana.

Monday, May 20, 3:00 – 4:30 PM: Lego Fun. Come build creatively with Legos and see what others build. Children under 8 years old must bring a responsible caregiver.

Tuesday, May 21, 8:00 AM – 2:30 PM: Please help us Fill a Public Works Truck and bring a non-perishable food donation for Aunt Dot’s Place. Just stop by and place your food donations in the back of the public works truck parked in front of the Brownell

Library.

Tuesday, May 21, 10:00 – 11:00 AM: Public Works Story Time and Food Drive. Celebrate National Public Works Week with the Village of Essex Junction! Essex Junction Public Works staff will be on hand to read truck stories, and children will have the opportunity to take a look at a real Public Works Truck.

Tuesday, May 21, 2:30 – 4:00 PM: Game Time! Play word games in the youth non-fiction area.

Tuesday, May 21, 7:00 – 9:00 PM: Brownell Library Trustees Meeting

Wednesday, May 22, 7:00 – 9:00 PM: Great Decisions, an eight-part discussion series on world affairs: *State of the State Department and Diplomacy*. During the Trump administration, the usual ways of conducting diplomacy have been upended. Many positions in the State Department have never been filled, and meetings with foreign leaders such as Kim Jong-un and Vladimir Putin have been undertaken with little advance planning. What effect are these changes having now, and how will they affect ongoing relationships between the United States and its allies and adversaries? Copies of the discussion books and the program DVD are available for check out. Ideally participants will have read the corresponding chapter and watched the DVD segment before each discussion.

Thursday, May 23, 3:00 – 7:00 PM: Pop Up Library @ Maple Street Park. Co-hosted with the EJRP. This fun-filled afternoon will feature a pop-up library and a performance by the Mechanical Man! Experience the library in a different location. Brownell Library staff will be on hand to provide library cards to Village residents, give out books, talk about library services, discuss summer reading programs and have a story time, all while enjoying the beautiful park!

Saturday, May 25, 8:30 – 10:00 AM: Trustees Book Sale on the library lawn.

Monday, May 27: Library closed for Memorial Day.

Tuesday, May 28, 2:30 – 4:30 PM: Tuesday movie. Free drinks and popcorn!

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email [frontdesk@brownelllibrary.org](mailto:frontdesk@brownelllibrary.org).

**HOME IMPROVEMENT**

**Dan Marcotte Construction LLC**

Replacement Windows and Vinyl Siding  
Building, Remodeling, Repairs

**899-2926 355-1092**  
[danieljmarcotte@aol.com](mailto:danieljmarcotte@aol.com) • Jericho

**LANDSCAPING & MAINTENANCE**



*Growing well rooted plants and relationships since 1983*  
Design • Stonework • Planting • Patios • Water Features  
[www.creativelandscapingvt.com](http://www.creativelandscapingvt.com) • Like us on @ creative LGC

**ROBERT SCHANTZ** HORTICULTURALIST  
113 Route 15, Jericho, VT 589  
[robertschantz@msn.com](mailto:robertschantz@msn.com) Ph 802-899-8900  
Fax 802-899-4957  
Cell 802-363-4445

**All Phase Property Maintenance, LLC**

**Sanding & Salting Services** Residential **24 HR Service**  
Commercial

Lawn Care & Gardens, Fence Installation/Repair, Pressure Washing, Stone-Concrete Walkways, Walls and Patios, Firewood, Light Trucking, Driveway Installation & Repair  
York raking, Brush hogging, Snow Plowing, Sanding & Salting, Electrical & much more...

**Office: 899-2919 - Cell: 734-8247**

Stephan Griffiths Jr. - Owner

Fully Insured [allphase87@email.com](mailto:allphase87@email.com) Essex, VT 05452

**TRUCKING - METAL RECYCLING**



**We Pick Up and Pay for Junk Automobiles!**

Route 15  
Hardwick  
802-472-5100

3842 Dorset Lane  
Williston  
802-793-9133



**Business Directory Ad Rates**

3.25”x1.5” • \$90.00 for 5 issues    3.25”x3” • \$115.00 for 5 issues

3.25”x4” • \$175.00 for 5 issues

*All ads must be prepaid prior to running.*

*Email: [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net) for more information*

### GMBC Day Touring Rides

All riders must wear helmets and obey the rules of the road. Please do not ride two abreast if there is traffic in either direction. For mornings with questionable weather, please call the ride leader to make sure the ride is still taking place. Ride leaders are obligated to go to the starting point and provide maps but may choose not to ride if the weather is miserable. Riders below the age of 18 must have a signed waiver from a parent.

E indicates an easy ride, M is for moderate, and S is for strenuous. Rides begin promptly 15 minutes after the meeting time. Social Rides are more leisurely versions of the mapped ride – usually the shorter route – with longer food breaks. Always contact the social ride leader before the ride to make sure those versions of the ride are taking place.

Additional local Social Rides will be scheduled as weather permits in the Champlain Valley. Please email [lightspd@comcast.net](mailto:lightspd@comcast.net) to be added to the Social Riders email contact list, which is the only guaranteed notification for these rides. Weekend Social Rides are usually announced by Thursday.

Sunday, May 5: Covered Bridges of Chittenden County. 23 (E), 30 (E/M), and 36 (M) mile options of rolling hills through Shelburne

and Charlotte, with the longer ride going through Ferrisburgh. Possible food stops include the Old Brick Store in Charlotte (no bathrooms) or a convenience store in Ferrisburgh for the long ride. Visit up to four of the five covered bridges in Chittenden County – the Shelburne Covered Bridge and the Holmes, Sequin, and Quinlin bridges in Charlotte. Meet 9:45 AM, Veterans Memorial Park, S. Burlington, Wheeler lot. Leader: Brian Howard, 505-1148 / [bjhowd@gmail.com](mailto:bjhowd@gmail.com); co-leader: Dorothy Pumo, 829-8729 / [dpumo5@gmail.com](mailto:dpumo5@gmail.com); social ride leader: Donna Leban, 862-1901 / [lightspd@comcast.net](mailto:lightspd@comcast.net).

Sunday, May 5: Dirt Road version of the Covered Bridges of Chittenden County. 38 (M) miles. Visit up to four of the five covered bridges in Chittenden County – the Shelburne Covered Bridge and the Holmes, Sequin, and Quinlin bridges in Charlotte, using mostly dirt roads. Meet 9:45 AM, Veterans Memorial Park, S. Burlington, Wheeler lot. Leader: John Bertelsen, 864-0101 / [jo.bertel@gmail.com](mailto:jo.bertel@gmail.com).

Sunday, May 12: Vergennes Voyager. 26-mile rolling (E) or 39-mile flat to rolling (E/M) rural ride running along Otter Creek to Middlebury for a bakery stop. The longer ride rolls out by Kingsland Bay State Park before heading south to Middlebury. Meet 9:45

AM, Vergennes Union High School, Monkton Rd., east parking lot. Leader: John Bertelsen, 864-0101 / [jo.bertel@gmail.com](mailto:jo.bertel@gmail.com); co-leader: Karla Ferrelli, 864-0101 / [karla.ferrelli@gmail.com](mailto:karla.ferrelli@gmail.com).

Sunday, May 19: Kingsland Bay. The 35-mile (E/M) ride rolls from Shelburne through Charlotte to Kingsland Bay Park and returns. The 51-mile (M) ride heads towards Vergennes and climbs to Monkton Ridge, returning through Hinesburg, and a 65 (M/S) option heads into Huntington. Meet 9:45 AM, Shelburne Village Shopping Center. Leader: Amy Otten, 878-4070 / [amyotten@netscape.com](mailto:amyotten@netscape.com); co-leader: Ralph Kilmoyer, 878-4070 / [ralphkilmoyer@comcast.net](mailto:ralphkilmoyer@comcast.net).

Saturday, May 25: St. Albans Explorer. Light, rolling hills with beautiful views by the lake. The 35-mile (E/M) route goes out to Kill Kare Park and returns, while the 50-mile (M) route continues on to Swanton and back. Both rides can break for food at St. Albans Bay. Meet 9:45 AM, Georgia Park and Ride. For those coming from the Burlington area, we suggest carpooling at the Colchester Park and Ride at Exit 17 off I-89, or perhaps meeting at UVM or at Veterans Memorial Park in S. Burlington. Leader: Matt Kuivinen, 881-9045 / [mattkui@earthlink.net](mailto:mattkui@earthlink.net); co-leader/social ride leader: George Thabault, 598-3409 / [gthabault@gmail.com](mailto:gthabault@gmail.com).

### Green Mountain Bicycle Club introductory rides in May, June

Are you tired of riding alone on the same old bike paths and roads but worried that you don't have the skills for a group ride? The Green Mountain Bicycle Club (GMBC) will be offering Introductory Group Rides on select Saturdays in May and June. Experienced riders will explain the rules of the road and teach novice cyclists how to ride safely in a group.

The rides will start at 10:00 AM at the Wheeler lot at Veterans Memorial Park, S. Burlington, and will travel between 12-20 miles. Nobody will be left behind. There will be at least two ride leaders who will teach group dynamics including signaling and passing, as well as learning to respect (and be respected by) cars. The pace will be determined by the ability of new riders. Cyclists must wear helmets and have bikes in good working condition. Those under 18 must be accompanied by an adult.

The GMBC's Introductory Group Rides will take place on May 11 and 25 and June 8 and 22. Please contact the ride leaders listed below for more information.

- May 11: Holly Creeks – 233-9013 / [creeksh@yahoo.com](mailto:creeksh@yahoo.com)
- May 25: Brian Howard – 505-1148 / [bjhowd@gmail.com](mailto:bjhowd@gmail.com)
- June 8: Amy Otten – 878-4070 / [amyotten@netscape.com](mailto:amyotten@netscape.com)
- June 22: Dorothy Pumo – 829-8729 / [dpumo5@gmail.com](mailto:dpumo5@gmail.com)

### Chittenden County Soccer School in July

The Chittenden County Soccer School (CCSS) will be offered this summer Monday, July 8 through Friday, July 12 at Mills Riverside Park, Jericho, 9:00 AM – 12:00 PM. All players receive a camp tee and a team award. The dedicated and experience coaching staff returns again this summer to bring the love of the game to all players. Individual ball skills, teamwork, game tactics, full sided and small sided games, and goalkeeper training are all part of the daily plan – along with lemonade breaks! Age groups range from 4 and up.

For more information or with questions please contact Eric Barker, [barkereric15@gmail.com](mailto:barkereric15@gmail.com), or visit [www.chittendencountysoccerschool.org](http://www.chittendencountysoccerschool.org) to register.

### Volunteer at the Birds of Vermont Museum

The Birds of Vermont Museum seeks volunteers to help on a regular basis in Huntington, especially at our front desk. All you need is an interest in birds, art, museums, or tourist services – or all of the above – and a willingness to volunteer at least six hours a month. Volunteer shifts can be two to six hours long.

A full volunteer roster makes it possible for visitors of all ages to have a great experience at the Museum, discovering birds, traditional arts, and modern citizen science. Volunteers mean the Museum can better create and improve indoor and outdoor programs and experiences, support its members, and coordinate new exhibits. Volunteers can work indoors or outdoors, directly with visitors, or behind the scenes. Museum staff will train volunteers in skills needed for their roles at the Museum. Volunteers often form friendships while learning new things about local wildlife. And it's fun!

"We seek friendly, curious, reliable people who are eager to share their talents and a delight in birds with others," suggests Erin Talmage, Executive Director and wildlife biologist.

Various shifts are available for volunteers, May-October. Volunteers should be either 18 years of age and agree to a background check, or 16 years of age with parental permission.

The Museum is hosting a Volunteer Work Day on Saturday, May 4, 9:00 AM – 2:00 PM. New volunteers are welcome, as staff and experienced volunteers will be here to organize and guide the various projects. Please call the museum if you are interested; we are also available to answer any questions you may have.

The Museum also offers internships, especially for students looking to expand their academic work. These are usually 10-20 hours per week for six to twelve weeks, and include a project focus.

Please contact Erin Talmage at the Museum to share your interest and availability. Contact us at [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org) or 802-434-2167.

**Like the Mountain Gazette on Facebook!!!**

### Art / Music / Theater continued from page 10

festival events, and future announcements can be found at [www.vfools.org](http://www.vfools.org).

Vermont Dance Alliance's 2019 Traces, an annual event, will be a day of free outdoor dance in downtown Burlington on Saturday, June 15. Dancers are invited to submit proposals for dance of any and all styles and genres by Wednesday, May 1 to [jessie@vermontdancer.org](mailto:jessie@vermontdancer.org). In performances of 10 minutes or less, dancers can showcase new work or the style of dance they practice or teach. All performances will take place outdoors and will be free to the public, 11:00 AM – 5:00 PM, all over downtown Burlington: the Waterfront, Church Street, Battery Park, the green in front of the Fletcher Free Library, City Hall Park, and more. Proposals should include choreographer or group name and short bio; website / social media account if any; title, genre, and description; statement of meaning/purpose; names of performers and personnel (must be one non-performer who can speak to the audience/public); length, preferred time, and preferred site

of performance. Application fee of \$10-15 for non-VDA members (donate on website). For more information, go online to <https://vermontdance.org>.

Dorset Theatre Festival has announced its 2019 Main Stage Summer Season: June 20-July 6 – Noël Coward's *Private Lives*, directed by Evan Yionoulis; July 11-27 – *Dig*, a world premiere written and directed by Theresa Rebeck; August 1-17 – *Mrs. Christie*, a world premiere by Heidi Armbruster and directed by Giovanna Sardelli; and August 22-31 – *Slow Food* by Wendy MacLeod and directed by Jackson Gay; and the *Pipeline Series: Three New Works in Process* on July 2, July 23, and August 13. All performances will take place at the Dorset Playhouse, 104 Cheney Rd., Dorset. Subscriptions for the 2019 Summer Season and single tickets are on sale now; through June, the box office may be reached by calling 802-867-2223 ext. 101, Tuesday-Friday, 12:00 – 4:00 PM. For more information or to purchase subscriptions and tickets online: [www.dorsettheatrefestival.org](http://www.dorsettheatrefestival.org)



**Happy Mother's Day**

Mother's Day is just around the corner! A gift to tell her she is special and appreciated with flowers is always a good way to say Thank You Mom! We have hanging baskets in the latest colors and combinations, annuals to brighten up a flower bed, perennials that make a memorable gift year after year, vegetables and herbs to keep her healthy. If you don't know what to pick we are happy to help you or make it a day and bring Mom by to let her pick. See you soon!

**What's Hot At Oakwood Farms?**  
Quality, Value & Friendly Staff!

- Perennials
- Organic Vegetables & Herbs
- Bedding Plants
- Stunning Potted Plants



<p><b>Premium Pack Annuals &amp; Veggies</b> Jumbo Footballs at our everyday low prices!</p>	<p><b>Weekend Special</b> Select 10" Baskets Sat. May 11 &amp; Sun. May 12 <b>\$19.99</b></p>	<p><b>Our Greenhouses</b> Will Be Fully Stocked for Mother's Day Weekend</p>
--	---	--

**Down To Earth Prices On Organic Veggie** 9am to 6pm

Drive a little save a lot at

**Oakwood Farms**  
Pioneering Organic Gardening Since 1930  
6 Weed Road & Rt. 128 North  
Essex, Vermont  
764-5822



**OPEN 8am to 6pm 7 DAYS A WEEK**

## Transitions is coming to Colchester!

**Quality healthcare...  
In the Heart of THREE communities...Colchester, Essex and Jericho!**



**Transitions Physical Therapy**  
SPORTS • SPINE • PELVIS • POSTURE

[www.transitionspt.com](http://www.transitionspt.com)



**Sunday, May 12**

**Remember Mom with a lovely bouquet, beautiful roses, or flowering plant.**



**Maplehurst FLORIST**  
SINCE 1943

**10 Lincoln Street • Essex Junction • 878-8113**  
[www.maplehurstflorist.com](http://www.maplehurstflorist.com) • Local & Nationwide Delivery